

abigisha * Abavyeyi * Abana:

Menya ico wokora mugihe
ugwaye

ibicurane



- **Pfuka igikorogwa cawe** cake wasamure ukoresheje umushwaro canke igitambara.
- **Karaba muntoke zawe** neza kenshi kandi ukoreshe isabuni canke amavuta yo kwoza intoke.
- **Guma imuhira** mugihe ugwaye, ikiringo c'amasaha 24 mpaka inyonko iheze. Hanyuma panga imigambi yawe.

**Bur'umwana w'amezi 6 kubandanya — aricandagisha!
Dukorere hamwe muguhonya ingwara z'andukira.**

Mukumenya vyinshi, injira muri flu.gov,
healthvermont.gov canke hamagara 2-1-1

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