

**Vermont Alcohol and Drug Abuse
Advisory Council**

Department of Liquor Control
13 Green Mountain Drive
Montpelier, Vermont

Wednesday, August 28th, 2013
10:00AM – 12:00PM

I. Welcome and Introductions

Welcome

Welcome everyone

Introductions

Lauren Fisk
Andy Snyder
Patrick Martin
John Gramuglia
Joy Mitchell
Mitch Barron
Steve Waldo
Mark Depman
Mourning Fox
Peter Espenshade
Rita Johnson

Regrets

Matthew Birmingham
Chauncey Liese
Mark Ames
Willa Farrell
Lori Augustyniak
Mike Hogan

II. Approval of Minutes: June 26th, 2013

June 26th – Approved with the following changes – Add Armando's last name (Vilaseca).

III. Deputy Commissioner Report: Barbara Cimaglio

Program Updates –

Legislation – The legislative update has not changed since we last met.

Council Chair - Mitch volunteered to chair the council for the next quarter (through December). ADAP will be the back-up.

Legislative Reports – ADAP is working on a report about mental health and substance abuse services with the Agency of Education. AoE has hosted had one meeting. The next meeting will be in early September. The required report is looking at substance abuse and mental health prevention and treatment services in schools and also other services that are offered in the schools. The first order of business is trying to capture everything that is currently offered. These meetings consist of Marcia Laplante, Barbara Cimaglio, Breana Holmes and Charlie Biss as well as others from DMH and AoE. Susan Bartlett from AHS and Secretary Vilaseca also attend.

The Hungry Heart – Barbara brought postcards about Hungry Heart. There are two premieres. The first will be on September 21st at the St. Albans High School. The second will be September 27th at the Flynn. A portion of the profit is going to Turning Point. The phone number to buy tickets is 863-5966. Ticket costs are - Gold circle \$30, silver circle \$15, free for folks in recovery or impacted by addiction. This information can also be found on the postcards Barbara provided.

Grants – The State of Vermont has been awarded an SBIRT grant (Screening and Brief Intervention and referrals to treatment). Screening and Brief intervention is an evidence based approach that starts with a very brief screening, usually done by a medical professional, however also looking at getting more people the opportunity to do screenings. This is a 5 year grant, \$2 million per year. The focus of this grant is to help infuse screening and brief intervention into our communities and specifically into the medical communities. Our partners in the grant are the federally qualified health centers, UVM Student Health Center, Vermont Clinics for the Uninsured, the National Guard, and Central Vermont Medical Center. There were only 5 grants awarded out of 28 applicants. Vermont was the #2 scorer. Another feature of the grant is embedding the information from the screening into the health information system that our partners use. ADAP has been asked by the legislature to work with the Vermont Association of Hospitals and Health Systems as well as a number of other partners to put forth standards and agreements on how emergency rooms will do screening and brief intervention. The project director for this grant will be Win Turner who is with Evidence Based Solutions. Right now, it looks like this grant will be put into place January, 2014. For a few video's on SBIRT - <http://www.bu.edu/bniart/sbirt-in-health-care/sbirt-educational-materials/sbirt-videos/>

ADAP will also be receiving an adolescent treatment grant. This is a 4 year grant, \$1 Million per year. This is with several of ADAP's adolescent treatment partners to implement evidence based treatment for adolescents. There are 2 focal points of this grant. One is enhancement of the existing services, and the second is expansion of the services. There are 2 sites in the enhancement realm. These sites are Centerpoint and Washington County Youth Service Bureau. There will be implementation of evidence based practices that look at substance abuse with a trauma informed focus and a family focus, as well new assessment procedures. The expansion is bringing these models in and setting up and enhancing the system of care for adolescents around the state. The system of care has shrunk over the years. At Centerpoint, the idea is to bring some of these services into the schools. In Washington County, the idea may be looking more at bringing more of these services into the community as a whole. Year 1 will be spent looking at 18 and under. Year 2 will begin adding the 18-25 population. Amy Danielson with ADAP will be the lead on this grant.

Positions - ADAP is in the process of hiring for the lead of the Hub and Spoke.

IV. Rita Johnson and Peter Espenshade – VAMHAR/Friends of Recovery

HANDOUTS ATTACHED

VAMHAR is an association that marries mental health with addiction and recovery work.

Recovery Coach Academy – The Recovery Coach Academy has graduated over 300 peer coaches throughout the state. This program was created with Mark Ames, programs in CT, as well as other national models.

Information Clearing House - This is a free service. The demand for the services provided by the clearing house has grown tremendously. A challenge is how to meet this demand. VAMHAR has seen a 249% increase in demand in the past year alone. When VAMHAR took over the clearing house, there were 179 users. There are now almost 33,000 users. This growth is mainly due to word of mouth. VDH used to run the clearing house. Having VAMHAR has been a great opportunity to grow the service and get the word out. Vermont has the strongest clearing house in the country. Parent use of the clearing house is minimal. The common users are persons who are working with parents to help them find information, i.e. school principals, teachers etc... The clearing house is now being pushed to obtain forms online and make copies as there are no funds to print resources. Tri-fold brochures are a very powerful media. Need to start getting ahead of the curve, i.e. social media. Stickers/activity books can help to make the learning process fun. Videos are another good form of education. Friends of Recovery has a support line for persons who are in crisis or in need of help. There is a handbook for an individual who is just starting work with the support line. Based on information that the caller provides, they are given information on programs and resources that are available, as well as phone numbers and names of people to call.

Support and Advocacy – Support and advocacy is why the organization (VAMHAR) was founded. VAMHAR provides a voice for mental health, addiction and recovery. VAMHAR hopes in the future to be a neutral convenient. VAMHAR is also working with a number of partners on looking at how to finance peer support within the current health care and financial systems.

Camp Programs – VAMHAR organizes two camps each year. These are Camp Thorpe and Camp Daybreak. They are both week-long camps. Camp daybreak is a program for young Vermonters with behavioral health/social emotional challenges. Campers are partnered with volunteers such as high school and college students. There are over 60 volunteers each year. Camp Daybreak is centered around affirmation. Each camper keeps a book with 10 great things that happened for them each day of the camp. Camp Thorpe is for adults. The challenge with Camp Daybreak and Camp Thorpe is that there is always a waiting list. Dan Osman is the camp director. Would like to invite Dan Osman to a future meeting.

Program Update –

Friends of Recovery - HANDOUT

BRSS TACS (Bringing Recovery Support Services to Scale Technical Assistance Centers) Policy Academy grant (ADAP/DMH) – This grant is \$250,000 a year for the next three years. ADAP is working with SAMHSA on the process and also to finish up the paperwork before it can be announced officially. ADAP hopes to roll this out in the next 2-3 weeks. There will be the need to hire some staff.

SAMHSA's 2013 BRSS TACS Peer-run Organization/Recovery Community Organizations Project. – This is a training program for peer leaders that provides outreach and education. Looking at having measurable outcomes, greater number of peers, wider referral, sustained policy level support and improved collaborations. It is estimated that 500 individuals will be engaged. This is a three year program.

V. Future Guests

JoEllen Tarallo Falk – Suicide Prevention U Matter

Ena Backus – Green Mountain Care Board – NEXT MEETING? Is Ena right person? Or Dr. Ramsay?

Patty Baroudi – College Initiative

Charlie Biss – Children's Mental Health

Karen Gnette – Drug Court (update on DWI Court)

VI. Member Reports/Announcements

John Gramuglia, DOC – DOC is changing their focus for the way they do programming. In the past, DOC put people in groups based on the offense they committed, but not meeting their needs. DOC is going to start using risk assessments (risk of recidivism) and looking at the individual's collection of needs, and putting them in specific groups to help meet their needs. DOC is hoping to start using this method by the end of this year.

Steve Waldo, DLC – Been talking with investigators who have been doing compliance checks. Why are we still failing? Training is great, but still hoping that the cashiers will do the right thing. Some cashiers don't card...some will ask for ID but not actually look at it. Also looking at sale to intoxicated person. Top reason for sales to intoxicated person is fear of making the person mad. Second on the list is that the store needs the money. DLC has been working on a project in Brattleboro for about 3 years. The partners in this project are not only the stores but also the industries themselves. There will be a meeting in next month or so on how to roll this out as a state project.

Mark Depman, CVMC – Article on Dr. Sanjay Gupta's stance on Marijuana

<http://www.cnn.com/2013/08/08/health/gupta-changed-mind-marijuana/index.html>

Andy Snyder, AOE – State board met last week on recruiting for the new Secretary of AOE. The appointment may come out fairly soon.

Patrick Martin, Wits End – Next month Wits End will have its 12th Anniversary.

NEXT MEETING: Wednesday October 23rd