UPDATE OF THE STATE HEALTH ASSESSMENT AND STATE HEALTH IMPROVEMENT PLAN
Vision: All people in Vermont have equal opportunity to be healthy and live in healthy communities

Meeting Goal: Identify the forces of change which will impact our ability to achieve greater health equity in the future
What does Health Equity mean?

Health equity exists when all people have an equal opportunity to be healthy, especially those who have experienced socioeconomic disadvantage, historical injustice and other avoidable inequalities that are often associated with race, gender, ethnicity, social position, sexual orientation and disability.
Where do we want to go?
What is “health”?

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

Preamble to the Constitution of the World Health Organization
What are the factors that contribute to health?

- Clinical Care (just the tip of the iceberg)
- Safe places for kids to learn and play
- Food & beverage environment in schools
- Socioeconomic status/income
- Other social determinants of health

- Access to healthy and affordable food
- Built-environment
- Race/ethnicity
- Economic opportunity
- Educational opportunity

Root Causes of Good vs. Poor Health
Introduce Ourselves

Name and Community of Residence
Review Project Goals
What is the State Health Assessment?

- Describes the health status of the population,
- Identifies areas for health improvement, determines factors that contribute to health issues, and
- Identifies assets and resources that can be mobilized to address population health improvement.
The State Health Assessment (SHA) Process

1. Identify and engage system stakeholders
2. Collect and analyze health status data
3. Collect and analyze stakeholder and community input data
4. Summarize, present, and communicate findings
The State Health Improvement Plan (SHIP)

1. Review the results of the State Health Assessment
2. Conduct a Strategic Assessment of the current environment and opportunities
3. Apply criteria to prioritize issues
4. Identify evidence-based strategies related to the priority issues
5. Report and track both the health outcomes and the performance measures related to the priorities
What process will we use?
2017 State Health Assessment and State Health Improvement Plan

- Visioning
- Assessments
- Identify Strategic Issues and Priorities
- Formulate Goals and Strategies
- Organizing for Success

Steering Committee
- Public Health and Community Advisors
  - Community Issues/Themes Assessment
  - Public Health System Assessment
  - Public Health Data Assessment
  - Public Health System Partners and the Greater Community

Priority 1
Priority 2
Priority 3
Priority 4
Priority 5

February
March
September
December
# Applying a Health Equity Lens

<table>
<thead>
<tr>
<th>Key Concepts</th>
<th>Definition/Approach</th>
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<tbody>
<tr>
<td>Health Equity</td>
<td><strong>Health equity</strong> exists when all people have an equal opportunity to be healthy, especially those who have experienced socioeconomic disadvantage, historical injustice and other avoidable inequalities that are often associated with race, gender, ethnicity, social position, sexual orientation and disability.</td>
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| Applying a “health equity lens”  | Who we engage  
How we engage  
What data we consider and how we analyze it  
How we report the data/report                                                                                       |
Today’s Agenda

- Discuss Opportunities for Improving Health Equity – Small Group Discussion
- Identify Forces of Change – Group Exercise
- Share Key Observations and Summarize Core Themes – Large Group Discussion
- Identify Next Steps – Large Group
Tips for Successful Engagement

- Be fully present
- Listen for understanding
- One person at a time
- Each person speak once before anyone speaks twice
- W.A.I.T.
Opportunities for Improving Health Equity

- In five years, if we have successfully worked towards achieving health equity, what would we have accomplished?

- What actions would VT institutions (e.g., health departments, schools, prisons, hospitals, corporations) have taken to contribute to health equity?
Identify Forces of Change

- What is happening currently that could affect our ability to achieve health equity? (What are the forces of change?)

- How does what is happening move us in the direction of improving health equity? (How is that a positive force in moving us towards health equity?)

- How could what is happening make it harder for us to reach our goal of improved health equity? (How is that a negative force holding us back from achieving health equity?)
# Forces of Change Worksheet Example

<table>
<thead>
<tr>
<th>Force category</th>
<th>Force</th>
<th>Positive force</th>
<th>Negative force</th>
</tr>
</thead>
<tbody>
<tr>
<td>Environmental</td>
<td>Adoption of wind power</td>
<td>Green energy, brings jobs to Vermont</td>
<td>Noise pollution, Community concern about potential health, environmental and property impacts</td>
</tr>
<tr>
<td>Social</td>
<td>Aging population in Vermont</td>
<td>Increased community wisdom, job availability</td>
<td>Cost to social service and medical systems, shrinking workforce</td>
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</tbody>
</table>
What is missing?
- Age is missing from health equity
- Gender identity
- Science of resilience, toxic stress and health

What is the next conversation you want to have?
- New minority = people in recovery; be ready to help we will all need to be ready
- Fostering institutions doesn’t recognize Vermonters in being agents
- The culture of health and the need for individuals values
- Health, ECONOMIC AND SOCIAL ALL TOGETHER
- Many other partners and sectors beyond institutions
- Need commitment from the state to hire ethnic minorities in state gov’t leadership roles
- Equity work needs to be adequately valued and funded
Feedback on the meeting

- Positive
- Improvement
Next Steps

Continued Engagement

Data Analysis

Continued Communication and Website

Priority Setting Meeting: October 27, 2017