



# VERMONT'S MOST DANGEROUS LEFTOVERS.

**Safely store and throw away  
unused or expired medicine.  
It prevents misuse.**



VERMONT

DEPARTMENT OF HEALTH  
DEPARTMENT OF PUBLIC SAFETY

# HERE ARE THREE STEPS YOU CAN TAKE TO ENSURE THE SAFE USE, STORAGE, AND DISPOSAL OF PRESCRIPTION DRUGS.

# 1

## SAFE USE

Only take medication prescribed to you by a doctor. Only use it in the prescribed dosage. And never share prescription drugs with friends or family.

# 2

## SAFE STORAGE

Store prescription medication locked and out of reach of kids, family, and guests. Know where it is at all times. Keep it in its original bottle with its label.

# 3

## SAFE DISPOSAL

Most prescription drugs should NOT be flushed down the toilet or washed down the sink. In Vermont, you can drop off your medications at a permanent disposal site. Proper disposal helps avoid harming water sources, wildlife, pets, and people.

For information on the proper and safe disposal of medications, visit [www.healthvermont.gov](http://www.healthvermont.gov).

To locate a permanent disposal site in your community, dial 2-1-1.



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