



Impaired Driver Rehabilitation Program (IDRP) Training for Clinicians



Patty Breneman—Director of Quality Management and Compliance
Reba Porter, LCMHC, LADC—Substance Abuse Program Manager

What is the IDRP?

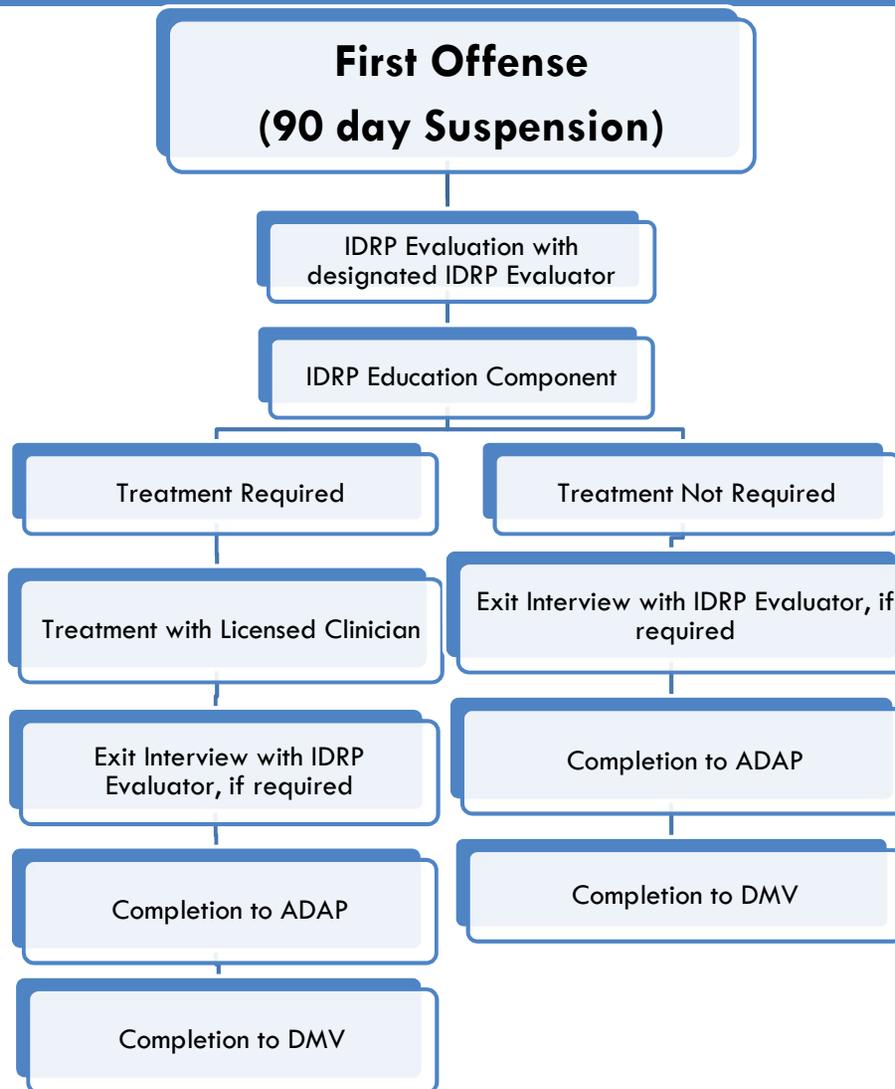


The completion of the Impaired Driver Rehabilitation Program is required to regain an unrestricted driver's license for those individuals whose licenses have been suspended as a result of an alcohol or other drug-related driving conviction.

Role of the IDRP Clinician

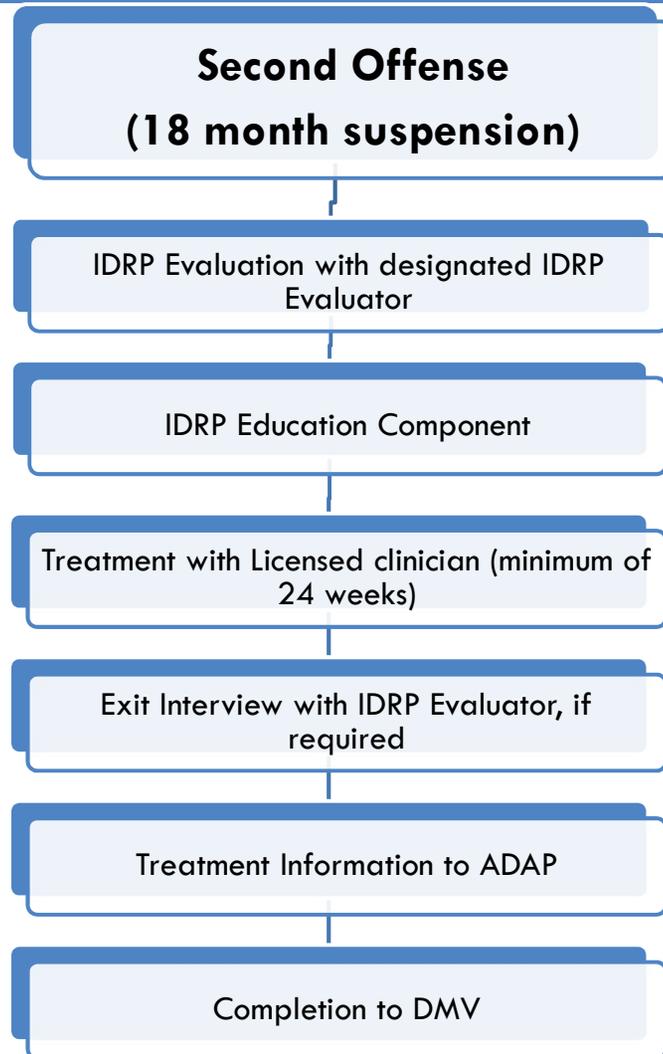
- ❑ Administer assessment with IDRP participant
- ❑ Develop treatment plan with IDRP participant
- ❑ Determine the length of treatment that should be required in order to determine when the client is at low risk to reoffend
- ❑ Provide and document services delivered as described in the assessment recommendations and treatment plan goals/objectives
- ❑ Inform participant of any issues related to concerns about their risk to reoffend as soon as concerns arise
- ❑ Complete and submit paperwork in timely manner

First Offense



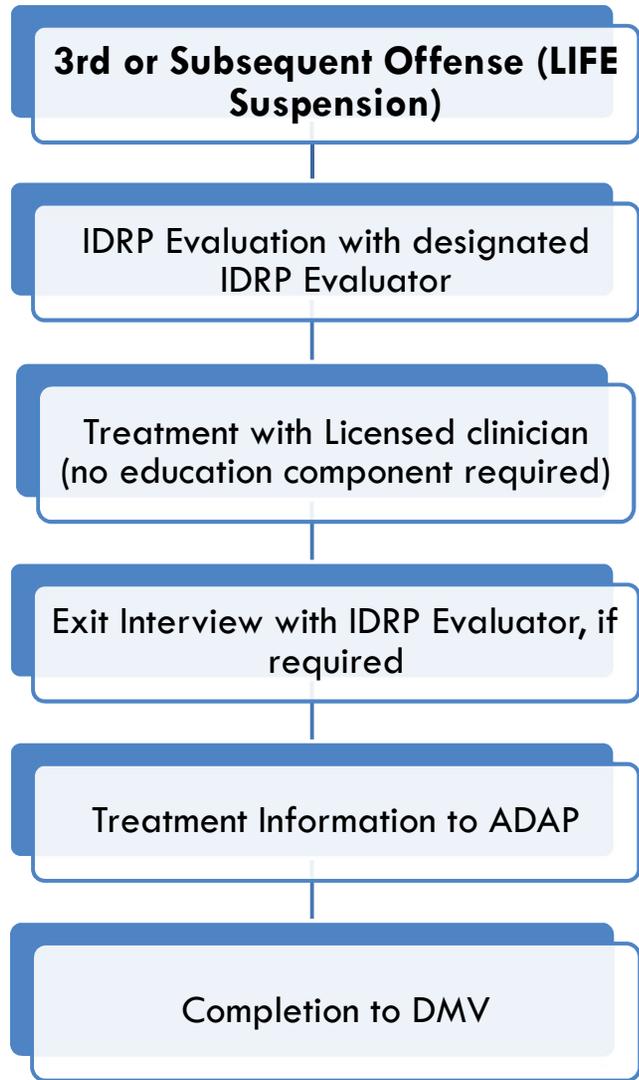
If treatment is determined to be necessary for a first offense, treatment must consist of a minimum of 4 hours in no fewer than 4 weeks. If participant began IDRP before 6/22/2017, they are required to complete a minimum of 6 hours, 4 sessions over 4 weeks.

Second Offense



Treatment must consist of a minimum of 20 hours in no fewer than 24 weeks.

3rd (or subsequent) Offense



Treatment must consist of a minimum of 20 hours in no fewer than 24 weeks.

IDRP Clinical Evaluation



- ❑ Screening only—using DAST, AUDIT, (perhaps other tools), and brief interview
- ❑ Includes treatment recommendations related to use of UAs, abstinence, etc.
- ❑ Includes whether client will need to have an exit interview

Treatment Requirements*

- First offense: if required, a minimum of 4 hours over a minimum of 4 weeks*.
- Multiple offenses: a minimum of 20 hours over a minimum of 24 weeks is required.
- The participant's last treatment session must be no more than 60 days from the date that the IDRP Clinical Evaluator receives the Treatment Information Form or the participant must attend and pay for an updated treatment session.

*see information about former Administrative Rule. If this offense occurred before 6/22/2017, then treatment would be 4 hours, 6 sessions, over 4 weeks.

Clinicians should...

- Conduct a full assessment within initial 4 sessions
 - ▣ The initial IDRP evaluation is NOT a full assessment
- The information from the IDRP clinical evaluator should be reviewed as part of the assessment (a copy should be provided to the client)
- Determine appropriate diagnoses, related treatment goals, and length of treatment (sessions/time)
- Ensure that the treatment goals are appropriate for the person and their diagnosis
- Consider if UAs and/or abstinence are appropriate based on clinical assessment and input from the evaluator related to UAs and abstinence (listed on the evaluation form)
- Know that if any of the individualized treatment plan goals are not met, that the Treatment Information Form will be denied

Essential Forms

- ❑ Release of Confidential Information—completed early in the IDRP process. Necessary so that DMV can be notified of successful IDRP completion.
- ❑ Evaluation Form—completed by the IDRP Clinical Evaluator and should be provided to the clinician.
- ❑ Treatment Requirements Form—completed by the IDRP Clinical Evaluator and provided to participant.
- ❑ Treatment Information Form—completed by the clinician (also comes with instructions) and either faxed to IDRP Clinical Evaluator (if exit interview is required) or to IDRP Central office (if exit interview is not required).

All forms can be found at:

<http://www.healthvermont.gov/alcohol-drug-abuse/programs-services/idrp>

Paperwork Processing

- Treatment Information Form—completed by the clinician and should be faxed either:
 - ▣ to IDRPs Clinical Evaluator (if exit interview is required)
 - OR**
 - ▣ to IDRPs Central office (if exit interview is not required).
- Processing time is up to 10 business days after receipt in IDRPs Central Office before the paperwork is sent to the Department of Motor Vehicles.

Out-of-State Participants



- ❑ Contact IDRP Central Office at 651-1574
- ❑ If participant needs paperwork sent to another state's DMV, it needs to be on the release.
- ❑ Let IDRP Central Office know—please do not send paperwork to other entities.

Appeals

- A participant may appeal the decision of the Clinical Evaluator or IDRPs Clinician in writing to the IDRPs Director or seek review of the decision in Superior Court pursuant to Rule 75 of the Vermont Rules of Civil Procedure.
- Treatment minimums cannot be appealed.
- Appeals can be sent to:
 - IDRPs Director
 - Vermont Department of Health, Division of Alcohol and Drug Abuse Programs
 - P.O. Box 70
 - Burlington, VT 05401
 - or
 - email: AHS.VDHIDRP@Vermont.gov

FAQ



- ❑ Due to changes in the IDRP Rules, if participant began IDRP prior to June 22, 2017, the minimums for applicable first offenses is 4 hours, 6 sessions, over 4 weeks.
- ❑ THC and prescription medications—Use of prescription drugs and THC should be addressed the same as alcohol and any other drugs. Assessment should include an individual’s understanding of how to responsibly use, (i.e. following prescription for prescribed medications) for risk of harm or re-offending and whether or not use requires further treatment.
- ❑ UAs—not an IDRP requirement, but can be required by IDRP Evaluator and/or the IDRP Clinician.
- ❑ Abstinence—not an IDRP requirement, but can be required by IDRP Evaluator and/or the IDRP Clinician.

...FAQs continued

- ❑ Program abandonment—people who start the IDRP on or after June 1, 2019 will have to complete the program within 5 years or will have to receive an updated IDRP evaluation and complete the education component (and pay the fees).
- ❑ Ignition Interlock Devices—required for participants with two or more offenses, contact DMV for more information (802) 828-2061 or <http://dmv.vermont.gov/licenses/suspensions/ignition-interlock-device>. This requirement went into effect 7/1/2016. If the second offense was before this date, individuals are not required to have an interlock.
- ❑ Total Abstinence—program administered by DMV and requires an application packet, contact DMV for more information (802) 828-2067 or <http://dmv.vermont.gov/licenses/suspensions/total-abstinence>

Contact Information



Patty Breneman, Director of Quality Management and Compliance

Patricia.Breneman@Vermont.gov

(802) 652-2030

IDRP Program Administrators: Lisa and Sandra

(802) 651-1574

IDRP Central Office Toll-free Fax:

1-866-272-7989

Phone/Fax Numbers of IDRP Locations

<u>Region</u>	<u>Agency</u>	<u>Phone number</u>	<u>Fax number</u>
Bennington	Turning Point Center	802-753-7369	802-753-7369
Brattleboro	Brattleboro Retreat	802-258-6928	802-258-3743
Burlington	Howard Center	802-488-6150	802-488-6153
Middlebury	CARTER, Inc.	802-373-1434	888-923-3476
Montpelier	Central Vermont Substance Abuse Services	802-223-4156	802-223-4332
Morrisville	CARTER, Inc.	802-373-1434	888-923-3476
Newport	Nek Counseling	802-673-4907	802-334-3339
Rutland	Rutland Mental Health	802-747-3588	802-775-7196
St. Johnsbury	Northeast Kingdom Human Services	802-748-1682	802-748-0211
St. Albans	CARTER, Inc.	802-373-1434	888-923-3476
Springfield	Health Care & Rehabilitation Services	802-886-4500	802-886-4560
White River Junction	Rutland Mental Health	802-747-3588	802-775-7196
IDRP Central Office		802-651-1574	1-866-272-7989