

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05402

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Walter Ochs

DATE: October 23, 2009

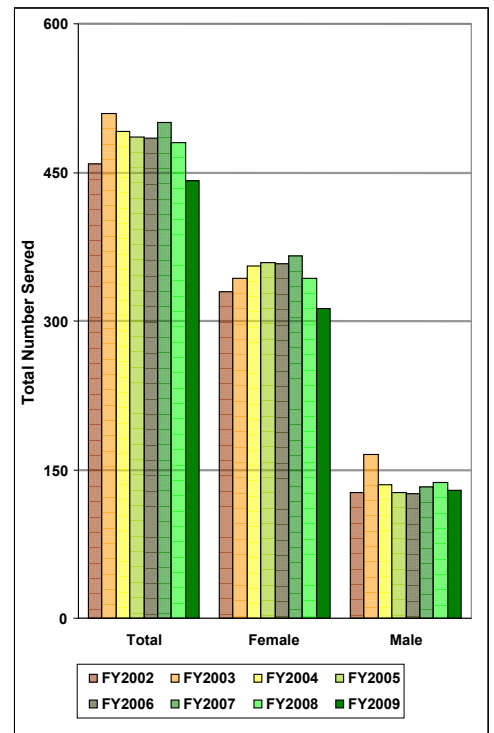
RE: Elder Care Programs FY2009

The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2009. The analysis is based on data from the Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2007 and FY2008 can be found on the web at: http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Oct_19_2007.pdf and http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Aug_29_2008.pdf.

Since 2002, the number of clients served by Elder Care Programs has been relatively consistent, ranging from a high of 509 in FY2003 to a current low of 442 in FY2009. Many more women than men were served in every year, with women accounting for two thirds to three quarters of the total Elder Care population.

As you will see, the highest proportion of clients served during FY2009 were in their 70's (36%) or older (34%). The smallest numbers served were in their 60's (30%). Medicare was the most common source of insurance for Elder Care clients (83%), followed by Medicaid (58%). The most common diagnosis reported for Elder Care clients was Depressive Disorders (57%), and the most common problem areas reported were depression and problems in daily living (81% and 67%, respectively).

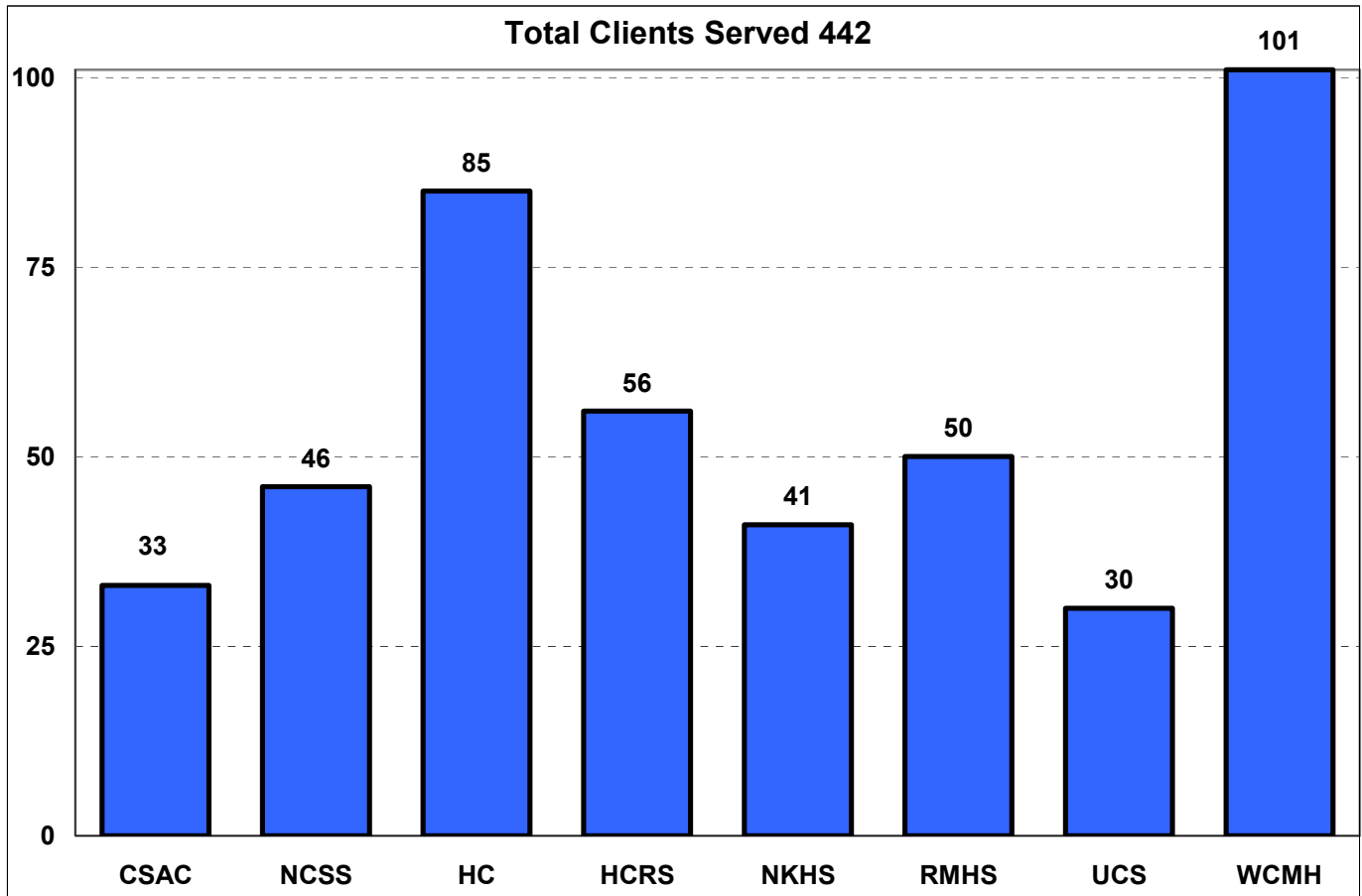
There was substantial variation in the location in which Elder Care services were provided by designated agencies. In FY2009, Bennington (UCS) and Addison (CSAC) Counties reported the largest proportion of services in "Office" settings (81% and 66%, respectively) while the Southeast region (HCRS) reported the smallest proportion (<1%) in an "Office" setting. For services provided "In-home", Washington County (WCMH) reported the largest proportion (82%) while Rutland County (RMHS) reported the smallest proportion (5%). For services provided in a "Community" setting, RMHS reported the largest proportion (81%), while HowardCenter (HC), WCMH, CSAC, and UCS reported the smallest proportions (6%, 3%, 1% and 0%, respectively).



As always, we look forward to your comments, questions, and suggestions for further analysis of community mental health center Elder Care Program data. You can reach us at pip@vdh.state.vt.us or 802-863-7249.

Elder Care Programs

Vermont Community Mental Health Centers - FY2009



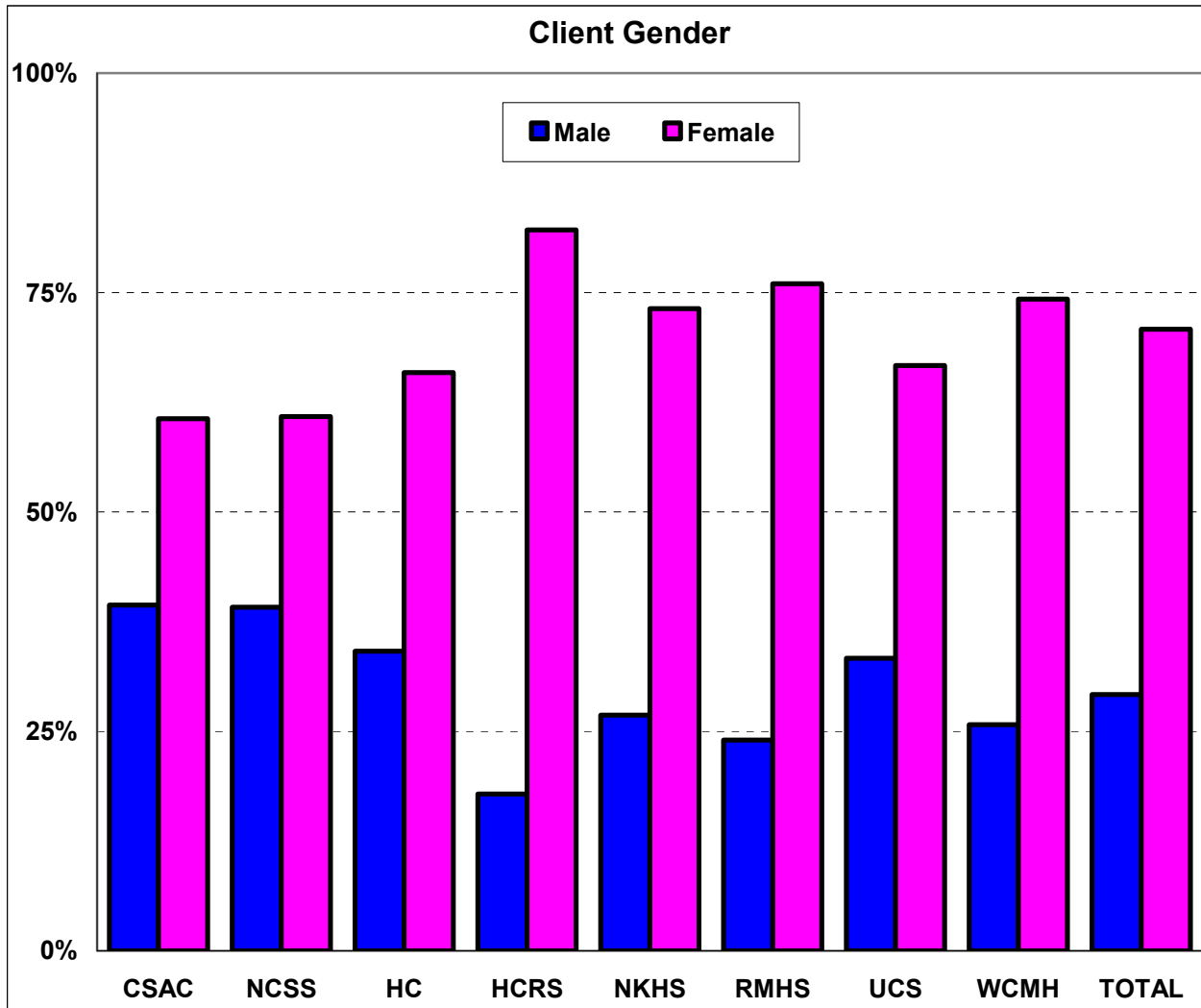
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Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database included all records with an Elder Care cost center, units greater than 0, and served during July 1, 2008 to June 30, 2009. Analysis includes all adults age 60 and older.

Elder Care Programs

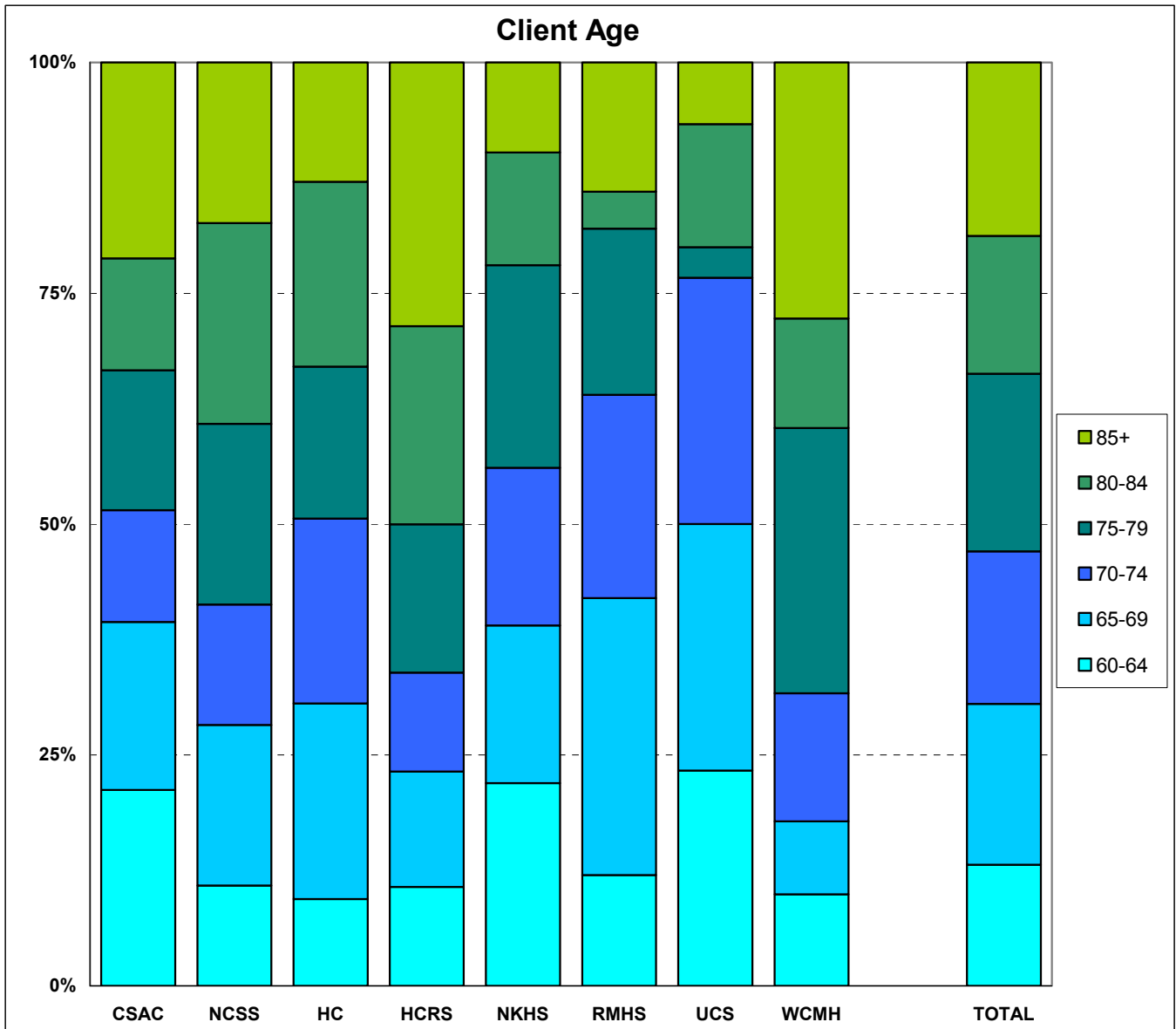
Vermont Community Mental Health Centers - FY2009



CMHC	Clients Served	Male		Female	
		Number	Percent	Number	Percent
CSAC	33	13	39%	20	61%
NCSS	46	18	39%	28	61%
HC	85	29	34%	56	66%
HCRS	56	10	18%	46	82%
NKHS	41	11	27%	30	73%
RMHS	50	12	24%	38	76%
UCS	30	10	33%	20	67%
WCMH	101	26	26%	75	74%
TOTAL	442	129	29%	313	71%

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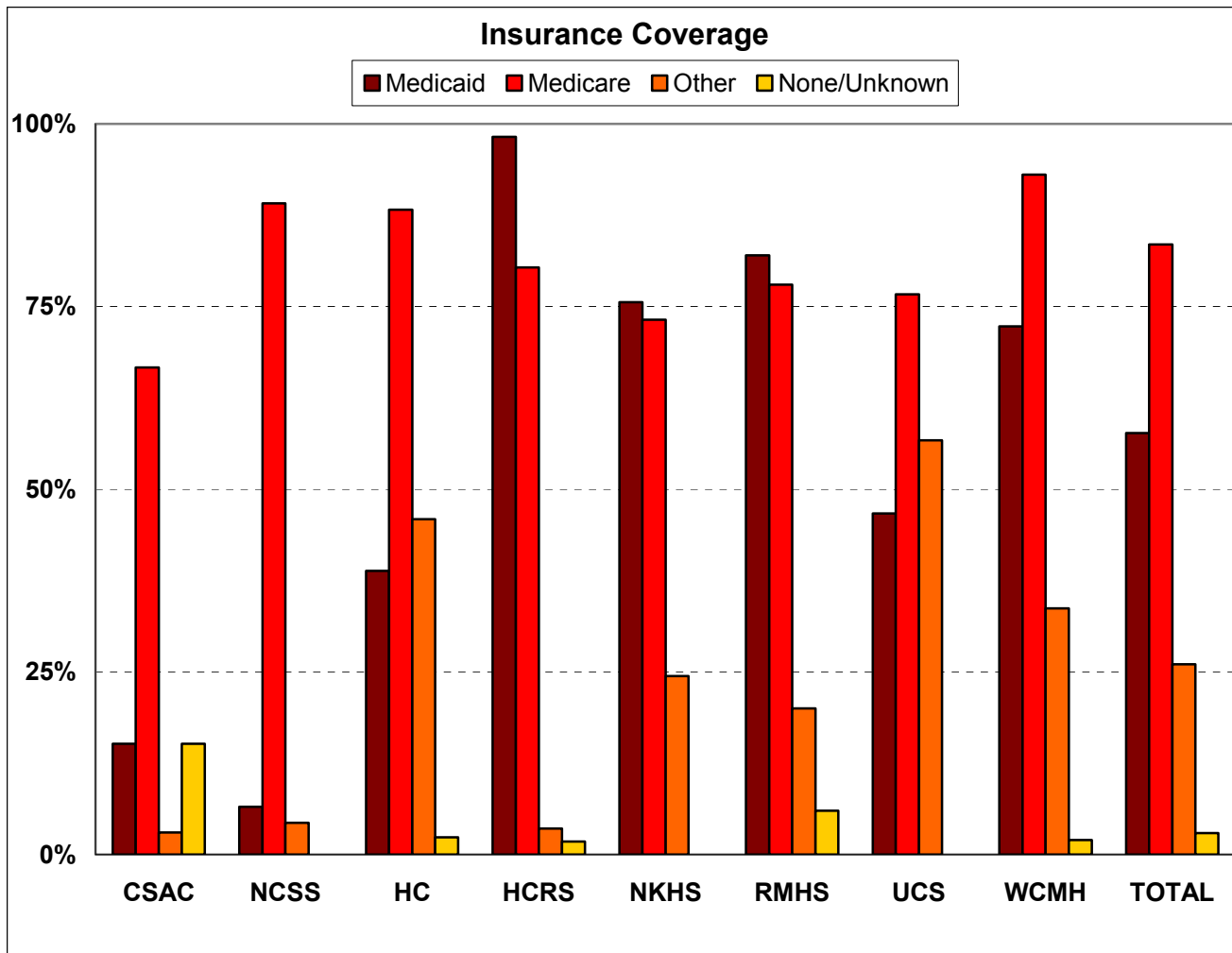
Elder Care Programs Vermont Community Mental Health Centers - FY2009



CMHC	Clients Served	60-64		65-69		70-74		75-79		80-84		85+	
		#	%	#	%	#	%	#	%	#	%	#	%
CSAC	33	7	21%	6	18%	4	12%	5	15%	4	12%	7	21%
NCSS	46	5	11%	8	17%	6	13%	9	20%	10	22%	8	17%
HC	85	8	9%	18	21%	17	20%	14	16%	17	20%	11	13%
HCRS	56	6	11%	7	13%	6	11%	9	16%	12	21%	16	29%
NKHS	41	9	22%	7	17%	7	17%	9	22%	5	12%	4	10%
RMHS	50	6	12%	15	30%	11	22%	9	18%	2	4%	7	14%
UCS	30	7	23%	8	27%	8	27%	1	3%	4	13%	2	7%
WCMH	101	10	10%	8	8%	14	14%	29	29%	12	12%	28	28%
TOTAL	442	58	13%	77	17%	73	17%	85	19%	66	15%	83	19%

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Elder Care Programs Vermont Community Mental Health Centers - FY2009



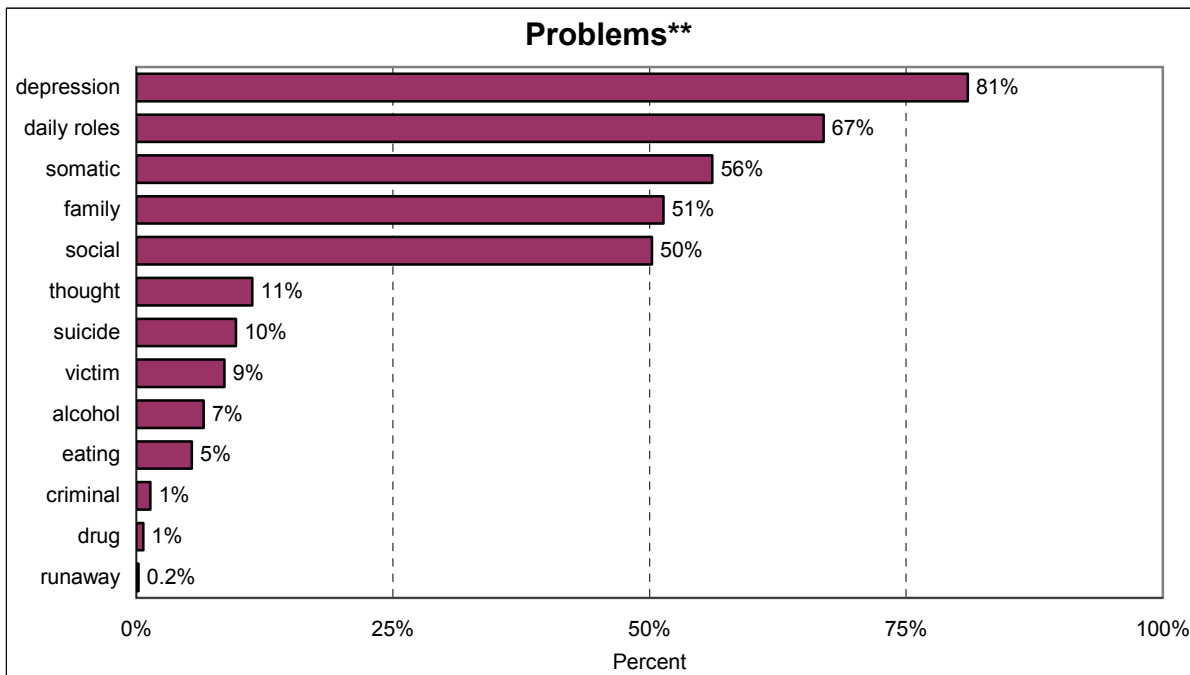
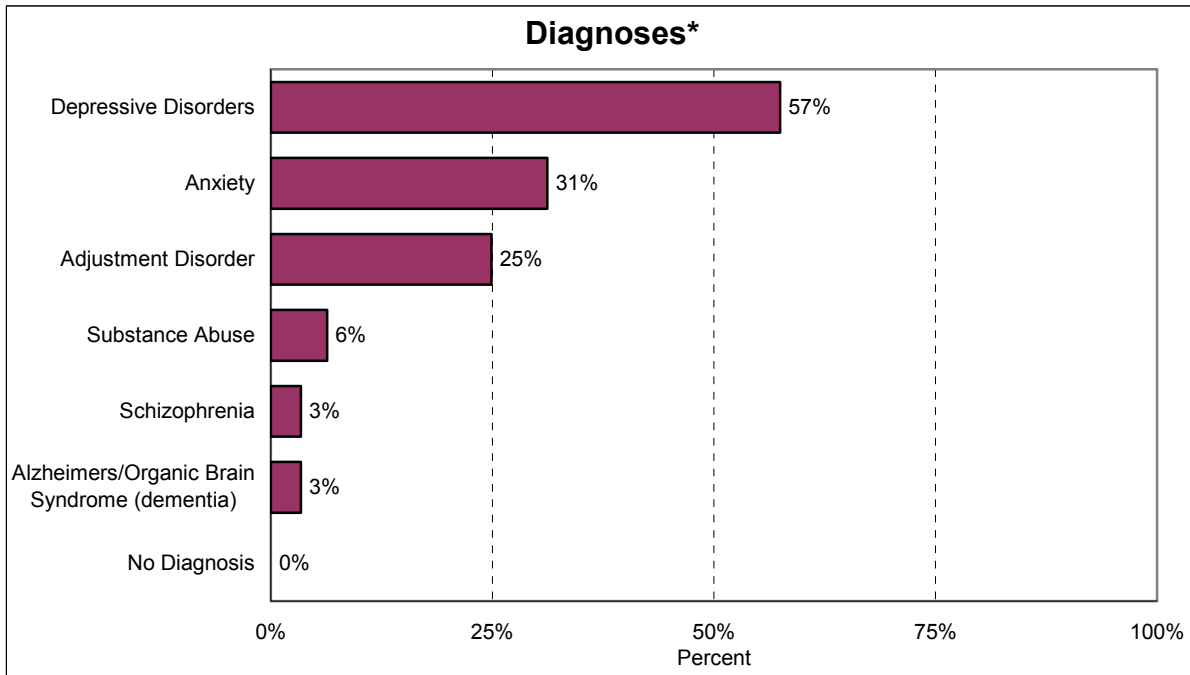
CMHC	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
CSAC	33	5	15%	22	67%	1	3%	5	15%
NCSS	46	3	7%	41	89%	2	4%	0	0%
HC	85	33	39%	75	88%	39	46%	2	2%
HCRS	56	55	98%	45	80%	2	4%	1	2%
NKHS	41	31	76%	30	73%	10	24%	0	0%
RMHS	50	41	82%	39	78%	10	20%	3	6%
UCS	30	14	47%	23	77%	17	57%	0	0%
WCMH	101	73	72%	94	93%	34	34%	2	2%
TOTAL	442	255	58%	369	83%	115	26%	13	3%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

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Elder Care Programs

Vermont Community Mental Health Centers - FY2009



*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database includes all clients with an Elder Care cost center, units greater than 0, and served during July 1, 2008 to June 30, 2009. Analysis includes all adults age 60 and older.

Elder Care Programs

Vermont Community Mental Health Centers - FY2009

Units of Service

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	33	593	3	5	19	180	6	16	23	389	2	4
NCSS	46	1,107	11	15	19	737	11	19	29	336	0	0
HC	85	1,483	0	0	40	469	40	75	61	939	0	0
HCRS	56	1,891	2	2	49	1,743	9	18	12	128	0	0
NKHS	41	389	0	0	33	278	7	34	9	77	0	0
RMHS	50	1,220	18	54	50	1,068	2	5	0	0	13	93
UCS	30	370	0	0	0	0	13	23	22	347	0	0
WCMH	101	2,562	9	25	37	418	9	12	98	2,074	8	33
State	442	9,614	43	100	247	4,893	97	201	254	4,291	23	130

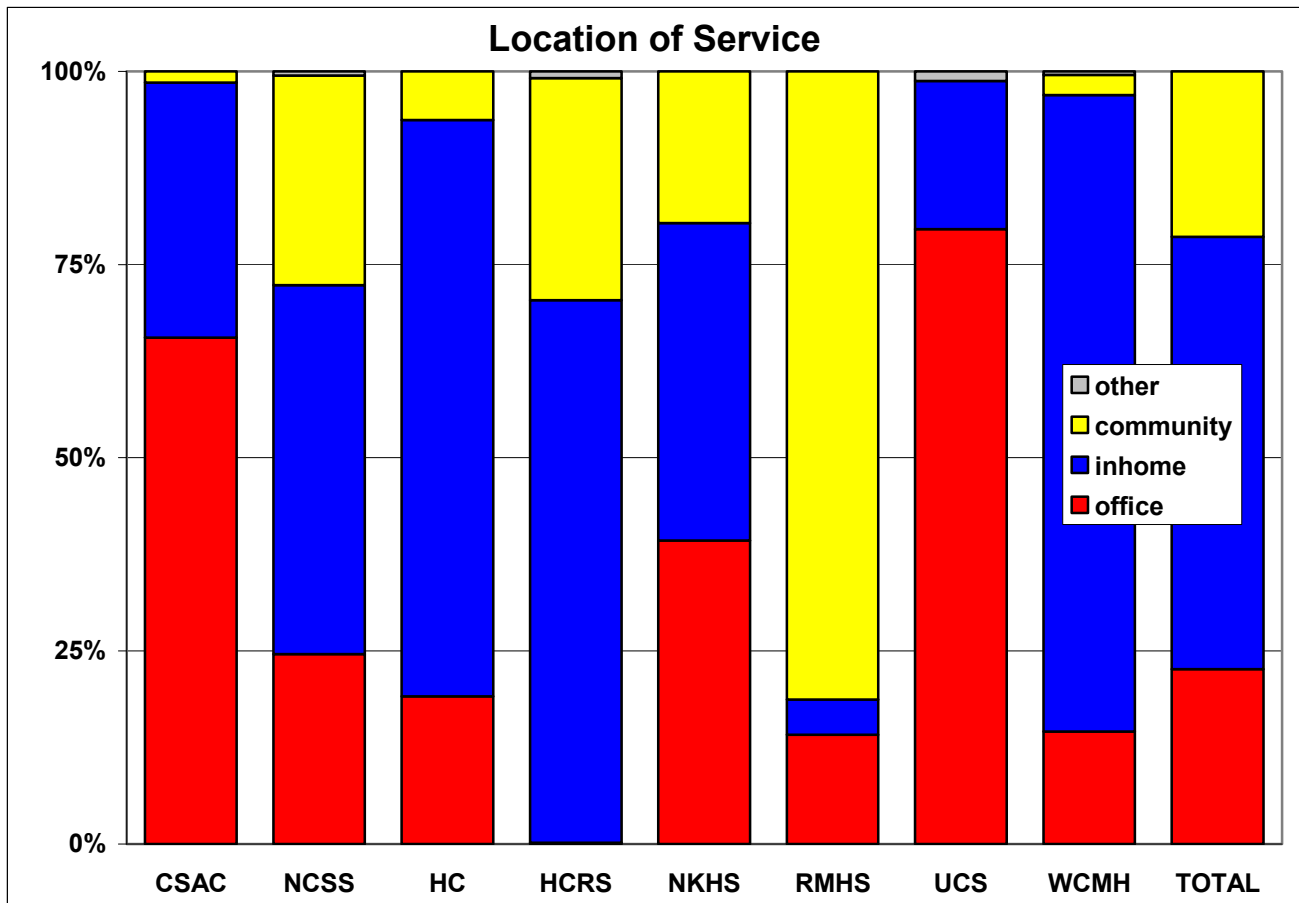
Service Events

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	33	601	3	6	19	187	6	11	23	393	2	4
NCSS	46	1,099	11	44	19	705	11	13	29	337	0	0
HC	85	1,417	0	0	40	440	40	51	61	926	0	0
HCRS	56	1,120	2	2	49	983	9	9	12	126	0	0
NKHS	41	310	0	0	33	224	7	9	9	77	0	0
RMHS	50	1,274	18	101	50	1,077	2	3	0	0	13	93
UCS	30	334	0	0	0	0	13	24	22	310	0	0
WCMH	101	2,052	9	18	37	427	9	12	98	1,562	8	33
State	442	8,207	43	171	247	4,043	97	132	254	3,731	23	130

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Elder Care Programs

Vermont Community Mental Health Centers - FY2009



Clinic	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	409	66%	206	33%	9	1%	0	0%
NCSS	270	25%	525	48%	298	27%	6	1%
HC	388	19%	1,515	75%	128	6%	0	0%
HCRS	2	0.2%	875	70%	358	29%	11	1%
NKHS	126	39%	132	41%	63	20%	0	0%
RMHS	180	14%	58	5%	1,036	81%	0	0%
UCS	382	81%	92	19%	0	0%	0	0%
WCMH	297	14%	1,682	82%	53	3%	26	1%
TOTAL	2,054	23%	5,085	56%	1,945	21%	43	0.5%

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