2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR CHITTENDEN COUNTY

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY CHITTENDEN COUNTY REPORT

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.



METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.



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Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at: http://www.upforlearning.org/initiatives/getting-to-y

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



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HIGH SCHOOL RESULTS

CHITTENDEN COUNTY REPORT

http://www.healthvermont.gov/yrbs



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HIGH SCHOOL DEMOGRAPHICS				
Chitt. VT				
Total	5831	27349		

		Chitt.	VT
Sex	Male	50%	51%
	Female	50%	49%
Grade	9th Grade	24%	25%
	10th Grade	25%	25%
	11th Grade	26%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	81%	83%
	Students of Color (REM)	19%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	89%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	11%	11%



	WERE IN	A PHYSICA	AL FIGHT	, PAST YEAR
		Chitt.	VT	
Overall		13%	17%	Overall Differences: State vs County
Sex	Male	17%	22%	VT > County
	Female	9%	11%	Within County Differences
Grade	Grade 9	16%	21%	Males > Females
	Grade 10	14%	18%	9 > 11
	Grade 11	12%	15%	9 > 12
	Grade 12	9%	13%	10 > 12
Race	WnH	12%	16%	REM > WnH
	REM	17%	23%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	12%	16%	
	LGBT	20%	23%	

WER	WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR					
		Chitt.	VT			
Overall		4%	7%	Overall Differences: State vs County		
Sex	Male	5%	9%	VT > County		
	Female	2%	3%	Within County Differences		
Grade	Grade 9	5%	9%	Males > Females		
	Grade 10	4%	7%	9 > 12		
	Grade 11	4%	6%	10 > 12		
	Grade 12	2%	4%	REM > WnH		
Race	WnH	3%	5%	LGBT > Het/CIS		
	REM	7%	11%			
Sexual Orientation	Het/Cis	4%	6%			
	LGBT	6%	10%			



CARRIE	CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS				
		Chitt.	VT		
Overall		4%	7%	Overall Differences: State vs County	
Sex	Male	6%	10%	VT > County	
	Female	2%	3%	Within County Differences	
Grade	Grade 9	3%	5%	Males > Females	
	Grade 10	4%	6%	12 > 9	
	Grade 11	4%	8%	LGBT > Het/CIS	
	Grade 12	5%	8%		
Race	WnH	4%	6%		
	REM	5%	10%		
Sexual Orientation	Het/Cis	3%	6%		
	LGBT	9%	10%		

WERF	WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR					
		Chitt.	VT			
Overall		3%	5%	Overall Differences: State vs County		
Sex	Male	4%	6%	VT > County		
	Female	3%	3%	Within County Differences		
Grade	Grade 9	4%	6%	Males > Females		
	Grade 10	4%	5%	REM > WnH		
	Grade 11	3%	4%	LGBT > Het/CIS		
	Grade 12	2%	4%			
Race	WnH	3%	4%			
	REM	6%	9%			
Sexual Orientation	Het/Cis	3%	4%			
	LGBT	8%	10%			



W	ERE ELEC	TRONICAL	LY BULL	IED, PAST YEAR
		Chitt.	VT	
Overall		12%	16%	Overall Differences: State vs County
Sex	Male	8%	10%	VT > County
	Female	16%	22%	Within County Differences
Grade	Grade 9	14%	19%	Females > Males
	Grade 10	14%	16%	9 > 12
	Grade 11	11%	15%	10 > 12
	Grade 12	9%	13%	LGBT > Het/CIS
Race	WnH	12%	15%	
	REM	13%	18%	
Sexual Orientation	Het/Cis	10%	14%	
	LGBT	25%	30%	

	WEI	RE BULLIE	D, PAST 3	0 DAYS
		Chitt.	VT	
Overall		11%	16%	Overall Differences: State vs County
Sex	Male	7%	11%	VT > County
	Female	14%	20%	Within County Differences
Grade	Grade 9	12%	21%	Females > Males
	Grade 10	12%	16%	9 > 12
	Grade 11	11%	14%	10 > 12
	Grade 12	8%	12%	LGBT > Het/CIS
Race	WnH	10%	15%	
	REM	12%	18%	
Sexual Orientation	Het/Cis	9%	14%	
	LGBT	25%	30%	



	BULLIED	SOMEONI	E ELSE, P.	AST 30 DAYS
		Chitt.	VT	
Overall		5%	9%	Overall Differences: State vs County
Sex	Male	6%	10%	VT > County
	Female	4%	8%	Within County Differences
Grade	Grade 9	5%	9%	LGBT > Het/CIS
	Grade 10	6%	9%	
	Grade 11	5%	9%	
	Grade 12	4%	8%	
Race	WnH	5%	8%	
	REM	6%	12%	
Sexual Orientation	Het/Cis	4%	8%	
	LGBT	9%	13%	

DID No	DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS					
		Chitt.	VT			
Overall		3%	5%	Overall Differences: State vs County		
Sex	Male	2%	4%	VT > County		
	Female	3%	6%	Within County Differences		
Grade	Grade 9	3%	5%	Females > Males		
	Grade 10	3%	5%	REM > WnH		
	Grade 11	3%	5%	LGBT > Het/CIS		
	Grade 12	3%	4%			
Race	WnH	2%	4%			
	REM	5%	9%			
Sexual Orientation	Het/Cis	2%	4%			
	LGBT	10%	12%			



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE					
		Chitt.	VT		
Overall		4%	6%	Overall Differences: State vs County	
Sex	Male	2%	3%	VT > County	
	Female	6%	9%	Within County Differences	
Grade	Grade 9	2%	5%	Females > Males	
	Grade 10	4%	5%	10 > 9	
	Grade 11	5%	7%	11 > 9	
_	Grade 12	6%	7%	12 > 9	
Race	WnH	4%	6%	REM > WnH	
	REM	6%	9%	LGBT > Het/CIS	
Sexual Orientation	Het/Cis	3%	5%		
	LGBT	15%	18%		

EXPE	RIENCED S	EXUAL DA	TING VIO	DLENCE, PAST YEAR
		Chitt.	VT	
Overall		9%	10%	Overall Differences: State vs County
Sex	Male	4%	5%	VT and County are Similar
	Female	14%	15%	Within County Differences
Grade	Grade 9	8%	10%	Females > Males
	Grade 10	10%	11%	REM > WnH
	Grade 11	10%	10%	LGBT > Het/CIS
	Grade 12	7%	9%	
Race	WnH	8%	9%	
	REM	12%	14%	
Sexual Orientation	Het/Cis	7%	8%	
	LGBT	20%	23%	



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

EXPER	IENCED PH	IYSICAL DA	ATING VI	OLENCE, PAST YEAR
		Chitt.	VT	
Overall		4%	7%	Overall Differences: State vs County
Sex	Male	3%	6%	VT > County
	Female	5%	8%	Within County Differences
Grade	Grade 9	3%	5%	LGBT > Het/CIS
	Grade 10	4%	7%	
	Grade 11	4%	7%	
	Grade 12	3%	7%	
Race	WnH	4%	6%	
	REM	6%	11%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT	10%	15%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DRO		OR OTHER LCOHOL,		E AFTER DRINKING DAYS
		Chitt.	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	6%	9%	VT > County
	Female	4%	5%	Within County Differences
Grade	Grade 9	1%	5%	11 > 9
	Grade 10	3%	4%	12 > 9
	Grade 11	5%	7%	12 > 10
	Grade 12	8%	10%	11 > 10
Race	WnH	5%	6%	REM > WnH
	REM	8%	13%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	5%	7%	
	LGBT	10%	11%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		Chitt.	VT	
Overall		12%	14%	Overall Differences: State vs County
Sex	Male	15%	16%	VT > County
	Female	10%	12%	Within County Differences
Grade	Grade 9	4%	8%	Males > Females
	Grade 10	7%	9%	11 > 9
	Grade 11	13%	15%	12 > 9
	Grade 12	19%	21%	12 > 10
Race	WnH	12%	13%	11 > 10
	REM	16%	20%	12 > 11
Sexual Orientation	Het/Cis	12%	13%	
	LGBT	14%	21%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE WI	ITH A DRIV		IAD BEEN 30 DAYS	DRINKING ALCOHOL,
		Chitt.	VT	
Overall		15%	18%	Overall Differences: State vs County
Sex	Male	14%	17%	VT > County
	Female	15%	19%	Within County Differences
Grade	Grade 9	12%	17%	10 > 9
	Grade 10	16%	18%	LGBT > Het/CIS
	Grade 11	15%	18%	
	Grade 12	15%	18%	
Race	WnH	15%	18%	
	REM	16%	20%	
Sexual Orientation	Het/Cis	14%	17%	
	LGBT	22%	22%	

RODE W	ITH A DRI		HAD BEE 30 DAYS	N USING MARIJUANA,
		Chitt.	VT	
Overall		17%	20%	Overall Differences: State vs County
Sex	Male	18%	20%	VT > County
	Female	16%	20%	Within County Differences
Grade	Grade 9	8%	13%	10 > 9
	Grade 10	13%	18%	11 > 9
	Grade 11	18%	22%	12 > 9
	Grade 12	27%	28%	12 > 10
Race	WnH	17%	20%	11 > 10
	REM	18%	23%	12 > 11
Sexual Orientation	Het/Cis	16%	19%	LGBT > Het/CIS
	LGBT	23%	29%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER **VEHICLE, PAST 30 DAYS** Chitt. VT Overall Differences: State vs Overall 34% 34% County VT and County are Similar Sex Male 34% 34% 34% Within County Differences Female 34% Grade Grade 9 6% 10 > 99% Grade 10 11 > 9 13% 16% 42% Grade 11 41% 12 > 9 Grade 12 52% 53% 12 > 10WnH Race 35% 34% 11 > 10REM 27% 32% 12 > 11Het/Cis Sexual 34% 34% WnH > REMOrientation LGBT 34% 31%



SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR				
	Chitt.	VT		
Never wore a helmet	7%	11%	VT > County	
Rarely wore a helmet	1%	3%	VT > County	
Sometimes wore a helmet	2%	3%	VT > County	
Most of the time wore a helmet	7%	9%	VT > County	
Always wore a helmet	84%	74%	County > VT	

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR				
		Chitt.	VT	
Overall		8%	14%	Overall Differences: State vs County
Sex	Male	9%	17%	VT > County
	Female	6%	9%	Within County Differences
Grade	Grade 9	6%	11%	Males > Females
	Grade 10	8%	13%	REM > WnH
	Grade 11	8%	15%	LGBT > Het/CIS
	Grade 12	8%	15%	
Race	WnH	6%	12%	
	REM	20%	24%	
Sexual Orientation	Het/Cis	7%	12%	
	LGBT	17%	24%	



SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR Chitt. VT Overall Differences: State vs Overall 16% 18% County VT > County Sex Male 19% 20% Within County Differences Female 14% 16% Grade Grade 9 Males > Females 15% 20% Grade 10 16% 18% Grade 11 17% 17% Grade 12 17% 16% WnH Race 16% 17% REM 18% 22% Het/Cis 16% Sexual 18% Orientation

LGBT

13%

15%



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY	A DOCTOR SMOKED,		Γ, OR NURSE IF THEY AR
		Chitt.	VT	
Overall		53%	54%	Overall Differences: State vs County
Sex	Male	52%	51%	VT and County are Similar
	Female	55%	58%	Within County Differences
Grade	Grade 9	48%	47%	11 > 9
	Grade 10	49%	53%	12 > 9
	Grade 11	57%	58%	12 > 10
	Grade 12	59%	61%	11 > 10
Race	WnH	54%	56%	LGBT > Het/CIS
	REM	50%	50%	
Sexual Orientation	Het/Cis	52%	54%	
	LGBT	62%	62%	

MOST O		E OR ALWA		ADS FOR CIGARETTES ODUCTS
		Chitt.	VT	
Overall		50%	55%	Overall Differences: State vs County
Sex	Male	50%	53%	VT > County
	Female	51%	56%	Within County Differences
Grade	Grade 9	54%	57%	9 > 11
	Grade 10	50%	56%	WnH > REM
	Grade 11	48%	54%	
	Grade 12	49%	52%	
Race	WnH	53%	56%	
	REM	43%	47%	
Sexual Orientation	Het/Cis	51%	55%	
	LGBT	53%	57%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

CIGARETTES, TAST / DATS				
		Chitt.	VT	
Overall		13%	23%	Overall Differences: State vs County
Sex	Male	13%	23%	VT > County
	Female	13%	23%	Within County Differences
Grade	Grade 9	11%	22%	LGBT > Het/CIS
	Grade 10	12%	23%	
	Grade 11	14%	23%	
	Grade 12	15%	24%	
Race	WnH	12%	22%	
	REM	15%	27%	
Sexual Orientation	Het/Cis	12%	22%	
	LGBT	24%	33%	

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		Chitt.	VT	
Overall		24%	33%	Overall Differences: State vs County
Sex	Male	24%	33%	VT > County
	Female	25%	33%	Within County Differences
Grade	Grade 9	24%	32%	12 > 10
	Grade 10	22%	33%	12 > 11
	Grade 11	23%	33%	LGBT > Het/CIS
	Grade 12	28%	36%	
Race	WnH	24%	33%	
	REM	25%	34%	
Sexual Orientation	Het/Cis	23%	32%	
	LGBT	38%	44%	



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		Chitt.	VT	
Overall		22%	25%	Overall Differences: State vs County
Sex	Male	14%	16%	VT > County
	Female	29%	35%	Within County Differences
Grade	Grade 9	19%	23%	Females > Males
	Grade 10	21%	26%	11 > 9
	Grade 11	24%	26%	REM > WnH
	Grade 12	22%	26%	LGBT > Het/CIS
Race	WnH	20%	25%	
	REM	26%	28%	
Sexual Orientation	Het/Cis	17%	21%	
	LGBT	53%	58%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		Chitt.	VT	
Overall		14%	16%	Overall Differences: State vs County
Sex	Male	8%	9%	VT > County
	Female	20%	25%	Within County Differences
Grade	Grade 9	14%	18%	Females > Males
	Grade 10	14%	18%	LGBT > Het/CIS
	Grade 11	15%	16%	
	Grade 12	13%	14%	
Race	WnH	14%	16%	
	REM	14%	18%	
Sexual Orientation	Het/Cis	9%	12%	
	LGBT	44%	48%	



SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Chitt.	VT	
Overall		9%	11%	Overall Differences: State vs County
Sex	Male	6%	7%	VT > County
	Female	12%	15%	Within County Differences
Grade	Grade 9	9%	11%	Females > Males
	Grade 10	10%	12%	REM > WnH
	Grade 11	10%	11%	LGBT > Het/CIS
_	Grade 12	8%	10%	
Race	WnH	9%	10%	
_	REM	12%	15%	
Sexual Orientation	Het/Cis	6%	8%	
	LGBT	30%	33%	

	ATTE	MPTED SU	ICIDE, PA	ST YEAR
		Chitt.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	2%	4%	VT > County
	Female	6%	7%	Within County Differences
Grade	Grade 9	4%	6%	Females > Males
	Grade 10	4%	6%	9 > 12
	Grade 11	5%	5%	10 > 12
	Grade 12	2%	4%	11 > 12
Race	WnH	4%	5%	LGBT > Het/CIS
	REM	5%	8%	
Sexual Orientation	Het/Cis	2%	4%	
	LGBT	16%	18%	



	EVER S	MOKED A	WHOLE C	EVER SMOKED A WHOLE CIGARETTE					
		Chitt.	VT						
Overall		17%	24%	Overall Differences: State vs County					
Sex	Male	18%	26%	VT > County					
	Female	15%	22%	Within County Differences					
Grade	Grade 9	9%	17%	10 > 9					
	Grade 10	14%	21%	11 > 9					
	Grade 11	20%	28%	12 > 9					
	Grade 12	22%	31%	12 > 10					
Race	WnH	16%	23%	11 > 10					
	REM	19%	28%	LGBT > Het/CIS					
Sexual Orientation	Het/Cis	15%	22%						
	LGBT	31%	38%						

SI	MOKED A (CIGARETT	E BEFORI	E AGE 13 YEARS
		Chitt.	VT	
Overall		4%	8%	Overall Differences: State vs County
Sex	Male	5%	9%	VT > County
	Female	4%	6%	Within County Differences
Grade	Grade 9	4%	8%	11 > 12
	Grade 10	4%	8%	REM > WnH
	Grade 11	6%	8%	LGBT > Het/CIS
	Grade 12	3%	7%	
Race	WnH	3%	7%	
	REM	8%	12%	
Sexual Orientation	Het/Cis	4%	7%	
	LGBT	10%	14%	



E	VER USED	AN ELECT	RONIC VA	APOR PRODUCT
		Chitt.	VT	
Overall		30%	34%	Overall Differences: State vs County
Sex	Male	32%	37%	VT > County
	Female	28%	31%	Within County Differences
Grade	Grade 9	17%	23%	Males > Females
	Grade 10	25%	31%	10 > 9
	Grade 11	33%	38%	11 > 9
	Grade 12	44%	44%	12 > 9
Race	WnH	30%	34%	12 > 10
	REM	29%	35%	11 > 10
Sexual Orientation	Het/Cis	30%	34%	12 > 11
	LGBT	36%	38%	LGBT > Het/CIS

E	VER TRIEL) FLAVORE	ED TOBAC	CCO PRODUCTS
		Chitt.	VT	
Overall		15%	21%	Overall Differences: State vs County
Sex	Male	17%	24%	VT > County
	Female	13%	17%	Within County Differences
Grade	Grade 9	6%	12%	Males > Females
	Grade 10	10%	17%	10 > 9
	Grade 11	17%	24%	11 > 9
	Grade 12	26%	30%	12 > 9
Race	WnH	15%	20%	12 > 10
	REM	15%	21%	11 > 10
Sexual Orientation	Het/Cis	15%	20%	12 > 11
	LGBT	21%	26%	LGBT > Het/CIS



	I	EVER DRAN	NK ALCO	HOL
		Chitt.	VT	
Overall		53%	58%	Overall Differences: State vs County
Sex	Male	52%	57%	VT > County
	Female	53%	58%	Within County Differences
Grade	Grade 9	33%	41%	10 > 9
	Grade 10	46%	54%	11 > 9
	Grade 11	61%	65%	12 > 9
	Grade 12	68%	71%	12 > 10
Race	WnH	55%	58%	11 > 10
	REM	46%	56%	12 > 11
Sexual Orientation	Het/Cis	53%	57%	WnH > REM
	LGBT	61%	66%	LGBT > Het/CIS

	DRANK A	LCOHOL B	EFORE A	GE 13 YEARS
		Chitt.	VT	
Overall		9%	14%	Overall Differences: State vs County
Sex	Male	10%	16%	VT > County
	Female	7%	11%	Within County Differences
Grade	Grade 9	10%	17%	9 > 12
	Grade 10	8%	13%	11 > 12
	Grade 11	10%	13%	REM > WnH
	Grade 12	7%	11%	LGBT > Het/CIS
Race	WnH	8%	12%	
	REM	13%	21%	
Sexual Orientation	Het/Cis	8%	13%	
	LGBT	15%	20%	



	F	EVER USED	MARIJU	ANA
		Chitt.	VT	
Overall		33%	37%	Overall Differences: State vs County
Sex	Male	34%	37%	VT > County
	Female	32%	37%	Within County Differences
Grade	Grade 9	16%	23%	10 > 9
	Grade 10	28%	34%	11 > 9
	Grade 11	38%	42%	12 > 9
	Grade 12	48%	50%	12 > 10
Race	WnH	34%	38%	11 > 10
	REM	29%	37%	12 > 11
Sexual Orientation	Het/Cis	33%	36%	WnH > REM
	LGBT	44%	49%	LGBT > Het/CIS

	TRIED MA	RIJUANA I	BEFORE A	AGE 13 YEARS
		Chitt.	VT	
Overall		3%	6%	Overall Differences: State vs County
Sex	Male	4%	7%	VT > County
	Female	3%	5%	Within County Differences
Grade	Grade 9	2%	6%	REM > WnH
	Grade 10	4%	6%	LGBT > Het/CIS
	Grade 11	3%	6%	
	Grade 12	3%	5%	
Race	WnH	3%	5%	
	REM	6%	10%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT	8%	11%	



E	VER MISUS	ED PRESCI	RIPTION	PAIN MEDICINE
		Chitt.	VT	
Overall		6%	8%	Overall Differences: State vs County
Sex	Male	6%	8%	VT > County
	Female	6%	7%	Within County Differences
Grade	Grade 9	3%	6%	12 > 9
	Grade 10	5%	7%	12 > 10
	Grade 11	5%	8%	12 > 11
	Grade 12	9%	9%	REM > WnH
Race	WnH	5%	7%	LGBT > Het/CIS
	REM	8%	11%	
Sexual Orientation	Het/Cis	5%	7%	
	LGBT	12%	16%	

	EVER MISU	SED PRESO	CRIPTION	N STIMULANTS
		Chitt.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	5%	6%	Within County Differences
Grade	Grade 9	3%	4%	11 > 9
	Grade 10	5%	6%	12 > 9
	Grade 11	5%	6%	12 > 10
	Grade 12	9%	9%	12 > 11
Race	WnH	5%	6%	REM > WnH
	REM	7%	10%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	10%	12%	



		EVER USE	D COCAI	NE
		Chitt.	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	3%	5%	VT > County
	Female	2%	3%	Within County Differences
Grade	Grade 9	1%	2%	Males > Females
	Grade 10	2%	3%	10 > 9
	Grade 11	3%	4%	11 > 9
	Grade 12	5%	6%	12 > 9
Race	WnH	2%	3%	12 > 10
	REM	5%	8%	REM > WnH
Sexual Orientation	Het/Cis	2%	3%	LGBT > Het/CIS
	LGBT	7%	9%	

	I	EVER USED	INHALA	NTS
		Chitt.	VT	
Overall		4%	6%	Overall Differences: State vs County
Sex	Male	4%	6%	VT > County
	Female	4%	6%	Within County Differences
Grade	Grade 9	5%	6%	REM > WnH
	Grade 10	5%	6%	LGBT > Het/CIS
	Grade 11	4%	6%	
	Grade 12	4%	6%	
Race	WnH	4%	5%	
	REM	7%	10%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT	14%	16%	



EVER USED HEROIN				
		EVER USI	LD HEKU	IIN
		Chitt.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	1%	3%	VT > County
	Female	1%	1%	Within County Differences
Grade	Grade 9	0%	1%	12 > 9
	Grade 10	1%	2%	REM > WnH
	Grade 11	1%	2%	LGBT > Het/CIS
	Grade 12	2%	2%	
Race	WnH	1%	1%	
	REM	3%	5%	
Sexual Orientation	Het/Cis	1%	1%	
	LGBT	5%	5%	

	EVER	USED MET	НАМРНЕ	TAMINES
		Chitt.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	2%	3%	VT > County
	Female	1%	1%	Within County Differences
Grade	Grade 9	1%	1%	REM > WnH
	Grade 10	1%	2%	LGBT > Het/CIS
	Grade 11	2%	2%	
	Grade 12	2%	3%	
Race	WnH	1%	1%	
	REM	4%	6%	
Sexual Orientation	Het/Cis	1%	2%	
	LGBT	5%	5%	



USED A	NY TOBAC	CCO PRODU	UCTS DUR	RING THE PAST YEAR
		Chitt.	VT	
Overall		18%	24%	Overall Differences: State vs County
Sex	Male	22%	28%	VT > County
	Female	14%	18%	Within County Differences
Grade	Grade 9	7%	14%	Males > Females
	Grade 10	13%	20%	10 > 9
	Grade 11	20%	26%	11 > 9
	Grade 12	30%	33%	12 > 9
Race	WnH	18%	26%	12 > 10
	REM	18%	23%	11 > 10
Sexual Orientation	Het/Cis	17%	23%	12 > 11
	LGBT	27%	31%	LGBT > Het/CIS

				R USED SMOKELESS ODUCTS, PAST 30 DAYS
		Chitt.	VT	
Overall		14%	19%	Overall Differences: State vs County
Sex	Male	17%	23%	VT > County
	Female	11%	14%	Within County Differences
Grade	Grade 9	5%	11%	Males > Females
	Grade 10	10%	16%	10 > 9
	Grade 11	17%	22%	11 > 9
	Grade 12	24%	28%	12 > 9
Race	WnH	14%	19%	12 > 10
	REM	14%	20%	11 > 10
Sexual Orientation	Het/Cis	13%	18%	12 > 11
	LGBT	22%	25%	LGBT > Het/CIS



SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Chitt.	VT	
Overall		11%	15%	Overall Differences: State vs County
Sex	Male	13%	19%	VT > County
	Female	8%	11%	Within County Differences
Grade	Grade 9	3%	8%	Males > Females
	Grade 10	6%	12%	10 > 9
	Grade 11	13%	17%	11 > 9
	Grade 12	19%	22%	12 > 9
Race	WnH	11%	15%	12 > 10
	REM	10%	16%	11 > 10
Sexual Orientation	Het/Cis	10%	14%	12 > 11
	LGBT	18%	21%	LGBT > Het/CIS

	SMOKE	CD CIGARE	TTES, PA	ST 30 DAYS
		Chitt.	VT	
Overall		6%	9%	Overall Differences: State vs County
Sex	Male	7%	10%	VT > County
	Female	5%	8%	Within County Differences
Grade	Grade 9	2%	5%	11 > 9
	Grade 10	4%	7%	12 > 9
	Grade 11	9%	11%	12 > 10
	Grade 12	10%	13%	11 > 10
Race	WnH	6%	9%	LGBT > Het/CIS
	REM	8%	12%	
Sexual Orientation	Het/Cis	5%	8%	
	LGBT	15%	18%	



AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES				
	Chitt.	VT		
1 or 2 days	35%	29%		
3 to 5 days	15%	15%		
6 to 9 days	10%	10%		
10 to 19 days	14%	12%		
20 to 29 days	8%	9%		
All 30 days	18%	25%		

AMONG	AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		Chitt.	VT		
Overall		18%	25%	Overall Differences: State vs County	
Sex	Male	19%	27%	VT and County are Similar	
	Female	19%	20%	Within County Differences	
Grade	Grade 9		24%	Too few students in at least one grade	
	Grade 10		21%		
	Grade 11	15%	23%		
	Grade 12	19%	26%		
Race	WnH	17%	38%		
	REM	21%	21%		
Sexual Orientation	Het/Cis	15%	22%		
	LGBT	28%	29%		



AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
	Chitt.	VT		
Less than 1 cigarette	34%	30%		
1 cigarette	26%	19%	County > VT	
2 to 5 cigarettes	28%	30%		
6 to 10 cigarettes	5%	9%	VT > County	
11 to 20 cigarettes	3%	4%		
More than 20 cigarettes	5%	8%		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED				
		Chitt.	VT	
Overall		8%	12%	Overall Differences: State vs County
Sex	Male	9%	15%	VT and County are Similar
	Female	6%	6%	Within County Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10		8%	REM > WnH
	Grade 11	5%	10%	
	Grade 12	8%	12%	
Race	WnH	3%	28%	
	REM	22%	7%	
Sexual Orientation	Het/Cis	5%	10%	
	LGBT	14%	14%	



USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		Chitt.	VT	
Overall		10%	12%	Overall Differences: State vs County
Sex	Male	12%	14%	VT > County
	Female	7%	9%	Within County Differences
Grade	Grade 9	4%	7%	Males > Females
	Grade 10	7%	10%	10 > 9
	Grade 11	11%	13%	11 > 9
	Grade 12	16%	17%	12 > 9
Race	WnH	10%	12%	12 > 10
	REM	9%	13%	11 > 10
Sexual Orientation	Het/Cis	9%	12%	12 > 11
	LGBT	15%	16%	LGBT > Het/CIS

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE				
	Chitt.	VT		
Friend/family used them	37%	35%		
To try to quit other tobacco	3%	5%	VT > County	
Cost less than other tobacco	1%	1%		
Easier to get than other tobacco	1%	1%		
Less harmful than other tobacco	8%	8%		
Available in flavors	18%	17%		
Used for some other reason	33%	33%		



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE				
	Chitt.	VT		
1 or 2 days	41%	37%		
3 to 5 days	22%	19%		
6 to 9 days	11%	11%		
10 to 19 days	9%	12%		
20 to 29 days	5%	7%		
All 30 days	11%	15%		

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS					
		Chitt.	VT		
Overall		25%	33%	Overall Differences: State vs County	
Sex	Male	22%	37%	VT > County	
	Female	29%	26%	Within County Differences	
Grade	Grade 9	·	29%	Too few students in at least one grade	
	Grade 10	22%	36%	REM > WnH	
	Grade 11	23%	31%		
	Grade 12	28%	34%		
Race	WnH	22%	44%		
	REM	37%	30%		
Sexual Orientation	Het/Cis	25%	32%		
	LGBT	30%	37%		



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18				
	Chitt.	VT		
Bought them in a store	8%	8%		
I got them on the Internet	8%	10%		
Someone else bought them	11%	14%		
Borrowed them	41%	38%		
A person 18 or older gave me	11%	11%		

19%

2%

18%

Took them from a store

Some other way

Too few students

	USED SMO	KELESS TO)BACCO,	PAST 30 DAYS
		Chitt.	VT	
Overall		2%	5%	Overall Differences: State vs County
Sex	Male	4%	8%	VT > County
	Female	1%	2%	Within County Differences
Grade	Grade 9	1%	3%	Males > Females
	Grade 10	2%	5%	11 > 9
	Grade 11	3%	6%	12 > 9
	Grade 12	4%	7%	12 > 10
Race	WnH	2%	5%	
	REM	3%	7%	
Sexual Orientation	Het/Cis	2%	5%	
	LGBT	3%	5%	



SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS					
		Chitt.	VT		
Overall		7%	9%	Overall Differences: State vs County	
Sex	Male	10%	13%	VT > County	
	Female	5%	6%	Within County Differences	
Grade	Grade 9	2%	4%	Males > Females	
	Grade 10	5%	7%	10 > 9	
	Grade 11	8%	10%	11 > 9	
	Grade 12	13%	15%	12 > 9	
Race	WnH	8%	9%	12 > 10	
	REM	7%	10%	11 > 10	
Sexual Orientation	Het/Cis	7%	9%	12 > 11	
	LGBT	10%	12%		

	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		Chitt.	VT			
Overall		29%	33%	Overall Differences: State vs County		
Sex	Male	28%	30%	VT and County are Similar		
	Female	30%	37%	Within County Differences		
Grade	Grade 9	25%	33%	10 > 12		
	Grade 10	38%	35%	LGBT > Het/CIS		
	Grade 11	31%	32%			
	Grade 12	25%	32%			
Race	WnH	29%	33%			
	REM	31%	33%			
Sexual Orientation	Het/Cis	26%	32%			
	LGBT	44%	43%			



	DRAN	NK ALCOH	OL, PAST	30 DAYS
		Chitt.	VT	
Overall		31%	33%	Overall Differences: State vs County
Sex	Male	30%	32%	VT and County are Similar
	Female	32%	34%	Within County Differences
Grade	Grade 9	17%	20%	10 > 9
	Grade 10	24%	30%	11 > 9
	Grade 11	35%	36%	12 > 9
	Grade 12	45%	46%	12 > 10
Race	WnH	33%	34%	11 > 10
	REM	25%	29%	12 > 11
Sexual Orientation	Het/Cis	31%	33%	WnH > REM
	LGBT	34%	37%	

	BIN	IGE DRANI	K, PAST 30) DAYS
		Chitt.	VT	
Overall		16%	17%	Overall Differences: State vs County
Sex	Male	15%	17%	VT and County are Similar
	Female	17%	17%	Within County Differences
Grade	Grade 9	7%	8%	10 > 9
	Grade 10	11%	14%	11 > 9
	Grade 11	17%	19%	12 > 9
	Grade 12	28%	27%	12 > 10
Race	WnH	17%	17%	11 > 10
	REM	12%	16%	12 > 11
Sexual Orientation	Het/Cis	16%	17%	WnH > REM
	LGBT	18%	18%	



AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	Chitt.	VT			
1 or 2 days	51%	49%			
3 to 5 days	27%	26%			
6 to 9 days	14%	13%			
10 to 19 days	5%	7%	VT > County		
20 to 29 days	1%	2%			
All 30 days	2%	3%	VT > County		

A	MONG CUF	RRENT USE	CRS: DRAN	NK ON 10+ DAYS
		Chitt.	VT	
Overall		8%	12%	Overall Differences: State vs County
Sex	Male	8%	15%	VT > County
	Female	7%	9%	Within County Differences
Grade	Grade 9	3%	11%	REM > WnH
	Grade 10	8%	11%	LGBT > Het/CIS
	Grade 11	7%	12%	
	Grade 12	9%	13%	
Race	WnH	6%	22%	
	REM	15%	10%	
Sexual Orientation	Het/Cis	6%	11%	
	LGBT	17%	18%	



AMONG CU	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	Chitt.	VT				
1 or 2 drinks	34%	35%				
3 drinks	7%	6%				
4 drinks	10%	8%				
5 drinks	14%	13%				
6 or 7 drinks	16%	15%				
8 or 9 drinks	9%	8%				
10 or more drinks	9%	14%	VT > County			

AMONG	CURRENT	USERS: BI	NGE DRA	NK (4+ females; 5+ males)
		Chitt.	VT	
Overall		57%	57%	Overall Differences: State vs County
Sex	Male	55%	59%	VT and County are Similar
	Female	58%	55%	Within County Differences
Grade	Grade 9	42%	46%	12 > 9
	Grade 10	52%	53%	12 > 10
	Grade 11	53%	57%	12 > 11
	Grade 12	66%	63%	
Race	WnH	56%	61%	
	REM	58%	56%	
Sexual Orientation	Het/Cis	57%	57%	
	LGBT	56%	55%	



AMONG CURRENT USERS: ALCOHOL SOURCE					
	Chitt.	VT			
Bought in store	2%	3%			
Bought in restaurant	2%	2%			
Bought at public event		0%	Too few students		
I gave someone money to buy	22%	23%			
Someone gave it to me	43%	40%			
Took from store/family	14%	12%			
Some other way	17%	20%			

	USED	MARIJUA	NA, PAST	30 DAYS
		Chitt.	VT	
Overall		21%	24%	Overall Differences: State vs County
Sex	Male	22%	24%	VT > County
	Female	19%	23%	Within County Differences
Grade	Grade 9	11%	15%	10 > 9
	Grade 10	17%	22%	11 > 9
	Grade 11	23%	25%	12 > 9
	Grade 12	32%	32%	12 > 10
Race	WnH	21%	23%	11 > 10
	REM	20%	24%	12 > 11
Sexual Orientation	Het/Cis	21%	23%	LGBT > Het/CIS
	LGBT	27%	33%	



AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE					
	Chitt.	VT			
1 or 2 times	40%	34%	County > VT		
3 to 9 times	26%	25%			
10 to 19 times	11%	12%			
20 to 39 times	8%	10%			
40 or more times	14%	20%	VT > County		

AMON	NG CURREN	NT USERS:	USED MA	RIJUANA 10+ TIMES
		Chitt.	VT	
Overall		34%	41%	Overall Differences: State vs County
Sex	Male	39%	47%	VT > County
	Female	26%	35%	Within County Differences
Grade	Grade 9	22%	37%	Males > Females
	Grade 10	35%	40%	12 > 9
	Grade 11	32%	41%	
	Grade 12	36%	43%	
Race	WnH	32%	53%	
	REM	41%	39%	
Sexual Orientation	Het/Cis	33%	40%	
	LGBT	40%	49%	



AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	Chitt.	VT		
Smoked it	90%	91%		
Ate in food	5%	4%		
Drank in tea or other drink		1%	Too few students	
Vaporized	3%	2%		
Some other way	2%	2%		

M	MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Chitt.	VT		
Overall		5%	5%	Overall Differences: State vs County	
Sex	Male	5%	6%	VT and County are Similar	
	Female	5%	5%	Within County Differences	
Grade	Grade 9	3%	4%	12 > 9	
	Grade 10	4%	5%	12 > 10	
	Grade 11	4%	5%	12 > 11	
	Grade 12	7%	7%	REM > WnH	
Race	WnH	4%	5%	LGBT > Het/CIS	
	REM	7%	9%		
Sexual Orientation	Het/Cis	4%	5%		
	LGBT	9%	11%		



WERE	WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		Chitt.	VT		
Overall		14%	15%	Overall Differences: State vs County	
Sex	Male	15%	17%	VT and County are Similar	
	Female	13%	13%	Within County Differences	
Grade	Grade 9	12%	14%	LGBT > Het/CIS	
	Grade 10	14%	16%		
	Grade 11	15%	16%		
	Grade 12	14%	14%		
Race	WnH	14%	15%		
	REM	13%	17%		
Sexual Orientation	Het/Cis	13%	14%		
	LGBT	21%	23%		

ATTENE		OL UNDER ' ALCOHOL		UENCE OF DRUGS OR EAR
		Chitt.	VT	
Overall		10%	13%	Overall Differences: State vs County
Sex	Male	11%	14%	VT > County
	Female	8%	12%	Within County Differences
Grade	Grade 9	5%	9%	Males > Females
	Grade 10	9%	12%	10 > 9
	Grade 11	9%	14%	11 > 9
	Grade 12	15%	18%	12 > 9
Race	WnH	10%	13%	12 > 10
	REM	11%	16%	12 > 11
Sexual Orientation	Het/Cis	9%	12%	LGBT > Het/CIS
	LGBT	18%	23%	



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		Chitt.	VT	
Overall		25%	25%	Overall Differences: State vs County
Sex	Male	25%	25%	VT and County are Similar
	Female	25%	24%	Within County Differences
Grade	Grade 9	32%	32%	9 > 11
	Grade 10	28%	26%	9 > 12
	Grade 11	22%	21%	10 > 12
	Grade 12	20%	20%	10 > 11
Race	WnH	23%	23%	REM > WnH
	REM	32%	31%	
Sexual Orientation	Het/Cis	25%	25%	
	LGBT	26%	25%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES Chitt. VT Overall 89% 84% Overall Differences: State vs County County > VTMale 88% 82% Sex Within County Differences Female 90% 86% Grade Grade 9 93% 90% 9 > 11

88%

83%

75%

85%

81%

85%

74%

9 > 12

10 > 12

11 > 12

Het/CIS > LGBT

92%

89%

82%

89%

87%

90%

79%

Grade 10

Grade 11

Grade 12

WnH

REM

Het/Cis

LGBT

Race

Sexual

Orientation



THINK IT		G OR VERY GE TO DRI		FOR SOMEONE THEIR OHOL
		Chitt.	VT	
Overall		55%	54%	Overall Differences: State vs County
Sex	Male	56%	55%	VT and County are Similar
	Female	54%	54%	Within County Differences
Grade	Grade 9	73%	71%	9 > 10
	Grade 10	61%	59%	9 > 11
	Grade 11	50%	48%	9 > 12
	Grade 12	39%	39%	10 > 12
Race	WnH	52%	54%	10 > 11
	REM	66%	58%	11 > 12
Sexual Orientation	Het/Cis	55%	54%	REM > WnH
	LGBT	51%	51%	

THINK IT		G OR VERY GE TO USI		FOR SOMEONE THEIR ANA
		Chitt.	VT	
Overall		56%	55%	Overall Differences: State vs County
Sex	Male	56%	56%	VT and County are Similar
	Female	56%	55%	Within County Differences
Grade	Grade 9	70%	69%	9 > 10
	Grade 10	63%	60%	9 > 11
	Grade 11	51%	51%	9 > 12
	Grade 12	42%	42%	10 > 12
Race	WnH	54%	55%	10 > 11
	REM	63%	58%	11 > 12
Sexual Orientation	Het/Cis	57%	57%	REM > WnH
	LGBT	41%	40%	Het/CIS > LGBT



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		Chitt.	VT	
Overall		95%	91%	Overall Differences: State vs County
Sex	Male	95%	90%	County > VT
	Female	96%	93%	Within County Differences
Grade	Grade 9	97%	94%	9 > 12
	Grade 10	97%	94%	10 > 12
	Grade 11	95%	91%	WnH > REM
	Grade 12	93%	87%	Het/CIS > LGBT
Race	WnH	96%	92%	
	REM	92%	87%	
Sexual Orientation	Het/Cis	96%	92%	
	LGBT	91%	86%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Chitt.	VT	
Overall		69%	66%	Overall Differences: State vs County
Sex	Male	66%	64%	County > VT
	Female	71%	67%	Within County Differences
Grade	Grade 9	82%	78%	Females > Males
	Grade 10	76%	71%	9 > 10
	Grade 11	66%	63%	9 > 11
	Grade 12	52%	50%	9 > 12
Race	WnH	67%	65%	10 > 12
	REM	75%	67%	10 > 11
Sexual Orientation	Het/Cis	69%	66%	11 > 12
	LGBT	62%	60%	REM > WnH
				Het/CIS > LGBT



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Chitt.	VT	
Overall		80%	76%	Overall Differences: State vs County
Sex	Male	79%	75%	County > VT
	Female	82%	77%	Within County Differences
Grade	Grade 9	87%	83%	Females > Males
	Grade 10	84%	79%	9 > 11
	Grade 11	79%	75%	9 > 12
	Grade 12	73%	69%	10 > 12
Race	WnH	80%	76%	10 > 11
	REM	81%	75%	11 > 12
Sexual Orientation	Het/Cis	82%	78%	Het/CIS > LGBT
	LGBT	68%	63%	



PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY							
Chitt. VT							
No risk	3%	5%	VT > County				
Slight risk	7%	9%	VT > County				
Moderate risk	16%	18%	VT > County				
Great risk	74%	68%	County > VT				

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Chitt.	VT	
Overall		74%	68%	Overall Differences: State vs County
Sex	Male	72%	66%	County > VT
	Female	75%	70%	Within County Differences
Grade	Grade 9	69%	64%	12 > 9
	Grade 10	71%	68%	12 > 10
	Grade 11	74%	68%	12 > 11
	Grade 12	81%	72%	WnH > REM
Race	WnH	75%	69%	
	REM	68%	62%	
Sexual Orientation	Het/Cis	74%	68%	
	LGBT	70%	68%	



PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK						
Chitt. VT						
No risk	4%	6%	VT > County			
Slight risk	18%	19%				
Moderate risk	39%	39%				
Great risk	39%	36%	County > VT			

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND						
		Chitt.	VT			
Overall		39%	36%	Overall Differences: State vs County		
Sex	Male	35%	32%	County > VT		
	Female	44%	41%	Within County Differences		
Grade	Grade 9	39%	38%	Females > Males		
	Grade 10	42%	39%	10 > 12		
	Grade 11	42%	35%	11 > 12		
	Grade 12	35%	32%	REM > WnH		
Race	WnH	38%	35%			
	REM	45%	39%			
Sexual Orientation	Het/Cis	39%	35%			
	LGBT	40%	38%			



PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE						
	Chitt.	VT				
No risk	16%	21%	VT > County			
Slight risk	31%	29%				
Moderate risk	27%	26%				
Great risk	26%	24%				

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY						
		Chitt.	VT			
Overall		26%	24%	Overall Differences: State vs County		
Sex	Male	22%	21%	VT and County are Similar		
	Female	30%	28%	Within County Differences		
Grade	Grade 9	34%	32%	Females > Males		
	Grade 10	29%	26%	9 > 11		
	Grade 11	24%	22%	9 > 12		
	Grade 12	19%	18%	10 > 12		
Race	WnH	25%	23%	11 > 12		
	REM	32%	29%	REM > WnH		
Sexual Orientation	Het/Cis	27%	25%	Het/CIS > LGBT		
	LGBT	15%	16%			



PERCEIVED ACCESS TO CIGARETTES						
	Chitt.	VT				
Very hard	27%	24%	County > VT			
Sort of hard	24%	21%	County > VT			
Sort of easy	21%	22%				
Very easy	28%	32%	VT > County			

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		Chitt.	VT			
Overall		49%	55%	Overall Differences: State vs County		
Sex	Male	53%	57%	VT > County		
	Female	46%	52%	Within County Differences		
Grade	Grade 9	31%	38%	Males > Females		
	Grade 10	38%	48%	10 > 9		
	Grade 11	52%	57%	11 > 9		
	Grade 12	74%	75%	12 > 9		
Race	WnH	50%	55%	12 > 10		
	REM	47%	54%	11 > 10		
Sexual Orientation	Het/Cis	48%	54%	12 > 11		
	LGBT	58%	61%	LGBT > Het/CIS		



PERCEIVED ACCESS TO ALCOHOL				
	Chitt.	VT		
Very hard	14%	15%		
Sort of hard	18%	18%		
Sort of easy	30%	31%		
Very easy	38%	37%		

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		Chitt.	VT			
Overall		68%	68%	Overall Differences: State vs County		
Sex	Male	67%	67%	VT and County are Similar		
	Female	69%	69%	Within County Differences		
Grade	Grade 9	59%	58%	10 > 9		
	Grade 10	65%	67%	11 > 9		
	Grade 11	73%	72%	12 > 9		
	Grade 12	76%	74%	12 > 10		
Race	WnH	70%	69%	11 > 10		
	REM	61%	62%	WnH > REM		
Sexual Orientation	Het/Cis	69%	68%			
	LGBT	71%	73%			



PERCEIVED ACCESS TO MARIJUANA						
	Chitt.	VT				
Very hard	28%	27%				
Sort of hard	16%	15%				
Sort of easy	23%	22%				
Very easy	33%	37%	VT > County			

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		Chitt.	VT			
Overall		56%	58%	Overall Differences: State vs County		
Sex	Male	59%	59%	VT and County are Similar		
	Female	53%	57%	Within County Differences		
Grade	Grade 9	39%	43%	Males > Females		
	Grade 10	50%	56%	10 > 9		
	Grade 11	64%	65%	11 > 9		
	Grade 12	69%	69%	12 > 9		
Race	WnH	58%	59%	12 > 10		
	REM	50%	54%	11 > 10		
Sexual Orientation	Het/Cis	56%	58%	WnH > REM		
	LGBT	62%	66%			



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
	Chitt.	VT			
Never had sexual contact	46%	42%	County > VT		
Females	50%	54%	VT > County		
Males	1%	2%			
Females and males	2%	2%			

LIFETIME SEXUAL CONTACTS: FEMALES					
	Chitt.	VT			
Never had sexual contact	50%	43%	County > VT		
Females	2%	2%			
Males	42%	48%	VT > County		
Females and males	7%	7%			



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

	EVER	HAD SEXU	AL INTE	RCOURSE
		Chitt.	VT	
Overall		33%	40%	Overall Differences: State vs County
Sex	Male	34%	40%	VT > County
	Female	31%	40%	Within County Differences
Grade	Grade 9	12%	19%	10 > 9
	Grade 10	25%	33%	11 > 9
	Grade 11	39%	48%	12 > 9
	Grade 12	53%	61%	12 > 10
Race	WnH	33%	40%	11 > 10
	REM	32%	39%	12 > 11
Sexual Orientation	Het/Cis	33%	40%	LGBT > Het/CIS
	LGBT	40%	47%	

	HAVE	HAD 4+ LII	FETIME P	ARTNERS
		Chitt.	VT	
Overall		6%	9%	Overall Differences: State vs County
Sex	Male	6%	9%	VT > County
	Female	6%	8%	Within County Differences
Grade	Grade 9	1%	3%	10 > 9
	Grade 10	4%	6%	11 > 9
	Grade 11	7%	10%	12 > 9
	Grade 12	11%	16%	12 > 10
Race	WnH	6%	8%	11 > 10
	REM	6%	12%	12 > 11
Sexual Orientation	Het/Cis	5%	8%	LGBT > Het/CIS
	LGBT	10%	15%	



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		EX		
		Chitt.	VT	
Overall		37%	42%	Overall Differences: State vs County
Sex	Male	38%	42%	VT > County
	Female	37%	42%	Within County Differences
Grade	Grade 9	17%	23%	10 > 9
	Grade 10	31%	37%	11 > 9
	Grade 11	43%	49%	12 > 9
	Grade 12	56%	60%	12 > 10
Race	WnH	38%	43%	11 > 10
	REM	34%	40%	12 > 11
Sexual Orientation	Het/Cis	37%	42%	LGBT > Het/CIS
	LGBT	48%	52%	

WERE	WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Chitt.	VT		
Overall		8%	10%	Overall Differences: State vs County	
Sex	Male	7%	9%	VT > County	
	Female	10%	12%	Within County Differences	
Grade	Grade 9	5%	7%	Females > Males	
	Grade 10	7%	9%	11 > 9	
	Grade 11	9%	12%	12 > 9	
	Grade 12	11%	14%	12 > 10	
Race	WnH	8%	10%	LGBT > Het/CIS	
	REM	10%	13%		
Sexual Orientation	Het/Cis	8%	10%		
	LGBT	15%	15%		



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

HAD SE	XUAL INTI	ERCOURSE	DURING	THE PAST 3 MONTHS
		Chitt.	VT	
Overall		25%	31%	Overall Differences: State vs County
Sex	Male	24%	29%	VT > County
	Female	25%	32%	Within County Differences
Grade	Grade 9	8%	13%	10 > 9
	Grade 10	17%	24%	11 > 9
	Grade 11	31%	37%	12 > 9
	Grade 12	41%	48%	12 > 10
Race	WnH	26%	31%	11 > 10
	REM	21%	29%	12 > 11
Sexual Orientation	Het/Cis	25%	31%	LGBT > Het/CIS
	LGBT	31%	34%	

	USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Chitt.	VT		
Overall		19%	20%	Overall Differences: State vs County	
Sex	Male	21%	22%	VT and County are Similar	
	Female	17%	17%	Within County Differences	
Grade	Grade 9	23%	24%	REM > WnH	
	Grade 10	19%	22%	LGBT > Het/CIS	
	Grade 11	17%	18%		
	Grade 12	19%	19%		
Race	WnH	17%	18%		
	REM	29%	29%		
Sexual Orientation	Het/Cis	17%	18%		
	LGBT	27%	31%		



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** Chitt. VT VT > County No method was used 5% 7% County > VT Birth control pills 37% 32% Condoms 36% 35% IUD or implant 14% 13% Shot/patch/birth control VT > County 3% 5% ring Withdrawal/other 5% 5% method VT > County Not sure 1% 2%

IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS Chitt. VT Overall Differences: State vs Overall 54% 50% County VT and County are Similar 40% Sex Male 45% Female 63% 60% Within County Differences Grade Grade 9 36% 29% Females > Males Grade 10 40% 44% 11 > 9Grade 11 55% 51% 12 > 9Grade 12 63% 59% 12 > 10WnH Race 56% 53% 11 > 10REM 43% 36% WnH > REMSexual Het/Cis 55% 52% Orientation

39%

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR



LGBT

48%

SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

COND	CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Chitt.	VT		
Overall		58%	56%	Overall Differences: State vs County	
Sex	Male	62%	61%	VT and County are Similar	
	Female	54%	52%	Within County Differences	
Grade	Grade 9	58%	64%	10 > 12	
	Grade 10	73%	61%	10 > 11	
	Grade 11	59%	58%	Het/CIS > LGBT	
	Grade 12	52%	51%		
Race	WnH	59%	57%		
	REM	53%	54%		
Sexual Orientation	Het/Cis	61%	58%		
	LGBT	40%	45%		

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Chitt.	VT	
Overall		21%	19%	Overall Differences: State vs County
Sex	Male	17%	15%	VT and County are Similar
	Female	26%	22%	Within County Differences
Grade	Grade 9	10%	12%	Females > Males
	Grade 10	21%	19%	11 > 9
	Grade 11	23%	20%	12 > 9
	Grade 12	23%	20%	
Race	WnH	23%	20%	
	REM	14%	13%	
Sexual Orientation	Het/Cis	23%	20%	
	LGBT	17%	13%	



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Chitt.	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	4%	8%	VT > County
	Female	6%	7%	Within County Differences
Grade	Grade 9	10%	12%	REM > WnH
	Grade 10	6%	9%	LGBT > Het/CIS
	Grade 11	4%	6%	
	Grade 12	4%	6%	
Race	WnH	4%	6%	
	REM	10%	13%	
Sexual Orientation	Het/Cis	2%	5%	
	LGBT	21%	22%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)

		Chitt.	VT	
Overall		12%	14%	Overall Differences: State vs County
Sex	Male	12%	14%	VT > County
	Female	11%	15%	Within County Differences
Grade	Grade 9	12%	14%	
	Grade 10	12%	15%	
	Grade 11	11%	14%	
	Grade 12	10%	13%	
Race	WnH	11%	14%	
	REM	12%	14%	
Sexual Orientation	Het/Cis	11%	14%	
	LGBT	13%	16%	

OBI	OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		Chitt.	VT		
Overall		8%	13%	Overall Differences: State vs County	
Sex	Male	10%	15%	VT > County	
	Female	7%	10%	Within County Differences	
Grade	Grade 9	8%	12%	Males > Females	
	Grade 10	8%	12%	LGBT > Het/CIS	
	Grade 11	8%	14%		
	Grade 12	9%	13%		
Race	WnH	8%	14%		
	REM	9%	12%		
Sexual Orientation	Het/Cis	8%	12%		
	LGBT	13%	19%		



SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT				
	Chitt.	VT		
Very underweight	1%	2%		
Slightly underweight	13%	12%		
About the right weight	59%	56%	County > VT	
Slightly overweight	22%	25%	VT > County	
Very overweight	4%	5%	VT > County	

DES	SCRIBED T		ES AS SLI WEIGHT	GHTLY OR VERY
		Chitt.	VT	
Overall		26%	30%	Overall Differences: State vs County
Sex	Male	22%	25%	VT > County
	Female	30%	36%	Within County Differences
Grade	Grade 9	23%	29%	Females > Males
	Grade 10	26%	30%	12 > 9
	Grade 11	25%	30%	LGBT > Het/CIS
	Grade 12	29%	33%	
Race	WnH	26%	30%	
	REM	28%	30%	
Sexual Orientation	Het/Cis	24%	28%	
	LGBT	39%	46%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT				
	Chitt.	VT		
Lose weight	39%	42%	VT > County	
Gain weight	16%	15%		
Stay the same weight	18%	18%		
Not trying to do anything	27%	25%	County > VT	

	WER	E TRYING	TO LOSE	WEIGHT
		Chitt.	VT	
Overall		39%	42%	Overall Differences: State vs County
Sex	Male	25%	28%	VT > County
	Female	53%	57%	Within County Differences
Grade	Grade 9	37%	41%	Females > Males
	Grade 10	39%	42%	LGBT > Het/CIS
	Grade 11	38%	41%	
	Grade 12	41%	44%	
Race	WnH	38%	42%	
	REM	41%	42%	
Sexual Orientation	Het/Cis	38%	40%	
	LGBT	46%	55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK					
	Chitt.	VT			
0 days	12%	13%			
1 day	7%	7%			
2 days	9%	9%			
3 days	13%	12%	County > VT		
4 days	13%	11%	County > VT		
5 days	14%	14%			
6 days	10%	10%			
7 days	21%	25%	VT > County		

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Chitt.	VT	
Overall		21%	25%	Overall Differences: State vs County
Sex	Male	28%	33%	VT > County
	Female	15%	17%	Within County Differences
Grade	Grade 9	23%	27%	Males > Females
	Grade 10	23%	27%	Het/CIS > LGBT
	Grade 11	20%	24%	
	Grade 12	20%	23%	
Race	WnH	21%	25%	
	REM	21%	27%	
Sexual Orientation	Het/Cis	23%	27%	
	LGBT	11%	14%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PI		Y ACTIVE A		C 60 MINUTES PER DAY ST WEEK
		Chitt.	VT	
Overall		45%	49%	Overall Differences: State vs County
Sex	Male	51%	56%	VT > County
	Female	40%	42%	Within County Differences
Grade	Grade 9	49%	53%	Males > Females
	Grade 10	48%	50%	9 > 11
	Grade 11	43%	47%	9 > 12
	Grade 12	43%	47%	10 > 11
Race	WnH	47%	50%	WnH > REM
	REM	39%	46%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	49%	52%	
	LGBT	27%	29%	

	· -			ST 60 MINUTES OF 1 DAY, PAST WEEK
		Chitt.	VT	
Overall		12%	13%	Overall Differences: State vs County
Sex	Male	11%	11%	VT and County are Similar
	Female	12%	14%	Within County Differences
Grade	Grade 9	9%	10%	12 > 9
	Grade 10	10%	12%	12 > 10
	Grade 11	12%	14%	REM > WnH
	Grade 12	16%	15%	LGBT > Het/CIS
Race	WnH	10%	12%	
	REM	17%	17%	
Sexual Orientation	Het/Cis	10%	11%	
	LGBT	21%	23%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK				
	Chitt.	VT		
Do not watch TV	2%	3%	VT > County	
Less than 1 hour per day	8%	8%		
1 hour per day	12%	12%		
2 hours per day	26%	23%	County > VT	
3 hours per day	22%	21%		
4 hours per day	13%	13%		
5 or more hours per day	17%	19%	VT > County	

	CHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK				
		Chitt.	VT		
Overall		52%	53%	Overall Differences: State vs County	
Sex	Male	52%	53%	VT and County are Similar	
	Female	52%	52%	Within County Differences	
Grade	Grade 9	52%	53%	REM > WnH	
	Grade 10	53%	53%	LGBT > Het/CIS	
	Grade 11	50%	51%		
	Grade 12	53%	53%		
Race	WnH	51%	52%		
	REM	57%	57%		
Sexual Orientation	Het/Cis	50%	51%		
	LGBT	66%	67%		



ATE FR		ANK 100% MES PER D		JICES TWO OR MORE WEEK
		Chitt.	VT	
Overall		37%	33%	Overall Differences: State vs County
Sex	Male	35%	32%	County > VT
	Female	39%	33%	Within County Differences
Grade	Grade 9	38%	33%	Females > Males
	Grade 10	36%	33%	Het/CIS > LGBT
	Grade 11	38%	32%	
	Grade 12	35%	32%	
Race	WnH	37%	32%	
	REM	37%	35%	
Sexual Orientation	Het/Cis	38%	33%	
	LGBT	28%	29%	

ATE	VEGETABI		OR MOR	E TIMES PER DAY,
		Chitt.	VT	
Overall		21%	18%	Overall Differences: State vs County
Sex	Male	21%	18%	County > VT
_	Female	21%	18%	Within County Differences
Grade	Grade 9	19%	17%	
	Grade 10	22%	18%	
	Grade 11	21%	17%	
_	Grade 12	22%	19%	
Race	WnH	20%	17%	
	REM	24%	21%	
Sexual Orientation	Het/Cis	21%	18%	
	LGBT	20%	18%	



SODA CONSUMPTION, PAST WEEK				
	Chitt.	VT		
Did not drink soda or pop	42%	37%	County > VT	
1 to 3 times	40%	40%		
4 to 6 times	10%	12%	VT > County	
1 time per day	4%	4%		
2 times per day	2%	3%	VT > County	
3 times per day	1%	1%		
4 or more times per day	2%	3%	VT > County	

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK					
		Chitt.	VT		
Overall		8%	11%	Overall Differences: State vs County	
Sex	Male	11%	16%	VT > County	
	Female	5%	6%	Within County Differences	
Grade	Grade 9	8%	11%	Males > Females	
	Grade 10	6%	11%	12 > 10	
	Grade 11	9%	11%	REM > WnH	
	Grade 12	10%	12%		
Race	WnH	8%	10%		
	REM	11%	14%		
Sexual Orientation	Het/Cis	8%	11%		
	LGBT	10%	12%		



SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK				
	Chitt.	VT		
Did not drink sugar-sweetened	31%	28%	County > VT	
1 to 3 times	45%	44%		
4 to 6 times	14%	15%		
1 time per day	5%	6%		
2 times per day	3%	3%		
3 times per day	1%	1%		
4 or more times per day	2%	2%	VT > County	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK				
		Chitt.	VT	
Overall		11%	12%	Overall Differences: State vs County
Sex	Male	13%	15%	VT > County
	Female	8%	9%	Within County Differences
Grade	Grade 9	10%	12%	Males > Females
	Grade 10	9%	12%	REM > WnH
	Grade 11	11%	13%	
	Grade 12	12%	13%	
Race	WnH	10%	12%	
	REM	14%	15%	
Sexual Orientation	Het/Cis	10%	12%	
	LGBT	12%	13%	



WATER CONSUMPTION, PAST WEEK				
	Chitt.	VT		
Did not drink water	2%	4%	VT > County	
1 to 3 times	7%	9%	VT > County	
4 to 6 times	9%	11%	VT > County	
1 time per day	10%	9%		
2 times per day	16%	16%		
3 times per day	21%	19%	County > VT	
4 or more times per day	36%	33%	County > VT	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		Chitt.	VT	
Overall		56%	52%	Overall Differences: State vs County
Sex	Male	55%	51%	County > VT
	Female	57%	53%	Within County Differences
Grade	Grade 9	53%	50%	12 > 9
	Grade 10	58%	53%	Het/CIS > LGBT
	Grade 11	55%	51%	
	Grade 12	59%	55%	
Race	WnH	57%	52%	
	REM	54%	50%	
Sexual Orientation	Het/Cis	58%	53%	
	LGBT	48%	49%	



BREAKFAST CONSUMPTION, PAST WEEK					
	Chitt.	VT			
0 days	7%	11%	VT > County		
1 day	5%	6%			
2 days	8%	9%	VT > County		
3 days	9%	10%			
4 days	9%	8%			
5 days	9%	9%			
6 days	8%	7%			
7 days	45%	40%	County > VT		

DID NOT EAT BREAKFAST, PAST WEEK				
		Chitt.	VT	
Overall		7%	11%	Overall Differences: State vs County
Sex	Male	7%	11%	VT > County
	Female	8%	10%	Within County Differences
Grade	Grade 9	6%	10%	REM > WnH
	Grade 10	7%	11%	
	Grade 11	8%	10%	
	Grade 12	7%	11%	
Race	WnH	7%	10%	
	REM	10%	13%	
Sexual Orientation	Het/Cis	7%	10%	
	LGBT	10%	14%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
Chitt. VT							
Never	79%	75%	County > VT				
Rarely	13%	15%	VT > County				
Sometimes	6%	7%	VT > County				
Most of the time	1%	2%	VT > County				
Always	1%	1%	VT > County				

MO	MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS					
		Chitt.	VT			
Overall		2%	3%	Overall Differences: State vs County		
Sex	Male	2%	3%	VT > County		
	Female	2%	2%	Within County Differences		
Grade	Grade 9	2%	3%	REM > WnH		
	Grade 10	1%	2%	LGBT > Het/CIS		
	Grade 11	3%	3%			
	Grade 12	2%	3%			
Race	WnH	2%	2%			
	REM	4%	6%			
Sexual Orientation	Het/Cis	1%	3%			
	LGBT	5%	5%			



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		Chitt.	VT	
Overall		2%	4%	Overall Differences: State vs County
Sex	Male	2%	4%	VT > County
	Female	2%	3%	Within County Differences
Grade	Grade 9	1%	3%	12 > 9
	Grade 10	1%	3%	12 > 10
	Grade 11	2%	4%	REM > WnH
	Grade 12	3%	5%	LGBT > Het/CIS
Race	WnH	1%	9%	
	REM	5%	3%	
Sexual Orientation	Het/Cis	1%	3%	
	LGBT	7%	7%	



ATE DI	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	Chitt.	VT				
0 days	6%	9%	VT > County			
1 day	4%	4%				
2 days	4%	4%				
3 days	6%	6%				
4 days	8%	8%				
5 days	15%	13%	County > VT			
6 days	14%	12%	County > VT			
7 days	44%	44%				

	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK					
		Chitt.	VT			
Overall		81%	77%	Overall Differences: State vs County		
Sex	Male	84%	80%	County > VT		
	Female	78%	75%	Within County Differences		
Grade	Grade 9	87%	83%	Males > Females		
	Grade 10	85%	81%	9 > 11		
	Grade 11	80%	76%	9 > 12		
	Grade 12	72%	71%	10 > 12		
Race	WnH	82%	79%	10 > 11		
	REM	75%	70%	11 > 12		
Sexual Orientation	Het/Cis	83%	79%	WnH > REM		
	LGBT	68%	65%	Het/CIS > LGBT		



GRADES EARNED IN SCHOOL						
	Chitt.	VT				
Mostly A's	52%	46%	County > VT			
Mostly B's	37%	39%				
Mostly C's	9%	12%	VT > County			
Mostly D's	1%	2%	VT > County			
Mostly F's	1%	1%				

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		Chitt.	VT			
Overall		82%	80%	Overall Differences: State vs County		
Sex	Male	83%	80%	VT and County are Similar		
	Female	81%	81%	Within County Differences		
Grade	Grade 9	79%	78%	11 > 9		
	Grade 10	81%	79%	WnH > REM		
	Grade 11	84%	82%	Het/CIS > LGBT		
	Grade 12	83%	83%			
Race	WnH	84%	82%			
	REM	74%	74%			
Sexual Orientation	Het/Cis	83%	81%			
	LGBT	78%	76%			



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS						
Chitt. VT						
Strongly agree	23%	21%	County > VT			
Agree	49%	44%	County > VT			
Not sure	16%	19%	VT > County			
Disagree	8%	11%	VT > County			
Strongly disagree	3%	5%	VT > County			

	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR					
		Chitt.	VT			
Overall		72%	65%	Overall Differences: State vs County		
Sex	Male	76%	69%	County > VT		
	Female	69%	61%	Within County Differences		
Grade	Grade 9	74%	67%	Males > Females		
	Grade 10	73%	65%	Het/CIS > LGBT		
	Grade 11	72%	64%			
	Grade 12	69%	63%			
Race	WnH	73%	65%			
	REM	71%	64%			
Sexual Orientation	Het/Cis	74%	67%			
	LGBT	58%	53%			



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM						
Chitt. VT						
Definitely will not	4%	5%	VT > County			
Probably will not	4%	5%	VT > County			
Probably will	19%	22%	VT > County			
Definitely will	65%	57%	County > VT			
Not sure	9%	11%	VT > County			

PROBA	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM					
		Chitt.	VT			
Overall		84%	79%	Overall Differences: State vs County		
Sex	Male	83%	75%	County > VT		
	Female	86%	83%	Within County Differences		
Grade	Grade 9	79%	74%	Females > Males		
	Grade 10	83%	77%	11 > 9		
	Grade 11	86%	81%	12 > 9		
	Grade 12	88%	83%	12 > 10		
Race	WnH	86%	80%	WnH > REM		
	REM	79%	72%	Het/CIS > LGBT		
Sexual Orientation	Het/Cis	86%	80%			
	LGBT	77%	74%			



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
Chitt. VT						
0 hours	27%	33%	VT > County			
1 to 4 hours	28%	27%				
5 to 9 hours	19%	17%	County > VT			
10 to 19 hours	19%	17%	County > VT			
20 or more hours	6%	6%				

				TICIPATING IN YPICAL WEEK
		Chitt.	VT	
Overall		26%	24%	Overall Differences: State vs County
Sex	Male	26%	24%	County > VT
	Female	25%	24%	Within County Differences
Grade	Grade 9	23%	21%	12 > 9
	Grade 10	26%	23%	WnH > REM
	Grade 11	25%	24%	Het/CIS > LGBT
	Grade 12	28%	26%	
Race	WnH	27%	24%	
	REM	21%	22%	
Sexual Orientation	Het/Cis	27%	25%	
	LGBT	20%	16%	



MATTER TO PEOPLE IN THEIR COMMUNITY					
	Chitt.	VT			
Strongly agree	22%	19%	County > VT		
Agree	45%	41%	County > VT		
Not sure	21%	25%	VT > County		
Disagree	7%	9%	VT > County		
Strongly disagree	4%	5%	VT > County		

				N THEIR COMMUNITY ER TO PEOPLE
		Chitt.	VT	
Overall		67%	61%	Overall Differences: State vs County
Sex	Male	72%	65%	County > VT
	Female	64%	57%	Within County Differences
Grade	Grade 9	68%	61%	Males > Females
	Grade 10	67%	60%	WnH > REM
	Grade 11	67%	60%	Het/CIS > LGBT
	Grade 12	68%	62%	
Race	WnH	69%	62%	
	REM	59%	55%	
Sexual Orientation	Het/Cis	71%	64%	
	LGBT	45%	39%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY CHITTENDEN COUNTY REPORT



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY CHITTENDEN COUNTY REPORT

MIDDLE SCHOOL RESULTS

CHITTENDEN COUNTY REPORT

http://www.healthvermont.gov/yrbs



MIDDLE SCHOOL DEMOGRAPHICS				
Chitt. VT				
Total	4673	16701		

		Chitt.	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	34%	24%
	7th Grade	32%	39%
	8th Grade	34%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	76%	81%
	Students of Color (REM)	24%	19%
Sexual Orientation	Heterosexual (Het)	94%	93%
	Lesbian, Gay, or Bisexual (LGB)	6%	7%



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE	E EVER IN A	PHYSIC	AL FIGHT
		Chitt.	VT	
Overall		40%	42%	Overall Differences: State vs County
Sex	Male	54%	56%	VT > County
	Female	24%	27%	Within County Differences
Grade	Grade 6	39%	40%	Males > Females
	Grade 7	39%	43%	REM > WnH
	Grade 8	41%	43%	LGB > Heterosexual
Race	WnH	36%	40%	
	REM	52%	54%	
Sexual Orientation	Het	40%	43%	
	LGB	54%	58%	

	WERE EVEI	R BULLIED	ON SCHO	OOL PROPERTY
		Chitt.	VT	
Overall		39%	44%	Overall Differences: State vs County
Sex	Male	35%	39%	VT > County
	Female	43%	50%	Within County Differences
Grade	Grade 6	38%	44%	Females > Males
	Grade 7	41%	45%	LGB > Heterosexual
	Grade 8	38%	44%	
Race	WnH	40%	43%	
	REM	38%	48%	
Sexual Orientation	Het	37%	42%	
	LGB	66%	73%	



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE EV	ER ELECT	RONICAL	LLY BULLIED
		Chitt.	VT	
Overall		19%	24%	Overall Differences: State vs County
Sex	Male	13%	16%	VT > County
	Female	26%	33%	Within County Differences
Grade	Grade 6	14%	18%	Females > Males
	Grade 7	19%	24%	7 > 6
	Grade 8	23%	28%	8 > 6
Race	WnH	18%	24%	REM > WnH
	REM	24%	29%	LGB > Heterosexual
Sexual Orientation	Het	19%	23%	
	LGB	40%	55%	

	WE	RE BULLIE	D, PAST 3	0 DAYS
		Chitt.	VT	
Overall		17%	22%	Overall Differences: State vs County
Sex	Male	15%	17%	VT > County
	Female	19%	26%	Within County Differences
Grade	Grade 6	17%	22%	Females > Males
	Grade 7	17%	22%	LGB > Heterosexual
	Grade 8	17%	21%	
Race	WnH	16%	20%	
	REM	19%	26%	
Sexual Orientation	Het	15%	19%	
	LGB	39%	47%	



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	BULLIED	SOMEONE	E ELSE, P	AST 30 DAYS
		Chitt.	VT	
Overall		6%	8%	Overall Differences: State vs County
Sex	Male	6%	8%	VT > County
	Female	6%	8%	Within County Differences
Grade	Grade 6	5%	7%	REM > WnH
	Grade 7	6%	8%	LGB > Heterosexual
	Grade 8	7%	9%	
Race	WnH	5%	7%	
	REM	10%	11%	
Sexual Orientation	Het	6%	8%	
	LGB	16%	15%	

	F GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT OOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS				
		Chitt.	VT		
Overall		7%	8%	Overall Differences: State vs County	
Sex	Male	7%	7%	VT and County are Similar	
	Female	8%	10%	Within County Differences	
Grade	Grade 6	8%	8%	REM > WnH	
	Grade 7	7%	8%	LGB > Heterosexual	
	Grade 8	8%	9%		
Race	WnH	6%	7%		
	REM	10%	12%		
Sexual Orientation	Het	6%	7%		
	LGB	21%	23%		



SECTION 2: PERSONAL SAFETY CAR SAFETY

SEATBELT USE					
	Chitt.	VT			
Never	1%	1%			
Rarely	1%	1%			
Sometimes	3%	3%	VT > County		
Most of the time	14%	18%	VT > County		
Always	81%	76%	County > VT		

	RARELY	OR NEVER	WEAR A	SEAT BELT
		Chitt.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	1%	2%	Within County Differences
Grade	Grade 6	1%	1%	Males > Females
	Grade 7	2%	2%	REM > WnH
	Grade 8	2%	3%	
Race	WnH	1%	2%	
	REM	4%	5%	
Sexual Orientation	Het	2%	2%	
	LGB	3%	4%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		Chitt.	VT	
Overall		16%	22%	Overall Differences: State vs County
Sex	Male	15%	20%	VT > County
	Female	17%	24%	Within County Differences
Grade	Grade 6	11%	15%	7 > 6
	Grade 7	16%	21%	8 > 6
	Grade 8	21%	27%	8 > 7
Race	WnH	16%	22%	LGB > Heterosexual
	REM	17%	24%	
Sexual Orientation	Het	17%	22%	
	LGB	27%	34%	

EVE	EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA					
		Chitt.	VT			
Overall		5%	9%	Overall Differences: State vs County		
Sex	Male	5%	7%	VT > County		
	Female	5%	10%	Within County Differences		
Grade	Grade 6	4%	5%	8 > 6		
	Grade 7	5%	8%	8 > 7		
	Grade 8	8%	12%	REM > WnH		
Race	WnH	4%	8%	LGB > Heterosexual		
	REM	10%	14%			
Sexual Orientation	Het	5%	8%			
	LGB	16%	23%			



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	Chitt.	VT			
Never wear a helmet	11%	16%	VT > County		
Rarely wear a helmet	11%	15%	VT > County		
Sometimes wear a helmet	13%	15%	VT > County		
Most of the time wear a helmet	28%	25%	County > VT		
Always wear a helmet	37%	28%	County > VT		

R	ARELY OR	CYCLE HELMET		
		Chitt.	VT	
Overall		22%	31%	Overall Differences: State vs County
Sex	Male	24%	33%	VT > County
	Female	20%	29%	Within County Differences
Grade	Grade 6	16%	24%	Males > Females
	Grade 7	21%	30%	7 > 6
	Grade 8	28%	37%	8 > 6
Race	WnH	17%	28%	8 > 7
	REM	38%	42%	REM > WnH
Sexual Orientation	Het	23%	32%	LGB > Heterosexual
	LGB	32%	42%	



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING				
	Chitt.	VT		
Never wear a helmet	3%	5%	VT > County	
Rarely wear a helmet	1%	2%		
Sometimes wear a helmet	2%	2%		
Most of the time wear a helmet	6%	7%		
Always wear a helmet	87%	83%	County > VT	

RAREI	LY OR NEV		A HELME OARDING	ET WHEN SKIING OR
		Chitt.	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	4%	8%	VT > County
	Female	5%	6%	Within County Differences
Grade	Grade 6	4%	7%	REM > WnH
	Grade 7	5%	8%	LGB > Heterosexual
	Grade 8	4%	7%	
Race	WnH	3%	6%	
	REM	11%	12%	
Sexual Orientation	Het	4%	7%	
	LGB	10%	11%	



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE Chitt. VT Overall Differences: State vs Overall 16% 17% County VT and County are Similar Sex Male 18% 19% 14% Within County Differences Female 16% Grade Grade 6 Males > Females 16% 17% Grade 7 8 > 7 14% 17% Grade 8 19% 18% WnH 16% Race 17% **REM** 18% 21% Sexual Het 17% 18% Orientation LGB 17% 21%



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS **SMOKING CIGARETTES, PAST 7 DAYS** Chitt. VT Overall Differences: State vs Overall 18% 26% County VT > County Sex Male 19% 25% Within County Differences Female 18% 27% Grade Grade 6 LGB > Heterosexual 17% 21% Grade 7 17% 27% Grade 8 29% 21% WnH Race 17% 25% **REM** 21% 32% Sexual Het 18% 26%

51%

40%

Orientation

LGB

WER	WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		Chitt.	VT		
Overall		11%	19%	Overall Differences: State vs County	
Sex	Male	11%	17%	VT > County	
	Female	12%	20%	Within County Differences	
Grade	Grade 6	10%	15%	REM > WnH	
	Grade 7	11%	19%	LGB > Heterosexual	
	Grade 8	12%	20%		
Race	WnH	10%	18%		
	REM	14%	23%		
Sexual Orientation	Het	11%	18%		
	LGB	22%	38%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE						
Chitt. VT						
Never	10%	9%				
Rarely	16%	14%	County > VT			
Sometimes	28%	27%				
Most of the time	27%	29%				
Always	19%	21%	VT > County			

MOST O	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		Chitt.	VT		
Overall		46%	50%	Overall Differences: State vs County	
Sex	Male	47%	51%	VT > County	
	Female	44%	49%	Within County Differences	
Grade	Grade 6	36%	42%	7 > 6	
	Grade 7	46%	50%	8 > 6	
	Grade 8	55%	56%	8 > 7	
Race	WnH	47%	51%	LGB > Heterosexual	
	REM	48%	52%		
Sexual Orientation	Het	48%	52%		
	LGB	58%	61%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY **SMOKED, PAST YEAR** Chitt. VT 30% Overall Differences: State vs Overall 30% County VT and County are Similar Sex Male 31% 30% 31% Within County Differences Female 28% Grade Grade 6 7 > 6 18% 18% Grade 7 28% 29% 8 > 6 Grade 8 42% 40% 8 > 7WnH Race 30% 31% LGB > Heterosexual **REM** 33% 34% Sexual Het 31% 31% Orientation 41% 43% LGB



SECTION 3: MENTAL HEALTH

	FELT SAD OR HOPELESS, PAST YEAR				
		Chitt.	VT		
Overall		15%	19%	Overall Differences: State vs County	
Sex	Male	11%	12%	VT > County	
	Female	19%	26%	Within County Differences	
Grade	Grade 6	14%	16%	Females > Males	
	Grade 7	16%	18%	REM > WnH	
	Grade 8	15%	22%	LGB > Heterosexual	
Race	WnH	14%	18%		
	REM	20%	26%		
Sexual Orientation	Het	12%	16%		
	LGB	54%	63%		

EVER SE	CRIOUSLY '	THOUGHT	ABOUT K	ILLING THEMSELVES
		Chitt.	VT	
Overall		14%	18%	Overall Differences: State vs County
Sex	Male	10%	12%	VT > County
	Female	18%	23%	Within County Differences
Grade	Grade 6	11%	13%	Females > Males
	Grade 7	13%	17%	8 > 6
	Grade 8	17%	22%	REM > WnH
Race	WnH	13%	17%	LGB > Heterosexual
	REM	20%	24%	
Sexual Orientation	Het	11%	15%	
	LGB	57%	60%	



SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES					
		Chitt.	VT		
Overall		9%	12%	Overall Differences: State vs County	
Sex	Male	7%	8%	VT > County	
	Female	11%	16%	Within County Differences	
Grade	Grade 6	6%	7%	Females > Males	
	Grade 7	8%	11%	7 > 6	
	Grade 8	14%	16%	8 > 6	
Race	WnH	8%	11%	8 > 7	
	REM	14%	18%	REM > WnH	
Sexual Orientation	Het	8%	10%	LGB > Heterosexual	
	LGB	40%	48%		

	EVER ATTEMPTED SUICIDE				
		Chitt.	VT		
Overall		4%	6%	Overall Differences: State vs County	
Sex	Male	2%	3%	VT > County	
	Female	5%	8%	Within County Differences	
Grade	Grade 6	3%	3%	Females > Males	
	Grade 7	4%	5%	8 > 6	
	Grade 8	5%	8%	REM > WnH	
Race	WnH	3%	5%	LGB > Heterosexual	
	REM	6%	10%		
Sexual Orientation	Het	3%	4%		
	LGB	25%	30%		



SECTION 4: SUBSTANCE USE LIFETIME USE

	EVER SMOKED A WHOLE CIGARETTE				
		Chitt.	VT		
Overall		5%	7%	Overall Differences: State vs County	
Sex	Male	4%	7%	VT > County	
	Female	5%	7%	Within County Differences	
Grade	Grade 6	2%	4%	7 > 6	
	Grade 7	4%	7%	8 > 6	
	Grade 8	7%	10%	8 > 7	
Race	WnH	4%	6%	REM > WnH	
	REM	9%	12%	LGB > Heterosexual	
Sexual Orientation	Het	4%	7%		
	LGB	19%	23%		

E	VER USED	AN ELECT	RONIC VA	APOR PRODUCT
		Chitt.	VT	
Overall		6%	9%	Overall Differences: State vs County
Sex	Male	7%	9%	VT > County
	Female	6%	8%	Within County Differences
Grade	Grade 6	3%	3%	8 > 6
	Grade 7	5%	8%	8 > 7
	Grade 8	11%	14%	REM > WnH
Race	WnH	6%	8%	LGB > Heterosexual
	REM	10%	14%	
Sexual Orientation	Het	7%	9%	
	LGB	17%	22%	



SECTION 4: SUBSTANCE USE LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT					
		Chitt.	VT		
Overall		3%	5%	Overall Differences: State vs County	
Sex	Male	3%	5%	VT > County	
	Female	3%	5%	Within County Differences	
Grade	Grade 6	2%	2%	8 > 6	
	Grade 7	3%	5%	REM > WnH	
	Grade 8	4%	6%	LGB > Heterosexual	
Race	WnH	2%	4%		
	REM	6%	8%		
Sexual Orientation	Het	3%	4%		
	LGB	13%	14%		

	I	EVER DRAN	NK ALCO	HOL
		Chitt.	VT	
Overall		14%	19%	Overall Differences: State vs County
Sex	Male	15%	20%	VT > County
	Female	13%	17%	Within County Differences
Grade	Grade 6	8%	10%	7 > 6
	Grade 7	13%	17%	8 > 6
	Grade 8	20%	26%	8 > 7
Race	WnH	13%	18%	REM > WnH
	REM	17%	24%	LGB > Heterosexual
Sexual Orientation	Het	14%	19%	
	LGB	32%	38%	



SECTION 4: SUBSTANCE USE LIFETIME USE

	I	EVER USED	MARIJU	ANA
		Chitt.	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	5%	7%	VT > County
	Female	5%	7%	Within County Differences
Grade	Grade 6	1%	2%	7 > 6
	Grade 7	4%	6%	8 > 6
	Grade 8	8%	11%	8 > 7
Race	WnH	4%	6%	REM > WnH
	REM	8%	12%	LGB > Heterosexual
Sexual Orientation	Het	4%	6%	
	LGB	19%	23%	

	EVER USED INHALANTS				
		Chitt.	VT		
Overall		3%	4%	Overall Differences: State vs County	
Sex	Male	4%	4%	VT and County are Similar	
	Female	3%	4%	Within County Differences	
Grade	Grade 6	2%	3%	REM > WnH	
	Grade 7	4%	4%	LGB > Heterosexual	
	Grade 8	4%	5%		
Race	WnH	3%	4%		
	REM	6%	7%		
Sexual Orientation	Het	3%	4%		
	LGB	10%	12%		



SECTION 4: SUBSTANCE USE LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Chitt.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	2%	3%	Within County Differences
Grade	Grade 6	1%	1%	8 > 6
	Grade 7	2%	2%	REM > WnH
	Grade 8	4%	3%	LGB > Heterosexual
Race	WnH	2%	2%	
	REM	4%	5%	
Sexual Orientation	Het	2%	2%	
	LGB	11%	9%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Chitt.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	1%	2%	Within County Differences
Grade	Grade 6	1%	1%	REM > WnH
	Grade 7	1%	2%	LGB > Heterosexual
	Grade 8	2%	2%	
Race	WnH	1%	1%	
	REM	3%	4%	
Sexual Orientation	Het	1%	1%	
	LGB	8%	6%	



	USED TOBACCO PRODUCTS, PAST YEAR				
		Chitt.	VT		
Overall		4%	5%	Overall Differences: State vs County	
Sex	Male	4%	6%	VT > County	
	Female	4%	5%	Within County Differences	
Grade	Grade 6	3%	3%	8 > 6	
	Grade 7	4%	5%	REM > WnH	
	Grade 8	5%	7%	LGB > Heterosexual	
Race	WnH	3%	5%		
	REM	6%	9%		
Sexual Orientation	Het	3%	5%		
	LGB	15%	16%		

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		Chitt.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	4%	5%	VT > County
	Female	3%	4%	Within County Differences
Grade	Grade 6	1%	2%	7 > 6
	Grade 7	3%	4%	8 > 6
	Grade 8	6%	7%	8 > 7
Race	WnH	3%	5%	LGB > Heterosexual
	REM	5%	8%	
Sexual Orientation	Het	3%	5%	
	LGB	12%	14%	



SMOKI		ETTES OR (TOBACCO, I		OR USED SMOKELESS DAYS
		Chitt.	VT	
Overall		2%	3%	Overall Differences: State vs County
Sex	Male	2%	3%	VT > County
	Female	2%	2%	Within County Differences
Grade	Grade 6	1%	1%	7 > 6
	Grade 7	2%	2%	8 > 6
	Grade 8	3%	4%	REM > WnH
Race	WnH	2%	2%	LGB > Heterosexual
	REM	3%	5%	
Sexual Orientation	Het	2%	2%	
	LGB	10%	9%	

	SMOKE	ED CIGARE	ΓΤΕS, PA	ST 30 DAYS
		Chitt.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	1%	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	2%	2%	REM > WnH
	Grade 8	2%	3%	LGB > Heterosexual
Race	WnH	1%	2%	
	REM	3%	4%	
Sexual Orientation	Het	1%	2%	
	LGB	9%	8%	



AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED				
	Chitt.	VT		
Less than 1 cigarette	27%	33%		
1 cigarette	28%	23%		
2 to 5 cigarettes	21%	23%		
6 to 10 cigarettes		6%	Too few students	
11 to 20 cigarettes			Too few students	
More than 20 cigarettes	19%	14%		

USED	AN ELECT	RONIC VAI	POR PRO	DUCT PAST 30 DAYS
		Chitt.	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	2%	3%	Within County Differences
Grade	Grade 6	1%	1%	8 > 6
	Grade 7	2%	3%	8 > 7
	Grade 8	5%	6%	LGB > Heterosexual
Race	WnH	3%	3%	
	REM	4%	6%	
Sexual Orientation	Het	3%	3%	
	LGB	10%	10%	



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT			
	Chitt.	VT	
Friend/family used them	33%	38%	
To try to quit other tobacco products	4%	3%	
Cost less	2%	1%	
Easier to get	3%	1%	
Less harmful	7%	7%	
Available in flavors	13%	13%	
Used for some other reason	39%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE				
	Chitt.	VT		
Bought them in a store		3%	Too few students	
I got them on the Internet	8%	9%		
Someone else bought them	10%	10%		
Borrowed them	40%	44%		
A person 18 or older gave me	12%	9%		
Took them from a store	4%	4%		
Some other way	24%	21%		



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE				
	Chitt.	VT		
1 or 2 days	47%	49%		
3 to 5 days	18%	16%		
6 to 9 days	6%	10%		
10 to 19 days	7%	6%		
20 to 29 days	8%	5%		
All 30 days	15%	15%		

	SMO	KED CIGAI	RS, PAST	30 DAYS
		Chitt.	VT	
Overall		1%	1%	Overall Differences: State vs County
Sex	Male	1%	1%	VT and County are Similar
	Female	1%	1%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	1%	1%	REM > WnH
	Grade 8	2%	2%	LGB > Heterosexual
Race	WnH	1%	1%	
	REM	2%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	6%	6%	



	USED SMO	KELESS TO	BACCO,	PAST 30 DAYS
		Chitt.	VT	
Overall		1%	1%	Overall Differences: State vs County
Sex	Male	1%	2%	VT > County
	Female	0%	1%	Within County Differences
Grade	Grade 6	0%	1%	REM > WnH
	Grade 7	0%	1%	LGB > Heterosexual
	Grade 8	1%	2%	
Race	WnH	0%	1%	
	REM	2%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	3%	4%	

TRIED 7				O PRODUCTS, AMONG N PAST YEAR
		Chitt.	VT	
Overall		28%	36%	Overall Differences: State vs County
Sex	Male	30%	36%	VT and County are Similar
	Female	28%	38%	Within County Differences
Grade	Grade 6		30%	Too few students in at least one grade
	Grade 7	22%	35%	Too few students by sexual orientation
	Grade 8	43%	40%	
Race	WnH	29%	37%	
	REM	33%	40%	
Sexual Orientation	Het	36%	39%	
	LGB		43%	



	DRA	NK ALCOH	OL, PAST	30 DAYS
		Chitt.	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	5%	6%	VT > County
	Female	4%	6%	Within County Differences
Grade	Grade 6	2%	2%	7 > 6
	Grade 7	4%	5%	8 > 6
	Grade 8	8%	10%	8 > 7
Race	WnH	5%	6%	LGB > Heterosexual
	REM	6%	10%	
Sexual Orientation	Het	5%	6%	
	LGB	14%	18%	

	BIN	IGE DRANK	K, PAST 3	0 DAYS
		Chitt.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	1%	2%	VT and County are Similar
	Female	1%	1%	Within County Differences
Grade	Grade 6		0%	Too few students in at least one grade
	Grade 7	1%	1%	REM > WnH
	Grade 8	2%	3%	LGB > Heterosexual
Race	WnH	1%	1%	
	REM	2%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	5%	5%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	Chitt.	VT				
1 or 2 drinks	65%	63%				
3 drinks	9%	10%				
4 drinks	5%	7%				
5 drinks	6%	6%				
6 or 7 drinks	6%	4%				
8 or 9 drinks		2%	Too few students			
10 or more drinks	8%	9%				

USED MARIJUANA, PAST 30 DAYS						
		Chitt.	VT			
Overall		3%	4%	Overall Differences: State vs County		
Sex	Male	3%	4%	VT > County		
	Female	2%	4%	Within County Differences		
Grade	Grade 6	1%	1%	7 > 6		
	Grade 7	3%	3%	8 > 6		
	Grade 8	5%	7%	8 > 7		
Race	WnH	2%	4%	REM > WnH		
	REM	5%	8%	LGB > Heterosexual		
Sexual Orientation	Het	3%	4%			
	LGB	11%	14%			



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE				
	Chitt.	VT		
1 or 2 times	40%	42%		
3 to 9 times	26%	22%		
10 to 19 times	10%	11%		
20 to 39 times	7%	8%		
40 or more times	17%	17%		



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

		Chitt.	VT	
Overall		96%	95%	Overall Differences: State vs County
Sex	Male	96%	95%	VT and County are Similar
	Female	96%	95%	Within County Differences
Grade	Grade 6	97%	98%	6 > 8
	Grade 7	96%	95%	WnH > REM
	Grade 8	95%	93%	Heterosexual > LGB
Race	WnH	96%	96%	
	REM	93%	92%	
Sexual Orientation	Het	97%	96%	
	LGB	84%	83%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		Chitt.	VT	
Overall		91%	89%	Overall Differences: State vs County
Sex	Male	90%	89%	County > VT
	Female	92%	90%	Within County Differences
Grade	Grade 6	95%	95%	6 > 8
	Grade 7	93%	91%	7 > 8
	Grade 8	86%	84%	Heterosexual > LGB
Race	WnH	91%	89%	
	REM	90%	87%	
Sexual Orientation	Het	91%	90%	
	LGB	79%	76%	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA Chitt. VT 90% Overall Differences: State vs Overall 92% County County > VTMale 92% 90% Sex Within County Differences Female 93% 90% Grade Grade 6 97% 97% 6 > 7Grade 7 94% 91% 6 > 8Grade 8 87% 84% 7 > 8Race WnH 92% 90% Heterosexual > LGB **REM** 91% 86% Sexual Het 93% 91% Orientation

70%

LGB

76%

WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		Chitt.	VT		
Overall		97%	95%	Overall Differences: State vs County	
Sex	Male	97%	95%	County > VT	
	Female	97%	95%	Within County Differences	
Grade	Grade 6	97%	96%	WnH > REM	
	Grade 7	97%	95%	Heterosexual > LGB	
	Grade 8	97%	95%		
Race	WnH	97%	96%		
	REM	95%	93%		
Sexual Orientation	Het	98%	96%		
	LGB	90%	88%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Chitt.	VT	
Overall		88%	85%	Overall Differences: State vs County
Sex	Male	86%	84%	County > VT
	Female	89%	87%	Within County Differences
Grade	Grade 6	89%	87%	Females > Males
	Grade 7	88%	86%	Heterosexual > LGB
	Grade 8	86%	83%	
Race	WnH	88%	86%	
	REM	85%	82%	
Sexual Orientation	Het	89%	86%	
	LGB	77%	76%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Chitt.	VT	
Overall		94%	92%	Overall Differences: State vs County
Sex	Male	93%	92%	County > VT
	Female	95%	92%	Within County Differences
Grade	Grade 6	96%	95%	6 > 8
	Grade 7	95%	92%	7 > 8
	Grade 8	91%	89%	WnH > REM
Race	WnH	95%	92%	Heterosexual > LGB
	REM	91%	88%	
Sexual Orientation	Het	95%	93%	
	LGB	82%	79%	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		Chitt.	VT			
Overall		18%	22%	Overall Differences: State vs County		
Sex	Male	19%	22%	VT > County		
	Female	16%	21%	Within County Differences		
Grade	Grade 6	12%	13%	Males > Females		
	Grade 7	17%	20%	7 > 6		
	Grade 8	24%	28%	8 > 6		
Race	WnH	16%	21%	8 > 7		
	REM	24%	28%	REM > WnH		
Sexual Orientation	Het	18%	21%	LGB > Heterosexual		
	LGB	34%	42%			

THINK A	THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET				
		Chitt.	VT		
Overall		36%	37%	Overall Differences: State vs County	
Sex	Male	37%	37%	VT and County are Similar	
	Female	36%	37%	Within County Differences	
Grade	Grade 6	25%	24%	7 > 6	
	Grade 7	34%	35%	8 > 6	
	Grade 8	48%	48%	8 > 7	
Race	WnH	38%	39%	LGB > Heterosexual	
	REM	35%	39%		
Sexual Orientation	Het	37%	38%		
	LGB	56%	55%		



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET Chitt. VT Overall Differences: State vs Overall 12% 15% County VT > County Sex Male 12% 15% Within County Differences Female 11% 15% Grade Grade 6 5% 6% 7 > 6 Grade 7 10% 13% 8 > 6 Grade 8 19% 23% 8 > 7WnH Race 11% 15% REM > WnH**REM** LGB > Heterosexual 16% 21% Sexual Het 11% 15% Orientation LGB 31% 35%

	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Chitt.	VT		
Overall		75%	72%	Overall Differences: State vs County	
Sex	Male	74%	71%	County > VT	
	Female	77%	74%	Within County Differences	
Grade	Grade 6	78%	76%	6 > 8	
	Grade 7	76%	72%	WnH > REM	
	Grade 8	72%	70%	Heterosexual > LGB	
Race	WnH	77%	74%		
	REM	70%	68%		
Sexual Orientation	Het	76%	73%		
	LGB	67%	66%		



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND Chitt. VT

		Chitt.	VT	
Overall		52%	48%	Overall Differences: State vs County
Sex	Male	48%	45%	County > VT
	Female	55%	51%	Within County Differences
Grade	Grade 6	53%	50%	Females > Males
	Grade 7	52%	48%	Heterosexual > LGB
	Grade 8	49%	46%	
Race	WnH	51%	48%	
	REM	52%	47%	
Sexual Orientation	Het	52%	48%	
	LGB	42%	41%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY

		Chitt.	VT	
Overall		64%	59%	Overall Differences: State vs County
Sex	Male	61%	56%	County > VT
	Female	67%	62%	Within County Differences
Grade	Grade 6	75%	73%	Females > Males
	Grade 7	65%	60%	6 > 7
	Grade 8	51%	48%	6 > 8
Race	WnH	64%	59%	7 > 8
	REM	60%	54%	Heterosexual > LGB
Sexual Orientation	Het	64%	59%	
	LGB	44%	39%	



SECTION 5: SEXUAL ACTIVITY

	EVER HAD SEXUAL INTERCOURSE				
		Chitt.	VT		
Overall		4%	5%	Overall Differences: State vs County	
Sex	Male	5%	6%	VT > County	
	Female	3%	4%	Within County Differences	
Grade	Grade 6	2%	2%	Males > Females	
	Grade 7	4%	4%	7 > 6	
	Grade 8	6%	8%	8 > 6	
Race	WnH	3%	5%	8 > 7	
	REM	8%	10%	REM > WnH	
Sexual Orientation	Het	4%	5%	LGB > Heterosexual	
	LGB	16%	16%		

	EX			
		Chitt.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	3%	5%	Within County Differences
Grade	Grade 6	1%	1%	Males > Females
	Grade 7	4%	4%	7 > 6
	Grade 8	9%	9%	8 > 6
Race	WnH	4%	5%	8 > 7
	REM	9%	10%	REM > WnH
Sexual Orientation	Het	5%	5%	LGB > Heterosexual
	LGB	19%	17%	



DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK					
	Chitt.	VT			
0 days	6%	7%	VT > County		
1 day	3%	4%			
2 days	6%	7%			
3 days	10%	10%			
4 days	11%	11%			
5 days	15%	15%			
6 days	12%	11%			
7 days	35%	34%			

WERE PI	HYSICALL		AT LEAST L 7 DAYS	60 MINUTES PER DAY
		Chitt.	VT	
Overall		35%	34%	Overall Differences: State vs County
Sex	Male	42%	42%	VT and County are Similar
	Female	27%	26%	Within County Differences
Grade	Grade 6	38%	38%	Males > Females
	Grade 7	35%	35%	6 > 8
	Grade 8	33%	30%	Heterosexual > LGB
Race	WnH	36%	34%	
	REM	33%	35%	
Sexual Orientation	Het	36%	36%	
	LGB	23%	18%	



WERE PI	HYSICALL	Y ACTIVE A ON 5 OR N	T 60 MINUTES PER DAY YS	
		Chitt.	VT	
Overall		62%	60%	Overall Differences: State vs County
Sex	Male	68%	66%	County > VT
	Female	57%	54%	Within County Differences
Grade	Grade 6	64%	63%	Males > Females
	Grade 7	63%	60%	WnH > REM
	Grade 8	61%	57%	Heterosexual > LGB
Race	WnH	65%	61%	
	REM	57%	58%	
Sexual Orientation	Het	65%	63%	
	LGB	41%	37%	

•	WERE NOT	PHYSICAL	LY ACTI	VE PAST WEEK
		Chitt.	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	6%	7%	VT > County
	Female	6%	7%	Within County Differences
Grade	Grade 6	6%	7%	REM > WnH
	Grade 7	6%	7%	LGB > Heterosexual
	Grade 8	6%	8%	
Race	WnH	4%	6%	
	REM	9%	9%	
Sexual Orientation	Het	5%	5%	
	LGB	11%	15%	



PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	Chitt.	VT				
0 days	24%	25%				
1 day	8%	7%				
2 days	8%	8%				
3 days	9%	8%				
4 days	7%	5%	County > VT			
5 days	43%	46%	VT > County			

GET NO	S WHILE THEY ARE			
		Chitt.	VT	
Overall		24%	25%	Overall Differences: State vs County
Sex	Male	23%	24%	VT and County are Similar
	Female	25%	25%	Within County Differences
Grade	Grade 6	20%	16%	7 > 6
	Grade 7	26%	26%	8 > 6
	Grade 8	26%	29%	REM > WnH
Race	WnH	23%	24%	LGB > Heterosexual
	REM	28%	27%	
Sexual Orientation	Het	23%	24%	
	LGB	32%	30%	



RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS						
	Chitt. VT					
0 days	69%	77%	VT > County			
1 day	5%	3%	County > VT			
2 days	4%	3%	County > VT			
3 days	6%	4%	County > VT			
4 days	4%	2%	County > VT			
5 days	13%	10%	County > VT			

WAL	K OR RIDI	E THEIR BII	KE TO SC	HOOL EVERYDAY
		Chitt.	VT	
Overall		13%	10%	Overall Differences: State vs County
Sex	Male	15%	12%	County > VT
	Female	10%	9%	Within County Differences
Grade	Grade 6	12%	11%	Males > Females
	Grade 7	13%	10%	
	Grade 8	13%	10%	
Race	WnH	12%	10%	
	REM	15%	13%	
Sexual Orientation	Het	12%	10%	
	LGB	15%	14%	



WATCH TELEVISION, TYPICAL SCHOOL DAY				
	Chitt.	VT		
No TV on average school day	20%	18%		
Less than 1 hour per day	24%	23%		
1 hour per day	21%	18%	County > VT	
2 hours per day	19%	20%		
3 hours per day	9%	10%	VT > County	
4 hours per day	3%	4%		
5 or more hours per day	5%	6%	VT > County	

	WATO	CHED TV 3-	HOURS	PER DAY
		Chitt.	VT	
Overall		17%	20%	Overall Differences: State vs County
Sex	Male	17%	20%	VT > County
	Female	16%	20%	Within County Differences
Grade	Grade 6	16%	18%	REM > WnH
	Grade 7	15%	20%	
	Grade 8	18%	21%	
Race	WnH	15%	19%	
	REM	22%	24%	
Sexual Orientation	Het	17%	20%	
	LGB	21%	27%	



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY					
	Chitt.	VT			
No playing video/computer game	12%	12%			
Less than 1 hour per day	19%	17%	County > VT		
1 hour per day	17%	15%	County > VT		
2 hours per day	19%	18%			
3 hours per day	12%	14%	VT > County		
4 hours per day	8%	8%			
5 or more hours per day	13%	16%	VT > County		

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY					
		Chitt.	VT		
Overall		33%	38%	Overall Differences: State vs County	
Sex	Male	36%	39%	VT > County	
	Female	30%	37%	Within County Differences	
Grade	Grade 6	25%	29%	Males > Females	
	Grade 7	34%	38%	7 > 6	
	Grade 8	40%	45%	8 > 6	
Race	WnH	32%	38%	8 > 7	
	REM	41%	43%	REM > WnH	
Sexual Orientation	Het	33%	38%	LGB > Heterosexual	
	LGB	48%	57%		



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK					
	Chitt.	VT			
0 days	6%	7%			
1 day	3%	4%	VT > County		
2 days	6%	7%			
3 days	6%	7%			
4 days	6%	6%			
5 days	8%	8%			
6 days	9%	9%			
7 days	57%	52%	County > VT		

	DID NOT	T EAT BREA	AKFAST, 1	PAST WEEK
		Chitt.	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	7%	Within County Differences
Grade	Grade 6	5%	5%	REM > WnH
	Grade 7	5%	7%	LGB > Heterosexual
	Grade 8	7%	7%	
Race	WnH	5%	6%	
	REM	8%	10%	
Sexual Orientation	Het	5%	6%	
	LGB	14%	16%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	Chitt.	VT			
Did not drink water	2%	3%			
1 to 3 times	7%	9%	VT > County		
4 to 6 times	9%	10%			
1 time per day	6%	6%			
2 times per day	16%	16%			
3 times per day	21%	19%			
4 or more times per day	39%	37%			

DRAN	K THREE (OR MORE G	LASSES I	PER DAY OF WATER
		Chitt.	VT	
Overall		59%	56%	Overall Differences: State vs County
Sex	Male	61%	57%	County > VT
	Female	58%	54%	Within County Differences
Grade	Grade 6	60%	58%	Heterosexual > LGB
	Grade 7	58%	54%	
	Grade 8	60%	56%	
Race	WnH	60%	56%	
	REM	60%	57%	
Sexual Orientation	Het	61%	57%	
_	LGB	47%	48%	



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
Chitt. VT						
Never	77%	77%				
Rarely	15%	14%				
Sometimes	6%	7%				
Most of the time	1%	1%				
Always	1%	1%				

				NT HUNGRY BECAUSE O IN THEIR HOME
		Chitt.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	1%	2%	Within County Differences
Grade	Grade 6	2%	2%	REM > WnH
	Grade 7	2%	2%	LGB > Heterosexual
	Grade 8	2%	2%	
Race	WnH	1%	2%	
	REM	3%	4%	
Sexual Orientation	Het	1%	2%	
	LGB	4%	5%	



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

]	BORN OUTS	SIDE THE	U.S.
		Chitt.	VT	
Overall		11%	6%	Overall Differences: State vs County
Sex	Male	11%	6%	County > VT
	Female	11%	6%	Within County Differences
Grade	Grade 6	10%	7%	REM > WnH
	Grade 7	10%	5%	
	Grade 8	12%	6%	
Race	WnH	5%	3%	
	REM	30%	18%	
Sexual Orientation	Het	10%	5%	
	LGB	9%	7%	



ATE DI	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK				
	Chitt.	VT			
0 days	4%	5%			
1 day	1%	2%			
2 days	2%	2%			
3 days	3%	3%			
4 days	4%	4%			
5 days	7%	7%			
6 days	12%	10%	County > VT		
7 days	66%	66%			

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK					
		Chitt.	VT		
Overall		89%	88%	Overall Differences: State vs County	
Sex	Male	90%	89%	VT and County are Similar	
	Female	89%	87%	Within County Differences	
Grade	Grade 6	91%	90%	6 > 8	
	Grade 7	90%	89%	WnH > REM	
	Grade 8	87%	86%	Heterosexual > LGB	
Race	WnH	91%	89%		
	REM	83%	84%		
Sexual Orientation	Het	90%	89%		
	LGB	74%	73%		



BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS						
Chitt. VT						
Strongly agree	31%	28%	County > VT			
Agree	44%	43%				
Not sure	15%	17%	VT > County			
Disagree	7%	8%	VT > County			
Strongly disagree	4%	5%				

				THEIR SCHOOL HAS ES FOR BEHAVIOR
		Chitt.	VT	
Overall		75%	71%	Overall Differences: State vs County
Sex	Male	76%	72%	County > VT
	Female	74%	69%	Within County Differences
Grade	Grade 6	79%	77%	6 > 7
	Grade 7	74%	72%	6 > 8
	Grade 8	73%	66%	WnH > REM
Race	WnH	76%	71%	Heterosexual > LGB
	REM	72%	68%	
Sexual Orientation	Het	76%	72%	
	LGB	59%	54%	



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		Chitt.	VT			
Overall		77%	76%	Overall Differences: State vs County		
Sex	Male	77%	76%	VT and County are Similar		
	Female	77%	76%	Within County Differences		
Grade	Grade 6	78%	79%	WnH > REM		
	Grade 7	76%	75%	Heterosexual > LGB		
	Grade 8	76%	75%			
Race	WnH	79%	77%			
	REM	69%	71%			
Sexual Orientation	Het	78%	77%			
	LGB	67%	64%			

GRADES EARNED IN SCHOOL						
	Chitt.	VT				
Mostly A's	49%	46%	County > VT			
Mostly B's	37%	38%				
Mostly C's	10%	12%	VT > County			
Mostly D's	2%	3%				
Mostly F's	1%	1%				



BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY						
	Chitt.	VT				
Strongly agree	30%	27%	County > VT			
Agree	39%	36%	County > VT			
Not sure	21%	24%	VT > County			
Disagree	5%	7%	VT > County			
Strongly disagree	4%	5%	VT > County			

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE						
		Chitt.	VT			
Overall		70%	64%	Overall Differences: State vs County		
Sex	Male	72%	68%	County > VT		
	Female	68%	60%	Within County Differences		
Grade	Grade 6	71%	67%	Males > Females		
	Grade 7	72%	65%	7 > 8		
	Grade 8	67%	60%	WnH > REM		
Race	WnH	72%	65%	Heterosexual > LGB		
	REM	64%	58%			
Sexual Orientation	Het	73%	67%			
	LGB	41%	31%			

