What To Do With A Found Needle

1. Wash the wound well with soap and water.
2. Seek medical attention right away.
3. Put on heavy duty gloves and use pliers or tongs to place the needle in a **thick plastic container** like a laundry detergent bottle. Screw on the lid and **seal it well** with strong tape, like duct tape. Write “**Do Not Recycle**” on the container and throw it away in the regular trash.

If you are stuck with someone else’s needle:
1. Wash the wound well with soap and water.
2. Seek medical attention right away.

Learn more: [www.healthvermont.gov/needledisposal](http://www.healthvermont.gov/needledisposal)