

Heart Disease Risk Factor Screening

Heart disease is the
**#1 most
common cause
of death**

for women in the U.S.

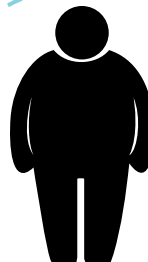


Testing for these risk factors can be done in a doctor's office and Ladies First pays for all of them.

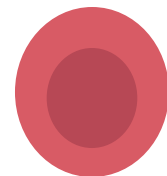


These risk factors are numerically measured. If your numbers are too high there are many things you can do to lower them. Ladies First has a free program to help you make positive health changes.

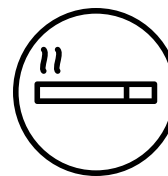
Risk factors include:



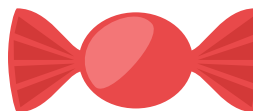
Obesity



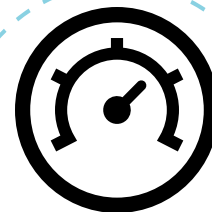
**High
cholesterol**



Smoking



**High blood
sugar**



**High blood
pressure**