

The chart below can be utilized for practicing Advanced Spinal Assessment:

Step	Yes	No
Scene Safety & BSI		
Manual immobilization		
Determines high risk or questionable injury mechanism		
Determines if patient has unstable vital signs or abnormal and/or abnormal peripheral perfusion – if yes, must immobilize		
Determines reliable patient (over 9 years of age, calm, cooperative, sober, alert and oriented to person, place, and time, etc.)		
Performs motor exam in all extremities assessing for numbness, tingling, motor strength, and sensation		
Palpates the entire spine for tenderness		
If patient meets above criteria, has patient flex, extend, and rotate their neck without pain		
Verbalize documentation		
Instructor asks the candidate what action would be taken if one of the above criteria resulted in an abnormal exam		
Student indicates appropriate actions		