

I. General Considerations

- A. SIDS is the sudden and unexpected death of an apparently healthy infant which remains unexplained after the performance of a complete case study and autopsy.
 - B. Infants in cardiac arrest should generally receive resuscitation efforts. However, local medical control may wish to abbreviate/truncate resuscitation in some circumstances.
 - C. Prehospital personnel should pay attention to the emotional concerns of the parents or caregivers.
 - D. Notify local law enforcement officials as soon as time permits.
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II. History

Perform a focused history and physical exam with particular attention to:

- A. When was the infant discovered?
 - B. Have there been any recent illnesses?
 - C. What is the infant's general health?
 - D. Who discovered the infant, and what actions did that person take?
 - E. When was the infant put to bed?
 - F. In what position was the infant discovered?
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III. Physical Exam

- A. Evaluate the:
 - 1. General physical appearance of the infant
 - 2. Position in which the infant was found
 - 3. Appearance of the room/house in which the infant was found
 - 4. Emotional status of the parent or caregivers
 - B. Perform an initial assessment.
 - C. Perform a focused history and physical exam.
 - D. Note any signs of trauma.
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IV. Treatment

Basic

- A. Establish an airway, maintain as indicated, suction as needed.
- B. Follow **cardiac arrest** protocol.
- C. Provide psychological first aid for parent or caregiver if possible.

Paramedic

- D. Initiate an intraosseous (IO) line.
- E. Follow the appropriate **arrhythmia/dysrhythmia** protocol. *Consult on-line medical direction for specific medication doses.*