

**Vermont Alcohol and Drug Abuse
Advisory Council**

Department of Liquor Control
13 Green Mountain Drive
Montpelier, Vermont

Wednesday, September 25th, 2013
10:00AM – 12:00PM

I. Welcome and Introductions

Welcome

Welcome everyone

Introductions

Jackie Corbally
Lauren Fisk
Patrick Martin
John Gramuglia
Joy Mitchell
Steve Waldo
Mark Depman
Mourning Fox
Jennifer Wall-Howard
Mark Weikert
Mike Hogan
Chauncey Liese
Andy Snyder
Marcus Hass
Lori Augustyniak
Willa Farrell
Mark Ames
Ena Backus
Allan Ramsay

Regrets

Matthew Birmingham
Mitch Barron
Barbara Cimaglio

II. Approval of Minutes: August 28th, 2013

August 28th = Approved with the following changes. No changes needed.

III. Deputy Commissioner Report: Jackie Corbally for Barbara Cimaglio

Program Updates –

ADAP – Barbara has been appointed by Doug Racine to do some work with AHS and other departments around addiction. VDH has held a number of meetings with department heads throughout AHS. VDH spent the summer looking at the definitions around assessment. ADAP is looking to now move from screening to assessment as well as looking at treatment and discharge summaries. VDH is gathering research on lowering the legal BAC to .05. There is likely to be a legislative proposal on this in the next session. There is also work being done with VPMS system improvements. Last legislative session a bill was passed that requires all physicians to register with VPMS by mid-November.

Treatment – ADAP has been directed to complete 8 legislative reports from the last session. There is a lot of focus on opiates and waiting lists for the treatment. There is also planning for what treatment will be purchased in FY15.

SBIRT Grant – The focus of SBIRT is screening and brief intervention, preventing people from getting to the next stage of the addiction illness. This grant will be working with FQHC's, uninsured health clinics, the University Health Center at UVM as well as CVMC. ADAP is looking at the treatment system, and how to increase the capacity.

Hub and Spoke – The goal of the Hub and Spoke is to get to a stable system, and ensure that individuals are on the most appropriate medication. The Chittenden, Addison and Franklin/Grand Isle location has been up and running since January. The waiting list continues to be high. The second location in South Burlington is continuing to meet opposition from the South Burlington School and is now in the court process. They have opened up the clinic and are working with ADAP. HowardCenter made the decision that they could not continue to afford to operate a spoke. The persons who were in Twin Oaks have all moved into the Hub and are being assessed. The goal is to move them out into spokes as physicians become available. The Rutland Hub is coming online November 6th. Rutland Regional Medical Center has been a fantastic partner. Jeff McKee and Jessie Farnsworth are the two contacts in Rutland. The Central Vermont Hub came online July 1st. They are taking people in at a good rate. Their waiting list is around 50. The Southeastern Hub came online July 1st. This Hub is a collaborative with Habit OpCo and the Brattleboro Retreat. They currently have no waiting list. The Northeast Kingdom Hub will come online January 1st.

Adolescent Grant – ADAP was awarded an adolescent services grant. This grant has some commonalities with the SBIRT Grant. It is a SAMSHA Grant for 3 years, \$1 Million per year. The goal of this grant is to work with young people and their families. ADAP is partnering with Centerpoint and Washington County Youth Service Bureau. The goal is to roll this out to programs in the state that are providing adolescent services. There are two programs ADAP is looking at for the different age groups. For the 12 to 17 age group, there is a curriculum called Seven Challenges, and for the 18-25 age group, the program is called Seeking Safety.

Rule Writing - ADAP is in the process of re-writing rules. Once these rules are written, ADAP will work with DMH to look at a comparison of the rules. The goal is to not have dual processes.

Project CRASH – Barbara has asked the CRASH director to bring CRASH up a notch, and look at the curriculum to determine if it is the best curriculum to be using, also looking at making sure the CRASH evaluators are trained properly. The numbers in CRASH are

increasing. The director talked with Drew Bloom about the Total Abstinence process. ADAP needs to look at the current CRASH hours. Is it enough and are they the right hours? Staffing is an issue. A lot of the younger CRASH clients are bilingual. When they receive their ticket, they aren't aware of their requirements as it is not their native language. Need to look at interpretation services.

Prevention – Prevention Works had a meeting with Secretary Racine and Senator Jane Kitchell about putting together a trust, or another form of long term funding for prevention. Senator Kitchell put forth an idea about putting together a policy called Health in All Policies. This would mean developing a health impact analysis so that when bills are passed, there is a checklist for legislators that addresses how the bill will affect different aspects of health. This past quarter, there was a lot of time spent on marijuana education and trying to understand the issues and what the state might be confronted with. Prevention Works is now looking at legislation that was passed recently around medical marijuana dispensaries and H.200 and identifying where the weak areas are and places that need to be addressed better than they were in the original legislation. They are also working on an advocacy plan to address marijuana and alcohol. In a recent study done in Colorado, where individuals over 21 were surveyed, it was found that the expectation is that there will be a 40% increase in marijuana use when it becomes legal. Young people are interpreting this as though decriminalization means that marijuana is legal. Law Enforcement needs guidance, and/or a designated agency who is the “go to” for answers. The Emergency Departments also are in need of more information around how to test levels of marijuana and what is the definition of impairment. The Drugged Driving Task Force would be a good group to have a conversation with regarding this.

YRBS – The Youth Risk Behavioral Survey results are being formulated and will be out mid-October.

IV. Dr. Allan Ramsay and Ena Backus – Green Mountain Care Board

The Green Mountain Care Board, by statute, relies on input from their advisory committees. The board has a mental health/substance abuse advisory committee structure. The next meeting will be held October 22nd. The committee is made up of community members, professionals, interested parties etc. Dr. Ramsay has been a Family Physician in Vermont for 32 years. In those 32 years, Dr. Ramsay spent 5 years as the Medical Director of Day One at Fletcher Allen Health Care.

The Hub and Spoke is a harm reduction program that is statewide and sponsored by the Vermont Department of Health and the Blueprint at Department of Vermont Health Access. This is a delivery system re-design model. In addition to the re-design model, the Hub and Spoke also has some characteristics of payment reform. The Hubs are payed on a per member/per month basis. There is a potential 3400 patients in Vermont to enroll in the Hub and Spoke. The current struggle is patients who are ready to engage in the Hub with private insurance. Private insurance looks at the Hubs in a very different way than Medicaid. The goal is to base health care on a clients' need and not who is paying. The Green Mountain Care Board has spent most of September approving hospital budgets. The budgets have to be revenue neutral. Hospitals cannot add revenue or unfunded costs.

For more Information on the Green Mountain Care Board - www.gmcboard.vt.gov

V. Future Guests

JoEllen Tarallo Falk – Suicide Prevention U_Matter
Patty Baroudi – College Initiative
Charlie Biss – Children’s Mental Health
Karen Ganette – Drug Court (update on DWI Court)
Rebecca Holcum – Secretary of the Agency of Education
Shayla Livingston – YRBS.

VI. Member Reports/Announcements

Steve Waldo, DLC – Because of the funding loss of the START program, the Department of Liquor Control police training, which used to be 2 day model, has been reduced to a 1-day training. This training will be held in Randolph mid-October. There is a lot of material for 1 day.

Mark Depman, CVMC – The Vermont Medical Society sent out an informational packet to Vermont physicians about the Medical Marijuana dispensaries.

Andy Snyder, AOE – Rebecca Holcum was appointed as the new Secretary of the Agency of Education. Rebecca is from Norwich, VT. She was formerly the principal at the Fairlee Elementary School. She was involved in creating the Rivendell Collaborative. Rebecca is currently a doctoral candidate at Harvard University. The crossover will not take place until January 2014. John Fisher will be in charge of the transition.

Joy Mitchell, Vermont Council on Problem Gambling – The Gambling conference has been scheduled for May 5th and 6th. Joy sent out a newsletter with the new DSM 5 statement that gambling is now a non-substance addiction. For the future, Joy has talked with ADAP about how to make sure this keeps going after Joy retires. ADAP recognizes that gambling is an addiction. Joy has been appointed to the National Board of Certification for Problem Gambling Counselors. Joy will be attending the International Conference on Problem Gambling in New Zealand in February. Gambling is becoming more and more at people’s fingertips, i.e., Facebook, game sites etc.

Mark Ames – The recovery centers put in an application for a Targeted Capacity Expansion Grant. If awarded this grant, each of the 11 recovery centers will have a half time person working with the Hub and Spoke programs in their area.

Patrick Martin, Wits End – Wits End just celebrated their 12 year anniversary.

Chauncey Liese, DMV – DMV has received interest from a 4th ignition interlock manufacturer inquiring about doing business in VT. Anyone can have an Ignition Interlock Device installed in their car; however DMV will not be involved unless the person is under suspension for driving under the influence.

Willa Farrell, Court Diversion – Court Diversion has a new program to help individuals whose license remains suspended due to fines. Youth Substance Abuse Safety Program is the new name of the Teen Alcohol Safety Program. This program now includes civil violations for under 21 possession of an ounce or less of marijuana. Diversion is working with Win Turner to create protocols that will be followed state-wide.

Mark Weikert – The collaborative held their “Refuse to Use” event. Over 500 students and parents pledged to not use alcohol or tobacco for the length of the school year. These students/parents were from 9 schools in the Manchester area in Southern VT.

Lori Augustyniak – A legislator in the NEK will be presenting legislation to rescind the helmet law.

NEXT MEETING: Wednesday October 23rd