

Table 1C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Demographic Indicators ⁽²⁾

Total Records	Number	%	Source of Data	Number	%
Complete Records	2,644	74.5	WIC	3,548	100.0
Prenatal Records	178	5.0	Maternal Health	0	0.0
Postpartum Records	726	20.5	Other	0	0.0
Total Records Accepted	3,548		Total	3,548	100.0
			<i>Excluded Unknown: 0</i>	<i>0.0</i>	

Race/Ethnic Distribution	Number	%
White, Not Hispanic	3,172	95.3
Black, Not Hispanic	56	1.7
Hispanic	23	0.7
American Indian/Alaska Native	7	0.2
Asian/Pacific Islander	29	0.9
Multiple Races	43	1.3
All Other	0	0.0
Total	3,330	100.0
<i>Excluded Unknown: 218</i>	<i>6.1</i>	

Age Distribution	Number	%
< 15 Years	2	0.1
15 - 17 Years	119	3.4
18 - 19 Years	395	11.2
20 - 29 Years	2,226	62.9
30 - 39 Years	748	21.1
>= 40 Years	50	1.4
Total	3,540	100.0
<i>Excluded Unknown: 8</i>	<i>0.2</i>	

Education Distribution	Number	%
< High School	541	16.5
High School	1,409	43.0
> High School	1,328	40.5
Total	3,278	100.0
<i>Excluded Unknown: 270</i>	<i>7.6</i>	

% Poverty Level	Number	%
0 - 50	1,033	36.7
51 - 100	827	29.4
101 - 130	355	12.6
131 - 150	216	7.7
151 - 185	233	8.3
186 - 200	61	2.2
> 200	90	3.2
Adjunctive Eligibility	0	0.0
Total	2,815	100.0
<i>Excluded Unknown: 7</i>	<i>0.2</i>	

Program Participation ⁽³⁾	Number	%
WIC	2,822	100.0
SNAP	2,812	34.0
Medicaid	2,822	75.4
TANF	2,811	11.5
<i>Excluded Unknown:</i>		
<i>WIC:</i>	<i>0</i>	<i>0.0</i>
<i>SNAP:</i>	<i>10</i>	<i>0.4</i>
<i>Medicaid:</i>	<i>0</i>	<i>0.0</i>
<i>TANF:</i>	<i>11</i>	<i>0.4</i>

Migrant Status	Number	%
Yes	3	0.1
No	3,356	99.9
Total	3,359	100.0
<i>Excluded Unknown: 189</i>	<i>5.3</i>	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Prenatal program participation.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Prepregnancy BMI (3)				
Underweight	3,422	4.2	1,224,766	4.7
Normal Weight	3,422	43.7	1,224,766	43.1
Overweight	3,422	23.5	1,224,766	25.7
Obese	3,422	28.7	1,224,766	26.4
Maternal Weight Gain (4)				
Less Than Ideal	3,073	19.5	963,624	21.4
Ideal	3,073	31.7	963,624	30.3
Greater Than Ideal	3,073	48.8	963,624	48.2
Anemia (Low Hb/Hct) (5)				
1st Trimester	1,030	5.3	394,095	7.6
2nd Trimester	1,004	7.9	354,690	12.1
3rd Trimester	450	22.0	188,530	33.8
Postpartum	2,137	23.2	416,710	29.6
Parity (6)				
0	3,512	45.2	1,149,553	42.6
1	3,512	30.8	1,149,553	26.4
2	3,512	14.6	1,149,553	16.0
≥ 3	3,512	9.5	1,149,553	14.9
Interpregnancy Interval				
< 6 Months	1,504	12.2	618,788	12.6
6 - <18 Months	1,504	29.3	618,788	27.1
≥18 Months	1,504	58.5	618,788	60.3
Gestational Diabetes	0	*	346,704	4.4
Hypertension During Pregnancy	0	*	395,960	5.2

- (1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Medical Care				
1st Trimester	3,235	79.0	580,485	80.1
No Care	3,235	0.4	580,485	3.1
WIC Enrollment				
1st Trimester	3,325	34.1	1,187,387	31.7
2nd Trimester	3,325	32.6	1,187,387	34.0
3rd Trimester	3,325	16.0	1,187,387	18.4
Postpartum (3)	3,325	17.3	1,187,387	16.0
Prepregnancy Multivitamin Consumption (4)	0	*	266,567	19.3
Multivitamin Consumption During Pregnancy (5)	0	*	269,548	80.6
Smoking				
3 Months Prior to Pregnancy	3,471	43.8	999,199	23.1
During Pregnancy	2,780	31.2	926,915	14.2
Last 3 Months of Pregnancy	3,180	29.3	856,953	14.2
Postpartum	3,181	27.6	839,512	16.1
Smoking Changes (6)				
Quit Smoking by First Prenatal Visit	1,327	35.1	193,938	42.1
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	1,176	28.6	146,933	35.5
Smoking in Household				
During Pregnancy	0	*	655,095	18.9
Postpartum	0	*	578,852	19.9
Drinking				
3 Months Prior to Pregnancy	2,766	32.2	975,737	7.8
Last 3 Months of Pregnancy	3,180	4.7	701,124	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 2C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Health Indicators

Summary of Health Indicators (2)				
	Vermont Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Birthweight (3)				
Very Low	3,289	1.1	1,085,134	1.1
Low	3,289	6.4	1,085,134	7.1
Normal	3,289	82.0	1,085,134	85.2
High	3,289	10.6	1,085,134	6.6
Preterm (4)	3,138	9.9	1,025,278	11.5
Full term Low Birth Weight (5)	2,825	3.2	890,981	3.6
Multiple Births	3,370	1.4	1,060,021	1.4
Breastfeeding				
Ever Breastfed	3,071	77.7	952,980	65.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.



Table 3C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Racial and Ethnic Distribution by Contributor to Nation

Comparison of Racial and Ethnic Distribution ⁽²⁾								
	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Vermont	3,548	89.4	1.6	0.6	0.2	0.8	1.2	6.1
Nation (Prior Year)	1,307,887	42.0	24.2	28.1	1.0	3.1	1.1	0.5

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by Contributor to Nation

Comparison of Age Distribution ⁽²⁾								
	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Vermont	3,548	0.1	3.4	11.1	62.7	21.1	1.4	0.2
Nation (Prior Year)	1,307,887	0.3	6.3	12.6	59.7	19.4	1.4	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Health Indicators by Contributor to Nation

Comparison of Maternal Health Indicators ⁽²⁾														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
		Number	%		%	Number	%	%	Number	%			Number	%
Vermont	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2	0	*	0	*
Nation (Prior Year)	1,224,766	4.7	52.1	963,624	21.4	48.2	188,530	33.8	416,710	29.6	346,704	4.4	395,960	5.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Comparison of Maternal Behavioral Indicators by Contributor to Nation

Comparison of Maternal Behavioral Indicators ⁽²⁾									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,235	79.0	0.4	3,325	34.1	0	*	0	*
Nation (Prior Year)	580,485	80.1	3.1	1,187,387	31.7	266,567	19.3	269,548	80.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by Contributor to Nation

Comparison of Smoking Indicators (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	%	Number	%	Number	%	Number	%		
Vermont	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
Nation (Prior Year)	999,199	23.1	856,953	14.2	146,933	35.5	655,095	18.9	578,852	19.9

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by Contributor to Nation

Comparison of Infant Health Indicators ⁽²⁾									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)	High (4)							
	Number	%	%	Number	%	Number	%	Number	%
Vermont	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
Nation (Prior Year)	1,085,134	8.2	6.6	1,025,278	11.5	890,981	3.6	952,980	65.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 9C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Maternal Health Indicators by Race/Ethnicity, Age, or Education

Maternal Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾

	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes		Hypertension During Pregnancy		
	Number	Under-weight	Over-weight	Number	< Ideal	> Ideal	3rd Trimester		Postpartum		Number	%	Number	%	
		%	%		%	%	Number	%	Number	%					
Race/Ethnicity															
White, Not Hispanic	3,072	4.1	52.6	2,763	19.5	49.7	400	21.3	1,923	23.2	0	*	0	*	
Black, Not Hispanic	50	*	*	48	*	*	10	*	34	*	0	*	0	*	
Hispanic	21	*	*	16	*	*	4	*	12	*	0	*	0	*	
American Indian/Alaska Native	7	*	*	7	*	*	0	*	6	*	0	*	0	*	
Asian/Pacific Islander	28	*	*	22	*	*	5	*	14	*	0	*	0	*	
Multiple Races	42	*	*	38	*	*	4	*	28	*	0	*	0	*	
All Other/Unknown	202	5.4	51.5	179	19.6	44.1	27	*	120	15.8	0	*	0	*	
Total	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2	0	*	0	*	
Age															
< 15 Years	2	*	*	2	*	*	0	*	0	*	0	*	0	*	
15 - 17 Years	116	8.6	29.3	97	*	*	8	*	65	*	0	*	0	*	
18 - 19 Years	382	6.8	40.8	332	19.9	53.0	40	*	225	33.8	0	*	0	*	
20 - 29 Years	2,149	4.3	54.5	1,957	20.0	49.5	307	21.5	1,343	23.4	0	*	0	*	
30 - 39 Years	722	1.9	55.0	645	18.1	43.4	90	*	478	17.6	0	*	0	*	
>= 40 Years	46	*	*	40	*	*	5	*	26	*	0	*	0	*	
Unknown	5	*	*	0	*	*	0	*	0	*	0	*	0	*	
Total	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2	0	*	0	*	
Education															
< High School	531	5.5	45.0	485	25.2	44.3	66	*	349	28.1	0	*	0	*	
High School	1,390	4.3	56.0	1,326	20.3	49.0	185	19.5	869	25.3	0	*	0	*	
> High School	1,305	3.6	51.2	1,239	16.4	50.6	193	18.7	866	18.8	0	*	0	*	
Unknown	196	3.6	50.0	23	*	*	6	*	53	*	0	*	0	*	
Total	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2	0	*	0	*	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 10C
2009 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester	No Care		1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	2,909	79.5	0.3	2,978	33.4	0	*	0	*
Black, Not Hispanic	47	*	*	52	*	0	*	0	*
Hispanic	18	*	*	20	*	0	*	0	*
American Indian/Alaska Native	7	*	*	7	*	0	*	0	*
Asian/Pacific Islander	26	*	*	28	*	0	*	0	*
Multiple Races	37	*	*	40	*	0	*	0	*
All Other/Unknown	191	79.1	1.6	200	42.5	0	*	0	*
Total	3,235	79.0	00.4	3,325	34.1	0	*	0	*
Age									
< 15 Years	2	*	*	1	*	0	*	0	*
15 - 17 Years	107	72.0	0.0	109	47.7	0	*	0	*
18 - 19 Years	358	71.5	0.3	366	38.0	0	*	0	*
20 - 29 Years	2,039	81.0	0.3	2,086	34.9	0	*	0	*
30 - 39 Years	685	78.4	0.4	715	28.0	0	*	0	*
>= 40 Years	43	*	*	43	*	0	*	0	*
Unknown	1	*	*	5	*	0	*	0	*
Total	3,235	79.0	00.4	3,325	34.1	0	*	0	*
Education									
< High School	530	74.3	0.8	508	36.0	0	*	0	*
High School	1,377	78.4	0.4	1,333	34.9	0	*	0	*
> High School	1,305	82.0	0.2	1,284	27.1	0	*	0	*
Unknown	23	*	*	200	69.5	0	*	0	*
Total	3,235	79.0	00.4	3,325	34.1	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for behavioral indicators, and data with errors for behavioral and demographic indicators.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 11C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Smoking Indicators by Race/Ethnicity, Age, or Education

Smoking Indicators by Race/Ethnicity, Age, or Education ⁽²⁾										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
Race/Ethnicity										
White, Not Hispanic	3,111	43.8	2,852	29.3	1,057	28.4	0	*	0	*
Black, Not Hispanic	53	*	53	*	12	*	0	*	0	*
Hispanic	21	*	18	*	5	*	0	*	0	*
American Indian/Alaska Native	7	*	7	*	4	*	0	*	0	*
Asian/Pacific Islander	29	*	23	*	3	*	0	*	0	*
Multiple Races	42	*	39	*	18	*	0	*	0	*
All Other/Unknown	208	51.9	188	36.2	77	*	0	*	0	*
Total	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
Age										
< 15 Years	2	*	2	*	0	*	0	*	0	*
15 - 17 Years	117	47.9	100	26.0	45	*	0	*	0	*
18 - 19 Years	387	55.0	345	35.7	180	31.1	0	*	0	*
20 - 29 Years	2,175	46.9	2,014	31.4	791	27.9	0	*	0	*
30 - 39 Years	737	29.9	674	20.9	152	27.6	0	*	0	*
>= 40 Years	48	*	42	*	8	*	0	*	0	*
Unknown	5	*	3	*	0	*	0	*	0	*
Total	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
Education										
< High School	540	62.6	498	49.8	274	19.0	0	*	0	*
High School	1,405	49.5	1,346	34.7	577	26.3	0	*	0	*
> High School	1,327	29.2	1,266	16.0	316	40.5	0	*	0	*
Unknown	199	50.3	70	*	9	*	0	*	0	*
Total	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for smoking indicators, and data with errors for smoking and demographic indicators.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 12C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Infant Health Indicators by Race/Ethnicity, Age, or Education

Infant Health Indicators by Race/Ethnicity, Age, or Education (2)									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)	High (4)						
	Number	%	%	Number	%	Number	%	Number	%
Race/Ethnicity									
White, Not Hispanic	2,956	7.4	10.7	2,818	9.7	2,543	3.2	2,754	77.9
Black, Not Hispanic	49	*	*	48	*	41	*	44	*
Hispanic	18	*	*	17	*	13	*	18	*
American Indian/Alaska Native	7	*	*	7	*	7	*	7	*
Asian/Pacific Islander	26	*	*	25	*	22	*	22	*
Multiple Races	38	*	*	36	*	32	*	38	*
All Other/Unknown	195	8.7	8.7	187	10.7	167	3.6	188	72.3
Total	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
Age									
< 15 Years	2	*	*	1	*	1	*	1	*
15 - 17 Years	107	5.6	7.5	99	*	93	*	98	*
18 - 19 Years	360	6.4	5.8	338	9.2	307	2.6	338	71.6
20 - 29 Years	2,082	6.4	10.6	1,989	10.1	1,788	3.2	1,946	77.2
30 - 39 Years	694	6.2	13.7	672	10.1	603	3.0	642	82.6
>= 40 Years	43	*	*	38	*	32	*	43	*
Unknown	1	*	*	1	*	1	*	3	*
Total	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
Education									
< High School	537	8.2	5.6	505	11.7	446	4.3	487	64.7
High School	1,401	6.0	10.4	1,327	9.8	1,196	2.5	1,297	74.1
> High School	1,327	6.0	12.7	1,283	9.3	1,164	3.4	1,214	86.7
Unknown	24	*	*	23	*	19	*	73	*
Total	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 13C
2009 Pregnancy Nutrition Surveillance (1)
Vermont

Maternal Weight Gain and Birth Outcomes by Select Health Indicators

Maternal Weight Gain and Birth Outcomes by Select Health Indicators (2)										
	Weight Gain (3)			Birth Outcomes						
	< Ideal	> Ideal		Birthweight			Preterm (6)	Full Term LBW (7)		
		Number	%	%	Low (4)	High (5)				
	Number	%	%	Number	%	%	Number	%	Number	%
Prepregnancy BMI										
Underweight	125	38.4	26.4	138	9.4	2.2	132	13.6	114	1.8
Normal Weight	1,339	21.7	39.3	1,412	7.9	8.1	1,351	9.1	1,228	4.0
Overweight	745	11.1	62.6	771	7.0	12.3	732	11.5	648	3.1
Obese	864	20.5	55.0	917	6.5	14.2	878	9.0	798	2.3
Weight Gain										
< Ideal	-	-	-	595	12.9	4.5	561	14.6	479	5.8
Ideal	-	-	-	971	7.2	7.8	926	10.6	827	3.0
> Ideal	-	-	-	1,498	4.6	14.7	1,438	7.3	1,333	2.0
Smoking During Pregnancy										
Smokers	756	25.7	45.8	805	11.2	5.6	785	11.6	694	5.5
Non-Smokers	1,668	16.5	50.7	1,790	5.3	13.1	1,742	8.3	1,597	2.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 14C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Racial and Ethnic Distribution

Summary of Trends in Racial and Ethnic Distribution ⁽²⁾								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
2009	3,548	89.4	1.6	0.6	0.2	0.8	1.2	6.1
2008	3,627	89.4	1.9	0.9	0.2	1.1	0.8	5.7
2007	3,617	88.4	1.7	0.7	0.2	0.9	0.8	7.3
2006	3,535	88.5	1.8	0.6	0.3	1.0	0.9	6.9
2005	3,445	88.6	1.5	0.8	0.1	1.2	1.3	6.6
2004	3,572	89.6	1.5	0.0	0.2	1.3	0.6	6.7
2003	3,458	89.7	1.3	0.1	0.5	1.1	0.0	7.4
2002	3,485	89.9	1.0	0.1	0.6	0.8	0.0	7.6
2001	3,261	90.3	0.7	0.1	0.6	0.9	0.0	7.4
2000	3,245	91.3	0.6	0.2	0.4	0.8	0.0	6.7
1999	3,189	96.5	1.0	0.1	0.4	0.6	0.0	1.4
1998	3,261	97.2	0.5	0.1	0.3	0.7	0.0	1.2
1997	3,257	98.0	0.4	0.2	0.2	1.1	0.0	0.2
1996	3,211	97.7	0.7	0.1	0.2	1.1	0.0	0.2
1995	3,054	97.9	0.6	0.1	0.3	1.0	0.0	0.1
1994	3,392	97.3	0.7	0.2	0.3	1.3	0.0	0.1
1993	3,106	97.8	0.7	0.1	0.1	1.1	0.0	0.1
1992	3,203	96.7	0.7	0.3	0.1	0.9	0.0	1.3
1991	3,141	98.3	0.6	0.4	0.2	0.5	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 15C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Age Distribution

Summary of Trends in Age Distribution ⁽²⁾								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
2009	3,548	0.1	3.4	11.1	62.7	21.1	1.4	0.2
2008	3,627	0.2	3.9	12.7	62.4	19.3	1.5	0.1
2007	3,617	0.1	4.5	12.5	63.2	18.2	1.4	0.2
2006	3,535	0.1	4.6	11.6	61.5	20.5	1.6	0.1
2005	3,445	0.2	4.4	11.3	63.0	19.4	1.5	0.2
2004	3,572	0.1	4.5	11.1	61.6	21.1	1.6	0.0
2003	3,458	0.2	4.1	12.1	60.6	20.7	2.3	0.0
2002	3,485	0.3	5.7	12.5	59.1	20.9	1.4	0.0
2001	3,261	0.2	6.3	13.5	59.7	19.1	1.2	0.0
2000	3,245	0.3	5.9	13.8	58.6	20.1	1.3	0.0
1999	3,189	0.3	6.4	13.2	59.9	19.3	0.9	0.0
1998	3,261	0.3	6.2	13.6	61.4	17.4	1.2	0.0
1997	3,257	0.2	6.8	13.7	59.8	18.5	1.0	0.0
1996	3,211	0.2	7.8	13.4	60.7	16.9	1.0	0.0
1995	3,054	0.4	5.9	14.8	61.3	16.5	1.0	0.1
1994	3,392	0.6	6.9	13.9	61.1	16.7	0.8	0.0
1993	3,106	0.4	7.4	14.1	59.1	17.2	0.9	1.0
1992	3,203	0.2	7.3	14.3	61.7	15.4	0.5	0.7
1991	3,141	0.4	8.4	15.1	59.4	16.0	0.6	0.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7
2001	2,689	5.8	50.4	2,520	20.9	48.7	421	24.5	2,166	21.6
2000	2,703	5.5	49.8	2,533	19.8	48.8	429	23.1	2,123	18.8
1999	2,695	6.2	47.2	2,531	18.5	49.7	500	20.2	2,141	20.0
1998	2,806	6.2	47.4	2,532	18.2	48.9	465	12.5	2,160	9.0
1997	2,788	6.3	45.3	2,524	18.1	49.6	485	12.0	2,094	6.1
1996	2,708	7.0	45.2	2,448	19.3	48.4	35	*	328	5.2
1995	2,587	7.3	45.2	2,342	20.5	47.5	449	13.6	1,911	6.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 16C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Health Indicators

Summary of Trends in Maternal Health Indicators ⁽²⁾										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
1994	2,845	7.7	42.2	2,433	22.9	46.1	524	10.1	2,218	6.6
1993	2,553	6.3	43.1	2,246	20.5	48.4	468	11.1	2,087	6.6
1992	2,479	6.7	43.2	2,374	20.8	48.0	537	13.4	2,155	8.1
1991	2,786	7.6	39.5	1,966	23.8	40.8	538	16.7	1,823	8.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
2009	3,235	79.0	0.4	3,325	34.1
2008	3,290	77.9	0.5	3,374	35.2
2007	3,279	79.4	0.3	3,384	37.7
2006	3,187	79.5	0.4	3,323	38.0
2005	3,116	79.2	0.4	3,225	32.9
2004	3,101	87.0	0.7	3,387	36.9
2003	2,962	87.7	0.5	3,324	37.6
2002	2,990	85.9	0.3	3,344	37.4
2001	2,832	85.5	0.2	3,164	37.9
2000	2,803	84.3	0.3	3,161	35.0
1999	2,759	83.2	0.5	3,121	34.6
1998	2,775	82.9	0.5	3,158	37.7
1997	2,741	83.4	0.5	3,105	38.1
1996	2,724	82.9	0.4	3,045	34.7
1995	2,612	82.0	0.4	2,927	36.2
1994	2,869	79.8	0.4	3,236	33.6
1993	2,821	79.0	0.4	3,034	30.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 17C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Summary of Trends in Maternal Behavioral Indicators

Summary of Trends in Maternal Behavioral Indicators ⁽²⁾					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
1992	2,845	78.5	0.5	3,117	28.4
1991	1,605	75.4	0.0	3,096	29.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*
2001	2,664	48.0	2,943	33.4	1,112	19.5	0	*	0	*
2000	2,663	48.7	2,920	32.7	1,130	20.4	0	*	0	*
1999	2,668	46.8	2,886	31.1	1,098	22.3	0	*	0	*
1998	2,752	49.0	2,852	33.7	1,125	21.7	0	*	0	*
1997	2,744	48.7	2,864	32.5	1,120	22.5	0	*	0	*
1996	2,665	50.4	2,798	35.7	1,145	21.0	0	*	0	*
1995	2,512	51.0	2,703	36.5	1,113	19.0	0	*	0	*
1994	2,668	51.6	2,978	39.5	1,180	16.0	0	*	0	*
1993	2,289	52.9	2,788	39.4	1,056	13.7	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 18C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Smoking Indicators

Summary of Trends in Smoking Indicators (2)								
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household		
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum	
	Number	%	Number	%	Number	%	Number	%
1992	0	*	0	*	0	*	0	*
1991	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3
2001	3,049	6.6	11.3	2,967	8.7	2,709	3.3	2,866	63.7
2000	3,025	7.4	12.3	2,958	9.6	2,674	3.4	2,856	61.0
1999	2,972	6.5	11.0	2,914	8.8	2,656	3.1	2,900	60.0
1998	2,985	6.9	12.0	2,899	9.9	2,612	2.9	2,879	56.3
1997	2,958	7.6	10.1	2,868	8.1	2,627	4.2	2,895	56.3
1996	2,907	7.3	10.6	2,808	9.8	2,524	3.4	2,828	53.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 19C
2009 Pregnancy Nutrition Surveillance (1)
Vermont
Summary of Trends in Infant Health Indicators

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)						
	Number	%	%	Number	%	Number	%	Number	%
1995	2,774	6.1	11.4	2,693	9.1	2,439	2.6	2,611	54.9
1994	2,924	6.3	10.9	2,856	9.1	2,586	3.6	2,241	58.4
1993	2,855	6.3	11.9	2,797	9.1	2,534	3.0	2,618	46.0
1992	2,926	6.3	9.3	2,864	9.1	2,595	2.9	2,550	53.0
1991	2,405	7.0	10.2	2,364	9.2	2,142	3.2	1,633	55.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2009	3,072	4.1	52.6	2,763	19.5	49.7	400	21.3	1,923	23.2
	2008	2,511	5.3	52.1	2,222	17.4	50.6	406	20.2	2,057	20.8
	2007	2,586	4.4	52.1	2,241	17.0	52.0	424	23.6	1,946	22.0
	2006	2,515	4.6	54.9	2,163	18.5	52.9	417	22.1	1,829	21.0
	2005	2,389	4.3	52.8	2,212	18.1	53.5	376	25.5	1,729	23.0
	2004	2,561	4.8	51.7	2,372	16.7	53.0	354	25.1	1,938	21.4
	2003	2,429	4.9	51.6	2,222	16.3	54.4	352	25.9	1,962	20.5
	2002	2,423	5.9	49.6	2,219	18.1	51.5	348	17.2	2,053	20.4
	2001	2,420	5.6	50.6	2,275	20.6	49.4	370	24.3	1,970	21.5
	2000	2,457	5.3	50.2	2,292	19.2	49.6	398	23.4	1,924	18.8
Black, Not Hispanic	2009	50	*	*	48	*	*	10	*	34	*
	2008	55	*	*	49	*	*	12	*	38	*
	2007	49	*	*	39	*	*	11	*	26	*
	2006	38	*	*	32	*	*	8	*	30	*
	2005	36	*	*	33	*	*	5	*	21	*
	2004	36	*	*	30	*	*	2	*	22	*
	2003	31	*	*	29	*	*	5	*	26	*
	2002	28	*	*	23	*	*	6	*	22	*
	2001	18	*	*	17	*	*	4	*	18	*
	2000	19	*	*	18	*	*	5	*	12	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2009	21	*	*	16	*	*	4	*	12	*
	2008	25	*	*	22	*	*	5	*	20	*
	2007	19	*	*	16	*	*	2	*	16	*
	2006	17	*	*	14	*	*	4	*	14	*
	2005	19	*	*	17	*	*	3	*	13	*
	2004	0	*	*	0	*	*	0	*	0	*
	2003	2	*	*	2	*	*	0	*	3	*
	2002	3	*	*	2	*	*	0	*	2	*
	2001	1	*	*	1	*	*	0	*	1	*
	2000	5	*	*	5	*	*	1	*	4	*
American Indian/Alaska Native	2009	7	*	*	7	*	*	0	*	6	*
	2008	5	*	*	5	*	*	0	*	4	*
	2007	7	*	*	5	*	*	1	*	3	*
	2006	11	*	*	11	*	*	3	*	9	*
	2005	5	*	*	4	*	*	0	*	1	*
	2004	7	*	*	5	*	*	2	*	2	*
	2003	14	*	*	10	*	*	0	*	9	*
	2002	18	*	*	13	*	*	1	*	7	*
	2001	16	*	*	13	*	*	4	*	12	*
	2000	10	*	*	10	*	*	1	*	7	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Asian/Pacific Islander	2009	28	*	*	22	*	*	5	*	14	*
	2008	27	*	*	24	*	*	8	*	23	*
	2007	24	*	*	21	*	*	2	*	22	*
	2006	28	*	*	24	*	*	5	*	24	*
	2005	33	*	*	30	*	*	5	*	23	*
	2004	32	*	*	30	*	*	5	*	25	*
	2003	28	*	*	28	*	*	2	*	22	*
	2002	19	*	*	18	*	*	6	*	22	*
	2001	23	*	*	19	*	*	4	*	21	*
	2000	22	*	*	22	*	*	2	*	22	*
Multiple Races	2009	42	*	*	38	*	*	4	*	28	*
	2008	27	*	*	24	*	*	2	*	22	*
	2007	24	*	*	21	*	*	3	*	16	*
	2006	22	*	*	17	*	*	3	*	17	*
	2005	28	*	*	27	*	*	5	*	27	*
	2004	17	*	*	17	*	*	2	*	16	*
	2003	0	*	*	0	*	*	0	*	0	*
	2002	0	*	*	0	*	*	0	*	0	*
	2001	0	*	*	0	*	*	0	*	0	*
	2000	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 20C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity ⁽²⁾											
Race/Ethnicity and Year		Prepregnancy BMI ⁽³⁾			Weight Gain ⁽⁴⁾			Anemia (Low Hb/Hct) ⁽⁵⁾			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
All Other/Unknown	2009	202	5.4	51.5	179	19.6	44.1	27	*	120	15.8
	2008	176	4.0	55.7	156	17.9	46.8	27	*	148	21.6
	2007	230	4.3	57.0	196	19.4	48.5	32	*	160	23.1
	2006	202	3.0	56.4	177	22.0	50.3	23	*	149	23.5
	2005	188	6.4	54.8	176	18.8	48.9	30	*	131	22.9
	2004	203	8.4	49.3	188	19.7	47.3	24	*	154	22.7
	2003	225	4.9	48.0	212	18.4	47.6	27	*	155	31.0
	2002	233	3.9	53.6	213	17.8	50.7	36	*	172	20.9
	2001	211	6.6	52.1	195	20.5	45.1	39	*	144	20.1
	2000	190	6.3	51.6	186	23.7	43.5	22	*	154	18.8
Total All Race/Ethnic Groups	2009	3,422	4.2	52.1	3,073	19.5	48.8	450	22.0	2,137	23.2
	2008	2,826	5.1	52.1	2,502	18.0	49.9	460	23.0	2,312	21.1
	2007	2,939	4.3	52.4	2,539	17.3	51.8	475	23.6	2,189	22.5
	2006	2,833	4.6	54.6	2,438	19.2	52.2	463	23.3	2,072	21.2
	2005	2,698	4.6	52.8	2,499	18.6	52.4	424	25.7	1,945	23.1
	2004	2,856	5.3	51.3	2,642	17.0	52.1	389	26.0	2,157	21.6
	2003	2,729	5.0	50.8	2,503	16.8	53.4	386	25.9	2,177	21.7
	2002	2,724	5.7	49.8	2,488	18.3	51.0	397	19.9	2,278	20.7
	2001	2,689	5.8	50.4	2,520	20.9	48.7	421	24.5	2,166	21.6
	2000	2,703	5.5	49.8	2,533	19.8	48.8	429	23.1	2,123	18.8

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
White, Not Hispanic	2009	2,909	79.5	0.3	2,978	33.4
	2008	2,950	78.7	0.4	3,022	34.8
	2007	2,897	80.2	0.3	2,986	37.1
	2006	2,825	80.5	0.4	2,944	38.2
	2005	2,766	79.4	0.4	2,861	32.1
	2004	2,793	87.5	0.7	3,040	36.8
	2003	2,674	88.3	0.5	2,983	37.5
	2002	2,701	86.1	0.3	3,000	37.2
	2001	2,569	85.8	0.2	2,857	37.9
	2000	2,551	84.2	0.3	2,883	35.0
Black, Not Hispanic	2009	47	*	*	52	*
	2008	55	*	*	62	*
	2007	56	*	*	59	*
	2006	53	*	*	56	*
	2005	40	*	*	42	*
	2004	34	*	*	42	*
	2003	34	*	*	38	*
	2002	26	*	*	32	*
	2001	19	*	*	22	*
	2000	17	*	*	20	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Hispanic	2009	18	*	*	20	*
	2008	27	*	*	26	*
	2007	20	*	*	23	*
	2006	17	*	*	19	*
	2005	21	*	*	24	*
	2004	0	*	*	0	*
	2003	2	*	*	2	*
	2002	1	*	*	3	*
	2001	1	*	*	2	*
	2000	4	*	*	5	*
American Indian/Alaska Native	2009	7	*	*	7	*
	2008	6	*	*	6	*
	2007	7	*	*	8	*
	2006	12	*	*	12	*
	2005	4	*	*	5	*
	2004	6	*	*	8	*
	2003	11	*	*	16	*
	2002	14	*	*	19	*
	2001	14	*	*	17	*
	2000	12	*	*	12	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Asian/Pacific Islander	2009	26	*	*	28	*
	2008	34	*	*	36	*
	2007	29	*	*	30	*
	2006	32	*	*	33	*
	2005	37	*	*	39	*
	2004	42	*	*	46	*
	2003	33	*	*	34	*
	2002	27	*	*	28	*
	2001	24	*	*	30	*
	2000	25	*	*	26	*
Multiple Races	2009	37	*	*	40	*
	2008	27	*	*	25	*
	2007	25	*	*	27	*
	2006	28	*	*	28	*
	2005	40	*	*	40	*
	2004	21	*	*	23	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*
	2001	0	*	*	0	*
	2000	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 21C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity ⁽²⁾						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
All Other/Unknown	2009	191	79.1	1.6	200	42.5
	2008	191	78.0	0.5	197	44.7
	2007	245	77.1	0.4	251	42.6
	2006	220	80.5	0.9	231	39.0
	2005	208	83.2	0.0	214	42.5
	2004	205	84.9	1.0	228	39.9
	2003	208	84.6	1.0	251	39.0
	2002	221	84.2	0.0	262	42.4
	2001	205	83.9	1.0	236	40.3
	2000	194	89.7	0.5	215	40.5
Total All Race/Ethnic Groups	2009	3,235	79.0	0.4	3,325	34.1
	2008	3,290	77.9	0.5	3,374	35.2
	2007	3,279	79.4	0.3	3,384	37.7
	2006	3,187	79.5	0.4	3,323	38.0
	2005	3,116	79.2	0.4	3,225	32.9
	2004	3,101	87.0	0.7	3,387	36.9
	2003	2,962	87.7	0.5	3,324	37.6
	2002	2,990	85.9	0.3	3,344	37.4
	2001	2,832	85.5	0.2	3,164	37.9
	2000	2,803	84.3	0.3	3,161	35.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2009 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
White, Not Hispanic	2009	3,111	43.8	2,852	29.3	1,057	28.4	0	*	0	*
	2008	2,431	48.5	2,836	30.1	957	24.7	0	*	0	*
	2007	2,523	46.7	2,829	30.3	1,032	24.6	0	*	0	*
	2006	2,481	45.3	2,777	31.5	957	19.0	0	*	0	*
	2005	2,314	45.5	2,736	31.6	925	18.2	0	*	0	*
	2004	2,412	45.9	2,866	30.1	945	20.1	0	*	0	*
	2003	2,356	46.5	2,748	29.8	919	21.2	0	*	0	*
	2002	2,379	49.1	2,763	31.4	967	20.7	0	*	0	*
	2001	2,393	48.8	2,670	33.7	1,017	19.8	0	*	0	*
	2000	2,419	49.2	2,660	33.0	1,034	20.4	0	*	0	*
Black, Not Hispanic	2009	53	*	53	*	12	*	0	*	0	*
	2008	56	*	59	*	9	*	0	*	0	*
	2007	53	*	55	*	12	*	0	*	0	*
	2006	50	*	56	*	6	*	0	*	0	*
	2005	38	*	42	*	6	*	0	*	0	*
	2004	35	*	43	*	7	*	0	*	0	*
	2003	31	*	38	*	8	*	0	*	0	*
	2002	26	*	26	*	3	*	0	*	0	*
	2001	20	*	19	*	5	*	0	*	0	*
	2000	19	*	14	*	5	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2009 Pregnancy Nutrition Surveillance (1)

Vermont
Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Hispanic	2009	21	*	18	*	5	*	0	*	0	*
	2008	24	*	28	*	13	*	0	*	0	*
	2007	20	*	22	*	6	*	0	*	0	*
	2006	17	*	18	*	4	*	0	*	0	*
	2005	18	*	22	*	5	*	0	*	0	*
	2004	0	*	0	*	0	*	0	*	0	*
	2003	2	*	3	*	2	*	0	*	0	*
	2002	3	*	2	*	2	*	0	*	0	*
	2001	1	*	2	*	1	*	0	*	0	*
	2000	5	*	5	*	4	*	0	*	0	*
American Indian/Alaska Native	2009	7	*	7	*	4	*	0	*	0	*
	2008	5	*	6	*	1	*	0	*	0	*
	2007	7	*	6	*	2	*	0	*	0	*
	2006	11	*	12	*	4	*	0	*	0	*
	2005	5	*	4	*	3	*	0	*	0	*
	2004	7	*	6	*	1	*	0	*	0	*
	2003	12	*	13	*	1	*	0	*	0	*
	2002	17	*	15	*	3	*	0	*	0	*
	2001	16	*	15	*	2	*	0	*	0	*
	2000	10	*	9	*	2	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 22C
2009 Pregnancy Nutrition Surveillance (1)
Vermont

Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
		Number	%	Number	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2009	29	*	23	*	3	*	0	*	0	*
	2008	25	*	36	*	3	*	0	*	0	*
	2007	26	*	31	*	5	*	0	*	0	*
	2006	28	*	32	*	4	*	0	*	0	*
	2005	33	*	37	*	5	*	0	*	0	*
	2004	33	*	44	*	7	*	0	*	0	*
	2003	27	*	34	*	5	*	0	*	0	*
	2002	16	*	25	*	3	*	0	*	0	*
	2001	23	*	25	*	2	*	0	*	0	*
	2000	21	*	25	*	2	*	0	*	0	*
Multiple Races	2009	42	*	39	*	18	*	0	*	0	*
	2008	27	*	28	*	14	*	0	*	0	*
	2007	25	*	27	*	13	*	0	*	0	*
	2006	22	*	28	*	8	*	0	*	0	*
	2005	28	*	43	*	15	*	0	*	0	*
	2004	14	*	23	*	7	*	0	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*
	2001	0	*	0	*	0	*	0	*	0	*
	2000	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 22C
2009 Pregnancy Nutrition Surveillance (1)
Vermont

Summary of Trends in Smoking Indicators by Race/Ethnicity

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
All Other/Unknown	2009	208	51.9	188	36.2	77	*	0	*	0	*
	2008	174	48.9	177	33.9	65	*	0	*	0	*
	2007	225	50.7	236	33.5	97	*	0	*	0	*
	2006	201	47.3	217	39.2	83	*	0	*	0	*
	2005	182	40.7	211	28.0	63	*	0	*	0	*
	2004	201	47.8	211	32.7	77	*	0	*	0	*
	2003	216	51.4	228	34.6	95	*	0	*	0	*
	2002	233	46.4	232	32.3	91	*	0	*	0	*
	2001	211	46.9	212	35.4	85	*	0	*	0	*
	2000	189	48.1	207	32.9	83	*	0	*	0	*
Total All Race/Ethnic Groups	2009	3,471	43.8	3,180	29.3	1,176	28.6	0	*	0	*
	2008	2,742	47.8	3,170	29.7	1,062	24.5	0	*	0	*
	2007	2,879	46.4	3,206	30.2	1,167	24.9	0	*	0	*
	2006	2,810	44.5	3,140	31.3	1,066	18.5	0	*	0	*
	2005	2,618	44.6	3,095	30.7	1,022	18.2	0	*	0	*
	2004	2,702	45.4	3,193	29.8	1,044	19.9	0	*	0	*
	2003	2,644	46.4	3,064	29.8	1,030	21.6	0	*	0	*
	2002	2,674	48.4	3,063	31.1	1,069	20.8	0	*	0	*
	2001	2,664	48.0	2,943	33.4	1,112	19.5	0	*	0	*
	2000	2,663	48.7	2,920	32.7	1,130	20.4	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 23C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
White, Not Hispanic	2009	2,956	7.4	10.7	2,818	9.7	2,543	3.2	2,754	77.9
	2008	2,994	7.5	10.5	2,842	9.9	2,559	3.3	2,844	74.4
	2007	2,921	6.6	9.8	2,775	9.7	2,507	3.1	2,797	71.9
	2006	2,855	7.6	10.6	2,740	10.5	2,451	3.2	2,713	71.3
	2005	2,812	6.8	10.4	2,690	9.3	2,439	2.7	2,754	67.4
	2004	2,942	7.2	11.2	2,860	8.5	2,614	3.6	2,870	68.0
	2003	2,832	7.6	11.1	2,786	10.7	2,487	2.6	2,769	65.7
	2002	2,847	6.9	10.1	2,806	9.2	2,545	2.9	2,788	65.5
	2001	2,765	6.7	11.3	2,689	8.7	2,454	3.3	2,609	64.0
	2000	2,754	7.3	12.3	2,689	9.4	2,436	3.4	2,601	61.2
Black, Not Hispanic	2009	49	*	*	48	*	41	*	44	*
	2008	55	*	*	54	*	51	*	55	*
	2007	56	*	*	55	*	47	*	56	*
	2006	54	*	*	51	*	40	*	53	*
	2005	40	*	*	39	*	32	*	46	*
	2004	37	*	*	36	*	30	*	42	*
	2003	36	*	*	36	*	32	*	35	*
	2002	28	*	*	27	*	26	*	27	*
	2001	21	*	*	20	*	19	*	20	*
	2000	19	*	*	19	*	16	*	19	*

- (1) Reporting period is January 1 through December 31.
- (2) Excludes data with errors.
- (3) <2500 g.
- (4) >4000 g.
- (5) <37 weeks gestation.
- (6) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 23C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)	High (4)							
		Number	%	%	Number	%	Number	%	Number	%
Hispanic	2009	18	*	*	17	*	13	*	18	*
	2008	27	*	*	24	*	20	*	25	*
	2007	22	*	*	21	*	19	*	21	*
	2006	17	*	*	17	*	17	*	19	*
	2005	22	*	*	22	*	19	*	23	*
	2004	0	*	*	0	*	0	*	0	*
	2003	2	*	*	2	*	2	*	3	*
	2002	2	*	*	2	*	1	*	2	*
	2001	1	*	*	1	*	1	*	1	*
	2000	5	*	*	5	*	5	*	5	*
American Indian/Alaska Native	2009	7	*	*	7	*	7	*	7	*
	2008	6	*	*	6	*	5	*	6	*
	2007	7	*	*	7	*	5	*	6	*
	2006	12	*	*	12	*	9	*	11	*
	2005	4	*	*	4	*	4	*	4	*
	2004	6	*	*	6	*	5	*	6	*
	2003	12	*	*	12	*	11	*	13	*
	2002	14	*	*	14	*	10	*	15	*
	2001	15	*	*	14	*	13	*	14	*
	2000	11	*	*	11	*	11	*	9	*

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Table 23C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
Asian/Pacific Islander	2009	26	*	*	25	*	22	*	22	*
	2008	34	*	*	33	*	29	*	35	*
	2007	29	*	*	28	*	27	*	31	*
	2006	33	*	*	31	*	29	*	30	*
	2005	38	*	*	36	*	32	*	39	*
	2004	44	*	*	44	*	37	*	41	*
	2003	34	*	*	34	*	33	*	32	*
	2002	28	*	*	27	*	27	*	23	*
	2001	26	*	*	26	*	23	*	19	*
	2000	27	*	*	26	*	21	*	25	*
Multiple Races	2009	38	*	*	36	*	32	*	38	*
	2008	27	*	*	23	*	21	*	28	*
	2007	27	*	*	25	*	23	*	27	*
	2006	28	*	*	26	*	24	*	28	*
	2005	40	*	*	39	*	36	*	43	*
	2004	23	*	*	23	*	21	*	23	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*
	2001	0	*	*	0	*	0	*	0	*
	2000	0	*	*	0	*	0	*	0	*

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Table 23C
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont

Summary of Trends in Infant Health Indicators by Race/Ethnicity

Summary of Trends in Infant Health Indicators by Race/Ethnicity ⁽²⁾										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
All Other/Unknown	2009	195	8.7	8.7	187	10.7	167	3.6	188	72.3
	2008	195	6.7	10.8	187	9.1	170	2.9	182	69.2
	2007	246	7.7	8.1	237	12.2	208	3.4	236	69.9
	2006	227	8.8	11.9	217	11.5	192	4.7	211	71.1
	2005	211	3.8	10.4	202	7.9	186	1.1	209	66.5
	2004	220	9.1	9.1	213	8.5	195	6.2	211	71.1
	2003	239	5.0	7.9	238	7.1	221	3.6	231	68.8
	2002	245	6.9	11.4	243	8.6	222	3.6	232	61.6
	2001	221	5.9	10.4	217	8.3	199	3.5	203	53.7
	2000	209	6.7	11.0	208	11.1	185	2.2	197	58.9
Total All Race/Ethnic Groups	2009	3,289	7.5	10.6	3,138	9.9	2,825	3.2	3,071	77.7
	2008	3,338	7.3	10.6	3,169	9.9	2,855	3.2	3,175	74.4
	2007	3,308	6.7	9.7	3,148	9.9	2,836	3.1	3,174	72.2
	2006	3,226	7.7	10.7	3,094	10.7	2,762	3.2	3,065	71.8
	2005	3,167	6.4	10.3	3,032	9.3	2,748	2.5	3,118	68.0
	2004	3,272	7.4	11.0	3,182	8.7	2,902	3.7	3,193	68.6
	2003	3,155	7.3	10.6	3,108	10.3	2,786	2.7	3,083	66.3
	2002	3,164	6.8	10.1	3,119	9.2	2,831	2.9	3,087	65.3
	2001	3,049	6.6	11.3	2,967	8.7	2,709	3.3	2,866	63.7
	2000	3,025	7.4	12.3	2,958	9.6	2,674	3.4	2,856	61.0

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