2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR SPRINGFIELD SD (SU056)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

TABLE OF CONTENTS

About the YRBS	4
Methodology	4
Using the YRBS Results	5
HIGH SCHOOL RESULTS	7
Section 1: Demographics	8
Section 2: Personal Safety	9
Section 3: Mental Health	22
Section 3: Mental Health	24
Section 5: Sexual Health	56
Section 6: BMI and Weight Perceptions	63
Section 7: Physical Activity and Nutrition	66
Section 8: Social Determinants of Health	74
Section 9: Youth Assets and Other Protective Factors	
MIDDLE SCHOOL RESULTS	82
Section 1: Demographics	83
Section 2: Personal Safety	84
Section 3: Mental Health	94
Section 4: Substance Use	96
Section 5: Sexual Activity	
Section 6: Physical Activity and Nutrition	115
Section 7: Social Determinants of Health	123
Section 8: Youth Assets and Other Protective Factors	125



2017 VERMONT	YOUTH RISK	BEHAVIOR	SURVEY
	SPRINGFIELD	SD (SU056)	REPORT

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

SPRINGFIELD SD (SU056) REPORT

http://healthvermont.gov/yrbs



SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	427	27349			

		SU/SD	VT
Sex	Male	52%	51%
	Female	48%	49%
Grade	9th Grade	32%	25%
	10th Grade	24%	25%
	11th Grade	22%	25%
	12th Grade	21%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	83%
	Students of Color (REM)	6%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	90%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	10%	11%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male	25%	22%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9	23%	21%	Males > Females
	Grade 10	14%	18%	9 > 10
	Grade 11	24%	15%	9 > 12
	Grade 12	13%	13%	11 > 10
				11 > 12

W]	ERE IN A PH	IYSICAL H	FIGHT ON	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	_	11%	7%	Overall Differences: State vs SU
Sex	Male	16%	9%	SU > VT
	Female	6%	3%	Within SU Differences
Grade	Grade 9	14%	9%	Males > Females
	Grade 10	7%	7%	9 > 10
	Grade 11	15%	6%	11 > 10
	Grade 12	7%	4%	11 > 12



CONAL CAPETY

SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	CARRIED A	A WEAPON	N ON SCH	IOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	12%	10%	SU > VT
	Female	5%	3%	Within SU Differences
Grade	Grade 9	6%	5%	Males > Females
	Grade 10	10%	6%	Too few students in at least one grade
	Grade 11	14%	8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY PAST YEAR						
		SU/SD	VT			
Overall	-	6%	5%	Overall Differences: State vs SU		
Sex	Male	5%	6%	VT and SU are Similar		
	Female	7%	3%	Within SU Differences		
Grade	Grade 9	8%	6%	Too few students in at least one grade		
	Grade 10	6%	5%			
	Grade 11	4%	4%			
	Grade 12		4%			



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		17%	16%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	23%	22%	Within SU Differences
Grade	Grade 9	11%	19%	Females > Males
	Grade 10	20%	16%	10 > 9
	Grade 11	18%	15%	12 > 9
	Grade 12	19%	13%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	16%	11%	SU > VT
	Female	21%	20%	Within SU Differences
Grade	Grade 9	16%	21%	11 > 9
	Grade 10	17%	16%	11 > 10
	Grade 11	27%	14%	11 > 12
	Grade 12	15%	12%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	12%	10%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 9	7%	9%	11 > 9
	Grade 10	6%	9%	12 > 9
	Grade 11	14%	9%	12 > 10
	Grade 12	14%	8%	11 > 10

DID 1	NOT GO TO	SCHOOL 1	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	_	7%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	8%	6%	Within SU Differences
Grade	Grade 9	6%	5%	
	Grade 10	6%	5%	
	Grade 11	6%	5%	
	Grade 12	9%	4%	



SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WEI	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male	5%	3%	SU > VT
	Female	14%	9%	Within SU Differences
Grade	Grade 9		5%	Females > Males
	Grade 10	10%	5%	Too few students in at least one grade
	Grade 11	18%	7%	
	Grade 12	10%	7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	-	13%	10%	Overall Differences: State vs SU
Sex	Male	4%	5%	SU > VT
	Female	20%	15%	Within SU Differences
Grade	Grade 9		10%	Females > Males
	Grade 10	19%	11%	Too few students in at least one grade
	Grade 11	16%	10%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	_
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	11%	7%	
	Grade 11	8%	7%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROV	DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT			
Overall		11%	7%	Overall Differences: State vs SU		
Sex	Male	14%	9%	SU > VT		
	Female	7%	5%	Within SU Differences		
Grade	Grade 9		5%	Males > Females		
	Grade 10		4%	Too few students in at least one grade		
	Grade 11		7%			
	Grade 12		10%			

DROV	E A CAR O	R OTHER		E AFTER USING MARIJUANA, PAST 30 AYS
		SU/SD	VT	
Overall		16%	14%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	15%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11	21%	15%	
	Grade 12		21%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE V	VITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		15%	18%	Overall Differences: State vs SU
Sex	Male	11%	17%	VT and SU are Similar
	Female	20%	19%	Within SU Differences
Grade	Grade 9	10%	17%	Females > Males
	Grade 10	20%	18%	10 > 9
	Grade 11	18%	18%	11 > 9
	Grade 12	17%	18%	

RODE	WITH A DR	IVER WHO	O HAD BE	EN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	20%	Overall Differences: State vs SU
Sex	Male	21%	20%	VT and SU are Similar
	Female	20%	20%	Within SU Differences
Grade	Grade 9	11%	13%	10 > 9
	Grade 10	21%	18%	11 > 9
	Grade 11	32%	22%	12 > 9
	Grade 12	23%	28%	11 > 10



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 3 DAYS					
		SU/SD	VT			
Overall		29%	34%	Overall Differences: State vs SU		
Sex	Male	32%	34%	VT > SU		
	Female	27%	34%	Within SU Differences		
Grade	Grade 9		9%	Too few students in at least one grade		
	Grade 10		16%			
	Grade 11	46%	42%			
	Grade 12		53%			



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR						
	SU/SD	VT				
Never wore a helmet	18%	11%	SU > VT			
Rarely wore a helmet	8%	3%	SU > VT			
Sometimes wore a helmet	5%	3%	SU > VT			
Most of the time wore a helmet	12%	9%				
Always wore a helmet	57%	74%	VT > SU			

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall	_	26%	14%	Overall Differences: State vs SU
Sex	Male	26%	17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY **ACTIVE, PAST YEAR** SU/SD VT Overall 17% Overall Differences: State vs SU 18% Sex Male 18% 20% VT and SU are Similar Female 16% 16% Within SU Differences Grade Grade 9 15% 20% Grade 10 20% 18% Grade 11 19% 17% Grade 12 16% 16%



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall	-	54%	54%	Overall Differences: State vs SU
Sex	Male	43%	51%	VT and SU are Similar
	Female	65%	58%	Within SU Differences
Grade	Grade 9	43%	47%	Females > Males
	Grade 10	55%	53%	10 > 9
	Grade 11	63%	58%	11 > 9
	Grade 12	61%	61%	12 > 9

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		59%	55%	Overall Differences: State vs SU
Sex	Male	55%	53%	SU > VT
	Female	62%	56%	Within SU Differences
Grade	Grade 9	62%	57%	
	Grade 10	53%	56%	
	Grade 11	55%	54%	
	Grade 12	64%	52%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES PAST 7 DAYS				
		SU/SD	VT	
Overall	-	37%	23%	Overall Differences: State vs SU
Sex	Male	36%	23%	SU > VT
	Female	38%	23%	Within SU Differences
Grade	Grade 9	33%	22%	
	Grade 10	41%	23%	
	Grade 11	40%	23%	
	Grade 12	35%	24%	

WERE I	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		41%	33%	Overall Differences: State vs SU
Sex	Male	41%	33%	SU > VT
	Female	43%	33%	Within SU Differences
Grade	Grade 9	33%	32%	11 > 9
	Grade 10	38%	33%	12 > 9
	Grade 11	49%	33%	11 > 10
	Grade 12	48%	36%	



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, **PAST YEAR** SU/SD VTOverall 28% 25% Overall Differences: State vs SU SU > VTSex Male 18% 16% Female 40% 35% Within SU Differences Grade Grade 9 27% 23% Females > Males Grade 10 29% 26% Grade 11 26% 32% Grade 12 28% 26%

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall	_	22%	16%	Overall Differences: State vs SU	
Sex	Male	10%	9%	SU > VT	
	Female	35%	25%	Within SU Differences	
Grade	Grade 9	19%	18%	Females > Males	
	Grade 10	24%	18%		
	Grade 11	27%	16%		
	Grade 12	18%	14%		



SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	9%	7%	VT and SU are Similar
	Female	15%	15%	Within SU Differences
Grade	Grade 9	12%	11%	Females > Males
	Grade 10	13%	12%	11 > 12
	Grade 11	16%	11%	
	Grade 12	7%	10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall	-	6%	5%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 9	5%	6%	Females > Males
	Grade 10		6%	Too few students in at least one grade
	Grade 11	12%	5%	
	Grade 12		4%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		31%	24%	Overall Differences: State vs SU
Sex	Male	28%	26%	SU > VT
	Female	35%	22%	Within SU Differences
Grade	Grade 9	13%	17%	10 > 9
	Grade 10	42%	21%	11 > 9
	Grade 11	40%	28%	12 > 9
	Grade 12	40%	31%	

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	11%	9%	SU > VT
	Female	11%	6%	Within SU Differences
Grade	Grade 9	10%	8%	
	Grade 10	13%	8%	
	Grade 11	9%	8%	
	Grade 12	11%	7%	



SECTION 4: SUBSTANCE USE

	EVE	R USED A	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		40%	34%	Overall Differences: State vs SU
Sex	Male	44%	37%	SU > VT
	Female	35%	31%	Within SU Differences
Grade	Grade 9	18%	23%	Males > Females
	Grade 10	52%	31%	10 > 9
	Grade 11	51%	38%	11 > 9
	Grade 12	49%	44%	12 > 9

	EVE	R TRIED F	LAVORI	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		26%	21%	Overall Differences: State vs SU
Sex	Male	27%	24%	SU > VT
	Female	25%	17%	Within SU Differences
Grade	Grade 9	14%	12%	10 > 9
	Grade 10	23%	17%	11 > 9
	Grade 11	35%	24%	12 > 9
	Grade 12	39%	30%	12 > 10
				11 > 10



SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		58%	58%	Overall Differences: State vs SU
Sex	Male	55%	57%	VT and SU are Similar
	Female	63%	58%	Within SU Differences
Grade	Grade 9	40%	41%	Females > Males
	Grade 10	56%	54%	10 > 9
	Grade 11	69%	65%	11 > 9
	Grade 12	77%	71%	12 > 9
				12 > 10
				11 > 10

	D	RANK ALO	СОНОЬ В	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		17%	14%	Overall Differences: State vs SU
Sex	Male	19%	16%	SU > VT
	Female	15%	11%	Within SU Differences
Grade	Grade 9	25%	17%	9 > 10
	Grade 10	10%	13%	9 > 12
	Grade 11	20%	13%	11 > 10
	Grade 12	10%	11%	11 > 12



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		43%	37%	Overall Differences: State vs SU
Sex	Male	41%	37%	SU > VT
	Female	46%	37%	Within SU Differences
Grade	Grade 9	25%	23%	10 > 9
	Grade 10	55%	34%	11 > 9
	Grade 11	53%	42%	12 > 9
	Grade 12	48%	50%	

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		10%	6%	Overall Differences: State vs SU
Sex	Male	11%	7%	SU > VT
	Female	8%	5%	Within SU Differences
Grade	Grade 9	11%	6%	11 > 10
	Grade 10	6%	6%	11 > 12
	Grade 11	15%	6%	
	Grade 12	5%	5%	



SECTION 4: SUBSTANCE USE LIFETIME USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	6%	8%	SU > VT
	Female	16%	7%	Within SU Differences
Grade	Grade 9		6%	Females > Males
	Grade 10	15%	7%	Too few students in at least one grade
	Grade 11	13%	8%	
	Grade 12	16%	9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	6%	6%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9	7%	4%	Too few students in at least one grade
	Grade 10	7%	6%	
	Grade 11	7%	6%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

EVER USED COCAINE				ED COCAINE
		SU/SD	VT	_
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	7%	5%	SU > VT
	Female	5%	3%	Within SU Differences
Grade	Grade 9	·	2%	Too few students in at least one grade
	Grade 10	8%	3%	
	Grade 11	7%	4%	
	Grade 12		6%	

		EV	ER USEI	INHALANTS
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male	4%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9	6%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	7%	6%	
	Grade 12		6%	



SECTION 4: SUBSTANCE USE

]	EVER US	ED HEROIN
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	THAMPHETAMINES
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11	6%	2%	
	Grade 12		3%	



SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		32%	24%	Overall Differences: State vs SU
Sex	Male	37%	28%	SU > VT
	Female	27%	18%	Within SU Differences
Grade	Grade 9	15%	14%	Males > Females
	Grade 10	41%	20%	10 > 9
	Grade 11	42%	26%	11 > 9
	Grade 12	40%	33%	12 > 9

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	27%	19%	Overall Differences: State vs SU
Sex	Male	31%	23%	SU > VT
	Female	22%	14%	Within SU Differences
Grade	Grade 9	13%	11%	Males > Females
	Grade 10	37%	16%	10 > 9
	Grade 11	36%	22%	11 > 9
	Grade 12	31%	28%	12 > 9



SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	_	22%	15%	Overall Differences: State vs SU
Sex	Male	28%	19%	SU > VT
	Female	16%	11%	Within SU Differences
Grade	Grade 9	11%	8%	Males > Females
	Grade 10	30%	12%	10 > 9
	Grade 11	30%	17%	11 > 9
	Grade 12	23%	22%	12 > 9

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	14%	9%	Overall Differences: State vs SU
Sex	Male	16%	10%	SU > VT
	Female	13%	8%	Within SU Differences
Grade	Grade 9	8%	5%	10 > 9
	Grade 10	22%	7%	11 > 9
	Grade 11	17%	11%	10 > 12
	Grade 12	12%	13%	



SECTION 4: SUBSTANCE USE

AMON	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES					
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days	•	15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days		9%	Too few students			
All 30 days		25%	Too few students			

A	MONG CUR	RENT SMO	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED				
		SU/SD	VT	
Overall	_		12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



SECTION 4: SUBSTANCE USE

	USED ELECTRONIC VAPO			R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		17%	12%	Overall Differences: State vs SU
Sex	Male	18%	14%	SU > VT
	Female	16%	9%	Within SU Differences
Grade	Grade 9	9%	7%	10 > 9
	Grade 10	24%	10%	11 > 9
	Grade 11	21%	13%	12 > 9
	Grade 12	18%	17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	35%	35%			
To try to quit other tobacco	7%	5%			
Cost less than other tobacco		1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco	4%	8%	VT > SU		
Available in flavors	22%	17%	SU > VT		
Used for some other reason	30%	33%			



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE					
	SU/SD	VT			
1 or 2 days	37%	37%			
3 to 5 days	9%	19%	VT > SU		
6 to 9 days	12%	11%			
10 to 19 days	19%	12%	SU > VT		
20 to 29 days	•	7%	Too few students		
All 30 days	20%	15%			

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS				
		SU/SD	VT	
Overall		42%	33%	Overall Differences: State vs SU
Sex	Male		37%	SU > VT
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18						
	SU/SD	VT				
Bought them in a store		8%	Too few students			
I got them on the Internet		10%	Too few students			
Someone else bought them	•	14%	Too few students			
Borrowed them	•	38%	Too few students			
A person 18 or older gave me	•	11%	Too few students			
Took them from a store	•	2%	Too few students			
Some other way		18%	Too few students			

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	11%	8%	SU > VT
	Female	4%	2%	Within SU Differences
Grade	Grade 9	·	3%	Males > Females
	Grade 10	11%	5%	Too few students in at least one grade
	Grade 11	8%	6%	
	Grade 12	10%	7%	



SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	9%	Overall Differences: State vs SU
Sex	Male	19%	13%	SU > VT
	Female	10%	6%	Within SU Differences
Grade	Grade 9	7%	4%	Males > Females
	Grade 10	17%	7%	10 > 9
	Grade 11	22%	10%	11 > 9
	Grade 12	16%	15%	12 > 9

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		SU/SD	VT			
Overall	_	35%	33%	Overall Differences: State vs SU		
Sex	Male	28%	30%	VT and SU are Similar		
	Female	•	37%	Within SU Differences		
Grade	Grade 9		33%	Too few students by sex		
	Grade 10		35%	Too few students in at least one grade		
	Grade 11		32%			
	Grade 12		32%			



SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		29%	33%	Overall Differences: State vs SU
Sex	Male	23%	32%	VT > SU
	Female	36%	34%	Within SU Differences
Grade	Grade 9	18%	20%	Females > Males
	Grade 10	25%	30%	11 > 9
	Grade 11	35%	36%	12 > 9
	Grade 12	48%	46%	12 > 10
				12 > 11

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	17%	Overall Differences: State vs SU
Sex	Male	9%	17%	VT > SU
	Female	19%	17%	Within SU Differences
Grade	Grade 9	6%	8%	Females > Males
	Grade 10	13%	14%	10 > 9
	Grade 11	22%	19%	11 > 9
	Grade 12	17%	27%	12 > 9
				11 > 10



SECTION 4: SUBSTANCE USE

AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING							
	SU/SD	VT						
1 or 2 days	52%	49%						
3 to 5 days	19%	26%	VT > SU					
6 to 9 days	13%	13%						
10 to 19 days	10%	7%						
20 to 29 days	•	2%	Too few students					
All 30 days	2%	3%						

	AMC	NG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall		16%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female	15%	9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



SECTION 4: SUBSTANCE USE

AMONG	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT					
1 or 2 drinks	39%	35%					
3 drinks	11%	6%	SU > VT				
4 drinks	6%	8%					
5 drinks	9%	13%					
6 or 7 drinks	14%	15%					
8 or 9 drinks	6%	8%					
10 or more drinks	15%	14%					

	AMONG CU	RRENT U	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		52%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female	56%	55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ALCOHOL SOURCE					
	SU/SD	VT			
Bought in store		3%	Too few students		
Bought in restaurant	٠	2%	Too few students		
Bought at public event		0%	Too few students		
I gave someone money to buy	21%	23%			
Someone gave it to me	27%	40%	VT > SU		
Took from store/family	15%	12%			
Some other way	34%	20%	SU > VT		

		USED M	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		27%	24%	Overall Differences: State vs SU
Sex	Male	25%	24%	SU > VT
	Female	30%	23%	Within SU Differences
Grade	Grade 9	16%	15%	10 > 9
	Grade 10	36%	22%	11 > 9
	Grade 11	39%	25%	10 > 12
	Grade 12	24%	32%	11 > 12



SECTION 4: SUBSTANCE USE

AMONG	CURRENT	USERS:	FREQUENCY OF MARIJUANA USE
	SU/SD	VT	
1 or 2 times	27%	34%	VT > SU
3 to 9 times	21%	25%	
10 to 19 times	13%	12%	
20 to 39 times	15%	10%	SU > VT
40 or more times	24%	20%	

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	_	52%	41%	Overall Differences: State vs SU
Sex	Male		47%	SU > VT
	Female	48%	35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it	91%	91%		
Ate in food	7%	4%	SU > VT	
Drank in tea or other drink		1%	Too few students	
Vaporized		2%	Too few students	
Some other way		2%	Too few students	

	MISU	JSED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall	-	5%	5%	Overall Differences: State vs SU
Sex	Male	3%	6%	VT and SU are Similar
	Female	6%	5%	Within SU Differences
Grade	Grade 9		4%	Females > Males
	Grade 10		5%	Too few students in at least one grade
	Grade 11	8%	5%	
	Grade 12		7%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE	WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		SU/SD	VT		
Overall	_	12%	15%	Overall Differences: State vs SU	
Sex	Male	14%	17%	VT > SU	
	Female	11%	13%	Within SU Differences	
Grade	Grade 9	13%	14%		
	Grade 10	15%	16%		
	Grade 11	10%	16%		
	Grade 12	12%	14%		

ATTE	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR					
		SU/SD	VT			
Overall		16%	13%	Overall Differences: State vs SU		
Sex	Male	15%	14%	SU > VT		
	Female	18%	12%	Within SU Differences		
Grade	Grade 9	9%	9%	10 > 9		
	Grade 10	23%	12%	11 > 9		
	Grade 11	23%	14%	10 > 12		
	Grade 12	13%	18%	11 > 12		



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall 28% Overall Differences: State vs SU 25% SU > VTSex Male 25% 25% Female 30% 24% Within SU Differences Grade Grade 9 35% 32% 9 > 12 Grade 10 28% 10 > 1226%Grade 11 11 > 1227% 21% Grade 12 16% 20%

THIN	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		SU/SD	VT		
Overall		79%	84%	Overall Differences: State vs SU	
Sex	Male	78%	82%	VT > SU	
	Female	78%	86%	Within SU Differences	
Grade	Grade 9	86%	90%	9 > 10	
	Grade 10	78%	88%	9 > 11	
	Grade 11	66%	83%	10 > 11	
	Grade 12	79%	75%	12 > 11	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL				
		SU/SD	VT		
Overall	_	61%	54%	Overall Differences: State vs SU	
Sex	Male	62%	55%	SU > VT	
	Female	60%	54%	Within SU Differences	
Grade	Grade 9	72%	71%	9 > 11	
	Grade 10	66%	59%	9 > 12	
	Grade 11	49%	48%	10 > 12	
	Grade 12	51%	39%	10 > 11	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		53%	55%	Overall Differences: State vs SU
Sex	Male	53%	56%	VT and SU are Similar
	Female	51%	55%	Within SU Differences
Grade	Grade 9	63%	69%	9 > 11
	Grade 10	54%	60%	9 > 12
	Grade 11	36%	51%	10 > 11
	Grade 12	51%	42%	12 > 11



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES VT SU/SD Overall Overall Differences: State vs SU 85% 91% VT > SUSex Male 82% 90% Female 88% 93% Within SU Differences Grade Grade 9 84% 94% Females > Males Grade 10 83% 94% Grade 11 84% 91% Grade 12 90% 87%

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT	
Overall		75%	66%	Overall Differences: State vs SU
Sex	Male	74%	64%	SU > VT
	Female	77%	67%	Within SU Differences
Grade	Grade 9	80%	78%	9 > 12
	Grade 10	80%	71%	10 > 12
	Grade 11	73%	63%	11 > 12
	Grade 12	62%	50%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA VT SU/SD Overall 71% Overall Differences: State vs SU 76% 70% VT > SUSex Male 75% 77% Female 72% Within SU Differences Grade Grade 9 77% 83% 9 > 11 Grade 10 73% 79% 10 > 11Grade 11 59% 12 > 1175% Grade 12 71% 69%

			ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	5%	5%	
Slight risk	11%	9%	SU > VT
Moderate risk	23%	18%	SU > VT
Great risk	61%	68%	VT > SU



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY VT SU/SD Overall Overall Differences: State vs SU 61% 68% 59% VT > SUSex Male 66% Female 64% 70% Within SU Differences Grade Grade 9 54% 64% 12 > 9 Grade 10 68% 12 > 1062% Grade 11 59% 12 > 1168% Grade 12 74% 72%

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	4%	6%	VT > SU
Slight risk	21%	19%	
Moderate risk	38%	39%	
Great risk	38%	36%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

				RMING THEMSELVES IF THEY HAVE OL ONCE OR TWICE EACH WEEKEND
		SU/SD	VT	
Overall	-	38%	36%	Overall Differences: State vs SU
Sex	Male	31%	32%	VT and SU are Similar
	Female	44%	41%	Within SU Differences
Grade	Grade 9	38%	38%	Females > Males
	Grade 10	42%	39%	10 > 12
	Grade 11	35%	35%	
	Grade 12	30%	32%	

PERCEIV	PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE							
	SU/SD	VT						
No risk	27%	21%	SU > VT					
Slight risk	27%	29%						
Moderate risk	24%	26%						
Great risk	23%	24%						



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY						
		SU/SD	VT			
Overall	-	23%	24%	Overall Differences: State vs SU		
Sex	Male	21%	21%	VT and SU are Similar		
	Female	25%	28%	Within SU Differences		
Grade	Grade 9	29%	32%	9 > 11		
	Grade 10	27%	26%	9 > 12		
	Grade 11	17%	22%	10 > 12		
	Grade 12	14%	18%	10 > 11		

PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT				
Very hard	26%	24%				
Sort of hard	14%	21%	VT > SU			
Sort of easy	24%	22%				
Very easy	37%	32%	SU > VT			



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT			
Overall	-	60%	55%	Overall Differences: State vs SU		
Sex	Male	64%	57%	SU > VT		
	Female	57%	52%	Within SU Differences		
Grade	Grade 9	41%	38%	10 > 9		
	Grade 10	61%	48%	11 > 9		
	Grade 11	73%	57%	12 > 9		
	Grade 12	74%	75%	12 > 10		
				11 > 10		

	PERCEIVED ACCESS TO ALCOHOL							
	SU/SD	VT						
Very hard	21%	15%	SU > VT					
Sort of hard	21%	18%	SU > VT					
Sort of easy	26%	31%	VT > SU					
Very easy	32%	37%	VT > SU					



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 58% Overall Differences: State vs SU 68% VT > SUSex Male 57% 67% Female 59% 69% Within SU Differences Grade Grade 9 48% 58% 11 > 9 Grade 10 67% 12 > 9 56% Grade 11 67% 72% 11 > 10Grade 12 66% 74%

PERCEIVED ACCESS TO MARIJUANA						
	SU/SD	VT				
Very hard	29%	27%				
Sort of hard	10%	15%	VT > SU			
Sort of easy	19%	22%				
Very easy	42%	37%	SU > VT			



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 62% 58% 60% SU > VTSex Male 59% Female 62% 57% Within SU Differences Grade Grade 9 45% 43% 10 > 9 Grade 10 11 > 9 65% 56% Grade 11 75% 12 > 965% 69% Grade 12 64% 11 > 10 11 > 12



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
SU/SD VT					
Never had sexual contact	42%	42%			
Females	54%	54%			
Males		2%	Too few students		
Females and males	3%	2%			

LIFETIME SEXUAL CONTACTS: FEMALES						
	SU/SD	VT				
Never had sexual contact	37%	43%	VT > SU			
Females		2%	Too few students			
Males	52%	48%				
Females and males	10%	7%	SU > VT			



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		45%	40%	Overall Differences: State vs SU
Sex	Male	45%	40%	SU > VT
	Female	45%	40%	Within SU Differences
Grade	Grade 9	22%	19%	10 > 9
	Grade 10	42%	33%	11 > 9
	Grade 11	68%	48%	12 > 9
	Grade 12	61%	61%	12 > 10
				11 > 10

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	Grade 9	5%	3%	11 > 9
	Grade 10	7%	6%	12 > 9
	Grade 11	15%	10%	11 > 10
	Grade 12	12%	16%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		E	VER HAI	O ORAL SEX
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	45%	42%	SU > VT
	Female	49%	42%	Within SU Differences
Grade	Grade 9	29%	23%	10 > 9
	Grade 10	43%	37%	11 > 9
	Grade 11	68%	49%	12 > 9
	Grade 12	55%	60%	12 > 10
				11 > 10
				11 > 12

WER	RE EVER TE	STED FOR	R HUMAN	N IMMUNODEFICIENCY VIRUS (HIV
		SU/SD	VT	_
Overall		10%	10%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	14%	12%	Within SU Differences
Grade	Grade 9	8%	7%	Females > Males
	Grade 10	14%	9%	
	Grade 11	10%	12%	
	Grade 12	10%	14%	



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		32%	31%	Overall Differences: State vs SU
Sex	Male	27%	29%	VT and SU are Similar
	Female	38%	32%	Within SU Differences
Grade	Grade 9	10%	13%	Females > Males
	Grade 10	33%	24%	10 > 9
	Grade 11	51%	37%	11 > 9
	Grade 12	47%	48%	12 > 9
				12 > 10
				11 > 10

				R TO LAST INTERCOURSE, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		21%	20%	Overall Differences: State vs SU
Sex	Male	18%	22%	VT and SU are Similar
	Female	21%	17%	Within SU Differences
Grade	Grade 9		24%	Too few students in at least one grade
	Grade 10		22%	
	Grade 11		18%	
	Grade 12		19%	



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
SU/SD VT					
No method was used	13%	7%	SU > VT		
Birth control pills	24%	32%	VT > SU		
Condoms	37%	35%			
IUD or implant	12%	13%			
Shot/patch/birth control ring	6%	5%			
Withdrawal/other method	6%	5%			
Not sure	•	2%	Too few students		

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 42% 50% Overall Differences: State vs SU Sex Male 40% VT > SUFemale 48% 60% Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% 59% Grade 12



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY SPRINGFIELD SD (SU056) REPORT

HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		55%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female	50%	52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS Overall 14% 19% Overall Differences: State vs SU Sex Male . 15% VT > SU

Sex	Male	•	15%	V1 > SU
	Female	15%	22%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		19%	Too few students in at least one grade
	Grade 11		20%	
	Grade 12		20%	



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** VT SU/SD Overall 7% Overall Differences: State vs SU 13% Male SU > VTSex 8% 7% Female 10% Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 9% Too few students in at least one grade Grade 11 6% Grade 12 6%



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		SU/SD	VT		
Overall		24%	14%	Overall Differences: State vs SU	
Sex	Male	24%	14%	SU > VT	
	Female	24%	15%	Within SU Differences	
Grade	Grade 9	29%	14%	9 > 11	
	Grade 10	24%	15%	10 > 11	
	Grade 11	14%	14%	12 > 11	
	Grade 12	26%	13%		

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		21%	13%	Overall Differences: State vs SU
Sex	Male	26%	15%	SU > VT
	Female	16%	10%	Within SU Differences
Grade	Grade 9	19%	12%	Males > Females
	Grade 10	23%	12%	11 > 9
	Grade 11	33%	14%	10 > 12
	Grade 12	11%	13%	11 > 10
				11 > 12



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGHT
	SU/SD	VT	
Very underweight	2%	2%	
Slightly underweight	13%	12%	
About the right weight	47%	56%	VT > SU
Slightly overweight	31%	25%	SU > VT
Very overweight	7%	5%	

DI	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	-	38%	30%	Overall Differences: State vs SU
Sex	Male	32%	25%	SU > VT
	Female	46%	36%	Within SU Differences
Grade	Grade 9	33%	29%	Females > Males
	Grade 10	42%	30%	11 > 9
	Grade 11	47%	30%	11 > 12
	Grade 12	35%	33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
SU/SD VT					
Lose weight	45%	42%	SU > VT		
Gain weight	14%	15%			
Stay the same weight	15%	18%	VT > SU		
Not trying to do anything	26%	25%			



SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE 7	FRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		45%	42%	Overall Differences: State vs SU
Sex	Male	28%	28%	SU > VT
	Female	65%	57%	Within SU Differences
Grade	Grade 9	40%	41%	Females > Males
	Grade 10	47%	42%	11 > 9
	Grade 11	51%	41%	
	Grade 12	47%	44%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	16%	13%	SU > VT
1 day	7%	7%	
2 days	9%	9%	
3 days	12%	12%	
4 days	12%	11%	
5 days	11%	14%	VT > SU
6 days	6%	10%	VT > SU
7 days	25%	25%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		25%	25%	Overall Differences: State vs SU
Sex	Male	32%	33%	VT and SU are Similar
	Female	17%	17%	Within SU Differences
Grade	Grade 9	33%	27%	Males > Females
	Grade 10	19%	27%	9 > 10
	Grade 11	29%	24%	9 > 12
	Grade 12	17%	23%	11 > 10
				11 > 12



PHYSICAL ACTIVITY

WERE P	PHYSICALLY	Y ACTIVE		T 60 MINUTES PER DAY ON 5 OR MORE AST WEEK
		SU/SD	VT	
Overall		42%	49%	Overall Differences: State vs SU
Sex	Male	50%	56%	VT > SU
	Female	34%	42%	Within SU Differences
Grade	Grade 9	50%	53%	Males > Females
	Grade 10	30%	50%	9 > 10
	Grade 11	53%	47%	9 > 12
	Grade 12	34%	47%	11 > 10
				11 > 12

DID NO	OT PARTICI			60 MINUTES OF PHYSICAL ACTIVITY DAY, PAST WEEK
		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	18%	11%	SU > VT
	Female	15%	14%	Within SU Differences
Grade	Grade 9	14%	10%	12 > 9
	Grade 10	21%	12%	10 > 11
	Grade 11	9%	14%	12 > 11
	Grade 12	24%	15%	



PHYSICAL ACTIVITY

TV, VIDEO OR (COMPUTE	R GAME	S, OR COMPUTER USE, PAST WEEK
	SU/SD	VT	
Do not watch TV	4%	3%	
Less than 1 hour per day	6%	8%	VT > SU
1 hour per day	11%	12%	
2 hours per day	18%	23%	VT > SU
3 hours per day	22%	21%	
4 hours per day	14%	13%	
5 or more hours per day	25%	19%	SU > VT

				OR COMPUTER GAMES, OR USED A ORE HOURS PER DAY, PAST WEEK
		SU/SD	VT	
Overall	-	61%	53%	Overall Differences: State vs SU
Sex	Male	64%	53%	SU > VT
	Female	60%	52%	Within SU Differences
Grade	Grade 9	66%	53%	9 > 11
	Grade 10	64%	53%	10 > 11
	Grade 11	49%	51%	12 > 11
	Grade 12	68%	53%	



NUTRITION

ATE FR	UIT OR DR	ANK 100%		UICES TWO OR MORE TIMES PER DAY, WEEK
		SU/SD	VT	
Overall	-	30%	33%	Overall Differences: State vs SU
Sex	Male	27%	32%	VT and SU are Similar
	Female	33%	33%	Within SU Differences
Grade	Grade 9	30%	33%	
	Grade 10	28%	33%	
	Grade 11	34%	32%	
	Grade 12	28%	32%	

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	-	16%	18%	Overall Differences: State vs SU
Sex	Male	15%	18%	VT and SU are Similar
	Female	17%	18%	Within SU Differences
Grade	Grade 9	15%	17%	11 > 9
	Grade 10	9%	18%	11 > 10
	Grade 11	27%	17%	11 > 12
	Grade 12	13%	19%	



NUTRITION

	SODA CO)NSUMP	ΓΙΟΝ, PAST WEEK
	SU/SD	VT	
Did not drink soda or pop	27%	37%	VT > SU
1 to 3 times	41%	40%	
4 to 6 times	16%	12%	SU > VT
1 time per day	4%	4%	
2 times per day	5%	3%	SU > VT
3 times per day	1%	1%	
4 or more times per day	6%	3%	SU > VT

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 16% 11% Overall Differences: State vs SU Sex Male 21% 16% SU > VT6% Within SU Differences Female 10% Grade Grade 9 9% 11% Males > Females Grade 10 10 > 9 27% 11% Grade 11 19% 11% 11 > 9Grade 12 10 > 12 12% 12%



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

SUGAR-SWEE	TENED BE	VERAGE	CONSUMPTION, PAST WEEK
	SU/SD	VT	
Did not drink sugar-sweetened	27%	28%	
1 to 3 times	43%	44%	
4 to 6 times	15%	15%	
1 time per day	7%	6%	
2 times per day	3%	3%	
3 times per day		1%	Too few students
4 or more times per day	4%	2%	SU > VT

DRAN				OF SUGAR-SWEETENED BEVERAGES S PER DAY, PAST WEEK
		SU/SD	VT	
Overall	-	14%	12%	Overall Differences: State vs SU
Sex	Male	18%	15%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 9	15%	12%	Males > Females
	Grade 10	16%	12%	9 > 12
	Grade 11	19%	13%	10 > 12
	Grade 12	8%	13%	11 > 12



NUTRITION

	WATER (CONSUM	IPTION, PAST WE
	SU/SD	VT	
Did not drink water	4%	4%	
1 to 3 times	12%	9%	SU > VT
4 to 6 times	16%	11%	SU > VT
1 time per day	9%	9%	
2 times per day	16%	16%	
3 times per day	15%	19%	VT > SU
4 or more times per day	29%	33%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		SU/SD	VT	
Overall	_	44%	52%	Overall Differences: State vs SU
Sex	Male	43%	51%	VT > SU
	Female	45%	53%	Within SU Differences
Grade	Grade 9	47%	50%	9 > 10
	Grade 10	36%	53%	11 > 10
	Grade 11	50%	51%	
	Grade 12	45%	55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	13%	11%	SU > VT
1 day	7%	6%	
2 days	10%	9%	
3 days	12%	10%	
4 days	9%	8%	
5 days	9%	9%	
6 days	5%	7%	
7 days	34%	40%	VT > SU

]	DID NOT E	CAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	13%	11%	Overall Differences: State vs SU
Sex	Male	14%	11%	SU > VT
	Female	11%	10%	Within SU Differences
Grade	Grade 9	10%	10%	10 > 9
	Grade 10	18%	11%	10 > 11
	Grade 11	8%	10%	
	Grade 12	14%	11%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	67%	75%	VT > SU				
Rarely	18%	15%	SU > VT				
Sometimes	11%	7%	SU > VT				
Most of the time	3%	2%	SU > VT				
Always	1%	1%					

ľ	MOST OF TH	E TIME O	R ALWA	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	3%	Overall Differences: State vs SU
Sex	Male	3%	3%	SU > VT
	Female	6%	2%	Within SU Differences
Grade	Grade 9	6%	3%	Females > Males
	Grade 10		2%	Too few students in at least one grade
	Grade 11	5%	3%	
	Grade 12		3%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	5%	3%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		3%	
	Grade 11	7%	4%	
	Grade 12		5%	



ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT				
0 days	9%	9%				
1 day	5%	4%	SU > VT			
2 days	3%	4%				
3 days	10%	6%	SU > VT			
4 days	5%	8%	VT > SU			
5 days	11%	13%	VT > SU			
6 days	11%	12%				
7 days	46%	44%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall		73%	77%	Overall Differences: State vs SU		
Sex	Male	77%	80%	VT > SU		
	Female	68%	75%	Within SU Differences		
Grade	Grade 9	81%	83%	Males > Females		
	Grade 10	77%	81%	9 > 11		
	Grade 11	65%	76%	9 > 12		
	Grade 12	64%	71%	10 > 12		
				10 > 11		



		GRADES	EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	31%	46%	VT > SU
Mostly B's	41%	39%	
Mostly C's	21%	12%	SU > VT
Mostly D's	5%	2%	SU > VT
Mostly F's	2%	1%	SU > VT

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 72% 80% Overall Differences: State vs SU Sex Male 65% 80% VT > SU81% 81% Within SU Differences Female Grade Grade 9 63% 78% Females > Males Grade 10 78% 79% 10 > 9Grade 11 69% 82% 12 > 9 83% Grade 12 84% 12 > 11



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	16%	21%	VT > SU				
Agree	45%	44%					
Not sure	25%	19%	SU > VT				
Disagree	12%	11%					
Strongly disagree	3%	5%	VT > SU				

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 61% 65% Overall Differences: State vs SU Male VT > SUSex 68% 69% Female 51% 61% Within SU Differences Grade Grade 9 Males > Females 65% 67% Grade 10 58% 65% Grade 11 58% 64% Grade 12 59% 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	8%	5%	SU > VT $SU > VT$ $SU > VT$ $VT > SU$ $SU > VT$		
Probably will not	8%	5% 5%	SU > VT		
Probably will	26%	22%	SU > VT		
Definitely will	41%	57%	VT > SU		
Not sure	17%	11%	SU > VT		

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT			
Overall		67%	79%	Overall Differences: State vs SU		
Sex	Male	56%	75%	VT > SU		
	Female	79%	83%	Within SU Differences		
Grade	Grade 9	60%	74%	Females > Males		
	Grade 10	64%	77%	11 > 9		
	Grade 11	71%	81%	12 > 9		
	Grade 12	77%	83%	12 > 10		



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	49%	33%	SU > VT			
1 to 4 hours	25%	27%				
5 to 9 hours	8%	17%	VT > SU			
10 to 19 hours	12%	17%	VT > SU			
20 or more hours	6%	6%				

SPEND 1	10 OR MORI	E HOURS		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall	-	18%	24%	Overall Differences: State vs SU
Sex	Male	18%	24%	VT > SU
	Female	19%	24%	Within SU Differences
Grade	Grade 9	27%	21%	9 > 10
	Grade 10	9%	23%	9 > 12
	Grade 11	23%	24%	11 > 10
	Grade 12	10%	26%	11 > 12



N	MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT				
Strongly agree	13%	19%	VT > SU			
Agree	32%	41%	VT > SU			
Not sure	33%	25%	SU > VT			
Disagree	15%	9%	SU > VT			
Strongly disagree	8%	5%	SU > VT			

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 44% 61% Overall Differences: State vs SU Sex Male 46% 65% VT > SUFemale 42% 57% Within SU Differences Grade Grade 9 49% 61% Grade 10 41% 60% Grade 11 40% 60% Grade 12 46% 62%



MIDDLE SCHOOL RESULTS SPRINGFIELD SD (SU056) REPORT http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	260	16701		

		SU/SD	VT
Sex	Male	48%	52%
	Female	52%	48%
Grade	6th Grade	30%	24%
	7th Grade	35%	39%
	8th Grade	36%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	91%	81%
	Students of Color (REM)	9%	19%
Sexual Orientation	Heterosexual (Het)	88%	93%
	Lesbian, Gay, or Bisexual (LGB)	12%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		47%	42%	Overall Differences: State vs SU
Sex	Male	68%	56%	VT and SU are Similar
	Female	25%	27%	Within SU Differences
Grade	Grade 6	43%	40%	Males > Females
	Grade 7	54%	43%	7 > 8
	Grade 8	41%	43%	

	WE	RE EVER B	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	_
Overall		46%	44%	Overall Differences: State vs SU
Sex	Male	32%	39%	VT and SU are Similar
	Female	59%	50%	Within SU Differences
Grade	Grade 6	47%	44%	Females > Males
	Grade 7	44%	45%	
	Grade 8	46%	44%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	VERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		29%	24%	Overall Differences: State vs SU
Sex	Male	14%	16%	SU > VT
	Female	43%	33%	Within SU Differences
Grade	Grade 6	30%	18%	Females > Males
	Grade 7	22%	24%	8 > 7
	Grade 8	34%	28%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	22%	Overall Differences: State vs SU
Sex	Male	17%	17%	VT and SU are Similar
	Female	29%	26%	Within SU Differences
Grade	Grade 6	23%	22%	Females > Males
	Grade 7	24%	22%	
	Grade 8	23%	21%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	4%	8%	VT and SU are Similar
	Female	13%	8%	Within SU Differences
Grade	Grade 6	9%	7%	Females > Males
	Grade 7	7%	8%	
	Grade 8	11%	9%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT Overall 11% 8% Overall Differences: State vs SU SU > VTSex Male 9% 7% Within SU Differences Female 15% 10% Grade Grade 6 17% 8% 6 > 8Grade 7 10% 8% Grade 8 9% 9%



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

CAR SAFETY

		SEA	ATBELT USE
	SU/SD	VT	
Never	•	1%	Too few students
Rarely		1%	Too few students
Sometimes		3%	Too few students
Most of the time	18%	18%	
Always	80%	76%	

]	RARELY O	R NEVEI	R WEAR A SEAT BELT
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVE	ER RODE W	TTH A DRI	VER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		17%	22%	Overall Differences: State vs SU
Sex	Male	15%	20%	VT > SU
	Female	19%	24%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	20%	21%	
	Grade 8	24%	27%	

EV	ER RODE V	WITH A DI	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female	6%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students in at least one grade
	Grade 7		8%	
	Grade 8	6%	12%	



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

неі	HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT				
Never wear a helmet	22%	16%	SU > VT			
Rarely wear a helmet	17%	15%				
Sometimes wear a helmet	20%	15%	SU > VT			
Most of the time wear a helmet	19%	25%	VT > SU			
Always wear a helmet	21%	28%	VT > SU			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	_	40%	31%	Overall Differences: State vs SU
Sex	Male	43%	33%	SU > VT
	Female	36%	29%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7	35%	30%	
	Grade 8	45%	37%	

HELMET	HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT					
Never wear a helmet	8%	5%					
Rarely wear a helmet		2%	Too few students				
Sometimes wear a helmet	•	2%	Too few students				
Most of the time wear a helmet	7%	7%					
Always wear a helmet	78%	83%	VT > SU				



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	_
Overall			7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		8%	
	Grade 8		7%	

HAD.	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
		SU/SD	VT		
Overall	-	16%	17%	Overall Differences: State vs SU	
Sex	Male	20%	19%	VT and SU are Similar	
	Female	12%	16%	Within SU Differences	
Grade	Grade 6	21%	17%	Males > Females	
	Grade 7	16%	17%		
	Grade 8	12%	18%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	-	27%	26%	Overall Differences: State vs SU	
Sex	Male	28%	25%	VT and SU are Similar	
	Female	27%	27%	Within SU Differences	
Grade	Grade 6		21%	Too few students in at least one grade	
	Grade 7	21%	27%		
	Grade 8	41%	29%		

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
SU/SD VT						
Overall	_	26%	19%	Overall Differences: State vs SU		
Sex	Male	25%	17%	SU > VT		
	Female	29%	20%	Within SU Differences		
Grade	Grade 6	30%	15%	6 > 7		
	Grade 7	18%	19%	8 > 7		
	Grade 8	33%	20%			



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
	SU/SD	VT			
Never	8%	9%			
Rarely	13%	14%			
Sometimes	28%	27%			
Most of the time	27%	29%			
Always	25%	21%	SU > VT		

MOST	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT			
Overall	_	52%	50%	Overall Differences: State vs SU		
Sex	Male	56%	51%	VT and SU are Similar		
	Female	47%	49%	Within SU Differences		
Grade	Grade 6	44%	42%	7 > 6		
	Grade 7	62%	50%	7 > 8		
	Grade 8	48%	56%			



SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	_	32%	30%	Overall Differences: State vs SU
Sex	Male	33%	30%	VT and SU are Similar
	Female	34%	31%	Within SU Differences
Grade	Grade 6		18%	Too few students in at least one grade
	Grade 7	30%	29%	
	Grade 8	39%	40%	



SECTION 3: MENTAL HEALTH

		FELT SAI	O OR HO	PELESS, PAST YEAR
		SU/SD	VT	
Overall		16%	19%	Overall Differences: State vs SU
Sex	Male	8%	12%	VT and SU are Similar
	Female	24%	26%	Within SU Differences
Grade	Grade 6	13%	16%	Females > Males
	Grade 7	21%	18%	
	Grade 8	15%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	13%	18%	Overall Differences: State vs SU
Sex	Male	10%	12%	VT > SU
	Female	15%	23%	Within SU Differences
Grade	Grade 6	8%	13%	
	Grade 7	16%	17%	
	Grade 8	14%	22%	



SECTION 3: MENTAL HEALTH

EVE	THEY WOULD KILL THEMSELVES			
		SU/SD	VT	
Overall		9%	12%	Overall Differences: State vs SU
Sex	Male	6%	8%	VT > SU
	Female	11%	16%	Within SU Differences
Grade	Grade 6		7%	Females > Males
	Grade 7	14%	11%	Too few students in at least one grade
	Grade 8	8%	16%	

		EVE	R ATTEN	APTED SUICIDE
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	9%	8%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SM	OKED A	WHOLE CIGARETTE
		SU/SD	VT	_
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female	4%	7%	Within SU Differences
Grade	Grade 6		4%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8		10%	

	EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT		
Overall	_	7%	9%	Overall Differences: State vs SU	
Sex	Male	8%	9%	VT and SU are Similar	
	Female	3%	8%	Within SU Differences	
Grade	Grade 6		3%	Males > Females	
	Grade 7		8%	Too few students in at least one grade	
	Grade 8	7%	14%		



SECTION 4: SUBSTANCE USE

LIFETIME USE

	EVE	CR USED A	FLAVOR	ED TOBACCO PRODUCT
		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	

EVER DRANK ALCOHOL				
		SU/SD	VT	
Overall		15%	19%	Overall Differences: State vs SU
Sex	Male	18%	20%	VT > SU
	Female	12%	17%	Within SU Differences
Grade	Grade 6	8%	10%	8 > 6
	Grade 7	13%	17%	
	Grade 8	21%	26%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	5%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		6%	Too few students in at least one grade
	Grade 8	9%	11%	

		EV	ER USEI) INHALANTS
		SU/SD	VT	_
Overall			4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		4%	
	Grade 8		5%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO **USE IT** SU/SD VT Overall Differences: State vs SU Overall 2% 2% Sex Male Too few students Within SU Differences Female 3% Grade Grade 6 Too few students by sex 1% Grade 7 2% Too few students in at least one grade

3%

Grade 8

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	τ	U SED TOB A	ACCO PR	CODUCTS, PAST YEAR
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		7%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall	_	2%	5%	Overall Differences: State vs SU
Sex	Male		5%	VT > SU
	Female		4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		7%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKEI	D CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS			
		SU/SD	VT	
Overall	-	·	3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female	٠	2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		4%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	·	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	٠	2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURREN	NT USERS:	TYPICAI	L NUMBER OF CIGARETTES SMOKED
	SU/SD	VT	
Less than 1 cigarette		33%	Too few students
1 cigarette		23%	Too few students
2 to 5 cigarettes		23%	Too few students
6 to 10 cigarettes		6%	Too few students
11 to 20 cigarettes			Too few students
More than 20 cigarettes		14%	Too few students

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	-		4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		3%	
	Grade 8		6%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: I	REASONS 1	FOR USIN	NG AN ELECTRONIC VAPOR PRODUCT
	SU/SD	VT	
Friend/family used them		38%	Too few students
To try to quit other tobacco products		3%	Too few students
Cost less		1%	Too few students
Easier to get		1%	Too few students
Less harmful		7%	Too few students
Available in flavors		13%	Too few students
Used for some other reason		36%	Too few students

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG (AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT					
1 or 2 days		49%	Too few students				
3 to 5 days		16%	Too few students				
6 to 9 days		10%	Too few students				
10 to 19 days		6%	Too few students				
20 to 29 days		5%	Too few students				
All 30 days		15%	Too few students				

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	_
Overall	_		1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7		1%	
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	

TRIED '	TO QUIT US			O PRODUCTS, AMONG STUDENTS WHO N PAST YEAR
		SU/SD	VT	
Overall	_		36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	
	Grade 7		35%	
	Grade 8		40%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	
	Grade 7		1%	
	Grade 8		3%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks	·	63%	Too few students			
3 drinks		10%	Too few students			
4 drinks	•	7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks	•	4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks	•	9%	Too few students			

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8		7%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	-	98%	95%	Overall Differences: State vs SU	
Sex	Male	97%	95%	SU > VT	
	Female	98%	95%	Within SU Differences	
Grade	Grade 6	95%	98%	6 > 7	
	Grade 7		95%	8 > 7	
	Grade 8	98%	93%		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		95%	89%	Overall Differences: State vs SU	
Sex	Male	93%	89%	SU > VT	
	Female	97%	90%	Within SU Differences	
Grade	Grade 6	97%	95%		
	Grade 7	95%	91%		
	Grade 8	95%	84%		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	94%	90%	Overall Differences: State vs SU	
Sex	Male	97%	90%	SU > VT	
	Female	92%	90%	Within SU Differences	
Grade	Grade 6	98%	97%	Males > Females	
	Grade 7	97%	91%	6 > 8	
	Grade 8	90%	84%	7 > 8	

THINK	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT		
Overall	-	94%	95%	Overall Differences: State vs SU	
Sex	Male	93%	95%	VT and SU are Similar	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6	97%	96%	6 > 8	
	Grade 7	97%	95%	7 > 8	
	Grade 8	90%	95%		



SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL VT SU/SD Overall 90% Overall Differences: State vs SU 85% SU > VTSex Male 86% 84% Female 93% 87% Within SU Differences Grade Grade 6 84% 87% Females > Males Grade 7 97% 7 > 6 86% Grade 8 88% 83% 7 > 8

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	94%	92%	Overall Differences: State vs SU
Sex	Male	93%	92%	VT and SU are Similar
	Female	95%	92%	Within SU Differences
Grade	Grade 6	95%	95%	
	Grade 7	96%	92%	
	Grade 8	91%	89%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO				
		SU/SD	VT	
Overall		23%	22%	Overall Differences: State vs SU
Sex	Male	21%	22%	VT and SU are Similar
	Female	25%	21%	Within SU Differences
Grade	Grade 6	14%	13%	8 > 6
	Grade 7	18%	20%	8 > 7
	Grade 8	36%	28%	

THI	NK ALCOH	OL WOUL	D BE SOF	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		28%	37%	Overall Differences: State vs SU
Sex	Male	27%	37%	VT > SU
	Female	28%	37%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7	18%	35%	
	Grade 8	47%	48%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	K MARIJU	ANA WOUI	LD BE SO	ORT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		11%	15%	Overall Differences: State vs SU
Sex	Male	12%	15%	VT > SU
	Female	10%	15%	Within SU Differences
Grade	Grade 6		6%	Too few students in at least one grade
	Grade 7	6%	13%	
	Grade 8	22%	23%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		SU/SD	VT	
Overall	-	71%	72%	Overall Differences: State vs SU
Sex	Male	74%	71%	VT and SU are Similar
	Female	69%	74%	Within SU Differences
Grade	Grade 6	66%	76%	7 > 6
	Grade 7	78%	72%	
	Grade 8	70%	70%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall	-	50%	48%	Overall Differences: State vs SU
Sex	Male	53%	45%	VT and SU are Similar
	Female	49%	51%	Within SU Differences
Grade	Grade 6	43%	50%	7 > 6
	Grade 7	61%	48%	7 > 8
	Grade 8	46%	46%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT	
Overall	-	57%	59%	Overall Differences: State vs SU
Sex	Male	56%	56%	VT and SU are Similar
	Female	57%	62%	Within SU Differences
Grade	Grade 6	61%	73%	
	Grade 7	61%	60%	
	Grade 8	50%	48%	



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	
Overall	_	3%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		9%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	7%	4%	SU > VT
2 days	9%	7%	
3 days	13%	10%	
4 days	12%	11%	
5 days	14%	15%	
6 days	6%	11%	VT > SU
7 days	31%	34%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	31%	34%	Overall Differences: State vs SU
Sex	Male	44%	42%	VT and SU are Similar
	Female	21%	26%	Within SU Differences
Grade	Grade 6	23%	38%	Males > Females
	Grade 7	39%	35%	7 > 6
	Grade 8	32%	30%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE P	HYSICALL	Y ACTIVE		TT 60 MINUTES PER DAY ON 5 OR MORE
		SU/SD	VT	
Overall	-	52%	60%	Overall Differences: State vs SU
Sex	Male	60%	66%	VT > SU
	Female	43%	54%	Within SU Differences
Grade	Grade 6	41%	63%	Males > Females
	Grade 7	61%	60%	7 > 6
	Grade 8	53%	57%	

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall	-	7%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	6%	7%	Within SU Differences
Grade	Grade 6	12%	7%	Too few students in at least one grade
	Grade 7		7%	
	Grade 8	9%	8%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHY	SICAL AC	TIVITY	BREAKS AT SCHOOL, TYPICAL WEEK
	SU/SD	VT	
0 days	34%	25%	SU > VT
1 day	7%	7%	
2 days	13%	8%	SU > VT
3 days	17%	8%	SU > VT
4 days	5%	5%	
5 days	25%	46%	VT > SU

GET	NO PHYSIC	CAL ACTIV	VITY BRE	CAKS WHILE THEY ARE AT SCHOOL
		SU/SD	VT	
Overall	-	34%	25%	Overall Differences: State vs SU
Sex	Male	37%	24%	SU > VT
	Female	32%	25%	Within SU Differences
Grade	Grade 6	35%	16%	6 > 7
	Grade 7	21%	26%	8 > 7
	Grade 8	46%	29%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	80%	77%	
1 day		3%	Too few students
2 days		3%	Too few students
3 days	3%	4%	
4 days		2%	Too few students
5 days	10%	10%	

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	_	10%	10%	Overall Differences: State vs SU
Sex	Male	12%	12%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	Grade 6	8%	11%	
	Grade 7	8%	10%	
	Grade 8	14%	10%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATO	CH TELEV	ISION, T	YPICAL SCHOOL DAY
	SU/SD	VT	
No TV on average school day	19%	18%	
Less than 1 hour per day	20%	23%	
1 hour per day	14%	18%	VT > SU
2 hours per day	24%	20%	
3 hours per day	14%	10%	SU > VT
4 hours per day		4%	Too few students
5 or more hours per day	8%	6%	

		WATCH	IED TV 3-	+ HOURS PER DAY
		SU/SD	VT	
Overall		23%	20%	Overall Differences: State vs SU
Sex	Male	24%	20%	VT and SU are Similar
	Female	23%	20%	Within SU Differences
Grade	Grade 6	20%	18%	
	Grade 7	25%	20%	
	Grade 8	24%	21%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	ND VIDEO	GAME U	SE, TYPI
	SU/SD	VT	
No playing video/computer game	10%	12%	
Less than 1 hour per day	15%	17%	
1 hour per day	8%	15%	VT > SU
2 hours per day	22%	18%	SU > VT
3 hours per day	12%	14%	
4 hours per day	10%	8%	
5 or more hours per day	24%	16%	SU > VT

PLAYE	ED VIDEO O	R COMPU		MES OR USED A COMPUTER 3+ HOURS R DAY
		SU/SD	VT	
Overall	-	46%	38%	Overall Differences: State vs SU
Sex	Male	52%	39%	SU > VT
	Female	41%	37%	Within SU Differences
Grade	Grade 6	39%	29%	Males > Females
	Grade 7	47%	38%	
	Grade 8	51%	45%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	4%	4%	
2 days	11%	7%	SU > VT
3 days	5%	7%	
4 days	12%	6%	SU > VT
5 days	5%	8%	VT > SU
6 days	8%	9%	
7 days	49%	52%	

		DID NOT B	EAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	7%	7%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	6%	7%	Within SU Differences
Grade	Grade 6		5%	Too few students in at least one grade
	Grade 7	9%	7%	
	Grade 8		7%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSE	S OF WAT	ER CONS	SUMED PER DAY, PAST WEEK
	SU/SD	VT	
Did not drink water		3%	Too few students
1 to 3 times	15%	9%	SU > VT
4 to 6 times	17%	10%	SU > VT
1 time per day	8%	6%	
2 times per day	14%	16%	
3 times per day	11%	19%	VT > SU
4 or more times per day	33%	37%	

	DRANK T	THREE OR	MORE G	CLASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	44%	56%	Overall Differences: State vs SU
Sex	Male	45%	57%	VT > SU
	Female	45%	54%	Within SU Differences
Grade	Grade 6	44%	58%	
	Grade 7	43%	54%	
	Grade 8	45%	56%	



SECTION 7: SOCIAL DETERMINANTS

WENT HUNG	WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT					
Never	71%	77%	VT > SU				
Rarely	18%	14%	SU > VT				
Sometimes	8%	7%					
Most of the time		1%	Too few students				
Always		1%	Too few students				

MOST	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME				
		SU/SD	VT		
Overall		3%	2%	Overall Differences: State vs SU	
Sex	Male		2%	VT and SU are Similar	
	Female		2%	Within SU Differences	
Grade	Grade 6		2%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		2%		



SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUTS	SIDE THE U.S.
		SU/SD	VT	
Overall			6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		5%	
	Grade 8		6%	



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

AT	E DINNER	R WITH A	AT LEAST ONE PARENT, PAST WEEK
	SU/SD	VT	
0 days	3%	5%	
1 day	3%	2%	SU > VT
2 days	•	2%	Too few students
3 days	6%	3%	SU > VT
4 days	3%	4%	
5 days	10%	7%	SU > VT
6 days	12%	10%	
7 days	62%	66%	VT > SU

ATE I	DINNER AT		EAST ONE OF THEIR PARENTS ON 4+ AST WEEK	
		SU/SD	VT	
Overall	_	86%	88%	Overall Differences: State vs SU
Sex	Male	86%	89%	VT and SU are Similar
	Female	87%	87%	Within SU Differences
Grade	Grade 6	80%	90%	7 > 6
	Grade 7	95%	89%	7 > 8
	Grade 8	85%	86%	



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE SCH	IOOL HAS	RULES A	AND CONSEQUENCES FOR BEHAVIORS
	SU/SD	VT	
Strongly agree	27%	28%	
Agree	38%	43%	VT > SU
Not sure	21%	17%	SU > VT
Disagree	9%	8%	
Strongly disagree	5%	5%	

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR					
		SU/SD	VT			
Overall	_	65%	71%	Overall Differences: State vs SU		
Sex	Male	73%	72%	VT > SU		
	Female	59%	69%	Within SU Differences		
Grade	Grade 6	60%	77%	Males > Females		
	Grade 7	75%	72%	7 > 6		
	Grade 8	63%	66%	7 > 8		



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIE	BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT			
Overall	-	68%	76%	Overall Differences: State vs SU		
Sex	Male	70%	76%	VT > SU		
	Female	67%	76%	Within SU Differences		
Grade	Grade 6	65%	79%			
	Grade 7	70%	75%			
	Grade 8	70%	75%			

		GRADES	EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	41%	46%	
Mostly B's	39%	38%	
Mostly C's	16%	12%	SU > VT
Mostly D's	3%	3%	
Mostly F's		1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY			
	SU/SD	VT	
Strongly agree	16%	27%	VT > SU
Agree	39%	36%	
Not sure	29%	24%	SU > VT
Disagree	11%	7%	SU > VT
Strongly disagree	5%	5%	



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 54% 64% Overall Differences: State vs SU Sex Male 58% 68% VT > SUFemale 51% 60% Within SU Differences Grade Grade 6 49% 67% Grade 7 59% 65% Grade 8 55% 60%

