

Table 1C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Demographic Indicators ⁽²⁾

Total Records	Number	%	Source of Data	Number	%
Complete Records	2,567	75.8	WIC	3,387	100.0
Prenatal Records	182	5.4	Maternal Health	0	0.0
Postpartum Records	638	18.8	Other	0	0.0
Total Records Accepted	3,387		Total	3,387	100.0
			<i>Excluded Unknown: 0</i>	<i>0.0</i>	

Race/Ethnic Distribution	Number	%
White, Not Hispanic	2,980	93.1
Black, Not Hispanic	65	2.0
Hispanic	26	0.8
American Indian/Alaska Native	12	0.4
Asian/Pacific Islander	61	1.9
Multiple Races	58	1.8
All Other	0	0.0
Total	3,202	100.0
<i>Excluded Unknown: 185</i>	<i>5.5</i>	

Age Distribution	Number	%
< 15 Years	5	0.1
15 - 17 Years	123	3.6
18 - 19 Years	321	9.5
20 - 29 Years	2,160	63.9
30 - 39 Years	728	21.6
>= 40 Years	41	1.2
Total	3,378	100.0
<i>Excluded Unknown: 9</i>	<i>0.3</i>	

Education Distribution	Number	%
< High School	507	16.3
High School	1,318	42.3
> High School	1,290	41.4
Total	3,115	100.0
<i>Excluded Unknown: 272</i>	<i>8.0</i>	

% Poverty Level	Number	%
0 - 50	976	35.7
51 - 100	821	30.1
101 - 130	391	14.3
131 - 150	190	7.0
151 - 185	239	8.7
186 - 200	48	1.8
> 200	67	2.5
Adjunctive Eligibility	0	0.0
Total	2,732	100.0
<i>Excluded Unknown: 17</i>	<i>0.6</i>	

Program Participation ⁽³⁾	Number	%
WIC	2,749	100.0
SNAP	2,735	40.5
Medicaid	2,749	76.0
TANF	2,735	12.1
<i>Excluded Unknown:</i>		
<i>WIC:</i>	<i>0</i>	<i>0.0</i>
<i>SNAP:</i>	<i>14</i>	<i>0.5</i>
<i>Medicaid:</i>	<i>0</i>	<i>0.0</i>
<i>TANF:</i>	<i>14</i>	<i>0.5</i>

Migrant Status	Number	%
Yes	7	0.2
No	3,231	99.8
Total	3,238	100.0
<i>Excluded Unknown: 149</i>	<i>4.4</i>	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Prenatal program participation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Prepregnancy BMI (3)				
Underweight	3,264	4.6	1,106,370	4.5
Normal Weight	3,264	42.8	1,106,370	42.1
Overweight	3,264	23.3	1,106,370	26.0
Obese	3,264	29.4	1,106,370	27.4
Maternal Weight Gain (4)				
Less Than Ideal	3,066	18.4	835,927	21.5
Ideal	3,066	31.7	835,927	30.6
Greater Than Ideal	3,066	49.9	835,927	48.0
Anemia (Low Hb/Hct) (5)				
1st Trimester	1,082	6.0	419,016	7.6
2nd Trimester	907	9.4	333,582	12.0
3rd Trimester	434	23.3	164,201	33.9
Postpartum	1,696	22.1	346,981	28.1
Parity (6)				
0	3,354	45.0	965,206	40.3
1	3,354	31.1	965,206	26.8
2	3,354	14.4	965,206	16.7
≥ 3	3,354	9.6	965,206	16.3
Interpregnancy Interval				
< 6 Months	1,463	12.2	554,361	11.7
6 - <18 Months	1,463	26.5	554,361	25.9
≥18 Months	1,463	61.4	554,361	62.4
Gestational Diabetes	0	*	419,956	5.2
Hypertension During Pregnancy	0	*	467,675	6.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Medical Care				
1st Trimester	3,092	79.1	429,770	83.1
No Care	3,092	0.3	429,770	4.1
WIC Enrollment				
1st Trimester	3,161	38.8	1,074,863	36.0
2nd Trimester	3,161	30.7	1,074,863	33.9
3rd Trimester	3,161	15.5	1,074,863	16.9
Postpartum (3)	3,161	15.0	1,074,863	13.2
Prepregnancy Multivitamin Consumption (4)	0	*	380,154	19.2
Multivitamin Consumption During Pregnancy (5)	0	*	418,448	85.0
Smoking				
3 Months Prior to Pregnancy	3,305	42.0	814,631	23.0
During Pregnancy	2,672	28.7	710,227	14.0
Last 3 Months of Pregnancy	2,923	26.6	715,034	12.1
Postpartum	2,928	27.0	722,233	14.1
Smoking Changes (6)				
Quit Smoking by First Prenatal Visit	1,198	36.5	166,084	43.5
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	930	30.3	137,883	38.1
Smoking in Household				
During Pregnancy	0	*	660,570	16.3
Postpartum	0	*	562,126	15.6
Drinking				
3 Months Prior to Pregnancy	2,664	36.1	930,233	8.8
Last 3 Months of Pregnancy	3,043	6.3	577,187	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Birthweight (3)				
Very Low	3,126	1.1	880,933	1.1
Low	3,126	5.9	880,933	6.9
Normal	3,126	82.9	880,933	85.3
High	3,126	10.1	880,933	6.7
Preterm (4)	2,972	9.2	948,286	10.7
Full term Low Birth Weight (5)	2,700	3.5	749,107	3.4
Multiple Births	3,205	1.4	978,390	1.4
Breastfeeding				
Ever Breastfed	2,972	79.6	871,811	68.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.



Table 3C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Racial and Ethnic Distribution by Contributor to Nation

Comparison of Racial and Ethnic Distribution ⁽²⁾								
	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Vermont	3,387	88.0	1.9	0.8	0.4	1.8	1.7	5.5
Nation (Prior Year)	1,162,961	41.6	22.7	29.2	1.1	3.4	1.3	0.7

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by Contributor to Nation

Comparison of Age Distribution ⁽²⁾								
	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Vermont	3,387	0.1	3.6	9.5	63.8	21.5	1.2	0.3
Nation (Prior Year)	1,162,961	0.3	5.3	11.5	59.4	21.7	1.7	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Health Indicators by Contributor to Nation

Comparison of Maternal Health Indicators ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
		Number	%		%	Number	%	%	Number	%			Number	%
Vermont	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1	0	*	0	*
Nation (Prior Year)	1,106,370	4.5	53.4	835,927	21.5	48.0	164,201	33.9	346,981	28.1	419,956	5.2	467,675	6.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Behavioral Indicators by Contributor to Nation

Comparison of Maternal Behavioral Indicators ⁽²⁾									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,092	79.1	0.3	3,161	38.8	0	*	0	*
Nation (Prior Year)	429,770	83.1	4.1	1,074,863	36.0	380,154	19.2	418,448	85.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by Contributor to Nation

Comparison of Smoking Indicators (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	%	Number	%	Number	%	Number	%		
Vermont	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
Nation (Prior Year)	814,631	23.0	715,034	12.1	137,883	38.1	660,570	16.3	562,126	15.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by Contributor to Nation

Comparison of Infant Health Indicators ⁽²⁾									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)	High (4)							
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
Nation (Prior Year)	880,933	8.0	6.7	948,286	10.7	749,107	3.4	871,811	68.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 9C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Maternal Health Indicators by Race/Ethnicity, Age, or Education

Maternal Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes		Hypertension During Pregnancy	
	Number	Under-weight	Over-weight	Number	< Ideal	> Ideal	3rd Trimester		Postpartum		Number	%	Number	%
		%	%		%	%	%	Number	%	Number				
Race/Ethnicity														
White, Not Hispanic	2,884	4.5	52.8	2,709	17.7	50.6	382	24.3	1,514	21.5	0	*	0	*
Black, Not Hispanic	60	*	*	55	*	*	6	*	31	*	0	*	0	*
Hispanic	21	*	*	21	*	*	3	*	13	*	0	*	0	*
American Indian/Alaska Native	12	*	*	11	*	*	3	*	7	*	0	*	0	*
Asian/Pacific Islander	54	*	*	50	*	*	10	*	27	*	0	*	0	*
Multiple Races	53	*	*	51	*	*	6	*	21	*	0	*	0	*
All Other/Unknown	180	3.9	57.8	169	19.5	48.5	24	*	83	*	0	*	0	*
Total	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1	0	*	0	*
Age														
< 15 Years	5	*	*	2	*	*	0	*	2	*	0	*	0	*
15 - 17 Years	120	6.7	35.8	112	10.7	62.5	12	*	63	*	0	*	0	*
18 - 19 Years	312	8.3	44.9	295	13.9	58.6	40	*	160	25.0	0	*	0	*
20 - 29 Years	2,081	4.8	53.1	1,960	18.8	49.8	300	21.0	1,054	23.5	0	*	0	*
30 - 39 Years	702	2.1	57.7	662	20.2	44.6	74	*	397	16.6	0	*	0	*
>= 40 Years	40	*	*	33	*	*	8	*	20	*	0	*	0	*
Unknown	4	*	*	2	*	*	0	*	0	*	0	*	0	*
Total	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1	0	*	0	*
Education														
< High School	497	8.2	43.9	491	21.2	49.7	77	*	281	30.2	0	*	0	*
High School	1,299	4.8	57.0	1,289	19.8	49.4	170	23.5	682	21.7	0	*	0	*
> High School	1,272	3.1	51.1	1,262	15.5	50.8	179	22.3	683	19.2	0	*	0	*
Unknown	196	3.1	56.6	24	*	*	8	*	50	*	0	*	0	*
Total	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 10C
2011 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	2,729	79.7	0.3	2,790	38.9	0	*	0	*
Black, Not Hispanic	56	*	*	58	*	0	*	0	*
Hispanic	20	*	*	19	*	0	*	0	*
American Indian/Alaska Native	11	*	*	12	*	0	*	0	*
Asian/Pacific Islander	51	*	*	57	*	0	*	0	*
Multiple Races	54	*	*	52	*	0	*	0	*
All Other/Unknown	171	79.5	1.2	173	39.9	0	*	0	*
Total	3,092	79.1	00.3	3,161	38.8	0	*	0	*
Age									
< 15 Years	2	*	*	5	*	0	*	0	*
15 - 17 Years	116	78.4	0.9	116	54.3	0	*	0	*
18 - 19 Years	295	72.5	0.3	305	42.3	0	*	0	*
20 - 29 Years	1,972	78.8	0.2	2,005	38.6	0	*	0	*
30 - 39 Years	671	83.0	0.6	687	35.1	0	*	0	*
>= 40 Years	34	*	*	39	*	0	*	0	*
Unknown	2	*	*	4	*	0	*	0	*
Total	3,092	79.1	00.3	3,161	38.8	0	*	0	*
Education									
< High School	499	68.7	0.4	477	39.4	0	*	0	*
High School	1,296	80.2	0.3	1,256	40.2	0	*	0	*
> High School	1,275	82.4	0.3	1,228	33.1	0	*	0	*
Unknown	22	*	*	200	63.5	0	*	0	*
Total	3,092	79.1	00.3	3,161	38.8	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for behavioral indicators, and data with errors for behavioral and demographic indicators.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 11C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Smoking Indicators by Race/Ethnicity, Age, or Education

Smoking Indicators by Race/Ethnicity, Age, or Education ⁽²⁾										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
Race/Ethnicity										
White, Not Hispanic	2,917	43.2	2,573	27.5	843	29.8	0	*	0	*
Black, Not Hispanic	62	*	57	*	7	*	0	*	0	*
Hispanic	22	*	22	*	4	*	0	*	0	*
American Indian/Alaska Native	12	*	11	*	5	*	0	*	0	*
Asian/Pacific Islander	56	*	51	*	2	*	0	*	0	*
Multiple Races	56	*	54	*	19	*	0	*	0	*
All Other/Unknown	180	40.0	155	23.9	50	*	0	*	0	*
Total	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
Age										
< 15 Years	5	*	2	*	0	*	0	*	0	*
15 - 17 Years	122	47.5	102	29.4	43	*	0	*	0	*
18 - 19 Years	316	54.4	277	27.1	124	41.1	0	*	0	*
20 - 29 Years	2,103	45.7	1,856	30.2	652	28.4	0	*	0	*
30 - 39 Years	714	26.1	648	16.7	108	26.9	0	*	0	*
>= 40 Years	41	*	33	*	3	*	0	*	0	*
Unknown	4	*	5	*	0	*	0	*	0	*
Total	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
Education										
< High School	505	62.6	446	50.0	225	16.0	0	*	0	*
High School	1,318	47.1	1,214	30.7	461	30.4	0	*	0	*
> High School	1,285	27.0	1,195	14.2	238	43.7	0	*	0	*
Unknown	197	53.3	68	*	6	*	0	*	0	*
Total	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for smoking indicators, and data with errors for smoking and demographic indicators.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 12C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Infant Health Indicators by Race/Ethnicity, Age, or Education

Infant Health Indicators by Race/Ethnicity, Age, or Education (2)									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)	High (4)						
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	2,758	7.2	10.5	2,625	9.1	2,387	3.7	2,624	79.3
Black, Not Hispanic	58	*	*	54	*	46	*	52	*
Hispanic	21	*	*	17	*	13	*	21	*
American Indian/Alaska Native	11	*	*	11	*	10	*	10	*
Asian/Pacific Islander	52	*	*	52	*	47	*	50	*
Multiple Races	54	*	*	50	*	46	*	54	*
All Other/Unknown	172	4.1	11.0	163	7.4	151	2.0	161	77.6
Total	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
Age									
< 15 Years	2	*	*	2	*	2	*	2	*
15 - 17 Years	115	4.3	7.8	108	7.4	100	2.0	109	68.8
18 - 19 Years	299	5.4	9.4	288	11.1	256	3.1	287	78.4
20 - 29 Years	1,993	6.2	10.1	1,889	8.4	1,731	3.8	1,892	78.8
30 - 39 Years	680	5.3	11.3	650	10.5	582	3.1	643	84.6
>= 40 Years	35	*	*	33	*	27	*	33	*
Unknown	2	*	*	2	*	2	*	6	*
Total	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
Education									
< High School	503	6.6	7.0	473	10.1	425	3.3	464	67.5
High School	1,315	7.2	10.7	1,253	10.1	1,126	4.3	1,219	73.4
> High School	1,285	4.4	10.7	1,224	7.5	1,132	2.8	1,215	90.0
Unknown	23	*	*	22	*	17	*	74	*
Total	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 13C
2011 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Weight Gain and Birth Outcomes by Select Health Indicators

Maternal Weight Gain and Birth Outcomes by Select Health Indicators (2)										
	Weight Gain (3)			Birth Outcomes						
	< Ideal	> Ideal		Birthweight			Preterm (6)	Full Term LBW (7)		
		Number	%	%	Low (4)	High (5)				
	Number	%	%	Number	%	%	Number	%	Number	%
Prepregnancy BMI										
Underweight	144	28.5	25.7	144	7.6	5.6	139	5.0	132	5.3
Normal Weight	1,319	20.9	40.9	1,321	7.6	6.6	1,265	9.9	1,140	4.0
Overweight	717	9.6	66.5	721	7.8	12.6	675	9.6	610	3.4
Obese	886	20.1	53.7	893	5.3	14.1	853	7.9	786	2.4
Weight Gain										
< Ideal	-	-	-	562	12.5	6.8	532	12.4	466	6.2
Ideal	-	-	-	972	7.4	7.6	933	9.1	848	4.1
> Ideal	-	-	-	1,529	4.8	12.9	1,454	7.7	1,342	2.2
Smoking During Pregnancy										
Smokers	696	22.8	46.3	705	11.5	6.0	684	12.1	601	5.8
Non-Smokers	1,758	16.3	53.1	1,783	4.5	12.4	1,745	7.7	1,611	2.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 14C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Racial and Ethnic Distribution

Summary of Trends in Racial and Ethnic Distribution ⁽²⁾								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
2011	3,387	88.0	1.9	0.8	0.4	1.8	1.7	5.5
2010	3,498	89.0	2.3	0.5	0.1	0.8	1.1	6.2
2009	3,548	89.4	1.6	0.6	0.2	0.8	1.2	6.1
2008	3,627	89.4	1.9	0.9	0.2	1.1	0.8	5.7
2007	3,617	88.4	1.7	0.7	0.2	0.9	0.8	7.3
2006	3,535	88.5	1.8	0.6	0.3	1.0	0.9	6.9
2005	3,445	88.6	1.5	0.8	0.1	1.2	1.3	6.6
2004	3,572	89.6	1.5	0.0	0.2	1.3	0.6	6.7
2003	3,458	89.7	1.3	0.1	0.5	1.1	0.0	7.4
2002	3,485	89.9	1.0	0.1	0.6	0.8	0.0	7.6
2001	3,261	90.3	0.7	0.1	0.6	0.9	0.0	7.4
2000	3,245	91.3	0.6	0.2	0.4	0.8	0.0	6.7
1999	3,189	96.5	1.0	0.1	0.4	0.6	0.0	1.4
1998	3,261	97.2	0.5	0.1	0.3	0.7	0.0	1.2
1997	3,257	98.0	0.4	0.2	0.2	1.1	0.0	0.2
1996	3,211	97.7	0.7	0.1	0.2	1.1	0.0	0.2
1995	3,054	97.9	0.6	0.1	0.3	1.0	0.0	0.1
1994	3,392	97.3	0.7	0.2	0.3	1.3	0.0	0.1
1993	3,106	97.8	0.7	0.1	0.1	1.1	0.0	0.1
1992	3,203	96.7	0.7	0.3	0.1	0.9	0.0	1.3
1991	3,141	98.3	0.6	0.4	0.2	0.5	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 15C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Age Distribution

Summary of Trends in Age Distribution ⁽²⁾								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
2011	3,387	0.1	3.6	9.5	63.8	21.5	1.2	0.3
2010	3,498	0.1	3.6	10.5	62.6	21.8	1.2	0.2
2009	3,548	0.1	3.4	11.1	62.7	21.1	1.4	0.2
2008	3,627	0.2	3.9	12.7	62.4	19.3	1.5	0.1
2007	3,617	0.1	4.5	12.5	63.2	18.2	1.4	0.2
2006	3,535	0.1	4.6	11.6	61.5	20.5	1.6	0.1
2005	3,445	0.2	4.4	11.3	63.0	19.4	1.5	0.2
2004	3,572	0.1	4.5	11.1	61.6	21.1	1.6	0.0
2003	3,458	0.2	4.1	12.1	60.6	20.7	2.3	0.0
2002	3,485	0.3	5.7	12.5	59.1	20.9	1.4	0.0
2001	3,261	0.2	6.3	13.5	59.7	19.1	1.2	0.0
2000	3,245	0.3	5.9	13.8	58.6	20.1	1.3	0.0
1999	3,189	0.3	6.4	13.2	59.9	19.3	0.9	0.0
1998	3,261	0.3	6.2	13.6	61.4	17.4	1.2	0.0
1997	3,257	0.2	6.8	13.7	59.8	18.5	1.0	0.0
1996	3,211	0.2	7.8	13.4	60.7	16.9	1.0	0.0
1995	3,054	0.4	5.9	14.8	61.3	16.5	1.0	0.1
1994	3,392	0.6	6.9	13.9	61.1	16.7	0.8	0.0
1993	3,106	0.4	7.4	14.1	59.1	17.2	0.9	1.0
1992	3,203	0.2	7.3	14.3	61.7	15.4	0.5	0.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 15C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Age Distribution

Summary of Trends in Age Distribution ⁽²⁾								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
1991	3,141	0.4	8.4	15.1	59.4	16.0	0.6	0.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
2011	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1
2010	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3
2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7
2001	2,689	5.8	50.4	2,520	20.9	48.7	421	24.5	2,166	21.6
2000	2,703	5.5	49.8	2,533	19.8	48.8	429	23.1	2,123	18.8
1999	2,695	6.2	47.2	2,531	18.5	49.7	500	20.2	2,141	20.0
1998	2,806	6.2	47.4	2,532	18.2	48.9	465	12.5	2,160	9.0
1997	2,788	6.3	45.3	2,524	18.1	49.6	485	12.0	2,094	6.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
1996	2,708	7.0	45.2	2,448	19.3	48.4	35	*	328	5.2
1995	2,587	7.3	45.2	2,342	20.5	47.5	449	13.6	1,911	6.4
1994	2,845	7.7	42.2	2,433	22.9	46.1	524	10.1	2,218	6.6
1993	2,553	6.3	43.1	2,246	20.5	48.4	468	11.1	2,087	6.6
1992	2,479	6.7	43.2	2,374	20.8	48.0	537	13.4	2,155	8.1
1991	2,786	7.6	39.5	1,966	23.8	40.8	538	16.7	1,823	8.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
2011	3,092	79.1	0.3	3,161	38.8
2010	3,201	78.3	0.2	3,278	35.8
2009	3,235	79.0	0.4	3,325	34.1
2008	3,290	77.9	0.5	3,374	35.2
2007	3,279	79.4	0.3	3,384	37.7
2006	3,187	79.5	0.4	3,323	38.0
2005	3,116	79.2	0.4	3,225	32.9
2004	3,101	87.0	0.7	3,387	36.9
2003	2,962	87.7	0.5	3,324	37.6
2002	2,990	85.9	0.3	3,344	37.4
2001	2,832	85.5	0.2	3,164	37.9
2000	2,803	84.3	0.3	3,161	35.0
1999	2,759	83.2	0.5	3,121	34.6
1998	2,775	82.9	0.5	3,158	37.7
1997	2,741	83.4	0.5	3,105	38.1
1996	2,724	82.9	0.4	3,045	34.7
1995	2,612	82.0	0.4	2,927	36.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
1994	2,869	79.8	0.4	3,236	33.6
1993	2,821	79.0	0.4	3,034	30.4
1992	2,845	78.5	0.5	3,117	28.4
1991	1,605	75.4	0.0	3,096	29.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
2011	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
2010	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*
2001	2,664	48.0	2,943	33.4	1,112	19.5	0	*	0	*
2000	2,663	48.7	2,920	32.7	1,130	20.4	0	*	0	*
1999	2,668	46.8	2,886	31.1	1,098	22.3	0	*	0	*
1998	2,752	49.0	2,852	33.7	1,125	21.7	0	*	0	*
1997	2,744	48.7	2,864	32.5	1,120	22.5	0	*	0	*
1996	2,665	50.4	2,798	35.7	1,145	21.0	0	*	0	*
1995	2,512	51.0	2,703	36.5	1,113	19.0	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	%	Number	%	Number	%	Number	%		
1994	2,668	51.6	2,978	39.5	1,180	16.0	0	*	0	*
1993	2,289	52.9	2,788	39.4	1,056	13.7	0	*	0	*
1992	0	*	0	*	0	*	0	*	0	*
1991	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
2011	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
2010	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3
2001	3,049	6.6	11.3	2,967	8.7	2,709	3.3	2,866	63.7
2000	3,025	7.4	12.3	2,958	9.6	2,674	3.4	2,856	61.0
1999	2,972	6.5	11.0	2,914	8.8	2,656	3.1	2,900	60.0
1998	2,985	6.9	12.0	2,899	9.9	2,612	2.9	2,879	56.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2011 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
1997	2,958	7.6	10.1	2,868	8.1	2,627	4.2	2,895	56.3
1996	2,907	7.3	10.6	2,808	9.8	2,524	3.4	2,828	53.3
1995	2,774	6.1	11.4	2,693	9.1	2,439	2.6	2,611	54.9
1994	2,924	6.3	10.9	2,856	9.1	2,586	3.6	2,241	58.4
1993	2,855	6.3	11.9	2,797	9.1	2,534	3.0	2,618	46.0
1992	2,926	6.3	9.3	2,864	9.1	2,595	2.9	2,550	53.0
1991	2,405	7.0	10.2	2,364	9.2	2,142	3.2	1,633	55.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2011	2,884	4.5	52.8	2,709	17.7	50.6	382	24.3	1,514	21.5
	2010	3,007	4.7	52.5	2,835	17.9	50.2	418	23.2	1,548	22.1
	2009	3,072	4.1	52.6	2,763	19.5	49.7	400	21.3	1,923	23.2
	2008	2,511	5.3	52.1	2,222	17.4	50.6	406	20.2	2,057	20.8
	2007	2,586	4.4	52.1	2,241	17.0	52.0	424	23.6	1,946	22.0
	2006	2,515	4.6	54.9	2,163	18.5	52.9	417	22.1	1,829	21.0
	2005	2,389	4.3	52.8	2,212	18.1	53.5	376	25.5	1,729	23.0
	2004	2,561	4.8	51.7	2,372	16.7	53.0	354	25.1	1,938	21.4
	2003	2,429	4.9	51.6	2,222	16.3	54.4	352	25.9	1,962	20.5
	2002	2,423	5.9	49.6	2,219	18.1	51.5	348	17.2	2,053	20.4
Black, Not Hispanic	2011	60	*	*	55	*	*	6	*	31	*
	2010	77	*	*	72	*	*	9	*	33	*
	2009	50	*	*	48	*	*	10	*	34	*
	2008	55	*	*	49	*	*	12	*	38	*
	2007	49	*	*	39	*	*	11	*	26	*
	2006	38	*	*	32	*	*	8	*	30	*
	2005	36	*	*	33	*	*	5	*	21	*
	2004	36	*	*	30	*	*	2	*	22	*
	2003	31	*	*	29	*	*	5	*	26	*
	2002	28	*	*	23	*	*	6	*	22	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2011	21	*	*	21	*	*	3	*	13	*
	2010	14	*	*	10	*	*	4	*	7	*
	2009	21	*	*	16	*	*	4	*	12	*
	2008	25	*	*	22	*	*	5	*	20	*
	2007	19	*	*	16	*	*	2	*	16	*
	2006	17	*	*	14	*	*	4	*	14	*
	2005	19	*	*	17	*	*	3	*	13	*
	2004	0	*	*	0	*	*	0	*	0	*
	2003	2	*	*	2	*	*	0	*	3	*
	2002	3	*	*	2	*	*	0	*	2	*
American Indian/Alaska Native	2011	12	*	*	11	*	*	3	*	7	*
	2010	2	*	*	2	*	*	0	*	2	*
	2009	7	*	*	7	*	*	0	*	6	*
	2008	5	*	*	5	*	*	0	*	4	*
	2007	7	*	*	5	*	*	1	*	3	*
	2006	11	*	*	11	*	*	3	*	9	*
	2005	5	*	*	4	*	*	0	*	1	*
	2004	7	*	*	5	*	*	2	*	2	*
	2003	14	*	*	10	*	*	0	*	9	*
	2002	18	*	*	13	*	*	1	*	7	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Asian/Pacific Islander	2011	54	*	*	50	*	*	10	*	27	*
	2010	26	*	*	24	*	*	6	*	16	*
	2009	28	*	*	22	*	*	5	*	14	*
	2008	27	*	*	24	*	*	8	*	23	*
	2007	24	*	*	21	*	*	2	*	22	*
	2006	28	*	*	24	*	*	5	*	24	*
	2005	33	*	*	30	*	*	5	*	23	*
	2004	32	*	*	30	*	*	5	*	25	*
	2003	28	*	*	28	*	*	2	*	22	*
	2002	19	*	*	18	*	*	6	*	22	*
Multiple Races	2011	53	*	*	51	*	*	6	*	21	*
	2010	39	*	*	35	*	*	3	*	17	*
	2009	42	*	*	38	*	*	4	*	28	*
	2008	27	*	*	24	*	*	2	*	22	*
	2007	24	*	*	21	*	*	3	*	16	*
	2006	22	*	*	17	*	*	3	*	17	*
	2005	28	*	*	27	*	*	5	*	27	*
	2004	17	*	*	17	*	*	2	*	16	*
	2003	0	*	*	0	*	*	0	*	0	*
	2002	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
All Other/Unknown	2011	180	3.9	57.8	169	19.5	48.5	24	*	83	*
	2010	204	4.4	53.4	188	22.9	47.9	23	*	96	*
	2009	202	5.4	51.5	179	19.6	44.1	27	*	120	15.8
	2008	176	4.0	55.7	156	17.9	46.8	27	*	148	21.6
	2007	230	4.3	57.0	196	19.4	48.5	32	*	160	23.1
	2006	202	3.0	56.4	177	22.0	50.3	23	*	149	23.5
	2005	188	6.4	54.8	176	18.8	48.9	30	*	131	22.9
	2004	203	8.4	49.3	188	19.7	47.3	24	*	154	22.7
	2003	225	4.9	48.0	212	18.4	47.6	27	*	155	31.0
	2002	233	3.9	53.6	213	17.8	50.7	36	*	172	20.9
Total All Race/Ethnic Groups	2011	3,264	4.6	52.7	3,066	18.4	49.9	434	23.3	1,696	22.1
	2010	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3
	2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
	2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
	2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
	2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
	2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
	2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
	2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
	2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
White, Not Hispanic	2011	2,729	79.7	0.3	2,790	38.9
	2010	2,866	79.4	0.2	2,926	35.6
	2009	2,909	79.5	0.3	2,978	33.4
	2008	2,950	78.7	0.4	3,022	34.8
	2007	2,897	80.2	0.3	2,986	37.1
	2006	2,825	80.5	0.4	2,944	38.2
	2005	2,766	79.4	0.4	2,861	32.1
	2004	2,793	87.5	0.7	3,040	36.8
	2003	2,674	88.3	0.5	2,983	37.5
	2002	2,701	86.1	0.3	3,000	37.2
Black, Not Hispanic	2011	56	*	*	58	*
	2010	73	*	*	76	*
	2009	47	*	*	52	*
	2008	55	*	*	62	*
	2007	56	*	*	59	*
	2006	53	*	*	56	*
	2005	40	*	*	42	*
	2004	34	*	*	42	*
	2003	34	*	*	38	*
	2002	26	*	*	32	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Hispanic	2011	20	*	*	19	*
	2010	12	*	*	17	*
	2009	18	*	*	20	*
	2008	27	*	*	26	*
	2007	20	*	*	23	*
	2006	17	*	*	19	*
	2005	21	*	*	24	*
	2004	0	*	*	0	*
	2003	2	*	*	2	*
	2002	1	*	*	3	*
American Indian/Alaska Native	2011	11	*	*	12	*
	2010	2	*	*	2	*
	2009	7	*	*	7	*
	2008	6	*	*	6	*
	2007	7	*	*	8	*
	2006	12	*	*	12	*
	2005	4	*	*	5	*
	2004	6	*	*	8	*
	2003	11	*	*	16	*
	2002	14	*	*	19	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Asian/Pacific Islander	2011	51	*	*	57	*
	2010	24	*	*	26	*
	2009	26	*	*	28	*
	2008	34	*	*	36	*
	2007	29	*	*	30	*
	2006	32	*	*	33	*
	2005	37	*	*	39	*
	2004	42	*	*	46	*
	2003	33	*	*	34	*
	2002	27	*	*	28	*
Multiple Races	2011	54	*	*	52	*
	2010	36	*	*	37	*
	2009	37	*	*	40	*
	2008	27	*	*	25	*
	2007	25	*	*	27	*
	2006	28	*	*	28	*
	2005	40	*	*	40	*
	2004	21	*	*	23	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
All Other/Unknown	2011	171	79.5	1.2	173	39.9
	2010	188	73.4	0.5	194	38.1
	2009	191	79.1	1.6	200	42.5
	2008	191	78.0	0.5	197	44.7
	2007	245	77.1	0.4	251	42.6
	2006	220	80.5	0.9	231	39.0
	2005	208	83.2	0.0	214	42.5
	2004	205	84.9	1.0	228	39.9
	2003	208	84.6	1.0	251	39.0
	2002	221	84.2	0.0	262	42.4
Total All Race/Ethnic Groups	2011	3,092	79.1	0.3	3,161	38.8
	2010	3,201	78.3	0.2	3,278	35.8
	2009	3,235	79.0	0.4	3,325	34.1
	2008	3,290	77.9	0.5	3,374	35.2
	2007	3,279	79.4	0.3	3,384	37.7
	2006	3,187	79.5	0.4	3,323	38.0
	2005	3,116	79.2	0.4	3,225	32.9
	2004	3,101	87.0	0.7	3,387	36.9
	2003	2,962	87.7	0.5	3,324	37.6
	2002	2,990	85.9	0.3	3,344	37.4

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2011 Pregnancy Nutrition Surveillance (1)
Vermont

Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
White, Not Hispanic	2011	2,917	43.2	2,573	27.5	843	29.8	0	*	0	*
	2010	3,061	41.2	2,804	29.1	984	28.0	0	*	0	*
	2009	3,111	43.8	2,852	29.3	1,057	28.4	0	*	0	*
	2008	2,431	48.5	2,836	30.1	957	24.7	0	*	0	*
	2007	2,523	46.7	2,829	30.3	1,032	24.6	0	*	0	*
	2006	2,481	45.3	2,777	31.5	957	19.0	0	*	0	*
	2005	2,314	45.5	2,736	31.6	925	18.2	0	*	0	*
	2004	2,412	45.9	2,866	30.1	945	20.1	0	*	0	*
	2003	2,356	46.5	2,748	29.8	919	21.2	0	*	0	*
	2002	2,379	49.1	2,763	31.4	967	20.7	0	*	0	*
Black, Not Hispanic	2011	62	*	57	*	7	*	0	*	0	*
	2010	78	*	71	*	7	*	0	*	0	*
	2009	53	*	53	*	12	*	0	*	0	*
	2008	56	*	59	*	9	*	0	*	0	*
	2007	53	*	55	*	12	*	0	*	0	*
	2006	50	*	56	*	6	*	0	*	0	*
	2005	38	*	42	*	6	*	0	*	0	*
	2004	35	*	43	*	7	*	0	*	0	*
	2003	31	*	38	*	8	*	0	*	0	*
	2002	26	*	26	*	3	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2011 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Hispanic	2011	22	*	22	*	4	*	0	*	0	*
	2010	17	*	13	*	0	*	0	*	0	*
	2009	21	*	18	*	5	*	0	*	0	*
	2008	24	*	28	*	13	*	0	*	0	*
	2007	20	*	22	*	6	*	0	*	0	*
	2006	17	*	18	*	4	*	0	*	0	*
	2005	18	*	22	*	5	*	0	*	0	*
	2004	0	*	0	*	0	*	0	*	0	*
	2003	2	*	3	*	2	*	0	*	0	*
	2002	3	*	2	*	2	*	0	*	0	*
American Indian/Alaska Native	2011	12	*	11	*	5	*	0	*	0	*
	2010	2	*	3	*	1	*	0	*	0	*
	2009	7	*	7	*	4	*	0	*	0	*
	2008	5	*	6	*	1	*	0	*	0	*
	2007	7	*	6	*	2	*	0	*	0	*
	2006	11	*	12	*	4	*	0	*	0	*
	2005	5	*	4	*	3	*	0	*	0	*
	2004	7	*	6	*	1	*	0	*	0	*
	2003	12	*	13	*	1	*	0	*	0	*
	2002	17	*	15	*	3	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2011 Pregnancy Nutrition Surveillance (1)
Vermont

Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
		Number	%	Number	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2011	56	*	51	*	2	*	0	*	0	*
	2010	26	*	24	*	4	*	0	*	0	*
	2009	29	*	23	*	3	*	0	*	0	*
	2008	25	*	36	*	3	*	0	*	0	*
	2007	26	*	31	*	5	*	0	*	0	*
	2006	28	*	32	*	4	*	0	*	0	*
	2005	33	*	37	*	5	*	0	*	0	*
	2004	33	*	44	*	7	*	0	*	0	*
	2003	27	*	34	*	5	*	0	*	0	*
	2002	16	*	25	*	3	*	0	*	0	*
Multiple Races	2011	56	*	54	*	19	*	0	*	0	*
	2010	39	*	34	*	16	*	0	*	0	*
	2009	42	*	39	*	18	*	0	*	0	*
	2008	27	*	28	*	14	*	0	*	0	*
	2007	25	*	27	*	13	*	0	*	0	*
	2006	22	*	28	*	8	*	0	*	0	*
	2005	28	*	43	*	15	*	0	*	0	*
	2004	14	*	23	*	7	*	0	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2011 Pregnancy Nutrition Surveillance (1)
Vermont

Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
All Other/Unknown	2011	180	40.0	155	23.9	50	*	0	*	0	*
	2010	207	54.1	190	40.0	82	*	0	*	0	*
	2009	208	51.9	188	36.2	77	*	0	*	0	*
	2008	174	48.9	177	33.9	65	*	0	*	0	*
	2007	225	50.7	236	33.5	97	*	0	*	0	*
	2006	201	47.3	217	39.2	83	*	0	*	0	*
	2005	182	40.7	211	28.0	63	*	0	*	0	*
	2004	201	47.8	211	32.7	77	*	0	*	0	*
	2003	216	51.4	228	34.6	95	*	0	*	0	*
	2002	233	46.4	232	32.3	91	*	0	*	0	*
Total All Race/Ethnic Groups	2011	3,305	42.0	2,923	26.6	930	30.3	0	*	0	*
	2010	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
	2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
	2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
	2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
	2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
	2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
	2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
	2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
	2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 23C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
White, Not Hispanic	2011	2,758	7.2	10.5	2,625	9.1	2,387	3.7	2,624	79.3
	2010	2,908	6.7	9.3	2,769	8.8	2,526	3.0	2,764	77.6
	2009	2,956	7.4	10.7	2,818	9.7	2,543	3.2	2,754	77.9
	2008	2,994	7.5	10.5	2,842	9.9	2,559	3.3	2,844	74.4
	2007	2,921	6.6	9.8	2,775	9.7	2,507	3.1	2,797	71.9
	2006	2,855	7.6	10.6	2,740	10.5	2,451	3.2	2,713	71.3
	2005	2,812	6.8	10.4	2,690	9.3	2,439	2.7	2,754	67.4
	2004	2,942	7.2	11.2	2,860	8.5	2,614	3.6	2,870	68.0
	2003	2,832	7.6	11.1	2,786	10.7	2,487	2.6	2,769	65.7
	2002	2,847	6.9	10.1	2,806	9.2	2,545	2.9	2,788	65.5
Black, Not Hispanic	2011	58	*	*	54	*	46	*	52	*
	2010	73	*	*	71	*	59	*	63	*
	2009	49	*	*	48	*	41	*	44	*
	2008	55	*	*	54	*	51	*	55	*
	2007	56	*	*	55	*	47	*	56	*
	2006	54	*	*	51	*	40	*	53	*
	2005	40	*	*	39	*	32	*	46	*
	2004	37	*	*	36	*	30	*	42	*
	2003	36	*	*	36	*	32	*	35	*
	2002	28	*	*	27	*	26	*	27	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 23C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
Hispanic	2011	21	*	*	17	*	13	*	21	*
	2010	13	*	*	13	*	13	*	12	*
	2009	18	*	*	17	*	13	*	18	*
	2008	27	*	*	24	*	20	*	25	*
	2007	22	*	*	21	*	19	*	21	*
	2006	17	*	*	17	*	17	*	19	*
	2005	22	*	*	22	*	19	*	23	*
	2004	0	*	*	0	*	0	*	0	*
	2003	2	*	*	2	*	2	*	3	*
	2002	2	*	*	2	*	1	*	2	*
American Indian/Alaska Native	2011	11	*	*	11	*	10	*	10	*
	2010	2	*	*	2	*	1	*	3	*
	2009	7	*	*	7	*	7	*	7	*
	2008	6	*	*	6	*	5	*	6	*
	2007	7	*	*	7	*	5	*	6	*
	2006	12	*	*	12	*	9	*	11	*
	2005	4	*	*	4	*	4	*	4	*
	2004	6	*	*	6	*	5	*	6	*
	2003	12	*	*	12	*	11	*	13	*
	2002	14	*	*	14	*	10	*	15	*

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Table 23C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
Asian/Pacific Islander	2011	52	*	*	52	*	47	*	50	*
	2010	24	*	*	24	*	24	*	24	*
	2009	26	*	*	25	*	22	*	22	*
	2008	34	*	*	33	*	29	*	35	*
	2007	29	*	*	28	*	27	*	31	*
	2006	33	*	*	31	*	29	*	30	*
	2005	38	*	*	36	*	32	*	39	*
	2004	44	*	*	44	*	37	*	41	*
	2003	34	*	*	34	*	33	*	32	*
	2002	28	*	*	27	*	27	*	23	*
Multiple Races	2011	54	*	*	50	*	46	*	54	*
	2010	36	*	*	34	*	33	*	34	*
	2009	38	*	*	36	*	32	*	38	*
	2008	27	*	*	23	*	21	*	28	*
	2007	27	*	*	25	*	23	*	27	*
	2006	28	*	*	26	*	24	*	28	*
	2005	40	*	*	39	*	36	*	43	*
	2004	23	*	*	23	*	21	*	23	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*

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- (5) <37 weeks gestation.
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Table 23C
2011 Pregnancy Nutrition Surveillance ⁽¹⁾

Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
All Other/Unknown	2011	172	4.1	11.0	163	7.4	151	2.0	161	77.6
	2010	193	6.2	11.4	180	8.3	165	4.2	189	79.4
	2009	195	8.7	8.7	187	10.7	167	3.6	188	72.3
	2008	195	6.7	10.8	187	9.1	170	2.9	182	69.2
	2007	246	7.7	8.1	237	12.2	208	3.4	236	69.9
	2006	227	8.8	11.9	217	11.5	192	4.7	211	71.1
	2005	211	3.8	10.4	202	7.9	186	1.1	209	66.5
	2004	220	9.1	9.1	213	8.5	195	6.2	211	71.1
	2003	239	5.0	7.9	238	7.1	221	3.6	231	68.8
	2002	245	6.9	11.4	243	8.6	222	3.6	232	61.6
Total All Race/Ethnic Groups	2011	3,126	6.9	10.1	2,972	9.2	2,700	3.5	2,972	79.6
	2010	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
	2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
	2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
	2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
	2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
	2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
	2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
	2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
	2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3

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