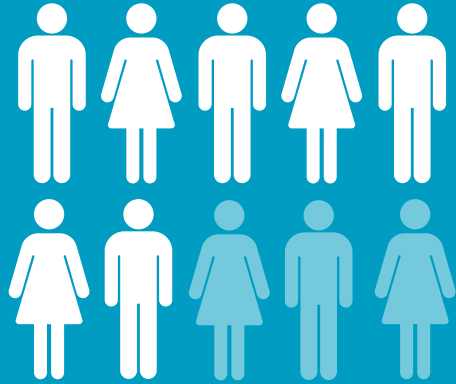


## DID YOU KNOW?



Nearly 70% of people ages 12 or older who abused prescription pain relievers got them from friends or relatives.

### SUBSTANCE ABUSE PREVENTION, TREATMENT, AND RECOVERY SERVICES

For more information on substance abuse resources in your community, go to:

[healthvermont.gov](http://healthvermont.gov) or, dial 2-1-1

VERMONT DEPARTMENT OF HEALTH  
108 Cherry Street, P.O. Box 70  
Burlington, Vermont 05402  
802-651-1550

## RESOURCES

**VERMONT DEPARTMENT OF HEALTH**  
[healthvermont.gov](http://healthvermont.gov) or 800-464-4343

**VERMONT 2-1-1 RESOURCE DATABASE**  
[vermont211.org](http://vermont211.org) or 2-1-1

**VERMONT DEPARTMENT OF PUBLIC SAFETY**  
[dps.vermont.gov](http://dps.vermont.gov) or 802-241-5000

**PEAR VERMONT: PEOPLE EDUCATION  
ADVOCACY RECOVERY**  
[pear-vt.org](http://pear-vt.org) or 800-223-6263

**VERMONT RECOVERY NETWORK**  
[vtrecoverynetwork.org](http://vtrecoverynetwork.org) or 802-738-8998

**PARENTUP: RESOURCES FOR VERMONT PARENTS**  
[parentupvt.org](http://parentupvt.org)

**NORTHERN NEW ENGLAND POISON CENTER**  
[nnepc.org](http://nnepc.org) or 800-222-1222

**U.S. FOOD AND DRUG ADMINISTRATION (FDA)**  
[www.fda.gov](http://www.fda.gov) or 888-INFO-FDA

**U.S. DRUG ENFORCEMENT ADMINISTRATION (DEA)**  
[deadiversion.usdoj.gov](http://deadiversion.usdoj.gov) or 800-882-9539

**THE PARTNERSHIP AT DRUGFREE.ORG**  
[drugfree.org](http://drugfree.org)



# VERMONT'S MOST DANGEROUS LEFTOVERS.

Safely store and throw away  
unused or expired medicine.  
It prevents misuse.

## SAFETY AND DISPOSAL TIPS

Here are three steps you can take to ensure the safe use, storage, and disposal of prescription drugs.

**1 SAFE USE**  
Only take medication prescribed to you by a doctor. Only use it in the prescribed dosage. And never share prescription drugs with friends or family.

**2 SAFE STORAGE**  
Store prescription medication locked and out of reach of kids, family, and guests. Know where it is at all times. Keep it in its original bottle with its label.

**3 SAFE DISPOSAL**  
Most prescription drugs should NOT be flushed down the toilet or washed down the sink. In Vermont, you can drop off your medications at a permanent disposal site. Proper disposal helps avoid harming water sources, wildlife, pets, and people.

## LOCATE YOUR LOCAL DISPOSAL SITE

Have unused or expired medication?

**Get rid of it.**

Drop off your unused medications at a permanent disposal site. Contact your local law enforcement agency, ask your pharmacist, or dial 2-1-1 for the location of your nearest year-round drop-off site.

## SPECIAL CONSIDERATIONS

Dropping off your unused medications is not always possible. If there is no take-back program in your area, follow disposal instructions on the drug label or patient information. Some medicines, like Fentanyl patches, can be extremely dangerous and specific disposal directions are advised.

For more information about disposal instructions contact your local pharmacist or the FDA at 888-INFO-FDA. Or, visit the Disposal of Unused Medicines: What You Should Know page at [www.fda.gov](http://www.fda.gov).

## SHARPS

Do not bring needles, syringes, lancets, auto injectors, or other sharps to take-back programs. Never place loose needles and other sharps in trash cans or recycling bins, and never flush them down the toilet. This puts people and pets at risk of being hurt. Visit [healthvermont.gov](http://healthvermont.gov) for instructions on how to dispose of sharps.