

## Health Status Indicators

	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District <sup>**</sup>
Have Personal Health Care Provider	86%		88%	22,000
Have Health Insurance, Ages 18-64	92%		93%	15,000
General Health Status is Fair or Poor	14%		18%	5,000
Poor Physical Health	12%		14%	3,000
Poor Mental Health	12%		13%	3,000
Did Not Visit Doctor Due to Cost	8%		9%	2,000

## Preventative Behaviors and Health Screening

	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District <sup>**</sup>
Cholesterol Screened, in Last Five Years <sup>*^</sup>	83%		79%	19,000
Routine Doctor Visit, in Last Year	76%		77%	19,000
Dental Visit in Last Year <sup>*^</sup>	73%		65%	16,000
Met Physical Activity Recommendations <sup>*^</sup>	60%		59%	14,000
Colorectal Cancer Screening, Ages 50-75 <sup>*^</sup>	71%		69%	8,000
2+ Daily Fruit Servings <sup>*^</sup>	32%		33%	8,000
Ever Tested for HIV	38%		31%	7,000
Cervical Cancer Screening, Women 21-65 <sup>*^</sup>	86%		91%	6,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		77%	6,000
Met Strength Building Recommendations <sup>^</sup>	31%		25%	6,000
Any Teeth Extracted, Ages 45-64 <sup>^</sup>	48%		53%	5,000
Breast Cancer Screening, Women 50-74 <sup>*^</sup>	77%		79%	4,000
Flu Shot in the Last Year, Ages 65+	54%		56%	4,000
5+ Daily Fruit & Vegetable Servings <sup>*^</sup>	20%		17%	4,000
3+ Daily Vegetable Servings <sup>*^</sup>	20%		15%	4,000
Feel Community is Not Safe for Walking <sup>^</sup>	9%		9%	2,000

■ Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

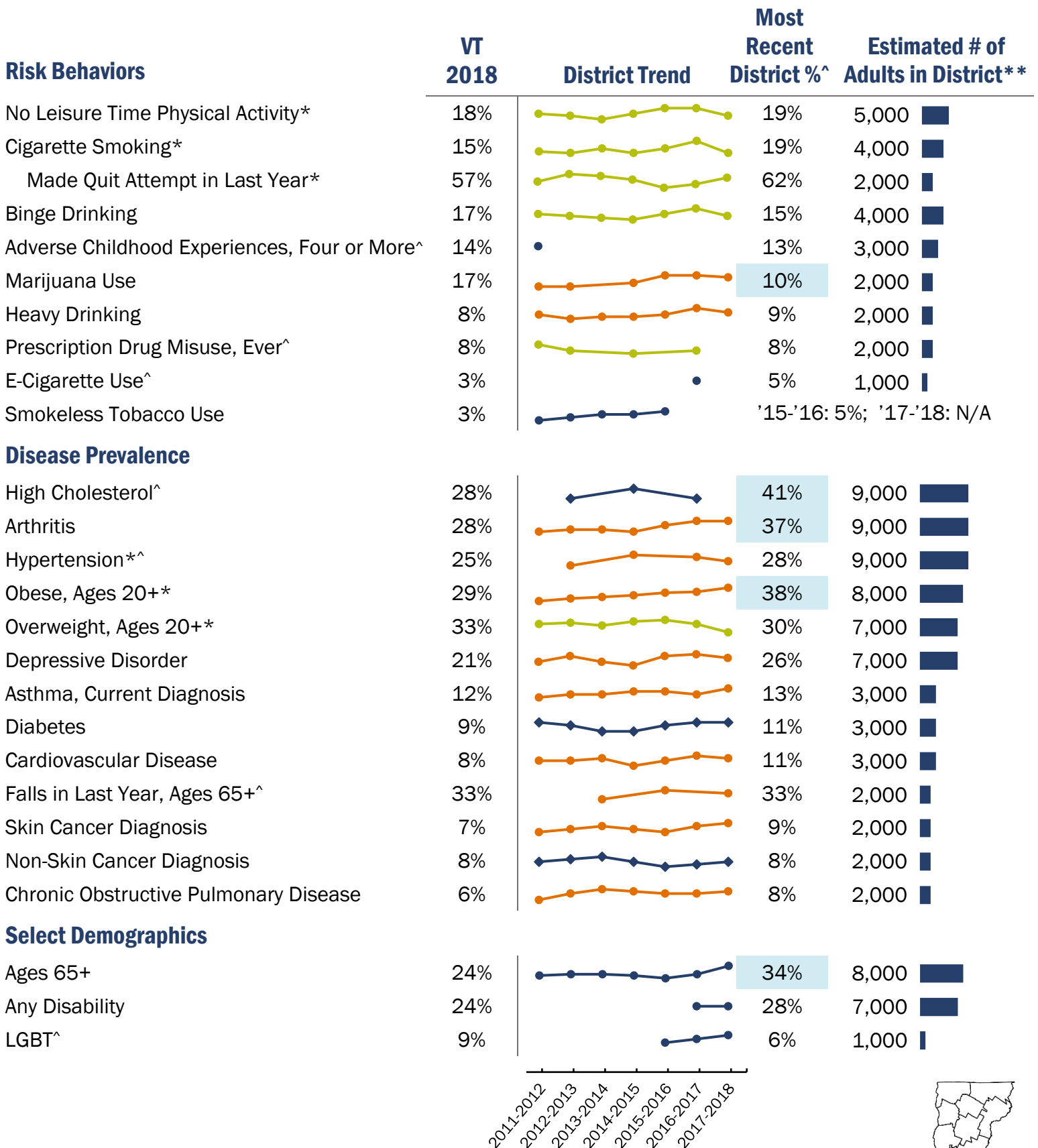
\*Percent is age-adjusted to the U.S. 2000 population.

\*\*Estimated counts are rounded to the nearest thousand and not age-adjusted.

<sup>^</sup> Measures with data years other than 2017-2018. See [District Profile – Methodology](#) for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

# Springfield District Profile – Adult Health



Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see [District Profile – Methodology](#).

For more information about Vermont towns in Springfield Health District, please visit [www.healthvermont.gov/local/springfield](http://www.healthvermont.gov/local/springfield).

