



Vermont Training Events For Community Mental Health Practitioners

If you have questions regarding this calendar or information on training events for a future calendar, please contact: **Nick Nichols** at 802-652-2000 or email: nnichols@vdh.state.vt.us, Department of Mental Health.

This calendar is available on the Vermont Department of Mental Health website:
<http://healthvermont.gov/mh/training/training.aspx>

NOTE: This list is compiled by the Vermont Department of Mental Health; however many of the workshops listed in this calendar are sponsored by other organizations. Please confirm the details of the training (date, time, location, etc.) with the contact provided.

Trainings

Sequential Intercept and Critical Intervention Points Models

July 9, 2009

Montpelier Elks Lodge, Montpelier, VT

Presenters: Chief Justice Reiber, AHS Secretary Rob Hofmann, Robert Kinscherff, and Dan Abreu

Sponsored by: Vermont Transition Youth Grant Committee

For more information, contact Vanessa Lang at vlang@vffcmh.org or (802) 595-5159

Quality & Electronic Health Records—Making the Connection

July 16, 2009

Hilton, Burlington, VT

8:00am—3:45pm

Sponsored by: James Jeffords Institute for Quality & Operational Effectiveness at Fletcher Allen

For more information, please call (802) 656-2292 or visit <http://www.cme.uvm.edu>

Attachment, Self-Regulation, & Competency

August 24—25, 2009

9:00am—4:30pm

Latchis Theater, 50 Main Street, Brattleboro, VT

For more information and to register, please contact Cheryl Cleveland at (802) 254-6028.

Addiction 101

September 4, 2009

8:00am—3:00pm

Holiday Inn, Rutland, VT

Trainer: Debby Haskins, LADC

Sponsored by: Center for Health & Learning

For more information, please visit the Center for Health and Learning website at:

<http://www.healthandlearning.org>.

Ethics and Elders: Working with Families in Difficult Transitions

September 15, 2009

1:00pm—4:45pm

St. Joseph Hall, Room 105, College of Saint Joseph, Rutland, VT

Trainer: Kelly Mills-Dick, MSW

Sponsored by: National Association of Social Workers—Vermont Chapter

For more information, please visit the National Association of Social Workers—Vermont Chapter website at <http://www.naswvt.org>.

Complex Trauma: Identification & Treatment

September 17—18, 2009

8:30am--4:30pm

Burlington

Presenter: Bessel van der Kolk, M.D.

Sponsored by: NFI-Vermont

For more information, contact Cara Caparelli at caracaparelli@nafi.com

Conflict Resolution

September 22, 2009

8:00am--3:00pm

Ohana Camp, Lake Fairlee

Trainer: Susanna Terry

Sponsored by: Center for Health & Learning

For more information, please visit the Center for Health & Learning website at: <http://www.healthandlearning.org>.

4th Annual Conference on Addictive Disorders

October 1-2, 2009

Lake Morey Resort, Fairlee, VT

Sponsored by: Valley Vista

For more information, contact Valley Vista at (802) 222-5201.

Prevention Ethics

October 6, 2009

8:00am--3:00pm

Holiday Inn, Rutland, VT

Trainer: Jackie Valley

Sponsored by: Center for Health & Wellbeing

For more information, please visit the Center for Health & Learning website at: <http://www.healthandlearning.org>.

7th Annual Collaboration Conference on Children, Youth, and Families: Turning Dreams into Reality & Embracing the Collaborative Spirit During Challenging Times

October 16, 2009

Presenter: Anthony Quintiliani, Ph.D., LADC

Killington Grand Hotel, Killington, VT

For more information, contact Don Mandelkorn at don.mandelkorn@ahs.state.vt.us

21st Annual Vermont Brain Injury Association Conference

October 22, 2009

Sheraton Hotel & Conference Center, South Burlington, VT

Sponsored by: Brain Injury Association of Vermont

For more information, please call 1-877-856-1772 or email: support1@biavt.org or visit the Brain Injury Association of Vermont website at: <http://www.biavt.org>.

Educational Series

NAMI – Vermont Family-to-Family Education Program

The NAMI-Vermont Family-to-Family Education Program is a twelve-week course for families and friends of individuals with brain disorders called mental illness. Trained family members teach the course and facilitate the support groups.

For more information, call NAMI-Vermont Toll free: (800) 639-6480, email info@namivt.org or visit www.namivt.org

NAMI – Vermont Provider Education Course

This is a series of five weekly classes structured to help professional providers work collaboratively with consumers and family members while maintaining their own well being. The course is taught by a team of five individuals, all of whom have a mental illness and/or a family member who has one. The course can be taught at your agency and is free to designated community mental health agencies.

Fall 2008 Provider Education Course will be held at the Brattleboro Retreat. All providers are eligible to attend free of charge. Please call the NAMI-VT office at (800) 639-6480 or e-mail Linda at namivt@verizon.net to register.

The University of Vermont Department of Psychiatry

Grand Rounds presentations every Friday morning from 10:30am--11:45am in Burlington are usually open to the public.

For more information, call the UVM Department of Psychiatry (802) 656-3270 or email mary.lacasse@vtmednet.org to receive the monthly announcement electronically, or view it on their website: http://www.fahc.org/Psychiatry/Education/grand_rounds.html

New England Regional Opportunities

Brown University Distance Learning Program

Harm Reduction Technology

Harm reduction is a public health approach to substance abuse and addictions that focuses on minimizing the risks associated with drug use, whether the drug use itself is reduced or not. Widely accepted around the world, harm reduction has not been as readily accepted in the United States. This course will examine the history and philosophy of harm reduction, as well as major examples of practical applications.

This course will begin on July 20, 2009.

The total cost of this course is \$60.00

For more information, please visit: <http://www.browndlp.org/harmreductionann.php>

Effective Strategies for engaging Youth with Co-occurring Disorders

This workshop will explore some of the more significant aspects of Co-occurring disorders among adolescents. The relationship between chemical use, abuse and dependency and the occurrence of other mental health disorders will be reviewed. The importance of understanding this relationship and its complex connection to effective screening, assessment, diagnosis and treatment will also be explored. Examples of effective engagement techniques and treatment activities will be presented and discussed.

This course will begin on July 27, 2009.
The total cost of this course is \$60.00

For more information, please visit: <http://www.browndlp.org/youthcooccurann.php>.

Motivational Interviewing: Skills and Techniques

A highly successful treatment approach developed by Drs. William Miller and Steven Rollnick, Motivational Interviewing (MI), is a person centered, guiding method of communication to elicit and strengthen motivation for change. This course, the second in a series, will focus on the application of MI. Participants will be offered opportunities to learn about, listen for and respond to client sustain and change talk. We will also discuss client resistance and strategies for dealing with resistance. The discussion material and information will be given via a class webpage, including video, and a bulletin board.

This course will begin on August 3, 2009.
The total cost of this course is \$60.00

For more information, please visit: <http://www.browndlp.org/miskillsann.php>

Chemical Dependency and Post-Traumatic Stress Disorder

This course will provide an overview of the connection between Post-Traumatic Stress Disorder (PTSD) and Chemical Dependency. Both of the conditions will be discussed as to their diagnostic criteria, presenting symptomatology, biological aspects and predisposing variables. These often co-existing conditions will be presented in models of representation that are easily understood and have direct applicability to treatment delivery for the addiction treatment provider.

This course will begin on August 17, 2009.
The total cost of this course is \$60.00

For more information, please visit: <http://www.browndlp.org/dlpannouncement.php?course=87>

Agency of Human Services E-Learning Course on Co-Occurring Mental Health & Substance Use Conditions

A comprehensive online course designed to give the participant a deeper understanding of co-occurring mental health and substance use conditions including: understanding the terms, identifying the barriers to prevention and treatment, recovery phases and stages of change, and treatment planning. To access this course, please visit:

<https://www.ahsnet.ahs.state.vt.us/learningcenter/courses/coms/mainmenu.cfm>

Center for Health & Learning Alcohol, Tobacco and Other Drugs Education

This interactive online survey course covers the full range of critical topics related to Alcohol, Tobacco and Other Drugs education, prevention and intervention. Designed for adults who work with children or family systems and for educators (grades pre K-12 as well as higher education), the content of the course includes: pharmacology, chemical use continuum, chemical dependency in the family, societal and personal attitudes, policy and legal issues, support and referral for students in distress, curriculum development, school climate and drinking and driving.

This course does not require you to log on at specific times. You may log on at any time to participate. There are, however, periodic assignments with deadlines. The instructors are JoEllen Tarallo-Falk, Ed.D., C.H.E.S. and Debby Haskins, M.S., LADC,CCS.

This course will run from January 9, 2009 through February 13, 2009. **For more information** on course content and requirements, visit www.healthandlearning.org/moodle

Resiliency and Recovery E-Learning Center

Magellan Health Services has partnered with national experts in behavioral health recovery and resiliency to offer e-courses for providers, consumers, family members and other stakeholders. These trainings are free of charge and were developed in collaboration with Recovery Innovation, Child Family Support Services, the Family Involvement Center, and consumers and family members. **For more information**, visit their website at <http://www.magellanhealth.com/training/>

The National Child Traumatic Stress Network offers free live and archived audio and power point slides from web-cast trainings on various topics related to child trauma. These are available for registration or download in the Training & Education section:
http://www.nctsn.org/nccts/nav.do?pid=ctr_train.

National Child Traumatic Stress Network offers a free on-line video on use of a trauma assessment tool for children: "Administration and Scoring of the UCLA PTSD Reaction Index for DSM-IV (Revision 1)" with Alan M. Steinberg, Ph.D., William R. Saltzman, Ph.D. and Melissa Brymer, Psy. D. (the video is 1 hour 24 minutes). Handouts available.
http://www.nctsn.net/org/nctsn_assets/video/ptsdproducer_files/fdefault.htm

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) offers a web-based training for clinicians. To register for this course visit <http://tfcbt.musc.edu/> and click on "Register."

The National Technical Assistance Center for Children's Mental Health offers free TA teleconferences on Children's Mental Health topics. Register for live teleconference or download past topics. Sponsored by the Georgetown University Center for Child & Human Development, National Technical Assistance Conference Call. **For more information and to register**, visit:
http://gucchd.georgetown.edu/programs/ta_center/tacalls2007.html

SAMHSA's Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center)

Each year, the SAMHSA ADS Center conducts approximately six training teleconferences that are free of charge and open to the general public. These educational events are designed to help

participants enhance mental health consumer independence and community participation by relating the most up-to-date research and information about stigma and stigma-reduction programs within the United States and beyond. In addition to featuring two or more formal presentations on stigma and stigma-related topics, each teleconference includes a thirty-minute open forum. The open forum period offers an opportunity for all participants to ask questions and share their experiences and expertise on efforts to counteract discrimination and stigma associated with mental illness. All SAMHSA ADS Center training teleconferences are conducted via telephone. Accompanying presentation materials are made available through the SAMHSA ADS Center web site. **For more information**, visit:

<http://promoteacceptance.samhsa.gov/teleconferences/default.aspx>

DBT Skills Training

Developed by Behavioral Tech. This highly interactive course teaches all the skills in all four DBT skills modules (Core Mindfulness, Interpersonal Effectiveness, Distress Tolerance and Emotion Regulation), as well as an extra module, the steps in Skills Coaching. This course is designed to teach you specific content while demonstrating exactly how to teach and coach skills and what to do when clients don't understand the skills or don't use them. **For more information**, visit:

<http://www.behavioraltech.com/ol/>

From Innovations to Practice: The Promise and Challenge of Achieving Recovery for All.

The Innovations Institute a series of online video courses based on recordings of leading presentations from that conference. Courses feature an outstanding collection of leaders from the US and around the globe, sharing innovative and effective ways to move systems, programs and practices toward a recovery orientation. Among the 14 courses available are:

- o Shifting to a Rehabilitation and Recovery Paradigm
- o Working as Peers
- o Fostering Leadership in the Transformation of Systems
- o and more!

All courses are offered online, so you can take them from anywhere you have Internet access -- from your home or your office; and at your own pace, any time of the day or night -- whenever you have the time. Also, these courses are very affordable, most costing \$10 or \$15.

These courses are open to learners from all levels and backgrounds; and offer continuing education credit from a variety of national and state accrediting bodies such as the APA, ASWB, NBCC, and many others. **For more information**, visit <http://www.cequick.com/bucpr/>

Mental Health Related Podcasts: One Hour at a Time with Mary Woods

Mary Woods, CEO of Westbridge Community Services, is hosting one hour podcasts on different mental health topics each week, and the podcasts are archived and available for free download through the Westbridge website. Topics include:

- 1) Dialectical Behavior Therapy (DBT): What it is and how it is useful in people's daily lives
- 2) Family Recovery from Mental Illness and Substance Use Disorders
- 3) Holistic Treatment for Substance Use Disorders
- 4) Motivation Interviewing and the Process of Change
- 5) The Challenges of Treating Young Adults
- 6) Clinical Supervision for Substance Use Disorders
- 7) Peer Educators & Dual Disorders

To access and download the podcasts, go to:

<http://www.modavox.com/voiceamericacms/WebModules/HostModaview.aspx?ScheduleTime=12&BroadcastId=30380&ShowId=695&Flag=1>

Mental Health Recovery Correspondence Course

Work with Mary Ellen Copeland to learn key recovery concepts, skills and tools, to develop a Wellness Recovery Action Plan. This four-week correspondence course is offered as an alternative to attending *Mental Health Recovery Seminar Part 1: Learning Mental Health Recovery including Wellness Recovery Action Planning*. Participants who successfully complete this course are eligible to attend *Mental Health Recovery Seminar Part II: Facilitator Training*. **For more information**, call (802) 254-2092, email copeland@mentalhealthrecovery.com or visit the web site: www.mentalhealthrecovery.com.

Abandoned Infants Assistance Resource Center

The National Abandoned Infants Assistance Resource Center's mission is to enhance the quality of social and health services delivered to children who are abandoned or at-risk of abandonment due to the presence of drugs and/or HIV in the family. The Resource Center provides training, information, support, and resources to service providers who assist these children and their families. **For more information**, call (510) 643-8837, email aiarc@berkeley.edu, or visit http://aia.berkeley.edu/training/teleconference/teleconference_series.php

National Research and Training Center at the University of Illinois at Chicago

Online Education Courses and webcasts are available for a range of stakeholders in human service systems including consumers/peers, family members, providers, researchers, policymakers, students, administrators, and government officials. **For more information**, call (312) 355-1696 <http://www.cmhsrp.uic.edu/nrtc/webcourses.asp>

Boston University Center for Psychiatric Rehabilitation

The BU Center for Psychiatric Rehabilitation offers a number of online courses, seminars, webcasts, and videos, some of which are free, through their Professional Development Program. Some resource topics include: recovery, readiness, vocational rehabilitation, career planning, and financial planning. **For more information**, contact Sue McNamara, MS, CRC, CPRP, (617) 358-2574, email suemac@bu.edu or visit <http://www.bu.edu/cpr/>

Addiction Technology Transfer Center of New England

(To be announced)

Higher Education

Master's Program in Community Mental Health (PCMH)

Southern New Hampshire University (formerly at Trinity College of Vermont), is a Master's Degree program based on core clinical and management competencies needed to promote successful outcomes for children and adolescents with severe emotional disturbances, adults with psychiatric disabilities, and people with co-occurring substance abuse and psychiatric disabilities. PCMH is committed to advancing the competencies of community mental health staff, substance abuse staff, staff in related fields and those who would like to become service providers, particularly service users and family members.

For more information, call Annamarie Cioffari, Ph.D., (802) 655-7235, email a.cioffari@snhu.edu, or visit their website at: <http://www.snhu.edu/2400.asp>

Boston University's Center for Psychiatric Rehabilitation

The Certificate Program in Psychiatric Vocational Rehabilitation is a one-year, part-time training for working professionals that partners people with psychiatric disabilities; meets the needs of culturally diverse service recipients; identifies vocational needs; facilitates vocational rehabilitation readiness; personalizes vocational assessment; achieves vocational placements; and develops essential skills, supports and accommodations. Technical assistance is provided throughout the year so that agencies may immediately utilize the skills and tools provided.

For more information, call Debbie Nicolellis (617) 353-3549, email debbien@bu.edu, or visit their website at <http://www.bu.edu/cpr/training/vocrehab/>

Lilly Reintegration Scholarships

The Lilly Reintegration Scholarship program is designed to offer financial assistance for a wide range of educational opportunities in which students work to attain a certificate or degree. The goal is to help people with schizophrenia, related schizophrenia-spectrum disorders and bipolar disorder acquire the educational and vocational skills necessary to reintegrate into society, secure jobs and regain their lives. **For more information**, call 1-800-809-8202 or email lillyscholarships@reintegration.com

Human Services Program – CCV (Community College of Vermont)

CCV's associate of science degree in human services prepares you for entry into a variety of careers in the helping professions and transfers well to a four-year college or university. The instructors are professionals in the human services field, which includes substance abuse prevention, counseling, advocacy, social work, youth and family services, and residential care. The human services degree curriculum is flexible, giving you the opportunity to specialize in areas of particular interest to you. Our new substance abuse certificate may be embedded into the human services program for a more focused degree. This is a popular program available both online and at CCV's 12 sites. A required field experience course allows you to work directly with an agency or organization delivering services. **For more information**, visit <http://www.ccv.edu/>

Substance Abuse Services Certificate Program – CCV (Community College of Vermont)

This certificate program prepares students for entry-level work and advancement within the substance abuse profession. Course competencies are specifically designed to work with established Vermont credentialing standards, readying students for progressive levels of certification and providing required Continuing Education Units. This program does not replace certification by official examination. Total credits: 25. **For more information**, visit <http://www.ccv.edu/>

Funding Opportunities

Funding to support Local peer-run Programs

The Division of Mental Health plans to solicit proposals from consumers for local peer initiatives, developed and controlled by consumers in the public mental-health system. The form and purpose of these initiatives can be flexible; some ideas that have been suggested include education in peer leadership, warm lines, peer mentoring, drop-in centers, peer crisis diversion, resources for peers upon discharge from inpatient hospitalization or from a correctional facility, peer advocacy/community liaisons, and recovery-oriented initiatives (e.g., exercise, diet, healthy lifestyles, employment, etc.). **For more information**, call: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

Other Training Calendars

Division of Alcohol and Drug Abuse Programs' Training Website:

<http://healthvermont.gov/adap/training/training.aspx>

Department of Children and Families, Family Services Division Training Website:

<http://www.dcf.state.vt.us/fsd/trainings.html>

Department of Disability, Aging and Independent Living Training Website:

www.ddas.vermont.gov/ddas-training/training-vt-trainings

Agency of Human Services Training Website:

<http://humanservices.vermont.gov/professional-development>



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