



You can't be  
everywhere  
with your teen.



**Talk to your teen about underage drinking.**

High school means classes, friends, sports and exposure to the risks of alcohol use. You can't be with your child every second of the day, so talk to your teen about underage drinking.

By setting clear rules, limiting access to alcohol and refusing to host underage drinking parties, you can help protect your family from consequences that can affect you and your teen for the rest of your lives.

**Want more information? We can help.**

Visit [www.parentupvt.org](http://www.parentupvt.org) or dial 211 for tools and resources.

