Butyl Benzyl Phthalate (BBP)



 $C_{19}H_{20}O_4$

Summary of Health Effects

Butyl Benzyl Phthalate (BBP) can affect the reproductive system in animals. It can also affect how baby animals develop.

How is BBP used?

BBP is used to make perfume, carpet backing, vinyl tiles and in polyvinyl chloride (PVC) products.¹

Toxicity: What are its health effects?

The National Toxicology Program concluded that BBP can affect reproduction and development in animals.¹

Of eight phthalates studied by the Environmental Protection Agency, BBP was found to be one of the three most toxic to terrestrial organisms, fish and aquatic invertebrates.²

BBP is on the European Union's list of substances with documented endocrine-disrupting effects.³

Exposure: How can a person come in contact with it?

A person can come in contact with BBP by breathing in contaminated air, drinking contaminated water, eating contaminated foods, or from skin contact with consumer products.¹

The 1999-2002 National Health and Nutrition Examination Survey (NHANES) results show that BBP was found in more than 98% of urine samples. A study conducted in a German nursery school took urine samples from children, teachers and parents, and tested these samples for metabolites of BBP. The study found that the levels of BBP metabolites were significantly higher in children than in the teachers and parents who were tested. 5

Other Information

The European Commission and the U.S. Consumer Product Safety Commission (CPSC) banned BBP in all toys and child care articles at concentrations greater than 0.1% (or 1,000 parts per million) by mass.^{6,7}

The CPSC also noted that exposures may occur simultaneously with other phthalates and cumulatively contribute to an overall risk.⁷

References

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