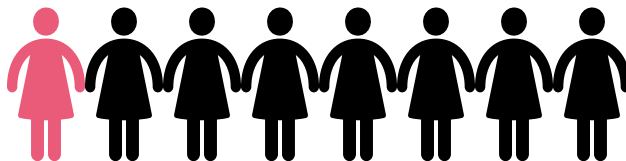


# Breast Cancer Screening

It is important to know your risks. Schedule with your doctor to plan your mammogram.

1 in 8 women



will get breast cancer in her lifetime

Because we don't know what causes breast cancer, there is no sure way to prevent it. We do know that finding breast cancer early while it is still small can make it much easier to treat.

## Mammograms

A mammogram is a series of x-ray pictures that allow doctors to look for early signs of breast cancer up to three years before it can be felt.



Ladies First pays for mammograms for women over 40, and earlier if you are high risk.