

# **2015 Vermont Youth Risk Behavior Survey Report**

## **Report for Chittenden Central SU**

### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Chittenden Central SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Chittenden Central who participated in the 2015 YRBS:

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#### **High School- Grades 9-12**

Essex Community Education Center UHSD #46

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#### **Middle School- Grades 6-8**

Albert D Lawton School

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Westford Elementary School

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>



## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## **Nutrition and Physical Activity**

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Chittenden Central SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.



*Demographics*


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**Chittenden Central**  
**Number of High School Students in Chittenden Central SU**

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**Chittenden Central SU Total**

989

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	11	1%
Female	460	46%
Male	518	52%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Ungraded	13	1%
9th grade	259	26%
10th grade	254	25%
11th grade	246	24%
12th grade	217	21%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	18	1%
Ethnic or racial minority	170	17%
White non-Hispanic	801	80%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	7	0%
High school or less	176	17%
Some college	101	10%
College graduate	421	42%
Graduate or professional degree after college	223	22%
Not sure	61	6%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Chittenden Central SU.

*Demographics*


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**Vermont**  
**Number of High School Students in Vermont**

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<b>Vermont Total</b>
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21013
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Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	21%	22%	
	10th	15%	20%	SU/SD statistically lower
	11th	12%	17%	SU/SD statistically lower
	12th	11%	14%	SU/SD statistically lower
Sex	Female	10%	12%	SU/SD statistically lower
	Male	20%	24%	SU/SD statistically lower
Total		15%	18%	SU/SD statistically lower

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	7%	10%	SU/SD statistically lower
	10th	5%	8%	SU/SD statistically lower
	11th	6%	6%	
	12th	3%	5%	
Sex	Female	3%	4%	
	Male	7%	10%	SU/SD statistically lower
Total		5%	7%	SU/SD statistically lower

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	6%	
	10th	3%	6%	SU/SD statistically lower
	11th	.	4%	Too few students
	12th	3%	4%	
Sex	Female	3%	4%	SU/SD statistically lower
	Male	3%	6%	SU/SD statistically lower
Total		3%	5%	SU/SD statistically lower

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	4%	6%	SU/SD statistically lower
	10th	3%	7%	SU/SD statistically lower
	11th	4%	9%	SU/SD statistically lower
	12th	7%	8%	
Sex	Female	3%	4%	
	Male	7%	11%	SU/SD statistically lower
Total		5%	8%	SU/SD statistically lower

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	8%	7%	
	10th	4%	6%	SU/SD statistically lower
	11th	4%	5%	
	12th	3%	5%	SU/SD statistically lower
Sex	Female	5%	7%	SU/SD statistically lower
	Male	4%	4%	
Total		5%	6%	SU/SD statistically lower

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	17%	23%	SU/SD statistically lower
	10th	15%	18%	
	11th	8%	16%	SU/SD statistically lower
	12th	13%	14%	
Sex	Female	18%	23%	SU/SD statistically lower
	Male	10%	12%	SU/SD statistically lower
Total		13%	18%	SU/SD statistically lower

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	20%	20%	SU/SD statistically lower
	10th	16%	17%	
	11th	12%	16%	
	12th	12%	13%	
Sex	Female	22%	23%	SU/SD statistically lower
	Male	9%	10%	
Total		15%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	8%	13%	SU/SD statistically lower
	10th	10%	11%	
	11th	10%	11%	
	12th	5%	10%	SU/SD statistically lower
Sex	Female	7%	11%	SU/SD statistically lower
	Male	10%	12%	SU/SD statistically lower
Total		8%	11%	SU/SD statistically lower

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	18%	20%	
	10th	20%	19%	
	11th	16%	17%	
	12th	14%	14%	
Sex	Female	27%	26%	
	Male	8%	9%	
Total		17%	17%	

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	22%	24%	
	10th	24%	26%	
	11th	23%	24%	
	12th	24%	24%	
Sex	Female	32%	34%	
	Male	15%	15%	
Total		23%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	14%	13%	
	10th	12%	13%	
	11th	11%	12%	
	12th	12%	10%	
Sex	Female	18%	16%	
	Male	7%	8%	
Total		12%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	7%	
	10th	5%	6%	
	11th	4%	5%	
	12th	4%	5%	
Sex	Female	8%	8%	
	Male	2%	4%	SU/SD statistically lower
Total		5%	6%	SU/SD statistically lower

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	2%	2%	
Sex	Female	3%	3%	
	Male	.	1%	Too few students
Total		2%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Chittenden Central	Vermont	Notes
Grade	9th	8%	8%	
	10th	6%	9%	
	11th	6%	9%	SU/SD statistically lower
	12th	3%	9%	SU/SD statistically lower
Sex	Female	10%	11%	
	Male	3%	7%	SU/SD statistically lower
Total		6%	9%	SU/SD statistically lower

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Chittenden Central	Vermont	Notes
Grade	9th	2%	5%	SU/SD statistically lower
	10th	2%	6%	SU/SD statistically lower
	11th	5%	7%	
	12th	9%	8%	
Sex	Female	9%	10%	
	Male	1%	3%	SU/SD statistically lower
Total		5%	7%	SU/SD statistically lower



*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	16%	19%	
	10th	16%	20%	SU/SD statistically lower
	11th	17%	20%	
	12th	12%	19%	SU/SD statistically lower
Sex	Female	18%	20%	
	Male	14%	19%	SU/SD statistically lower
Total		16%	20%	SU/SD statistically lower

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	15%	13%	
	10th	22%	20%	
	11th	24%	26%	
	12th	23%	29%	SU/SD statistically lower
Sex	Female	21%	22%	
	Male	22%	22%	
Total		21%	22%	

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	3%	4%	
	11th	3%	8%	SU/SD statistically lower
	12th	4%	9%	SU/SD statistically lower
Sex	Female	3%	5%	SU/SD statistically lower
	Male	4%	9%	SU/SD statistically lower
Total		4%	7%	SU/SD statistically lower

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	13%	8%	SU/SD statistically higher
	10th	9%	10%	
	11th	18%	18%	
	12th	17%	20%	
Sex	Female	14%	12%	
	Male	17%	18%	
Total		15%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	16%	10%	SU/SD statistically higher
	10th	11%	15%	
	11th	36%	40%	
	12th	41%	50%	
Sex	Female	32%	33%	
	Male	29%	33%	SU/SD statistically lower
Total		30%	33%	SU/SD statistically lower

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	50%	48%	
	10th	44%	54%	SU/SD statistically lower
	11th	49%	55%	SU/SD statistically lower
	12th	60%	56%	
Sex	Female	53%	49%	SU/SD statistically higher
	Male	48%	56%	SU/SD statistically lower
Total		50%	53%	SU/SD statistically lower

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	63%	63%	
	10th	66%	65%	
	11th	69%	65%	
	12th	69%	67%	
Sex	Female	74%	72%	
	Male	61%	59%	
Total		67%	65%	

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	2%	2%	
	10th	.	3%	Too few students
	11th	7%	4%	SU/SD statistically higher
	12th	3%	6%	SU/SD statistically lower
Sex	Female	6%	5%	
	Male	1%	3%	SU/SD statistically lower
Total		4%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	36%	37%	
	10th	43%	51%	SU/SD statistically lower
	11th	55%	63%	SU/SD statistically lower
	12th	64%	71%	SU/SD statistically lower
Sex	Female	55%	57%	
	Male	46%	54%	SU/SD statistically lower
Total		50%	56%	SU/SD statistically lower

**2.02 Percent of students who drank alcohol, other than a few sips, before age 13**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	10%	14%	SU/SD statistically lower
	10th	10%	13%	SU/SD statistically lower
	11th	6%	12%	SU/SD statistically lower
	12th	6%	10%	SU/SD statistically lower
Sex	Female	7%	10%	SU/SD statistically lower
	Male	8%	14%	SU/SD statistically lower
Total		8%	12%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	21%	17%	SU/SD statistically higher
	10th	20%	26%	SU/SD statistically lower
	11th	32%	34%	
	12th	33%	42%	SU/SD statistically lower
Sex	Female	29%	30%	
	Male	25%	29%	SU/SD statistically lower
Total		27%	30%	SU/SD statistically lower

**2.04 Percent of students who had five or more drinks in a row (binged), past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	7%	8%	
	10th	11%	13%	
	11th	20%	19%	
	12th	18%	24%	SU/SD statistically lower
Sex	Female	16%	15%	
	Male	12%	17%	SU/SD statistically lower
Total		14%	16%	SU/SD statistically lower

## 2 Alcohol, Tobacco and other Drug Use

## 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

			Chittenden Central	Vermont	Notes
Grade	9th	1 to 2 days	56%	55%	
		3 to 9 days	37%	33%	
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	45%	49%	
		3 to 9 days	49%	40%	SU/SD statistically higher
		10+ days	.	11%	Too few students
-----					
	12th	1 to 2 days	47%	47%	
		3 to 9 days	36%	40%	
		10+ days	17%	13%	
-----					
Sex	Female	1 to 2 days	45%	55%	SU/SD statistically lower
		3 to 9 days	46%	36%	SU/SD statistically higher
		10+ days	9%	9%	
-----					
	Male	1 to 2 days	57%	47%	SU/SD statistically higher
		3 to 9 days	30%	38%	SU/SD statistically lower
		10+ days	12%	15%	
-----					
Total		1 to 2 days	51%	51%	
		3 to 9 days	39%	37%	
		10+ days	11%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Chittenden Central	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	32%	33%	
		3 to 4 drinks	17%	18%	
		5 or more drinks	51%	49%	
-----					
	12th	1 to 2 drinks	34%	32%	
		3 to 4 drinks	20%	19%	
		5 or more drinks	46%	49%	
-----					
Sex	Female	1 to 2 drinks	36%	40%	
		3 to 4 drinks	22%	23%	
		5 or more drinks	42%	38%	
-----					
	Male	1 to 2 drinks	40%	33%	SU/SD statistically higher
		3 to 4 drinks	16%	16%	
		5 or more drinks	44%	52%	SU/SD statistically lower
-----					
Total		1 to 2 drinks	38%	36%	
		3 to 4 drinks	19%	19%	
		5 or more drinks	43%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

		Chittenden Central	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students  SU/SD statistically lower
		Gave someone money	10%	12%	
		Someone gave it to me	25%	36%	
		Took it / some other way	59%	49%	
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	26%	28%	SU/SD statistically higher
		Someone gave it to me	48%	41%	
		Took it / some other way	23%	27%	
-----					
	12th	Bought it	.	7%	Too few students
		Gave someone money	23%	29%	
		Someone gave it to me	48%	43%	
		Took it / some other way	25%	22%	
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	24%	24%	
		Someone gave it to me	44%	46%	
		Took it / some other way	30%	28%	
-----					
	Male	Bought it	5%	7%	
		Gave someone money	20%	24%	
		Someone gave it to me	39%	35%	
		Took it / some other way	36%	34%	
-----					
Total		Bought it	4%	5%	
		Gave someone money	21%	24%	
		Someone gave it to me	42%	40%	
		Took it / some other way	33%	31%	



## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Chittenden Central	Vermont	Notes
Grade	9th	At my home	58%	46%	SU/SD statistically higher
		At another person's home	28%	43%	SU/SD statistically lower
		At a public place or event	14%	12%	
-----					
	10th	At my home	41%	37%	
		At another person's home	45%	53%	
		At a public place or event	14%	10%	
-----					
	11th	At my home	39%	32%	
		At another person's home	60%	58%	
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	34%	30%	
		At another person's home	58%	60%	
		At a public place or event	8%	10%	
-----					
Sex	Female	At my home	38%	34%	
		At another person's home	56%	58%	
		At a public place or event	6%	8%	
-----					
	Male	At my home	44%	34%	SU/SD statistically higher
		At another person's home	44%	53%	SU/SD statistically lower
		At a public place or event	11%	13%	
-----					
Total		At my home	41%	34%	SU/SD statistically higher
		At another person's home	51%	55%	SU/SD statistically lower
		At a public place or event	9%	10%	
-----					

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Chittenden Central	Vermont	Notes
Grade	9th	12%	14%	
	10th	12%	18%	SU/SD statistically lower
	11th	16%	24%	SU/SD statistically lower
	12th	17%	28%	SU/SD statistically lower
Sex	Female	15%	19%	SU/SD statistically lower
	Male	14%	23%	SU/SD statistically lower
Total		15%	21%	SU/SD statistically lower

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	6%	
	10th	2%	6%	SU/SD statistically lower
	11th	2%	6%	SU/SD statistically lower
	12th	4%	6%	SU/SD statistically lower
Sex	Female	4%	5%	
	Male	3%	7%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	7%	
	10th	4%	9%	SU/SD statistically lower
	11th	8%	12%	SU/SD statistically lower
	12th	11%	14%	SU/SD statistically lower
Sex	Female	7%	10%	SU/SD statistically lower
	Male	7%	12%	SU/SD statistically lower
Total		7%	11%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Chittenden Central	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total	1 to 2 days		33%	29%	
	3 to 9 days		21%	22%	
	10+ days		47%	49%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Chittenden Central	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total	1 cigarette or less		51%	44%	
	2 to 10 cigarettes		39%	44%	
	11 or more cigarettes		10%	12%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

			Chittenden Central	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total	Bought them		19%	10%	SU/SD statistically higher
	Someone else bought them		22%	29%	
	Borrowed/bummed them		40%	39%	
	Took them / some other way		20%	22%	

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		36%	42%	

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Chittenden Central	Vermont	Notes
Grade	9th	30%	18%	SU/SD statistically higher
	10th	34%	28%	SU/SD statistically higher
	11th	38%	35%	
	12th	43%	39%	
Sex	Female	34%	27%	SU/SD statistically higher
	Male	39%	33%	SU/SD statistically higher
Total		36%	30%	SU/SD statistically higher

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	12%	10%	
	10th	13%	14%	
	11th	15%	17%	
	12th	17%	19%	
Sex	Female	12%	13%	
	Male	17%	18%	
Total		14%	15%	

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Chittenden Central	Vermont	Notes
Grade	9th	20%	15%	SU/SD statistically higher
	10th	16%	21%	SU/SD statistically lower
	11th	22%	29%	SU/SD statistically lower
	12th	27%	32%	SU/SD statistically lower
Sex	Female	19%	20%	
	Male	24%	28%	SU/SD statistically lower
Total		21%	24%	SU/SD statistically lower

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	6%	
	10th	4%	5%	
	11th	3%	6%	SU/SD statistically lower
	12th	4%	5%	
Sex	Female	4%	4%	
	Male	4%	7%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	6%	5%	
	10th	3%	6%	SU/SD statistically lower
	11th	2%	8%	SU/SD statistically lower
	12th	3%	8%	SU/SD statistically lower
Sex	Female	2%	3%	
	Male	5%	11%	SU/SD statistically lower
Total		4%	7%	SU/SD statistically lower

**2.21 Percent of students who smoked cigars or little cigars, past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	7%	5%	
	10th	5%	8%	SU/SD statistically lower
	11th	9%	12%	SU/SD statistically lower
	12th	13%	16%	SU/SD statistically lower
Sex	Female	5%	6%	
	Male	12%	14%	SU/SD statistically lower
Total		9%	10%	SU/SD statistically lower



*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	10%	11%	
	10th	8%	15%	SU/SD statistically lower
	11th	15%	21%	SU/SD statistically lower
	12th	18%	25%	SU/SD statistically lower
Sex	Female	11%	13%	SU/SD statistically lower
	Male	16%	23%	SU/SD statistically lower
Total		13%	18%	SU/SD statistically lower

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	17%	16%	
	10th	17%	22%	SU/SD statistically lower
	11th	23%	28%	SU/SD statistically lower
	12th	29%	32%	
Sex	Female	18%	20%	
	Male	26%	29%	SU/SD statistically lower
Total		22%	25%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Chittenden Central	Vermont	Notes
Grade	9th	25%	22%	
	10th	31%	32%	
	11th	39%	44%	SU/SD statistically lower
	12th	47%	49%	
Sex	Female	36%	36%	
	Male	36%	38%	
Total		36%	37%	

**2.25 Percent of students who used marijuana before age 13**

		Chittenden Central	Vermont	Notes
Grade	9th	4%	6%	
	10th	4%	6%	SU/SD statistically lower
	11th	5%	7%	
	12th	6%	6%	
Sex	Female	5%	5%	
	Male	5%	8%	SU/SD statistically lower
Total		5%	6%	SU/SD statistically lower

**2.26 Percent of students who used marijuana, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	17%	13%	SU/SD statistically higher
	10th	21%	20%	
	11th	29%	27%	
	12th	24%	29%	SU/SD statistically lower
Sex	Female	23%	21%	
	Male	23%	24%	
Total		23%	22%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Chittenden Central	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	27%	32%	SU/SD statistically higher
		3 to 9 times	35%	26%	
		10+ times	38%	42%	
-----					
	11th	1 to 2 times	34%	30%	
		3 to 9 times	23%	24%	
		10+ times	44%	46%	
-----					
	12th	1 to 2 times	26%	29%	
		3 to 9 times	25%	23%	
		10+ times	49%	48%	
-----					
Sex	Female	1 to 2 times	34%	37%	
		3 to 9 times	27%	26%	
		10+ times	39%	37%	
-----					
	Male	1 to 2 times	27%	26%	
		3 to 9 times	25%	23%	
		10+ times	47%	52%	
-----					
Total		1 to 2 times	31%	31%	
		3 to 9 times	26%	24%	
		10+ times	43%	45%	
-----					

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Chittenden Central	Vermont	Notes
Grade	9th	8%	8%	
	10th	10%	10%	
	11th	14%	13%	
	12th	13%	14%	
Sex	Female	13%	11%	
	Male	10%	12%	
Total		11%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Chittenden Central	Vermont	Notes
Grade	9th	4%	4%	
	10th	5%	4%	
	11th	5%	5%	
	12th	6%	6%	
Sex	Female	5%	4%	
	Male	5%	5%	
Total		5%	5%	

**2.30 Percent of students who ever used cocaine**

		Chittenden Central	Vermont	Notes
Grade	9th	3%	3%	
	10th	4%	4%	
	11th	6%	5%	
	12th	7%	7%	
Sex	Female	5%	4%	SU/SD statistically higher
	Male	5%	6%	
Total		5%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Chittenden Central	Vermont	Notes
Grade	9th	8%	7%	
	10th	6%	6%	
	11th	3%	7%	SU/SD statistically lower
	12th	6%	5%	
Sex	Female	5%	6%	
	Male	6%	7%	
Total		6%	7%	

**2.32 Percent of students who ever used methamphetamines**

		Chittenden Central	Vermont	Notes
Grade	9th	2%	2%	
	10th	3%	2%	
	11th	2%	3%	
	12th	3%	3%	
Sex	Female	2%	2%	
	Male	4%	3%	
Total		3%	3%	

**2.33 Percent of students who ever used heroin**

		Chittenden Central	Vermont	Notes
Grade	9th	2%	2%	
	10th	3%	2%	
	11th	.	2%	Too few students
	12th	4%	3%	
Sex	Female	2%	1%	
	Male	3%	3%	
Total		3%	2%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	27%	34%	SU/SD statistically lower
	10th	26%	36%	SU/SD statistically lower
	11th	32%	39%	SU/SD statistically lower
	12th	29%	38%	SU/SD statistically lower
Sex	Female	30%	37%	SU/SD statistically lower
	Male	28%	37%	SU/SD statistically lower
Total		29%	37%	SU/SD statistically lower

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	17%	25%	SU/SD statistically lower
	10th	14%	27%	SU/SD statistically lower
	11th	23%	28%	SU/SD statistically lower
	12th	21%	28%	SU/SD statistically lower
Sex	Female	19%	28%	SU/SD statistically lower
	Male	19%	27%	SU/SD statistically lower
Total		19%	27%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Chittenden Central	Vermont	Notes
Grade	9th	Never or rarely	16%	19%	
		Sometimes	28%	27%	
		At least most of the time	56%	54%	
-----					
	10th	Never or rarely	24%	19%	SU/SD statistically higher
		Sometimes	29%	27%	
		At least most of the time	48%	53%	SU/SD statistically lower
-----					
	11th	Never or rarely	19%	21%	
		Sometimes	30%	28%	
		At least most of the time	51%	52%	
-----					
	12th	Never or rarely	23%	22%	
		Sometimes	32%	28%	
		At least most of the time	46%	50%	SU/SD statistically lower
-----					
Sex	Female	Never or rarely	18%	19%	
		Sometimes	30%	28%	
		At least most of the time	52%	53%	
-----					
	Male	Never or rarely	23%	22%	
		Sometimes	29%	26%	
		At least most of the time	48%	51%	SU/SD statistically lower
-----					
Total		Never or rarely	21%	21%	
		Sometimes	30%	27%	SU/SD statistically higher
		At least most of the time	50%	52%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Chittenden Central	Vermont	Notes
15 or less students	19%	19%	
16 to 25 students	35%	29%	SU/SD statistically higher
26 to 45 students	22%	24%	SU/SD statistically lower
46 to 55 students	13%	14%	SU/SD statistically lower
56 to 75 students	5%	8%	SU/SD statistically lower
76 or more students	6%	7%	

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Chittenden Central	Vermont	Notes
15 or less students	6%	8%	SU/SD statistically lower
16 to 25 students	13%	13%	
26 to 45 students	22%	21%	
46 to 55 students	22%	21%	
56 to 75 students	20%	20%	
76 or more students	17%	16%	



### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Chittenden Central	Vermont	Notes
Grade	9th	95%	94%	
	10th	95%	93%	SU/SD statistically higher
	11th	95%	92%	SU/SD statistically higher
	12th	88%	87%	
Sex	Female	95%	93%	SU/SD statistically higher
	Male	91%	90%	
Total		93%	91%	SU/SD statistically higher

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Chittenden Central	Vermont	Notes
Grade	9th	86%	84%	
	10th	84%	78%	SU/SD statistically higher
	11th	74%	70%	SU/SD statistically higher
	12th	60%	57%	
Sex	Female	77%	74%	SU/SD statistically higher
	Male	73%	70%	SU/SD statistically higher
Total		75%	72%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Chittenden Central	Vermont	Notes
Grade	9th	86%	87%	
	10th	85%	82%	
	11th	80%	78%	
	12th	77%	74%	
Sex	Female	85%	82%	SU/SD statistically higher
	Male	78%	79%	
Total		81%	80%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Chittenden Central	Vermont	Notes
Grade	9th	88%	87%	
	10th	89%	84%	SU/SD statistically higher
	11th	86%	77%	SU/SD statistically higher
	12th	72%	67%	SU/SD statistically higher
Sex	Female	84%	80%	SU/SD statistically higher
	Male	82%	77%	SU/SD statistically higher
Total		83%	78%	SU/SD statistically higher

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Chittenden Central	Vermont	Notes
Grade	9th	66%	70%	SU/SD statistically lower
	10th	62%	58%	
	11th	50%	47%	
	12th	40%	38%	
Sex	Female	53%	54%	
	Male	55%	53%	
Total		54%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Chittenden Central	Vermont	Notes
Grade	9th	61%	70%	SU/SD statistically lower
	10th	56%	59%	
	11th	52%	51%	
	12th	45%	44%	
Sex	Female	55%	57%	
	Male	51%	55%	SU/SD statistically lower
Total		53%	56%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Chittenden Central	Vermont	Notes
Grade	9th	65%	62%	
	10th	76%	66%	SU/SD statistically higher
	11th	78%	66%	SU/SD statistically higher
	12th	76%	66%	SU/SD statistically higher
Sex	Female	76%	67%	SU/SD statistically higher
	Male	71%	63%	SU/SD statistically higher
Total		74%	65%	SU/SD statistically higher

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Chittenden Central	Vermont	Notes
Grade	9th	41%	42%	
	10th	46%	40%	SU/SD statistically higher
	11th	43%	36%	SU/SD statistically higher
	12th	38%	35%	
Sex	Female	47%	43%	SU/SD statistically higher
	Male	38%	33%	SU/SD statistically higher
Total		42%	38%	SU/SD statistically higher

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Chittenden Central	Vermont	Notes
Grade	9th	32%	35%	
	10th	33%	29%	SU/SD statistically higher
	11th	25%	22%	
	12th	21%	21%	
Sex	Female	29%	30%	
	Male	26%	24%	
Total		28%	27%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Chittenden Central	Vermont	Notes
Grade	9th	47%	44%	
	10th	52%	55%	
	11th	58%	64%	SU/SD statistically lower
	12th	71%	80%	SU/SD statistically lower
Sex	Female	51%	57%	SU/SD statistically lower
	Male	64%	64%	
Total		57%	61%	SU/SD statistically lower

#### 3.16 Percent of students who think it would be easy to get alcohol

		Chittenden Central	Vermont	Notes
Grade	9th	65%	60%	SU/SD statistically higher
	10th	73%	68%	SU/SD statistically higher
	11th	76%	74%	
	12th	75%	75%	
Sex	Female	75%	71%	SU/SD statistically higher
	Male	71%	68%	
Total		72%	69%	SU/SD statistically higher

#### 3.17 Percent of students who think it would be easy to get marijuana

		Chittenden Central	Vermont	Notes
Grade	9th	59%	46%	SU/SD statistically higher
	10th	62%	60%	
	11th	67%	69%	
	12th	69%	74%	SU/SD statistically lower
Sex	Female	60%	60%	
	Male	68%	65%	SU/SD statistically higher
Total		64%	62%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Chittenden Central	Vermont	Notes
Grade	9th	45%	44%	
	10th	49%	50%	
	11th	50%	57%	SU/SD statistically lower
	12th	54%	60%	SU/SD statistically lower
Sex	Female	53%	56%	
	Male	46%	50%	SU/SD statistically lower
Total		49%	53%	SU/SD statistically lower

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Chittenden Central	Vermont	Notes
Grade	9th	36%	36%	
	10th	32%	30%	
	11th	23%	27%	SU/SD statistically lower
	12th	21%	24%	
Sex	Female	31%	29%	
	Male	24%	29%	SU/SD statistically lower
Total		28%	29%	

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Chittenden Central	Vermont	Notes
Grade	9th	29%	15%	SU/SD statistically higher
	10th	29%	19%	SU/SD statistically higher
	11th	25%	20%	SU/SD statistically higher
	12th	23%	18%	SU/SD statistically higher
Sex	Female	22%	15%	SU/SD statistically higher
	Male	30%	21%	SU/SD statistically higher
Total		26%	18%	SU/SD statistically higher

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			Chittenden Central	Vermont	Notes
Grade	9th	Heterosexual (straight)	85%	88%	
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	5%	6%	
		Not sure	6%	5%	
-----					
	10th	Heterosexual (straight)	90%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	2%	4%	SU/SD statistically lower
-----					
	11th	Heterosexual (straight)	94%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	3%	6%	SU/SD statistically lower
		Not sure	2%	4%	SU/SD statistically lower
-----					
	12th	Heterosexual (straight)	92%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	3%	6%	SU/SD statistically lower
		Not sure	3%	4%	
-----					
Sex	Female	Heterosexual (straight)	86%	84%	
		Gay or lesbian	2%	2%	
		Bisexual	7%	10%	SU/SD statistically lower
		Not sure	5%	5%	
-----					
	Male	Heterosexual (straight)	94%	92%	SU/SD statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	2%	3%	
		Not sure	3%	4%	
-----					
Total		Heterosexual (straight)	90%	88%	SU/SD statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	5%	6%	SU/SD statistically lower
		Not sure	4%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Chittenden Central	Vermont	Notes
Grade	9th	19%	18%	
	10th	20%	33%	SU/SD statistically lower
	11th	42%	49%	SU/SD statistically lower
	12th	45%	62%	SU/SD statistically lower
Sex	Female	34%	40%	SU/SD statistically lower
	Male	31%	41%	SU/SD statistically lower
Total		32%	41%	SU/SD statistically lower

**4.03 Percent of students who have ever had oral sex**

		Chittenden Central	Vermont	Notes
Grade	9th	21%	21%	
	10th	22%	37%	SU/SD statistically lower
	11th	47%	50%	
	12th	48%	60%	SU/SD statistically lower
Sex	Female	37%	41%	SU/SD statistically lower
	Male	34%	42%	SU/SD statistically lower
Total		35%	42%	SU/SD statistically lower

**4.04 Percent of students who had sexual intercourse before age 13**

		Chittenden Central	Vermont	Notes
Grade	9th	3%	3%	
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	3%	4%	
Sex	Female	2%	2%	
	Male	2%	4%	SU/SD statistically lower
Total		2%	3%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	2%	3%	
	10th	3%	6%	SU/SD statistically lower
	11th	8%	11%	SU/SD statistically lower
	12th	15%	19%	SU/SD statistically lower
Sex	Female	8%	9%	
	Male	7%	10%	SU/SD statistically lower
Total		7%	10%	SU/SD statistically lower

**4.06 Percent of students who have ever been tested for HIV**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	6%	7%	
	10th	6%	8%	
	11th	11%	12%	
	12th	12%	14%	
Sex	Female	11%	11%	
	Male	7%	9%	SU/SD statistically lower
Total		9%	10%	



*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Chittenden Central	Vermont	Notes
Grade	9th	14%	12%	
	10th	15%	24%	SU/SD statistically lower
	11th	34%	38%	
	12th	33%	49%	SU/SD statistically lower
Sex	Female	27%	33%	SU/SD statistically lower
	Male	22%	30%	SU/SD statistically lower
Total		24%	31%	SU/SD statistically lower

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Chittenden Central	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	18%	18%	
	12th	22%	18%	
Sex	Female	16%	15%	
	Male	27%	22%	
Total		21%	19%	

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Chittenden Central	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	58%	58%	
	12th	61%	54%	
Sex	Female	58%	55%	
	Male	64%	62%	
Total		61%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Chittenden Central	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	58%	49%	SU/SD statistically higher
	12th	51%	54%	
Sex	Female	59%	55%	
	Male	44%	38%	
Total		52%	47%	SU/SD statistically higher

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Chittenden Central	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	96%	88%	SU/SD statistically higher
	12th	87%	87%	
Sex	Female	91%	88%	SU/SD statistically higher
	Male	87%	86%	
Total		89%	87%	

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

		Chittenden Central	Vermont	Notes
Grade 9th	No method was used	.	12%	Too few students
	Birth control pills	.	19%	Too few students
	Condoms	.	50%	Too few students
	IUD or implant	.	4%	Too few students
	Shot/patch/birth control ring	.	5%	Too few students
	Withdrawal/other method	.	8%	Too few students
	Not sure	.	3%	Too few students
-----				
10th	No method was used	.	7%	Too few students
	Birth control pills	.	28%	Too few students
	Condoms	.	46%	Too few students
	IUD or implant	.	5%	Too few students
	Shot/patch/birth control ring	.	6%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				
11th	No method was used	.	6%	Too few students
	Birth control pills	49%	37%	SU/SD statistically higher
	Condoms	38%	37%	
	IUD or implant	.	7%	Too few students
	Shot/patch/birth control ring	.	6%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	1%	Too few students
-----				
12th	No method was used	11%	7%	SU/SD statistically higher
	Birth control pills	36%	40%	
	Condoms	36%	32%	
	IUD or implant	.	7%	Too few students
	Shot/patch/birth control ring	9%	7%	
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				

## 4 Sexual Behavior and Orientation

		Chittenden Central	Vermont	Notes	
Sex	Female	No method was used	7%	7%	
		Birth control pills	45%	39%	SU/SD statistically higher
		Condoms	32%	31%	
		IUD or implant	5%	8%	SU/SD statistically lower
		Shot/patch/birth control ring	9%	8%	
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	6%	7%	
		Birth control pills	36%	30%	
		Condoms	43%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	5%	4%	
		Withdrawal/other method	6%	7%	
		Not sure	.	3%	Too few students
<hr/>					
Total		No method was used	7%	7%	
		Birth control pills	41%	35%	SU/SD statistically higher
		Condoms	37%	38%	
		IUD or implant	4%	6%	
		Shot/patch/birth control ring	7%	6%	
		Withdrawal/other method	4%	6%	SU/SD statistically lower
		Not sure	.	2%	Too few students

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Sex	Female	Have not had sex	48%	45%	
		Same sex	.	1%	Too few students
		Opposite sex	45%	46%	
		Both sexes	6%	7%	
-----					
	Male	Have not had sex	53%	43%	SU/SD statistically higher
		Same sex	.	1%	Too few students
		Opposite sex	46%	53%	SU/SD statistically lower
		Both sexes	1%	2%	SU/SD statistically lower
-----					
Total	Have not had sex		50%	44%	SU/SD statistically higher
	Same sex		1%	1%	SU/SD statistically lower
	Opposite sex		46%	50%	SU/SD statistically lower
	Both sexes		4%	5%	SU/SD statistically lower

## 5 Body Image

## 5.01 The percent of students who are overweight (85th to &lt;95th BMI percentile)

		Chittenden Central	Vermont	Notes
Grade	9th	9%	15%	SU/SD statistically lower
	10th	8%	14%	SU/SD statistically lower
	11th	10%	14%	SU/SD statistically lower
	12th	11%	13%	
Sex	Female	9%	14%	SU/SD statistically lower
	Male	9%	14%	SU/SD statistically lower
Total		9%	14%	SU/SD statistically lower

## 5.02 The percent of students who are obese (=&gt;95th BMI percentile)

		Chittenden Central	Vermont	Notes
Grade	9th	10%	12%	
	10th	7%	13%	SU/SD statistically lower
	11th	10%	12%	
	12th	10%	12%	
Sex	Female	5%	9%	SU/SD statistically lower
	Male	13%	16%	SU/SD statistically lower
Total		9%	12%	SU/SD statistically lower

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Chittenden Central	Vermont	Notes
Grade	9th	Underweight	17%	15%	
		About the right weight	55%	56%	
		Overweight	28%	29%	
-----					
	10th	Underweight	15%	13%	
		About the right weight	60%	55%	SU/SD statistically higher
		Overweight	25%	32%	SU/SD statistically lower
-----					
	11th	Underweight	14%	13%	
		About the right weight	58%	55%	
		Overweight	28%	31%	
-----					
	12th	Underweight	15%	13%	
		About the right weight	55%	55%	
		Overweight	30%	32%	
-----					
Sex	Female	Underweight	11%	10%	
		About the right weight	56%	54%	
		Overweight	33%	36%	SU/SD statistically lower
-----					
	Male	Underweight	19%	17%	
		About the right weight	57%	57%	
		Overweight	24%	26%	
-----					
Total		Underweight	15%	14%	SU/SD statistically higher
		About the right weight	57%	55%	
		Overweight	28%	31%	SU/SD statistically lower

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Chittenden Central	Vermont	Notes
Grade	9th	Lose weight	37%	41%	
		Gain weight	15%	12%	SU/SD statistically higher
		Stay the same weight /do nothing	47%	47%	
-----					
	10th	Lose weight	37%	43%	SU/SD statistically lower
		Gain weight	14%	13%	
		Stay the same weight /do nothing	50%	44%	SU/SD statistically higher
-----					
	11th	Lose weight	40%	42%	
		Gain weight	14%	14%	
		Stay the same weight /do nothing	46%	44%	
-----					
	12th	Lose weight	37%	42%	SU/SD statistically lower
		Gain weight	16%	15%	
		Stay the same weight /do nothing	47%	42%	SU/SD statistically higher
-----					
Sex	Female	Lose weight	53%	56%	SU/SD statistically lower
		Gain weight	5%	4%	
		Stay the same weight /do nothing	42%	40%	
-----					
	Male	Lose weight	23%	28%	SU/SD statistically lower
		Gain weight	24%	23%	
		Stay the same weight /do nothing	53%	49%	SU/SD statistically higher
-----					
Total		Lose weight	38%	42%	SU/SD statistically lower
		Gain weight	15%	14%	
		Stay the same weight /do nothing	48%	44%	SU/SD statistically higher



## 6 Nutrition and Physical Activity

**6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Chittenden Central	Vermont	Notes	
Grade	9th	Less than 1 hour	11%	14%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	33%	33%	
		5+ hours	19%	18%	
10th	Less than 1 hour	11%	14%	SU/SD statistically lower	
		1 to 2 hours	37%		36%
		3 to 4 hours	31%		32%
		5+ hours	21%		18%
11th	Less than 1 hour	13%	15%		
		1 to 2 hours	38%	38%	
		3 to 4 hours	34%	32%	
		5+ hours	15%	16%	
12th	Less than 1 hour	13%	16%		
		1 to 2 hours	31%	36%	SU/SD statistically lower
		3 to 4 hours	37%	32%	SU/SD statistically higher
		5+ hours	19%	17%	
Sex	Female	Less than 1 hour	13%	15%	
		1 to 2 hours	37%	37%	
		3 to 4 hours	34%	32%	
		5+ hours	16%	16%	
Male	Less than 1 hour	11%	14%	SU/SD statistically lower	
		1 to 2 hours	34%		36%
		3 to 4 hours	33%		32%
		5+ hours	21%		18%
Total	Less than 1 hour	12%	15%	SU/SD statistically lower	
		1 to 2 hours	36%		36%
		3 to 4 hours	34%		32%
		5+ hours	18%		17%

## 6 Nutrition and Physical Activity

**6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days**

			Chittenden Central	Vermont	Notes
Grade	9th	0 days	13%	11%	
		1 to 2 days	18%	16%	
		3 to 6 days	52%	47%	SU/SD statistically higher
		Everyday	17%	25%	SU/SD statistically lower
-----					
	10th	0 days	12%	13%	
		1 to 2 days	18%	15%	
		3 to 6 days	45%	47%	
		Everyday	25%	24%	
-----					
	11th	0 days	11%	15%	SU/SD statistically lower
		1 to 2 days	15%	17%	
		3 to 6 days	60%	45%	SU/SD statistically higher
		Everyday	13%	22%	SU/SD statistically lower
-----					
	12th	0 days	14%	17%	
		1 to 2 days	12%	18%	SU/SD statistically lower
		3 to 6 days	53%	44%	SU/SD statistically higher
		Everyday	21%	21%	
-----					
Sex	Female	0 days	13%	17%	SU/SD statistically lower
		1 to 2 days	18%	20%	
		3 to 6 days	55%	48%	SU/SD statistically higher
		Everyday	14%	16%	
-----					
	Male	0 days	12%	12%	
		1 to 2 days	14%	14%	
		3 to 6 days	50%	44%	SU/SD statistically higher
		Everyday	24%	30%	SU/SD statistically lower
-----					
Total		0 days	13%	14%	SU/SD statistically lower
		1 to 2 days	16%	17%	
		3 to 6 days	52%	46%	SU/SD statistically higher
		Everyday	19%	23%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

**6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Chittenden Central	Vermont	Notes
Grade	9th	20%	23%	
	10th	26%	23%	
	11th	26%	23%	
	12th	23%	24%	
Sex	Female	23%	22%	
	Male	24%	25%	
Total		24%	24%	

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Chittenden Central	Vermont	Notes
Grade	9th	33%	34%	
	10th	42%	34%	SU/SD statistically higher
	11th	37%	34%	
	12th	36%	35%	
Sex	Female	38%	33%	SU/SD statistically higher
	Male	37%	35%	
Total		38%	34%	SU/SD statistically higher

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Chittenden Central	Vermont	Notes
Grade	9th	16%	17%	
	10th	17%	17%	
	11th	18%	18%	
	12th	17%	19%	
Sex	Female	19%	17%	
	Male	15%	19%	SU/SD statistically lower
Total		17%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Chittenden Central	Vermont	Notes
Grade	9th	5%	5%	Too few students
	10th	.	4%	
	11th	4%	4%	
	12th	4%	4%	
Sex	Female	2%	3%	SU/SD statistically lower
	Male	5%	5%	
Total		4%	4%	

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Chittenden Central	Vermont	Notes
Grade	9th	4%	5%	SU/SD statistically lower
	10th	4%	4%	
	11th	2%	4%	
	12th	4%	4%	
Sex	Female	3%	3%	
	Male	4%	6%	
Total		4%	4%	

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Chittenden Central	Vermont	Notes
Grade	9th	Never	11%	11%	
		1 to 3 days	20%	25%	SU/SD statistically lower
		4 to 6 days	26%	22%	SU/SD statistically higher
		Everyday	43%	42%	
-----					
	10th	Never	7%	11%	SU/SD statistically lower
		1 to 3 days	20%	24%	SU/SD statistically lower
		4 to 6 days	27%	24%	
		Everyday	45%	41%	SU/SD statistically higher
-----					
	11th	Never	6%	10%	SU/SD statistically lower
		1 to 3 days	19%	25%	SU/SD statistically lower
		4 to 6 days	23%	24%	
		Everyday	52%	40%	SU/SD statistically higher
-----					
	12th	Never	9%	11%	
		1 to 3 days	19%	25%	SU/SD statistically lower
		4 to 6 days	25%	25%	
		Everyday	47%	39%	SU/SD statistically higher
-----					
Sex	Female	Never	8%	11%	SU/SD statistically lower
		1 to 3 days	21%	27%	SU/SD statistically lower
		4 to 6 days	25%	24%	
		Everyday	45%	38%	SU/SD statistically higher
-----					
	Male	Never	8%	11%	SU/SD statistically lower
		1 to 3 days	19%	23%	SU/SD statistically lower
		4 to 6 days	25%	23%	
		Everyday	48%	43%	SU/SD statistically higher
-----					
Total		Never	8%	11%	SU/SD statistically lower
		1 to 3 days	20%	25%	SU/SD statistically lower
		4 to 6 days	25%	24%	
		Everyday	47%	40%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Chittenden Central	Vermont	Notes
Grade	9th	None	7%	9%	
		1 to 3 glasses	60%	60%	
		4+ glasses	33%	32%	
-----					
	10th	None	8%	8%	
		1 to 3 glasses	51%	58%	SU/SD statistically lower
		4+ glasses	41%	34%	SU/SD statistically higher
-----					
	11th	None	5%	8%	SU/SD statistically lower
		1 to 3 glasses	62%	60%	
		4+ glasses	33%	32%	
-----					
	12th	None	6%	9%	SU/SD statistically lower
		1 to 3 glasses	56%	57%	
		4+ glasses	38%	34%	
-----					
Sex	Female	None	7%	8%	
		1 to 3 glasses	61%	62%	
		4+ glasses	32%	31%	
-----					
	Male	None	6%	9%	SU/SD statistically lower
		1 to 3 glasses	54%	56%	
		4+ glasses	40%	35%	SU/SD statistically higher
-----					
Total		None	7%	9%	SU/SD statistically lower
		1 to 3 glasses	57%	59%	
		4+ glasses	36%	33%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Chittenden Central	Vermont	Notes
Grade	9th	None	31%	32%	
		At least once during the past week	57%	54%	
		At least once per day	12%	14%	
10th	None	37%	33%	SU/SD statistically higher	
	At least once during the past week	53%	53%		
	At least once per day	10%	14%	SU/SD statistically lower	
11th	None	38%	33%	SU/SD statistically higher	
	At least once during the past week	55%	51%		
	At least once per day	7%	15%	SU/SD statistically lower	
12th	None	39%	36%		
	At least once during the past week	49%	49%		
	At least once per day	12%	15%	SU/SD statistically lower	
Sex	Female	None	48%	42%	SU/SD statistically higher
		At least once during the past week	45%	48%	SU/SD statistically lower
		At least once per day	7%	9%	SU/SD statistically lower
Male	None	26%	25%		
	At least once during the past week	61%	55%	SU/SD statistically higher	
	At least once per day	13%	20%	SU/SD statistically lower	
Total	None	36%	33%	SU/SD statistically higher	
	At least once during the past week	53%	52%		
	At least once per day	10%	15%	SU/SD statistically lower	

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Chittenden Central	Vermont	Notes
Grade	9th	None	23%	25%	
		At least once during the past week	64%	61%	
		At least once per day	13%	14%	
-----					
	10th	None	26%	25%	
		At least once during the past week	63%	59%	
		At least once per day	11%	15%	SU/SD statistically lower
-----					
	11th	None	31%	26%	SU/SD statistically higher
		At least once during the past week	59%	59%	
		At least once per day	10%	16%	SU/SD statistically lower
-----					
	12th	None	26%	29%	
		At least once during the past week	58%	57%	
		At least once per day	16%	15%	
-----					
Sex	Female	None	30%	30%	
		At least once during the past week	59%	59%	
		At least once per day	11%	11%	
-----					
	Male	None	23%	22%	
		At least once during the past week	62%	58%	SU/SD statistically higher
		At least once per day	15%	19%	SU/SD statistically lower
-----					
Total		None	26%	26%	
		At least once during the past week	61%	59%	
		At least once per day	13%	15%	SU/SD statistically lower



## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Chittenden Central	Vermont	Notes
Grade	9th	Mostly As or Bs	83%	76%	SU/SD statistically higher
		Mostly Cs	6%	13%	SU/SD statistically lower
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	7%	7%	
-----					
	10th	Mostly As or Bs	89%	77%	SU/SD statistically higher
		Mostly Cs	5%	14%	SU/SD statistically lower
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	5%	5%	
-----					
	11th	Mostly As or Bs	84%	80%	SU/SD statistically higher
		Mostly Cs	8%	13%	SU/SD statistically lower
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	6%	4%	SU/SD statistically higher
-----					
	12th	Mostly As or Bs	86%	83%	SU/SD statistically higher
		Mostly Cs	6%	11%	SU/SD statistically lower
		Mostly Ds or Fs	2%	2%	
		Other / Not sure	5%	4%	
-----					
Sex	Female	Mostly As or Bs	89%	84%	SU/SD statistically higher
		Mostly Cs	5%	9%	SU/SD statistically lower
		Mostly Ds or Fs	1%	3%	SU/SD statistically lower
		Other / Not sure	5%	4%	
-----					
	Male	Mostly As or Bs	82%	74%	SU/SD statistically higher
		Mostly Cs	8%	16%	SU/SD statistically lower
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	7%	6%	
-----					
Total		Mostly As or Bs	86%	79%	SU/SD statistically higher
		Mostly Cs	6%	13%	SU/SD statistically lower
		Mostly Ds or Fs	2%	3%	SU/SD statistically lower
		Other / Not sure	6%	5%	

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Chittenden Central	Vermont	Notes
Grade	9th	0 hours	37%	32%	SU/SD statistically higher
		1 to 4 hours	29%	30%	
		5 to 9 hours	12%	17%	SU/SD statistically lower
		10 or more hours	23%	21%	
10th	0 hours	31%	32%		
	1 to 4 hours	24%	28%	SU/SD statistically lower	
	5 to 9 hours	12%	16%	SU/SD statistically lower	
	10 or more hours	32%	24%	SU/SD statistically higher	
11th	0 hours	32%	32%		
	1 to 4 hours	26%	27%		
	5 to 9 hours	14%	16%		
	10 or more hours	27%	25%		
12th	0 hours	35%	32%		
	1 to 4 hours	24%	26%		
	5 to 9 hours	12%	16%	SU/SD statistically lower	
	10 or more hours	30%	27%		
Sex	Female	0 hours	34%	31%	SU/SD statistically higher
		1 to 4 hours	26%	29%	SU/SD statistically lower
		5 to 9 hours	10%	16%	SU/SD statistically lower
		10 or more hours	30%	24%	SU/SD statistically higher
Male	0 hours	34%	33%		
	1 to 4 hours	26%	27%		
	5 to 9 hours	15%	16%		
	10 or more hours	26%	24%		
Total	0 hours	34%	32%		
	1 to 4 hours	26%	28%	SU/SD statistically lower	
	5 to 9 hours	12%	16%	SU/SD statistically lower	
	10 or more hours	28%	24%	SU/SD statistically higher	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Chittenden Central	Vermont	Notes
Grade	9th	81%	78%	
	10th	87%	77%	SU/SD statistically higher
	11th	85%	77%	SU/SD statistically higher
	12th	79%	75%	SU/SD statistically higher
Sex	Female	81%	77%	SU/SD statistically higher
	Male	84%	76%	SU/SD statistically higher
Total		83%	76%	SU/SD statistically higher

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Chittenden Central	Vermont	Notes
Grade	9th	43%	49%	SU/SD statistically lower
	10th	46%	48%	
	11th	57%	50%	SU/SD statistically higher
	12th	56%	54%	
Sex	Female	45%	47%	
	Male	56%	54%	
Total		51%	50%	

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Chittenden Central	Vermont	Notes
Grade	9th	56%	59%	
	10th	62%	57%	SU/SD statistically higher
	11th	68%	64%	SU/SD statistically higher
	12th	72%	69%	
Sex	Female	62%	60%	
	Male	67%	64%	SU/SD statistically higher
Total		65%	62%	SU/SD statistically higher

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	43%	50%	SU/SD statistically lower
	10th	43%	46%	
	11th	45%	46%	
	12th	40%	49%	
Sex	Female	42%	48%	SU/SD statistically lower
	Male	44%	48%	SU/SD statistically lower
Total		43%	48%	SU/SD statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	79%	75%	SU/SD statistically higher
	10th	86%	80%	
	11th	87%	83%	
	12th	86%	84%	
Sex	Female	87%	83%	SU/SD statistically higher
	Male	82%	78%	SU/SD statistically higher
Total		85%	80%	SU/SD statistically higher

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Chittenden Central SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Chittenden Central**  
**Number of Middle School Students in Chittenden Central SU**

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**Chittenden Central SU Total**

361

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	3	0%
Female	177	49%
Male	181	50%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	4	1%
6th grade	115	31%
7th grade	118	32%
8th grade	124	34%

<b>Age</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
11 years or younger	53	14%
12 years	125	34%
13 years	128	35%
14 years or older	54	14%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	23	6%
Ethnic or racial minority	72	19%
White non-Hispanic	266	73%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Chittenden Central SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*


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**Vermont**  
**Number of Middle School Students in Vermont**

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<b>Vermont Total</b>
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13648
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Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Chittenden Central	Vermont	Notes
Grade	6th	38%	42%	
	7th	44%	41%	
	8th	31%	44%	SU/SD statistically lower
Sex	Female	19%	28%	SU/SD statistically lower
	Male	56%	57%	
Total		38%	43%	SU/SD statistically lower

**1.02 Percent of students who were bullied at least once, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	17%	24%	SU/SD statistically lower
	7th	25%	25%	
	8th	14%	22%	SU/SD statistically lower
Sex	Female	25%	30%	SU/SD statistically lower
	Male	13%	18%	SU/SD statistically lower
Total		19%	24%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.



*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Chittenden Central	Vermont	Notes
Grade	6th	19%	21%	
	7th	32%	26%	SU/SD statistically higher
	8th	23%	28%	SU/SD statistically lower
Sex	Female	31%	36%	SU/SD statistically lower
	Male	19%	16%	SU/SD statistically higher
Total		25%	26%	

**1.04 Percent of students who were ever bullied at school**

		Chittenden Central	Vermont	Notes
Grade	6th	38%	46%	SU/SD statistically lower
	7th	48%	48%	
	8th	32%	45%	SU/SD statistically lower
Sex	Female	44%	53%	SU/SD statistically lower
	Male	36%	40%	SU/SD statistically lower
Total		40%	46%	SU/SD statistically lower

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	7%	9%	SU/SD statistically lower
	8th	4%	11%	SU/SD statistically lower
Sex	Female	4%	10%	SU/SD statistically lower
	Male	5%	9%	SU/SD statistically lower
Total		5%	10%	SU/SD statistically lower

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	6%	8%	
	7th	8%	7%	
	8th	.	7%	Too few students
Sex	Female	8%	9%	
	Male	4%	6%	
Total		6%	7%	

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	6th	12%	17%	SU/SD statistically lower
	7th	15%	19%	SU/SD statistically lower
	8th	13%	22%	SU/SD statistically lower
Sex	Female	20%	27%	SU/SD statistically lower
	Male	8%	13%	SU/SD statistically lower
Total		14%	20%	SU/SD statistically lower

**1.08 Percent of students who ever seriously thought about suicide**

		Chittenden Central	Vermont	Notes
Grade	6th	9%	14%	SU/SD statistically lower
	7th	18%	16%	
	8th	16%	22%	SU/SD statistically lower
Sex	Female	18%	23%	SU/SD statistically lower
	Male	12%	12%	
Total		15%	18%	SU/SD statistically lower

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Chittenden Central	Vermont	Notes
Grade	6th	5%	9%	SU/SD statistically lower
	7th	10%	11%	
	8th	13%	15%	
Sex	Female	12%	16%	SU/SD statistically lower
	Male	8%	8%	
Total		10%	12%	SU/SD statistically lower

**1.10 Percent of students who ever attempted suicide**

		Chittenden Central	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	4%	8%	SU/SD statistically lower
Sex	Female	5%	8%	SU/SD statistically lower
	Male	.	3%	Too few students
Total		3%	6%	SU/SD statistically lower

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Chittenden Central	Vermont	Notes
Grade	6th	55%	51%	SU/SD statistically lower
	7th	50%	55%	
	8th	55%	56%	
Sex	Female	58%	58%	
	Male	48%	51%	
Total		53%	54%	

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Chittenden Central	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	13%	26%	SU/SD statistically lower
		Sometimes wear a helmet	15%	15%	
		Most of the time / always wear a helmet	71%	59%	SU/SD statistically higher
-----					
	7th	Never / rarely wear a helmet	21%	31%	SU/SD statistically lower
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	64%	52%	SU/SD statistically higher
-----					
	8th	Never / rarely wear a helmet	34%	41%	SU/SD statistically lower
		Sometimes wear a helmet	14%	15%	
		Most of the time / always wear a helmet	52%	43%	SU/SD statistically higher
-----					
Sex	Female	Never / rarely wear a helmet	22%	31%	SU/SD statistically lower
		Sometimes wear a helmet	14%	17%	
		Most of the time / always wear a helmet	64%	52%	SU/SD statistically higher
-----					
	Male	Never / rarely wear a helmet	24%	36%	SU/SD statistically lower
		Sometimes wear a helmet	15%	14%	
		Most of the time / always wear a helmet	60%	49%	SU/SD statistically higher
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Total		Never / rarely wear a helmet	23%	34%	SU/SD statistically lower
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	62%	51%	SU/SD statistically higher

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Chittenden Central	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	22%	31%	SU/SD statistically lower
		Sometimes wear a helmet	13%	11%	
		Most of the time / always wear a helmet	65%	58%	SU/SD statistically higher
<hr/>					
	7th	Never / rarely wear a helmet	50%	42%	SU/SD statistically higher
		Sometimes wear a helmet	15%	13%	
		Most of the time / always wear a helmet	35%	45%	SU/SD statistically lower
<hr/>					
	8th	Never / rarely wear a helmet	43%	52%	SU/SD statistically lower
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	48%	36%	SU/SD statistically higher
<hr/>					
Sex	Female	Never / rarely wear a helmet	48%	45%	
		Sometimes wear a helmet	14%	13%	
		Most of the time / always wear a helmet	38%	43%	
<hr/>					
	Male	Never / rarely wear a helmet	29%	41%	SU/SD statistically lower
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	62%	47%	SU/SD statistically higher
<hr/>					
Total		Never / rarely wear a helmet	39%	43%	SU/SD statistically lower
		Sometimes wear a helmet	12%	12%	
		Most of the time / always wear a helmet	49%	45%	SU/SD statistically higher

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	SU/SD statistically lower

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	14%	15%	
	7th	16%	19%	
	8th	14%	25%	SU/SD statistically lower
Sex	Female	20%	21%	
	Male	10%	19%	SU/SD statistically lower
Total		15%	20%	SU/SD statistically lower

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Chittenden Central	Vermont	Notes
Grade	6th	5%	10%	SU/SD statistically lower
	7th	9%	15%	SU/SD statistically lower
	8th	10%	24%	SU/SD statistically lower
Sex	Female	6%	16%	SU/SD statistically lower
	Male	11%	18%	SU/SD statistically lower
Total		8%	17%	SU/SD statistically lower

**2.02 Percent of students who drank alcohol other than a few sips before age 11**

		Chittenden Central	Vermont	Notes
Grade	6th	4%	7%	SU/SD statistically lower
	7th	5%	6%	
	8th	.	6%	Too few students
Sex	Female	3%	5%	SU/SD statistically lower
	Male	5%	8%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

**2.03 Percent of students who drank any alcohol, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	5%	5%	
	8th	4%	10%	SU/SD statistically lower
Sex	Female	.	6%	Too few students
	Male	5%	7%	
Total		4%	6%	SU/SD statistically lower

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		1%	2%	SU/SD statistically lower

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Chittenden Central	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	4%	7%	SU/SD statistically lower
	8th	7%	13%	SU/SD statistically lower
Sex	Female	4%	9%	SU/SD statistically lower
	Male	6%	9%	SU/SD statistically lower
Total		5%	9%	SU/SD statistically lower

**2.06 Percent of students who ever smoked a whole cigarette**

		Chittenden Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	4%	Too few students
	8th	4%	8%	SU/SD statistically lower
Sex	Female	3%	5%	SU/SD statistically lower
	Male	3%	5%	SU/SD statistically lower
Total		3%	5%	SU/SD statistically lower



## 2 Alcohol, Tobacco, and Other Drug Use

### 2.07 Percent of students who smoked a whole cigarette by age 11

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		1%	1%	

### 2.08 Percent of students who smoked cigarettes, past 30 days

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		2%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Chittenden Central	Vermont	Notes
Grade	6th	6%	3%	SU/SD statistically higher
	7th	5%	6%	
	8th	6%	11%	SU/SD statistically lower
Sex	Female	5%	7%	SU/SD statistically lower
	Male	6%	7%	
Total		5%	7%	SU/SD statistically lower

**2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	5%	5%	
Sex	Female	.	3%	Too few students
	Male	4%	3%	
Total		3%	3%	

**2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		2%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		2%	2%	

**2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	3%	4%	
Total		3%	4%	

**2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	4%	4%	
	8th	6%	8%	SU/SD statistically lower
Sex	Female	3%	5%	
	Male	5%	6%	
Total		5%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Chittenden Central	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Chittenden Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	4%	5%	
	8th	4%	11%	SU/SD statistically lower
Sex	Female	.	6%	Too few students
	Male	5%	7%	SU/SD statistically lower
Total		3%	7%	SU/SD statistically lower

**2.17 Percent of students who used marijuana by age 11**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Chittenden Central	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	4%	6%	SU/SD statistically lower
Sex	Female	.	3%	Too few students
	Male	4%	4%	
Total		2%	4%	SU/SD statistically lower

**2.19 Percent of students who have ever used inhalants**

		Chittenden Central	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	.	6%	Too few students
Sex	Female	3%	5%	SU/SD statistically lower
	Male	4%	5%	
Total		3%	5%	SU/SD statistically lower

**2.20 Percent of students who ever took a prescription drug without a doctor's prescription**

		Chittenden Central	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	4%	4%	
Sex	Female	.	3%	Too few students
	Male	4%	3%	
Total		3%	3%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Chittenden Central	Vermont	Notes
Grade	6th	16%	24%	SU/SD statistically lower
	7th	16%	28%	SU/SD statistically lower
	8th	14%	31%	SU/SD statistically lower
Sex	Female	13%	29%	SU/SD statistically lower
	Male	17%	27%	SU/SD statistically lower
Total		15%	28%	SU/SD statistically lower

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Chittenden Central	Vermont	Notes
Grade	6th	10%	17%	SU/SD statistically lower
	7th	11%	20%	SU/SD statistically lower
	8th	8%	23%	SU/SD statistically lower
Sex	Female	12%	22%	SU/SD statistically lower
	Male	8%	19%	SU/SD statistically lower
Total		10%	21%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Chittenden Central	Vermont	Notes
Grade	6th	37%	47%	SU/SD statistically lower
	7th	54%	52%	
	8th	42%	55%	SU/SD statistically lower
Sex	Female	45%	52%	SU/SD statistically lower
	Male	43%	52%	SU/SD statistically lower
Total		44%	52%	SU/SD statistically lower

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Chittenden Central	Vermont	Notes
Grade	6th	15%	15%	
	7th	20%	26%	SU/SD statistically lower
	8th	42%	35%	SU/SD statistically higher
Sex	Female	25%	28%	
	Male	28%	26%	
Total		26%	27%	

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Chittenden Central	Vermont	Notes
15 or less students	16%	16%	
16 to 25 students	30%	25%	SU/SD statistically higher
26 to 45 students	28%	24%	SU/SD statistically higher
46 to 55 students	9%	16%	SU/SD statistically lower
56 to 75 students	8%	9%	
76 or more students	10%	10%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Chittenden Central	Vermont	Notes
Grade	6th	97%	96%	
	7th	95%	96%	
	8th	97%	96%	
Sex	Female	96%	97%	
	Male	97%	96%	
Total		96%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Chittenden Central	Vermont	Notes
Grade	6th	94%	92%	
	7th	94%	92%	
	8th	92%	90%	
Sex	Female	95%	93%	
	Male	92%	90%	
Total		93%	91%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Chittenden Central	Vermont	Notes
Grade	6th	98%	96%	SU/SD statistically higher
	7th	96%	95%	
	8th	96%	92%	SU/SD statistically higher
Sex	Female	96%	94%	SU/SD statistically higher
	Male	96%	94%	SU/SD statistically higher
Total		96%	94%	SU/SD statistically higher



### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Chittenden Central	Vermont	Notes
Grade	6th	96%	97%	
	7th	94%	95%	
	8th	94%	92%	SU/SD statistically higher
Sex	Female	95%	95%	
	Male	94%	94%	
Total		95%	94%	

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Chittenden Central	Vermont	Notes
Grade	6th	90%	94%	SU/SD statistically lower
	7th	92%	90%	
	8th	87%	83%	SU/SD statistically higher
Sex	Female	90%	90%	
	Male	90%	87%	SU/SD statistically higher
Total		90%	88%	SU/SD statistically higher

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Chittenden Central	Vermont	Notes
Grade	6th	97%	97%	
	7th	91%	92%	
	8th	91%	83%	SU/SD statistically higher
Sex	Female	96%	91%	SU/SD statistically higher
	Male	90%	89%	
Total		93%	90%	SU/SD statistically higher

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Chittenden Central	Vermont	Notes
Grade	6th	77%	70%	SU/SD statistically higher
	7th	70%	72%	
	8th	71%	72%	
Sex	Female	70%	71%	
	Male	74%	72%	
Total		72%	71%	

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Chittenden Central	Vermont	Notes
Grade	6th	34%	49%	SU/SD statistically lower
	7th	37%	49%	
	8th	47%	46%	
Sex	Female	39%	49%	SU/SD statistically lower
	Male	39%	46%	
Total		39%	48%	SU/SD statistically lower

#### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Chittenden Central	Vermont	Notes
Grade	6th	66%	67%	SU/SD statistically lower
	7th	56%	61%	
	8th	59%	51%	
Sex	Female	60%	60%	SU/SD statistically higher
	Male	61%	58%	
Total		60%	59%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Chittenden Central	Vermont	Notes
Grade	6th	18%	18%	
	7th	30%	24%	SU/SD statistically higher
	8th	23%	34%	SU/SD statistically lower
Sex	Female	21%	25%	
	Male	26%	29%	
Total		24%	27%	SU/SD statistically lower

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Chittenden Central	Vermont	Notes
Grade	6th	21%	24%	
	7th	38%	33%	SU/SD statistically higher
	8th	47%	46%	
Sex	Female	36%	35%	
	Male	36%	37%	
Total		36%	36%	

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Chittenden Central	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	12%	12%	
	8th	12%	22%	SU/SD statistically lower
Sex	Female	7%	13%	SU/SD statistically lower
	Male	12%	16%	SU/SD statistically lower
Total		10%	14%	SU/SD statistically lower

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	.	3%	Too few students
	7th	4%	4%	
	8th	5%	8%	SU/SD statistically lower
Sex	Female	4%	4%	SU/SD statistically lower
	Male	4%	7%	
Total		4%	6%	SU/SD statistically lower

**4.02 Percent of students who have ever had oral sex**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	.	2%	Too few students
	7th	6%	3%	SU/SD statistically higher
	8th	5%	9%	SU/SD statistically lower
Sex	Female	4%	5%	
	Male	5%	6%	
Total		5%	5%	

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Chittenden Central	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	11%	13%	
		4 to 6 times	24%	22%	
		Everyday	62%	61%	
-----					
	7th	Never	5%	7%	SU/SD statistically lower SU/SD statistically higher
		1 to 3 times	15%	16%	
		4 to 6 times	22%	25%	
		Everyday	59%	51%	
-----					
	8th	Never	5%	8%	SU/SD statistically lower SU/SD statistically lower SU/SD statistically lower SU/SD statistically higher
		1 to 3 times	12%	20%	
		4 to 6 times	15%	25%	
		Everyday	68%	48%	
-----					
Sex	Female	Never	6%	8%	SU/SD statistically lower SU/SD statistically lower SU/SD statistically lower SU/SD statistically higher
		1 to 3 times	15%	21%	
		4 to 6 times	22%	26%	
		Everyday	58%	45%	
-----					
	Male	Never	3%	6%	SU/SD statistically lower SU/SD statistically lower SU/SD statistically lower SU/SD statistically higher
		1 to 3 times	10%	13%	
		4 to 6 times	19%	23%	
		Everyday	67%	59%	
-----					
Total		Never	4%	7%	SU/SD statistically lower SU/SD statistically lower SU/SD statistically lower SU/SD statistically higher
		1 to 3 times	13%	17%	
		4 to 6 times	21%	24%	
		Everyday	63%	52%	

5 Nutrition and Physical Activity

**5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Chittenden Central	Vermont	Notes
Grade	6th	53%	45%	SU/SD statistically higher
	7th	49%	41%	SU/SD statistically higher
	8th	42%	39%	
Sex	Female	41%	38%	
	Male	54%	44%	SU/SD statistically higher
Total		47%	41%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Chittenden Central	Vermont	Notes
Grade	6th	Never	6%	8%	
		1 to 4 days	27%	32%	
		5 to 6 days	35%	27%	SU/SD statistically higher
		Everyday	31%	33%	
-----					
	7th	Never	11%	7%	SU/SD statistically higher
		1 to 4 days	29%	34%	SU/SD statistically lower
		5 to 6 days	23%	28%	SU/SD statistically lower
		Everyday	38%	31%	SU/SD statistically higher
-----					
	8th	Never	7%	8%	
		1 to 4 days	26%	36%	SU/SD statistically lower
		5 to 6 days	29%	27%	
		Everyday	38%	29%	SU/SD statistically higher
-----					
Sex	Female	Never	9%	8%	
		1 to 4 days	30%	39%	SU/SD statistically lower
		5 to 6 days	28%	30%	
		Everyday	34%	23%	SU/SD statistically higher
-----					
	Male	Never	8%	8%	
		1 to 4 days	26%	29%	SU/SD statistically lower
		5 to 6 days	29%	25%	SU/SD statistically higher
		Everyday	37%	38%	
-----					
Total		Never	8%	8%	
		1 to 4 days	28%	34%	SU/SD statistically lower
		5 to 6 days	29%	27%	
		Everyday	36%	31%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Chittenden Central	Vermont	Notes
Grade	6th	0 days	11%	18%	SU/SD statistically lower
		1 to 2 days	8%	15%	SU/SD statistically lower
		3 to 4 days	17%	19%	
		Everyday	64%	48%	SU/SD statistically higher
-----					
	7th	0 days	59%	30%	SU/SD statistically higher
		1 to 2 days	15%	17%	
		3 to 4 days	8%	17%	SU/SD statistically lower
		Everyday	19%	36%	SU/SD statistically lower
-----					
	8th	0 days	49%	33%	SU/SD statistically higher
		1 to 2 days	13%	16%	SU/SD statistically lower
		3 to 4 days	7%	16%	SU/SD statistically lower
		Everyday	30%	35%	SU/SD statistically lower
-----					
Sex	Female	0 days	43%	28%	SU/SD statistically higher
		1 to 2 days	16%	18%	
		3 to 4 days	12%	17%	SU/SD statistically lower
		Everyday	30%	38%	SU/SD statistically lower
-----					
	Male	0 days	38%	28%	SU/SD statistically higher
		1 to 2 days	8%	15%	SU/SD statistically lower
		3 to 4 days	10%	17%	SU/SD statistically lower
		Everyday	44%	40%	SU/SD statistically higher
-----					
Total		0 days	40%	28%	SU/SD statistically higher
		1 to 2 days	12%	16%	SU/SD statistically lower
		3 to 4 days	11%	17%	SU/SD statistically lower
		Everyday	37%	39%	



*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Chittenden Central	Vermont	Notes
Grade	6th	1 hour or less per day	67%	60%	SU/SD statistically higher
		2 to 4 hours per day	28%	34%	SU/SD statistically lower
		5 or more hours per day	6%	6%	
-----					
	7th	1 hour or less per day	64%	57%	SU/SD statistically higher
		2 to 4 hours per day	29%	37%	SU/SD statistically lower
		5 or more hours per day	6%	6%	
-----					
	8th	1 hour or less per day	61%	57%	SU/SD statistically higher
		2 to 4 hours per day	38%	37%	
		5 or more hours per day	.	7%	Too few students
-----					
Sex	Female	1 hour or less per day	61%	57%	SU/SD statistically higher
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	4%	6%	SU/SD statistically lower
-----					
	Male	1 hour or less per day	66%	58%	SU/SD statistically higher
		2 to 4 hours per day	29%	35%	SU/SD statistically lower
		5 or more hours per day	5%	7%	
-----					
Total		1 hour or less per day	64%	58%	SU/SD statistically higher
		2 to 4 hours per day	32%	36%	SU/SD statistically lower
		5 or more hours per day	4%	6%	SU/SD statistically lower

## 5 Nutrition and Physical Activity

**5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Chittenden Central	Vermont	Notes
Grade	6th	1 hour or less per day	62%	55%	SU/SD statistically higher
		2 to 4 hours per day	27%	33%	SU/SD statistically lower
		5 or more hours per day	11%	12%	
-----					
	7th	1 hour or less per day	49%	46%	
		2 to 4 hours per day	38%	40%	
		5 or more hours per day	13%	14%	
-----					
	8th	1 hour or less per day	49%	40%	SU/SD statistically higher
		2 to 4 hours per day	39%	41%	
		5 or more hours per day	11%	19%	SU/SD statistically lower
-----					
Sex	Female	1 hour or less per day	59%	48%	SU/SD statistically higher
		2 to 4 hours per day	32%	37%	SU/SD statistically lower
		5 or more hours per day	9%	15%	SU/SD statistically lower
-----					
	Male	1 hour or less per day	46%	44%	
		2 to 4 hours per day	38%	41%	
		5 or more hours per day	15%	15%	
-----					
Total		1 hour or less per day	53%	46%	SU/SD statistically higher
		2 to 4 hours per day	35%	39%	SU/SD statistically lower
		5 or more hours per day	12%	15%	SU/SD statistically lower

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Chittenden Central	Vermont	Notes
Grade	6th	Never	22%	22%	
		1 to 5 days	45%	45%	
		At least six days	33%	33%	
-----					
	7th	Never	16%	16%	
		1 to 5 days	49%	41%	SU/SD statistically higher
		At least six days	36%	42%	SU/SD statistically lower
-----					
	8th	Never	11%	11%	
		1 to 5 days	38%	34%	
		At least six days	52%	55%	
-----					
Sex	Female	Never	15%	13%	
		1 to 5 days	46%	41%	SU/SD statistically higher
		At least six days	39%	46%	SU/SD statistically lower
-----					
	Male	Never	17%	18%	
		1 to 5 days	42%	38%	
		At least six days	42%	44%	
-----					
Total	Never		16%	15%	
	1 to 5 days		44%	39%	SU/SD statistically higher
	At least six days		40%	45%	SU/SD statistically lower

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	85%	81%	SU/SD statistically higher
	7th	80%	80%	
	8th	85%	78%	SU/SD statistically higher
Sex	Female	84%	80%	SU/SD statistically higher
	Male	83%	79%	SU/SD statistically higher
Total		83%	79%	SU/SD statistically higher

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		<b>Chittenden Central</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	67%	60%	SU/SD statistically higher
	7th	50%	56%	SU/SD statistically lower
	8th	54%	51%	
Sex	Female	56%	50%	SU/SD statistically higher
	Male	56%	59%	
Total		56%	55%	

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Chittenden Central	Vermont	Notes
Grade	6th	71%	69%	
	7th	57%	62%	SU/SD statistically lower
	8th	65%	59%	SU/SD statistically higher
Sex	Female	67%	62%	SU/SD statistically higher
	Male	61%	64%	
Total		64%	63%	

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Chittenden Central	Vermont	Notes
Grade	6th	48%	45%	
	7th	48%	44%	
	8th	53%	39%	SU/SD statistically higher
Sex	Female	57%	42%	SU/SD statistically higher
	Male	41%	43%	
Total		49%	43%	SU/SD statistically higher