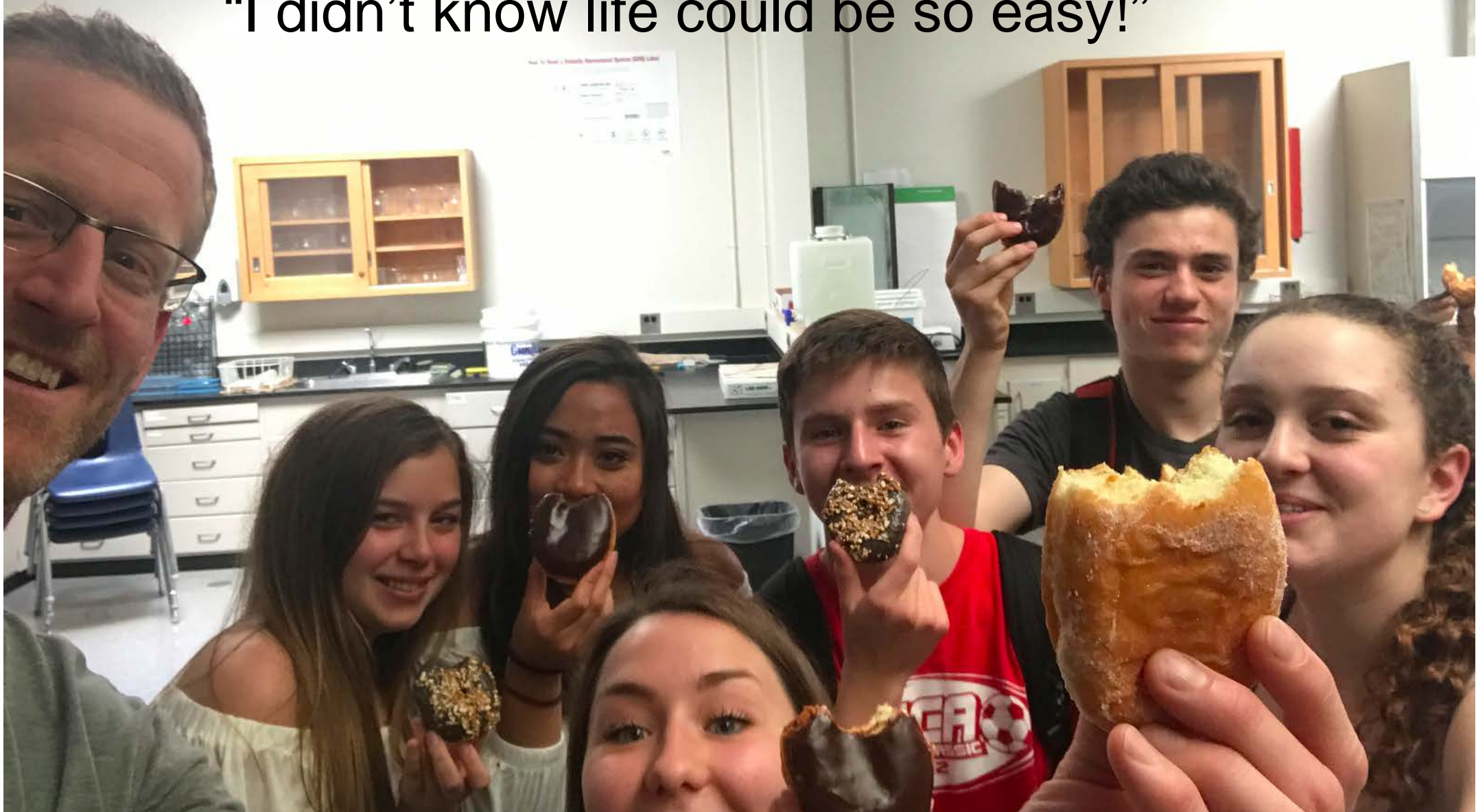


“I didn't know life could be so easy!”



Prescription drug misuse and prescription pain reliever misuse declined in 2015.



***37%** of students have ever used marijuana and **22%** have used it in the past 30 days. Down from **39%** and **24%**.

***11%** of students have ever misused a prescription drug. Down from **13%**

***5%** have misused a prescription drug in the past 30 days. Down from **7%**.

*Lifetime use of heroin (2%), methamphetamines (3%), cocaine (5%), and inhalants (7%) did not change since **2013**.



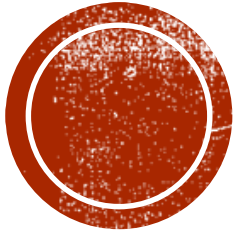


What could we have done differently?

Seven Opiate Overdoses Rock Brattleboro on the Fourth of July

POSTED BY MARK DAVIS ON WED, JUL 5, 2017 AT 1:44 PM





Vision without systems thinking ends up painting lovely pictures of the future with no deep understanding of the forces that must be mastered to move from here to there.

— [Peter M. Senge](#),



What worked for Jared?

- Systems to build the relationships that matter
 - Recess, Ninth grade teams, advisory, house systems, personalized learning plans
- Culture of authenticity
 - Val vs. Principal Gardner
- Asset Lens vs. Deficit Lens
- Communities, not just schools
 - Spectrum, Centerpoint, NFI, Howard
- Student Empowerment
 - “Give them as much trust as they can handle.” Act 77.
- Responsive support teams focused on restorative practices.
 - House Directors, SAP, Counselors, Nurse, Advisors
- On-going meaningful, timely curriculum.
- Islands of competence



Recommendations, **systems**

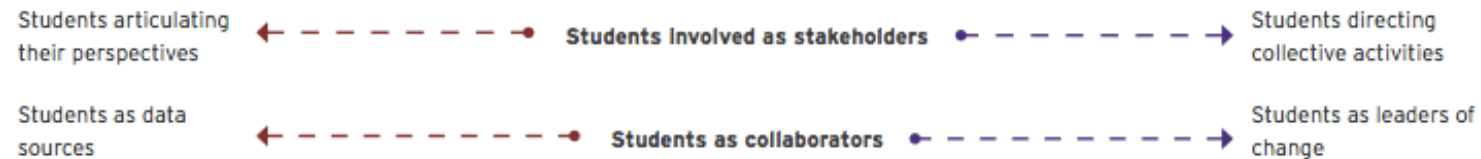
1. Currently, students are mandated 1 semester of Health education. 5-7 of those classes are focused on substance abuse.
 - **Develop a *best practices* Healthy Choices programming 9-12. Bolster current mandates.**
2. In the past, 12 members of the AOE were dedicated to substance abuse prevention. In recent years that number has been reduced to 0. In the past, 32 prevention coalitions existed statewide. Currently, there are 22 coalitions.
 - **Develop more prevention leadership throughout Vermont.**
3. **Provide a “wellness audit” as a component of the EQS review teams.**



Recommendation, actions

1. Ask Secretary Holcombe and Commissioner Levine to draft a call for all students to develop opioid abuse prevention recommendations. Use student recommendations to build the 2018 Opioid Prevention Youth Summit.

THE SPECTRUM OF STUDENT VOICE ORIENTED ACTIVITY



Expression	Consultation	Participation	Partnership	Activism	Leadership
Volunteering opinions, creating art, celebrating, complaining, praising, objecting	Being asked for their opinion, providing feedback, serving on a focus group, completing a survey	Attending meetings or events in which decisions are made, frequent inclusion when issues are framed and actions planned	Formalized role in decision making, standard operations require (not just invite) student involvement, adults are trained in how to work collaboratively with youth partners	Identifying problems, generating solutions, organizing responses, agitating and/or educating for change both in and outside of school contexts	(Co-)Planning, making decisions and accepting significant responsibility for outcomes, (co-) guiding group processes, (co-) conducting activities

Most student voice activity in schools/ classrooms resides at this end of the spectrum.

The need for adults to share authority, demonstrate trust, protect against co-optation, learn from students, and handle disagreement **increases** from left to right.

Students' influence, responsibility, and decision-making roles **increase** from left to right.



