

REFERRAL TIPS

June 2016

When a Ladies First member has *any* of the abnormal results listed below please contact the Ladies First Clinical Navigator at 1-800-510-2282.

Breast

Does the patient report breast symptoms (e.g. a lump, nipple discharge, skin changes, erythema/swelling, rash, scaling, breast pain or other?)

Findings on self-exam or clinical breast exam: Discrete palpable mass, bloody or serous nipple discharge, nipple or areolar scaliness, skin dimpling or retraction.

Mammogram results: BIRADS Category 0, 3, 4, 5, 6

Cervical

Pelvic exam:

- Suspicious for cervical cancer

Pap test results:

- Unsatisfactory Cytology
- Cytology NILM but EC/TZ absent/Insufficient
- Normal Cytology/HPV Positive
- ASC-US
- ASC-US or LSIL: Age 21–24
- LSIL or LSIL-H
- ASC-H
- ASC-H and HSIL: Age 21–24
- HSIL
- AGC
- Not indicated – short term colposcopy
- Positive High Risk HPV
- Positive HPV Genotyping



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Women Healthy

VERMONT DEPARTMENT
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"I lost my Mom, and aunt to cancer. As a cancer survivor myself, I know how hard it is to get through the health care system. Every Ladies First member should have someone to help them through the rough waters of diagnosis and treatment...thank you for all you do"

- W.C., Ladies First Member
