

Substance Misuse Prevention Oversight and Advisory Council January Meeting Minutes

Mtg. Facilitator: Nicole Rau Mitiguy
Mtg. Recorder: Nicole Rau Mitiguy
Mtg. Time Keeper: Nicole Rau Mitiguy
Where: Microsoft Teams meeting
Date: 1/25/2021
Start Time: 1:00 pm
End Time: 3:00 pm

Council Attendees

Mark those present with an "X"

Name		Organization and Role		Name		Organization and Role	
X	Kelly Dougherty	Health Department, Co-Chair			Skylar Dryden	Youth Representative	
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair		X	Peter Espenshade	Recovery Vermont	
X	Daniel French	Agency of Education, Executive Committee Member		X	Courtney Farrell	Lund	
X	Chris Herrick	Dept. of Public Safety, Executive Committee Member		X	Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center	
	David Allaire	City of Rutland		X	Cindy Hayford	Deerfield Valley Community Partnership	
X	Amy Brewer	Northwestern Medical Center			Roger Marcoux	Lamoille County Sherriff Department	
X	Rebecca Brookes	Upstream Social Marketing		X	Maryann Morris	The Collaborative	
	Moses Delane	Youth Representative		X	Jonathon Ophardt	Assistant U.S. Attorney	
X	Kimberley Diamond	Big Brother Big Sister			Eileen Peltier	Downstreet Housing	
X	John Searles, Ph.D.	Retired, Dept. of Health		X	Daisy Berbeco	Vermont Department of Mental Health	
X	Stephen Von Sitas	Regional Treatment Court		X	Janet Potter	Student Assistant Professional Hartford School District	
	Skyler Genest	Dept. of Liquor and Lottery		X	Erica Gibson	University of Vermont Medical Center	

Non-Council Attendees

Name		Organization		Name		Organization	
X	Amy Livingston	Pacific Institute for Research and Evaluation		X	Cindy Seivwright	Health Department	
X	Cheryl Chandler	Northeastern Vermont Regional Hospital		X	Rhonda Williams	Health Department	
X	Raquel Arnheim	United Way of Northwestern Vermont		X	Nicole Rau Mitiguy	Health Department	
X	Lori Tatsapaugh Uerz	Health Department					

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:10	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Welcome, Introductions, and December minute review	<ul style="list-style-type: none"> Welcome to our newest member Janet Potter! Auburn Watersong has taken a new position; her role is an appointed position within the Agency of Human Services and is called out in legislation. We will wait to hear who takes that role and will welcome them to the SMPC at that point. Eileen Peltier will also be taking a new role and will be leaving the SMPC in March. SMPC 2021 Annual Report was submitted and can be found on the SMPC SharePoint site and here: https://legislature.vermont.gov/assets/Legislative-Reports/SMPC-Annual-Report-2021.Final.12.28.2020.pdf December minutes are approved as written.
2	1:15-1:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	After School Task Force Update	<ul style="list-style-type: none"> This was known to the SMPC as S. 335. The bill did not move forward, but the language was included the budget bill. The Task Force has been meeting for the last few months to discuss different proposals to ensure universal access to after school programming for school aged Vermonters. Within the bill language, the SMPC was noted as a group to be consulted with during this process. The SMPC has been requested to present during their February 10th meeting. Kelly Dougherty and Melanie Sheehan will be presenting on behalf of the Council, and Lori Tatsapaugh Uerz will also be presenting as a subject matter expert for the SMPC on prevention. These meetings are open to the public, and the information for the meeting will be shared with Council members once they are publicly available for those who would like to listen in. Many of the conversations have been focused on supporting and reengaging with students during the COVID-19 recovery phase. Nicole Rau Mitiguy has been in contact with the Agency of Human Services representative on the Task Force, to ensure the SMPC recommendations, work, and prevention inventory have been included in their conversations as well.
3	1:30-2:15	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Subcommittees and Workplans	<ul style="list-style-type: none"> The SMPC discussed having Equity and Health Disparity as both a subcommittee and a cross-cutting issue. After discussion, it was decided by the SMPC to keep it as both a subcommittee and cross-cutting issue as the importance of that work should be elevated as a subcommittee and ensuring it is

				<ul style="list-style-type: none"> • Identified the need to ensure that as subcommittees are engaging in their work, to ensure it is connected to other subcommittees with clear communication and collaboration. Nicole Rau Mitiguy can support this work as she will be supporting each subcommittee as they need in their work. • It was agreed by the SMPC that we will begin with these four subcommittees and three cross-cutting issues and reassess if needed: <ul style="list-style-type: none"> • Subcommittees: <ul style="list-style-type: none"> ▪ Prevention Practices <ul style="list-style-type: none"> • The SMPC includes recovery as part of the prevention practices scope as it was agreed that recovery supports prevention of reuse of substances. ▪ Policy ▪ Prevention Communications Campaign ▪ Equity and Health Disparities <ul style="list-style-type: none"> • It was noted that this subcommittee could act as a consulting subcommittee for other subcommittees to ensure the cross-cutting issue of equity and health disparity is well informed. This work will be fluid and can be fully identified as the work begins. • Cross-cutting issues: <ul style="list-style-type: none"> ▪ Equity ▪ Evaluation ▪ Funding • The SMPC felt that these subcommittees was both reflective of the SMPC goals and work as identified in Act 82 and individuals feel that the sector they represent on this Council is reflected in at least one of the subcommittee identified above. • The work of the subcommittees will fall into four phases: <ul style="list-style-type: none"> • Review information • Develop recommendations • Submit report to the Department of Health with initial recommendations • Submit legislative report • The Executive Committee will provide guidance for the subcommittees on expectations for each subcommittee.
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4	2:15-2:30	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	National Survey on Drug Use and Health Data	<ul style="list-style-type: none"> • John Searles presented on the latest data from the National Survey on Drug Use and Health (NSDUH) which is considered the “gold standard” data for this field. <ul style="list-style-type: none"> ○ Representative sample from all 50 states and Washington DC from 12 ages and older • If there are stars (*) next to the data, it means it is significantly higher than the national average • 12-17 year olds have the highest prevalence of past 30 day marijuana use in the Nation • Binge drinking means 4 or more standard drinks in one setting for females and 5 or more standard drinks in one setting for males. • Clarification that Youth Risk Behavior Survey (YRBS) is administered by the Department of Health. The reason the YRBS is so great in Vermont is because almost every student takes it. This is different than NSDUH which is a representative sample. Typically this happens in person, but for individuals under 18, they are usually interviewed over a computer with headphones so parents/guardians do not know what questions they are responding to during the survey. <ul style="list-style-type: none"> ○ Clarification that the YRBS will be happening in the fall this year; typically the YRBS it is conducted within the spring. ○ District level analysis of YRBS is delayed as the analysts are all deployed to the Health Department’s COVID-19 response. • NSDUH survey is conducting the entire calendar year. • There was an increase in the tax revenue in 2020 for alcohol and tobacco which could indicate an increase of use.

				<ul style="list-style-type: none"> • Another helpful resource for data in Vermont is the Young Adult Survey which is conducted by the Pacific Institute for Research and Evaluation • Public Comment: <ul style="list-style-type: none"> ○ Raquel Arnheim ○ Rhonda Williams ○ Lori Tatsapaugh Uerz
5	2:30-2:50	<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	Division of Alcohol and Drug Abuse Programs Updates	<ul style="list-style-type: none"> • Cynthia Seivwright provided the following updates from the Division of Alcohol and Drug Abuse Programs (ADAP): • ADAP is in the process of changing our name. An email will be sent out following this meeting to provide feedback on the name of ADAP. ADAP is looking to eliminate the word “abuse” in the name as it is stigmatizing; this is an effort happening nationwide. • ADAP is looking to rebrand to be reflective of the changes made in the last five years and have a focus on health. • Because ADAP’s name is in legislation, there needs to approval and to go through the legislative process. It is a goal for this to occur this year but given the legislative timeline it may be moved to the next session. • This would include changes in ADAP positions and documents. • ADAP has begun looking at other states and their titles for this work in state government. • ADAP has a federal Block Grant through the Substance Abuse Mental Health Services Administration which funds work from prevention through recovery. • There will be one-time supplemental funds to the Block Grant related to COVID-19 response. There will still be a 20% set-aside be maintained for prevention. • If SMPC members have ideas for this additional funding after reviewing the referenced reports (noted in the presentation and on the SMPC SharePoint site), please email Nicole Rau Mitiguy at nicole.rau@vermont.gov • Potential recommendation is using the funding to do social norming messaging (an example is a the 8 out of 10 social norming campaign for tobacco) and to expand current prevention messaging from ADAP. <ul style="list-style-type: none"> ○ NSDUH data showed us that there could be a cultural normal of alcohol and other drug use, so this could be money well spent. • Big Brothers Big Sisters would love to also partner on a mentoring program focused on substance use prevention if allowable under this funding. • Potential to expand adolescent treatment services throughout the state. • Public Comment:

				○ Rhonda Williams
5	2:50-3:00	<input type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Adjourned	•

Action Item Log			
#	Action Item	Due Date	Staff Responsible
1	Check to confirm access to the SMPC SharePoint site	Ongoing	SMPC Members Nicole Rau Mitiguy (NRM)
2	Email the SMPC who were not on the meeting today to identify which subcommittee they would like to be a part of.	2/28	NRM
3	Send ADAP name change feedback form to SMPC for a one week turnaround	1/25	NRM
4	Send Block Grant materials for review and response back to Nicole Rau Mitiguy.	1/25	NRM SMPC Members
5	Review SMPC guidance document	3/31	NRM SMPC Members