

August 12, 2011

VERMONT
State Level Report from the National Survey on Drug Use and Health (NSDUH)¹
2008/9 Selected Results²

Alcohol and Youth (Ages 12-20)

Vermont has the highest rate in the country of underage drinking in the past month (36.6%) and the highest rate of underage binge drinking in the past month (24.6%). However, the binge drinking rate represents a significant decline from the 2007-2008 report.

Alcohol and Young Adults (Ages 18-25)

Vermont young adults were 2nd in the nation in past month alcohol consumption rate (73.7%) and 3rd in past month binge drinking (51.9%).

Alcohol Dependence or Abuse(Past Year) [Data not shown in table]

Vermont ranks 21st in individuals over the age of 12 who meet criteria for either alcohol dependence or abuse (7.8%), 26th among 12-17 year olds (4.9%), 6th among 18-25 year olds (20.1%), and 29th among those 26 and older (6.2%).

Marijuana

Overall, Vermont has the 2nd highest rate in the country of past month use of marijuana (10.8%) and the highest rate among those 18-25 (30.6%). Among those 12-17, Vermont is 2nd in the nation in past month use of marijuana (9.7%). Vermont also has the 2nd highest overall rate of marijuana use in the past year (16.0%), the 3rd highest rates among those 12-17 (16.6%), and the highest among those 18-25 (45.0%). In addition, 12-17 year olds and 18-25 year olds are last in the nation in perceiving a great risk in smoking marijuana once a month (12-17 = 23.4%; 18-25 = 11.7%).

Illicit Drugs Other than Marijuana [cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type opiates used nonmedically]

Overall, Vermont ranks 15th in the nation in the rate of past month use of illicit drugs other than marijuana (3.9%), but 1st in the nation among those 18-25 (12.0%). Among 18-25 year olds, Vermont has the highest in the nation prevalence of past year cocaine use (10.2%).

Non-medical Use of Pain Relievers

Overall, Vermont ranks 26th in the nation in the rate use of non-medical use of pain relievers in the past year (4.6%), 34th among those aged 12-17 (5.8%), 16th among those 18-25 (13.6%), and 33rd among those 26 and older (3.0%).

Illicit Drug Dependence or Abuse(Past Year) [Data not shown in table]

Vermont ranks 12th overall in the rate of individuals over the age of 12 who meet criteria for illicit drug dependence or abuse (3.1%), 29th among those 12-17 (4.1%), 2nd among 18-25 year olds (10.0), and 23rd among those 26+(1.8).

Tobacco Products (cigarettes, smokeless tobacco and snuff, cigars, and pipe tobacco)

Vermont ranks 33rd overall in the country in past month use of tobacco products among individuals 12+ (27.6%), 21st among 12-17 year olds (12.6%), 24th among those 18-25 (44.4%), and 37th among those 26 and older (26.6).

¹ The National Survey on Drug Use and Health (NSDUH) is a primary source of monitoring both state-level and national trends in ATOD use and abuse. NSDUH is conducted annually on a randomly selected representative sample of approximately 1000 Vermonters (total US sample in 2007 = 68,308). NSDUH results are part of the National Outcome Measures (NOMS) reporting requirements. The survey is conducted in person by trained interviewers using both computer assisted interviews and (for sensitive data collection) audio computer-assisted self-interviewing (ACASI). ACASI methodology is used for the sensitive drug use and nonuse questions to enhance privacy by having the respondent listen to the prerecorded questions through headphones and enter the responses directly into the computer. This methodology is utilized to improve the accuracy of these sensitive data.

² Substance Abuse and Mental Health Services Administration. (2011). *State Estimates of Substance Use from the 2008-2009 National Surveys on Drug Use and Health*, NSDUH Series H-40, HHS Publication No. (SMA) 11-4641. Rockville, MD. These data are the combined results from the 2008 & 2009 surveys.

August 12, 2011

NSDUH 2008/9 Vermont Data Summary				
Prevalence and Rankings				
	Past Month %	VT Rank* (Raw)	Past Year %	VT Rank* (Raw)
CONSUMPTION				
Alcohol (12+)	60.2	7		
Underage Consumption (12-20)	36.6	1		
Underage Binge (12-20)	24.6**	1		
12- 17 Consumption	18.3	5		
12-17 Binge	10.8	9		
18-25 Consumption	73.7	2		
18-25 Binge	51.9	3		
26+ Consumption	62.7	10		
26+ Binge	23.5	18		
Marijuana (12+)	10.8	2	16.0	2
12-17	9.7	2	16.6	3
18-25	30.6	1	45.0	1
26+	7.7	3	11.2	2
Tobacco Products (12+)	27.6	37		
12-17	12.6	21		
18-25	44.4	24		
26+	26.6	37		
			<i>Cocaine</i>	
Illicit Drugs Other than Marijuana (12+)	3.9	15	3.0	4
12-17	4.1	39	1.2	12
18-25	12.0	1	10.2	1
26+	2.6	27	2.0	8
Non-Medical Use of Pain Relievers (12+)			4.6	34
12-17			5.8	41
18-25			13.6	17
26+			3.0	37
RISK PERCEPTION				
Great Risk of Binge Drinking 1,2 Times/Week (12+)	36.5	50		
12-17	34.2	49		
18-25	22.5	51		
26+	39.1	41		
Great Health Risk of Smoking Marijuana 1/Month (12+)	25.4**	50		
12-17	24.0	50		
18-25	11.7	51		
26+	27.7**	50		

* = Rank among 50 States and the District of Columbia

** = Significant decrease from previous year