

Anthrax: How do I get help?

Where do I get medication? *At a Point of Distribution (POD)*

- PODs are being set up to give out free medicine by [insert date/time].
- Dial 2-1-1 or go to www.healthvermont.gov for more information and directions to your closest POD.
- Watch TV or listen to your local radio station for frequent updates and information about POD sites.

How do I get medication? *By sending one adult per household to a POD.*

- One adult can pick up enough medicine for all family members.
- Bring a list of allergies and/or medical conditions for each family member.
- Bring a list with weight and age of each child in your house so that the right amount of medication can be given.

What medicine will I get? *Ciprofloxacin or Doxycycline*

- Most people will get Doxycycline. You will get Ciprofloxacin if you are pregnant, breastfeeding, have certain medical conditions, or are allergic to Doxycycline.
- Both medications are effective and are approved by the Food and Drug Administration (FDA).

Why should I take the medicine?

- Anthrax can be deadly if left untreated.
- The medicine can help fight the effects of anthrax.
- Taking medicine within the first 48 hours, which is often before you show symptoms, is the most effective.

For more information – Dial 2-1-1 or go to www.healthvermont.gov