

## 2B: Adult Mental Health Outpatient Programs

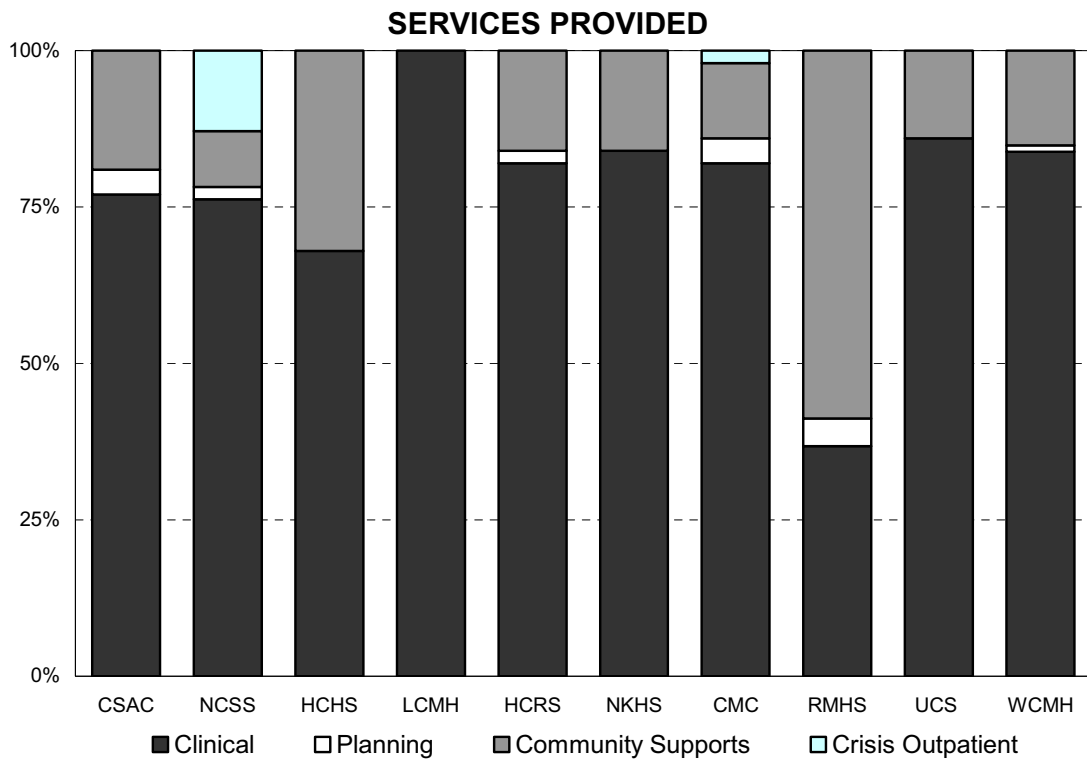


TABLE 2B-1

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers

Fiscal Year 2008

	Clients Served	Age						Gender	
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	6,614	0%	4%	31%	32%	20%	13%	38%	62%
<u>Community Service Providers</u>									
CSAC (Addison)	587	0%	6%	35%	28%	20%	11%	38%	62%
NCSS (Northwest)	1,122	0%	7%	33%	32%	18%	10%	41%	59%
HC (Chittenden)	471	0%	2%	27%	23%	23%	25%	39%	61%
LCMH (Lamoille)	214	0%	3%	28%	39%	23%	6%	36%	64%
HCRS (Southeast)	653	0%	4%	30%	31%	22%	13%	32%	68%
NKHS (Northeast)	824	0%	4%	33%	33%	22%	8%	42%	58%
CMC (Orange)	541	0%	3%	33%	37%	23%	5%	36%	64%
RMHS (Rutland)	632	0%	6%	30%	31%	16%	17%	40%	60%
UCS (Bennington)	857	0%	3%	29%	32%	20%	16%	35%	65%
WCMH (Washington)	713	0%	2%	30%	33%	20%	16%	33%	67%

See notes 2, 3 and 4

TABLE 2B-2

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Community Service Providers

Fiscal Year 2008

	Total <u>Clients Served</u>	Responsibility for Fee				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/ Uninsured</u>
OVERALL	6,614	50%	25%	27%	2%	15%
<u>Community Service Providers</u>						
CSAC (Addison)	587	29%	22%	34%	1%	15%
NCSS (Northwest)	1,122	43%	22%	24%	0%	11%
HC (Chittenden)	471	52%	38%	30%	1%	8%
LCMH (Lamoille)	214	49%	24%	28%	0%	17%
HCRS (Southeast)	653	66%	29%	21%	3%	9%
NKHS (Northeast)	824	55%	23%	17%	0%	22%
CMC (Orange)	541	44%	16%	36%	4%	17%
RMHS (Rutland)	632	53%	25%	25%	6%	20%
UCS (Bennington)	857	52%	29%	37%	4%	8%
WCMH (Washington)	713	55%	25%	20%	0%	22%

See notes 2, 3 and especially 6.

TABLE 2B-3

Vermont Agency of Human Services  
Department of Mental Health  
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

**DIAGNOSIS\* OF CLIENTS SERVED**

Community Service Providers

Fiscal Year 2008

	Total Clients Served	No Dx Data	Organic Brain Syndrome	Schizophrenia and other Psychoses	Affective Disorder	Anxiety Disorder	Personality Disorder	Adjustment Disorder	Social Problem	Substance Abuse	Child Non- Psychotic	Other DSM Disorder	MR/ DD	Reported N
OVERALL	6,614	4%	4%	4%	50%	28%	6%	24%	0%	15%	3%	2%	1%	6,350
<u>Community Service Providers</u>														
CSAC (Addison)	587	13%	2%	4%	55%	27%	4%	19%	0%	13%	4%	2%	2%	508
NCSS (Northwest)	1,122	3%	2%	4%	51%	22%	8%	28%	0%	15%	4%	1%	1%	1,087
HC (Chittenden)	471	3%	7%	3%	48%	27%	5%	24%	0%	17%	2%	1%	0%	456
LCMH (Lamoille)	214	3%	0%	1%	12%	8%	1%	82%	0%	5%	2%	0%	0%	208
HCRS (Southeast)	653	4%	3%	5%	54%	36%	5%	17%	0%	11%	3%	2%	1%	628
NKHS (Northeast)	824	3%	3%	4%	68%	33%	11%	16%	0%	16%	5%	2%	1%	803
CMC (Orange)	541	1%	1%	1%	34%	21%	7%	38%	0%	20%	0%	4%	0%	537
RMHS (Rutland)	632	8%	12%	7%	51%	26%	8%	10%	0%	29%	1%	1%	1%	582
UCS (Bennington)	857	0%	8%	4%	47%	28%	4%	22%	0%	10%	3%	3%	0%	856
WCMH (Washington)	713	4%	3%	2%	51%	42%	3%	26%	0%	13%	1%	3%	1%	685

\* As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.  
See notes 2, 3 and 7.

TABLE 2B-4

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers

Fiscal Year 2008

	Total Clients <u>Served</u>	No <u>Data</u>	Year of Admission					Reported <u>N</u>
			Current Fiscal <u>Year</u>	Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	6,614	0%	45%	20%	16%	13%	5%	6,604
<u>Community Service Providers</u>								
CSAC (Addison)	587	0%	36%	22%	21%	13%	7%	587
NCSS (Northwest)	1,122	0%	35%	22%	22%	15%	6%	1,120
HC (Chittenden)	471	0%	34%	31%	22%	7%	7%	471
LCMH (Lamoille)	214	0%	47%	14%	9%	12%	19%	214
HCRS (Southeast)	653	0%	40%	16%	2%	40%	1%	651
NKHS (Northeast)	824	0%	46%	20%	21%	10%	2%	820
CMC (Orange)	541	0%	47%	24%	20%	7%	3%	541
RMHS (Rutland)	632	0%	69%	11%	10%	6%	3%	632
UCS (Bennington)	857	0%	49%	23%	14%	10%	4%	856
WCMH (Washington)	713	0%	54%	17%	15%	8%	5%	712

See notes 2, 3 and 9.

TABLE 2B-5

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**CLINICAL INTERVENTIONS**

Community Service Providers

Fiscal Year 2008

	Total Clients Served	Clients Receiving Clinical Interventions		Number of Clinical Interventions	Services as Percent of all Adult Outpatient Non-Residential Services	Clinical Interventions Per Client
		Number	Percent			
OVERALL	7,013	6,281	90%	50,659	78%	8
<u>Community Service Providers</u>						
CSAC (Addison)	627	571	91%	4,692	77%	8
NCSS (Northwest)	1,165	962	83%	8,099	77%	8
HC (Chittenden)	535	428	80%	3,863	68%	9
LCMH (Lamoille)	234	234	100%	1,092	100%	5
HCRS (Southeast)	754	680	90%	3,569	82%	5
NKHS (Northeast)	987	954	97%	6,910	84%	7
CMC (Orange)	703	591	84%	5,475	82%	9
RMHS (Rutland)	318	230	72%	890	25%	4
UCS (Bennington)	907	885	98%	8,952	86%	10
WCMH (Washington)	783	746	95%	7,117	83%	10

See notes 2, 3 and 10.

TABLE 2B-5a

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**INDIVIDUAL, FAMILY AND GROUP THERAPY**

Community Service Providers  
 Fiscal Year 2008

	Total Clients Served	Clients Receiving Therapy		Number of Therapy Sessions	Services as Percent of all Adult Outpatient Non-Residential Services	Therapy Sessions Per Client
		Number	Percent			
OVERALL	7,013	4,262	61%	37,570	58%	9
<u>Community Service Providers</u>						
CSAC (Addison)	627	386	62%	3,337	55%	9
NCSS (Northwest)	1,165	686	59%	6,326	60%	9
HC (Chittenden)	535	322	60%	3,386	60%	11
LCMH (Lamoille)	234	72	31%	417	38%	6
HCRS (Southeast)	754	503	67%	2,950	68%	6
NKHS (Northeast)	987	431	44%	2,798	34%	6
CMC (Orange)	703	474	67%	4,573	68%	10
RMHS (Rutland)	318	113	36%	568	16%	5
UCS (Bennington)	907	670	74%	6,814	66%	10
WCMH (Washington)	783	605	77%	6,401	75%	11

See notes 2, 3 and 10.

TABLE 2B-5b

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Community Service Providers

Fiscal Year 2008

	Total Clients Served	Clients Receiving Medication Services		Number of Medication Services	Services as Percent of all Adult Outpatient Non-Residential Services	Medication Services Per Client
		Number	Percent			
OVERALL	7,013	2,278	32%	9,579	15%	4
<u>Community Service Providers</u>						
CSAC (Addison)	627	324	52%	1,218	20%	4
NCSS (Northwest)	1,165	312	27%	1,119	11%	4
HC (Chittenden)	535	74	14%	294	5%	4
LCMH (Lamoille)	234	146	62%	597	55%	4
HCRS (Southeast)	754	142	19%	356	8%	3
NKHS (Northeast)	987	654	66%	3,482	42%	5
CMC (Orange)	703	163	23%	501	8%	3
RMHS (Rutland)	318	42	13%	121	3%	3
UCS (Bennington)	907	317	35%	1,498	14%	5
WCMH (Washington)	783	104	13%	393	5%	4

See notes 2, 3 and 10.

TABLE 2B-5c

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**CLINICAL ASSESSMENT SERVICES**

Community Service Providers

Fiscal Year 2008

	Total Clients <u>Served</u>	Clients Receiving <u>Clinical Assessment</u>		Number of Clinical <u>Assessments</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Clinical Assessment <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,013	2,953	42%	3,510	5%	1
<u>Community Service Providers</u>						
CSAC (Addison)	627	122	19%	137	2%	1
NCSS (Northwest)	1,165	586	50%	654	6%	1
HC (Chittenden)	535	169	32%	183	3%	1
LCMH (Lamoille)	234	74	32%	78	7%	1
HCRS (Southeast)	754	238	32%	263	6%	1
NKHS (Northeast)	987	481	49%	630	8%	1
CMC (Orange)	703	378	54%	401	6%	1
RMHS (Rutland)	318	166	52%	201	6%	1
UCS (Bennington)	907	438	48%	640	6%	1
WCMH (Washington)	783	301	38%	323	4%	1

See notes 2, 3 and 10.

TABLE 2B-6

Vermont Agency of Human Services  
Department of Mental Health  
ADULT MENTAL HEALTH OUTPATIENT SERVICES

**SERVICE PLANNING AND COORDINATION**

Community Service Providers

Fiscal Year 2008

	Total Clients <u>Served</u>	Clients Receiving		Number of Planning & <u>Coordination Services</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Planning & Coordination <u>Services Per Client</u>
		<u>Planning &amp; Coordination Services</u>				
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,013	454	6%	1,087	2%	2
<u>Community Service Providers</u>						
CSAC (Addison)	627	119	19%	272	4%	2
NCSS (Northwest)	1,165	101	9%	197	2%	2
HC (Chittenden)	535	0	0%	0	0%	.
LCMH (Lamoille)	234	0	0%	0	0%	.
HCRS (Southeast)	754	41	5%	78	2%	2
NKHS (Northeast)	987	0	0%	0	0%	.
CMC (Orange)	703	97	14%	264	4%	3
RMHS (Rutland)	318	52	16%	126	3%	2
UCS (Bennington)	907	8	1%	27	0%	3
WCMH (Washington)	783	36	5%	123	1%	3

See notes 2, 3 and 12.

TABLE 2B-7

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**COMMUNITY SUPPORTS**

Community Service Providers

Fiscal Year 2008

	Total Clients <u>Served</u>	Clients Receiving <u>Community Support Services</u>		Number of Community <u>Support Services</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,013	1,484	21%	10,788	17%	7
<u>Community Service Providers</u>						
CSAC (Addison)	627	193	31%	1,144	19%	6
NCSS (Northwest)	1,165	54	5%	932	9%	17
HC (Chittenden)	535	191	36%	1,788	32%	9
LCMH (Lamoille)	234	0	0%	0	0%	.
HCRS (Southeast)	754	103	14%	711	16%	7
NKHS (Northeast)	987	150	15%	1,288	16%	9
CMC (Orange)	703	320	46%	785	12%	2
RMHS (Rutland)	318	128	40%	1,433	40%	11
UCS (Bennington)	907	92	10%	1,418	14%	15
WCMH (Washington)	783	253	32%	1,289	15%	5

See notes 2, 3 and 13.

TABLE 2B-8

Vermont Agency of Human Services  
 Department of Mental Health  
 ADULT MENTAL HEALTH OUTPATIENT SERVICES

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**

Community Service Providers  
 Fiscal Year 2008

	Total Clients <u>Served</u>	Clients Receiving <u>Emergency/Crisis Services</u>		Number of <u>Emergency/Crisis Services</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Emergency/ Crisis Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,013	539	8%	1,551	2%	3
<u>Community Service Providers</u>						
CSAC (Addison)	627	8	1%	9	0%	1
NCSS (Northwest)	1,165	417	36%	1,354	13%	3
HC (Chittenden)	535	0	0%	0	0%	
LCMH (Lamoille)	234	0	0%	0	0%	
HCRS (Southeast)	754	0	0%	0	0%	
NKHS (Northeast)	987	0	0%	0	0%	
CMC (Orange)	703	83	12%	153	2%	2
RMHS (Rutland)	318	0	0%	0	0%	
UCS (Bennington)	907	0	0%	0	0%	
WCMH (Washington)	783	31	4%	35	0%	1

See notes 2, 3 and 15.