Healthy Vermonters 2020 is our State Health Assessment Plan, presenting priority outcomes and indicators for the decade. This midway to 2020 report gives us a snapshot in time to help answer two questions: How are we doing? How healthy are we? Our website at www.healthvermont.gov provides more interactive and in-depth data. Performance Scorecards show how Vermont is doing compared to where we started and our 2020 targets. The Data Explorer visualizes 134 population indicators with trend lines and maps comparing data by county, health district, and hospital service area.

Following are Healthy Vermonters targets set for the decade, with a report on progress made midway to 2020, denoted by:
✓ met goal, ◆ new or changed goal, and statistically ◊ better - or - ✗ worse than baseline

### A Healthy Lifetime

#### Family Planning

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of pregnancies that are intended</td>
<td>54% 2008</td>
<td>49% 2013</td>
<td>65%</td>
</tr>
<tr>
<td>% of 9-12th graders who used most or moderately effective contraception at most recent intercourse</td>
<td>42% 2011</td>
<td>47% 2015 ◊</td>
<td>55%</td>
</tr>
<tr>
<td>% of high schools that teach key topics related to sexual health education in a required course</td>
<td>85% 2014</td>
<td>87% 2016</td>
<td>100%</td>
</tr>
</tbody>
</table>

#### Maternal & Infant Health

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>sudden unexpected deaths of infants, # per 1,000 live births</td>
<td>0.75 2008-10</td>
<td>0.44 2011-13</td>
<td>0.57 ✓</td>
</tr>
<tr>
<td>% of pregnant women who –</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• abstain from alcohol</td>
<td>88% 2008</td>
<td>87% 2013</td>
<td>100%</td>
</tr>
<tr>
<td>• abstain from smoking cigarettes</td>
<td>81% 2009</td>
<td>82% 2013</td>
<td>90%</td>
</tr>
<tr>
<td>• abstain from illicit drug use</td>
<td>95% 2009</td>
<td>91% 2013 ✗</td>
<td>100%</td>
</tr>
<tr>
<td>% of women delivering a live birth who –</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• discussed preconception health before pregnancy</td>
<td>29% 2008</td>
<td>21% 2013</td>
<td>40%</td>
</tr>
<tr>
<td>• had a healthy weight before pregnancy</td>
<td>52% 2008</td>
<td>46% 2013 ✗</td>
<td>65%</td>
</tr>
<tr>
<td>% of infants breastfed exclusively for six months</td>
<td>22% 2007</td>
<td>31% 2013</td>
<td>40%</td>
</tr>
<tr>
<td>% of women who had a dental visit during pregnancy ◆</td>
<td>53% 2008</td>
<td>59% 2013 ✗</td>
<td>70%</td>
</tr>
<tr>
<td>% of children who live in households where someone smokes</td>
<td>25% 2007</td>
<td>22% 2011-12</td>
<td>10%</td>
</tr>
</tbody>
</table>

March 2017
### Early Childhood Screening

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of children who have a developmental screening in the first 3 years of life</td>
<td>48% 2013</td>
<td>50% 2015</td>
<td>95%</td>
</tr>
<tr>
<td>% of newborns screened for hearing loss by 1 month</td>
<td>95% 2009</td>
<td>96% 2014</td>
<td>100%</td>
</tr>
<tr>
<td>% of children who need and receive an audiologic evaluation by 3 months of age</td>
<td>48% 2009</td>
<td>56% 2014</td>
<td>80%</td>
</tr>
<tr>
<td>% of infants with hearing loss who receive intervention services by 6 months of age</td>
<td>50% 2010</td>
<td>86% 2014</td>
<td>80%</td>
</tr>
<tr>
<td>% of eligible newborns who have Dried Bloodspot screening during the neonatal period</td>
<td>100% 2010</td>
<td>100% 2015</td>
<td>100%</td>
</tr>
</tbody>
</table>

### School-Age Health

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of kindergarteners who are ready for school in all 5 domains of healthy development</td>
<td>56% 2011-12</td>
<td>82% 2015-16</td>
<td>90%</td>
</tr>
<tr>
<td>% of students age 10-17 who have had a wellness exam in the past 12 months</td>
<td>57% 2010-11</td>
<td>65% 2015-16</td>
<td>65%</td>
</tr>
<tr>
<td>% of schools that provide referrals to community medical providers for students identified with chronic conditions (all schools grades 6-12)</td>
<td>74% 2014</td>
<td>76% 2016</td>
<td>TBD</td>
</tr>
</tbody>
</table>

### Older Adults

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults age 65 and older who visited a doctor in the last year for routine care</td>
<td>85% 2011</td>
<td>85% 2015</td>
<td>100%</td>
</tr>
<tr>
<td>% of adults age 65 and older who are up to date on a core set of clinical preventive services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• males</td>
<td>43% 2012</td>
<td>40% 2014</td>
<td>55%</td>
</tr>
<tr>
<td>• females</td>
<td>37% 2012</td>
<td>38% 2014</td>
<td>55%</td>
</tr>
<tr>
<td>% of adults age 65 and older who have prescription drug coverage</td>
<td>86% 2010</td>
<td>84% 2012</td>
<td>85%</td>
</tr>
</tbody>
</table>
**Healthy Vermonters Midway to 2020 • Report Card**

Following are Healthy Vermonters targets set for the decade, with a report on progress made midway to 2020, denoted by:

- ✓ met goal,
- ◆ new or changed goal, and statistically ✨ better - or - ✗ worse than baseline

### Providing for Better Public Health

<table>
<thead>
<tr>
<th>Access to Health Services</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults age 18-64 who have health insurance</td>
<td>88% 2010</td>
<td>95% 2014 ◆</td>
<td>100%</td>
</tr>
<tr>
<td>% of children age 17 or younger who have health insurance</td>
<td>98% 2010</td>
<td>99% 2014</td>
<td>100%</td>
</tr>
<tr>
<td># of primary care provider full-time equivalents per 100,000 people:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• physicians (MDs and DOs)</td>
<td>78.6 2010</td>
<td>76.1 2014</td>
<td>81.0</td>
</tr>
<tr>
<td>• physician assistants</td>
<td>10.7 2010</td>
<td>13.1 2016</td>
<td>14.6</td>
</tr>
<tr>
<td>• nurse practitioners</td>
<td>24.5 2002</td>
<td>28.8 2015</td>
<td>34.4</td>
</tr>
<tr>
<td>• dentists</td>
<td>34.8 2009</td>
<td>38.3 2015</td>
<td>41.0</td>
</tr>
<tr>
<td>% of adults with a usual care provider</td>
<td>88% 2011</td>
<td>87% 2014</td>
<td>100%</td>
</tr>
<tr>
<td>% of adults who cannot obtain care, or delay care</td>
<td>11% 2011</td>
<td>9% 2014 ◆</td>
<td>5%</td>
</tr>
</tbody>
</table>

### Immunization & Infectious Disease

<table>
<thead>
<tr>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of children age 19-35 months who receive all of the recommended vaccines (4:3:1:4:3:1:4)</td>
<td>41% 2010</td>
<td>76% 2015 ◆</td>
</tr>
<tr>
<td>% of kindergarteners who have 2 or more MMR doses</td>
<td>92% 2010</td>
<td>94% 2015 ◆</td>
</tr>
<tr>
<td>% of adolescents age 13-17 with at least 1 Tdap booster</td>
<td>83% 2010</td>
<td>96% 2015</td>
</tr>
<tr>
<td>% of adolescents age 13-15 who have completed the HPV vaccination series</td>
<td>25% 2013</td>
<td>33% 2015 ◆</td>
</tr>
<tr>
<td># of cases of varicella (chickenpox) per 100,000 people age 17 or younger</td>
<td>95.2 2010</td>
<td>19.1 2015 ◆</td>
</tr>
<tr>
<td>% of adults age 65+ who –</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• receive annual flu shot</td>
<td>65% 2011</td>
<td>61% 2015</td>
</tr>
<tr>
<td>• had ever had pneumococcal vaccine</td>
<td>74% 2011</td>
<td>76% 2015</td>
</tr>
<tr>
<td>% of identified active TB case contacts with newly diagnosed latent TB infection who started and then completed treatment</td>
<td>100% 2010</td>
<td>95% 2015</td>
</tr>
<tr>
<td>central line-associated bloodstream infection ratio</td>
<td>0.59 2011</td>
<td>0.13 2013</td>
</tr>
</tbody>
</table>
### Oral Health

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of children age 6-9 who have dental decay</td>
<td>34% 2010</td>
<td>32% 2014</td>
<td>30%</td>
</tr>
<tr>
<td>% of adults age 45-64 with tooth extraction</td>
<td>52% 2012</td>
<td>49% 2014</td>
<td>45%</td>
</tr>
<tr>
<td>% of children in grades K-6 using the dental system each year</td>
<td>72% 2010</td>
<td>77% 2016</td>
<td>80%</td>
</tr>
<tr>
<td>% of children in grades 7-12 using the dental system each year</td>
<td>58% 2010</td>
<td>61% 2016</td>
<td>65%</td>
</tr>
<tr>
<td>% of adults using the dental system each year</td>
<td>70% 2012</td>
<td>72% 2014</td>
<td>85%</td>
</tr>
<tr>
<td>% of population served by community water systems that have optimally fluoridated water</td>
<td>57% 2010</td>
<td>56% 2015</td>
<td>65%</td>
</tr>
</tbody>
</table>

### Mental Health

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td># of suicides per 100,000 Vermonters</td>
<td>13.0 2009</td>
<td>17.2 2014</td>
<td>11.7</td>
</tr>
<tr>
<td>% of students in grades 9-12 who made a suicide plan</td>
<td>9% 2011</td>
<td>12% 2015</td>
<td>8%</td>
</tr>
<tr>
<td>% of Medicaid beneficiaries age 10-17 who are screened for depression</td>
<td>18% 2015</td>
<td>18% 2015</td>
<td>TBD</td>
</tr>
<tr>
<td>% of Medicaid beneficiaries age 18+ who are screened for depression</td>
<td>5% 2015</td>
<td>5% 2015</td>
<td>TBD</td>
</tr>
<tr>
<td>% of adults with any mental health condition who are receiving treatment</td>
<td>54% 2008-12</td>
<td>58% 2010-14</td>
<td>TBD</td>
</tr>
</tbody>
</table>
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### Behaviors, Environment & Health

#### Alcohol & Other Drug Use

<table>
<thead>
<tr>
<th></th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>• % of people age 12+ who need and do not receive treatment for alcohol use</td>
<td>7% 2008-09</td>
<td>7% 2013-14</td>
<td>5%</td>
</tr>
<tr>
<td>• % of people age 12+ who need and do not receive treatment for illicit drug use</td>
<td>3% 2008-09</td>
<td>3% 2013-14</td>
<td>2%</td>
</tr>
<tr>
<td>• % of students in grades 9-12 who used marijuana in the past 30 days</td>
<td>25% 2011</td>
<td>22% 2015</td>
<td>✨ 20%</td>
</tr>
<tr>
<td>• % of students in grades 9-12 who engaged in binge drinking in the past 30 days</td>
<td>21% 2011</td>
<td>16% 2015</td>
<td>❌ 15%</td>
</tr>
<tr>
<td>• % of adults age 18-24 who engaged in binge drinking in the past 30 days</td>
<td>34% 2011</td>
<td>35% 2015</td>
<td>31%</td>
</tr>
<tr>
<td>• % of adults age 65+ who drink alcohol at a level of risk</td>
<td>5% 2015</td>
<td>5% 2015</td>
<td>4%</td>
</tr>
</tbody>
</table>

#### Tobacco Use

<table>
<thead>
<tr>
<th></th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>• % of adults who smoke cigarettes</td>
<td>20% 2011</td>
<td>17% 2015</td>
<td>✨ 12%</td>
</tr>
<tr>
<td>• % of adults using smokeless or other tobacco products</td>
<td>13% 2012</td>
<td>11% 2014</td>
<td>9%</td>
</tr>
<tr>
<td>• % of students in grades 9-12 who smoke cigarettes</td>
<td>15% 2011</td>
<td>11% 2015</td>
<td>✨ 10%</td>
</tr>
<tr>
<td>• % of students in grades 9-12 who use e-cigarettes</td>
<td>15% 2015</td>
<td>15% 2015</td>
<td>12%</td>
</tr>
<tr>
<td>• % of adult smokers who attempted to quit in past year</td>
<td>55% 2011</td>
<td>57% 2015</td>
<td>80%</td>
</tr>
<tr>
<td>• # of statewide laws on smoke-free indoor air to prohibit smoking in public places</td>
<td>8 2010</td>
<td>10 2014</td>
<td>12 of 17</td>
</tr>
</tbody>
</table>

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Behaviors, Environment & Health • 5
### Nutrition & Weight

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults age 20 and older who are obese</td>
<td>26% 2011</td>
<td>25% 2014</td>
<td>20%</td>
</tr>
<tr>
<td>% of children age 2-5 (in WIC) who are obese</td>
<td>13% 2011</td>
<td>14% 2014</td>
<td>10%</td>
</tr>
<tr>
<td>% of students grades 9-12 who are obese</td>
<td>11% 2011</td>
<td>12% 2015</td>
<td>8%</td>
</tr>
<tr>
<td>% of households experiencing food insecurity</td>
<td>8% 2006</td>
<td>no new data</td>
<td>5%</td>
</tr>
<tr>
<td>% of adults who eat fruit 2+ times/day</td>
<td>37% 2011</td>
<td>32% 2015</td>
<td>45%</td>
</tr>
<tr>
<td>% of students grades 9-12 who eat fruit 2+ times/day</td>
<td>34% 2011</td>
<td>34% 2015</td>
<td>40%</td>
</tr>
<tr>
<td>% of adults who eat vegetables 3+ times/day</td>
<td>19% 2011</td>
<td>20% 2015</td>
<td>35%</td>
</tr>
<tr>
<td>% of students grades 9-12 who eat vegetables 3+ times/day</td>
<td>16% 2011</td>
<td>18% 2015</td>
<td>20%</td>
</tr>
<tr>
<td>% of adults who drink less than 1 sugar-sweetened beverage a day</td>
<td>83% 2013</td>
<td>83% 2013</td>
<td>85%</td>
</tr>
<tr>
<td>% of students grades 9-12 who drink less than 1 sugar-sweetened beverage a day</td>
<td>72% 2011</td>
<td>77% 2015</td>
<td>83%</td>
</tr>
</tbody>
</table>

### Physical Activity

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults who have no leisure time activity</td>
<td>83% 2013</td>
<td>83% 2013</td>
<td>85%</td>
</tr>
<tr>
<td>% of adults who meet aerobic physical activity guidelines</td>
<td>59% 2011</td>
<td>59% 2015</td>
<td>65%</td>
</tr>
<tr>
<td>% of students grades 9-12 who meet physical activity guidelines</td>
<td>25% 2011</td>
<td>23% 2015</td>
<td>30%</td>
</tr>
<tr>
<td>% of students grades 9-12 who did not participate in physical activity at least 60 minutes in the past 7 days</td>
<td>13% 2011</td>
<td>14% 2015</td>
<td>12%</td>
</tr>
</tbody>
</table>

### Injury & Violence Prevention

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of drivers using car restraints</td>
<td>85% 2010</td>
<td>85% 2015</td>
<td>85%</td>
</tr>
<tr>
<td># of non-fatal motor vehicle crash-related injuries per 100,000 people</td>
<td>952.8 2008</td>
<td>860.1 2011</td>
<td>785.8</td>
</tr>
<tr>
<td># emergency department visits for falls, per 100,000 people age 65+</td>
<td>5105.1 2010</td>
<td>5628.4 2011</td>
<td>4951.0</td>
</tr>
<tr>
<td># of fall-related deaths per 100,000 people age 65+</td>
<td>120.3 2009</td>
<td>118.7 2014</td>
<td>116.9</td>
</tr>
<tr>
<td># emergency department visits for self-harm, per 100,000 people</td>
<td>155.5 2009</td>
<td>173.1 2011</td>
<td>139.1</td>
</tr>
<tr>
<td># of firearm-related deaths, per 100,000 people</td>
<td>10.3 2010</td>
<td>9.5 2014</td>
<td>8.0</td>
</tr>
</tbody>
</table>
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<table>
<thead>
<tr>
<th>Environmental Health &amp; Food Safety</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of people served by public water supplies that meet Safe Drinking Water Act standards</td>
<td>86% 2010</td>
<td>97% 2015 ◄ 95% ✔</td>
<td></td>
</tr>
<tr>
<td>% of children age 1-5 who have blood lead levels &gt;10 ug/dL</td>
<td>0.6% 2010</td>
<td>0.8% 2015</td>
<td>0%</td>
</tr>
<tr>
<td>% of children age 1-5 who have blood lead levels of 5-9 ug/dL</td>
<td>1.4% 2010-12</td>
<td>1.2% 2013-15</td>
<td>0%</td>
</tr>
<tr>
<td># per 100,000 adults age 16+ who have blood lead levels &gt;10 ug/dL due to work exposure</td>
<td>10.3 2009</td>
<td>10.4 2015</td>
<td>9.3</td>
</tr>
<tr>
<td>% of households that install a radon mitigation system when they get a high radon test result</td>
<td>34% 2013</td>
<td>40% 2016</td>
<td>55%</td>
</tr>
<tr>
<td>% of schools completing an environmental health walkthrough</td>
<td>0% 2010</td>
<td>14% 2016</td>
<td>25%</td>
</tr>
<tr>
<td>% of inspections that find critical food safety violations</td>
<td>43% 2010</td>
<td>42% 2015</td>
<td>35%</td>
</tr>
<tr>
<td># of visits to emergency departments for heat stress, per 100,000 people</td>
<td>17.3 2010</td>
<td>16.6 2011</td>
<td>17.3</td>
</tr>
</tbody>
</table>
# Diseases & Health Conditions

## Heart Disease & Stroke

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td># of deaths from coronary heart disease per 100,000 people</td>
<td>111.7 2009</td>
<td>105.4 2014</td>
<td>89.4</td>
</tr>
<tr>
<td># of deaths from stroke per 100,000 people</td>
<td>29.3 2009</td>
<td>27.7 2014</td>
<td>23.4</td>
</tr>
<tr>
<td>% of adults who have hypertension</td>
<td>27% 2011</td>
<td>25% 2015</td>
<td>20%</td>
</tr>
<tr>
<td>% of adults who have had a cholesterol check in the past 5 years</td>
<td>75% 2011</td>
<td>76% 2015</td>
<td>85%</td>
</tr>
</tbody>
</table>

## Cancer

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td># of deaths from cancer per 100,000 people</td>
<td>169.2 2009</td>
<td>165.9 2013</td>
<td>151.6</td>
</tr>
<tr>
<td># of obesity-related cancers per 100,000 people</td>
<td>209.9 2010</td>
<td>194.4 2013</td>
<td>184.7</td>
</tr>
<tr>
<td># of tobacco-related cancers per 100,000 people</td>
<td>204.4 2010</td>
<td>177.9 2013</td>
<td>168.9</td>
</tr>
<tr>
<td>% of adult cancer survivors who always or usually get emotional support</td>
<td>73% 2012</td>
<td>81% 2014</td>
<td>90%</td>
</tr>
<tr>
<td>% of adult cancer survivors who report good or excellent general health</td>
<td>73% 2011</td>
<td>71% 2015</td>
<td>85%</td>
</tr>
<tr>
<td>% of women age 21-65 who get cervical cancer screening</td>
<td>87% 2012</td>
<td>86% 2014</td>
<td>100%</td>
</tr>
<tr>
<td>% of adults age 50-75 who get colorectal cancer screening</td>
<td>72% 2012</td>
<td>71% 2014</td>
<td>80%</td>
</tr>
<tr>
<td>% of women age 50-74 who get breast cancer screening</td>
<td>82% 2012</td>
<td>79% 2014</td>
<td>95%</td>
</tr>
<tr>
<td>% of students in grades 9-12 who reported having a sunburn in the past 12 months</td>
<td>65% 2015</td>
<td>65% 2015</td>
<td>62%</td>
</tr>
<tr>
<td>% of students in grades 6-8 who reported having a sunburn in the past 12 months</td>
<td>54% 2015</td>
<td>54% 2015</td>
<td>51%</td>
</tr>
</tbody>
</table>

## Diabetes

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td># new cases of end-stage renal disease per 1 M people</td>
<td>222.0 2009</td>
<td>188.3 2013</td>
<td>200.0 ✓</td>
</tr>
<tr>
<td>% of adults with diagnosed diabetes:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• who have A1C &gt;9%</td>
<td>no data</td>
<td>no data</td>
<td>---</td>
</tr>
<tr>
<td>• who had an annual dilated eye exam</td>
<td>66% 2012</td>
<td>67% 2015</td>
<td>60%</td>
</tr>
<tr>
<td>• who had diabetes education</td>
<td>52% 2012</td>
<td>46% 2015</td>
<td>60%</td>
</tr>
<tr>
<td>% of adults with diagnosed pre-diabetes who meet aerobic physical activity guidelines</td>
<td>52% 2009</td>
<td>50% 2013</td>
<td>55%</td>
</tr>
</tbody>
</table>
Healthy Vermonters Midway to 2020 • Report Card

Following are Healthy Vermonters targets set for the decade ahead, with a report on progress made midway to 2020, denoted by:

✔️ met goal, ✷ new or changed goal, and statistically 🌟 better - or - ✗ worse than baseline

<table>
<thead>
<tr>
<th>Respiratory Disease</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td># of asthma hospitalizations</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• per 10,000 children age 4 or younger</td>
<td>14.4 2010</td>
<td>10.6 2011</td>
<td>14.0 ✔️</td>
</tr>
<tr>
<td>• per 10,000 people age 5-64</td>
<td>3.6 2010</td>
<td>3.6 2011</td>
<td>4.2</td>
</tr>
<tr>
<td>• per 10,000 adults age 65+</td>
<td>10.8 2010</td>
<td>11.7 2011</td>
<td>9.3</td>
</tr>
<tr>
<td>% of adult non-smokers exposed to secondhand smoke</td>
<td>43% 2010</td>
<td>48% 2014</td>
<td>30%</td>
</tr>
<tr>
<td>% of people with asthma who have a written asthma management plan from a doctor or health care professional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• adults</td>
<td>32% 2010</td>
<td>33% 2014</td>
<td>40%</td>
</tr>
<tr>
<td>• children age 17 or younger</td>
<td>48% 2010</td>
<td>48% 2010</td>
<td>65%</td>
</tr>
<tr>
<td>% of people with asthma who are advised to change things in their environment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• adults</td>
<td>32% 2010</td>
<td>38% 2014</td>
<td>45%</td>
</tr>
<tr>
<td>• children age 17 or younger</td>
<td>33% 2010</td>
<td>33% 2010</td>
<td>50%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Arthritis &amp; Osteoporosis</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% adults with diagnosed arthritis who –</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• have activity limitations</td>
<td>51% 2011</td>
<td>49% 2015</td>
<td>40%</td>
</tr>
<tr>
<td>• engage in leisure time physical activity</td>
<td>72% 2011</td>
<td>71% 2015</td>
<td>80%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HIV, AIDS &amp; STDs</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of people linked to HIV care within 90 days of diagnosis</td>
<td>90% 2010</td>
<td>90% 2015</td>
<td>95%</td>
</tr>
<tr>
<td>% of people with HIV diagnosis who have viral suppression</td>
<td>86% 2010</td>
<td>94% 2014</td>
<td>90%</td>
</tr>
<tr>
<td># of new HIV diagnoses among all Vermonters</td>
<td>19 2010</td>
<td>10 2015</td>
<td>5</td>
</tr>
<tr>
<td>% of adults age 18-64 tested for HIV in past 12 months</td>
<td>8% 2011</td>
<td>8% 2014</td>
<td>10%</td>
</tr>
<tr>
<td>% of students in grades 9-12 ever tested for HIV</td>
<td>11% 2011</td>
<td>10% 2015 ✗</td>
<td>15%</td>
</tr>
<tr>
<td># cases of Gonorrhea per 100,000 people age 15-44</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• females</td>
<td>20.3 2010</td>
<td>30.2 2014</td>
<td>18.2</td>
</tr>
<tr>
<td>• males</td>
<td>27.6 2010</td>
<td>41.6 2014</td>
<td>24.8</td>
</tr>
</tbody>
</table>
### Public Health Preparedness

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>• time necessary to issue official information about a public health emergency</td>
<td>within – 60 min 2009</td>
<td>within – 60 min 2015</td>
<td>60 min ✔</td>
</tr>
<tr>
<td>• time necessary to activate personnel for a public health emergency</td>
<td>66 min 2009</td>
<td>28 min 2014</td>
<td>60 min ✔</td>
</tr>
<tr>
<td>• % of after-action reports and improvement plans that are drafted and submitted within 60 days or less following an emergency or exercise</td>
<td>80% 2012</td>
<td>94% 2015</td>
<td>90% ✔</td>
</tr>
<tr>
<td>• % of crisis and emergency risk messages intended to protect the public’s health that demonstrates the use of best practices</td>
<td>75% 2016</td>
<td>75% 2016</td>
<td>100%</td>
</tr>
</tbody>
</table>

### Determinants of Health & Equity

<table>
<thead>
<tr>
<th>Metric</th>
<th>Baseline/Year</th>
<th>Midway/Year</th>
<th>2020 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>• % of adults with disabilities who always or usually get social and emotional support</td>
<td>67% 2012</td>
<td>74% 2014 ✔</td>
<td>78%</td>
</tr>
<tr>
<td>• % of people living below the poverty level</td>
<td>11% 2006-10</td>
<td>12% 2011-15</td>
<td>11%</td>
</tr>
<tr>
<td>• % of people age17 or younger living below the poverty level</td>
<td>14% 2006-10</td>
<td>15% 2011-15</td>
<td>14%</td>
</tr>
<tr>
<td>• % of households spending 30% or more of their income on housing</td>
<td>37% 2006-10</td>
<td>37% 2011-15</td>
<td>34%</td>
</tr>
<tr>
<td>• % of students awarded a high school diploma 4 years after starting 9th grade</td>
<td>87% 2009-10</td>
<td>88% 2013-14</td>
<td>92%</td>
</tr>
<tr>
<td>• % of eligible registered voters who participated in the last election</td>
<td>72% 2008</td>
<td>68% 2016 ✔</td>
<td>71%</td>
</tr>
</tbody>
</table>