

Vermont Department of Health  
EMT – Basic Recertification Exam  
Practical Performance Criteria

At each of these stations, the evaluator randomly assigns a candidate to perform certain tasks or act in a certain role, as indicated by the areas below with more than one column. Candidates perform the task in only one column; stations are **NOT** repeated with candidates in opposite roles. Criteria that cover all of the columns apply to both candidates.

**Station 1: Trauma Assessment and Management** (Two person station; 10 minutes)

*Evaluator randomly assigns each candidate to perform **ONE** of the following two roles:*

<u>Assessor</u>	<u>Spine Immobilizer</u>
Verbalizes results of scene size-up. Directs assistant to provide manual in-line immobilization of cervical spine. Completes initial assessment, including opening the airway in safe, effective manner. Administers high concentration oxygen by nonrebreather mask. Performs focused history and physical exam (rapid trauma assessment). Applies appropriate size cervical collar without compromising the airway or cervical immobilizations. Requests vital signs and obtains SAMPLE history. Moves patient onto board. Verbalizes need for prompt transport.	Provides manual in-line immobilization of cervical spine. Maintains open airway with jaw thrust.
Completes station in allotted time. Treats patient in professional manner. Throughout station, moves and immobilizes patient in manner that does not cause further injury or unnecessary pain or compromise respiration or spinal integrity.	

**Station 2: Assessment and Management of Medical Patient** (One person; 10 minutes)

Attaches regulator to oxygen tank properly, opens tank and determines sufficient oxygen available. Performs scene size-up, including scene safety and nature of illness. Completed initial assessment. Gathers focused history (onset, time, interventions). Gathers SAMPLE history. Obtains vital signs within allotted limits: blood pressure $\pm$ 10 systolic/ $\pm$ diastolic, pulse rate $\pm$ 10, resp. rate $\pm$ 5. Administers high concentration oxygen.		
<i>Performs <b>ONE</b> of the following three interventions (determined by the scenario, randomly selected by the evaluator).</i>		
Checks epinephrine auto-injector for expiration date, cloudiness and discoloration. Selects appropriate injection site and removes safety cap. Applies auto-injector to site, presses it firmly and holds it in place for 10 seconds. Disposes of injector in proper container. Documents time of injection (may be verbalized).	Checks nitro for expiration date. Asks patient to lift tongue. Places tablet or spray under tongue. Has patient close mouth while keeping tablet or spray under tongue without swallowing until tablet dissolved or spray absorbed. Documents time of nitro administration. Reassesses blood pressure in 2 minutes (can be verbalized).	Checks inhaler for expiration date and shakes container. Instructs patient to exhale deeply and place lips around inhaler. Has patient depress inhaler while inhaling and then hold breath. Documents time of inhaler treatment (may be verbalized).
Handles oxygen equipment safely throughout station and acts with safety of patient and others in mind. Treats patient in professional manner.		

Continued on reverse side

**Station 3: Cardiac Arrest Management** (Two person team; 10 minutes)

Wears disposable gloves (can be verbalized).	
<i>Evaluator randomly assigns each candidate to perform <b>ONE</b> of the following two roles:</i>	
<p align="center"><b><u>CPR Performer</u></b></p> <p>Opens adult manikin airway, evaluates breathing, administers two 1-second ventilations that make the chest rise and checks carotid pulse. Finds proper location for chest compressions, alternates 30 chest compressions (at a rate of 100 per minute) and 2 one-second ventilations for at least 5 cycles and checks pulse. At least 90% of ventilations effective. At least 90% of compressions effective. After patient regains pulse, maintains seal between mask of BVM and face so that chest rises 10-12 times within 1 minute of beginning ventilations. Inserts tip of suction catheter without suction into mouth and applies suction to oropharynx. Inserts appropriate size oral airway without pushing the tongue posteriorly.</p>	<p align="center"><b><u>AED User</u></b></p> <p>Attaches AED properly, initiates rhythm analysis and delivers 1 shock followed by 5 cycles of CPR. Whenever no shock indicated, has partner check pulse, whenever patient pulseless and not being assessed or shocked, has partner do CPR. Clears patient before every analysis and every shock. Verbalizes the proper time in the sequence to begin transport. After patient regains pulse, squeezes bag of BVM so that chest rises 10-12 times within 1 minute of beginning ventilations. Applies pocket mask and ventilates so that chest rises 10-12 times within 1 minute of beginning ventilations. Inserts appropriate size nasal airway properly.</p>
Throughout station, acts in manner that does not compromise airway or respiration.	

See reverse side for Stations 1 and 2