



Mary Cassatt

Ladies First offers FREE:

**Mammograms, Pap tests and check-ups
for cholesterol, blood pressure and more...**

**Gross Income for Year 2009
(before taxes)**

Number in Household	Yearly	Monthly
1	\$27,075	\$2,256
2	\$36,425	\$3,035
3	\$45,775	\$3,815
4	\$55,125	\$4,594
5	\$64,475	\$5,373
6	\$73,825	\$6,152
7	\$83,175	\$6,931
8	\$92,525	\$7,710

Ladies First membership is based on:

- Vermont residency
- Age
- Number in household
- Income

**Call Kate today at:
1-800-508-2222**

Number in household is anyone living in the household that is related by marriage, civil union, or a dependent child related by birth or adoption.

For Deaf and Hard of Hearing individuals, please use Vermont Relay Service 711 and give our number: 1-800-508-2222.

**You take care of everyone else ...
please take care of yourself.**

Ladies First pays for:

Breast

Age 40 and older or
age 18-39 with breast
symptoms

- Breast exam
- Breast self-exam instruction
- Mammogram (x-ray of the breast)
- More tests as needed

Cervical

Age 40 and older or
age 18-39 with
abnormal Pap

- Pelvic exam
- Pap test
- More tests as needed

Heart Health

All Ladies First
members

- Blood pressure check
- Cholesterol check
- Height & weight check
- Blood sugar test
- Help with nutrition, physical activity and quitting smoking.
- More tests as needed

Ladies First members will be referred for full Medicaid coverage if breast or cervical treatment is needed. Members can have private health insurance including Catamount. If you have insurance, your insurer must be billed first and you will be responsible for any co-pays and deductibles that apply. Ladies First is unable to enroll or cover women who have VHAP, Medicaid or Medicare Part B. VHAP, Medicaid and Medicare Part B offer these check-ups.