



# **Impaired Driver Rehabilitation Program: Training for Clinicians**

# What is IDRP?

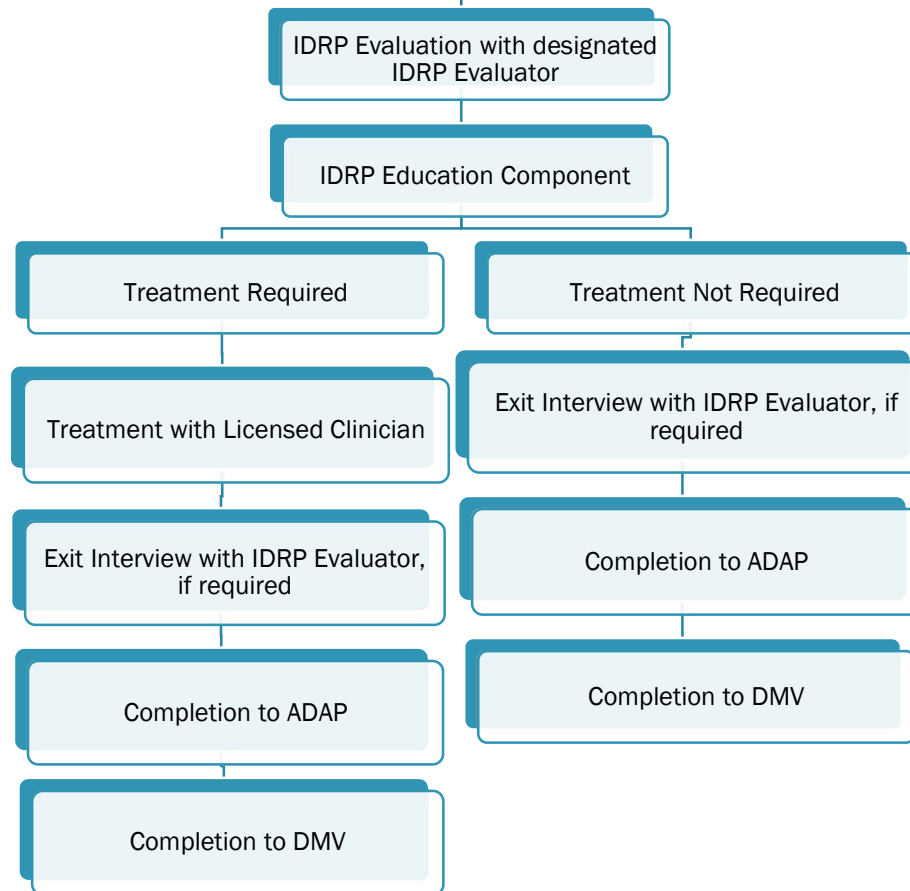
The completion of the Impaired Driver Rehabilitation Program is required to regain an unrestricted driver's license for those individuals whose licenses have been suspended as a result of an alcohol or other drug-related driving conviction.

# Role of the IDRP Clinician

- Administer assessment with IDRP participant
- Develop treatment plan with IDRP participant
- Determine the length of treatment that should be required in order to determine when the client is at low risk to reoffend
- Provide and document services delivered as described in the assessment recommendations and treatment plan goals/objectives
- Inform participant of any issues related to concerns about their risk to reoffend as soon as concerns arise
- Complete and submit paperwork in timely manner

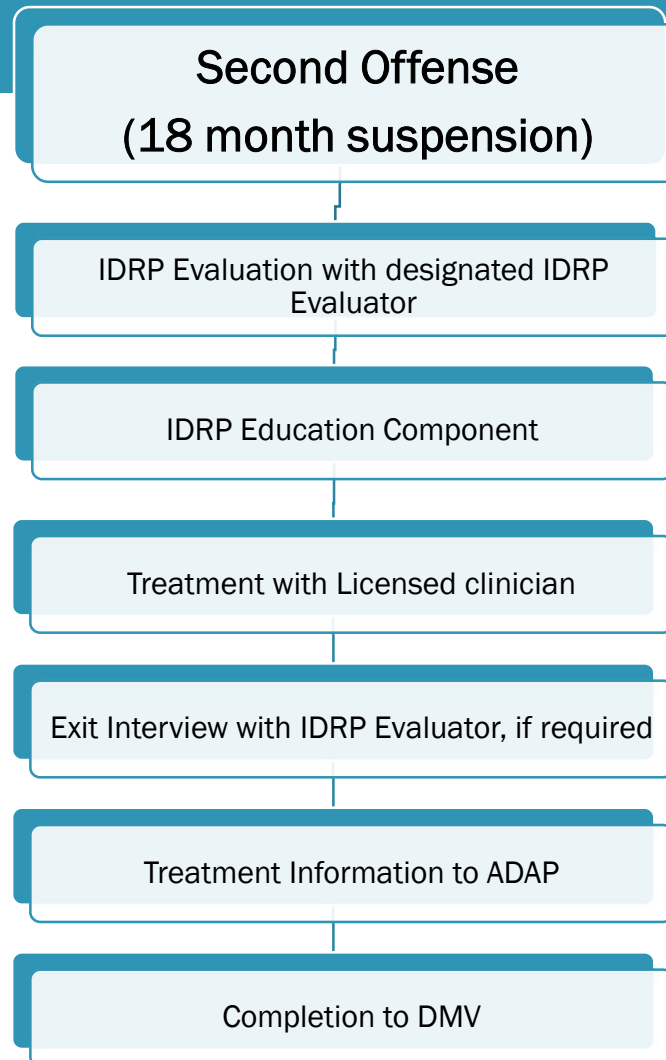
# First Offense

**First Offense**  
(90 day Suspension; 6 month suspension if refused breathalyzer)



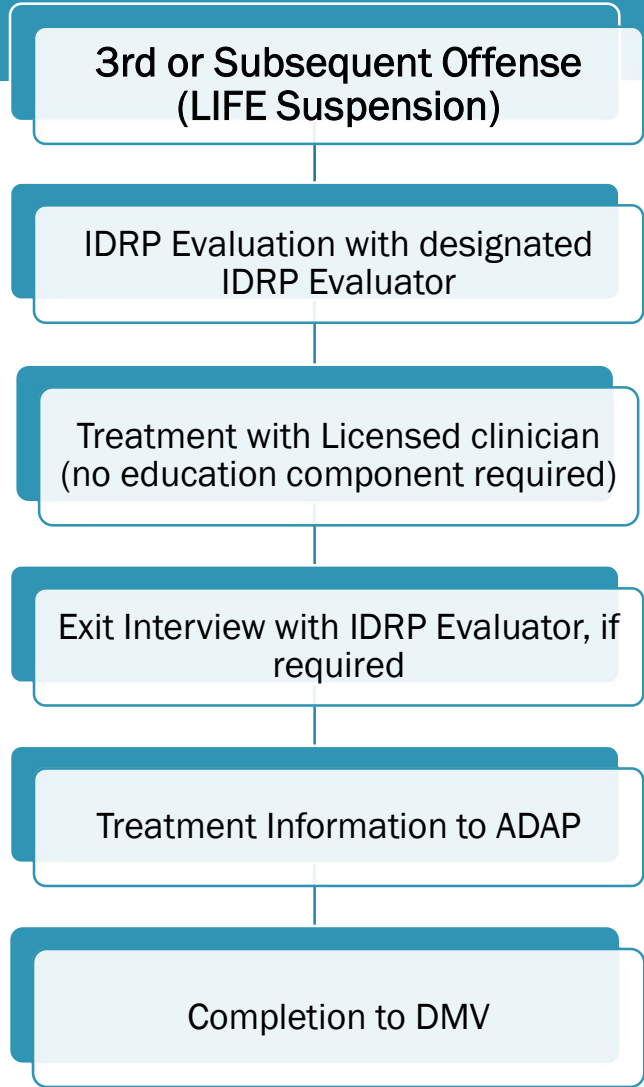
If treatment is determined to be necessary for a first offense, treatment must consist of a minimum of 4 hours in no fewer than 4 weeks. If participant began IDRP before 6/22/2017, they are required to complete a minimum of 6 hours, 4 sessions over 4 weeks.

# Second Offense



Treatment must consist of a minimum of 20 hours in no fewer than 24 weeks.

# 3<sup>rd</sup> (or subsequent) Offense



Treatment must consist of a minimum of 20 hours in no fewer than 24 weeks.

# IDRP Education Component Curriculum

- Vermont began using Prime for Life in January 2019
- Facilitators are certified by Prime for Life
- Less confrontational approach, more values based
- 10 hours
- Can be offered in an intensive format (over 2 days) or non-intensive (4 days over 4 weeks)

# Essential Forms

- Release of Confidential Information—completed early in the IDRP process. Necessary so that DMV can be notified of successful IDRP completion.
- Evaluation Form—completed by the IDRP Clinical Evaluator and should be provided to the clinician.
- Treatment Requirements Form—completed by the IDRP Clinical Evaluator and provided to participant.
- Treatment Information Form—completed by the clinician (also comes with instructions) and either faxed to IDRP Clinical Evaluator (if exit interview is required) or to IDRP Central office (if exit interview is not required). Fax numbers are included in last slide.

All forms can be found at:

<http://www.healthvermont.gov/idrp>



# IDRP Clinical Evaluation

- Screening only—using DAST, AUDIT, (perhaps other tools), and brief interview
- IDRP Clinical Evaluation is not a biopsychosocial assessment
- Includes treatment recommendations related to use of UAs, abstinence, etc.
- Includes whether client will need to have an exit interview
- Evaluation Form is online: [www.healthvermont.gov/idrp](http://www.healthvermont.gov/idrp)
- The IDRP Evaluator should give the completed the Evaluation Form to the client so that it can be shared with the clinician.

# Treatment Requirements\*

- First offense: if required, a minimum of 4 hours over a minimum of 4 weeks\*.
- Multiple offenses: a minimum of 20 hours over a minimum of 24 weeks is required.
- The participant's last treatment session must be no more than 60 days from the date that the IDRP Clinical Evaluator receives the Treatment Information Form or the participant must attend and pay for an updated treatment session.
- These are minimums! Clinical necessity and risk-level determination should drive decision-making.

\*see information about former Administrative Rule. If this offense occurred before 6/22/2017, then treatment would be 4 hours, 6 sessions, over 4 weeks.

## Clinicians should...

- Review the information from the IDRP Evaluation Form (a copy should be provided to the client by the Evaluator)
- Conduct a full assessment within initial 4 sessions
  - The IDRP evaluation is NOT a full assessment
- Determine appropriate diagnoses, related treatment goals, and length of treatment (sessions/time)
- Ensure that the treatment goals are appropriate for the person and their diagnosis
- Consider if UAs and/or abstinence are appropriate based on the individualized clinical assessment results and input from the IDRP Evaluator (listed on the Evaluation Form)
- Know that if any of the individualized treatment plan goals are not met, that the Treatment Information Form will be denied

# Clinical Feedback

Treatment goals that are insufficient:

- Maintain abstinence from all mood-altering substances
- Attend AA meetings
- Complete IDRP

Example:

“Identify triggers.”

Could instead be...

“Identify 5 triggers to use substances and make a plan to cope and/or reduce exposure to these triggers during the course of IDRP treatment.”

# Paperwork Processing

- Treatment Information Form—completed by the clinician and should be faxed to either:
  - IDRP Clinical Evaluator (if exit interview is required)
  - or
  - IDRP Central office (if exit interview is not required).
- Processing time is up to 10 business days after receipt in IDRP Central Office before the paperwork is sent to the Department of Motor Vehicles.

# Out-of-State Participants

- Contact IDRP Central Office at 651-1574
- If participant needs paperwork sent to another state's DMV, it needs to be on the release.
- Let IDRP Central Office know—please do not send paperwork to other entities.

# Appeals

- A participant may appeal the decision of the Clinical Evaluator or IDRPs Clinician in writing to the IDRPs Director or seek review of the decision in Superior Court pursuant to Rule 75 of the Vermont Rules of Civil Procedure.
- Treatment minimums cannot be appealed.
- Appeals can be sent to:
  - IDRPs Director
  - Vermont Department of Health, Division of Alcohol and Drug Abuse Programs
  - P.O. Box 70
  - Burlington, VT 05401
  - or
  - email: [AHS.VDHIDRPs@Vermont.gov](mailto:AHS.VDHIDRPs@Vermont.gov)

# Ignition Interlocks (IIDs) and Restricted Drivers Licenses (RDLs)

- Overseen by the DMV
- Ignition interlocks are required for people who have had two or more alcohol-related offenses on or after 7/1/2016.
- Anyone can get an IID installed (including people with one offense), but they must complete IDRP in order to not be under suspension again if they were to get it removed.
- Does not apply to drugged-driving offenses—if someone has an alcohol-related first offense and a substance-related second offense, this requirement does not apply.
- <http://dmv.vermont.gov/licenses/suspensions/ignition-interlock-device>



# Changes to IDRP

- Curriculum and some IDRP provider changes occurred January 1, 2019. Locations affected: Middlebury, Morrisville/Stowe, St. Albans, Newport, White River Junction.
- Several administrative changes:
  - One additional staff
  - No phone tree—phone lines are open 7:45am—4:30pm
  - Can leave voicemails
- Processing time has been reduced
- Burlington intensive is no longer residential and in Burlington (instead of Huntington)
- Morrisville services are now offered in Stowe
- Due to pandemic, services are offered virtually (evaluations were always allowable to be offered virtually)
- Can communicate with clients via email if permission is granted on IDRP Release
- New process to onboard IDRP clinicians to be on regional resource list
- Effective [6/1/2019 Administrative Rule](#) changes: other licensed professionals can provide treatment for IDRP participants, program abandonment went into effect,

# FAQ

- Due to changes in the IDRP Rules, if participant began IDRP prior to June 22, 2017, the minimums for applicable first offenses is 4 hours, 6 sessions, over 4 weeks.
- THC and prescription medications—Use of prescription drugs and THC should be addressed the same as alcohol and any other drugs. Assessment should include an individual's understanding of how to responsibly use, (i.e. following prescription for prescribed medications) for risk of harm or re-offending and whether or not use requires further treatment.
- UAs—not an IDRP requirement, but can be required by IDRP Evaluator and/or the IDRP Clinician.
- Abstinence—not an IDRP requirement, but can be required by IDRP Evaluator and/or the IDRP Clinician.

## ...FAQs continued

- Program abandonment—people who start the IDRP on or after June 1, 2019 will have to complete the program within 5 years or will have to receive an updated IDRP evaluation and complete the education component (and pay the fees).
- Total Abstinence (people with Life Suspensions)—program administered by DMV and requires an application packet, contact DMV for more information (802) 828-2067 or <http://dmv.vermont.gov/licenses/suspensions/total-abstinence>

**Questions?**

# Phone/Fax Numbers of IDRP Locations

<u>Region</u>	<u>Agency</u>	<u>Phone number</u>	<u>Fax number</u>
Bennington	Turning Point Center	802-442-9700	802-753-7369
Brattleboro	Brattleboro Retreat	802-258-6928	802-258-3743
Burlington	Howard Center	802-488-6150	802-488-6153
Middlebury	CARTER, Inc.	802-373-1434	888-923-3476
Montpelier	Central Vermont Substance Abuse Services	802-223-4156	802-223-4332
Morrisville	CARTER, Inc.	802-373-1434	888-923-3476
Newport	Nek Counseling	802-673-4907	802-334-3339
Rutland	Rutland Mental Health	802-747-3588	802-775-7196
St. Johnsbury	Northeast Kingdom Human Services	802-748-1682	802-748-0211
St. Albans	CARTER, Inc.	802-373-1434	888-923-3476
Springfield	Health Care & Rehabilitation Services	802-886-4500	802-886-4560
White River Junction	Rutland Mental Health	802-747-3588	802-775-7196
IDRP Central Office		802-651-1574	1-866-272-7989

# Contact Information

Patty Breneman, Director of Quality Management and Compliance

[Patricia.Breneman@Vermont.gov](mailto:Patricia.Breneman@Vermont.gov)

(802) 652-2030

IDRP Program Administrators: Lisa and Sandra

(802) 651-1574 (due to COVID, can only call after clients leave messages—calls will appear as private or no caller ID, email is better)

IDRP email: [AHS.VDHIDRP@vermont.gov](mailto:AHS.VDHIDRP@vermont.gov)

IDRP Central Office Toll-free Fax:

1-866-272-7989