

2015 Vermont Youth Risk Behavior Survey Report

Report for Windham Central SU

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Windham Central SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Windham Central who participated in the 2015 YRBS:

High School- Grades 9-12

Leland and Gray UHSD #34

Middle School- Grades 6-8

Leland and Gray UHSD #34

Marlboro Elementary School

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How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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2015 Vermont Youth Risk Behavior Survey Report

High School Report for Windham Central SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Windham Central
Number of High School Students in Windham Central SU

Windham Central SU Total

189

Sex	Total	%
Not indicated / Missing	2	1%
Female	93	49%
Male	94	49%

Grade	Total	%
Not indicated / Ungraded	1	0%
9th grade	52	27%
10th grade	49	25%
11th grade	47	24%
12th grade	40	21%

Race / Ethnicity	Total	%
Not indicated /Missing	7	3%
Ethnic or racial minority	24	12%
White non-Hispanic	158	83%

Mother's Level of Education	Total	%
Not indicated / Missing	2	1%
High school or less	61	32%
Some college	35	18%
College graduate	54	28%
Graduate or professional degree after college	16	8%
Not sure	21	11%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windham Central SU.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Windham Central	Vermont	Notes
Grade	9th	21%	22%	
	10th	.	20%	Too few students
	11th	.	17%	Too few students
	12th	.	14%	Too few students
Sex	Female	16%	12%	
	Male	26%	24%	
Total		21%	18%	

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	11%	10%	
	10th	.	8%	Too few students
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	7%	4%	SU/SD statistically higher
	Male	12%	10%	
Total		9%	7%	SU/SD statistically higher

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	9%	6%	
	10th	.	6%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	6%	4%	SU/SD statistically higher
	Male	.	6%	Too few students
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	7%	Too few students
	11th	.	9%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	4%	Too few students
	Male	13%	11%	
Total		7%	8%	

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	5%	7%	
	Male	6%	4%	
Total		5%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	28%	23%	
	10th	.	18%	Too few students
	11th	.	16%	Too few students
	12th	.	14%	Too few students
Sex	Female	20%	23%	
	Male	13%	12%	
Total		17%	18%	

1.07 Percent of students who reported being electronically bullied, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	21%	20%	
	10th	.	17%	Too few students
	11th	.	16%	Too few students
	12th	.	13%	Too few students
Sex	Female	20%	23%	
	Male	11%	10%	
Total		15%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	15%	13%	
	10th	.	11%	Too few students
	11th	.	11%	Too few students
	12th	.	10%	Too few students
Sex	Female	11%	11%	
	Male	8%	12%	SU/SD statistically lower
Total		9%	11%	

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	13%	20%	SU/SD statistically lower
	10th	.	19%	Too few students
	11th	.	17%	Too few students
	12th	.	14%	Too few students
Sex	Female	20%	26%	SU/SD statistically lower
	Male	11%	9%	
Total		16%	17%	

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	17%	24%	SU/SD statistically lower
	10th	.	26%	Too few students
	11th	.	24%	Too few students
	12th	.	24%	Too few students
Sex	Female	22%	34%	SU/SD statistically lower
	Male	17%	15%	
Total		20%	24%	SU/SD statistically lower

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Windham Central	Vermont	Notes
Grade	9th	.	13%	Too few students
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	10%	Too few students
Sex	Female	11%	16%	SU/SD statistically lower
	Male	12%	8%	SU/SD statistically higher
Total		12%	12%	

1.12 Percent of students who attempted suicide, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	9%	8%	
	Male	.	4%	Too few students
Total		6%	6%	

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		.	2%	Too few students

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Windham Central	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	9%	Too few students
	11th	.	9%	Too few students
	12th	.	9%	Too few students
Sex	Female	12%	11%	
	Male	.	7%	Too few students
Total		8%	9%	

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	8%	Too few students
Sex	Female	7%	10%	SU/SD statistically lower
	Male	.	3%	Too few students
Total		3%	7%	SU/SD statistically lower

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	23%	19%	
	10th	.	20%	Too few students
	11th	.	20%	Too few students
	12th	.	19%	Too few students
Sex	Female	24%	20%	SU/SD statistically higher
	Male	27%	19%	SU/SD statistically higher
Total		26%	20%	SU/SD statistically higher

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	21%	13%	SU/SD statistically higher
	10th	.	20%	Too few students
	11th	.	26%	Too few students
	12th	.	29%	Too few students
Sex	Female	28%	22%	SU/SD statistically higher
	Male	29%	22%	SU/SD statistically higher
Total		28%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	8%	Too few students
	12th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	11%	9%	
Total		9%	7%	

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	18%	Too few students
	12th	.	20%	Too few students
Sex	Female	13%	12%	
	Male	19%	18%	
Total		16%	15%	

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	15%	Too few students
	11th	.	40%	Too few students
	12th	.	50%	Too few students
Sex	Female	25%	33%	SU/SD statistically lower
	Male	16%	33%	SU/SD statistically lower
Total		20%	33%	SU/SD statistically lower

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Windham Central	Vermont	Notes
Grade	9th	.	48%	Too few students
	10th	.	54%	Too few students
	11th	.	55%	Too few students
	12th	.	56%	Too few students
Sex	Female	63%	49%	SU/SD statistically higher
	Male	59%	56%	
Total		61%	53%	SU/SD statistically higher

1.22 The percent of students who have had a sunburn in the past 12 months

		Windham Central	Vermont	Notes
Grade	9th	53%	63%	SU/SD statistically lower
	10th	.	65%	Too few students
	11th	.	65%	Too few students
	12th	.	67%	Too few students
Sex	Female	72%	72%	
	Male	70%	59%	SU/SD statistically higher
Total		71%	65%	SU/SD statistically higher

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Windham Central	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	3%	Too few students
	11th	.	4%	Too few students
	12th	.	6%	Too few students
Sex	Female	6%	5%	
	Male	.	3%	Too few students
Total		4%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Windham Central	Vermont	Notes
Grade	9th	50%	37%	SU/SD statistically higher
	10th	.	51%	Too few students
	11th	.	63%	Too few students
	12th	.	71%	Too few students
Sex	Female	66%	57%	SU/SD statistically higher
	Male	63%	54%	SU/SD statistically higher
Total		65%	56%	SU/SD statistically higher

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Windham Central	Vermont	Notes
Grade	9th	15%	14%	
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	10%	Too few students
Sex	Female	17%	10%	SU/SD statistically higher
	Male	19%	14%	SU/SD statistically higher
Total		19%	12%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	.	17%	Too few students
	10th	.	26%	Too few students
	11th	.	34%	Too few students
	12th	.	42%	Too few students
Sex	Female	30%	30%	
	Male	27%	29%	
Total		28%	30%	

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	13%	Too few students
	11th	.	19%	Too few students
	12th	.	24%	Too few students
Sex	Female	9%	15%	SU/SD statistically lower
	Male	9%	17%	SU/SD statistically lower
Total		9%	16%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Windham Central	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students

	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students

	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students

Sex	Female	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	36%	Too few students
		10+ days	.	9%	Too few students

	Male	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	38%	Too few students
		10+ days	.	15%	Too few students

Total	1 to 2 days		60%	51%	SU/SD statistically higher
	3 to 9 days		30%	37%	
	10+ days		10%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Windham Central	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students

	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students

	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students

Sex	Female	1 to 2 drinks	.	40%	Too few students
		3 to 4 drinks	.	23%	Too few students
		5 or more drinks	.	38%	Too few students

	Male	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	16%	Too few students
		5 or more drinks	.	52%	Too few students

Total		1 to 2 drinks	.	36%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	45%	Too few students

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

		Windham Central	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students

	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students

	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students

Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	46%	Too few students
		Took it / some other way	.	28%	Too few students

	Male	Bought it	.	7%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	35%	Too few students
		Took it / some other way	.	34%	Too few students

Total		Bought it	.	5%	Too few students
		Gave someone money	13%	24%	SU/SD statistically lower
		Someone gave it to me	33%	40%	SU/SD statistically lower
		Took it / some other way	48%	31%	SU/SD statistically higher

2 Alcohol, Tobacco and other Drug Use

2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Windham Central	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students

	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students

	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students

Sex	Female	At my home	.	34%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	8%	Too few students

	Male	At my home	.	34%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	13%	Too few students

Total	At my home		36%	34%	
	At another person's home		47%	55%	SU/SD statistically lower
	At a public place or event		17%	10%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Windham Central	Vermont	Notes
Grade	9th	21%	14%	SU/SD statistically higher
	10th	.	18%	Too few students
	11th	.	24%	Too few students
	12th	.	28%	Too few students
Sex	Female	23%	19%	
	Male	24%	23%	
Total		23%	21%	

2.10 Percent of students who smoked a whole cigarette before age 13

		Windham Central	Vermont	Notes
Grade	9th	11%	6%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	.	6%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	11%	7%	SU/SD statistically higher
Total		8%	6%	

2.11 Percent of students who smoked cigarettes, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	10%	7%	
	10th	.	9%	Too few students
	11th	.	12%	Too few students
	12th	.	14%	Too few students
Sex	Female	12%	10%	
	Male	10%	12%	
Total		11%	11%	

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Windham Central	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students

Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked**

			Windham Central	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Windham Central	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Windham Central	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Windham Central	Vermont	Notes
Grade	9th	29%	18%	SU/SD statistically higher
	10th	.	28%	Too few students
	11th	.	35%	Too few students
	12th	.	39%	Too few students
Sex	Female	18%	27%	SU/SD statistically lower
	Male	43%	33%	SU/SD statistically higher
Total		30%	30%	

2.17 Percent of students who have used electronic vapor products, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	18%	10%	SU/SD statistically higher
	10th	.	14%	Too few students
	11th	.	17%	Too few students
	12th	.	19%	Too few students
Sex	Female	6%	13%	SU/SD statistically lower
	Male	21%	18%	
Total		14%	15%	

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Windham Central	Vermont	Notes
Grade	9th	22%	15%	SU/SD statistically higher
	10th	.	21%	Too few students
	11th	.	29%	Too few students
	12th	.	32%	Too few students
Sex	Female	26%	20%	SU/SD statistically higher
	Male	31%	28%	
Total		28%	24%	SU/SD statistically higher

2.19 Percent of students who tried a flavored tobacco product before age 13

		Windham Central	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	5%	Too few students
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	12%	7%	SU/SD statistically higher
Total		8%	6%	SU/SD statistically higher

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	8%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	3%	Too few students
	Male	8%	11%	
Total		5%	7%	SU/SD statistically lower

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	8%	Too few students
	11th	.	12%	Too few students
	12th	.	16%	Too few students
Sex	Female	.	6%	Too few students
	Male	5%	14%	SU/SD statistically lower
Total		5%	10%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Windham Central	Vermont	Notes
Grade	9th	.	11%	Too few students
	10th	.	15%	Too few students
	11th	.	21%	Too few students
	12th	.	25%	Too few students
Sex	Female	14%	13%	
	Male	18%	23%	SU/SD statistically lower
Total		16%	18%	

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	16%	Too few students
	10th	.	22%	Too few students
	11th	.	28%	Too few students
	12th	.	32%	Too few students
Sex	Female	19%	20%	
	Male	28%	29%	
Total		23%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Windham Central	Vermont	Notes
Grade	9th	39%	22%	SU/SD statistically higher
	10th	.	32%	Too few students
	11th	.	44%	Too few students
	12th	.	49%	Too few students
Sex	Female	39%	36%	
	Male	39%	38%	
Total		39%	37%	

2.25 Percent of students who used marijuana before age 13

		Windham Central	Vermont	Notes
Grade	9th	9%	6%	
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	6%	Too few students
Sex	Female	7%	5%	
	Male	13%	8%	SU/SD statistically higher
Total		10%	6%	SU/SD statistically higher

2.26 Percent of students who used marijuana, past 30 days

		Windham Central	Vermont	Notes
Grade	9th	29%	13%	SU/SD statistically higher
	10th	.	20%	Too few students
	11th	.	27%	Too few students
	12th	.	29%	Too few students
Sex	Female	23%	21%	
	Male	25%	24%	
Total		24%	22%	

*2 Alcohol, Tobacco and other Drug Use***2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month**

			Windham Central	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students

	Male	1 to 2 times	.	26%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	52%	Too few students

Total		1 to 2 times	.	31%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	45%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Windham Central	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	13%	Too few students
	12th	.	14%	Too few students
Sex	Female	10%	11%	
	Male	12%	12%	
Total		11%	11%	

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Windham Central	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	4%	Too few students
	Male	6%	5%	
Total		5%	5%	

2.30 Percent of students who ever used cocaine

		Windham Central	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	7%	Too few students
Sex	Female	.	4%	Too few students
	Male	8%	6%	
Total		7%	5%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Windham Central	Vermont	Notes
Grade	9th	13%	7%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	5%	Too few students
Sex	Female	9%	6%	
	Male	15%	7%	SU/SD statistically higher
Total		12%	7%	SU/SD statistically higher

2.32 Percent of students who ever used methamphetamines

		Windham Central	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	3%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	

2.33 Percent of students who ever used heroin

		Windham Central	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		3%	2%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	48%	34%	SU/SD statistically higher
	10th	.	36%	Too few students
	11th	.	39%	Too few students
	12th	.	38%	Too few students
Sex	Female	39%	37%	
	Male	43%	37%	SU/SD statistically higher
Total		42%	37%	SU/SD statistically higher

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	25%	25%	
	10th	.	27%	Too few students
	11th	.	28%	Too few students
	12th	.	28%	Too few students
Sex	Female	33%	28%	SU/SD statistically higher
	Male	27%	27%	
Total		30%	27%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Windham Central	Vermont	Notes
Grade	9th	Never or rarely	20%	19%	
		Sometimes	28%	27%	
		At least most of the time	53%	54%	

	10th	Never or rarely	.	19%	Too few students
		Sometimes	.	27%	Too few students
		At least most of the time	.	53%	Too few students

	11th	Never or rarely	.	21%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	52%	Too few students

	12th	Never or rarely	.	22%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	50%	Too few students

Sex	Female	Never or rarely	24%	19%	SU/SD statistically higher
		Sometimes	33%	28%	SU/SD statistically higher
		At least most of the time	43%	53%	SU/SD statistically lower

	Male	Never or rarely	25%	22%	
		Sometimes	28%	26%	
		At least most of the time	47%	51%	

Total		Never or rarely	25%	21%	SU/SD statistically higher
		Sometimes	30%	27%	
		At least most of the time	45%	52%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Windham Central	Vermont	Notes
15 or less students	13%	19%	SU/SD statistically lower
16 to 25 students	30%	29%	
26 to 45 students	23%	24%	
46 to 55 students	14%	14%	
56 to 75 students	10%	8%	
76 or more students	11%	7%	SU/SD statistically higher

3.05 Out of 100 high school students, the number thought to use marijuana

	Windham Central	Vermont	Notes
15 or less students	6%	8%	SU/SD statistically lower
16 to 25 students	11%	13%	
26 to 45 students	21%	21%	
46 to 55 students	24%	21%	SU/SD statistically higher
56 to 75 students	21%	20%	
76 or more students	17%	16%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Windham Central	Vermont	Notes
Grade	9th	86%	94%	SU/SD statistically lower
	10th	.	93%	Too few students
	11th	.	92%	Too few students
	12th	.	87%	Too few students
Sex	Female	89%	93%	SU/SD statistically lower
	Male	84%	90%	SU/SD statistically lower
Total		86%	91%	SU/SD statistically lower

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Windham Central	Vermont	Notes
Grade	9th	86%	84%	
	10th	.	78%	Too few students
	11th	.	70%	Too few students
	12th	.	57%	Too few students
Sex	Female	75%	74%	
	Male	62%	70%	SU/SD statistically lower
Total		68%	72%	SU/SD statistically lower

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Windham Central	Vermont	Notes
Grade	9th	78%	87%	SU/SD statistically lower
	10th	.	82%	Too few students
	11th	.	78%	Too few students
	12th	.	74%	Too few students
Sex	Female	76%	82%	SU/SD statistically lower
	Male	74%	79%	SU/SD statistically lower
Total		75%	80%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Windham Central	Vermont	Notes
Grade	9th	84%	87%	
	10th	.	84%	Too few students
	11th	.	77%	Too few students
	12th	.	67%	Too few students
Sex	Female	80%	80%	
	Male	71%	77%	SU/SD statistically lower
Total		76%	78%	

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Windham Central	Vermont	Notes
Grade	9th	66%	70%	
	10th	.	58%	Too few students
	11th	.	47%	Too few students
	12th	.	38%	Too few students
Sex	Female	50%	54%	
	Male	46%	53%	SU/SD statistically lower
Total		49%	53%	SU/SD statistically lower

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Windham Central	Vermont	Notes
Grade	9th	54%	70%	SU/SD statistically lower
	10th	.	59%	Too few students
	11th	.	51%	Too few students
	12th	.	44%	Too few students
Sex	Female	50%	57%	SU/SD statistically lower
	Male	55%	55%	
Total		53%	56%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Windham Central	Vermont	Notes
Grade	9th	50%	62%	SU/SD statistically lower
	10th	.	66%	Too few students
	11th	.	66%	Too few students
	12th	.	66%	Too few students
Sex	Female	63%	67%	
	Male	53%	63%	SU/SD statistically lower
Total		58%	65%	SU/SD statistically lower

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Windham Central	Vermont	Notes
Grade	9th	26%	42%	SU/SD statistically lower
	10th	.	40%	Too few students
	11th	.	36%	Too few students
	12th	.	35%	Too few students
Sex	Female	35%	43%	SU/SD statistically lower
	Male	25%	33%	SU/SD statistically lower
Total		31%	38%	SU/SD statistically lower

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Windham Central	Vermont	Notes
Grade	9th	30%	35%	
	10th	.	29%	Too few students
	11th	.	22%	Too few students
	12th	.	21%	Too few students
Sex	Female	25%	30%	
	Male	25%	24%	
Total		25%	27%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.15 Percent of students who think it would be easy to get cigarettes

		Windham Central	Vermont	Notes
Grade	9th	57%	44%	SU/SD statistically higher
	10th	.	55%	Too few students
	11th	.	64%	Too few students
	12th	.	80%	Too few students
Sex	Female	70%	57%	SU/SD statistically higher
	Male	70%	64%	SU/SD statistically higher
Total		70%	61%	SU/SD statistically higher

3.16 Percent of students who think it would be easy to get alcohol

		Windham Central	Vermont	Notes
Grade	9th	70%	60%	SU/SD statistically higher
	10th	.	68%	Too few students
	11th	.	74%	Too few students
	12th	.	75%	Too few students
Sex	Female	74%	71%	
	Male	71%	68%	
Total		72%	69%	

3.17 Percent of students who think it would be easy to get marijuana

		Windham Central	Vermont	Notes
Grade	9th	.	46%	Too few students
	10th	.	60%	Too few students
	11th	.	69%	Too few students
	12th	.	74%	Too few students
Sex	Female	64%	60%	
	Male	68%	65%	
Total		66%	62%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	.	44%	Too few students
	10th	.	50%	Too few students
	11th	.	57%	Too few students
	12th	.	60%	Too few students
Sex	Female	63%	56%	SU/SD statistically higher
	Male	54%	50%	
Total		58%	53%	SU/SD statistically higher

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Windham Central	Vermont	Notes
Grade	9th	38%	36%	
	10th	.	30%	Too few students
	11th	.	27%	Too few students
	12th	.	24%	Too few students
Sex	Female	29%	29%	
	Male	26%	29%	
Total		27%	29%	

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Windham Central	Vermont	Notes
Grade	9th	22%	15%	SU/SD statistically higher
	10th	.	19%	Too few students
	11th	.	20%	Too few students
	12th	.	18%	Too few students
Sex	Female	16%	15%	
	Male	27%	21%	SU/SD statistically higher
Total		21%	18%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

		Windham Central	Vermont	Notes	
Grade	9th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	5%	Too few students

	10th	Heterosexual (straight)	.	89%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

	11th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

Sex	Female	Heterosexual (straight)	86%	84%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	8%	10%	
		Not sure	.	5%	Too few students

	Male	Heterosexual (straight)	94%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	.	4%	Too few students

Total		Heterosexual (straight)	90%	88%	
		Gay or lesbian	3%	2%	
		Bisexual	5%	6%	
		Not sure	3%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Windham Central	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	33%	Too few students
	11th	.	49%	Too few students
	12th	.	62%	Too few students
Sex	Female	51%	40%	SU/SD statistically higher
	Male	38%	41%	
Total		45%	41%	SU/SD statistically higher

4.03 Percent of students who have ever had oral sex

		Windham Central	Vermont	Notes
Grade	9th	.	21%	Too few students
	10th	.	37%	Too few students
	11th	.	50%	Too few students
	12th	.	60%	Too few students
Sex	Female	42%	41%	
	Male	41%	42%	
Total		41%	42%	

4.04 Percent of students who had sexual intercourse before age 13

		Windham Central	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	4%	Too few students
Total		4%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Windham Central	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	6%	Too few students
	11th	.	11%	Too few students
	12th	.	19%	Too few students
Sex	Female	6%	9%	SU/SD statistically lower
	Male	9%	10%	
Total		7%	10%	SU/SD statistically lower

4.06 Percent of students who have ever been tested for HIV

		Windham Central	Vermont	Notes
Grade	9th	10%	7%	
	10th	.	8%	Too few students
	11th	.	12%	Too few students
	12th	.	14%	Too few students
Sex	Female	16%	11%	SU/SD statistically higher
	Male	7%	9%	
Total		11%	10%	

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Windham Central	Vermont	Notes
Grade	9th	.	12%	Too few students
	10th	.	24%	Too few students
	11th	.	38%	Too few students
	12th	.	49%	Too few students
Sex	Female	40%	33%	SU/SD statistically higher
	Male	26%	30%	
Total		33%	31%	

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Windham Central	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	.	22%	Too few students
Total		19%	19%	

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Windham Central	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	62%	Too few students
Total		54%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Windham Central	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	38%	Too few students
Total		55%	47%	SU/SD statistically higher

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Windham Central	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	.	88%	Too few students
	Male	.	86%	Too few students
Total		87%	87%	

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Windham Central	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

			Windham Central	Vermont	Notes
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	.	39%	Too few students
		Condoms	.	31%	Too few students
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students

	Male	No method was used	.	7%	Too few students
		Birth control pills	.	30%	Too few students
		Condoms	.	45%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students

Total	No method was used		10%	7%	
	Birth control pills		43%	35%	SU/SD statistically higher
	Condoms		32%	38%	
	IUD or implant		.	6%	Too few students
	Shot/patch/birth control ring		10%	6%	SU/SD statistically higher
	Withdrawal/other method		.	6%	Too few students
	Not sure		.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

4 Sexual Behavior and Orientation

4.13 Sexual identity of sexual contacts

			Windham Central	Vermont	Notes
Sex	Female	Have not had sex	39%	45%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	52%	46%	SU/SD statistically higher
		Both sexes	8%	7%	

	Male	Have not had sex	46%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	50%	53%	
		Both sexes	.	2%	Too few students

Total	Have not had sex		43%	44%	
	Same sex		.	1%	Too few students
	Opposite sex		51%	50%	
	Both sexes		6%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Windham Central	Vermont	Notes
Grade	9th	.	15%	Too few students
	10th	.	14%	Too few students
	11th	.	14%	Too few students
	12th	.	13%	Too few students
Sex	Female	11%	14%	
	Male	8%	14%	SU/SD statistically lower
Total		9%	14%	SU/SD statistically lower

5.02 The percent of students who are obese (=>95th BMI percentile)

		Windham Central	Vermont	Notes
Grade	9th	.	12%	Too few students
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	12%	Too few students
Sex	Female	14%	9%	SU/SD statistically higher
	Male	13%	16%	
Total		13%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Windham Central	Vermont	Notes
Grade	9th	Underweight	16%	15%	
		About the right weight	56%	56%	
		Overweight	28%	29%	

	10th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	32%	Too few students

	11th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	31%	Too few students

	12th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	32%	Too few students

Sex	Female	Underweight	10%	10%	
		About the right weight	51%	54%	
		Overweight	39%	36%	

	Male	Underweight	21%	17%	
		About the right weight	55%	57%	
		Overweight	24%	26%	

Total		Underweight	15%	14%	
		About the right weight	53%	55%	
		Overweight	31%	31%	

5 Body Image

5.04 Students who are trying to do something about their weight

			Windham Central	Vermont	Notes
Grade	9th	Lose weight	37%	41%	
		Gain weight	14%	12%	
		Stay the same weight /do nothing	50%	47%	

	10th	Lose weight	.	43%	Too few students
		Gain weight	.	13%	Too few students
		Stay the same weight /do nothing	.	44%	Too few students

	11th	Lose weight	.	42%	Too few students
		Gain weight	.	14%	Too few students
		Stay the same weight /do nothing	.	44%	Too few students

	12th	Lose weight	.	42%	Too few students
		Gain weight	.	15%	Too few students
		Stay the same weight /do nothing	.	42%	Too few students

Sex	Female	Lose weight	52%	56%	
		Gain weight	.	4%	Too few students
		Stay the same weight /do nothing	45%	40%	

	Male	Lose weight	21%	28%	SU/SD statistically lower
		Gain weight	33%	23%	SU/SD statistically higher
		Stay the same weight /do nothing	47%	49%	

Total		Lose weight	36%	42%	SU/SD statistically lower
		Gain weight	18%	14%	SU/SD statistically higher
		Stay the same weight /do nothing	46%	44%	

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Windham Central	Vermont	Notes	
Grade	9th	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	33%	Too few students
		5+ hours	.	18%	Too few students

	10th	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	18%	Too few students

	11th	Less than 1 hour	.	15%	Too few students
		1 to 2 hours	.	38%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	16%	Too few students

	12th	Less than 1 hour	.	16%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	17%	Too few students

Sex	Female	Less than 1 hour	11%	15%	SU/SD statistically lower
		1 to 2 hours	28%	37%	SU/SD statistically lower
		3 to 4 hours	43%	32%	SU/SD statistically higher
		5+ hours	18%	16%	

	Male	Less than 1 hour	9%	14%	SU/SD statistically lower
		1 to 2 hours	30%	36%	SU/SD statistically lower
		3 to 4 hours	41%	32%	SU/SD statistically higher
		5+ hours	20%	18%	

Total		Less than 1 hour	10%	15%	SU/SD statistically lower
		1 to 2 hours	29%	36%	SU/SD statistically lower
		3 to 4 hours	41%	32%	SU/SD statistically higher
		5+ hours	20%	17%	

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Windham Central	Vermont	Notes
Grade	9th	0 days	13%	11%	
		1 to 2 days	20%	16%	
		3 to 6 days	53%	47%	
		Everyday	14%	25%	SU/SD statistically lower

	10th	0 days	.	13%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 6 days	.	47%	Too few students
		Everyday	.	24%	Too few students

	11th	0 days	.	15%	Too few students
		1 to 2 days	.	17%	Too few students
		3 to 6 days	.	45%	Too few students
		Everyday	.	22%	Too few students

	12th	0 days	.	17%	Too few students
		1 to 2 days	.	18%	Too few students
		3 to 6 days	.	44%	Too few students
		Everyday	.	21%	Too few students

Sex	Female	0 days	17%	17%	
		1 to 2 days	30%	20%	SU/SD statistically higher
		3 to 6 days	46%	48%	
		Everyday	7%	16%	SU/SD statistically lower

	Male	0 days	8%	12%	SU/SD statistically lower
		1 to 2 days	19%	14%	SU/SD statistically higher
		3 to 6 days	51%	44%	SU/SD statistically higher
		Everyday	22%	30%	SU/SD statistically lower

Total		0 days	13%	14%	
		1 to 2 days	24%	17%	SU/SD statistically higher
		3 to 6 days	48%	46%	
		Everyday	15%	23%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	16%	23%	SU/SD statistically lower
	10th	.	23%	Too few students
	11th	.	23%	Too few students
	12th	.	24%	Too few students
Sex	Female	20%	22%	
	Male	28%	25%	
Total		24%	24%	

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	26%	34%	SU/SD statistically lower
	10th	.	34%	Too few students
	11th	.	34%	Too few students
	12th	.	35%	Too few students
Sex	Female	26%	33%	SU/SD statistically lower
	Male	39%	35%	
Total		33%	34%	

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	22%	17%	
	10th	.	17%	Too few students
	11th	.	18%	Too few students
	12th	.	19%	Too few students
Sex	Female	13%	17%	SU/SD statistically lower
	Male	22%	19%	
Total		18%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	5%	3%	
	Male	.	5%	Too few students
Total		5%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		Windham Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	6%	Too few students
Total		3%	4%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Windham Central	Vermont	Notes
Grade	9th	Never	.	11%	Too few students
		1 to 3 days	38%	25%	SU/SD statistically higher
		4 to 6 days	20%	22%	
		Everyday	38%	42%	

	10th	Never	.	11%	Too few students
		1 to 3 days	.	24%	Too few students
		4 to 6 days	.	24%	Too few students
		Everyday	.	41%	Too few students

	11th	Never	.	10%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	24%	Too few students
		Everyday	.	40%	Too few students

	12th	Never	.	11%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	25%	Too few students
		Everyday	.	39%	Too few students

Sex	Female	Never	11%	11%	
		1 to 3 days	30%	27%	
		4 to 6 days	27%	24%	
		Everyday	32%	38%	SU/SD statistically lower

	Male	Never	8%	11%	
		1 to 3 days	26%	23%	
		4 to 6 days	22%	23%	
		Everyday	45%	43%	

Total		Never	9%	11%	
		1 to 3 days	28%	25%	
		4 to 6 days	24%	24%	
		Everyday	39%	40%	

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Windham Central	Vermont	Notes
Grade	9th	None	.	9%	Too few students
		1 to 3 glasses	71%	60%	SU/SD statistically higher
		4+ glasses	25%	32%	

	10th	None	.	8%	Too few students
		1 to 3 glasses	.	58%	Too few students
		4+ glasses	.	34%	Too few students

	11th	None	.	8%	Too few students
		1 to 3 glasses	.	60%	Too few students
		4+ glasses	.	32%	Too few students

	12th	None	.	9%	Too few students
		1 to 3 glasses	.	57%	Too few students
		4+ glasses	.	34%	Too few students

Sex	Female	None	.	8%	Too few students
		1 to 3 glasses	73%	62%	SU/SD statistically higher
		4+ glasses	23%	31%	SU/SD statistically lower

	Male	None	7%	9%	
		1 to 3 glasses	62%	56%	SU/SD statistically higher
		4+ glasses	31%	35%	

Total		None	6%	9%	SU/SD statistically lower
		1 to 3 glasses	68%	59%	SU/SD statistically higher
		4+ glasses	27%	33%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Windham Central	Vermont	Notes
Grade	9th	None	33%	32%	
		At least once during the past week	61%	54%	
		At least once per day	.	14%	Too few students

	10th	None	.	33%	Too few students
		At least once during the past week	.	53%	Too few students
		At least once per day	.	14%	Too few students

	11th	None	.	33%	Too few students
		At least once during the past week	.	51%	Too few students
		At least once per day	.	15%	Too few students

	12th	None	.	36%	Too few students
		At least once during the past week	.	49%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	41%	42%	
		At least once during the past week	54%	48%	SU/SD statistically higher
		At least once per day	5%	9%	SU/SD statistically lower

	Male	None	25%	25%	
		At least once during the past week	59%	55%	
		At least once per day	16%	20%	

Total		None	33%	33%	
		At least once during the past week	57%	52%	SU/SD statistically higher
		At least once per day	11%	15%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Windham Central	Vermont	Notes
Grade	9th	None	18%	25%	SU/SD statistically lower
		At least once during the past week	70%	61%	SU/SD statistically higher
		At least once per day	12%	14%	

	10th	None	.	25%	Too few students
		At least once during the past week	.	59%	Too few students
		At least once per day	.	15%	Too few students

	11th	None	.	26%	Too few students
		At least once during the past week	.	59%	Too few students
		At least once per day	.	16%	Too few students

	12th	None	.	29%	Too few students
		At least once during the past week	.	57%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	26%	30%	
		At least once during the past week	68%	59%	SU/SD statistically higher
		At least once per day	6%	11%	SU/SD statistically lower

	Male	None	13%	22%	SU/SD statistically lower
		At least once during the past week	62%	58%	
		At least once per day	26%	19%	SU/SD statistically higher

Total		None	19%	26%	SU/SD statistically lower
		At least once during the past week	65%	59%	SU/SD statistically higher
		At least once per day	17%	15%	

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Windham Central	Vermont	Notes
Grade	9th	Mostly As or Bs	72%	76%	
		Mostly Cs	14%	13%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	10%	7%	

	10th	Mostly As or Bs	.	77%	Too few students
		Mostly Cs	.	14%	Too few students
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	5%	Too few students

	11th	Mostly As or Bs	.	80%	Too few students
		Mostly Cs	.	13%	Too few students
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students

	12th	Mostly As or Bs	.	83%	Too few students
		Mostly Cs	.	11%	Too few students
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students

Sex	Female	Mostly As or Bs	85%	84%	
		Mostly Cs	6%	9%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	5%	4%	

	Male	Mostly As or Bs	65%	74%	SU/SD statistically lower
		Mostly Cs	20%	16%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	12%	6%	SU/SD statistically higher

Total		Mostly As or Bs	75%	79%	SU/SD statistically lower
		Mostly Cs	13%	13%	
		Mostly Ds or Fs	4%	3%	
		Other / Not sure	8%	5%	SU/SD statistically higher

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Windham Central	Vermont	Notes
Grade	9th	0 hours	29%	32%	
		1 to 4 hours	39%	30%	SU/SD statistically higher
		5 to 9 hours	18%	17%	
		10 or more hours	14%	21%	SU/SD statistically lower
10th	0 hours	.	32%	Too few students	
	1 to 4 hours	.	28%	Too few students	
	5 to 9 hours	.	16%	Too few students	
	10 or more hours	.	24%	Too few students	
11th	0 hours	.	32%	Too few students	
	1 to 4 hours	.	27%	Too few students	
	5 to 9 hours	.	16%	Too few students	
	10 or more hours	.	25%	Too few students	
12th	0 hours	.	32%	Too few students	
	1 to 4 hours	.	26%	Too few students	
	5 to 9 hours	.	16%	Too few students	
	10 or more hours	.	27%	Too few students	
Sex	Female	0 hours	31%	31%	
		1 to 4 hours	38%	29%	SU/SD statistically higher
		5 to 9 hours	11%	16%	SU/SD statistically lower
		10 or more hours	19%	24%	SU/SD statistically lower
Male	0 hours	32%	33%		
	1 to 4 hours	32%	27%	SU/SD statistically higher	
	5 to 9 hours	17%	16%		
	10 or more hours	19%	24%	SU/SD statistically lower	
Total	0 hours	31%	32%		
	1 to 4 hours	35%	28%	SU/SD statistically higher	
	5 to 9 hours	15%	16%		
	10 or more hours	19%	24%	SU/SD statistically lower	

7 Youth Assets

7.03 The percent of students who spoke with their parents at least weekly about school

		Windham Central	Vermont	Notes
Grade	9th	71%	78%	SU/SD statistically lower
	10th	.	77%	Too few students
	11th	.	77%	Too few students
	12th	.	75%	Too few students
Sex	Female	75%	77%	
	Male	77%	76%	
Total		76%	76%	

7.04 The percent of students who agree that in their community they feel like they matter to people

		Windham Central	Vermont	Notes
Grade	9th	44%	49%	
	10th	.	48%	Too few students
	11th	.	50%	Too few students
	12th	.	54%	Too few students
Sex	Female	49%	47%	
	Male	47%	54%	SU/SD statistically lower
Total		48%	50%	

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Windham Central	Vermont	Notes
Grade	9th	53%	59%	
	10th	.	57%	Too few students
	11th	.	64%	Too few students
	12th	.	69%	Too few students
Sex	Female	59%	60%	
	Male	50%	64%	SU/SD statistically lower
Total		54%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Windham Central	Vermont	Notes
Grade	9th	55%	50%	
	10th	.	46%	Too few students
	11th	.	46%	Too few students
	12th	.	49%	Too few students
Sex	Female	44%	48%	
	Male	38%	48%	SU/SD statistically lower
Total		41%	48%	SU/SD statistically lower

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Windham Central	Vermont	Notes
Grade	9th	76%	75%	
	10th	.	80%	Too few students
	11th	.	83%	Too few students
	12th	.	84%	Too few students
Sex	Female	80%	83%	
	Male	71%	78%	SU/SD statistically lower
Total		75%	80%	SU/SD statistically lower

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for Windham Central SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Windham Central
Number of Middle School Students in Windham Central SU

Windham Central SU Total

123

Sex	Total	%
Not indicated / Missing	1	0%
Female	57	46%
Male	65	52%

Grade	Total	%
Not indicated / Missing	2	1%
6th grade	1	0%
7th grade	55	44%
8th grade	65	52%

Age	Total	%
Not indicated / Missing	1	0%
11 years or younger	1	0%
12 years	23	18%
13 years	56	45%
14 years or older	42	34%

Race / Ethnicity	Total	%
Not indicated /Missing	4	3%
Ethnic or racial minority	17	13%
White non-Hispanic	102	82%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windham Central SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Windham Central	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	38%	41%	
	8th	46%	44%	
Sex	Female	25%	28%	
	Male	52%	57%	
Total		40%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	20%	25%	
	8th	22%	22%	
Sex	Female	42%	30%	SU/SD statistically higher
	Male	12%	18%	SU/SD statistically lower
Total		26%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Windham Central	Vermont	Notes
Grade	6th	.	21%	Too few students
	7th	23%	26%	
	8th	30%	28%	
Sex	Female	36%	36%	
	Male	14%	16%	
Total		25%	26%	

1.04 Percent of students who were ever bullied at school

		Windham Central	Vermont	Notes
Grade	6th	.	46%	Too few students
	7th	49%	48%	
	8th	51%	45%	
Sex	Female	66%	53%	SU/SD statistically higher
	Male	41%	40%	
Total		52%	46%	SU/SD statistically higher

1.05 Percent of students who bullied someone at least once, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	.	9%	
	8th	10%	11%	
Sex	Female	9%	10%	
	Male	8%	9%	
Total		8%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Windham Central	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	.	7%	Too few students
	8th	9%	7%	
Sex	Female	8%	9%	
	Male	.	6%	Too few students
Total		6%	7%	

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Windham Central	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	11%	19%	SU/SD statistically lower
	8th	32%	22%	SU/SD statistically higher
Sex	Female	39%	27%	SU/SD statistically higher
	Male	17%	13%	
Total		27%	20%	SU/SD statistically higher

1.08 Percent of students who ever seriously thought about suicide

		Windham Central	Vermont	Notes
Grade	6th	.	14%	Too few students
	7th	11%	16%	SU/SD statistically lower
	8th	22%	22%	
Sex	Female	21%	23%	
	Male	11%	12%	
Total		15%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Windham Central	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	.	11%	Too few students
	8th	22%	15%	SU/SD statistically higher
Sex	Female	17%	16%	
	Male	11%	8%	
Total		14%	12%	

1.10 Percent of students who ever attempted suicide

		Windham Central	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	7%	8%	
Sex	Female	.	8%	Too few students
	Male	.	3%	Too few students
Total		4%	6%	SU/SD statistically lower

1.11 Percent of students who had at least one sunburn in the past 12 months

		Windham Central	Vermont	Notes
Grade	6th	.	51%	Too few students
	7th	57%	55%	
	8th	50%	56%	
Sex	Female	44%	58%	SU/SD statistically lower
	Male	54%	51%	
Total		49%	54%	SU/SD statistically lower

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Windham Central	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	26%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	59%	Too few students
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	7th	Never / rarely wear a helmet	17%	31%	SU/SD statistically lower
		Sometimes wear a helmet	34%	16%	SU/SD statistically higher
		Most of the time / always wear a helmet	49%	52%	
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	8th	Never / rarely wear a helmet	37%	41%	
		Sometimes wear a helmet	14%	15%	
		Most of the time / always wear a helmet	50%	43%	
<hr/>					
Sex	Female	Never / rarely wear a helmet	39%	31%	
		Sometimes wear a helmet	25%	17%	SU/SD statistically higher
		Most of the time / always wear a helmet	36%	52%	SU/SD statistically lower
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	Male	Never / rarely wear a helmet	29%	36%	SU/SD statistically lower
		Sometimes wear a helmet	18%	14%	
		Most of the time / always wear a helmet	53%	49%	
<hr/>					
Total		Never / rarely wear a helmet	34%	34%	
		Sometimes wear a helmet	21%	16%	SU/SD statistically higher
		Most of the time / always wear a helmet	45%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

		Windham Central	Vermont	Notes	
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students

Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

	Male	Never / rarely wear a helmet	.	41%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	47%	Too few students

Total		Never / rarely wear a helmet	.	43%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

1 Personal Safety

1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Windham Central	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	15%	19%	
	8th	35%	25%	SU/SD statistically higher
Sex	Female	37%	21%	SU/SD statistically higher
	Male	28%	19%	SU/SD statistically higher
Total		32%	20%	SU/SD statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.01 Percent of students who ever drank alcohol other than a few sips

		Windham Central	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	10%	15%	SU/SD statistically lower
	8th	32%	24%	SU/SD statistically higher
Sex	Female	10%	16%	SU/SD statistically lower
	Male	29%	18%	SU/SD statistically higher
Total		20%	17%	

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Windham Central	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	.	6%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	8%	Too few students
Total		5%	6%	

2.03 Percent of students who drank any alcohol, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	11%	10%	
Sex	Female	.	6%	Too few students
	Male	8%	7%	
Total		5%	6%	

2 Alcohol, Tobacco, and Other Drug Use

2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Windham Central	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	.	7%	Too few students
	8th	11%	13%	
Sex	Female	.	9%	Too few students
	Male	8%	9%	
Total		7%	9%	

2.06 Percent of students who ever smoked a whole cigarette

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	4%	Too few students
	8th	8%	8%	
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		5%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

2.08 Percent of students who smoked cigarettes, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		Windham Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	8%	11%	
Sex	Female	.	7%	Too few students
	Male	9%	7%	
Total		7%	7%	

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	8%	4%	SU/SD statistically higher
Total		4%	4%	

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	5%	Too few students
	Male	9%	6%	SU/SD statistically higher
Total		6%	5%	

2 Alcohol, Tobacco, and Other Drug Use

2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Windham Central	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	5%	Too few students
	8th	13%	11%	
Sex	Female	.	6%	Too few students
	Male	11%	7%	SU/SD statistically higher
Total		7%	7%	

2.17 Percent of students who used marijuana by age 11

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.18 Percent of students who used marijuana, past 30 days

		Windham Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	4%	Too few students
Total		4%	4%	

2.19 Percent of students who have ever used inhalants

		Windham Central	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		.	5%	Too few students

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Windham Central	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	31%	28%	
	8th	24%	31%	SU/SD statistically lower
Sex	Female	41%	29%	SU/SD statistically higher
	Male	25%	27%	
Total		32%	28%	

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Windham Central	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	22%	20%	
	8th	21%	23%	
Sex	Female	35%	22%	SU/SD statistically higher
	Male	20%	19%	
Total		27%	21%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Windham Central	Vermont	Notes
Grade	6th	.	47%	Too few students
	7th	46%	52%	
	8th	56%	55%	
Sex	Female	47%	52%	
	Male	47%	52%	
Total		48%	52%	

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Windham Central	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	.	26%	Too few students
	8th	33%	35%	
Sex	Female	.	28%	Too few students
	Male	30%	26%	
Total		30%	27%	

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Windham Central	Vermont	Notes
15 or less students	16%	16%	
16 to 25 students	33%	25%	SU/SD statistically higher
26 to 45 students	25%	24%	
46 to 55 students	14%	16%	
56 to 75 students	4%	9%	SU/SD statistically lower
76 or more students	8%	10%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Windham Central	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	97%	96%	
	8th	98%	96%	
Sex	Female	97%	97%	
	Male	97%	96%	
Total		97%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Windham Central	Vermont	Notes
Grade	6th	.	92%	Too few students
	7th	90%	92%	
	8th	90%	90%	
Sex	Female	95%	93%	
	Male	87%	90%	
Total		91%	91%	

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Windham Central	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	96%	95%	
	8th	97%	92%	
Sex	Female	98%	94%	SU/SD statistically higher
	Male	95%	94%	
Total		97%	94%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Windham Central	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	96%	95%	
	8th	95%	92%	SU/SD statistically higher
Sex	Female	95%	95%	SU/SD statistically higher
	Male	97%	94%	
Total		96%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Windham Central	Vermont	Notes
Grade	6th	.	94%	Too few students
	7th	92%	90%	
	8th	76%	83%	SU/SD statistically lower
Sex	Female	92%	90%	SU/SD statistically lower
	Male	78%	87%	
Total		85%	88%	SU/SD statistically lower

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Windham Central	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	95%	92%	
	8th	75%	83%	SU/SD statistically lower
Sex	Female	86%	91%	SU/SD statistically lower
	Male	85%	89%	SU/SD statistically lower
Total		85%	90%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Windham Central	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	65%	72%	SU/SD statistically lower
	8th	71%	72%	
Sex	Female	70%	71%	
	Male	69%	72%	
Total		70%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Windham Central	Vermont	Notes
Grade	6th	.	49%	Too few students
	7th	49%	49%	
	8th	57%	46%	SU/SD statistically higher
Sex	Female	61%	49%	SU/SD statistically higher
	Male	52%	46%	
Total		57%	48%	SU/SD statistically higher

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Windham Central	Vermont	Notes
Grade	6th	.	67%	Too few students
	7th	60%	61%	
	8th	46%	51%	
Sex	Female	57%	60%	
	Male	55%	58%	
Total		56%	59%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Windham Central	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	18%	24%	SU/SD statistically lower
	8th	42%	34%	SU/SD statistically higher
Sex	Female	27%	25%	
	Male	32%	29%	
Total		29%	27%	

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Windham Central	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	34%	33%	
	8th	52%	46%	
Sex	Female	55%	35%	SU/SD statistically higher
	Male	42%	37%	
Total		48%	36%	SU/SD statistically higher

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Windham Central	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	10%	12%	
	8th	26%	22%	
Sex	Female	12%	13%	
	Male	22%	16%	SU/SD statistically higher
Total		17%	14%	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Windham Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	12%	8%	SU/SD statistically higher
Sex	Female	.	4%	Too few students
	Male	10%	7%	
Total		8%	6%	SU/SD statistically higher

4.02 Percent of students who have ever had oral sex

		Windham Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	14%	9%	SU/SD statistically higher
Sex	Female	.	5%	Too few students
	Male	9%	6%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			Windham Central	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	22%	Too few students
		Everyday	.	61%	Too few students

	7th	Never	.	7%	Too few students
		1 to 3 times	15%	16%	
		4 to 6 times	23%	25%	
		Everyday	57%	51%	

	8th	Never	9%	8%	
		1 to 3 times	20%	20%	
		4 to 6 times	29%	25%	
		Everyday	42%	48%	

Sex	Female	Never	.	8%	Too few students
		1 to 3 times	17%	21%	
		4 to 6 times	34%	26%	
		Everyday	43%	45%	

	Male	Never	8%	6%	
		1 to 3 times	16%	13%	
		4 to 6 times	30%	23%	SU/SD statistically higher
		Everyday	47%	59%	SU/SD statistically lower

Total		Never	8%	7%	
		1 to 3 times	16%	17%	
		4 to 6 times	32%	24%	SU/SD statistically higher
		Everyday	44%	52%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Windham Central	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	45%	41%	
	8th	45%	39%	
Sex	Female	45%	38%	SU/SD statistically higher
	Male	52%	44%	
Total		49%	41%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Windham Central	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	.	32%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	33%	Too few students

	7th	Never	.	7%	Too few students
		1 to 4 days	40%	34%	
		5 to 6 days	22%	28%	SU/SD statistically lower
		Everyday	34%	31%	

	8th	Never	.	8%	Too few students
		1 to 4 days	52%	36%	SU/SD statistically higher
		5 to 6 days	13%	27%	SU/SD statistically lower
		Everyday	30%	29%	

Sex	Female	Never	.	8%	Too few students
		1 to 4 days	46%	39%	
		5 to 6 days	28%	30%	
		Everyday	19%	23%	

	Male	Never	.	8%	Too few students
		1 to 4 days	38%	29%	SU/SD statistically higher
		5 to 6 days	17%	25%	SU/SD statistically lower
		Everyday	40%	38%	

Total		Never	5%	8%	SU/SD statistically lower
		1 to 4 days	43%	34%	SU/SD statistically higher
		5 to 6 days	22%	27%	
		Everyday	30%	31%	

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Windham Central	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	19%	Too few students
		Everyday	.	48%	Too few students

	7th	0 days	30%	30%	
		1 to 2 days	16%	17%	
		3 to 4 days	.	17%	Too few students
		Everyday	47%	36%	SU/SD statistically higher

	8th	0 days	34%	33%	
		1 to 2 days	15%	16%	
		3 to 4 days	27%	16%	SU/SD statistically higher
		Everyday	24%	35%	SU/SD statistically lower

Sex	Female	0 days	29%	28%	
		1 to 2 days	9%	18%	SU/SD statistically lower
		3 to 4 days	26%	17%	
		Everyday	36%	38%	

	Male	0 days	30%	28%	
		1 to 2 days	19%	15%	
		3 to 4 days	22%	17%	SU/SD statistically higher
		Everyday	29%	40%	SU/SD statistically lower

Total		0 days	30%	28%	
		1 to 2 days	14%	16%	
		3 to 4 days	24%	17%	SU/SD statistically higher
		Everyday	32%	39%	SU/SD statistically lower

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Windham Central	Vermont	Notes
Grade	6th	1 hour or less per day	.	60%	Too few students
		2 to 4 hours per day	.	34%	Too few students
		5 or more hours per day	.	6%	Too few students
<hr/>					
	7th	1 hour or less per day	72%	57%	SU/SD statistically higher
		2 to 4 hours per day	28%	37%	SU/SD statistically lower
		5 or more hours per day	.	6%	Too few students
<hr/>					
	8th	1 hour or less per day	61%	57%	
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	.	7%	Too few students
<hr/>					
Sex	Female	1 hour or less per day	75%	57%	SU/SD statistically higher
		2 to 4 hours per day	20%	37%	SU/SD statistically lower
		5 or more hours per day	.	6%	Too few students
<hr/>					
	Male	1 hour or less per day	62%	58%	
		2 to 4 hours per day	38%	35%	
		5 or more hours per day	.	7%	Too few students
<hr/>					
Total		1 hour or less per day	68%	58%	SU/SD statistically higher
		2 to 4 hours per day	29%	36%	SU/SD statistically lower
		5 or more hours per day	.	6%	Too few students

5 Nutrition and Physical Activity

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Windham Central	Vermont	Notes
Grade	6th	1 hour or less per day	.	55%	Too few students
		2 to 4 hours per day	.	33%	Too few students
		5 or more hours per day	.	12%	Too few students

	7th	1 hour or less per day	59%	46%	SU/SD statistically higher
		2 to 4 hours per day	35%	40%	
		5 or more hours per day	.	14%	Too few students

	8th	1 hour or less per day	47%	40%	SU/SD statistically higher
		2 to 4 hours per day	39%	41%	
		5 or more hours per day	13%	19%	SU/SD statistically lower

Sex	Female	1 hour or less per day	68%	48%	SU/SD statistically higher
		2 to 4 hours per day	23%	37%	SU/SD statistically lower
		5 or more hours per day	9%	15%	SU/SD statistically lower

	Male	1 hour or less per day	46%	44%	
		2 to 4 hours per day	46%	41%	
		5 or more hours per day	8%	15%	SU/SD statistically lower

Total		1 hour or less per day	56%	46%	SU/SD statistically higher
		2 to 4 hours per day	35%	39%	
		5 or more hours per day	9%	15%	SU/SD statistically lower

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Windham Central	Vermont	Notes
Grade	6th	Never	.	22%	Too few students
		1 to 5 days	.	45%	Too few students
		At least six days	.	33%	Too few students
<hr/>					
	7th	Never	18%	16%	
		1 to 5 days	37%	41%	
		At least six days	45%	42%	
<hr/>					
	8th	Never	10%	11%	
		1 to 5 days	36%	34%	
		At least six days	55%	55%	
<hr/>					
Sex	Female	Never	11%	13%	
		1 to 5 days	29%	41%	SU/SD statistically lower
		At least six days	60%	46%	SU/SD statistically higher
<hr/>					
	Male	Never	15%	18%	
		1 to 5 days	37%	38%	
		At least six days	47%	44%	
<hr/>					
Total		Never	13%	15%	
		1 to 5 days	33%	39%	SU/SD statistically lower
		At least six days	54%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Windham Central	Vermont	Notes
Grade	6th	.	81%	Too few students
	7th	83%	80%	
	8th	79%	78%	
Sex	Female	88%	80%	SU/SD statistically higher
	Male	77%	79%	
Total		81%	79%	

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Windham Central	Vermont	Notes	
Grade	6th	.	60%	Too few students	
	7th	69%	56%		SU/SD statistically higher
	8th	53%	51%		
Sex	Female	61%	50%	SU/SD statistically higher	
	Male	63%	59%		
Total		63%	55%	SU/SD statistically higher	

6 Youth Assets

6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement

		Windham Central	Vermont	Notes
Grade	6th	.	69%	Too few students
	7th	71%	62%	SU/SD statistically higher
	8th	55%	59%	
Sex	Female	68%	62%	
	Male	62%	64%	
Total		64%	63%	

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Windham Central	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	46%	44%	
	8th	41%	39%	
Sex	Female	49%	42%	
	Male	43%	43%	
Total		46%	43%	