

**Table 3F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Racial and Ethnic Distribution by Local Agency**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>								
<b>Local Agency</b>	Number Included in Analysis	White, Not Hispanic  %	Black, Not Hispanic  %	Hispanic  %	American Indian/Alaska Native  %	Asian/Pacific Islander  %	Multiple Races  %	All Other/Unknown  %
Barre	361	93.9	1.1	0.3	0.0	0.6	0.3	3.9
Bennington	245	80.4	0.8	0.0	0.0	0.8	0.0	18.0
Brattleb.	227	92.5	1.3	0.0	0.0	3.1	0.0	3.1
Burlington	619	82.1	9.5	0.2	0.0	1.5	0.2	6.6
Middlebury	174	90.2	0.6	1.7	0.6	1.1	0.6	5.2
Morrisv.	225	94.2	1.3	0.0	0.4	0.4	0.0	3.6
Newport	233	91.4	0.0	0.4	0.0	0.4	1.7	6.0
Rutland	389	88.7	0.5	0.8	0.3	0.5	2.1	7.2
Springfld	183	95.1	0.5	1.1	0.0	0.5	0.0	2.7
St.Albans	348	87.4	0.3	1.7	0.0	0.0	5.7	4.9
St.Johnsb.	233	94.8	0.0	0.0	0.0	0.0	0.0	5.2
WRJ	249	90.0	0.8	0.8	0.0	0.0	1.6	6.8
Unknown Local Agencies	12	*	*	*	*	*	*	*
<b>Vermont</b>	<b>3,498</b>	<b>89.0</b>	<b>2.3</b>	<b>0.5</b>	<b>0.1</b>	<b>0.8</b>	<b>1.1</b>	<b>6.2</b>
<b>Nation (Prior Year)</b>	<b>1,304,320</b>	<b>41.6</b>	<b>24.1</b>	<b>28.3</b>	<b>1.1</b>	<b>3.2</b>	<b>1.2</b>	<b>0.5</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Age Distribution by Local Agency**

<b>Comparison of Age Distribution</b> <sup>(2)</sup>								
<b>Local Agency</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Barre	361	0.0	4.7	10.2	59.8	24.4	0.8	0.0
Bennington	245	0.0	4.5	15.5	66.1	12.7	1.2	0.0
Brattleb.	227	0.0	4.0	9.7	60.8	24.2	0.4	0.9
Burlington	619	0.0	4.4	10.5	59.8	23.9	1.0	0.5
Middlebury	174	0.0	2.3	7.5	65.5	22.4	1.7	0.6
Morrisv.	225	0.0	2.2	12.0	59.6	25.8	0.4	0.0
Newport	233	0.0	4.3	9.9	65.2	20.2	0.4	0.0
Rutland	389	0.0	4.6	9.5	62.5	21.3	2.1	0.0
Springfld	183	0.0	6.0	8.7	61.7	21.3	1.6	0.5
St.Albans	348	0.0	2.6	10.1	66.1	20.1	1.1	0.0
St.Johnsb.	233	0.4	0.0	10.7	69.5	18.0	1.3	0.0
WRJ	249	0.4	1.6	10.8	60.6	24.5	2.0	0.0
Unknown Local Agencies	12	*	*	*	*	*	*	*
<b>Vermont</b>	<b>3,498</b>	<b>0.1</b>	<b>3.6</b>	<b>10.5</b>	<b>62.6</b>	<b>21.8</b>	<b>1.2</b>	<b>0.2</b>
<b>Nation (Prior Year)</b>	<b>1,304,320</b>	<b>0.3</b>	<b>5.8</b>	<b>12.3</b>	<b>59.4</b>	<b>20.4</b>	<b>1.5</b>	<b>0.3</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Health Indicators by Local Agency**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>														
<b>Local Agency</b>	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	352	4.0 (4)	49.7 (4)	340	17.4 (5)	44.1 (1)	50	* *	208	19.7 (3)	0	* *	0	* *
Bennington	236	7.2 (12)	46.2 (1)	224	19.6 (8)	55.4 (11)	29	* *	122	39.3 (10)	0	* *	0	* *
Brattleb.	219	5.5 (8)	49.8 (5)	202	15.3 (2)	46.0 (3)	26	* *	151	20.5 (5)	0	* *	0	* *
Burlington	598	6.2 (10)	48.0 (3)	567	19.9 (9)	51.0 (8)	101	32.7 (1)	249	30.1 (9)	0	* *	0	* *
Middlebury	168	3.0 (2)	58.3 (11)	155	9.0 (1)	55.5 (12)	18	* *	79	* *	0	* *	0	* *
Morrisv.	215	5.1 (7)	62.3 (12)	202	19.3 (7)	49.5 (6)	20	* *	105	21.0 (6)	0	* *	0	* *
Newport	226	6.2 (10)	46.5 (2)	214	20.6 (11)	45.8 (2)	26	* *	129	18.6 (2)	0	* *	0	* *
Rutland	374	4.0 (4)	55.9 (8)	345	22.6 (12)	49.6 (7)	56	* *	216	20.4 (4)	0	* *	0	* *
Springfld	175	5.7 (9)	57.7 (10)	165	16.4 (3)	49.1 (5)	29	* *	91	* *	0	* *	0	* *
St.Albans	335	4.8 (6)	55.8 (7)	316	16.5 (4)	47.5 (4)	42	* *	139	21.6 (7)	0	* *	0	* *
St.Johnsb.	224	1.8 (1)	57.1 (9)	211	19.9 (9)	53.1 (9)	36	* *	103	26.2 (8)	0	* *	0	* *
WRJ	235	3.0 (2)	54.9 (6)	214	18.2 (6)	53.3 (10)	28	* *	121	14.0 (1)	0	* *	0	* *
Unknown Local Agencies	12	* *	* *	11	* *	* *	2	* *	6	* *	0	* *	0	* *
<b>Vermont</b>	<b>3,369</b>	<b>4.8</b>	<b>52.7</b>	<b>3,166</b>	<b>18.6</b>	<b>49.7</b>	<b>463</b>	<b>24.8</b>	<b>1,719</b>	<b>23.3</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Nation (Prior Year)</b>	<b>1,226,875</b>	<b>4.5</b>	<b>52.9</b>	<b>917,032</b>	<b>21.2</b>	<b>48.2</b>	<b>189,944</b>	<b>33.9</b>	<b>412,633</b>	<b>28.8</b>	<b>389,161</b>	<b>5.0</b>	<b>394,368</b>	<b>6.8</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Behavioral Indicators by Local Agency**

Comparison of Maternal Behavioral Indicators <sup>(2, 3)</sup>										
Local Agency	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy <sup>(4)</sup>		During Pregnancy <sup>(5)</sup>	
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	341	76.8 (6)	0.0 (1)		334	22.2 (12)	0	* *	0	* *
Bennington	216	75.0 (9)	0.5 (8)		234	35.5 (8)	0	* *	0	* *
Brattleb.	201	82.6 (4)	0.0 (1)		212	36.3 (6)	0	* *	0	* *
Burlington	580	73.1 (12)	0.5 (8)		584	30.5 (11)	0	* *	0	* *
Middlebury	156	84.6 (3)	0.0 (1)		166	35.5 (8)	0	* *	0	* *
Morrisv.	205	75.6 (8)	0.0 (1)		210	43.3 (2)	0	* *	0	* *
Newport	213	90.6 (1)	0.5 (8)		222	52.3 (1)	0	* *	0	* *
Rutland	353	76.8 (6)	0.0 (1)		362	39.8 (3)	0	* *	0	* *
Springfld	169	74.6 (11)	1.2 (12)		173	34.1 (10)	0	* *	0	* *
St.Albans	320	78.8 (5)	0.0 (1)		323	38.4 (4)	0	* *	0	* *
St.Johnsb.	215	87.9 (2)	0.0 (1)		218	36.2 (7)	0	* *	0	* *
WRJ	221	74.7 (10)	0.5 (8)		228	37.3 (5)	0	* *	0	* *
Unknown Local Agencies	11	* *	* *		12	* *	0	* *	0	* *
<b>Vermont</b>	<b>3,201</b>	<b>78.3</b>	<b>0.2</b>		<b>3,278</b>	<b>35.8</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Nation (Prior Year)</b>	<b>527,184</b>	<b>82.2</b>	<b>3.1</b>		<b>1,213,982</b>	<b>34.1</b>	<b>360,369</b>	<b>18.7</b>	<b>372,743</b>	<b>83.5</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7F**  
**2010 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by Local Agency**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>Local Agency</b>	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	357	38.4 (4)	343	29.2 (7)	114	25.4 (2)	0	* *	0	* *
Bennington	240	54.2 (12)	213	37.6 (12)	90	* *	0	* *	0	* *
Brattleb.	224	40.6 (6)	195	21.5 (3)	68	* *	0	* *	0	* *
Burlington	609	35.1 (3)	545	27.0 (4)	156	21.8 (3)	0	* *	0	* *
Middlebury	170	32.9 (1)	157	19.7 (1)	45	* *	0	* *	0	* *
Morrisv.	221	39.8 (5)	206	28.2 (6)	75	* *	0	* *	0	* *
Newport	228	46.1 (10)	218	35.3 (11)	90	* *	0	* *	0	* *
Rutland	384	45.6 (9)	339	33.3 (9)	137	20.4 (4)	0	* *	0	* *
Springfld	180	42.8 (8)	159	27.7 (5)	56	* *	0	* *	0	* *
St.Albans	339	42.5 (7)	321	30.2 (8)	109	32.1 (1)	0	* *	0	* *
St.Johnsb.	227	48.9 (11)	214	35.0 (10)	87	* *	0	* *	0	* *
WRJ	239	34.7 (2)	219	20.1 (2)	63	* *	0	* *	0	* *
Unknown Local Agencies	12	* *	10	* *	4	* *	0	* *	0	* *
<b>Vermont</b>	<b>3,430</b>	<b>41.3</b>	<b>3,139</b>	<b>29.1</b>	<b>1,094</b>	<b>27.9</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7F**  
**2010 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by Local Agency**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>Local Agency</b>	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
<b>Nation (Prior Year)</b>	<b>1,040,568</b>	<b>22.9</b>	<b>838,781</b>	<b>13.0</b>	<b>156,709</b>	<b>36.7</b>	<b>650,648</b>	<b>17.1</b>	<b>559,995</b>	<b>16.8</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by Local Agency**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>										
<b>Local Agency</b>	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	346	5.8 (5)	13.3 (12)		322	7.8 (4)	297	3.4 (9)	324	81.2 (4)
Bennington	229	10.5 (12)	7.9 (4)		223	8.5 (8)	204	5.4 (12)	217	73.3 (11)
Brattleb.	209	6.7 (9)	7.2 (3)		197	10.7 (11)	176	2.3 (3)	199	80.9 (5)
Burlington	579	8.1 (11)	9.8 (9)		554	9.7 (9)	500	3.4 (9)	537	78.6 (7)
Middlebury	157	5.1 (3)	9.6 (8)		153	6.5 (1)	143	2.1 (2)	152	87.5 (1)
Morrisv.	208	4.8 (2)	12.5 (11)		196	8.2 (7)	180	1.1 (1)	201	81.6 (3)
Newport	217	7.8 (10)	8.8 (5)		211	12.3 (12)	185	2.7 (6)	213	76.1 (8)
Rutland	357	6.4 (8)	9.0 (6)		335	10.1 (10)	301	3.0 (8)	342	74.0 (10)
Springfld	172	5.8 (5)	7.0 (2)		164	7.9 (6)	151	2.6 (5)	156	75.0 (9)
St.Albans	323	5.3 (4)	6.8 (1)		307	7.8 (4)	283	2.8 (7)	318	70.1 (12)
St.Johnsb.	216	6.0 (7)	9.3 (7)		206	7.3 (3)	191	3.7 (11)	206	80.6 (6)
WRJ	225	4.4 (1)	11.1 (10)		214	7.0 (2)	199	2.5 (4)	215	83.3 (2)
Unknown Local Agencies	11	*	*	*	11	*	*	*	9	*

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8F**  
**2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by Local Agency**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>Local Agency</b>	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
<b>Vermont</b>	<b>3,249</b>	<b>6.6</b>	<b>9.5</b>	<b>3,093</b>	<b>8.8</b>	<b>2,821</b>	<b>3.0</b>	<b>3,089</b>	<b>78.0</b>
<b>Nation (Prior Year)</b>	<b>1,018,145</b>	<b>8.2</b>	<b>6.7</b>	<b>1,017,333</b>	<b>11.1</b>	<b>848,957</b>	<b>3.5</b>	<b>997,136</b>	<b>66.7</b>

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- \* Percentages are not calculated if <100 records are available for analysis after exclusions.





**Table 3F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Racial and Ethnic Distribution by Local Agency**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>								
<b>Local Agency</b>	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Barre	1,036	94.6	1.2	0.3	0.0	0.6	0.2	3.2
Bennington	743	84.7	0.5	0.3	0.7	1.1	0.3	12.5
Brattleb.	655	87.3	1.8	0.3	0.0	1.5	0.2	8.9
Burlington	1,880	83.0	7.6	0.6	0.0	2.1	0.1	6.5
Middlebury	572	93.0	0.5	1.6	0.2	0.9	0.3	3.5
Morrisv.	676	95.3	0.9	0.1	0.1	0.6	0.0	3.0
Newport	718	90.3	0.1	0.7	0.4	0.6	2.2	5.7
Rutland	1,187	89.6	0.3	1.2	0.2	0.6	1.6	6.5
Springfld	618	93.9	0.6	0.8	0.6	1.0	0.8	2.3
St.Albans	1,084	87.6	0.4	0.9	0.0	0.2	4.6	6.3
St.Johnsb.	692	91.8	0.3	0.1	0.0	0.4	0.0	7.4
WRJ	781	90.9	0.8	1.2	0.0	0.3	1.7	5.2
Unknown Local Agencies	31	*	*	*	*	*	*	*
<b>Vermont</b>	<b>10,673</b>	<b>89.3</b>	<b>1.9</b>	<b>0.7</b>	<b>0.1</b>	<b>0.9</b>	<b>1.0</b>	<b>6.0</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Age Distribution by Local Agency**  
**Combined 3 Years**

<b>Comparison of Age Distribution</b> <sup>(2)</sup>								
<b>Local Agency</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Barre	1,036	0.0	4.2	9.1	63.1	22.5	1.1	0.0
Bennington	743	0.4	4.3	13.2	66.9	14.4	0.8	0.0
Brattleb.	655	0.0	3.7	12.1	58.9	23.2	1.7	0.5
Burlington	1,880	0.1	3.3	10.8	62.1	22.2	1.4	0.2
Middlebury	572	0.0	3.0	8.2	63.3	21.5	3.0	1.0
Morrisv.	676	0.0	1.8	10.9	59.5	26.3	1.5	0.0
Newport	718	0.1	4.7	14.5	61.1	18.1	1.0	0.4
Rutland	1,187	0.2	3.8	12.1	61.7	20.7	1.4	0.1
Springfld	618	0.0	4.4	13.4	61.0	19.9	1.1	0.2
St.Albans	1,084	0.1	4.3	11.3	64.9	18.5	0.8	0.0
St.Johnsb.	692	0.1	2.7	10.8	67.2	17.6	1.4	0.0
WRJ	781	0.1	2.7	12.5	61.1	21.8	1.7	0.1
Unknown Local Agencies	31	*	*	*	*	*	*	*
<b>Vermont</b>	<b>10,673</b>	<b>0.1</b>	<b>3.6</b>	<b>11.5</b>	<b>62.6</b>	<b>20.7</b>	<b>1.4</b>	<b>0.2</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Health Indicators by Local Agency**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>															
<b>Local Agency</b>	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Barre	931	4.4 (7)	50.8 (3)	866	17.6 (5)	46.2 (1)	155	21.3 (3)	683	20.8 (5)	0	*	*	0	**
Bennington	666	6.0 (11)	52.4 (5)	612	17.8 (7)	55.4 (12)	92	* *	427	30.9 (12)	0	*	*	0	**
Brattleb.	585	5.6 (9)	48.2 (1)	521	11.7 (1)	53.9 (11)	95	* *	443	18.5 (2)	0	*	*	0	**
Burlington	1,702	6.0 (11)	48.2 (1)	1,542	21.1 (11)	46.4 (2)	261	33.0 (5)	926	27.8 (11)	0	*	*	0	**
Middlebury	522	3.3 (2)	57.1 (11)	470	16.6 (3)	50.4 (7)	60	* *	351	21.7 (7)	0	*	*	0	**
Morrisv.	612	4.1 (4)	54.9 (10)	575	18.3 (8)	48.9 (5)	58	* *	397	18.6 (3)	0	*	*	0	**
Newport	667	5.7 (10)	51.1 (4)	610	20.8 (10)	46.4 (2)	69	* *	400	24.0 (10)	0	*	*	0	**
Rutland	1,066	4.2 (6)	53.1 (6)	959	22.4 (12)	49.3 (6)	155	23.9 (4)	806	20.0 (4)	0	*	*	0	**
Springfld	544	4.8 (8)	53.1 (6)	491	16.1 (2)	51.5 (8)	96	* *	366	21.9 (8)	0	*	*	0	**
St.Albans	1,000	4.1 (4)	53.5 (8)	912	19.8 (9)	48.5 (4)	118	19.5 (1)	566	21.4 (6)	0	*	*	0	**
St.Johnsb.	620	2.7 (1)	58.7 (12)	568	16.9 (4)	52.8 (10)	114	20.2 (2)	364	23.6 (9)	0	*	*	0	**
WRJ	675	3.6 (3)	54.4 (9)	592	17.6 (5)	52.0 (9)	95	* *	421	17.3 (1)	0	*	*	0	**
Unknown Local Agencies	27	* *	* *	23	* *	* *	5	* *	18	* *	0	*	*	0	**
<b>Vermont</b>	<b>9,617</b>	<b>4.7</b>	<b>52.3</b>	<b>8,741</b>	<b>18.7</b>	<b>49.4</b>	<b>1,373</b>	<b>23.3</b>	<b>6,168</b>	<b>22.4</b>	<b>0</b>	<b>*</b>		<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Behavioral Indicators by Local Agency**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>										
<b>Local Agency</b>	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	962	77.5 (7)	0.4	(6)	954	22.3 (12)	0	* *	0	* *
Bennington	663	78.3 (5)	0.6	(9)	706	33.1 (6)	0	* *	0	* *
Brattleb.	583	77.0 (8)	0.2	(2)	613	32.5 (7)	0	* *	0	* *
Burlington	1,725	75.8 (10)	0.3	(5)	1,768	32.1 (10)	0	* *	0	* *
Middlebury	514	83.7 (3)	0.0	(1)	547	37.7 (5)	0	* *	0	* *
Morrisv.	634	73.0 (12)	0.6	(9)	619	39.6 (4)	0	* *	0	* *
Newport	651	86.9 (1)	0.6	(9)	687	51.5 (1)	0	* *	0	* *
Rutland	1,081	75.9 (9)	0.4	(6)	1,098	39.7 (3)	0	* *	0	* *
Springfld	561	73.8 (11)	0.7	(12)	577	32.4 (8)	0	* *	0	* *
St.Albans	987	81.3 (4)	0.2	(2)	1,016	40.3 (2)	0	* *	0	* *
St.Johnsb.	643	84.3 (2)	0.2	(2)	653	31.7 (11)	0	* *	0	* *
WRJ	694	78.0 (6)	0.4	(6)	709	32.4 (8)	0	* *	0	* *
Unknown Local Agencies	28	* *	* *		30	* *	0	* *	0	* *
<b>Vermont</b>	<b>9,726</b>	<b>78.4</b>	<b>0.4</b>		<b>9,977</b>	<b>35.0</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by Local Agency**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
Local Agency	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	932	42.3 (5)	959	30.3 (7)	318	26.7 (7)	0	* *	0	* *
Bennington	669	49.6 (12)	637	33.3 (11)	236	26.7 (7)	0	* *	0	* *
Brattleb.	590	45.1 (6)	564	26.2 (3)	205	33.7 (3)	0	* *	0	* *
Burlington	1,700	40.1 (2)	1,634	27.4 (4)	507	24.5 (9)	0	* *	0	* *
Middlebury	526	35.6 (1)	511	20.7 (1)	151	33.8 (2)	0	* *	0	* *
Morrisv.	617	41.8 (3)	626	27.5 (5)	213	29.6 (5)	0	* *	0	* *
Newport	666	46.1 (8)	658	31.6 (8)	260	19.6 (12)	0	* *	0	* *
Rutland	1,076	48.6 (11)	1,031	33.3 (11)	416	23.1 (11)	0	* *	0	* *
Springfld	544	46.9 (9)	555	31.9 (9)	207	29.0 (6)	0	* *	0	* *
St.Albans	1,005	45.4 (7)	980	32.0 (10)	359	24.2 (10)	0	* *	0	* *
St.Johnsb.	606	47.5 (10)	615	30.1 (6)	223	32.3 (4)	0	* *	0	* *
WRJ	685	41.9 (4)	692	24.7 (2)	228	34.6 (1)	0	* *	0	* *
Unknown Local Agencies	27	* *	27	* *	9	* *	0	* *	0	* *
<b>Vermont</b>	<b>9,643</b>	<b>44.0</b>	<b>9,489</b>	<b>29.3</b>	<b>3,332</b>	<b>27.0</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by Local Agency**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>										
<b>Local Agency</b>	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Barre	978	6.9 (6)	11.8 (9)		917	7.9 (3)	845	3.3 (8)	910	78.7 (5)
Bennington	687	8.6 (11)	9.5 (5)		668	9.9 (8)	602	3.5 (11)	642	75.9 (9)
Brattleb.	600	6.2 (3)	8.5 (2)		573	10.8 (9)	510	2.2 (1)	563	80.3 (3)
Burlington	1,737	8.2 (10)	11.1 (7)		1,658	10.9 (11)	1,477	3.7 (12)	1,618	78.4 (6)
Middlebury	517	4.6 (1)	11.8 (9)		502	6.8 (1)	467	2.4 (2)	497	85.1 (1)
Morrisv.	638	5.2 (2)	11.9 (11)		589	7.0 (2)	548	2.7 (3)	612	84.2 (2)
Newport	660	8.6 (11)	9.4 (4)		644	11.8 (12)	568	3.0 (5)	641	73.3 (10)
Rutland	1,092	6.7 (5)	9.2 (3)		1,027	9.5 (6)	929	2.8 (4)	1,039	71.8 (11)
Springfld	578	6.9 (6)	9.5 (5)		552	9.6 (7)	498	3.0 (5)	543	77.0 (7)
St.Albans	1,007	7.6 (9)	7.2 (1)		958	10.8 (9)	855	3.3 (8)	959	66.3 (12)
St.Johnsb.	647	7.0 (8)	11.3 (8)		619	8.1 (4)	569	3.2 (7)	618	76.5 (8)
WRJ	707	6.5 (4)	11.9 (11)		665	8.4 (5)	609	3.3 (8)	670	79.3 (4)
Unknown Local Agencies	28	*	*	*	28	*	*	*	23	*

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- \* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8F**  
**2008 - 2010 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by Local Agency**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>Local Agency</b>	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
<b>Vermont</b>	<b>9,876</b>	<b>7.1</b>	<b>10.2</b>	<b>9,400</b>	<b>9.5</b>	<b>8,501</b>	<b>3.1</b>	<b>9,335</b>	<b>76.6</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one local agency's rate to other local agencies. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.

