Recognize the Common Anaphylaxis Symptoms

- Sudden difficulty breathing, wheezing
- Hives, generalized flushing, itching, or redness of the skin
- Swelling of the throat, lips, tongue; tightness/change of voice; difficulty swallowing
- Tingling sensation, itching, or metallic taste in mouth
- Feeling of apprehension, agitation

Does individual have a known allergy (ex. to foods, insect stings, bites, medications, or latex)?

YES

Does individual have an emergency action plan immediately available?

YES

Refer to individual's emergency action plan for specific instructions.

NO

- Determine proper dose of epinephrine.
- Administer epinephrine per standing order. Note the time and dose given.
- Maintain airway, monitor circulation, start CPR as necessary.
- Call 911. Advise anaphylaxis suspected and epinephrine was given.
- Call School Nurse/Administration and advise of situation.
- Direct someone to call parent/guardian.

- Repeat dose after 5 to 15 minutes if symptoms persist.
- Stay with and monitor individual until EMS arrives.
- Provide EMS with used epinephrine auto injector labeled with name, date, and time given to take to hospital with student.

EMS transport to hospital. Even if symptoms subside, 911 must still respond and individual must be evaluated by a physician.

- Make sure parents/guardians notified to follow up with private physician.
- Complete incident documentation.
- Order replacement epinephrine auto injector(s).