

# 2015 Vermont Youth Risk Behavior Survey Report

## Report for Springfield SD

### Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Springfield SD. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Springfield who participated in the 2015 YRBS:

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**High School- Grades 9-12**

Springfield High School

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**Middle School- Grades 6-8**

Riverside Middle School

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>



## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Springfield SD**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.



*Demographics*


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**Springfield**  
**Number of High School Students in Springfield SD**

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**Springfield SD Total**

329

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	7	2%
Female	160	48%
Male	162	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Ungraded	6	1%
9th grade	90	27%
10th grade	87	26%
11th grade	79	24%
12th grade	67	20%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	8	2%
Ethnic or racial minority	49	14%
White non-Hispanic	272	82%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	3	0%
High school or less	127	38%
Some college	45	13%
College graduate	90	27%
Graduate or professional degree after college	20	6%
Not sure	44	13%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Springfield SD.

*Demographics*

**Vermont**  
**Number of High School Students in Vermont**

**Vermont Total**

21013

<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	35%	22%	SU/SD statistically higher
	10th	28%	20%	SU/SD statistically higher
	11th	16%	17%	
	12th	19%	14%	
Sex	Female	23%	12%	SU/SD statistically higher
	Male	28%	24%	
Total		26%	18%	SU/SD statistically higher

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	14%	10%	SU/SD statistically higher
	10th	14%	8%	SU/SD statistically higher
	11th	6%	6%	
	12th	.	5%	Too few students
Sex	Female	7%	4%	SU/SD statistically higher
	Male	12%	10%	
Total		10%	7%	SU/SD statistically higher

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	14%	6%	SU/SD statistically higher
	10th	8%	6%	
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	9%	4%	SU/SD statistically higher
	Male	8%	6%	
Total		8%	5%	SU/SD statistically higher

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	11%	6%	SU/SD statistically higher
	10th	.	7%	Too few students
	11th	11%	9%	
	12th	9%	8%	
Sex	Female	6%	4%	SU/SD statistically higher
	Male	11%	11%	
Total		9%	8%	

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	13%	7%	SU/SD statistically higher
	10th	8%	6%	
	11th	10%	5%	SU/SD statistically higher
	12th	.	5%	Too few students
Sex	Female	14%	7%	SU/SD statistically higher
	Male	5%	4%	
Total		10%	6%	SU/SD statistically higher

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	28%	23%	SU/SD statistically higher
	10th	24%	18%	SU/SD statistically higher
	11th	18%	16%	
	12th	17%	14%	
Sex	Female	35%	23%	SU/SD statistically higher
	Male	10%	12%	
Total		22%	18%	SU/SD statistically higher

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	24%	20%	
	10th	32%	17%	SU/SD statistically higher
	11th	20%	16%	
	12th	14%	13%	
Sex	Female	35%	23%	SU/SD statistically higher
	Male	12%	10%	
Total		23%	16%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	28%	13%	SU/SD statistically higher
	10th	12%	11%	
	11th	18%	11%	SU/SD statistically higher
	12th	14%	10%	
Sex	Female	20%	11%	SU/SD statistically higher
	Male	16%	12%	SU/SD statistically higher
Total		18%	11%	SU/SD statistically higher

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	33%	20%	SU/SD statistically higher
	10th	23%	19%	
	11th	30%	17%	SU/SD statistically higher
	12th	15%	14%	
Sex	Female	44%	26%	SU/SD statistically higher
	Male	8%	9%	
Total		26%	17%	SU/SD statistically higher

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	39%	24%	SU/SD statistically higher
	10th	32%	26%	
	11th	31%	24%	SU/SD statistically higher
	12th	27%	24%	
Sex	Female	45%	34%	SU/SD statistically higher
	Male	21%	15%	SU/SD statistically higher
Total		33%	24%	SU/SD statistically higher

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	27%	13%	SU/SD statistically higher
	10th	13%	13%	
	11th	14%	12%	
	12th	15%	10%	
Sex	Female	26%	16%	SU/SD statistically higher
	Male	11%	8%	SU/SD statistically higher
Total		18%	12%	SU/SD statistically higher

**1.12 Percent of students who attempted suicide, past 12 months**

		Springfield	Vermont	Notes	
Grade	9th	11%	7%	SU/SD statistically higher	
	10th	9%	6%		
	11th	11%	5%		SU/SD statistically higher
	12th	.	5%		Too few students
Sex	Female	16%	8%	SU/SD statistically higher	
	Male	.	4%	Too few students	
Total		9%	6%	SU/SD statistically higher	

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Springfield	Vermont	Notes	
Grade	9th	6%	2%	SU/SD statistically higher	
	10th	.	2%		Too few students
	11th	.	2%		Too few students
	12th	.	2%		Too few students
Sex	Female	6%	3%	SU/SD statistically higher	
	Male	.	1%	Too few students	
Total		4%	2%	SU/SD statistically higher	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Springfield	Vermont	Notes
Grade	9th	26%	8%	SU/SD statistically higher
	10th	9%	9%	
	11th	13%	9%	
	12th	13%	9%	
Sex	Female	24%	11%	SU/SD statistically higher
	Male	6%	7%	
Total		16%	9%	SU/SD statistically higher

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Springfield	Vermont	Notes	
Grade	9th	14%	5%	SU/SD statistically higher	
	10th	6%	6%		
	11th	11%	7%		SU/SD statistically higher
	12th	9%	8%		
Sex	Female	19%	10%	SU/SD statistically higher	
	Male	.	3%		Too few students
Total		10%	7%	SU/SD statistically higher	



*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	26%	19%	SU/SD statistically higher
	10th	13%	20%	SU/SD statistically lower
	11th	24%	20%	
	12th	15%	19%	
Sex	Female	23%	20%	
	Male	16%	19%	
Total		20%	20%	

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	22%	13%	SU/SD statistically higher
	10th	21%	20%	
	11th	32%	26%	SU/SD statistically higher
	12th	26%	29%	
Sex	Female	31%	22%	SU/SD statistically higher
	Male	19%	22%	
Total		25%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	8%	8%	
	12th	12%	9%	
Sex	Female	7%	5%	
	Male	8%	9%	
Total		8%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	20%	18%	
	12th	13%	20%	SU/SD statistically lower
Sex	Female	11%	12%	
	Male	15%	18%	
Total		14%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	16%	15%	
	11th	38%	40%	
	12th	56%	50%	
Sex	Female	35%	33%	
	Male	31%	33%	
Total		33%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	66%	48%	SU/SD statistically higher
	10th	69%	54%	SU/SD statistically higher
	11th	.	55%	Too few students
	12th	.	56%	Too few students
Sex	Female	70%	49%	SU/SD statistically higher
	Male	67%	56%	SU/SD statistically higher
Total		68%	53%	SU/SD statistically higher

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Springfield	Vermont	Notes
Grade	9th	65%	63%	
	10th	59%	65%	
	11th	70%	65%	
	12th	72%	67%	
Sex	Female	74%	72%	
	Male	60%	59%	
Total		66%	65%	

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Springfield	Vermont	Notes
Grade	9th	5%	2%	SU/SD statistically higher
	10th	.	3%	Too few students
	11th	.	4%	Too few students
	12th	.	6%	Too few students
Sex	Female	4%	5%	
	Male	.	3%	Too few students
Total		3%	4%	

## 2 Alcohol, Tobacco and other Drug Use

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### 2.01 Percent of students who ever drank alcohol other than a few sips

		Springfield	Vermont	Notes
Grade	9th	40%	37%	
	10th	50%	51%	
	11th	67%	63%	
	12th	68%	71%	
Sex	Female	60%	57%	
	Male	50%	54%	
Total		55%	56%	

### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Springfield	Vermont	Notes
Grade	9th	22%	14%	SU/SD statistically higher
	10th	17%	13%	
	11th	19%	12%	SU/SD statistically higher
	12th	11%	10%	
Sex	Female	20%	10%	SU/SD statistically higher
	Male	16%	14%	
Total		18%	12%	SU/SD statistically higher

## 2 Alcohol, Tobacco and other Drug Use

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### 2.03 Percent of students who drank alcohol, past 30 days

		Springfield	Vermont	Notes
Grade	9th	20%	17%	
	10th	29%	26%	
	11th	35%	34%	
	12th	39%	42%	
Sex	Female	33%	30%	
	Male	27%	29%	
Total		30%	30%	

### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Springfield	Vermont	Notes
Grade	9th	15%	8%	SU/SD statistically higher
	10th	13%	13%	
	11th	15%	19%	
	12th	22%	24%	
Sex	Female	19%	15%	SU/SD statistically higher
	Male	14%	17%	SU/SD statistically lower
Total		16%	16%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

			Springfield	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students
-----					
	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students
-----					
Sex	Female	1 to 2 days	44%	55%	SU/SD statistically lower
		3 to 9 days	43%	36%	
		10+ days	13%	9%	
-----					
	Male	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	38%	Too few students
		10+ days	.	15%	Too few students
-----					
Total	1 to 2 days		48%	51%	
	3 to 9 days		36%	37%	
	10+ days		17%	12%	SU/SD statistically higher

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Springfield	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
Sex	Female	1 to 2 drinks	33%	40%	
		3 to 4 drinks	23%	23%	
		5 or more drinks	43%	38%	
-----					
	Male	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	16%	Too few students
		5 or more drinks	.	52%	Too few students
-----					
Total		1 to 2 drinks	33%	36%	
		3 to 4 drinks	23%	19%	
		5 or more drinks	44%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Springfield	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students
-----					
	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	30%	24%	
		Someone gave it to me	29%	46%	SU/SD statistically lower
		Took it / some other way	40%	28%	SU/SD statistically higher
-----					
	Male	Bought it	.	7%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	35%	Too few students
		Took it / some other way	.	34%	Too few students
-----					
Total		Bought it	.	5%	Too few students
		Gave someone money	24%	24%	
		Someone gave it to me	34%	40%	SU/SD statistically lower
		Took it / some other way	39%	31%	SU/SD statistically higher



## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Springfield	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students
-----					
	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students
-----					
	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students
-----					
Sex	Female	At my home	36%	34%	
		At another person's home	60%	58%	
		At a public place or event	.	8%	Too few students
-----					
	Male	At my home	.	34%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	13%	Too few students
-----					
Total		At my home	37%	34%	
		At another person's home	54%	55%	
		At a public place or event	9%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Springfield	Vermont	Notes
Grade	9th	15%	14%	
	10th	23%	18%	
	11th	34%	24%	SU/SD statistically higher
	12th	24%	28%	
Sex	Female	27%	19%	SU/SD statistically higher
	Male	20%	23%	
Total		24%	21%	

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Springfield	Vermont	Notes
Grade	9th	10%	6%	SU/SD statistically higher
	10th	11%	6%	SU/SD statistically higher
	11th	11%	6%	SU/SD statistically higher
	12th	.	6%	Too few students
Sex	Female	11%	5%	SU/SD statistically higher
	Male	9%	7%	
Total		10%	6%	SU/SD statistically higher

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	8%	7%	
	10th	13%	9%	SU/SD statistically higher
	11th	13%	12%	
	12th	12%	14%	
Sex	Female	15%	10%	SU/SD statistically higher
	Male	8%	12%	SU/SD statistically lower
Total		12%	11%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			Springfield	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Springfield	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

			Springfield	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

## 2 Alcohol, Tobacco and other Drug Use

**2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Springfield	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Springfield	Vermont	Notes
Grade	9th	20%	18%	
	10th	27%	28%	
	11th	38%	35%	
	12th	39%	39%	
Sex	Female	26%	27%	
	Male	32%	33%	
Total		30%	30%	

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	13%	10%	
	10th	14%	14%	
	11th	24%	17%	SU/SD statistically higher
	12th	26%	19%	SU/SD statistically higher
Sex	Female	13%	13%	
	Male	24%	18%	SU/SD statistically higher
Total		18%	15%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Springfield	Vermont	Notes
Grade	9th	22%	15%	SU/SD statistically higher
	10th	26%	21%	
	11th	28%	29%	
	12th	34%	32%	
Sex	Female	29%	20%	SU/SD statistically higher
	Male	25%	28%	
Total		27%	24%	

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Springfield	Vermont	Notes
Grade	9th	15%	6%	SU/SD statistically higher
	10th	12%	5%	
	11th	11%	6%	
	12th	7%	5%	
Sex	Female	11%	4%	SU/SD statistically higher
	Male	12%	7%	
Total		12%	6%	SU/SD statistically higher

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

## 2 Alcohol, Tobacco and other Drug Use

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### 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		Springfield	Vermont	Notes
Grade	9th	9%	5%	SU/SD statistically higher
	10th	.	6%	Too few students
	11th	11%	8%	
	12th	.	8%	Too few students
Sex	Female	3%	3%	
	Male	12%	11%	
Total		8%	7%	

### 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Springfield	Vermont	Notes
Grade	9th	11%	5%	SU/SD statistically higher
	10th	10%	8%	
	11th	11%	12%	
	12th	23%	16%	SU/SD statistically higher
Sex	Female	11%	6%	SU/SD statistically higher
	Male	16%	14%	
Total		14%	10%	SU/SD statistically higher



*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Springfield	Vermont	Notes
Grade	9th	16%	11%	SU/SD statistically higher
	10th	20%	15%	SU/SD statistically higher
	11th	24%	21%	
	12th	27%	25%	
Sex	Female	20%	13%	SU/SD statistically higher
	Male	23%	23%	
Total		22%	18%	SU/SD statistically higher

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		Springfield	Vermont	Notes
Grade	9th	22%	16%	SU/SD statistically higher
	10th	23%	22%	
	11th	35%	28%	SU/SD statistically higher
	12th	38%	32%	
Sex	Female	25%	20%	SU/SD statistically higher
	Male	32%	29%	
Total		29%	25%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Springfield	Vermont	Notes
Grade	9th	31%	22%	SU/SD statistically higher
	10th	35%	32%	
	11th	53%	44%	SU/SD statistically higher
	12th	47%	49%	
Sex	Female	46%	36%	SU/SD statistically higher
	Male	36%	38%	
Total		41%	37%	SU/SD statistically higher

**2.25 Percent of students who used marijuana before age 13**

		Springfield	Vermont	Notes
Grade	9th	15%	6%	SU/SD statistically higher
	10th	13%	6%	
	11th	12%	7%	SU/SD statistically higher
	12th	9%	6%	
Sex	Female	13%	5%	SU/SD statistically higher
	Male	12%	8%	
Total		13%	6%	SU/SD statistically higher

**2.26 Percent of students who used marijuana, past 30 days**

		Springfield	Vermont	Notes
Grade	9th	20%	13%	SU/SD statistically higher
	10th	22%	20%	
	11th	34%	27%	SU/SD statistically higher
	12th	23%	29%	
Sex	Female	27%	21%	SU/SD statistically higher
	Male	22%	24%	
Total		25%	22%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Springfield	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students
-----					
	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students
-----					
	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students
-----					
Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students
-----					
	Male	1 to 2 times	.	26%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	52%	Too few students
-----					
Total		1 to 2 times	24%	31%	SU/SD statistically lower
		3 to 9 times	31%	24%	SU/SD statistically higher
		10+ times	45%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Springfield	Vermont	Notes
Grade	9th	11%	8%	
	10th	9%	10%	
	11th	11%	13%	
	12th	14%	14%	
Sex	Female	14%	11%	
	Male	8%	12%	SU/SD statistically lower
Total		11%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Springfield	Vermont	Notes
Grade	9th	7%	4%	SU/SD statistically higher
	10th	6%	4%	
	11th	.	5%	Too few students
	12th	9%	6%	
Sex	Female	10%	4%	SU/SD statistically higher
	Male	4%	5%	
Total		7%	5%	SU/SD statistically higher

**2.30 Percent of students who ever used cocaine**

		Springfield	Vermont	Notes
Grade	9th	7%	3%	SU/SD statistically higher
	10th	.	4%	Too few students
	11th	9%	5%	SU/SD statistically higher
	12th	7%	7%	
Sex	Female	7%	4%	SU/SD statistically higher
	Male	6%	6%	
Total		6%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Springfield	Vermont	Notes
Grade	9th	10%	7%	
	10th	.	6%	Too few students
	11th	13%	7%	SU/SD statistically higher
	12th	8%	5%	
Sex	Female	12%	6%	SU/SD statistically higher
	Male	6%	7%	
Total		9%	7%	SU/SD statistically higher

**2.32 Percent of students who ever used methamphetamines**

		Springfield	Vermont	Notes
Grade	9th	6%	2%	SU/SD statistically higher
	10th	.	2%	Too few students
	11th	.	3%	Too few students
	12th	.	3%	Too few students
Sex	Female	4%	2%	SU/SD statistically higher
	Male	3%	3%	
Total		3%	3%	

**2.33 Percent of students who ever used heroin**

		Springfield	Vermont	Notes
Grade	9th	7%	2%	SU/SD statistically higher
	10th	.	2%	Too few students
	11th	6%	2%	SU/SD statistically higher
	12th	.	3%	Too few students
Sex	Female	5%	1%	SU/SD statistically higher
	Male	4%	3%	
Total		4%	2%	SU/SD statistically higher

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Springfield	Vermont	Notes
Grade	9th	48%	34%	SU/SD statistically higher
	10th	49%	36%	SU/SD statistically higher
	11th	48%	39%	SU/SD statistically higher
	12th	43%	38%	
Sex	Female	53%	37%	SU/SD statistically higher
	Male	42%	37%	SU/SD statistically higher
Total		48%	37%	SU/SD statistically higher

#### 3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Springfield	Vermont	Notes
Grade	9th	32%	25%	SU/SD statistically higher
	10th	35%	27%	SU/SD statistically higher
	11th	44%	28%	SU/SD statistically higher
	12th	29%	28%	
Sex	Female	39%	28%	SU/SD statistically higher
	Male	30%	27%	
Total		35%	27%	SU/SD statistically higher

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Springfield	Vermont	Notes
Grade	9th	Never or rarely	15%	19%	
		Sometimes	23%	27%	
		At least most of the time	62%	54%	SU/SD statistically higher
-----					
	10th	Never or rarely	14%	19%	SU/SD statistically lower
		Sometimes	26%	27%	
		At least most of the time	60%	53%	SU/SD statistically higher
-----					
	11th	Never or rarely	15%	21%	
		Sometimes	28%	28%	
		At least most of the time	57%	52%	
-----					
	12th	Never or rarely	16%	22%	SU/SD statistically lower
		Sometimes	35%	28%	SU/SD statistically higher
		At least most of the time	49%	50%	
-----					
Sex	Female	Never or rarely	13%	19%	SU/SD statistically lower
		Sometimes	28%	28%	
		At least most of the time	59%	53%	SU/SD statistically higher
-----					
	Male	Never or rarely	17%	22%	SU/SD statistically lower
		Sometimes	26%	26%	
		At least most of the time	57%	51%	SU/SD statistically higher
-----					
Total		Never or rarely	15%	21%	SU/SD statistically lower
		Sometimes	27%	27%	
		At least most of the time	58%	52%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Springfield	Vermont	Notes
15 or less students	15%	19%	SU/SD statistically lower
16 to 25 students	29%	29%	
26 to 45 students	25%	24%	
46 to 55 students	16%	14%	
56 to 75 students	8%	8%	
76 or more students	7%	7%	

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Springfield	Vermont	Notes
15 or less students	8%	8%	
16 to 25 students	12%	13%	
26 to 45 students	19%	21%	
46 to 55 students	20%	21%	
56 to 75 students	21%	20%	
76 or more students	21%	16%	SU/SD statistically higher



### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Springfield	Vermont	Notes
Grade	9th	93%	94%	
	10th	92%	93%	
	11th	89%	92%	
	12th	89%	87%	
Sex	Female	92%	93%	
	Male	89%	90%	
Total		91%	91%	

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Springfield	Vermont	Notes
Grade	9th	83%	84%	
	10th	80%	78%	
	11th	70%	70%	
	12th	64%	57%	SU/SD statistically higher
Sex	Female	74%	74%	
	Male	76%	70%	SU/SD statistically higher
Total		75%	72%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Springfield	Vermont	Notes
Grade	9th	80%	87%	SU/SD statistically lower
	10th	82%	82%	
	11th	72%	78%	SU/SD statistically lower
	12th	76%	74%	
Sex	Female	79%	82%	
	Male	77%	79%	
Total		77%	80%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Springfield	Vermont	Notes
Grade	9th	86%	87%	
	10th	78%	84%	SU/SD statistically lower
	11th	68%	77%	SU/SD statistically lower
	12th	70%	67%	
Sex	Female	75%	80%	SU/SD statistically lower
	Male	78%	77%	
Total		76%	78%	

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Springfield	Vermont	Notes
Grade	9th	67%	70%	
	10th	65%	58%	SU/SD statistically higher
	11th	45%	47%	
	12th	40%	38%	
Sex	Female	53%	54%	
	Male	58%	53%	SU/SD statistically higher
Total		55%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Springfield	Vermont	Notes
Grade	9th	67%	70%	
	10th	61%	59%	
	11th	40%	51%	SU/SD statistically lower
	12th	49%	44%	
Sex	Female	51%	57%	SU/SD statistically lower
	Male	60%	55%	SU/SD statistically higher
Total		55%	56%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Springfield	Vermont	Notes
Grade	9th	52%	62%	SU/SD statistically lower
	10th	63%	66%	
	11th	57%	66%	SU/SD statistically lower
	12th	56%	66%	SU/SD statistically lower
Sex	Female	53%	67%	SU/SD statistically lower
	Male	60%	63%	
Total		57%	65%	SU/SD statistically lower

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Springfield	Vermont	Notes
Grade	9th	35%	42%	SU/SD statistically lower
	10th	45%	40%	
	11th	29%	36%	SU/SD statistically lower
	12th	27%	35%	SU/SD statistically lower
Sex	Female	29%	43%	SU/SD statistically lower
	Male	40%	33%	
Total		34%	38%	SU/SD statistically lower

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Springfield	Vermont	Notes
Grade	9th	24%	35%	SU/SD statistically lower
	10th	22%	29%	
	11th	13%	22%	SU/SD statistically lower
	12th	17%	21%	
Sex	Female	21%	30%	SU/SD statistically lower
	Male	19%	24%	
Total		19%	27%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Springfield	Vermont	Notes
Grade	9th	60%	44%	SU/SD statistically higher
	10th	54%	55%	
	11th	71%	64%	SU/SD statistically higher
	12th	86%	80%	SU/SD statistically higher
Sex	Female	66%	57%	SU/SD statistically higher
	Male	68%	64%	
Total		67%	61%	SU/SD statistically higher

#### 3.16 Percent of students who think it would be easy to get alcohol

		Springfield	Vermont	Notes
Grade	9th	67%	60%	SU/SD statistically higher
	10th	66%	68%	
	11th	71%	74%	SU/SD statistically higher
	12th	83%	75%	
Sex	Female	74%	71%	
	Male	68%	68%	
Total		71%	69%	

#### 3.17 Percent of students who think it would be easy to get marijuana

		Springfield	Vermont	Notes
Grade	9th	63%	46%	SU/SD statistically higher
	10th	58%	60%	
	11th	75%	69%	SU/SD statistically higher
	12th	82%	74%	
Sex	Female	70%	60%	SU/SD statistically higher
	Male	67%	65%	
Total		69%	62%	SU/SD statistically higher

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Springfield	Vermont	Notes
Grade	9th	53%	44%	SU/SD statistically higher
	10th	55%	50%	
	11th	59%	57%	SU/SD statistically higher
	12th	72%	60%	
Sex	Female	69%	56%	SU/SD statistically higher
	Male	49%	50%	
Total		60%	53%	SU/SD statistically higher

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Springfield	Vermont	Notes
Grade	9th	33%	36%	
	10th	33%	30%	
	11th	27%	27%	
	12th	18%	24%	
Sex	Female	26%	29%	
	Male	32%	29%	
Total		29%	29%	

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Springfield	Vermont	Notes
Grade	9th	22%	15%	SU/SD statistically higher
	10th	19%	19%	
	11th	9%	20%	SU/SD statistically lower
	12th	11%	18%	
Sex	Female	18%	15%	SU/SD statistically lower
	Male	14%	21%	
Total		16%	18%	

## 4 Sexual Behavior and Orientation

## 4.01 Sexual orientation

			Springfield	Vermont	Notes
Grade	9th	Heterosexual (straight)	78%	88%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	15%	6%	SU/SD statistically higher
		Not sure	.	5%	Too few students
-----					
	10th	Heterosexual (straight)	88%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	6%	
		Not sure	.	4%	Too few students
-----					
	11th	Heterosexual (straight)	83%	88%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	6%	
		Not sure	7%	4%	SU/SD statistically higher
-----					
	12th	Heterosexual (straight)	96%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students
-----					
Sex	Female	Heterosexual (straight)	79%	84%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	16%	10%	SU/SD statistically higher
		Not sure	3%	5%	
-----					
	Male	Heterosexual (straight)	93%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	4%	4%	
-----					
Total		Heterosexual (straight)	85%	88%	SU/SD statistically lower
		Gay or lesbian	2%	2%	
		Bisexual	9%	6%	SU/SD statistically higher
		Not sure	4%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Springfield	Vermont	Notes
Grade	9th	29%	18%	SU/SD statistically higher
	10th	38%	33%	
	11th	56%	49%	SU/SD statistically higher
	12th	78%	62%	SU/SD statistically higher
Sex	Female	52%	40%	SU/SD statistically higher
	Male	45%	41%	
Total		49%	41%	SU/SD statistically higher

**4.03 Percent of students who have ever had oral sex**

		Springfield	Vermont	Notes
Grade	9th	32%	21%	SU/SD statistically higher
	10th	35%	37%	
	11th	51%	50%	SU/SD statistically higher
	12th	69%	60%	
Sex	Female	50%	41%	SU/SD statistically higher
	Male	42%	42%	
Total		45%	42%	SU/SD statistically higher

**4.04 Percent of students who had sexual intercourse before age 13**

		Springfield	Vermont	Notes
Grade	9th	7%	3%	SU/SD statistically higher
	10th	.	3%	
	11th	7%	3%	SU/SD statistically higher
	12th	9%	4%	
Sex	Female	4%	2%	SU/SD statistically higher
	Male	9%	4%	
Total		7%	3%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	9%	3%	SU/SD statistically higher
	10th	6%	6%	
	11th	17%	11%	SU/SD statistically higher
	12th	21%	19%	
Sex	Female	14%	9%	SU/SD statistically higher
	Male	12%	10%	
Total		13%	10%	SU/SD statistically higher

**4.06 Percent of students who have ever been tested for HIV**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	9%	7%	
	10th	8%	8%	
	11th	17%	12%	SU/SD statistically higher
	12th	9%	14%	SU/SD statistically lower
Sex	Female	12%	11%	
	Male	9%	9%	
Total		11%	10%	



*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Springfield	Vermont	Notes
Grade	9th	19%	12%	SU/SD statistically higher
	10th	31%	24%	SU/SD statistically higher
	11th	43%	38%	
	12th	63%	49%	SU/SD statistically higher
Sex	Female	43%	33%	SU/SD statistically higher
	Male	31%	30%	
Total		37%	31%	SU/SD statistically higher

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Springfield	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	14%	15%	
	Male	.	22%	Too few students
Total		19%	19%	

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Springfield	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	52%	55%	
	Male	.	62%	Too few students
Total		56%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Springfield	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	38%	55%	SU/SD statistically lower
	Male	.	38%	Too few students
Total		41%	47%	SU/SD statistically lower

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Springfield	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	78%	88%	SU/SD statistically lower
	Male	.	86%	Too few students
Total		81%	87%	SU/SD statistically lower

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

		Springfield	Vermont	Notes	
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students
-----					
	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					
	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students
-----					
	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					

## 4 Sexual Behavior and Orientation

			Springfield	Vermont	Notes
Sex	Female	No method was used	16%	7%	SU/SD statistically higher
		Birth control pills	29%	39%	SU/SD statistically lower
		Condoms	38%	31%	
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	7%	5%	
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	.	7%	Too few students
		Birth control pills	.	30%	Too few students
		Condoms	.	45%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students
<hr/>					
Total		No method was used	15%	7%	SU/SD statistically higher
		Birth control pills	34%	35%	
		Condoms	37%	38%	
		IUD or implant	.	6%	Too few students
		Shot/patch/birth control ring	6%	6%	
		Withdrawal/other method	6%	6%	
		Not sure	.	2%	Too few students

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

## 4 Sexual Behavior and Orientation

## 4.13 Sexual identity of sexual contacts

			Springfield	Vermont	Notes
Sex	Female	Have not had sex	38%	45%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	52%	46%	SU/SD statistically higher
		Both sexes	9%	7%	
-----					
	Male	Have not had sex	39%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	57%	53%	
		Both sexes	.	2%	Too few students
-----					
Total	Have not had sex		38%	44%	SU/SD statistically lower
	Same sex		2%	1%	
	Opposite sex		55%	50%	SU/SD statistically higher
	Both sexes		5%	5%	

## 5 Body Image

**5.01 The percent of students who are overweight (85th to <95th BMI percentile)**

		Springfield	Vermont	Notes
Grade	9th	19%	15%	
	10th	15%	14%	
	11th	13%	14%	
	12th	10%	13%	
Sex	Female	15%	14%	
	Male	15%	14%	
Total		15%	14%	

**5.02 The percent of students who are obese (=>95th BMI percentile)**

		Springfield	Vermont	Notes
Grade	9th	23%	12%	SU/SD statistically higher
	10th	21%	13%	SU/SD statistically higher
	11th	24%	12%	SU/SD statistically higher
	12th	23%	12%	SU/SD statistically higher
Sex	Female	16%	9%	SU/SD statistically higher
	Male	29%	16%	SU/SD statistically higher
Total		23%	12%	SU/SD statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Springfield	Vermont	Notes
Grade	9th	Underweight	16%	15%	
		About the right weight	47%	56%	SU/SD statistically lower
		Overweight	37%	29%	SU/SD statistically higher
-----					
	10th	Underweight	12%	13%	
		About the right weight	46%	55%	SU/SD statistically lower
		Overweight	41%	32%	SU/SD statistically higher
-----					
	11th	Underweight	7%	13%	SU/SD statistically lower
		About the right weight	46%	55%	SU/SD statistically lower
		Overweight	47%	31%	SU/SD statistically higher
-----					
	12th	Underweight	12%	13%	
		About the right weight	57%	55%	
		Overweight	32%	32%	
-----					
Sex	Female	Underweight	8%	10%	
		About the right weight	46%	54%	SU/SD statistically lower
		Overweight	47%	36%	SU/SD statistically higher
-----					
	Male	Underweight	16%	17%	
		About the right weight	52%	57%	SU/SD statistically lower
		Overweight	32%	26%	SU/SD statistically higher
-----					
Total		Underweight	12%	14%	
		About the right weight	48%	55%	SU/SD statistically lower
		Overweight	40%	31%	SU/SD statistically higher

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Springfield	Vermont	Notes
Grade	9th	Lose weight	51%	41%	SU/SD statistically higher
		Gain weight	11%	12%	
		Stay the same weight /do nothing	38%	47%	SU/SD statistically lower
-----					
	10th	Lose weight	55%	43%	SU/SD statistically higher
		Gain weight	12%	13%	
		Stay the same weight /do nothing	33%	44%	SU/SD statistically lower
-----					
	11th	Lose weight	43%	42%	SU/SD statistically lower
		Gain weight	9%	14%	
		Stay the same weight /do nothing	48%	44%	
-----					
	12th	Lose weight	37%	42%	SU/SD statistically lower
		Gain weight	19%	15%	
		Stay the same weight /do nothing	44%	42%	
-----					
Sex	Female	Lose weight	63%	56%	SU/SD statistically higher
		Gain weight	3%	4%	
		Stay the same weight /do nothing	34%	40%	SU/SD statistically lower
-----					
	Male	Lose weight	33%	28%	SU/SD statistically higher
		Gain weight	21%	23%	
		Stay the same weight /do nothing	46%	49%	
-----					
Total		Lose weight	48%	42%	SU/SD statistically higher
		Gain weight	12%	14%	
		Stay the same weight /do nothing	40%	44%	SU/SD statistically lower



## 6 Nutrition and Physical Activity

**6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Springfield	Vermont	Notes	
Grade	9th	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	37%	36%	
		3 to 4 hours	29%	33%	
		5+ hours	30%	18%	SU/SD statistically higher
10th	Less than 1 hour	9%	14%	SU/SD statistically lower	
	1 to 2 hours	30%	36%	SU/SD statistically lower	
	3 to 4 hours	37%	32%		
	5+ hours	23%	18%		
11th	Less than 1 hour	12%	15%		
	1 to 2 hours	28%	38%	SU/SD statistically lower	
	3 to 4 hours	35%	32%		
	5+ hours	25%	16%	SU/SD statistically higher	
12th	Less than 1 hour	15%	16%		
	1 to 2 hours	30%	36%		
	3 to 4 hours	36%	32%		
	5+ hours	19%	17%		
Sex	Female	Less than 1 hour	12%	15%	
		1 to 2 hours	31%	37%	SU/SD statistically lower
		3 to 4 hours	31%	32%	
		5+ hours	26%	16%	SU/SD statistically higher
Male	Less than 1 hour	8%	14%	SU/SD statistically lower	
	1 to 2 hours	32%	36%		
	3 to 4 hours	37%	32%	SU/SD statistically higher	
	5+ hours	24%	18%	SU/SD statistically higher	
Total	Less than 1 hour	10%	15%	SU/SD statistically lower	
	1 to 2 hours	32%	36%	SU/SD statistically lower	
	3 to 4 hours	34%	32%		
	5+ hours	24%	17%	SU/SD statistically higher	

## 6 Nutrition and Physical Activity

## 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Springfield	Vermont	Notes
Grade	9th	0 days	14%	11%	
		1 to 2 days	19%	16%	
		3 to 6 days	45%	47%	
		Everyday	23%	25%	
-----					
	10th	0 days	17%	13%	
		1 to 2 days	21%	15%	SU/SD statistically higher
		3 to 6 days	44%	47%	
		Everyday	18%	24%	SU/SD statistically lower
-----					
	11th	0 days	18%	15%	
		1 to 2 days	14%	17%	
		3 to 6 days	53%	45%	SU/SD statistically higher
		Everyday	14%	22%	SU/SD statistically lower
-----					
	12th	0 days	20%	17%	
		1 to 2 days	12%	18%	
		3 to 6 days	45%	44%	
		Everyday	23%	21%	
-----					
Sex	Female	0 days	22%	17%	SU/SD statistically higher
		1 to 2 days	21%	20%	
		3 to 6 days	48%	48%	
		Everyday	9%	16%	SU/SD statistically lower
-----					
	Male	0 days	12%	12%	
		1 to 2 days	14%	14%	
		3 to 6 days	44%	44%	
		Everyday	29%	30%	
-----					
Total		0 days	17%	14%	SU/SD statistically higher
		1 to 2 days	18%	17%	
		3 to 6 days	46%	46%	
		Everyday	19%	23%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

**6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Springfield	Vermont	Notes
Grade	9th	22%	23%	
	10th	21%	23%	
	11th	11%	23%	SU/SD statistically lower
	12th	20%	24%	
Sex	Female	16%	22%	SU/SD statistically lower
	Male	22%	25%	
Total		19%	24%	SU/SD statistically lower

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Springfield	Vermont	Notes
Grade	9th	27%	34%	SU/SD statistically lower
	10th	31%	34%	
	11th	25%	34%	SU/SD statistically lower
	12th	31%	35%	
Sex	Female	28%	33%	SU/SD statistically lower
	Male	29%	35%	SU/SD statistically lower
Total		28%	34%	SU/SD statistically lower

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Springfield	Vermont	Notes
Grade	9th	18%	17%	
	10th	20%	17%	
	11th	8%	18%	SU/SD statistically lower
	12th	12%	19%	SU/SD statistically lower
Sex	Female	11%	17%	SU/SD statistically lower
	Male	18%	19%	
Total		15%	18%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

**6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Springfield	Vermont	Notes
Grade	9th	12%	5%	SU/SD statistically higher
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	6%	3%	SU/SD statistically higher
	Male	7%	5%	
Total		6%	4%	SU/SD statistically higher

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Springfield	Vermont	Notes
Grade	9th	10%	5%	SU/SD statistically higher
	10th	.	4%	Too few students
	11th	6%	4%	
	12th	.	4%	Too few students
Sex	Female	3%	3%	
	Male	10%	6%	SU/SD statistically higher
Total		7%	4%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Springfield	Vermont	Notes
Grade	9th	Never	13%	11%	
		1 to 3 days	37%	25%	SU/SD statistically higher
		4 to 6 days	21%	22%	
		Everyday	30%	42%	SU/SD statistically lower
-----					
	10th	Never	14%	11%	
		1 to 3 days	36%	24%	SU/SD statistically higher
		4 to 6 days	28%	24%	
		Everyday	22%	41%	SU/SD statistically lower
-----					
	11th	Never	14%	10%	SU/SD statistically higher
		1 to 3 days	36%	25%	SU/SD statistically higher
		4 to 6 days	16%	24%	SU/SD statistically lower
		Everyday	34%	40%	SU/SD statistically lower
-----					
	12th	Never	7%	11%	
		1 to 3 days	35%	25%	SU/SD statistically higher
		4 to 6 days	19%	25%	
		Everyday	39%	39%	
-----					
Sex	Female	Never	11%	11%	
		1 to 3 days	41%	27%	SU/SD statistically higher
		4 to 6 days	20%	24%	
		Everyday	27%	38%	SU/SD statistically lower
-----					
	Male	Never	13%	11%	
		1 to 3 days	30%	23%	SU/SD statistically higher
		4 to 6 days	22%	23%	
		Everyday	35%	43%	SU/SD statistically lower
-----					
Total		Never	12%	11%	
		1 to 3 days	36%	25%	SU/SD statistically higher
		4 to 6 days	21%	24%	SU/SD statistically lower
		Everyday	31%	40%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Springfield	Vermont	Notes
Grade	9th	None	7%	9%	
		1 to 3 glasses	61%	60%	
		4+ glasses	31%	32%	
-----					
	10th	None	10%	8%	
		1 to 3 glasses	61%	58%	
		4+ glasses	29%	34%	
-----					
	11th	None	10%	8%	
		1 to 3 glasses	61%	60%	
		4+ glasses	29%	32%	
-----					
	12th	None	14%	9%	SU/SD statistically higher
		1 to 3 glasses	54%	57%	
		4+ glasses	32%	34%	
-----					
Sex	Female	None	9%	8%	
		1 to 3 glasses	65%	62%	
		4+ glasses	26%	31%	SU/SD statistically lower
-----					
	Male	None	11%	9%	
		1 to 3 glasses	54%	56%	
		4+ glasses	35%	35%	
-----					
Total	None		10%	9%	
	1 to 3 glasses		60%	59%	
	4+ glasses		30%	33%	

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Springfield	Vermont	Notes
Grade	9th	None	20%	32%	SU/SD statistically lower
		At least once during the past week	57%	54%	
		At least once per day	22%	14%	SU/SD statistically higher
-----					
	10th	None	24%	33%	SU/SD statistically lower
		At least once during the past week	53%	53%	
		At least once per day	23%	14%	SU/SD statistically higher
-----					
	11th	None	20%	33%	SU/SD statistically lower
		At least once during the past week	61%	51%	SU/SD statistically higher
		At least once per day	19%	15%	
-----					
	12th	None	27%	36%	SU/SD statistically lower
		At least once during the past week	54%	49%	
		At least once per day	19%	15%	
-----					
Sex	Female	None	25%	42%	SU/SD statistically lower
		At least once during the past week	58%	48%	SU/SD statistically higher
		At least once per day	17%	9%	SU/SD statistically higher
-----					
	Male	None	20%	25%	SU/SD statistically lower
		At least once during the past week	56%	55%	
		At least once per day	25%	20%	SU/SD statistically higher
-----					
Total		None	22%	33%	SU/SD statistically lower
		At least once during the past week	57%	52%	SU/SD statistically higher
		At least once per day	21%	15%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Springfield	Vermont	Notes
Grade	9th	None	21%	25%	
		At least once during the past week	56%	61%	
		At least once per day	23%	14%	SU/SD statistically higher
<hr/>					
	10th	None	22%	25%	
		At least once during the past week	63%	59%	
		At least once per day	15%	15%	
<hr/>					
	11th	None	21%	26%	
		At least once during the past week	61%	59%	
		At least once per day	18%	16%	
<hr/>					
	12th	None	25%	29%	
		At least once during the past week	68%	57%	SU/SD statistically higher
		At least once per day	7%	15%	SU/SD statistically lower
<hr/>					
Sex	Female	None	23%	30%	SU/SD statistically lower
		At least once during the past week	59%	59%	
		At least once per day	18%	11%	SU/SD statistically higher
<hr/>					
	Male	None	21%	22%	
		At least once during the past week	63%	58%	SU/SD statistically higher
		At least once per day	16%	19%	
<hr/>					
Total		None	22%	26%	SU/SD statistically lower
		At least once during the past week	61%	59%	
		At least once per day	17%	15%	



## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Springfield	Vermont	Notes
Grade	9th	Mostly As or Bs	58%	76%	SU/SD statistically lower
		Mostly Cs	24%	13%	SU/SD statistically higher
		Mostly Ds or Fs	12%	4%	SU/SD statistically higher
		Other / Not sure	7%	7%	
-----					
	10th	Mostly As or Bs	68%	77%	SU/SD statistically lower
		Mostly Cs	21%	14%	SU/SD statistically higher
		Mostly Ds or Fs	9%	4%	SU/SD statistically higher
		Other / Not sure	.	5%	Too few students
-----					
	11th	Mostly As or Bs	83%	80%	
		Mostly Cs	12%	13%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students
-----					
	12th	Mostly As or Bs	73%	83%	SU/SD statistically lower
		Mostly Cs	18%	11%	SU/SD statistically higher
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students
-----					
Sex	Female	Mostly As or Bs	74%	84%	SU/SD statistically lower
		Mostly Cs	16%	9%	SU/SD statistically higher
		Mostly Ds or Fs	7%	3%	SU/SD statistically higher
		Other / Not sure	.	4%	Too few students
-----					
	Male	Mostly As or Bs	64%	74%	SU/SD statistically lower
		Mostly Cs	22%	16%	SU/SD statistically higher
		Mostly Ds or Fs	7%	4%	SU/SD statistically higher
		Other / Not sure	7%	6%	
-----					
Total		Mostly As or Bs	69%	79%	SU/SD statistically lower
		Mostly Cs	19%	13%	SU/SD statistically higher
		Mostly Ds or Fs	7%	3%	SU/SD statistically higher
		Other / Not sure	5%	5%	

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Springfield	Vermont	Notes
Grade	9th	0 hours	30%	32%	
		1 to 4 hours	33%	30%	
		5 to 9 hours	17%	17%	
		10 or more hours	21%	21%	
10th	0 hours	44%	32%	SU/SD statistically higher	
	1 to 4 hours	31%	28%		
	5 to 9 hours	9%	16%	SU/SD statistically lower	
	10 or more hours	16%	24%	SU/SD statistically lower	
11th	0 hours	39%	32%	SU/SD statistically higher	
	1 to 4 hours	26%	27%		
	5 to 9 hours	14%	16%		
	10 or more hours	21%	25%		
12th	0 hours	43%	32%	SU/SD statistically higher	
	1 to 4 hours	16%	26%	SU/SD statistically lower	
	5 to 9 hours	19%	16%		
	10 or more hours	21%	27%		
Sex	Female	0 hours	38%	31%	SU/SD statistically higher
		1 to 4 hours	32%	29%	
		5 to 9 hours	15%	16%	
		10 or more hours	15%	24%	SU/SD statistically lower
Male	0 hours	40%	33%	SU/SD statistically higher	
	1 to 4 hours	22%	27%	SU/SD statistically lower	
	5 to 9 hours	14%	16%		
	10 or more hours	24%	24%		
Total	0 hours	39%	32%	SU/SD statistically higher	
	1 to 4 hours	27%	28%		
	5 to 9 hours	14%	16%		
	10 or more hours	19%	24%	SU/SD statistically lower	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Springfield	Vermont	Notes
Grade	9th	62%	78%	SU/SD statistically lower
	10th	75%	77%	
	11th	70%	77%	SU/SD statistically lower
	12th	70%	75%	
Sex	Female	65%	77%	SU/SD statistically lower
	Male	73%	76%	
Total		68%	76%	SU/SD statistically lower

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Springfield	Vermont	Notes
Grade	9th	24%	49%	SU/SD statistically lower
	10th	41%	48%	
	11th	28%	50%	SU/SD statistically lower
	12th	45%	54%	
Sex	Female	26%	47%	SU/SD statistically lower
	Male	41%	54%	
Total		34%	50%	SU/SD statistically lower

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Springfield	Vermont	Notes
Grade	9th	41%	59%	SU/SD statistically lower
	10th	50%	57%	
	11th	51%	64%	SU/SD statistically lower
	12th	67%	69%	
Sex	Female	46%	60%	SU/SD statistically lower
	Male	56%	64%	
Total		51%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Springfield	Vermont	Notes
Grade	9th	29%	50%	SU/SD statistically lower
	10th	38%	46%	SU/SD statistically lower
	11th	29%	46%	SU/SD statistically lower
	12th	47%	49%	
Sex	Female	33%	48%	SU/SD statistically lower
	Male	37%	48%	SU/SD statistically lower
Total		35%	48%	SU/SD statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		Springfield	Vermont	Notes
Grade	9th	69%	75%	SU/SD statistically lower
	10th	81%	80%	
	11th	85%	83%	
	12th	87%	84%	
Sex	Female	79%	83%	SU/SD statistically lower
	Male	80%	78%	
Total		79%	80%	

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Springfield SD**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Springfield**  
**Number of Middle School Students in Springfield SD**

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**Springfield SD Total**

247

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
Female	135	54%
Male	111	44%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	2	0%
6th grade	71	28%
7th grade	94	38%
8th grade	80	32%

<b>Age</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	2	0%
11 years or younger	22	8%
12 years	91	36%
13 years	85	34%
14 years or older	47	19%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	14	5%
Ethnic or racial minority	49	19%
White non-Hispanic	184	74%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Springfield SD. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*

**Vermont**  
**Number of Middle School Students in Vermont**

**Vermont Total**

13648

<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

<b>Age</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Springfield	Vermont	Notes
Grade	6th	38%	42%	
	7th	50%	41%	SU/SD statistically higher
	8th	51%	44%	SU/SD statistically higher
Sex	Female	33%	28%	SU/SD statistically higher
	Male	62%	57%	SU/SD statistically higher
Total		47%	43%	SU/SD statistically higher

**1.02 Percent of students who were bullied at least once, past 30 days**

		Springfield	Vermont	Notes
Grade	6th	31%	24%	SU/SD statistically higher
	7th	28%	25%	
	8th	20%	22%	
Sex	Female	30%	30%	
	Male	23%	18%	SU/SD statistically higher
Total		27%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.



*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Springfield	Vermont	Notes
Grade	6th	21%	21%	
	7th	23%	26%	
	8th	31%	28%	
Sex	Female	37%	36%	
	Male	11%	16%	SU/SD statistically lower
Total		25%	26%	

**1.04 Percent of students who were ever bullied at school**

		Springfield	Vermont	Notes
Grade	6th	41%	46%	
	7th	56%	48%	SU/SD statistically higher
	8th	42%	45%	
Sex	Female	53%	53%	
	Male	41%	40%	
Total		47%	46%	

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Springfield	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	8%	9%	
	8th	14%	11%	
Sex	Female	9%	10%	
	Male	8%	9%	
Total		9%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Springfield	Vermont	Notes
Grade	6th	14%	8%	SU/SD statistically higher
	7th	6%	7%	
	8th	14%	7%	
Sex	Female	15%	9%	SU/SD statistically higher
	Male	7%	6%	
Total		11%	7%	SU/SD statistically higher

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Springfield	Vermont	Notes
Grade	6th	15%	17%	SU/SD statistically higher
	7th	22%	19%	
	8th	30%	22%	
Sex	Female	32%	27%	SU/SD statistically higher
	Male	13%	13%	
Total		23%	20%	SU/SD statistically higher

**1.08 Percent of students who ever seriously thought about suicide**

		Springfield	Vermont	Notes
Grade	6th	13%	14%	SU/SD statistically higher
	7th	23%	16%	
	8th	29%	22%	
Sex	Female	24%	23%	SU/SD statistically higher
	Male	20%	12%	
Total		22%	18%	SU/SD statistically higher

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Springfield	Vermont	Notes
Grade	6th	8%	9%	
	7th	15%	11%	SU/SD statistically higher
	8th	22%	15%	SU/SD statistically higher
Sex	Female	21%	16%	SU/SD statistically higher
	Male	9%	8%	
Total		15%	12%	SU/SD statistically higher

**1.10 Percent of students who ever attempted suicide**

		Springfield	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	6%	5%	
	8th	18%	8%	SU/SD statistically higher
Sex	Female	12%	8%	SU/SD statistically higher
	Male	6%	3%	SU/SD statistically higher
Total		9%	6%	SU/SD statistically higher

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Springfield	Vermont	Notes
Grade	6th	38%	51%	SU/SD statistically lower
	7th	44%	55%	SU/SD statistically lower
	8th	56%	56%	
Sex	Female	44%	58%	SU/SD statistically lower
	Male	47%	51%	
Total		46%	54%	SU/SD statistically lower

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Springfield	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	34%	26%	SU/SD statistically higher
		Sometimes wear a helmet	21%	15%	SU/SD statistically higher
		Most of the time / always wear a helmet	44%	59%	SU/SD statistically lower
-----					
	7th	Never / rarely wear a helmet	41%	31%	SU/SD statistically higher
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	43%	52%	SU/SD statistically lower
-----					
	8th	Never / rarely wear a helmet	56%	41%	SU/SD statistically higher
		Sometimes wear a helmet	10%	15%	SU/SD statistically lower
		Most of the time / always wear a helmet	34%	43%	SU/SD statistically lower
-----					
Sex	Female	Never / rarely wear a helmet	34%	31%	
		Sometimes wear a helmet	19%	17%	
		Most of the time / always wear a helmet	47%	52%	SU/SD statistically lower
-----					
	Male	Never / rarely wear a helmet	54%	36%	SU/SD statistically higher
		Sometimes wear a helmet	13%	14%	
		Most of the time / always wear a helmet	33%	49%	SU/SD statistically lower
-----					
Total		Never / rarely wear a helmet	43%	34%	SU/SD statistically higher
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	41%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Springfield	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students
-----					
	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students
-----					
	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students
-----					
Sex	Female	Never / rarely wear a helmet	54%	45%	SU/SD statistically higher
		Sometimes wear a helmet	11%	13%	
		Most of the time / always wear a helmet	36%	43%	SU/SD statistically lower
-----					
	Male	Never / rarely wear a helmet	60%	41%	SU/SD statistically higher
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	32%	47%	SU/SD statistically lower
-----					
Total		Never / rarely wear a helmet	56%	43%	SU/SD statistically higher
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	34%	45%	SU/SD statistically lower

1 Personal Safety

**1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	3%	2%	
	Male	.	3%	Too few students
Total		3%	3%	

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		Springfield	Vermont	Notes
Grade	6th	6%	15%	SU/SD statistically lower
	7th	17%	19%	
	8th	26%	25%	
Sex	Female	16%	21%	SU/SD statistically lower
	Male	18%	19%	
Total		17%	20%	SU/SD statistically lower

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.01 Percent of students who ever drank alcohol other than a few sips

		Springfield	Vermont	Notes
Grade	6th	9%	10%	
	7th	14%	15%	
	8th	32%	24%	SU/SD statistically higher
Sex	Female	18%	16%	
	Male	17%	18%	
Total		17%	17%	

### 2.02 Percent of students who drank alcohol other than a few sips before age 11

		Springfield	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	.	6%	Too few students
	8th	11%	6%	SU/SD statistically higher
Sex	Female	4%	5%	
	Male	11%	8%	
Total		7%	6%	

### 2.03 Percent of students who drank any alcohol, past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	15%	10%	SU/SD statistically higher
Sex	Female	7%	6%	
	Male	8%	7%	
Total		7%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	9%	4%	SU/SD statistically higher
Sex	Female	.	2%	Too few students
	Male	4%	2%	SU/SD statistically higher
Total		3%	2%	SU/SD statistically higher

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Springfield	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	13%	7%	SU/SD statistically higher
	8th	21%	13%	SU/SD statistically higher
Sex	Female	10%	9%	
	Male	14%	9%	SU/SD statistically higher
Total		12%	9%	SU/SD statistically higher

**2.06 Percent of students who ever smoked a whole cigarette**

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	9%	4%	SU/SD statistically higher
	8th	13%	8%	SU/SD statistically higher
Sex	Female	6%	5%	
	Male	10%	5%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher



## 2 Alcohol, Tobacco, and Other Drug Use

### 2.07 Percent of students who smoked a whole cigarette by age 11

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	5%	2%	SU/SD statistically higher
Total		2%	1%	

### 2.08 Percent of students who smoked cigarettes, past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	6%	3%	SU/SD statistically higher
Sex	Female	4%	2%	
	Male	.	2%	Too few students
Total		3%	2%	SU/SD statistically higher

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		Springfield	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	23%	11%	SU/SD statistically higher
Sex	Female	7%	7%	
	Male	12%	7%	SU/SD statistically higher
Total		9%	7%	SU/SD statistically higher

### 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	11%	5%	SU/SD statistically higher
Sex	Female	3%	3%	
	Male	6%	3%	SU/SD statistically higher
Total		5%	3%	SU/SD statistically higher

### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		2%	2%	

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	7%	2%	SU/SD statistically higher
Sex	Female	3%	1%	SU/SD statistically higher
	Male	4%	2%	SU/SD statistically higher
Total		4%	2%	SU/SD statistically higher

### 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	10%	6%	SU/SD statistically higher
Sex	Female	6%	3%	SU/SD statistically higher
	Male	4%	4%	
Total		5%	4%	

### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	15%	8%	SU/SD statistically higher
Sex	Female	7%	5%	SU/SD statistically higher
	Male	7%	6%	
Total		7%	5%	SU/SD statistically higher

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Springfield	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

### 2.16 Percent of students who have ever used marijuana

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	10%	5%	SU/SD statistically higher
	8th	24%	11%	SU/SD statistically higher
Sex	Female	8%	6%	
	Male	16%	7%	SU/SD statistically higher
Total		12%	7%	SU/SD statistically higher

### 2.17 Percent of students who used marijuana by age 11

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	7%	2%	SU/SD statistically higher
Sex	Female	.	1%	Too few students
	Male	5%	2%	SU/SD statistically higher
Total		3%	1%	SU/SD statistically higher

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.18 Percent of students who used marijuana, past 30 days

		Springfield	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	15%	6%	SU/SD statistically higher
Sex	Female	5%	3%	
	Male	8%	4%	SU/SD statistically higher
Total		7%	4%	SU/SD statistically higher

### 2.19 Percent of students who have ever used inhalants

		Springfield	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	6%	6%	
Sex	Female	4%	5%	
	Male	.	5%	Too few students
Total		4%	5%	

### 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	10%	4%	SU/SD statistically higher
Sex	Female	.	3%	Too few students
	Male	5%	3%	SU/SD statistically higher
Total		4%	3%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Springfield	Vermont	Notes
Grade	6th	35%	24%	SU/SD statistically higher
	7th	35%	28%	SU/SD statistically higher
	8th	44%	31%	SU/SD statistically higher
Sex	Female	40%	29%	SU/SD statistically higher
	Male	35%	27%	SU/SD statistically higher
Total		38%	28%	SU/SD statistically higher

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Springfield	Vermont	Notes
Grade	6th	29%	17%	SU/SD statistically higher
	7th	32%	20%	SU/SD statistically higher
	8th	34%	23%	SU/SD statistically higher
Sex	Female	27%	22%	SU/SD statistically higher
	Male	37%	19%	SU/SD statistically higher
Total		32%	21%	SU/SD statistically higher

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Springfield	Vermont	Notes
Grade	6th	44%	47%	
	7th	62%	52%	SU/SD statistically higher
	8th	54%	55%	
Sex	Female	50%	52%	
	Male	58%	52%	SU/SD statistically higher
Total		54%	52%	

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Springfield	Vermont	Notes
Grade	6th	14%	15%	
	7th	41%	26%	SU/SD statistically higher
	8th	46%	35%	SU/SD statistically higher
Sex	Female	32%	28%	
	Male	38%	26%	SU/SD statistically higher
Total		35%	27%	SU/SD statistically higher

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Springfield	Vermont	Notes
15 or less students	18%	16%	
16 to 25 students	22%	25%	
26 to 45 students	21%	24%	SU/SD statistically lower
46 to 55 students	16%	16%	
56 to 75 students	9%	9%	
76 or more students	14%	10%	SU/SD statistically higher

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Springfield	Vermont	Notes
Grade	6th	96%	96%	
	7th	99%	96%	SU/SD statistically higher
	8th	92%	96%	SU/SD statistically lower
Sex	Female	97%	97%	
	Male	94%	96%	
Total		96%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Springfield	Vermont	Notes
Grade	6th	90%	92%	
	7th	97%	92%	SU/SD statistically higher
	8th	85%	90%	SU/SD statistically lower
Sex	Female	91%	93%	
	Male	91%	90%	
Total		91%	91%	

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Springfield	Vermont	Notes
Grade	6th	95%	96%	
	7th	92%	95%	SU/SD statistically lower
	8th	79%	92%	SU/SD statistically lower
Sex	Female	89%	94%	SU/SD statistically lower
	Male	88%	94%	SU/SD statistically lower
Total		89%	94%	SU/SD statistically lower



### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Springfield	Vermont	Notes
Grade	6th	96%	97%	
	7th	96%	95%	
	8th	80%	92%	SU/SD statistically lower
Sex	Female	91%	95%	SU/SD statistically lower
	Male	91%	94%	SU/SD statistically lower
Total		91%	94%	SU/SD statistically lower

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Springfield	Vermont	Notes
Grade	6th	96%	94%	
	7th	94%	90%	SU/SD statistically higher
	8th	71%	83%	SU/SD statistically lower
Sex	Female	87%	90%	
	Male	88%	87%	
Total		87%	88%	

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Springfield	Vermont	Notes
Grade	6th	100%	97%	SU/SD statistically higher
	7th	88%	92%	SU/SD statistically lower
	8th	60%	83%	SU/SD statistically lower
Sex	Female	88%	91%	SU/SD statistically lower
	Male	78%	89%	SU/SD statistically lower
Total		83%	90%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Springfield	Vermont	Notes
Grade	6th	75%	70%	
	7th	64%	72%	SU/SD statistically lower
	8th	67%	72%	
Sex	Female	68%	71%	
	Male	70%	72%	
Total		68%	71%	SU/SD statistically lower

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Springfield	Vermont	Notes
Grade	6th	50%	49%	
	7th	34%	49%	SU/SD statistically lower
	8th	38%	46%	SU/SD statistically lower
Sex	Female	34%	49%	SU/SD statistically lower
	Male	49%	46%	
Total		41%	48%	SU/SD statistically lower

#### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Springfield	Vermont	Notes
Grade	6th	68%	67%	
	7th	50%	61%	SU/SD statistically lower
	8th	37%	51%	SU/SD statistically lower
Sex	Female	50%	60%	SU/SD statistically lower
	Male	53%	58%	SU/SD statistically lower
Total		51%	59%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Springfield	Vermont	Notes
Grade	6th	20%	18%	
	7th	26%	24%	
	8th	46%	34%	SU/SD statistically higher
Sex	Female	30%	25%	SU/SD statistically higher
	Male	33%	29%	
Total		31%	27%	SU/SD statistically higher

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Springfield	Vermont	Notes
Grade	6th	24%	24%	
	7th	18%	33%	SU/SD statistically lower
	8th	45%	46%	
Sex	Female	29%	35%	SU/SD statistically lower
	Male	28%	37%	SU/SD statistically lower
Total		28%	36%	SU/SD statistically lower

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Springfield	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	17%	12%	SU/SD statistically higher
	8th	47%	22%	SU/SD statistically higher
Sex	Female	20%	13%	SU/SD statistically higher
	Male	26%	16%	SU/SD statistically higher
Total		23%	14%	SU/SD statistically higher

#### 4 Sexual Behavior

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##### 4.01 Percent of students who have ever had sexual intercourse

		Springfield	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	9%	4%	SU/SD statistically higher
	8th	17%	8%	SU/SD statistically higher
Sex	Female	4%	4%	
	Male	13%	7%	SU/SD statistically higher
Total		9%	6%	SU/SD statistically higher

##### 4.02 Percent of students who have ever had oral sex

		Springfield	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	7%	3%	SU/SD statistically higher
	8th	17%	9%	SU/SD statistically higher
Sex	Female	5%	5%	
	Male	12%	6%	SU/SD statistically higher
Total		8%	5%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Springfield	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	22%	13%	SU/SD statistically higher
		4 to 6 times	24%	22%	
		Everyday	50%	61%	SU/SD statistically lower
-----					
	7th	Never	5%	7%	
		1 to 3 times	19%	16%	
		4 to 6 times	28%	25%	
		Everyday	48%	51%	
-----					
	8th	Never	12%	8%	SU/SD statistically higher
		1 to 3 times	27%	20%	SU/SD statistically higher
		4 to 6 times	28%	25%	
		Everyday	32%	48%	SU/SD statistically lower
-----					
Sex	Female	Never	7%	8%	
		1 to 3 times	26%	21%	SU/SD statistically higher
		4 to 6 times	29%	26%	
		Everyday	38%	45%	SU/SD statistically lower
-----					
	Male	Never	7%	6%	
		1 to 3 times	18%	13%	SU/SD statistically higher
		4 to 6 times	25%	23%	
		Everyday	50%	59%	SU/SD statistically lower
-----					
Total		Never	7%	7%	
		1 to 3 times	22%	17%	SU/SD statistically higher
		4 to 6 times	27%	24%	
		Everyday	44%	52%	SU/SD statistically lower

*5 Nutrition and Physical Activity***5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		<b>Springfield</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	41%	45%	
	7th	49%	41%	SU/SD statistically higher
	8th	44%	39%	
Sex	Female	36%	38%	
	Male	56%	44%	SU/SD statistically higher
Total		45%	41%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Springfield	Vermont	Notes
Grade	6th	Never	12%	8%	SU/SD statistically higher
		1 to 4 days	34%	32%	
		5 to 6 days	18%	27%	SU/SD statistically lower
		Everyday	36%	33%	
-----					
	7th	Never	16%	7%	SU/SD statistically higher
		1 to 4 days	27%	34%	SU/SD statistically lower
		5 to 6 days	27%	28%	
		Everyday	30%	31%	
-----					
	8th	Never	12%	8%	SU/SD statistically higher
		1 to 4 days	35%	36%	
		5 to 6 days	21%	27%	SU/SD statistically lower
		Everyday	32%	29%	
-----					
Sex	Female	Never	11%	8%	SU/SD statistically higher
		1 to 4 days	41%	39%	
		5 to 6 days	22%	30%	SU/SD statistically lower
		Everyday	26%	23%	
-----					
	Male	Never	17%	8%	SU/SD statistically higher
		1 to 4 days	21%	29%	SU/SD statistically lower
		5 to 6 days	23%	25%	
		Everyday	39%	38%	
-----					
Total		Never	14%	8%	SU/SD statistically higher
		1 to 4 days	31%	34%	
		5 to 6 days	22%	27%	SU/SD statistically lower
		Everyday	33%	31%	

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Springfield	Vermont	Notes
Grade	6th	0 days	33%	18%	SU/SD statistically higher
		1 to 2 days	10%	15%	SU/SD statistically lower
		3 to 4 days	17%	19%	
		Everyday	40%	48%	SU/SD statistically lower
-----					
	7th	0 days	29%	30%	
		1 to 2 days	23%	17%	SU/SD statistically higher
		3 to 4 days	22%	17%	SU/SD statistically higher
		Everyday	26%	36%	SU/SD statistically lower
-----					
	8th	0 days	49%	33%	SU/SD statistically higher
		1 to 2 days	12%	16%	SU/SD statistically lower
		3 to 4 days	13%	16%	
		Everyday	26%	35%	SU/SD statistically lower
-----					
Sex	Female	0 days	39%	28%	SU/SD statistically higher
		1 to 2 days	17%	18%	
		3 to 4 days	18%	17%	
		Everyday	26%	38%	SU/SD statistically lower
-----					
	Male	0 days	35%	28%	SU/SD statistically higher
		1 to 2 days	14%	15%	
		3 to 4 days	17%	17%	
		Everyday	34%	40%	SU/SD statistically lower
-----					
Total		0 days	37%	28%	SU/SD statistically higher
		1 to 2 days	16%	16%	
		3 to 4 days	18%	17%	
		Everyday	30%	39%	SU/SD statistically lower



## 5 Nutrition and Physical Activity

## 5.05 Number of hours spent watching TV on an average school day

			Springfield	Vermont	Notes
Grade	6th	1 hour or less per day	38%	60%	SU/SD statistically lower
		2 to 4 hours per day	49%	34%	SU/SD statistically higher
		5 or more hours per day	13%	6%	SU/SD statistically higher
<hr/>					
	7th	1 hour or less per day	50%	57%	SU/SD statistically lower
		2 to 4 hours per day	37%	37%	
		5 or more hours per day	13%	6%	SU/SD statistically higher
<hr/>					
	8th	1 hour or less per day	46%	57%	SU/SD statistically lower
		2 to 4 hours per day	36%	37%	
		5 or more hours per day	18%	7%	SU/SD statistically higher
<hr/>					
Sex	Female	1 hour or less per day	43%	57%	SU/SD statistically lower
		2 to 4 hours per day	46%	37%	SU/SD statistically higher
		5 or more hours per day	11%	6%	SU/SD statistically higher
<hr/>					
	Male	1 hour or less per day	48%	58%	SU/SD statistically lower
		2 to 4 hours per day	33%	35%	
		5 or more hours per day	18%	7%	SU/SD statistically higher
<hr/>					
Total		1 hour or less per day	45%	58%	SU/SD statistically lower
		2 to 4 hours per day	40%	36%	SU/SD statistically higher
		5 or more hours per day	15%	6%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

**5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Springfield	Vermont	Notes
Grade	6th	1 hour or less per day	48%	55%	SU/SD statistically lower
		2 to 4 hours per day	35%	33%	
		5 or more hours per day	18%	12%	SU/SD statistically higher
-----					
	7th	1 hour or less per day	35%	46%	SU/SD statistically lower
		2 to 4 hours per day	48%	40%	SU/SD statistically higher
		5 or more hours per day	17%	14%	
-----					
	8th	1 hour or less per day	31%	40%	SU/SD statistically lower
		2 to 4 hours per day	35%	41%	SU/SD statistically lower
		5 or more hours per day	34%	19%	SU/SD statistically higher
-----					
Sex	Female	1 hour or less per day	38%	48%	SU/SD statistically lower
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	22%	15%	SU/SD statistically higher
-----					
	Male	1 hour or less per day	38%	44%	SU/SD statistically lower
		2 to 4 hours per day	40%	41%	
		5 or more hours per day	22%	15%	SU/SD statistically higher
-----					
Total		1 hour or less per day	38%	46%	SU/SD statistically lower
		2 to 4 hours per day	40%	39%	
		5 or more hours per day	23%	15%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

**5.07 Number of days in the average week students went online for something not school-related**

			Springfield	Vermont	Notes
Grade	6th	Never	27%	22%	
		1 to 5 days	38%	45%	
		At least six days	35%	33%	
-----					
	7th	Never	20%	16%	
		1 to 5 days	37%	41%	
		At least six days	42%	42%	
-----					
	8th	Never	10%	11%	
		1 to 5 days	32%	34%	
		At least six days	58%	55%	
-----					
Sex	Female	Never	18%	13%	SU/SD statistically higher
		1 to 5 days	37%	41%	
		At least six days	45%	46%	
-----					
	Male	Never	20%	18%	
		1 to 5 days	36%	38%	
		At least six days	45%	44%	
-----					
Total	Never		19%	15%	SU/SD statistically higher
	1 to 5 days		36%	39%	
	At least six days		45%	45%	

## 6 Youth Assets

**6.01 Percent of students who talk to their parents about school at least weekly**

		Springfield	Vermont	Notes
Grade	6th	80%	81%	
	7th	78%	80%	
	8th	71%	78%	SU/SD statistically lower
Sex	Female	77%	80%	
	Male	77%	79%	
Total		77%	79%	

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		Springfield	Vermont	Notes
Grade	6th	48%	60%	SU/SD statistically lower
	7th	42%	56%	SU/SD statistically lower
	8th	35%	51%	SU/SD statistically lower
Sex	Female	37%	50%	SU/SD statistically lower
	Male	47%	59%	SU/SD statistically lower
Total		42%	55%	SU/SD statistically lower

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Springfield	Vermont	Notes
Grade	6th	56%	69%	SU/SD statistically lower
	7th	45%	62%	SU/SD statistically lower
	8th	49%	59%	SU/SD statistically lower
Sex	Female	49%	62%	SU/SD statistically lower
	Male	50%	64%	SU/SD statistically lower
Total		50%	63%	SU/SD statistically lower

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Springfield	Vermont	Notes
Grade	6th	30%	45%	SU/SD statistically lower
	7th	30%	44%	SU/SD statistically lower
	8th	24%	39%	SU/SD statistically lower
Sex	Female	24%	42%	SU/SD statistically lower
	Male	33%	43%	SU/SD statistically lower
Total		28%	43%	SU/SD statistically lower