

VERMONT
State Level Report from the National Survey on Drug Use and Health (NSDUH)
2006 Selected Results¹

Alcohol and Youth (12-20)

Vermont has the highest rate in the country of underage drinking in the past month (38.3%) and the second highest rate of underage binge drinking in the past month (28%). Vermont also had the largest increase in both these consumption indicators from the previous year. Vermont and Arkansas were the only two states to show an increase in past month underage binge drinking

Alcohol and Young Adults (18-25)

Vermont young adults were 3rd in the nation in past month alcohol consumption rate (73.3%) and 4th in past month binge drinking (53.2%).

Alcohol Dependence or Abuse(Past Year)

Vermont ranks 11th in individuals over the age of 12 who meet criteria for either alcohol dependence or abuse, but 4th among those 18-25 years old.

Marijuana

Overall, Vermont has the highest rate in the country of past month use of marijuana (9.7%) and the highest rate among young adults 18-25 (28.3%). Among youths 12-17, Vermont is 3rd in the nation in past month use of marijuana (10.1%).

Vermont also has the highest overall rate of marijuana use in the past year (15.5%), and the highest rates among those 12-17 (17.6%) and those 18-25 (41.9%). In addition, both age groups are last in the nation in perceiving a great risk in smoking marijuana once a month (12-17 = 25.8%; 18-25 = 13.4%).

Illicit Drugs Other than Marijuana [cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used non medically]

Overall, Vermont ranks 19th in the nation in the rate of past month use of illicit drugs other than marijuana (4.0%), but 2nd in the nation among those 18-25 (12.3%).

Non-medical Use of Pain Relievers

Overall, Vermont ranks 27th in the nation in the rate use of non-medical use of pain relievers in the past year (5.1%), but 10th among those 18-25 (14.7%).

Illicit Drug Dependence or Abuse(Past Year)

Vermont ranks 5th overall in the rate of individuals over the age of 12 who meet criteria for illicit drug dependence or abuse (3.2%). Among 18-25 year olds, Vermont ranks 2nd in the country for rate of individuals who meet criteria for illicit drug dependence in the past year.

Tobacco Products

Vermont ranks 31st in the country in past month use of tobacco products (29.9%), but 2nd among 18-25 year olds (53.4%), and 3rd among those 12-17 (16.6%).

¹ Hughes, A., Sathe, N., & Spagnola, K. (2008). *State Estimates of Substance Use from the 2005–2006 National Surveys on Drug Use and Health* (DHHS Publication No. SMA 08-4311, NSDUH Series H-33). Rockville, MD: Substance Abuse and Mental Health Services Administration, Office of Applied Studies. (<http://www.oas.samhsa.gov/2k6state/2k6state.pdf>)

NSDUH 2006 Vermont Data Summary

Prevalence and Rankings

	Past Month %	VT Rank* (Raw)	Past Year %	VT Rank* (Raw)
CONSUMPTION				
Alcohol (12+)	60.4	6		
Underage Consumption (12-20)	38.3**	1		
Underage Binge (12-20)	28.0**	2		
12- 17 Consumption	20.4	3		
12-17 Binge	12.9	4		
18-25 Consumption	73.4	3		
18-25 Binge	53.2**	4		
26+ Consumption	63.2	5		
26+ Binge	23.0	12		
Marijuana (12+)	9.7	1	15.5	1
12-17	10.1	3	17.6	1
18-25	28.3	1	41.9	1
26+	6.5	3	10.7	2
Tobacco Products (12+)	29.9	31		
12-17	16.6	3		
18-25	53.4	2		
26+	27.5	37		
Illicit Drugs Other than Marijuana (12+)	4.0	19		
12-17	5.0	28		
18-25	12.3	2		
26+	2.4	38		
Non-Medical Use of Pain Relievers (12+)			5.1	27
12-17			7.2	24
18-25			14.7	10
26+			3.2	33
RISK PERCEPTION				
Great Risk of Binge Drinking 1,2 Times/Week (12+)				
12-17	34.8	44		
18-25	31.6	51		
26+	21.4	51		
26+	37.5	43		
Great Health Risk of Smoking Marijuana 1/Month (12+)				
12-17	28.8	48		
18-25	25.7	51		
26+	14.5	51		
26+	31.8	46		

* = Rank among 50 States and the District of Columbia

** = Significant increase from previous year