

Vermont Alcohol and Drug Abuse Council Meeting Minutes

Department of Liquor Control
13 Green Mountain Drive
Montpelier, Vermont
Wednesday, April 27, 2016
10:00AM – 12:00PM

I. Welcome and Introductions:

Welcome

Present: Peter Espenshade, Barbara Cimaglio, Stuart Friedman, Mark Depman, Mark Weikert, Robert Uerz, Emily Hawes, Lori Augustyniak, Cindy Thomas, Amy Danielson, Sara Chesbrough, Nicole Rau, Win Turner, Marcia LaPlante, Kate Davies

Regrets: Mitch Barron, Chauncey Liese, Scott Davidson, Willa Farrell, Melanie Gaiotti, John Gramuglia, Kalev Freeman, Kreig Pinkham, Maria D’Heane, Scott Davidson, Theresa Randall, Beth Tanzman, Keith Flynn, Craig Jones, Frank Reed, Melissa Bailey, Hal Cohen

I. **Approval of the Minutes:** Meeting minutes for March 23, 2016 approved with revision.

II. **Intervention Services**

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Win Turner and Nicole Rau provided an overview of the SBIRT initiative underway in federally qualified health centers, free health clinics, Central Vermont Medical Center’s Emergency Department and the UVM Center for Health and Well Being. To date 45,000 patients have been screened. In general about 10% of patients screened get a brief intervention. Of those patients about 2% go on to brief treatment. Please see summary of SBIRT attached. A SAMHSA grant supports activities intended to systematize this approach to risk reduction. SBIRT is gaining traction with health care payers in the state. Medicaid and Blue Cross have “turned on billing codes” for screening and brief intervention.

Substance Abuse Treatment Coordination (SATC)

Barbara Cimaglio presented this Agency of Human Services (AHS) initiative. Its purpose is to systematically screen AHS clients so that substance abuse issues are identified and supported earlier in the process. AHS departments have selected customized screening tools and training is underway. Next step is to bring AHS managers to table with treatment providers regionally to develop a system for managing referrals and bringing the health and social services system together. Please see SATC overview attached.

Youth Treatment Enhancement Project (YTEP)

Sara Chesbrough and Amy Danielson provided an overview of the YTEP, which is a cooperative agreement with SAMHSA. The purpose of YTEP is to expand and enhance assessment, treatment and recovery systems for adolescents, transitional aged youth and their families. Please see attached overview or the cooperative agreement and the evidence-based practices being disseminated. YTEP supports intervention systems improvement by providing training for youth services providers, school based clinicians, and prevention providers. Foundation modules include but are not limited to adolescent social emotional and brain development, as well as establishing and maintaining clinical relationships.

III. Plan Parking Lot - Intervention

- The goal is to reach population at easy points of access – primary care, schools, AHS intake.
- Effective screening and brief intervention as an add-on for the existing workforce can be challenging. Primary care providers have very little time to provide brief interventions.
- Co-location is the answer. Example: Behavioral interventionists located in primary care practices.
- If we are going to address behavioral change systematically, we need the workforce to do it.
 - Pay people more money
 - Earn your credentials while working – internships
 - UVM training grant noted
- Adolescents
 - Would the field benefit from a recommendation of one short adolescent screening tool?
 - Focus with youth needs to go beyond adolescent brain development
- What does the public need to know? People can under or overreact. We don't want people diagnosed and treated who don't need that level of care. Is there a version of Mental Health First Aid for addiction?

IV. Vermont Lottery Problem Gambling Grant

Barbara Cimaglio provided a historical overview of the Vermont Council on Problem Gambling and the Vermont Lottery Problem Gambling Grant. As required, the Council acknowledges that they have seen the grant for the coming year. The Council agreed to extend an invitation to Gregory Smith, Executive Director of The Vermont Lottery, to a future Council meeting. The purpose of the meeting will be to learn about the problem gambling program and discuss possible improvements on issues such as prevention, before deliverables for the next year's grant are developed.

V. Next Steps

Next Meetings:

5/25/16 – 10:00am – 12:00pm, DLC, 13 Green Mountain Drive, Montpelier VT

6/22/16 – 10:00am – 12:00pm, DLC, 13 Green Mountain Drive, Montpelier VT

Planning session

7/27/16 – 10:00am – 2:00pm, Randolph VT (*tentative location*). Lunch will be provided.