

Barre District Profile – Adult Health

March 2020

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Health Status Indicators	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**	
Have Personal Health Care Provider	86%		85%	41,000	
Have Health Insurance, Ages 18-64	92%		• 92%	32,000	
General Health Status is Fair or Poor	14%		15%	7,000	
Poor Mental Health	12%		13 %	6,000	
Poor Physical Health	12%		• 12%	6,000	
Did Not Visit Doctor Due to Cost	8%	•	6 %	3,000	
Preventative Behaviors and Health Screening	3				
Cholesterol Screened, in Last Five Years*	83%	•	80%	36,000	
Dental Visit in Last Year*	73%		• 77%	36,000	

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Cholesterol Screened, in Last Five Years*^	83%	•	80%	36,000
Dental Visit in Last Year* [^]	73%	•	77%	36,000
Routine Doctor Visit, in Last Year	76%		72%	34,000
Met Physical Activity Recommendations*^	60%	•	61%	25,000
Ever Tested for HIV	38%	•	38%	16,000
2+ Daily Fruit Servings*^	32%	•	35%	16,000
Colorectal Cancer Screening, Ages 50-75*^	71%	•	74%	15,000
Met Strength Building Recommendations [^]	31%		30%	13,000
Cervical Cancer Screening, Women 21-65*^	86%	•	89%	11,000
5+ Daily Fruit & Vegetable Servings*^	20%	•	23%	10,000
3+ Daily Vegetable Servings*^	20%	•	20%	9,000
Breast Cancer Screening, Women 50-74*^	77%	•	82%	8,000
Pneumococcal Vaccine, Ever, Ages 65+	75%	••••	80%	8,000
Any Teeth Extracted, Ages 45-64 [^]	48%	•	46%	8,000
Flu Shot in the Last Year, Ages 65+	54%		56%	6,000
Feel Community is Not Safe for Walking^	9%	•	11%	5,000
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[■] Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

^{*}Percent is age-adjusted to the U.S. 2000 population.

^{**}Estimated counts are rounded to the nearest thousand and not age-adjusted.

[^] Measures with data years other than 2017-2018. See <u>District Profile - Methodology</u> for details.

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	VT		Most Recent	Estimated # of
Risk Behaviors	2018	District Trend	District %^	Adults in District**
Binge Drinking	17%	•	20%	9,000
Marijuana Use	17%		19%	8,000
No Leisure Time Physical Activity*	18%		15%	8,000
Cigarette Smoking*	15%		16%	7,000
Made Quit Attempt in Last Year*	57%		55%	4,000
Adverse Childhood Experiences, Four or More [^]	14%	•	13%	6,000
Prescription Drug Misuse, Ever [^]	8%		9%	4,000
Heavy Drinking	8%		8%	4,000
Smokeless Tobacco Use	3%		• 3%	1,000
E-Cigarette Use [^]	3%	•	2%	1,000
Disease Prevalence				
Overweight, Ages 20+*	33%		36%	16,000
High Cholesterol [^]	28%	•	36%	14,000
Arthritis	28%		29%	14,000
Depressive Disorder	21%		27%	13,000
Hypertension* [^]	25%	-	23%	13,000
Obese, Ages 20+*	29%		23%	10,000
Asthma, Current Diagnosis	12%	•	10%	5,000
Falls in Last Year, Ages 65+^	33%		39%	4,000
Cardiovascular Disease	8%		• 9%	4,000
Diabetes	9%		• 8%	4,000
Non-Skin Cancer Diagnosis	8%		8%	4,000
Skin Cancer Diagnosis	7%		7%	3,000
Chronic Obstructive Pulmonary Disease	6%		7%	3,000
Select Demographics				
Any Disability	24%	•	25%	12,000
Ages 65+	24%		25%	12,000
LGBT [^]	9%	•	7%	3,000
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Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see District Profile - Methodology. For more information about Vermont towns in Barre Health District, please visit www.healthvermont.gov/local/barre.

