Know what to *do* about the *Flu*

Like a snowstorm, we can't STOP the flu from happening, but we can all work to lessen the impact on our families and communities.

'Know what to do about the flu' forums will be held around the state during September, Emergency Preparedness Month, and beyond to brief local leaders and residents about preparations underway for the new flu – 2009 H1N1 influenza – along with the regular seasonal flu.

All forums will be held from **7:00 – 9:00 p.m**.

- **Burlington, 9/22—Hilton Hotel**
- **Rutland, 9/29 —Rutland Holiday Inn**
- **Springfield, 9/30 —Springfield High School**
- **Lyndon Center, 10/1—Lyndon Institute**
- **Barre, 10/7—Barre Opera House**

State officials and public health experts will be on hand to discuss preparations the state is making – including plans for offering H1N1 vaccine to those groups most at risk for serious illness – as well the actions communities and individuals can take to cope with flu.
More information visit: **HealthVermont.gov,** dial **2-1-1**
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