

## OFF TO COLLEGE IMMUNIZED

Students attending colleges and universities in Vermont are required to provide documentation of the following vaccinations upon matriculation:

- 1 dose of Tdap (tetanus, diphtheria and pertussis) vaccine
- 2 doses of MMR (measles, mumps and rubella) vaccine
- 3 doses of hepatitis B vaccine
- 2 doses of chickenpox (varicella) vaccine, or history of disease
- 1 or 2 doses of quadrivalent meningococcal conjugate vaccine (MenACWY)

Additionally, these vaccines are recommended:

- Influenza vaccine, annually
- Pneumococcal vaccine(s), for people with certain health conditions
- HPV (human papillomavirus) vaccine, for women and men not vaccinated in childhood
- Hepatitis A vaccine, for people not vaccinated in childhood

While not routinely recommended, this vaccine merits special consideration:

Meningococcal B vaccine - In the past 20 years, the overall incidence of meningococcal disease has decreased 10-fold, due in part to the effectiveness of the meningococcal conjugate vaccine (MenACWY), recommended by the Centers for Disease Control and Prevention (CDC) since 2005. However, serogroup B is now the primary cause of meningococcal disease and outbreaks in young adults. Although a vaccine specific to serogroup B (MenB) is available, it isn't routinely recommended or required at this time. Students should review the need for MenB vaccine with their primary care provider. However, in the event of a meningococcal disease outbreak caused by serogroup B, students may be advised to get vaccinated.

Vaccine requirements vary from state to state, and additional recommendations may be made for study abroad programs.

CDC's easy to read, adult immunization schedule, by age and health condition can be found [on their website](#).