

Table 1C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Demographic Indicators ⁽²⁾

Total Records	Number	%	Source of Data	Number	%
Complete Records	2,699	77.2	WIC	3,498	100.0
Prenatal Records	182	5.2	Maternal Health	0	0.0
Postpartum Records	617	17.6	Other	0	0.0
Total Records Accepted	3,498		Total	3,498	100.0
			<i>Excluded Unknown: 0</i>	<i>0.0</i>	

Race/Ethnic Distribution	Number	%
White, Not Hispanic	3,114	94.9
Black, Not Hispanic	79	2.4
Hispanic	19	0.6
American Indian/Alaska Native	3	0.1
Asian/Pacific Islander	27	0.8
Multiple Races	39	1.2
All Other	0	0.0
Total	3,281	100.0
<i>Excluded Unknown: 217</i>	<i>6.2</i>	

Age Distribution	Number	%
< 15 Years	2	0.1
15 - 17 Years	126	3.6
18 - 19 Years	366	10.5
20 - 29 Years	2,191	62.8
30 - 39 Years	764	21.9
>= 40 Years	42	1.2
Total	3,491	100.0
<i>Excluded Unknown: 7</i>	<i>0.2</i>	

Education Distribution	Number	%
< High School	531	16.4
High School	1,336	41.3
> High School	1,366	42.3
Total	3,233	100.0
<i>Excluded Unknown: 265</i>	<i>7.6</i>	

% Poverty Level	Number	%
0 - 50	1,059	37.1
51 - 100	847	29.6
101 - 130	352	12.3
131 - 150	200	7.0
151 - 185	259	9.1
186 - 200	65	2.3
> 200	76	2.7
Adjunctive Eligibility	0	0.0
Total	2,858	100.0
<i>Excluded Unknown: 23</i>	<i>0.8</i>	

Program Participation ⁽³⁾	Number	%
WIC	2,881	100.0
SNAP	2,862	39.5
Medicaid	2,881	76.5
TANF	2,861	12.6
<i>Excluded Unknown:</i>		
<i>WIC:</i>	0	0.0
<i>SNAP:</i>	19	0.7
<i>Medicaid:</i>	0	0.0
<i>TANF:</i>	20	0.7

Migrant Status	Number	%
Yes	8	0.2
No	3,327	99.8
Total	3,335	100.0
<i>Excluded Unknown: 163</i>	<i>4.7</i>	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Prenatal program participation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Prepregnancy BMI (3)				
Underweight	3,369	4.8	1,226,875	4.5
Normal Weight	3,369	42.5	1,226,875	42.5
Overweight	3,369	22.7	1,226,875	25.9
Obese	3,369	30.0	1,226,875	27.0
Maternal Weight Gain (4)				
Less Than Ideal	3,166	18.6	917,032	21.2
Ideal	3,166	31.8	917,032	30.6
Greater Than Ideal	3,166	49.7	917,032	48.2
Anemia (Low Hb/Hct) (5)				
1st Trimester	1,068	7.2	436,474	7.7
2nd Trimester	969	9.2	375,216	12.2
3rd Trimester	463	24.8	189,944	33.9
Postpartum	1,719	23.3	412,633	28.8
Parity (6)				
0	3,451	44.8	1,108,534	41.3
1	3,451	31.6	1,108,534	26.7
2	3,451	13.8	1,108,534	16.3
≥ 3	3,451	9.7	1,108,534	15.6
Interpregnancy Interval				
< 6 Months	1,531	12.7	614,765	12.0
6 - <18 Months	1,531	27.8	614,765	26.7
≥18 Months	1,531	59.6	614,765	61.3
Gestational Diabetes	0	*	389,161	5.0
Hypertension During Pregnancy	0	*	394,368	6.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Medical Care				
1st Trimester	3,201	78.3	527,184	82.2
No Care	3,201	0.2	527,184	3.1
WIC Enrollment				
1st Trimester	3,278	35.8	1,213,982	34.1
2nd Trimester	3,278	32.9	1,213,982	34.7
3rd Trimester	3,278	16.7	1,213,982	17.5
Postpartum (3)	3,278	14.7	1,213,982	13.7
Prepregnancy Multivitamin Consumption (4)	0	*	360,369	18.7
Multivitamin Consumption During Pregnancy (5)	0	*	372,743	83.5
Smoking				
3 Months Prior to Pregnancy	3,430	41.3	1,040,568	22.9
During Pregnancy	2,817	29.2	895,533	13.8
Last 3 Months of Pregnancy	3,139	29.1	838,781	13.0
Postpartum	3,151	29.0	782,035	15.0
Smoking Changes (6)				
Quit Smoking by First Prenatal Visit	1,242	34.9	206,583	43.1
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	1,094	27.9	156,709	36.7
Smoking in Household				
During Pregnancy	0	*	650,648	17.1
Postpartum	0	*	559,995	16.8
Drinking				
3 Months Prior to Pregnancy	2,779	30.7	1,040,654	8.3
Last 3 Months of Pregnancy	3,144	6.0	604,343	1.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Birthweight (3)				
Very Low	3,249	1.0	1,018,145	1.1
Low	3,249	5.6	1,018,145	7.1
Normal	3,249	83.9	1,018,145	85.1
High	3,249	9.5	1,018,145	6.7
Preterm (4)	3,093	8.8	1,017,333	11.1
Full term Low Birth Weight (5)	2,821	3.0	848,957	3.5
Multiple Births	3,316	1.5	1,095,174	1.4
Breastfeeding				
Ever Breastfed	3,089	78.0	997,136	66.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.



Table 3C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Racial and Ethnic Distribution by Contributor to Nation

Comparison of Racial and Ethnic Distribution ⁽²⁾								
	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Vermont	3,498	89.0	2.3	0.5	0.1	0.8	1.1	6.2
Nation (Prior Year)	1,304,320	41.6	24.1	28.3	1.1	3.2	1.2	0.5

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by Contributor to Nation

Comparison of Age Distribution ⁽²⁾								
	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Vermont	3,498	0.1	3.6	10.5	62.6	21.8	1.2	0.2
Nation (Prior Year)	1,304,320	0.3	5.8	12.3	59.4	20.4	1.5	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Health Indicators by Contributor to Nation

Comparison of Maternal Health Indicators ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
		Number	%		%	Number	%	%	Number	%			Number	%
Vermont	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3	0	*	0	*
Nation (Prior Year)	1,226,875	4.5	52.9	917,032	21.2	48.2	189,944	33.9	412,633	28.8	389,161	5.0	394,368	6.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Behavioral Indicators by Contributor to Nation

Comparison of Maternal Behavioral Indicators ⁽²⁾									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,201	78.3	0.2	3,278	35.8	0	*	0	*
Nation (Prior Year)	527,184	82.2	3.1	1,213,982	34.1	360,369	18.7	372,743	83.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by Contributor to Nation

Comparison of Smoking Indicators (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	%	Number	%	Number	%	Number	%		
Vermont	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
Nation (Prior Year)	1,040,568	22.9	838,781	13.0	156,709	36.7	650,648	17.1	559,995	16.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by Contributor to Nation

Comparison of Infant Health Indicators ⁽²⁾									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)	High (4)							
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
Nation (Prior Year)	1,018,145	8.2	6.7	1,017,333	11.1	848,957	3.5	997,136	66.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 9C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Maternal Health Indicators by Race/Ethnicity, Age, or Education

Maternal Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	%	%	Number	%	%	Number	%	Number	%	Number	%	Number	%
Race/Ethnicity														
White, Not Hispanic	3,007	4.7	52.5	2,835	17.9	50.2	418	23.2	1,548	22.1	0	*	0	*
Black, Not Hispanic	77	*	*	72	*	*	9	*	33	*	0	*	0	*
Hispanic	14	*	*	10	*	*	4	*	7	*	0	*	0	*
American Indian/Alaska Native	2	*	*	2	*	*	0	*	2	*	0	*	0	*
Asian/Pacific Islander	26	*	*	24	*	*	6	*	16	*	0	*	0	*
Multiple Races	39	*	*	35	*	*	3	*	17	*	0	*	0	*
All Other/Unknown	204	4.4	53.4	188	22.9	47.9	23	*	96	*	0	*	0	*
Total	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3	0	*	0	*
Age														
< 15 Years	1	*	*	1	*	*	1	*	0	*	0	*	0	*
15 - 17 Years	123	11.4	24.4	120	15.8	53.3	21	*	66	*	0	*	0	*
18 - 19 Years	357	9.5	45.7	325	15.4	55.7	49	*	165	29.7	0	*	0	*
20 - 29 Years	2,116	4.3	53.0	1,997	18.4	49.5	292	26.0	1,071	23.6	0	*	0	*
30 - 39 Years	726	3.3	58.8	682	20.8	46.3	93	*	402	17.7	0	*	0	*
>= 40 Years	41	*	*	37	*	*	6	*	15	*	0	*	0	*
Unknown	5	*	*	4	*	*	1	*	0	*	0	*	0	*
Total	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3	0	*	0	*
Education														
< High School	521	9.2	46.3	511	21.5	48.1	84	*	279	33.0	0	*	0	*
High School	1,312	4.1	55.6	1,303	19.1	49.2	184	26.1	660	25.8	0	*	0	*
> High School	1,339	3.6	52.0	1,329	16.6	50.9	192	18.2	737	17.9	0	*	0	*
Unknown	197	6.1	54.3	23	*	*	3	*	43	*	0	*	0	*
Total	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 10C
2010 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	2,866	79.4	0.2	2,926	35.6	0	*	0	*
Black, Not Hispanic	73	*	*	76	*	0	*	0	*
Hispanic	12	*	*	17	*	0	*	0	*
American Indian/Alaska Native	2	*	*	2	*	0	*	0	*
Asian/Pacific Islander	24	*	*	26	*	0	*	0	*
Multiple Races	36	*	*	37	*	0	*	0	*
All Other/Unknown	188	73.4	0.5	194	38.1	0	*	0	*
Total	3,201	78.3	00.2	3,278	35.8	0	*	0	*
Age									
< 15 Years	1	*	*	2	*	0	*	0	*
15 - 17 Years	121	71.1	0.0	117	38.5	0	*	0	*
18 - 19 Years	327	71.9	0.0	344	39.5	0	*	0	*
20 - 29 Years	2,005	79.5	0.2	2,049	37.0	0	*	0	*
30 - 39 Years	705	80.1	0.6	720	30.8	0	*	0	*
>= 40 Years	38	*	*	41	*	0	*	0	*
Unknown	4	*	*	5	*	0	*	0	*
Total	3,201	78.3	00.2	3,278	35.8	0	*	0	*
Education									
< High School	519	65.7	0.6	496	34.7	0	*	0	*
High School	1,310	79.4	0.2	1,268	36.8	0	*	0	*
> High School	1,348	82.0	0.2	1,314	30.5	0	*	0	*
Unknown	24	*	*	200	66.5	0	*	0	*
Total	3,201	78.3	00.2	3,278	35.8	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for behavioral indicators, and data with errors for behavioral and demographic indicators.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 11C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Smoking Indicators by Race/Ethnicity, Age, or Education

Smoking Indicators by Race/Ethnicity, Age, or Education ⁽²⁾										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
Race/Ethnicity										
White, Not Hispanic	3,061	41.2	2,804	29.1	984	28.0	0	*	0	*
Black, Not Hispanic	78	*	71	*	7	*	0	*	0	*
Hispanic	17	*	13	*	0	*	0	*	0	*
American Indian/Alaska Native	2	*	3	*	1	*	0	*	0	*
Asian/Pacific Islander	26	*	24	*	4	*	0	*	0	*
Multiple Races	39	*	34	*	16	*	0	*	0	*
All Other/Unknown	207	54.1	190	40.0	82	*	0	*	0	*
Total	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
Age										
< 15 Years	2	*	1	*	0	*	0	*	0	*
15 - 17 Years	124	44.4	117	27.4	49	*	0	*	0	*
18 - 19 Years	360	54.2	315	35.2	158	31.6	0	*	0	*
20 - 29 Years	2,149	44.1	1,968	31.7	736	26.0	0	*	0	*
30 - 39 Years	748	27.1	697	19.2	143	30.8	0	*	0	*
>= 40 Years	42	*	37	*	7	*	0	*	0	*
Unknown	5	*	4	*	1	*	0	*	0	*
Total	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
Education										
< High School	530	59.4	492	46.3	246	21.5	0	*	0	*
High School	1,334	47.8	1,285	36.1	546	23.4	0	*	0	*
> High School	1,366	27.3	1,295	15.5	293	41.0	0	*	0	*
Unknown	200	45.5	67	*	9	*	0	*	0	*
Total	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for smoking indicators, and data with errors for smoking and demographic indicators.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 12C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Infant Health Indicators by Race/Ethnicity, Age, or Education

Infant Health Indicators by Race/Ethnicity, Age, or Education (2)									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)	Number	%	Number	%	Number	%
	Number	%	%						
Race/Ethnicity									
White, Not Hispanic	2,908	6.7	9.3	2,769	8.8	2,526	3.0	2,764	77.6
Black, Not Hispanic	73	*	*	71	*	59	*	63	*
Hispanic	13	*	*	13	*	13	*	12	*
American Indian/Alaska Native	2	*	*	2	*	1	*	3	*
Asian/Pacific Islander	24	*	*	24	*	24	*	24	*
Multiple Races	36	*	*	34	*	33	*	34	*
All Other/Unknown	193	6.2	11.4	180	8.3	165	4.2	189	79.4
Total	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
Age									
< 15 Years	1	*	*	1	*	1	*	1	*
15 - 17 Years	121	9.1	5.8	114	13.2	99	*	118	65.3
18 - 19 Years	332	5.7	9.3	316	8.2	290	4.1	316	70.3
20 - 29 Years	2,040	5.1	8.6	1,936	8.8	1,765	2.7	1,942	78.1
30 - 39 Years	713	6.5	12.3	684	8.5	626	3.8	676	83.7
>= 40 Years	38	*	*	38	*	36	*	33	*
Unknown	4	*	*	4	*	4	*	3	*
Total	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
Education									
< High School	526	7.8	5.9	491	10.8	438	4.1	483	67.3
High School	1,334	5.8	9.5	1,266	8.6	1,157	3.1	1,248	72.1
> High School	1,365	4.4	10.8	1,313	8.1	1,207	2.5	1,285	87.5
Unknown	24	*	*	23	*	19	*	73	*
Total	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 13C
2010 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Weight Gain and Birth Outcomes by Select Health Indicators

Maternal Weight Gain and Birth Outcomes by Select Health Indicators (2)										
	Weight Gain (3)			Birth Outcomes						
	< Ideal	> Ideal		Birthweight			Preterm (6)	Full Term LBW (7)		
		Low (4)	High (5)	Number	%	%				
Number	%	%	Number	%	%	Number	%	Number	%	
Prepregnancy BMI										
Underweight	152	27.0	19.7	152	14.5	2.6	149	14.1	128	7.0
Normal Weight	1,357	19.2	43.1	1,363	6.2	7.6	1,308	7.6	1,208	3.5
Overweight	720	11.7	63.6	728	6.5	9.9	693	8.8	632	2.4
Obese	937	21.6	53.3	943	5.3	13.4	887	8.8	809	2.2
Weight Gain										
< Ideal	-	-	-	587	12.3	4.8	563	13.1	489	5.7
Ideal	-	-	-	1,005	5.8	7.5	960	9.0	874	2.9
> Ideal	-	-	-	1,571	4.4	12.7	1,493	6.6	1,394	2.1
Smoking During Pregnancy										
Smokers	750	25.3	42.5	769	9.5	5.3	745	9.9	671	4.6
Non-Smokers	1,832	16.6	51.9	1,863	4.7	11.3	1,811	7.7	1,671	2.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 14C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Racial and Ethnic Distribution

Summary of Trends in Racial and Ethnic Distribution ⁽²⁾								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
2010	3,498	89.0	2.3	0.5	0.1	0.8	1.1	6.2
2009	3,548	89.4	1.6	0.6	0.2	0.8	1.2	6.1
2008	3,627	89.4	1.9	0.9	0.2	1.1	0.8	5.7
2007	3,617	88.4	1.7	0.7	0.2	0.9	0.8	7.3
2006	3,535	88.5	1.8	0.6	0.3	1.0	0.9	6.9
2005	3,445	88.6	1.5	0.8	0.1	1.2	1.3	6.6
2004	3,572	89.6	1.5	0.0	0.2	1.3	0.6	6.7
2003	3,458	89.7	1.3	0.1	0.5	1.1	0.0	7.4
2002	3,485	89.9	1.0	0.1	0.6	0.8	0.0	7.6
2001	3,261	90.3	0.7	0.1	0.6	0.9	0.0	7.4
2000	3,245	91.3	0.6	0.2	0.4	0.8	0.0	6.7
1999	3,189	96.5	1.0	0.1	0.4	0.6	0.0	1.4
1998	3,261	97.2	0.5	0.1	0.3	0.7	0.0	1.2
1997	3,257	98.0	0.4	0.2	0.2	1.1	0.0	0.2
1996	3,211	97.7	0.7	0.1	0.2	1.1	0.0	0.2
1995	3,054	97.9	0.6	0.1	0.3	1.0	0.0	0.1
1994	3,392	97.3	0.7	0.2	0.3	1.3	0.0	0.1
1993	3,106	97.8	0.7	0.1	0.1	1.1	0.0	0.1
1992	3,203	96.7	0.7	0.3	0.1	0.9	0.0	1.3
1991	3,141	98.3	0.6	0.4	0.2	0.5	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 15C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Age Distribution

Summary of Trends in Age Distribution ⁽²⁾								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
2010	3,498	0.1	3.6	10.5	62.6	21.8	1.2	0.2
2009	3,548	0.1	3.4	11.1	62.7	21.1	1.4	0.2
2008	3,627	0.2	3.9	12.7	62.4	19.3	1.5	0.1
2007	3,617	0.1	4.5	12.5	63.2	18.2	1.4	0.2
2006	3,535	0.1	4.6	11.6	61.5	20.5	1.6	0.1
2005	3,445	0.2	4.4	11.3	63.0	19.4	1.5	0.2
2004	3,572	0.1	4.5	11.1	61.6	21.1	1.6	0.0
2003	3,458	0.2	4.1	12.1	60.6	20.7	2.3	0.0
2002	3,485	0.3	5.7	12.5	59.1	20.9	1.4	0.0
2001	3,261	0.2	6.3	13.5	59.7	19.1	1.2	0.0
2000	3,245	0.3	5.9	13.8	58.6	20.1	1.3	0.0
1999	3,189	0.3	6.4	13.2	59.9	19.3	0.9	0.0
1998	3,261	0.3	6.2	13.6	61.4	17.4	1.2	0.0
1997	3,257	0.2	6.8	13.7	59.8	18.5	1.0	0.0
1996	3,211	0.2	7.8	13.4	60.7	16.9	1.0	0.0
1995	3,054	0.4	5.9	14.8	61.3	16.5	1.0	0.1
1994	3,392	0.6	6.9	13.9	61.1	16.7	0.8	0.0
1993	3,106	0.4	7.4	14.1	59.1	17.2	0.9	1.0
1992	3,203	0.2	7.3	14.3	61.7	15.4	0.5	0.7
1991	3,141	0.4	8.4	15.1	59.4	16.0	0.6	0.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
2010	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3
2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7
2001	2,689	5.8	50.4	2,520	20.9	48.7	421	24.5	2,166	21.6
2000	2,703	5.5	49.8	2,533	19.8	48.8	429	23.1	2,123	18.8
1999	2,695	6.2	47.2	2,531	18.5	49.7	500	20.2	2,141	20.0
1998	2,806	6.2	47.4	2,532	18.2	48.9	465	12.5	2,160	9.0
1997	2,788	6.3	45.3	2,524	18.1	49.6	485	12.0	2,094	6.1
1996	2,708	7.0	45.2	2,448	19.3	48.4	35	*	328	5.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
1995	2,587	7.3	45.2	2,342	20.5	47.5	449	13.6	1,911	6.4
1994	2,845	7.7	42.2	2,433	22.9	46.1	524	10.1	2,218	6.6
1993	2,553	6.3	43.1	2,246	20.5	48.4	468	11.1	2,087	6.6
1992	2,479	6.7	43.2	2,374	20.8	48.0	537	13.4	2,155	8.1
1991	2,786	7.6	39.5	1,966	23.8	40.8	538	16.7	1,823	8.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
2010	3,201	78.3	0.2	3,278	35.8
2009	3,235	79.0	0.4	3,325	34.1
2008	3,290	77.9	0.5	3,374	35.2
2007	3,279	79.4	0.3	3,384	37.7
2006	3,187	79.5	0.4	3,323	38.0
2005	3,116	79.2	0.4	3,225	32.9
2004	3,101	87.0	0.7	3,387	36.9
2003	2,962	87.7	0.5	3,324	37.6
2002	2,990	85.9	0.3	3,344	37.4
2001	2,832	85.5	0.2	3,164	37.9
2000	2,803	84.3	0.3	3,161	35.0
1999	2,759	83.2	0.5	3,121	34.6
1998	2,775	82.9	0.5	3,158	37.7
1997	2,741	83.4	0.5	3,105	38.1
1996	2,724	82.9	0.4	3,045	34.7
1995	2,612	82.0	0.4	2,927	36.2
1994	2,869	79.8	0.4	3,236	33.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
1993	2,821	79.0	0.4	3,034	30.4
1992	2,845	78.5	0.5	3,117	28.4
1991	1,605	75.4	0.0	3,096	29.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
2010	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*
2001	2,664	48.0	2,943	33.4	1,112	19.5	0	*	0	*
2000	2,663	48.7	2,920	32.7	1,130	20.4	0	*	0	*
1999	2,668	46.8	2,886	31.1	1,098	22.3	0	*	0	*
1998	2,752	49.0	2,852	33.7	1,125	21.7	0	*	0	*
1997	2,744	48.7	2,864	32.5	1,120	22.5	0	*	0	*
1996	2,665	50.4	2,798	35.7	1,145	21.0	0	*	0	*
1995	2,512	51.0	2,703	36.5	1,113	19.0	0	*	0	*
1994	2,668	51.6	2,978	39.5	1,180	16.0	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	%	Number	%	Number	%	Number	%		
1993	2,289	52.9	2,788	39.4	1,056	13.7	0	*	0	*
1992	0	*	0	*	0	*	0	*	0	*
1991	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
2010	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3
2001	3,049	6.6	11.3	2,967	8.7	2,709	3.3	2,866	63.7
2000	3,025	7.4	12.3	2,958	9.6	2,674	3.4	2,856	61.0
1999	2,972	6.5	11.0	2,914	8.8	2,656	3.1	2,900	60.0
1998	2,985	6.9	12.0	2,899	9.9	2,612	2.9	2,879	56.3
1997	2,958	7.6	10.1	2,868	8.1	2,627	4.2	2,895	56.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
1996	2,907	7.3	10.6	2,808	9.8	2,524	3.4	2,828	53.3
1995	2,774	6.1	11.4	2,693	9.1	2,439	2.6	2,611	54.9
1994	2,924	6.3	10.9	2,856	9.1	2,586	3.6	2,241	58.4
1993	2,855	6.3	11.9	2,797	9.1	2,534	3.0	2,618	46.0
1992	2,926	6.3	9.3	2,864	9.1	2,595	2.9	2,550	53.0
1991	2,405	7.0	10.2	2,364	9.2	2,142	3.2	1,633	55.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2010	3,007	4.7	52.5	2,835	17.9	50.2	418	23.2	1,548	22.1
	2009	3,072	4.1	52.6	2,763	19.5	49.7	400	21.3	1,923	23.2
	2008	2,511	5.3	52.1	2,222	17.4	50.6	406	20.2	2,057	20.8
	2007	2,586	4.4	52.1	2,241	17.0	52.0	424	23.6	1,946	22.0
	2006	2,515	4.6	54.9	2,163	18.5	52.9	417	22.1	1,829	21.0
	2005	2,389	4.3	52.8	2,212	18.1	53.5	376	25.5	1,729	23.0
	2004	2,561	4.8	51.7	2,372	16.7	53.0	354	25.1	1,938	21.4
	2003	2,429	4.9	51.6	2,222	16.3	54.4	352	25.9	1,962	20.5
	2002	2,423	5.9	49.6	2,219	18.1	51.5	348	17.2	2,053	20.4
	2001	2,420	5.6	50.6	2,275	20.6	49.4	370	24.3	1,970	21.5
Black, Not Hispanic	2010	77	*	*	72	*	*	9	*	33	*
	2009	50	*	*	48	*	*	10	*	34	*
	2008	55	*	*	49	*	*	12	*	38	*
	2007	49	*	*	39	*	*	11	*	26	*
	2006	38	*	*	32	*	*	8	*	30	*
	2005	36	*	*	33	*	*	5	*	21	*
	2004	36	*	*	30	*	*	2	*	22	*
	2003	31	*	*	29	*	*	5	*	26	*
	2002	28	*	*	23	*	*	6	*	22	*
	2001	18	*	*	17	*	*	4	*	18	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2010	14	*	*	10	*	*	4	*	7	*
	2009	21	*	*	16	*	*	4	*	12	*
	2008	25	*	*	22	*	*	5	*	20	*
	2007	19	*	*	16	*	*	2	*	16	*
	2006	17	*	*	14	*	*	4	*	14	*
	2005	19	*	*	17	*	*	3	*	13	*
	2004	0	*	*	0	*	*	0	*	0	*
	2003	2	*	*	2	*	*	0	*	3	*
	2002	3	*	*	2	*	*	0	*	2	*
	2001	1	*	*	1	*	*	0	*	1	*
American Indian/Alaska Native	2010	2	*	*	2	*	*	0	*	2	*
	2009	7	*	*	7	*	*	0	*	6	*
	2008	5	*	*	5	*	*	0	*	4	*
	2007	7	*	*	5	*	*	1	*	3	*
	2006	11	*	*	11	*	*	3	*	9	*
	2005	5	*	*	4	*	*	0	*	1	*
	2004	7	*	*	5	*	*	2	*	2	*
	2003	14	*	*	10	*	*	0	*	9	*
	2002	18	*	*	13	*	*	1	*	7	*
	2001	16	*	*	13	*	*	4	*	12	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Asian/Pacific Islander	2010	26	*	*	24	*	*	6	*	16	*
	2009	28	*	*	22	*	*	5	*	14	*
	2008	27	*	*	24	*	*	8	*	23	*
	2007	24	*	*	21	*	*	2	*	22	*
	2006	28	*	*	24	*	*	5	*	24	*
	2005	33	*	*	30	*	*	5	*	23	*
	2004	32	*	*	30	*	*	5	*	25	*
	2003	28	*	*	28	*	*	2	*	22	*
	2002	19	*	*	18	*	*	6	*	22	*
	2001	23	*	*	19	*	*	4	*	21	*
Multiple Races	2010	39	*	*	35	*	*	3	*	17	*
	2009	42	*	*	38	*	*	4	*	28	*
	2008	27	*	*	24	*	*	2	*	22	*
	2007	24	*	*	21	*	*	3	*	16	*
	2006	22	*	*	17	*	*	3	*	17	*
	2005	28	*	*	27	*	*	5	*	27	*
	2004	17	*	*	17	*	*	2	*	16	*
	2003	0	*	*	0	*	*	0	*	0	*
	2002	0	*	*	0	*	*	0	*	0	*
	2001	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
All Other/Unknown	2010	204	4.4	53.4	188	22.9	47.9	23	*	96	*
	2009	202	5.4	51.5	179	19.6	44.1	27	*	120	15.8
	2008	176	4.0	55.7	156	17.9	46.8	27	*	148	21.6
	2007	230	4.3	57.0	196	19.4	48.5	32	*	160	23.1
	2006	202	3.0	56.4	177	22.0	50.3	23	*	149	23.5
	2005	188	6.4	54.8	176	18.8	48.9	30	*	131	22.9
	2004	203	8.4	49.3	188	19.7	47.3	24	*	154	22.7
	2003	225	4.9	48.0	212	18.4	47.6	27	*	155	31.0
	2002	233	3.9	53.6	213	17.8	50.7	36	*	172	20.9
2001	211	6.6	52.1	195	20.5	45.1	39	*	144	20.1	
Total All Race/Ethnic Groups	2010	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3
	2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
	2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
	2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
	2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
	2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
	2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
	2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
	2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7
2001	2,689	5.8	50.4	2,520	20.9	48.7	421	24.5	2,166	21.6	

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
White, Not Hispanic	2010	2,866	79.4	0.2	2,926	35.6
	2009	2,909	79.5	0.3	2,978	33.4
	2008	2,950	78.7	0.4	3,022	34.8
	2007	2,897	80.2	0.3	2,986	37.1
	2006	2,825	80.5	0.4	2,944	38.2
	2005	2,766	79.4	0.4	2,861	32.1
	2004	2,793	87.5	0.7	3,040	36.8
	2003	2,674	88.3	0.5	2,983	37.5
	2002	2,701	86.1	0.3	3,000	37.2
	2001	2,569	85.8	0.2	2,857	37.9
Black, Not Hispanic	2010	73	*	*	76	*
	2009	47	*	*	52	*
	2008	55	*	*	62	*
	2007	56	*	*	59	*
	2006	53	*	*	56	*
	2005	40	*	*	42	*
	2004	34	*	*	42	*
	2003	34	*	*	38	*
	2002	26	*	*	32	*
	2001	19	*	*	22	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Hispanic	2010	12	*	*	17	*
	2009	18	*	*	20	*
	2008	27	*	*	26	*
	2007	20	*	*	23	*
	2006	17	*	*	19	*
	2005	21	*	*	24	*
	2004	0	*	*	0	*
	2003	2	*	*	2	*
	2002	1	*	*	3	*
	2001	1	*	*	2	*
American Indian/Alaska Native	2010	2	*	*	2	*
	2009	7	*	*	7	*
	2008	6	*	*	6	*
	2007	7	*	*	8	*
	2006	12	*	*	12	*
	2005	4	*	*	5	*
	2004	6	*	*	8	*
	2003	11	*	*	16	*
	2002	14	*	*	19	*
	2001	14	*	*	17	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Asian/Pacific Islander	2010	24	*	*	26	*
	2009	26	*	*	28	*
	2008	34	*	*	36	*
	2007	29	*	*	30	*
	2006	32	*	*	33	*
	2005	37	*	*	39	*
	2004	42	*	*	46	*
	2003	33	*	*	34	*
	2002	27	*	*	28	*
	2001	24	*	*	30	*
Multiple Races	2010	36	*	*	37	*
	2009	37	*	*	40	*
	2008	27	*	*	25	*
	2007	25	*	*	27	*
	2006	28	*	*	28	*
	2005	40	*	*	40	*
	2004	21	*	*	23	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*
	2001	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
All Other/Unknown	2010	188	73.4	0.5	194	38.1
	2009	191	79.1	1.6	200	42.5
	2008	191	78.0	0.5	197	44.7
	2007	245	77.1	0.4	251	42.6
	2006	220	80.5	0.9	231	39.0
	2005	208	83.2	0.0	214	42.5
	2004	205	84.9	1.0	228	39.9
	2003	208	84.6	1.0	251	39.0
	2002	221	84.2	0.0	262	42.4
	2001	205	83.9	1.0	236	40.3
Total All Race/Ethnic Groups	2010	3,201	78.3	0.2	3,278	35.8
	2009	3,235	79.0	0.4	3,325	34.1
	2008	3,290	77.9	0.5	3,374	35.2
	2007	3,279	79.4	0.3	3,384	37.7
	2006	3,187	79.5	0.4	3,323	38.0
	2005	3,116	79.2	0.4	3,225	32.9
	2004	3,101	87.0	0.7	3,387	36.9
	2003	2,962	87.7	0.5	3,324	37.6
	2002	2,990	85.9	0.3	3,344	37.4
	2001	2,832	85.5	0.2	3,164	37.9

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2010 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
White, Not Hispanic	2010	3,061	41.2	2,804	29.1	984	28.0	0	*	0	*
	2009	3,111	43.8	2,852	29.3	1,057	28.4	0	*	0	*
	2008	2,431	48.5	2,836	30.1	957	24.7	0	*	0	*
	2007	2,523	46.7	2,829	30.3	1,032	24.6	0	*	0	*
	2006	2,481	45.3	2,777	31.5	957	19.0	0	*	0	*
	2005	2,314	45.5	2,736	31.6	925	18.2	0	*	0	*
	2004	2,412	45.9	2,866	30.1	945	20.1	0	*	0	*
	2003	2,356	46.5	2,748	29.8	919	21.2	0	*	0	*
	2002	2,379	49.1	2,763	31.4	967	20.7	0	*	0	*
	2001	2,393	48.8	2,670	33.7	1,017	19.8	0	*	0	*
Black, Not Hispanic	2010	78	*	71	*	7	*	0	*	0	*
	2009	53	*	53	*	12	*	0	*	0	*
	2008	56	*	59	*	9	*	0	*	0	*
	2007	53	*	55	*	12	*	0	*	0	*
	2006	50	*	56	*	6	*	0	*	0	*
	2005	38	*	42	*	6	*	0	*	0	*
	2004	35	*	43	*	7	*	0	*	0	*
	2003	31	*	38	*	8	*	0	*	0	*
	2002	26	*	26	*	3	*	0	*	0	*
	2001	20	*	19	*	5	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2010 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
		Number	%	Number	%	Number	%	Number	%	Number	%
Hispanic	2010	17	*	13	*	0	*	0	*	0	*
	2009	21	*	18	*	5	*	0	*	0	*
	2008	24	*	28	*	13	*	0	*	0	*
	2007	20	*	22	*	6	*	0	*	0	*
	2006	17	*	18	*	4	*	0	*	0	*
	2005	18	*	22	*	5	*	0	*	0	*
	2004	0	*	0	*	0	*	0	*	0	*
	2003	2	*	3	*	2	*	0	*	0	*
	2002	3	*	2	*	2	*	0	*	0	*
	2001	1	*	2	*	1	*	0	*	0	*
American Indian/Alaska Native	2010	2	*	3	*	1	*	0	*	0	*
	2009	7	*	7	*	4	*	0	*	0	*
	2008	5	*	6	*	1	*	0	*	0	*
	2007	7	*	6	*	2	*	0	*	0	*
	2006	11	*	12	*	4	*	0	*	0	*
	2005	5	*	4	*	3	*	0	*	0	*
	2004	7	*	6	*	1	*	0	*	0	*
	2003	12	*	13	*	1	*	0	*	0	*
	2002	17	*	15	*	3	*	0	*	0	*
	2001	16	*	15	*	2	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2010 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
		Number	%	Number	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2010	26	*	24	*	4	*	0	*	0	*
	2009	29	*	23	*	3	*	0	*	0	*
	2008	25	*	36	*	3	*	0	*	0	*
	2007	26	*	31	*	5	*	0	*	0	*
	2006	28	*	32	*	4	*	0	*	0	*
	2005	33	*	37	*	5	*	0	*	0	*
	2004	33	*	44	*	7	*	0	*	0	*
	2003	27	*	34	*	5	*	0	*	0	*
	2002	16	*	25	*	3	*	0	*	0	*
	2001	23	*	25	*	2	*	0	*	0	*
Multiple Races	2010	39	*	34	*	16	*	0	*	0	*
	2009	42	*	39	*	18	*	0	*	0	*
	2008	27	*	28	*	14	*	0	*	0	*
	2007	25	*	27	*	13	*	0	*	0	*
	2006	22	*	28	*	8	*	0	*	0	*
	2005	28	*	43	*	15	*	0	*	0	*
	2004	14	*	23	*	7	*	0	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*
	2001	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2010 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
All Other/Unknown	2010	207	54.1	190	40.0	82	*	0	*	0	*
	2009	208	51.9	188	36.2	77	*	0	*	0	*
	2008	174	48.9	177	33.9	65	*	0	*	0	*
	2007	225	50.7	236	33.5	97	*	0	*	0	*
	2006	201	47.3	217	39.2	83	*	0	*	0	*
	2005	182	40.7	211	28.0	63	*	0	*	0	*
	2004	201	47.8	211	32.7	77	*	0	*	0	*
	2003	216	51.4	228	34.6	95	*	0	*	0	*
	2002	233	46.4	232	32.3	91	*	0	*	0	*
	2001	211	46.9	212	35.4	85	*	0	*	0	*
Total All Race/Ethnic Groups	2010	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
	2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
	2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
	2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
	2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
	2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
	2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
	2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
	2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*
	2001	2,664	48.0	2,943	33.4	1,112	19.5	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 23C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
White, Not Hispanic	2010	2,908	6.7	9.3	2,769	8.8	2,526	3.0	2,764	77.6
	2009	2,956	7.4	10.7	2,818	9.7	2,543	3.2	2,754	77.9
	2008	2,994	7.5	10.5	2,842	9.9	2,559	3.3	2,844	74.4
	2007	2,921	6.6	9.8	2,775	9.7	2,507	3.1	2,797	71.9
	2006	2,855	7.6	10.6	2,740	10.5	2,451	3.2	2,713	71.3
	2005	2,812	6.8	10.4	2,690	9.3	2,439	2.7	2,754	67.4
	2004	2,942	7.2	11.2	2,860	8.5	2,614	3.6	2,870	68.0
	2003	2,832	7.6	11.1	2,786	10.7	2,487	2.6	2,769	65.7
	2002	2,847	6.9	10.1	2,806	9.2	2,545	2.9	2,788	65.5
	2001	2,765	6.7	11.3	2,689	8.7	2,454	3.3	2,609	64.0
Black, Not Hispanic	2010	73	*	*	71	*	59	*	63	*
	2009	49	*	*	48	*	41	*	44	*
	2008	55	*	*	54	*	51	*	55	*
	2007	56	*	*	55	*	47	*	56	*
	2006	54	*	*	51	*	40	*	53	*
	2005	40	*	*	39	*	32	*	46	*
	2004	37	*	*	36	*	30	*	42	*
	2003	36	*	*	36	*	32	*	35	*
	2002	28	*	*	27	*	26	*	27	*
	2001	21	*	*	20	*	19	*	20	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



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2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
Hispanic	2010	13	*	*	13	*	13	*	12	*
	2009	18	*	*	17	*	13	*	18	*
	2008	27	*	*	24	*	20	*	25	*
	2007	22	*	*	21	*	19	*	21	*
	2006	17	*	*	17	*	17	*	19	*
	2005	22	*	*	22	*	19	*	23	*
	2004	0	*	*	0	*	0	*	0	*
	2003	2	*	*	2	*	2	*	3	*
	2002	2	*	*	2	*	1	*	2	*
	2001	1	*	*	1	*	1	*	1	*
American Indian/Alaska Native	2010	2	*	*	2	*	1	*	3	*
	2009	7	*	*	7	*	7	*	7	*
	2008	6	*	*	6	*	5	*	6	*
	2007	7	*	*	7	*	5	*	6	*
	2006	12	*	*	12	*	9	*	11	*
	2005	4	*	*	4	*	4	*	4	*
	2004	6	*	*	6	*	5	*	6	*
	2003	12	*	*	12	*	11	*	13	*
	2002	14	*	*	14	*	10	*	15	*
	2001	15	*	*	14	*	13	*	14	*

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Table 23C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)	High (4)							
		Number	%	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2010	24	*	*	24	*	24	*	24	*
	2009	26	*	*	25	*	22	*	22	*
	2008	34	*	*	33	*	29	*	35	*
	2007	29	*	*	28	*	27	*	31	*
	2006	33	*	*	31	*	29	*	30	*
	2005	38	*	*	36	*	32	*	39	*
	2004	44	*	*	44	*	37	*	41	*
	2003	34	*	*	34	*	33	*	32	*
	2002	28	*	*	27	*	27	*	23	*
	2001	26	*	*	26	*	23	*	19	*
Multiple Races	2010	36	*	*	34	*	33	*	34	*
	2009	38	*	*	36	*	32	*	38	*
	2008	27	*	*	23	*	21	*	28	*
	2007	27	*	*	25	*	23	*	27	*
	2006	28	*	*	26	*	24	*	28	*
	2005	40	*	*	39	*	36	*	43	*
	2004	23	*	*	23	*	21	*	23	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*
	2001	0	*	*	0	*	0	*	0	*

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Table 23C
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
All Other/Unknown	2010	193	6.2	11.4	180	8.3	165	4.2	189	79.4
	2009	195	8.7	8.7	187	10.7	167	3.6	188	72.3
	2008	195	6.7	10.8	187	9.1	170	2.9	182	69.2
	2007	246	7.7	8.1	237	12.2	208	3.4	236	69.9
	2006	227	8.8	11.9	217	11.5	192	4.7	211	71.1
	2005	211	3.8	10.4	202	7.9	186	1.1	209	66.5
	2004	220	9.1	9.1	213	8.5	195	6.2	211	71.1
	2003	239	5.0	7.9	238	7.1	221	3.6	231	68.8
	2002	245	6.9	11.4	243	8.6	222	3.6	232	61.6
	2001	221	5.9	10.4	217	8.3	199	3.5	203	53.7
Total All Race/Ethnic Groups	2010	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
	2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
	2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
	2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
	2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
	2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
	2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
	2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
	2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3
	2001	3,049	6.6	11.3	2,967	8.7	2,709	3.3	2,866	63.7

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