

2015 Vermont Youth Risk Behavior Survey Report

Report for North Country SU

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for North Country SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx>. Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from North Country who participated in the 2015 YRBS:

High School- Grades 9-12

North Country Senior UHSD #22

Middle School- Grades 6-8

Brighton Elementary School

Charleston Elementary School

Coventry Village School

Lowell Graded School

North Country Junior UHSD #22

Troy School

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How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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2015 Vermont Youth Risk Behavior Survey Report

High School Report for North Country SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

North Country
Number of High School Students in North Country SU

North Country SU Total

641

Sex	Total	%
Not indicated / Missing	8	1%
Female	327	51%
Male	306	47%

Grade	Total	%
Not indicated / Ungraded	9	1%
9th grade	157	24%
10th grade	167	26%
11th grade	163	25%
12th grade	145	22%

Race / Ethnicity	Total	%
Not indicated /Missing	26	4%
Ethnic or racial minority	64	9%
White non-Hispanic	551	85%

Mother's Level of Education	Total	%
Not indicated / Missing	8	1%
High school or less	207	32%
Some college	91	14%
College graduate	198	30%
Graduate or professional degree after college	63	9%
Not sure	74	11%

NOTE: The above numbers are unweighted. They represent the students who took the survey in North Country SU.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		North Country	Vermont	Notes
Grade	9th	21%	22%	
	10th	21%	20%	
	11th	19%	17%	
	12th	13%	14%	
Sex	Female	13%	12%	
	Male	23%	24%	
Total		19%	18%	

1.02 Percent of students who were in a physical fight on school property, past 12 months

		North Country	Vermont	Notes
Grade	9th	11%	10%	
	10th	9%	8%	
	11th	6%	6%	
	12th	4%	5%	
Sex	Female	2%	4%	SU/SD statistically lower
	Male	12%	10%	
Total		7%	7%	

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		North Country	Vermont	Notes
Grade	9th	8%	6%	
	10th	9%	6%	SU/SD statistically higher
	11th	6%	4%	
	12th	.	4%	Too few students
Sex	Female	3%	4%	
	Male	8%	6%	SU/SD statistically higher
Total		6%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		North Country	Vermont	Notes
Grade	9th	7%	6%	
	10th	11%	7%	SU/SD statistically higher
	11th	11%	9%	
	12th	9%	8%	
Sex	Female	4%	4%	
	Male	15%	11%	SU/SD statistically higher
Total		10%	8%	SU/SD statistically higher

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		North Country	Vermont	Notes
Grade	9th	6%	7%	
	10th	7%	6%	
	11th	7%	5%	SU/SD statistically higher
	12th	4%	5%	
Sex	Female	8%	7%	
	Male	5%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		North Country	Vermont	Notes
Grade	9th	21%	23%	
	10th	26%	18%	SU/SD statistically higher
	11th	20%	16%	SU/SD statistically higher
	12th	15%	14%	
Sex	Female	28%	23%	SU/SD statistically higher
	Male	14%	12%	
Total		21%	18%	SU/SD statistically higher

1.07 Percent of students who reported being electronically bullied, past 12 months

		North Country	Vermont	Notes
Grade	9th	23%	20%	
	10th	28%	17%	SU/SD statistically higher
	11th	22%	16%	SU/SD statistically higher
	12th	13%	13%	
Sex	Female	32%	23%	SU/SD statistically higher
	Male	10%	10%	
Total		21%	16%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		North Country	Vermont	Notes
Grade	9th	13%	13%	
	10th	20%	11%	SU/SD statistically higher
	11th	25%	11%	SU/SD statistically higher
	12th	11%	10%	
Sex	Female	17%	11%	SU/SD statistically higher
	Male	17%	12%	SU/SD statistically higher
Total		17%	11%	SU/SD statistically higher

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		North Country	Vermont	Notes
Grade	9th	12%	20%	SU/SD statistically lower
	10th	21%	19%	
	11th	14%	17%	SU/SD statistically lower
	12th	10%	14%	SU/SD statistically lower
Sex	Female	20%	26%	SU/SD statistically lower
	Male	8%	9%	
Total		14%	17%	SU/SD statistically lower

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		North Country	Vermont	Notes
Grade	9th	17%	24%	SU/SD statistically lower
	10th	33%	26%	SU/SD statistically higher
	11th	25%	24%	
	12th	24%	24%	
Sex	Female	36%	34%	
	Male	14%	15%	
Total		25%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		North Country	Vermont	Notes
Grade	9th	9%	13%	SU/SD statistically lower
	10th	15%	13%	
	11th	14%	12%	
	12th	10%	10%	
Sex	Female	17%	16%	
	Male	7%	8%	
Total		12%	12%	

1.12 Percent of students who attempted suicide, past 12 months

		North Country	Vermont	Notes
Grade	9th	4%	7%	SU/SD statistically lower
	10th	12%	6%	SU/SD statistically higher
	11th	6%	5%	
	12th	7%	5%	SU/SD statistically higher
Sex	Female	11%	8%	SU/SD statistically higher
	Male	4%	4%	
Total		8%	6%	SU/SD statistically higher

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		North Country	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	6%	2%	SU/SD statistically higher
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	5%	3%	SU/SD statistically higher
	Male	2%	1%	SU/SD statistically higher
Total		4%	2%	SU/SD statistically higher

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		North Country	Vermont	Notes
Grade	9th	9%	8%	
	10th	13%	9%	SU/SD statistically higher
	11th	9%	9%	
	12th	5%	9%	SU/SD statistically lower
Sex	Female	8%	11%	SU/SD statistically lower
	Male	10%	7%	SU/SD statistically higher
Total		9%	9%	

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		North Country	Vermont	Notes
Grade	9th	6%	5%	
	10th	9%	6%	SU/SD statistically higher
	11th	11%	7%	SU/SD statistically higher
	12th	12%	8%	SU/SD statistically higher
Sex	Female	16%	10%	SU/SD statistically higher
	Male	4%	3%	
Total		10%	7%	SU/SD statistically higher

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		North Country	Vermont	Notes
Grade	9th	24%	19%	SU/SD statistically higher
	10th	31%	20%	SU/SD statistically higher
	11th	32%	20%	SU/SD statistically higher
	12th	27%	19%	SU/SD statistically higher
Sex	Female	27%	20%	SU/SD statistically higher
	Male	30%	19%	SU/SD statistically higher
Total		29%	20%	SU/SD statistically higher

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		North Country	Vermont	Notes
Grade	9th	18%	13%	SU/SD statistically higher
	10th	31%	20%	SU/SD statistically higher
	11th	25%	26%	
	12th	31%	29%	
Sex	Female	33%	22%	SU/SD statistically higher
	Male	20%	22%	
Total		27%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		North Country	Vermont	Notes
Grade	9th	9%	5%	SU/SD statistically higher
	10th	8%	4%	SU/SD statistically higher
	11th	16%	8%	SU/SD statistically higher
	12th	14%	9%	SU/SD statistically higher
Sex	Female	10%	5%	SU/SD statistically higher
	Male	15%	9%	SU/SD statistically higher
Total		13%	7%	SU/SD statistically higher

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		North Country	Vermont	Notes
Grade	9th	10%	8%	
	10th	14%	10%	SU/SD statistically higher
	11th	16%	18%	
	12th	20%	20%	
Sex	Female	14%	12%	
	Male	18%	18%	
Total		16%	15%	

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		North Country	Vermont	Notes
Grade	9th	11%	10%	
	10th	20%	15%	SU/SD statistically higher
	11th	50%	40%	SU/SD statistically higher
	12th	48%	50%	
Sex	Female	36%	33%	
	Male	38%	33%	SU/SD statistically higher
Total		37%	33%	SU/SD statistically higher

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		North Country	Vermont	Notes
Grade	9th	67%	48%	SU/SD statistically higher
	10th	69%	54%	SU/SD statistically higher
	11th	75%	55%	SU/SD statistically higher
	12th	72%	56%	SU/SD statistically higher
Sex	Female	69%	49%	SU/SD statistically higher
	Male	72%	56%	SU/SD statistically higher
Total		71%	53%	SU/SD statistically higher

1.22 The percent of students who have had a sunburn in the past 12 months

		North Country	Vermont	Notes
Grade	9th	60%	63%	
	10th	57%	65%	SU/SD statistically lower
	11th	64%	65%	
	12th	63%	67%	
Sex	Female	67%	72%	SU/SD statistically lower
	Male	55%	59%	SU/SD statistically lower
Total		61%	65%	SU/SD statistically lower

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		North Country	Vermont	Notes
Grade	9th	7%	2%	SU/SD statistically higher
	10th	5%	3%	SU/SD statistically higher
	11th	4%	4%	
	12th	8%	6%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	6%	3%	SU/SD statistically higher
Total		7%	4%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		North Country	Vermont	Notes
Grade	9th	45%	37%	SU/SD statistically higher
	10th	59%	51%	SU/SD statistically higher
	11th	70%	63%	SU/SD statistically higher
	12th	79%	71%	SU/SD statistically higher
Sex	Female	69%	57%	SU/SD statistically higher
	Male	59%	54%	SU/SD statistically higher
Total		64%	56%	SU/SD statistically higher

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		North Country	Vermont	Notes
Grade	9th	23%	14%	SU/SD statistically higher
	10th	20%	13%	SU/SD statistically higher
	11th	18%	12%	SU/SD statistically higher
	12th	19%	10%	SU/SD statistically higher
Sex	Female	16%	10%	SU/SD statistically higher
	Male	24%	14%	SU/SD statistically higher
Total		20%	12%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		North Country	Vermont	Notes
Grade	9th	24%	17%	SU/SD statistically higher
	10th	34%	26%	SU/SD statistically higher
	11th	51%	34%	SU/SD statistically higher
	12th	48%	42%	SU/SD statistically higher
Sex	Female	40%	30%	SU/SD statistically higher
	Male	40%	29%	SU/SD statistically higher
Total		40%	30%	SU/SD statistically higher

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		North Country	Vermont	Notes
Grade	9th	12%	8%	SU/SD statistically higher
	10th	18%	13%	SU/SD statistically higher
	11th	32%	19%	SU/SD statistically higher
	12th	26%	24%	
Sex	Female	20%	15%	SU/SD statistically higher
	Male	25%	17%	SU/SD statistically higher
Total		23%	16%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			North Country	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
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	10th	1 to 2 days	44%	57%	SU/SD statistically lower
		3 to 9 days	37%	34%	
		10+ days	19%	9%	SU/SD statistically higher
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	11th	1 to 2 days	41%	49%	SU/SD statistically lower
		3 to 9 days	47%	40%	
		10+ days	12%	11%	
<hr/>					
	12th	1 to 2 days	42%	47%	SU/SD statistically higher
		3 to 9 days	33%	40%	
		10+ days	25%	13%	
<hr/>					
Sex	Female	1 to 2 days	47%	55%	SU/SD statistically lower
		3 to 9 days	36%	36%	
		10+ days	16%	9%	
<hr/>					
	Male	1 to 2 days	38%	47%	SU/SD statistically lower
		3 to 9 days	37%	38%	
		10+ days	25%	15%	
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Total		1 to 2 days	42%	51%	SU/SD statistically lower
		3 to 9 days	37%	37%	
		10+ days	21%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			North Country	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	24%	41%	SU/SD statistically lower
		3 to 4 drinks	29%	20%	SU/SD statistically higher
		5 or more drinks	47%	39%	

	11th	1 to 2 drinks	26%	33%	SU/SD statistically lower
		3 to 4 drinks	21%	18%	
		5 or more drinks	52%	49%	

	12th	1 to 2 drinks	34%	32%	
		3 to 4 drinks	13%	19%	SU/SD statistically lower
		5 or more drinks	53%	49%	

Sex	Female	1 to 2 drinks	33%	40%	SU/SD statistically lower
		3 to 4 drinks	24%	23%	
		5 or more drinks	42%	38%	

	Male	1 to 2 drinks	28%	33%	
		3 to 4 drinks	14%	16%	
		5 or more drinks	58%	52%	SU/SD statistically higher

Total		1 to 2 drinks	30%	36%	SU/SD statistically lower
		3 to 4 drinks	19%	19%	
		5 or more drinks	51%	45%	SU/SD statistically higher

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

		North Country	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	14%	18%	
		Someone gave it to me	38%	41%	
		Took it / some other way	43%	37%	

	11th	Bought it	.	4%	Too few students
		Gave someone money	32%	28%	
		Someone gave it to me	34%	41%	
		Took it / some other way	30%	27%	

	12th	Bought it	15%	7%	SU/SD statistically higher
		Gave someone money	25%	29%	
		Someone gave it to me	37%	43%	
		Took it / some other way	23%	22%	

Sex	Female	Bought it	7%	2%	SU/SD statistically higher
		Gave someone money	24%	24%	
		Someone gave it to me	44%	46%	
		Took it / some other way	24%	28%	

	Male	Bought it	8%	7%	
		Gave someone money	24%	24%	
		Someone gave it to me	31%	35%	
		Took it / some other way	37%	34%	

Total		Bought it	8%	5%	SU/SD statistically higher
		Gave someone money	24%	24%	
		Someone gave it to me	37%	40%	
		Took it / some other way	31%	31%	

2 Alcohol, Tobacco and other Drug Use

2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			North Country	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	42%	37%	
		At another person's home	52%	53%	
		At a public place or event	.	10%	Too few students

	11th	At my home	32%	32%	
		At another person's home	61%	58%	
		At a public place or event	7%	9%	

	12th	At my home	36%	30%	
		At another person's home	52%	60%	SU/SD statistically lower
		At a public place or event	13%	10%	

Sex	Female	At my home	37%	34%	
		At another person's home	54%	58%	
		At a public place or event	9%	8%	

	Male	At my home	39%	34%	
		At another person's home	50%	53%	
		At a public place or event	12%	13%	

Total		At my home	38%	34%	
		At another person's home	51%	55%	SU/SD statistically lower
		At a public place or event	11%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		North Country	Vermont	Notes
Grade	9th	15%	14%	
	10th	26%	18%	SU/SD statistically higher
	11th	34%	24%	SU/SD statistically higher
	12th	48%	28%	SU/SD statistically higher
Sex	Female	30%	19%	SU/SD statistically higher
	Male	33%	23%	SU/SD statistically higher
Total		32%	21%	SU/SD statistically higher

2.10 Percent of students who smoked a whole cigarette before age 13

		North Country	Vermont	Notes
Grade	9th	9%	6%	SU/SD statistically higher
	10th	13%	6%	SU/SD statistically higher
	11th	10%	6%	SU/SD statistically higher
	12th	13%	6%	SU/SD statistically higher
Sex	Female	7%	5%	SU/SD statistically higher
	Male	15%	7%	SU/SD statistically higher
Total		12%	6%	SU/SD statistically higher

2.11 Percent of students who smoked cigarettes, past 30 days

		North Country	Vermont	Notes
Grade	9th	5%	7%	
	10th	13%	9%	SU/SD statistically higher
	11th	14%	12%	
	12th	26%	14%	SU/SD statistically higher
Sex	Female	12%	10%	
	Male	18%	12%	SU/SD statistically higher
Total		15%	11%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			North Country	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	23%	26%	
		3 to 9 days	19%	22%	
		10+ days	57%	52%	

Total		1 to 2 days	24%	29%	
		3 to 9 days	16%	22%	SU/SD statistically lower
		10+ days	60%	49%	SU/SD statistically higher

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			North Country	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	33%	42%	
		2 to 10 cigarettes	47%	45%	
		11 or more cigarettes	19%	13%	

Total		1 cigarette or less	35%	44%	SU/SD statistically lower
		2 to 10 cigarettes	44%	44%	
		11 or more cigarettes	21%	12%	SU/SD statistically higher

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			North Country	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total	Bought them		16%	10%	SU/SD statistically higher
	Someone else bought them		25%	29%	
	Borrowed/bummed them		40%	39%	
	Took them / some other way		19%	22%	

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		North Country	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	41%	41%	
Total		42%	42%	

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		North Country	Vermont	Notes
Grade	9th	21%	18%	
	10th	37%	28%	SU/SD statistically higher
	11th	37%	35%	
	12th	40%	39%	
Sex	Female	29%	27%	
	Male	39%	33%	SU/SD statistically higher
Total		34%	30%	SU/SD statistically higher

2.17 Percent of students who have used electronic vapor products, past 30 days

		North Country	Vermont	Notes
Grade	9th	10%	10%	
	10th	19%	14%	SU/SD statistically higher
	11th	20%	17%	
	12th	24%	19%	SU/SD statistically higher
Sex	Female	15%	13%	SU/SD statistically higher
	Male	22%	18%	SU/SD statistically higher
Total		19%	15%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		North Country	Vermont	Notes
Grade	9th	18%	15%	
	10th	24%	21%	
	11th	40%	29%	SU/SD statistically higher
	12th	43%	32%	SU/SD statistically higher
Sex	Female	28%	20%	SU/SD statistically higher
	Male	36%	28%	SU/SD statistically higher
Total		32%	24%	SU/SD statistically higher

2.19 Percent of students who tried a flavored tobacco product before age 13

		North Country	Vermont	Notes
Grade	9th	10%	6%	SU/SD statistically higher
	10th	8%	5%	SU/SD statistically higher
	11th	11%	6%	SU/SD statistically higher
	12th	9%	5%	SU/SD statistically higher
Sex	Female	7%	4%	SU/SD statistically higher
	Male	13%	7%	SU/SD statistically higher
Total		10%	6%	SU/SD statistically higher

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		North Country	Vermont	Notes
Grade	9th	11%	5%	SU/SD statistically higher
	10th	13%	6%	SU/SD statistically higher
	11th	17%	8%	SU/SD statistically higher
	12th	11%	8%	SU/SD statistically higher
Sex	Female	6%	3%	SU/SD statistically higher
	Male	20%	11%	SU/SD statistically higher
Total		13%	7%	SU/SD statistically higher

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		North Country	Vermont	Notes
Grade	9th	5%	5%	
	10th	8%	8%	
	11th	11%	12%	
	12th	18%	16%	
Sex	Female	4%	6%	SU/SD statistically lower
	Male	18%	14%	SU/SD statistically higher
Total		11%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		North Country	Vermont	Notes
Grade	9th	13%	11%	
	10th	21%	15%	SU/SD statistically higher
	11th	26%	21%	SU/SD statistically higher
	12th	35%	25%	SU/SD statistically higher
Sex	Female	16%	13%	SU/SD statistically higher
	Male	32%	23%	SU/SD statistically higher
Total		25%	18%	SU/SD statistically higher

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		North Country	Vermont	Notes
Grade	9th	17%	16%	
	10th	28%	22%	SU/SD statistically higher
	11th	33%	28%	SU/SD statistically higher
	12th	39%	32%	SU/SD statistically higher
Sex	Female	24%	20%	SU/SD statistically higher
	Male	36%	29%	SU/SD statistically higher
Total		30%	25%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		North Country	Vermont	Notes
Grade	9th	28%	22%	SU/SD statistically higher
	10th	40%	32%	SU/SD statistically higher
	11th	42%	44%	
	12th	55%	49%	SU/SD statistically higher
Sex	Female	47%	36%	SU/SD statistically higher
	Male	37%	38%	
Total		42%	37%	SU/SD statistically higher

2.25 Percent of students who used marijuana before age 13

		North Country	Vermont	Notes
Grade	9th	9%	6%	SU/SD statistically higher
	10th	9%	6%	SU/SD statistically higher
	11th	7%	7%	
	12th	4%	6%	
Sex	Female	6%	5%	SU/SD statistically higher
	Male	8%	8%	
Total		8%	6%	

2.26 Percent of students who used marijuana, past 30 days

		North Country	Vermont	Notes
Grade	9th	18%	13%	SU/SD statistically higher
	10th	29%	20%	SU/SD statistically higher
	11th	26%	27%	
	12th	33%	29%	
Sex	Female	29%	21%	SU/SD statistically higher
	Male	25%	24%	
Total		27%	22%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			North Country	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	38%	32%	
		3 to 9 times	20%	26%	
		10+ times	42%	42%	

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	43%	37%	
		3 to 9 times	23%	26%	
		10+ times	34%	37%	

	Male	1 to 2 times	21%	26%	
		3 to 9 times	20%	23%	
		10+ times	59%	52%	SU/SD statistically higher

Total		1 to 2 times	32%	31%	
		3 to 9 times	21%	24%	
		10+ times	47%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		North Country	Vermont	Notes
Grade	9th	9%	8%	
	10th	11%	10%	
	11th	16%	13%	
	12th	15%	14%	
Sex	Female	14%	11%	SU/SD statistically higher
	Male	12%	12%	
Total		13%	11%	SU/SD statistically higher

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		North Country	Vermont	Notes
Grade	9th	5%	4%	
	10th	7%	4%	SU/SD statistically higher
	11th	9%	5%	SU/SD statistically higher
	12th	7%	6%	
Sex	Female	6%	4%	SU/SD statistically higher
	Male	7%	5%	SU/SD statistically higher
Total		7%	5%	SU/SD statistically higher

2.30 Percent of students who ever used cocaine

		North Country	Vermont	Notes
Grade	9th	4%	3%	
	10th	4%	4%	
	11th	8%	5%	SU/SD statistically higher
	12th	14%	7%	SU/SD statistically higher
Sex	Female	6%	4%	SU/SD statistically higher
	Male	9%	6%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		North Country	Vermont	Notes
Grade	9th	7%	7%	
	10th	9%	6%	SU/SD statistically higher
	11th	7%	7%	
	12th	10%	5%	SU/SD statistically higher
Sex	Female	8%	6%	SU/SD statistically higher
	Male	9%	7%	SU/SD statistically higher
Total		9%	7%	SU/SD statistically higher

2.32 Percent of students who ever used methamphetamines

		North Country	Vermont	Notes
Grade	9th	4%	2%	SU/SD statistically higher
	10th	4%	2%	SU/SD statistically higher
	11th	5%	3%	SU/SD statistically higher
	12th	4%	3%	
Sex	Female	2%	2%	
	Male	6%	3%	SU/SD statistically higher
Total		4%	3%	SU/SD statistically higher

2.33 Percent of students who ever used heroin

		North Country	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	4%	2%	SU/SD statistically higher
	11th	5%	2%	SU/SD statistically higher
	12th	4%	3%	
Sex	Female	2%	1%	
	Male	6%	3%	SU/SD statistically higher
Total		4%	2%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		North Country	Vermont	Notes
Grade	9th	42%	34%	SU/SD statistically higher
	10th	54%	36%	SU/SD statistically higher
	11th	57%	39%	SU/SD statistically higher
	12th	60%	38%	SU/SD statistically higher
Sex	Female	58%	37%	SU/SD statistically higher
	Male	50%	37%	SU/SD statistically higher
Total		54%	37%	SU/SD statistically higher

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		North Country	Vermont	Notes
Grade	9th	37%	25%	SU/SD statistically higher
	10th	42%	27%	SU/SD statistically higher
	11th	41%	28%	SU/SD statistically higher
	12th	46%	28%	SU/SD statistically higher
Sex	Female	47%	28%	SU/SD statistically higher
	Male	37%	27%	SU/SD statistically higher
Total		42%	27%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			North Country	Vermont	Notes
Grade	9th	Never or rarely	15%	19%	SU/SD statistically lower
		Sometimes	24%	27%	
		At least most of the time	61%	54%	SU/SD statistically higher

	10th	Never or rarely	17%	19%	SU/SD statistically lower
		Sometimes	19%	27%	
		At least most of the time	64%	53%	SU/SD statistically higher

	11th	Never or rarely	17%	21%	SU/SD statistically lower
		Sometimes	26%	28%	
		At least most of the time	56%	52%	SU/SD statistically higher

	12th	Never or rarely	17%	22%	SU/SD statistically lower
		Sometimes	28%	28%	
		At least most of the time	55%	50%	

Sex	Female	Never or rarely	14%	19%	SU/SD statistically lower
		Sometimes	24%	28%	SU/SD statistically lower
		At least most of the time	62%	53%	SU/SD statistically higher

	Male	Never or rarely	19%	22%	SU/SD statistically lower
		Sometimes	25%	26%	
		At least most of the time	56%	51%	SU/SD statistically higher

Total		Never or rarely	16%	21%	SU/SD statistically lower
		Sometimes	24%	27%	SU/SD statistically lower
		At least most of the time	59%	52%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	North Country	Vermont	Notes
15 or less students	10%	19%	SU/SD statistically lower
16 to 25 students	18%	29%	SU/SD statistically lower
26 to 45 students	23%	24%	
46 to 55 students	18%	14%	SU/SD statistically higher
56 to 75 students	13%	8%	SU/SD statistically higher
76 or more students	18%	7%	SU/SD statistically higher

3.05 Out of 100 high school students, the number thought to use marijuana

	North Country	Vermont	Notes
15 or less students	6%	8%	SU/SD statistically lower
16 to 25 students	11%	13%	SU/SD statistically lower
26 to 45 students	17%	21%	SU/SD statistically lower
46 to 55 students	19%	21%	SU/SD statistically lower
56 to 75 students	22%	20%	
76 or more students	25%	16%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		North Country	Vermont	Notes
Grade	9th	89%	94%	SU/SD statistically lower
	10th	90%	93%	SU/SD statistically lower
	11th	87%	92%	SU/SD statistically lower
	12th	76%	87%	SU/SD statistically lower
Sex	Female	85%	93%	SU/SD statistically lower
	Male	85%	90%	SU/SD statistically lower
Total		85%	91%	SU/SD statistically lower

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		North Country	Vermont	Notes
Grade	9th	76%	84%	SU/SD statistically lower
	10th	65%	78%	SU/SD statistically lower
	11th	60%	70%	SU/SD statistically lower
	12th	44%	57%	SU/SD statistically lower
Sex	Female	61%	74%	SU/SD statistically lower
	Male	59%	70%	SU/SD statistically lower
Total		60%	72%	SU/SD statistically lower

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		North Country	Vermont	Notes
Grade	9th	82%	87%	SU/SD statistically lower
	10th	77%	82%	SU/SD statistically lower
	11th	83%	78%	SU/SD statistically higher
	12th	72%	74%	
Sex	Female	77%	82%	SU/SD statistically lower
	Male	79%	79%	
Total		78%	80%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		North Country	Vermont	Notes
Grade	9th	83%	87%	
	10th	76%	84%	SU/SD statistically lower
	11th	72%	77%	SU/SD statistically lower
	12th	46%	67%	SU/SD statistically lower
Sex	Female	67%	80%	SU/SD statistically lower
	Male	69%	77%	SU/SD statistically lower
Total		68%	78%	SU/SD statistically lower

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		North Country	Vermont	Notes
Grade	9th	62%	70%	SU/SD statistically lower
	10th	52%	58%	SU/SD statistically lower
	11th	37%	47%	SU/SD statistically lower
	12th	27%	38%	SU/SD statistically lower
Sex	Female	40%	54%	SU/SD statistically lower
	Male	46%	53%	SU/SD statistically lower
Total		44%	53%	SU/SD statistically lower

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		North Country	Vermont	Notes
Grade	9th	65%	70%	SU/SD statistically lower
	10th	55%	59%	
	11th	55%	51%	
	12th	36%	44%	SU/SD statistically lower
Sex	Female	47%	57%	SU/SD statistically lower
	Male	57%	55%	
Total		52%	56%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		North Country	Vermont	Notes
Grade	9th	60%	62%	
	10th	52%	66%	SU/SD statistically lower
	11th	59%	66%	SU/SD statistically lower
	12th	55%	66%	SU/SD statistically lower
Sex	Female	59%	67%	SU/SD statistically lower
	Male	54%	63%	SU/SD statistically lower
Total		56%	65%	SU/SD statistically lower

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		North Country	Vermont	Notes
Grade	9th	38%	42%	
	10th	35%	40%	SU/SD statistically lower
	11th	31%	36%	SU/SD statistically lower
	12th	29%	35%	SU/SD statistically lower
Sex	Female	34%	43%	SU/SD statistically lower
	Male	33%	33%	
Total		33%	38%	SU/SD statistically lower

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		North Country	Vermont	Notes
Grade	9th	30%	35%	SU/SD statistically lower
	10th	22%	29%	SU/SD statistically lower
	11th	26%	22%	SU/SD statistically higher
	12th	20%	21%	
Sex	Female	23%	30%	SU/SD statistically lower
	Male	26%	24%	
Total		24%	27%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.15 Percent of students who think it would be easy to get cigarettes

		North Country	Vermont	Notes
Grade	9th	60%	44%	SU/SD statistically higher
	10th	60%	55%	SU/SD statistically higher
	11th	78%	64%	SU/SD statistically higher
	12th	89%	80%	SU/SD statistically higher
Sex	Female	74%	57%	SU/SD statistically higher
	Male	71%	64%	SU/SD statistically higher
Total		73%	61%	SU/SD statistically higher

3.16 Percent of students who think it would be easy to get alcohol

		North Country	Vermont	Notes
Grade	9th	66%	60%	SU/SD statistically higher
	10th	68%	68%	
	11th	79%	74%	SU/SD statistically higher
	12th	87%	75%	SU/SD statistically higher
Sex	Female	76%	71%	SU/SD statistically higher
	Male	74%	68%	SU/SD statistically higher
Total		76%	69%	SU/SD statistically higher

3.17 Percent of students who think it would be easy to get marijuana

		North Country	Vermont	Notes
Grade	9th	57%	46%	SU/SD statistically higher
	10th	61%	60%	
	11th	70%	69%	
	12th	84%	74%	SU/SD statistically higher
Sex	Female	70%	60%	SU/SD statistically higher
	Male	67%	65%	
Total		69%	62%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		North Country	Vermont	Notes
Grade	9th	56%	44%	SU/SD statistically higher
	10th	59%	50%	SU/SD statistically higher
	11th	57%	57%	
	12th	70%	60%	SU/SD statistically higher
Sex	Female	63%	56%	SU/SD statistically higher
	Male	59%	50%	SU/SD statistically higher
Total		61%	53%	SU/SD statistically higher

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		North Country	Vermont	Notes
Grade	9th	35%	36%	
	10th	30%	30%	
	11th	28%	27%	
	12th	20%	24%	
Sex	Female	31%	29%	
	Male	24%	29%	SU/SD statistically lower
Total		28%	29%	

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		North Country	Vermont	Notes
Grade	9th	19%	15%	
	10th	26%	19%	SU/SD statistically higher
	11th	21%	20%	
	12th	22%	18%	
Sex	Female	22%	15%	SU/SD statistically higher
	Male	23%	21%	
Total		22%	18%	SU/SD statistically higher

4 Sexual Behavior and Orientation

4.01 Sexual orientation

			North Country	Vermont	Notes
Grade	9th	Heterosexual (straight)	92%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	3%	6%	SU/SD statistically lower
		Not sure	5%	5%	

	10th	Heterosexual (straight)	88%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	8%	6%	
		Not sure	.	4%	Too few students

	11th	Heterosexual (straight)	90%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	4%	4%	

Sex	Female	Heterosexual (straight)	88%	84%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	8%	10%	
		Not sure	3%	5%	SU/SD statistically lower

	Male	Heterosexual (straight)	91%	92%	
		Gay or lesbian	2%	2%	
		Bisexual	3%	3%	
		Not sure	4%	4%	

Total		Heterosexual (straight)	89%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	6%	6%	
		Not sure	4%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		North Country	Vermont	Notes
Grade	9th	24%	18%	SU/SD statistically higher
	10th	49%	33%	SU/SD statistically higher
	11th	67%	49%	SU/SD statistically higher
	12th	75%	62%	SU/SD statistically higher
Sex	Female	61%	40%	SU/SD statistically higher
	Male	50%	41%	SU/SD statistically higher
Total		55%	41%	SU/SD statistically higher

4.03 Percent of students who have ever had oral sex

		North Country	Vermont	Notes
Grade	9th	22%	21%	
	10th	45%	37%	SU/SD statistically higher
	11th	59%	50%	SU/SD statistically higher
	12th	69%	60%	SU/SD statistically higher
Sex	Female	56%	41%	SU/SD statistically higher
	Male	45%	42%	
Total		50%	42%	SU/SD statistically higher

4.04 Percent of students who had sexual intercourse before age 13

		North Country	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	6%	3%	SU/SD statistically higher
	11th	5%	3%	SU/SD statistically higher
	12th	5%	4%	
Sex	Female	3%	2%	SU/SD statistically higher
	Male	6%	4%	
Total		4%	3%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		North Country	Vermont	Notes
Grade	9th	4%	3%	
	10th	10%	6%	SU/SD statistically higher
	11th	20%	11%	SU/SD statistically higher
	12th	35%	19%	SU/SD statistically higher
Sex	Female	19%	9%	SU/SD statistically higher
	Male	17%	10%	SU/SD statistically higher
Total		18%	10%	SU/SD statistically higher

4.06 Percent of students who have ever been tested for HIV

		North Country	Vermont	Notes
Grade	9th	8%	7%	
	10th	11%	8%	
	11th	17%	12%	SU/SD statistically higher
	12th	22%	14%	SU/SD statistically higher
Sex	Female	18%	11%	SU/SD statistically higher
	Male	12%	9%	SU/SD statistically higher
Total		15%	10%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		North Country	Vermont	Notes
Grade	9th	18%	12%	SU/SD statistically higher
	10th	40%	24%	SU/SD statistically higher
	11th	52%	38%	SU/SD statistically higher
	12th	65%	49%	SU/SD statistically higher
Sex	Female	53%	33%	SU/SD statistically higher
	Male	38%	30%	SU/SD statistically higher
Total		46%	31%	SU/SD statistically higher

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		North Country	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	27%	19%	SU/SD statistically higher
	11th	21%	18%	
	12th	20%	18%	
Sex	Female	18%	15%	
	Male	29%	22%	SU/SD statistically higher
Total		23%	19%	SU/SD statistically higher

4.09 Of sexually active students, percent who used condoms the last time they had sex

		North Country	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	60%	65%	
	11th	59%	58%	
	12th	43%	54%	SU/SD statistically lower
Sex	Female	49%	55%	SU/SD statistically lower
	Male	59%	62%	
Total		53%	58%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		North Country	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	29%	39%	SU/SD statistically lower
	11th	43%	49%	
	12th	59%	54%	
Sex	Female	54%	55%	
	Male	32%	38%	
Total		45%	47%	

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		North Country	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	75%	87%	SU/SD statistically lower
	11th	84%	88%	
	12th	84%	87%	
Sex	Female	85%	88%	
	Male	76%	86%	SU/SD statistically lower
Total		81%	87%	SU/SD statistically lower

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			North Country	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	8%	7%	
		Birth control pills	18%	28%	SU/SD statistically lower
		Condoms	42%	46%	
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	11%	6%	
		Withdrawal/other method	16%	6%	SU/SD statistically higher
		Not sure	.	2%	Too few students

	11th	No method was used	10%	6%	
		Birth control pills	28%	37%	SU/SD statistically lower
		Condoms	38%	37%	
		IUD or implant	7%	7%	
		Shot/patch/birth control ring	8%	6%	
		Withdrawal/other method	8%	6%	
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	25%	40%	SU/SD statistically lower
		Condoms	24%	32%	SU/SD statistically lower
		IUD or implant	16%	7%	SU/SD statistically higher
		Shot/patch/birth control ring	18%	7%	SU/SD statistically higher
		Withdrawal/other method	10%	6%	SU/SD statistically higher
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

			North Country	Vermont	Notes
Sex	Female	No method was used	7%	7%	
		Birth control pills	25%	39%	SU/SD statistically lower
		Condoms	30%	31%	
		IUD or implant	13%	8%	SU/SD statistically higher
		Shot/patch/birth control ring	16%	8%	SU/SD statistically higher
		Withdrawal/other method	9%	5%	SU/SD statistically higher
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	7%	7%	
		Birth control pills	20%	30%	SU/SD statistically lower
		Condoms	40%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	9%	4%	SU/SD statistically higher
		Withdrawal/other method	14%	7%	SU/SD statistically higher
		Not sure	6%	3%	SU/SD statistically higher
<hr/>					
Total		No method was used	7%	7%	
		Birth control pills	23%	35%	SU/SD statistically lower
		Condoms	34%	38%	
		IUD or implant	9%	6%	SU/SD statistically higher
		Shot/patch/birth control ring	13%	6%	SU/SD statistically higher
		Withdrawal/other method	11%	6%	SU/SD statistically higher
		Not sure	3%	2%	SU/SD statistically higher

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

4 Sexual Behavior and Orientation

4.13 Sexual identity of sexual contacts

			North Country	Vermont	Notes
Sex	Female	Have not had sex	29%	45%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	61%	46%	SU/SD statistically higher
		Both sexes	8%	7%	

	Male	Have not had sex	39%	43%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	57%	53%	SU/SD statistically higher
		Both sexes	3%	2%	

Total	Have not had sex		34%	44%	SU/SD statistically lower
	Same sex		1%	1%	
	Opposite sex		59%	50%	SU/SD statistically higher
	Both sexes		6%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		North Country	Vermont	Notes
Grade	9th	17%	15%	
	10th	17%	14%	
	11th	17%	14%	
	12th	15%	13%	
Sex	Female	14%	14%	
	Male	18%	14%	SU/SD statistically higher
Total		16%	14%	SU/SD statistically higher

5.02 The percent of students who are obese (=>95th BMI percentile)

		North Country	Vermont	Notes
Grade	9th	16%	12%	SU/SD statistically higher
	10th	17%	13%	
	11th	22%	12%	SU/SD statistically higher
	12th	16%	12%	
Sex	Female	11%	9%	SU/SD statistically higher
	Male	23%	16%	SU/SD statistically higher
Total		17%	12%	SU/SD statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			North Country	Vermont	Notes
Grade	9th	Underweight	11%	15%	SU/SD statistically lower
		About the right weight	62%	56%	SU/SD statistically higher
		Overweight	28%	29%	

	10th	Underweight	10%	13%	SU/SD statistically lower
		About the right weight	50%	55%	SU/SD statistically lower
		Overweight	40%	32%	SU/SD statistically higher

	11th	Underweight	10%	13%	
		About the right weight	48%	55%	SU/SD statistically lower
		Overweight	42%	31%	SU/SD statistically higher

	12th	Underweight	11%	13%	
		About the right weight	55%	55%	
		Overweight	34%	32%	

Sex	Female	Underweight	8%	10%	
		About the right weight	53%	54%	
		Overweight	39%	36%	

	Male	Underweight	13%	17%	SU/SD statistically lower
		About the right weight	53%	57%	
		Overweight	34%	26%	SU/SD statistically higher

Total		Underweight	10%	14%	SU/SD statistically lower
		About the right weight	53%	55%	
		Overweight	36%	31%	SU/SD statistically higher

5 Body Image

5.04 Students who are trying to do something about their weight

			North Country	Vermont	Notes
Grade	9th	Lose weight	40%	41%	
		Gain weight	11%	12%	
		Stay the same weight /do nothing	49%	47%	
<hr/>					
	10th	Lose weight	50%	43%	SU/SD statistically higher
		Gain weight	14%	13%	
		Stay the same weight /do nothing	37%	44%	SU/SD statistically lower
<hr/>					
	11th	Lose weight	49%	42%	SU/SD statistically higher
		Gain weight	11%	14%	
		Stay the same weight /do nothing	40%	44%	
<hr/>					
	12th	Lose weight	48%	42%	SU/SD statistically higher
		Gain weight	10%	15%	SU/SD statistically lower
		Stay the same weight /do nothing	42%	42%	
<hr/>					
Sex	Female	Lose weight	59%	56%	
		Gain weight	4%	4%	
		Stay the same weight /do nothing	37%	40%	
<hr/>					
	Male	Lose weight	36%	28%	SU/SD statistically higher
		Gain weight	18%	23%	SU/SD statistically lower
		Stay the same weight /do nothing	46%	49%	
<hr/>					
Total		Lose weight	47%	42%	SU/SD statistically higher
		Gain weight	11%	14%	SU/SD statistically lower
		Stay the same weight /do nothing	42%	44%	SU/SD statistically lower

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			North Country	Vermont	Notes
Grade	9th	Less than 1 hour	19%	14%	SU/SD statistically higher
		1 to 2 hours	32%	36%	
		3 to 4 hours	34%	33%	
		5+ hours	16%	18%	

	10th	Less than 1 hour	16%	14%	SU/SD statistically lower
		1 to 2 hours	30%	36%	
		3 to 4 hours	30%	32%	
		5+ hours	25%	18%	

	11th	Less than 1 hour	18%	15%	SU/SD statistically lower
		1 to 2 hours	37%	38%	
		3 to 4 hours	22%	32%	
		5+ hours	23%	16%	

	12th	Less than 1 hour	19%	16%	SU/SD statistically lower
		1 to 2 hours	38%	36%	
		3 to 4 hours	25%	32%	
		5+ hours	18%	17%	

Sex	Female	Less than 1 hour	21%	15%	SU/SD statistically higher
		1 to 2 hours	34%	37%	
		3 to 4 hours	29%	32%	
		5+ hours	17%	16%	

	Male	Less than 1 hour	15%	14%	SU/SD statistically lower
		1 to 2 hours	35%	36%	
		3 to 4 hours	26%	32%	
		5+ hours	24%	18%	

Total		Less than 1 hour	18%	15%	SU/SD statistically higher
		1 to 2 hours	34%	36%	
		3 to 4 hours	28%	32%	
		5+ hours	21%	17%	

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			North Country	Vermont	Notes
Grade	9th	0 days	5%	11%	SU/SD statistically lower
		1 to 2 days	16%	16%	
		3 to 6 days	54%	47%	SU/SD statistically higher
		Everyday	25%	25%	

	10th	0 days	10%	13%	SU/SD statistically lower
		1 to 2 days	15%	15%	
		3 to 6 days	54%	47%	SU/SD statistically higher
		Everyday	20%	24%	

	11th	0 days	14%	15%	
		1 to 2 days	15%	17%	
		3 to 6 days	47%	45%	
		Everyday	25%	22%	

	12th	0 days	16%	17%	
		1 to 2 days	17%	18%	
		3 to 6 days	46%	44%	
		Everyday	22%	21%	

Sex	Female	0 days	14%	17%	SU/SD statistically lower
		1 to 2 days	21%	20%	
		3 to 6 days	54%	48%	SU/SD statistically higher
		Everyday	11%	16%	

	Male	0 days	9%	12%	SU/SD statistically lower
		1 to 2 days	11%	14%	SU/SD statistically lower
		3 to 6 days	46%	44%	
		Everyday	34%	30%	SU/SD statistically higher

Total		0 days	11%	14%	SU/SD statistically lower
		1 to 2 days	16%	17%	
		3 to 6 days	50%	46%	SU/SD statistically higher
		Everyday	23%	23%	

6 Nutrition and Physical Activity

6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		North Country	Vermont	Notes
Grade	9th	27%	23%	
	10th	25%	23%	
	11th	22%	23%	
	12th	27%	24%	
Sex	Female	26%	22%	SU/SD statistically higher
	Male	25%	25%	
Total		25%	24%	

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		North Country	Vermont	Notes
Grade	9th	32%	34%	
	10th	38%	34%	
	11th	32%	34%	
	12th	34%	35%	
Sex	Female	35%	33%	
	Male	33%	35%	
Total		34%	34%	

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		North Country	Vermont	Notes
Grade	9th	17%	17%	
	10th	17%	17%	
	11th	15%	18%	
	12th	20%	19%	
Sex	Female	18%	17%	
	Male	18%	19%	
Total		18%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		North Country	Vermont	Notes
Grade	9th	5%	5%	
	10th	4%	4%	
	11th	6%	4%	
	12th	5%	4%	
Sex	Female	4%	3%	
	Male	6%	5%	
Total		5%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		North Country	Vermont	Notes
Grade	9th	5%	5%	
	10th	6%	4%	
	11th	.	4%	Too few students
	12th	5%	4%	
Sex	Female	2%	3%	
	Male	6%	6%	
Total		4%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			North Country	Vermont	Notes
Grade	9th	Never	12%	11%	
		1 to 3 days	20%	25%	SU/SD statistically lower
		4 to 6 days	23%	22%	
		Everyday	45%	42%	

	10th	Never	8%	11%	
		1 to 3 days	29%	24%	SU/SD statistically higher
		4 to 6 days	22%	24%	
		Everyday	41%	41%	

	11th	Never	8%	10%	
		1 to 3 days	16%	25%	SU/SD statistically lower
		4 to 6 days	31%	24%	SU/SD statistically higher
		Everyday	45%	40%	

	12th	Never	8%	11%	SU/SD statistically lower
		1 to 3 days	20%	25%	SU/SD statistically lower
		4 to 6 days	29%	25%	
		Everyday	43%	39%	

Sex	Female	Never	9%	11%	
		1 to 3 days	26%	27%	
		4 to 6 days	26%	24%	
		Everyday	38%	38%	

	Male	Never	8%	11%	SU/SD statistically lower
		1 to 3 days	16%	23%	SU/SD statistically lower
		4 to 6 days	26%	23%	SU/SD statistically higher
		Everyday	49%	43%	SU/SD statistically higher

Total		Never	9%	11%	SU/SD statistically lower
		1 to 3 days	21%	25%	SU/SD statistically lower
		4 to 6 days	26%	24%	SU/SD statistically higher
		Everyday	44%	40%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			North Country	Vermont	Notes
Grade	9th	None	12%	9%	SU/SD statistically higher
		1 to 3 glasses	57%	60%	
		4+ glasses	32%	32%	

	10th	None	9%	8%	SU/SD statistically lower
		1 to 3 glasses	53%	58%	
		4+ glasses	38%	34%	

	11th	None	7%	8%	
		1 to 3 glasses	61%	60%	
		4+ glasses	32%	32%	

	12th	None	8%	9%	
		1 to 3 glasses	56%	57%	
		4+ glasses	36%	34%	

Sex	Female	None	9%	8%	
		1 to 3 glasses	62%	62%	
		4+ glasses	29%	31%	

	Male	None	8%	9%	SU/SD statistically lower
		1 to 3 glasses	52%	56%	
		4+ glasses	40%	35%	

Total		None	9%	9%	
		1 to 3 glasses	57%	59%	
		4+ glasses	35%	33%	

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			North Country	Vermont	Notes
Grade	9th	None	25%	32%	SU/SD statistically lower
		At least once during the past week	50%	54%	
		At least once per day	25%	14%	SU/SD statistically higher

	10th	None	30%	33%	
		At least once during the past week	51%	53%	
		At least once per day	19%	14%	SU/SD statistically higher

	11th	None	31%	33%	
		At least once during the past week	55%	51%	
		At least once per day	14%	15%	

	12th	None	32%	36%	
		At least once during the past week	52%	49%	
		At least once per day	16%	15%	

Sex	Female	None	40%	42%	
		At least once during the past week	50%	48%	
		At least once per day	11%	9%	

	Male	None	20%	25%	SU/SD statistically lower
		At least once during the past week	55%	55%	
		At least once per day	25%	20%	SU/SD statistically higher

Total		None	29%	33%	SU/SD statistically lower
		At least once during the past week	52%	52%	
		At least once per day	18%	15%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			North Country	Vermont	Notes
Grade	9th	None	20%	25%	SU/SD statistically lower
		At least once during the past week	60%	61%	
		At least once per day	21%	14%	SU/SD statistically higher

	10th	None	23%	25%	SU/SD statistically lower
		At least once during the past week	53%	59%	
		At least once per day	24%	15%	SU/SD statistically higher

	11th	None	24%	26%	SU/SD statistically lower
		At least once during the past week	55%	59%	
		At least once per day	20%	16%	SU/SD statistically higher

	12th	None	26%	29%	SU/SD statistically lower
		At least once during the past week	56%	57%	
		At least once per day	18%	15%	SU/SD statistically higher

Sex	Female	None	27%	30%	SU/SD statistically lower
		At least once during the past week	59%	59%	
		At least once per day	14%	11%	SU/SD statistically higher

	Male	None	20%	22%	SU/SD statistically lower
		At least once during the past week	52%	58%	
		At least once per day	28%	19%	SU/SD statistically higher

Total		None	23%	26%	SU/SD statistically lower
		At least once during the past week	56%	59%	SU/SD statistically lower
		At least once per day	21%	15%	SU/SD statistically higher

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			North Country	Vermont	Notes
Grade	9th	Mostly As or Bs	70%	76%	SU/SD statistically lower
		Mostly Cs	9%	13%	SU/SD statistically lower
		Mostly Ds or Fs	11%	4%	SU/SD statistically higher
		Other / Not sure	9%	7%	SU/SD statistically higher

	10th	Mostly As or Bs	62%	77%	SU/SD statistically lower
		Mostly Cs	23%	14%	SU/SD statistically higher
		Mostly Ds or Fs	8%	4%	SU/SD statistically higher
		Other / Not sure	7%	5%	

	11th	Mostly As or Bs	67%	80%	SU/SD statistically lower
		Mostly Cs	25%	13%	SU/SD statistically higher
		Mostly Ds or Fs	5%	3%	SU/SD statistically higher
		Other / Not sure	3%	4%	

	12th	Mostly As or Bs	73%	83%	SU/SD statistically lower
		Mostly Cs	17%	11%	SU/SD statistically higher
		Mostly Ds or Fs	6%	2%	SU/SD statistically higher
		Other / Not sure	4%	4%	

Sex	Female	Mostly As or Bs	73%	84%	SU/SD statistically lower
		Mostly Cs	14%	9%	SU/SD statistically higher
		Mostly Ds or Fs	7%	3%	SU/SD statistically higher
		Other / Not sure	6%	4%	SU/SD statistically higher

	Male	Mostly As or Bs	64%	74%	SU/SD statistically lower
		Mostly Cs	23%	16%	SU/SD statistically higher
		Mostly Ds or Fs	8%	4%	SU/SD statistically higher
		Other / Not sure	5%	6%	

Total		Mostly As or Bs	68%	79%	SU/SD statistically lower
		Mostly Cs	19%	13%	SU/SD statistically higher
		Mostly Ds or Fs	8%	3%	SU/SD statistically higher
		Other / Not sure	6%	5%	

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			North Country	Vermont	Notes
Grade	9th	0 hours	47%	32%	SU/SD statistically higher
		1 to 4 hours	25%	30%	SU/SD statistically lower
		5 to 9 hours	14%	17%	
		10 or more hours	14%	21%	SU/SD statistically lower
10th	0 hours	44%	32%	SU/SD statistically higher	
		1 to 4 hours	32%	28%	
		5 to 9 hours	11%	16%	SU/SD statistically lower
		10 or more hours	12%	24%	SU/SD statistically lower
11th	0 hours	45%	32%	SU/SD statistically higher	
		1 to 4 hours	30%	27%	
		5 to 9 hours	14%	16%	
		10 or more hours	11%	25%	SU/SD statistically lower
12th	0 hours	43%	32%	SU/SD statistically higher	
		1 to 4 hours	22%	26%	
		5 to 9 hours	13%	16%	
		10 or more hours	22%	27%	SU/SD statistically lower
Sex	Female	0 hours	43%	31%	SU/SD statistically higher
		1 to 4 hours	29%	29%	
		5 to 9 hours	13%	16%	SU/SD statistically lower
		10 or more hours	15%	24%	SU/SD statistically lower
Male	0 hours	46%	33%	SU/SD statistically higher	
		1 to 4 hours	25%	27%	
		5 to 9 hours	13%	16%	SU/SD statistically lower
		10 or more hours	16%	24%	SU/SD statistically lower
Total	0 hours	45%	32%	SU/SD statistically higher	
		1 to 4 hours	27%	28%	
		5 to 9 hours	13%	16%	SU/SD statistically lower
		10 or more hours	15%	24%	SU/SD statistically lower

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		North Country	Vermont	Notes
Grade	9th	78%	78%	
	10th	71%	77%	SU/SD statistically lower
	11th	73%	77%	
	12th	65%	75%	SU/SD statistically lower
Sex	Female	71%	77%	SU/SD statistically lower
	Male	72%	76%	SU/SD statistically lower
Total		71%	76%	SU/SD statistically lower

7.04 The percent of students who agree that in their community they feel like they matter to people

		North Country	Vermont	Notes
Grade	9th	42%	49%	SU/SD statistically lower
	10th	43%	48%	SU/SD statistically lower
	11th	38%	50%	SU/SD statistically lower
	12th	42%	54%	SU/SD statistically lower
Sex	Female	36%	47%	SU/SD statistically lower
	Male	46%	54%	SU/SD statistically lower
Total		41%	50%	SU/SD statistically lower

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		North Country	Vermont	Notes
Grade	9th	48%	59%	SU/SD statistically lower
	10th	53%	57%	
	11th	49%	64%	SU/SD statistically lower
	12th	51%	69%	SU/SD statistically lower
Sex	Female	46%	60%	SU/SD statistically lower
	Male	54%	64%	SU/SD statistically lower
Total		50%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		North Country	Vermont	Notes
Grade	9th	40%	50%	SU/SD statistically lower
	10th	41%	46%	
	11th	44%	46%	
	12th	41%	49%	
Sex	Female	39%	48%	SU/SD statistically lower
	Male	43%	48%	SU/SD statistically lower
Total		41%	48%	SU/SD statistically lower

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		North Country	Vermont	Notes
Grade	9th	69%	75%	SU/SD statistically lower
	10th	77%	80%	
	11th	80%	83%	
	12th	84%	84%	
Sex	Female	82%	83%	SU/SD statistically lower
	Male	73%	78%	
Total		78%	80%	SU/SD statistically lower

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for North Country SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

North Country
Number of Middle School Students in North Country SU

North Country SU Total

355

Sex	Total	%
Female	173	48%
Male	182	51%

Grade	Total	%
6th grade	46	12%
7th grade	153	43%
8th grade	156	43%

Age	Total	%
11 years or younger	20	5%
12 years	94	26%
13 years	154	43%
14 years or older	87	24%

Race / Ethnicity	Total	%
Not indicated /Missing	28	7%
Ethnic or racial minority	49	13%
White non-Hispanic	278	78%

NOTE: The above numbers are unweighted. They represent the students who took the survey in North Country SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		North Country	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	39%	41%	
	8th	45%	44%	
Sex	Female	23%	28%	SU/SD statistically lower
	Male	61%	57%	
Total		42%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	22%	25%	
	8th	24%	22%	
Sex	Female	22%	30%	SU/SD statistically lower
	Male	23%	18%	
Total		22%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		North Country	Vermont	Notes
Grade	6th	.	21%	Too few students
	7th	22%	26%	SU/SD statistically lower
	8th	31%	28%	
Sex	Female	32%	36%	
	Male	19%	16%	SU/SD statistically higher
Total		26%	26%	

1.04 Percent of students who were ever bullied at school

		North Country	Vermont	Notes
Grade	6th	.	46%	Too few students
	7th	51%	48%	
	8th	49%	45%	
Sex	Female	53%	53%	
	Male	47%	40%	SU/SD statistically higher
Total		50%	46%	SU/SD statistically higher

1.05 Percent of students who bullied someone at least once, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	13%	9%	SU/SD statistically higher
	8th	13%	11%	
Sex	Female	9%	10%	
	Male	15%	9%	SU/SD statistically higher
Total		12%	10%	SU/SD statistically higher

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		North Country	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	7%	7%	
	8th	6%	7%	
Sex	Female	6%	9%	SU/SD statistically lower
	Male	7%	6%	
Total		6%	7%	

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		North Country	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	17%	19%	
	8th	29%	22%	
Sex	Female	31%	27%	
	Male	13%	13%	
Total		22%	20%	

1.08 Percent of students who ever seriously thought about suicide

		North Country	Vermont	Notes	
Grade	6th	.	14%	Too few students	
	7th	7%	16%		SU/SD statistically lower
	8th	19%	22%		
Sex	Female	16%	23%	SU/SD statistically lower	
	Male	9%	12%		
Total		13%	18%	SU/SD statistically lower	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		North Country	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	3%	11%	SU/SD statistically lower
	8th	11%	15%	SU/SD statistically lower
Sex	Female	8%	16%	SU/SD statistically lower
	Male	6%	8%	
Total		7%	12%	SU/SD statistically lower

1.10 Percent of students who ever attempted suicide

		North Country	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	4%	8%	SU/SD statistically lower
Sex	Female	4%	8%	SU/SD statistically lower
	Male	.	3%	Too few students
Total		3%	6%	SU/SD statistically lower

1.11 Percent of students who had at least one sunburn in the past 12 months

		North Country	Vermont	Notes
Grade	6th	.	51%	Too few students
	7th	54%	55%	
	8th	61%	56%	SU/SD statistically higher
Sex	Female	63%	58%	SU/SD statistically higher
	Male	51%	51%	
Total		57%	54%	

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			North Country	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	26%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	59%	Too few students
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	7th	Never / rarely wear a helmet	46%	31%	SU/SD statistically higher
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	39%	52%	SU/SD statistically lower
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	8th	Never / rarely wear a helmet	63%	41%	SU/SD statistically higher
		Sometimes wear a helmet	10%	15%	SU/SD statistically lower
		Most of the time / always wear a helmet	27%	43%	SU/SD statistically lower
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Sex	Female	Never / rarely wear a helmet	52%	31%	SU/SD statistically higher
		Sometimes wear a helmet	13%	17%	SU/SD statistically lower
		Most of the time / always wear a helmet	35%	52%	SU/SD statistically lower
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	Male	Never / rarely wear a helmet	56%	36%	SU/SD statistically higher
		Sometimes wear a helmet	12%	14%	
		Most of the time / always wear a helmet	31%	49%	SU/SD statistically lower
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Total		Never / rarely wear a helmet	54%	34%	SU/SD statistically higher
		Sometimes wear a helmet	13%	16%	SU/SD statistically lower
		Most of the time / always wear a helmet	33%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			North Country	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students

Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

	Male	Never / rarely wear a helmet	43%	41%	
		Sometimes wear a helmet	12%	12%	
		Most of the time / always wear a helmet	46%	47%	

Total		Never / rarely wear a helmet	51%	43%	SU/SD statistically higher
		Sometimes wear a helmet	10%	12%	
		Most of the time / always wear a helmet	40%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	6%	4%	SU/SD statistically higher
Sex	Female	3%	2%	
	Male	5%	3%	
Total		4%	3%	

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		North Country	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	27%	19%	SU/SD statistically higher
	8th	37%	25%	SU/SD statistically higher
Sex	Female	34%	21%	SU/SD statistically higher
	Male	28%	19%	SU/SD statistically higher
Total		31%	20%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		North Country	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	20%	15%	SU/SD statistically higher
	8th	26%	24%	
Sex	Female	21%	16%	SU/SD statistically higher
	Male	24%	18%	SU/SD statistically higher
Total		22%	17%	SU/SD statistically higher

2.02 Percent of students who drank alcohol other than a few sips before age 11

		North Country	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	10%	6%	SU/SD statistically higher
	8th	7%	6%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	12%	8%	SU/SD statistically higher
Total		10%	6%	SU/SD statistically higher

2.03 Percent of students who drank any alcohol, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	9%	5%	SU/SD statistically higher
	8th	11%	10%	
Sex	Female	10%	6%	SU/SD statistically higher
	Male	8%	7%	
Total		9%	6%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	4%	4%	
Sex	Female	3%	2%	SU/SD statistically higher
	Male	3%	2%	
Total		3%	2%	SU/SD statistically higher

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		North Country	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	11%	7%	SU/SD statistically higher
	8th	13%	13%	
Sex	Female	11%	9%	SU/SD statistically higher
	Male	12%	9%	SU/SD statistically higher
Total		12%	9%	SU/SD statistically higher

2.06 Percent of students who ever smoked a whole cigarette

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	7%	4%	SU/SD statistically higher
	8th	10%	8%	
Sex	Female	8%	5%	SU/SD statistically higher
	Male	8%	5%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.07 Percent of students who smoked a whole cigarette by age 11

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	3%	1%	SU/SD statistically higher
	Male	.	2%	Too few students
Total		2%	1%	

2.08 Percent of students who smoked cigarettes, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	4%	3%	
Sex	Female	3%	2%	
	Male	3%	2%	
Total		3%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		North Country	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	5%	6%	
	8th	14%	11%	
Sex	Female	9%	7%	SU/SD statistically higher
	Male	11%	7%	
Total		10%	7%	SU/SD statistically higher

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	5%	5%	
Sex	Female	.	3%	Too few students
	Male	6%	3%	SU/SD statistically higher
Total		4%	3%	

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	5%	1%	SU/SD statistically higher
	8th	7%	3%	SU/SD statistically higher
Sex	Female	.	1%	Too few students
	Male	9%	3%	SU/SD statistically higher
Total		5%	2%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	3%	2%	
Sex	Female	.	1%	Too few students
	Male	3%	2%	SU/SD statistically higher
Total		3%	2%	SU/SD statistically higher

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	5%	3%	SU/SD statistically higher
	8th	9%	6%	SU/SD statistically higher
Sex	Female	4%	3%	
	Male	9%	4%	SU/SD statistically higher
Total		7%	4%	SU/SD statistically higher

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		North Country	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	5%	4%	
	8th	12%	8%	SU/SD statistically higher
Sex	Female	4%	5%	
	Male	12%	6%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		North Country	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	5%	5%	
	8th	8%	11%	
Sex	Female	4%	6%	SU/SD statistically lower
	Male	8%	7%	
Total		6%	7%	

2.17 Percent of students who used marijuana by age 11

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		2%	1%	

2 Alcohol, Tobacco, and Other Drug Use

2.18 Percent of students who used marijuana, past 30 days

		North Country	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	4%	6%	
Sex	Female	.	3%	Too few students
	Male	6%	4%	
Total		4%	4%	

2.19 Percent of students who have ever used inhalants

		North Country	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	4%	6%	
Sex	Female	3%	5%	
	Male	3%	5%	
Total		3%	5%	SU/SD statistically lower

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	3%	3%	
	Male	.	3%	Too few students
Total		2%	3%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		North Country	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	35%	28%	SU/SD statistically higher
	8th	41%	31%	SU/SD statistically higher
Sex	Female	37%	29%	SU/SD statistically higher
	Male	37%	27%	SU/SD statistically higher
Total		37%	28%	SU/SD statistically higher

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		North Country	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	28%	20%	SU/SD statistically higher
	8th	38%	23%	SU/SD statistically higher
Sex	Female	32%	22%	SU/SD statistically higher
	Male	33%	19%	SU/SD statistically higher
Total		33%	21%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		North Country	Vermont	Notes
Grade	6th	.	47%	Too few students
	7th	53%	52%	
	8th	60%	55%	SU/SD statistically higher
Sex	Female	58%	52%	SU/SD statistically higher
	Male	53%	52%	
Total		56%	52%	SU/SD statistically higher

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		North Country	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	28%	26%	
	8th	48%	35%	SU/SD statistically higher
Sex	Female	39%	28%	SU/SD statistically higher
	Male	35%	26%	
Total		37%	27%	SU/SD statistically higher

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	North Country	Vermont	Notes
15 or less students	12%	16%	SU/SD statistically lower
16 to 25 students	19%	25%	SU/SD statistically lower
26 to 45 students	30%	24%	SU/SD statistically higher
46 to 55 students	16%	16%	
56 to 75 students	11%	9%	
76 or more students	12%	10%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		North Country	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	95%	96%	
	8th	97%	96%	
Sex	Female	95%	97%	
	Male	95%	96%	
Total		95%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		North Country	Vermont	Notes
Grade	6th	.	92%	Too few students
	7th	90%	92%	
	8th	90%	90%	
Sex	Female	91%	93%	
	Male	88%	90%	
Total		90%	91%	

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		North Country	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	95%	95%	
	8th	93%	92%	
Sex	Female	92%	94%	SU/SD statistically lower
	Male	95%	94%	
Total		94%	94%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		North Country	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	95%	95%	
	8th	90%	92%	
Sex	Female	93%	95%	
	Male	93%	94%	
Total		93%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		North Country	Vermont	Notes
Grade	6th	.	94%	Too few students
	7th	88%	90%	
	8th	82%	83%	
Sex	Female	86%	90%	SU/SD statistically lower
	Male	84%	87%	
Total		85%	88%	SU/SD statistically lower

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		North Country	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	93%	92%	
	8th	90%	83%	
Sex	Female	91%	91%	
	Male	92%	89%	SU/SD statistically higher
Total		91%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		North Country	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	71%	72%	
	8th	72%	72%	
Sex	Female	70%	71%	
	Male	73%	72%	
Total		72%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		North Country	Vermont	Notes
Grade	6th	.	49%	Too few students
	7th	52%	49%	
	8th	47%	46%	
Sex	Female	53%	49%	
	Male	48%	46%	
Total		50%	48%	

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		North Country	Vermont	Notes
Grade	6th	.	67%	Too few students
	7th	61%	61%	
	8th	60%	51%	
Sex	Female	60%	60%	
	Male	61%	58%	
Total		61%	59%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		North Country	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	28%	24%	
	8th	38%	34%	
Sex	Female	31%	25%	SU/SD statistically higher
	Male	34%	29%	SU/SD statistically higher
Total		33%	27%	SU/SD statistically higher

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		North Country	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	32%	33%	
	8th	44%	46%	
Sex	Female	40%	35%	SU/SD statistically higher
	Male	33%	37%	
Total		37%	36%	

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		North Country	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	12%	12%	
	8th	12%	22%	
Sex	Female	10%	13%	
	Male	14%	16%	
Total		12%	14%	SU/SD statistically lower

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		North Country	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	7%	4%	SU/SD statistically higher
	8th	12%	8%	SU/SD statistically higher
Sex	Female	7%	4%	SU/SD statistically higher
	Male	12%	7%	SU/SD statistically higher
Total		9%	6%	SU/SD statistically higher

4.02 Percent of students who have ever had oral sex

		North Country	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	5%	3%	SU/SD statistically higher
	8th	9%	9%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	7%	6%	
Total		7%	5%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			North Country	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	22%	Too few students
		Everyday	.	61%	Too few students

	7th	Never	6%	7%	
		1 to 3 times	17%	16%	
		4 to 6 times	22%	25%	
		Everyday	56%	51%	

	8th	Never	4%	8%	SU/SD statistically lower
		1 to 3 times	15%	20%	SU/SD statistically lower
		4 to 6 times	29%	25%	
		Everyday	53%	48%	SU/SD statistically higher

Sex	Female	Never	4%	8%	SU/SD statistically lower
		1 to 3 times	20%	21%	
		4 to 6 times	26%	26%	
		Everyday	50%	45%	

	Male	Never	6%	6%	
		1 to 3 times	9%	13%	SU/SD statistically lower
		4 to 6 times	24%	23%	
		Everyday	61%	59%	

Total		Never	5%	7%	SU/SD statistically lower
		1 to 3 times	15%	17%	
		4 to 6 times	25%	24%	
		Everyday	55%	52%	

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		North Country	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	41%	41%	
	8th	36%	39%	
Sex	Female	36%	38%	
	Male	40%	44%	
Total		38%	41%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			North Country	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	.	32%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	33%	Too few students

	7th	Never	11%	7%	SU/SD statistically higher
		1 to 4 days	32%	34%	
		5 to 6 days	32%	28%	
		Everyday	25%	31%	SU/SD statistically lower

	8th	Never	6%	8%	
		1 to 4 days	40%	36%	
		5 to 6 days	27%	27%	
		Everyday	26%	29%	

Sex	Female	Never	9%	8%	
		1 to 4 days	43%	39%	
		5 to 6 days	31%	30%	
		Everyday	17%	23%	SU/SD statistically lower

	Male	Never	8%	8%	
		1 to 4 days	31%	29%	
		5 to 6 days	25%	25%	
		Everyday	36%	38%	

Total		Never	8%	8%	
		1 to 4 days	37%	34%	
		5 to 6 days	28%	27%	
		Everyday	26%	31%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			North Country	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	19%	Too few students
		Everyday	.	48%	Too few students
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	7th	0 days	43%	30%	SU/SD statistically higher
		1 to 2 days	16%	17%	
		3 to 4 days	14%	17%	
		Everyday	28%	36%	SU/SD statistically lower
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	8th	0 days	48%	33%	SU/SD statistically higher
		1 to 2 days	18%	16%	
		3 to 4 days	17%	16%	
		Everyday	17%	35%	SU/SD statistically lower
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Sex	Female	0 days	45%	28%	SU/SD statistically higher
		1 to 2 days	19%	18%	
		3 to 4 days	14%	17%	
		Everyday	22%	38%	SU/SD statistically lower
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	Male	0 days	43%	28%	SU/SD statistically higher
		1 to 2 days	14%	15%	
		3 to 4 days	14%	17%	
		Everyday	29%	40%	SU/SD statistically lower
<hr/>					
Total		0 days	44%	28%	SU/SD statistically higher
		1 to 2 days	16%	16%	
		3 to 4 days	14%	17%	SU/SD statistically lower
		Everyday	26%	39%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.05 Number of hours spent watching TV on an average school day

			North Country	Vermont	Notes
Grade	6th	1 hour or less per day	.	60%	Too few students
		2 to 4 hours per day	.	34%	Too few students
		5 or more hours per day	.	6%	Too few students
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	7th	1 hour or less per day	52%	57%	SU/SD statistically lower
		2 to 4 hours per day	43%	37%	SU/SD statistically higher
		5 or more hours per day	5%	6%	
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	8th	1 hour or less per day	62%	57%	SU/SD statistically higher
		2 to 4 hours per day	31%	37%	SU/SD statistically lower
		5 or more hours per day	7%	7%	
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Sex	Female	1 hour or less per day	62%	57%	
		2 to 4 hours per day	32%	37%	SU/SD statistically lower
		5 or more hours per day	6%	6%	
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	Male	1 hour or less per day	53%	58%	SU/SD statistically lower
		2 to 4 hours per day	40%	35%	SU/SD statistically higher
		5 or more hours per day	8%	7%	
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Total	1 hour or less per day		57%	58%	
	2 to 4 hours per day		36%	36%	
	5 or more hours per day		7%	6%	

5 Nutrition and Physical Activity

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			North Country	Vermont	Notes
Grade	6th	1 hour or less per day	.	55%	Too few students
		2 to 4 hours per day	.	33%	Too few students
		5 or more hours per day	.	12%	Too few students

	7th	1 hour or less per day	48%	46%	
		2 to 4 hours per day	40%	40%	
		5 or more hours per day	12%	14%	

	8th	1 hour or less per day	41%	40%	
		2 to 4 hours per day	42%	41%	
		5 or more hours per day	17%	19%	

Sex	Female	1 hour or less per day	51%	48%	
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	15%	15%	

	Male	1 hour or less per day	41%	44%	
		2 to 4 hours per day	45%	41%	
		5 or more hours per day	14%	15%	

Total		1 hour or less per day	46%	46%	
		2 to 4 hours per day	40%	39%	
		5 or more hours per day	14%	15%	

5 Nutrition and Physical Activity

5.07 Number of days in the average week students went online for something not school-related

			North Country	Vermont	Notes
Grade	6th	Never	.	22%	Too few students
		1 to 5 days	.	45%	Too few students
		At least six days	.	33%	Too few students
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	7th	Never	29%	16%	SU/SD statistically higher
		1 to 5 days	36%	41%	
		At least six days	34%	42%	SU/SD statistically lower
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	8th	Never	16%	11%	SU/SD statistically higher
		1 to 5 days	41%	34%	SU/SD statistically higher
		At least six days	43%	55%	SU/SD statistically lower
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Sex	Female	Never	21%	13%	SU/SD statistically higher
		1 to 5 days	42%	41%	
		At least six days	37%	46%	SU/SD statistically lower
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	Male	Never	28%	18%	SU/SD statistically higher
		1 to 5 days	37%	38%	
		At least six days	36%	44%	SU/SD statistically lower
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Total	Never		25%	15%	SU/SD statistically higher
	1 to 5 days		39%	39%	
	At least six days		36%	45%	SU/SD statistically lower

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		North Country	Vermont	Notes
Grade	6th	.	81%	Too few students
	7th	78%	80%	
	8th	74%	78%	
Sex	Female	78%	80%	SU/SD statistically lower
	Male	75%	79%	
Total		76%	79%	SU/SD statistically lower

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		North Country	Vermont	Notes
Grade	6th	.	60%	Too few students
	7th	56%	56%	
	8th	47%	51%	
Sex	Female	50%	50%	SU/SD statistically lower
	Male	54%	59%	
Total		52%	55%	

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		North Country	Vermont	Notes
Grade	6th	.	69%	Too few students
	7th	63%	62%	
	8th	54%	59%	SU/SD statistically lower
Sex	Female	64%	62%	SU/SD statistically lower
	Male	53%	64%	
Total		59%	63%	SU/SD statistically lower

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		North Country	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	47%	44%	
	8th	35%	39%	
Sex	Female	43%	42%	SU/SD statistically lower
	Male	37%	43%	
Total		40%	43%	