## 2015 Vermont Youth Risk Behavior Survey Report

## Report for Addison Northwest SU

#### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Addison Northwest SU All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: http://healthvermont.gov/research/yrbs.aspx Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Addison NW who participated in the 2015 YRBS:

High School- Grades 9-12
Vergennes UHSD #5
Middle School- Grades 6-8
Vergennes UHSD #5

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#### How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: "Getting to 'Y'", a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: http://www.upforlearning.com/index.php/yatst .

#### How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled "Notes." For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the "Notes" column will read "Too few students." We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

#### A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- Data Quality: We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- Who's Not Included: Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- Comparing Supervisory Unions/School Districts to Each Other and to the State: Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- What, not Why: The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

#### **Personal Safety**

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment, 7,8 poor academic achievement, 8 and violent behavior. 9
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes. 12 Despite this, less than one quarter of bicyclists wear helmets. 12
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont. Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide. 4

#### Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults, <sup>15</sup> and about one-third of all motor vehicle crash fatalities. <sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs. <sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States, <sup>19</sup> contributing to more than one in five deaths. <sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix. <sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

#### **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24. STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health. Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs. Proceedings of the states of
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>

#### **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

• There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

#### **Nutrition and Physical Activity**

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer. <sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children. 44-45
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure. The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day. 46
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity. 47-50
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

#### **Measures of Youth Assets**

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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# 2015 Vermont Youth Risk Behavior Survey Report High School Report for Addison Northwest SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

#### Addison NW Number of High School Students in Addison Northwest SU

#### **Addison Northwest SU Total**

252

Sex	Total	%
Not indicated / Missing	1	0%
Female	130	51%
Male	121	48%

Grade	Total	%
Not indicated / Ungraded	1	0%
9th grade	63	25%
10th grade	72	28%
11th grade	64	25%
12th grade	52	20%

Race / Ethnicity	Total	%
Not indicated /Missing	3	1%
Ethnic or racial minority	27	10%
White non-Hispanic	222	88%

<b>Mother's Level of Education</b>	Total	%
Not indicated / Missing	1	0%
High school or less	53	21%
Some college	40	15%
College graduate	97	38%
Graduate or professional degree after college	39	15%
Not sure	22	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Addison Northwest SU.

#### Vermont Number of High School Students in Vermont

# Vermont Total 21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### 1.01 Percent of students who were in a physical fight, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	20%	22%	
	10th	20%	20%	
	11th	16%	17%	
	12th	22%	14%	SU/SD statistically higher
Sex	Female	13%	12%	
	Male	27%	24%	
Total	-	20%	18%	

#### 1.02 Percent of students who were in a physical fight on school property, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	14%	10%	
	10th		8%	Too few students
	11th		6%	Too few students
	12th	11%	5%	SU/SD statistically higher
Sex	Female		4%	Too few students
	Male	13%	10%	
Total	-	8%	7%	

#### 1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Addison NW	Vermont	Notes
Grade	9th		6%	Too few students
	10th		6%	Too few students
	11th	•	4%	Too few students
	12th	•	4%	Too few students
Sex	Female		4%	Too few students
	Male	•	6%	Too few students
Total	-		5%	Too few students

#### 1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	11%	6%	SU/SD statistically higher
	10th	10%	7%	
	11th		9%	Too few students
	12th	15%	8%	SU/SD statistically higher
Sex	Female		4%	Too few students
	Male	18%	11%	SU/SD statistically higher
Total		11%	8%	SU/SD statistically higher

#### 1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	7%	
	10th		6%	Too few students
	11th		5%	Too few students
	12th		5%	Too few students
Sex	Female		7%	Too few students
	Male		4%	Too few students
Total	_	3%	6%	SU/SD statistically lower

#### 1.06 Percent of students who reported being bullied, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	25%	23%	
	10th	21%	18%	
	11th		16%	Too few students
	12th	18%	14%	
Sex	Female	21%	23%	
	Male	14%	12%	
Total	-	17%	18%	

#### 1.07 Percent of students who reported being electronically bullied, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	17%	20%	
	10th	14%	17%	
	11th	8%	16%	SU/SD statistically lower
	12th	12%	13%	
Sex	Female	19%	23%	
	Male	6%	10%	SU/SD statistically lower
Total		13%	16%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

#### 1.08 Percent of students who bullied someone else, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	13%	
	10th	8%	11%	
	11th	10%	11%	
	12th	10%	10%	
Sex	Female	8%	11%	
	Male	11%	12%	
Total	-	9%	11%	

#### 1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	21%	20%	
	10th	17%	19%	
	11th	9%	17%	SU/SD statistically lower
	12th	21%	14%	SU/SD statistically higher
Sex	Female	20%	26%	SU/SD statistically lower
	Male	14%	9%	SU/SD statistically higher
Total		17%	17%	

#### 1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	19%	24%	
	10th	22%	26%	
	11th	16%	24%	SU/SD statistically lower
	12th	27%	24%	
Sex	Female	31%	34%	
	Male	12%	15%	
Total	-	21%	24%	

#### 1.11 Percent of students who made a suicide plan, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	13%	13%	
	10th	12%	13%	
	11th	9%	12%	
	12th	12%	10%	
Sex	Female	14%	16%	
	Male	9%	8%	
Total		12%	12%	

#### 1.12 Percent of students who attempted suicide, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	10%	7%	
	10th	7%	6%	
	11th		5%	Too few students
	12th	•	5%	Too few students
Sex	Female	7%	8%	
	Male	8%	4%	SU/SD statistically higher
Total		8%	6%	

# 1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Addison NW	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th	•	2%	Too few students
Sex	Female		3%	Too few students
	Male		1%	Too few students
Total			2%	Too few students

# 1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with

		Addison NW	Vermont	Notes
Grade	9th		8%	Too few students
	10th		9%	Too few students
	11th		9%	Too few students
	12th	•	9%	Too few students
Sex	Female	7%	11%	
	Male	12%	7%	SU/SD statistically higher
Total	-	10%	9%	

#### 1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Addison NW	Vermont	Notes
Grade	9th		5%	Too few students
	10th		6%	Too few students
	11th	7%	7%	
	12th		8%	Too few students
Sex	Female	9%	10%	
	Male	•	3%	Too few students
Total		6%	7%	-

#### 1.16 Percent of students who rode with a drinking driver, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	28%	19%	SU/SD statistically higher
	10th	24%	20%	
	11th	11%	20%	SU/SD statistically lower
	12th	25%	19%	
Sex	Female	20%	20%	
	Male	24%	19%	SU/SD statistically higher
Total		22%	20%	

#### 1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	18%	13%	
	10th	15%	20%	
	11th	13%	26%	SU/SD statistically lower
	12th	18%	29%	SU/SD statistically lower
Sex	Female	12%	22%	SU/SD statistically lower
	Male	20%	22%	
Total	-	16%	22%	SU/SD statistically lower

#### 1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days

		Addison NW	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th		8%	Too few students
	12th	•	9%	Too few students
Sex	Female		5%	Too few students
	Male	9%	9%	
Total	_	6%	7%	

#### 1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Addison NW	Vermont	Notes
Grade	9th		8%	Too few students
	10th		10%	Too few students
	11th	10%	18%	SU/SD statistically lower
	12th	•	20%	Too few students
Sex	Female	7%	12%	SU/SD statistically lower
	Male	15%	18%	
Total	-	11%	15%	SU/SD statistically lower

#### 1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Addison NW	Vermont	Notes
Grade	9th		10%	Too few students
	10th	9%	15%	SU/SD statistically lower
	11th	42%	40%	
	12th	•	50%	Too few students
Sex	Female	33%	33%	
	Male	32%	33%	
Total	-	32%	33%	

#### 1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months

		Addison NW	Vermont	Notes
Grade	9th		48%	Too few students
	10th	68%	54%	SU/SD statistically higher
	11th		55%	Too few students
	12th		56%	Too few students
Sex	Female	51%	49%	
	Male	70%	56%	SU/SD statistically higher
Total	-	61%	53%	SU/SD statistically higher

#### 1.22 The percent of students who have had a sunburn in the past 12 months

		Addison NW	Vermont	Notes
Grade	9th	72%	63%	SU/SD statistically higher
	10th	60%	65%	
	11th	72%	65%	
	12th	84%	67%	SU/SD statistically higher
Sex	Female	78%	72%	SU/SD statistically higher
	Male	66%	59%	SU/SD statistically higher
Total		72%	65%	SU/SD statistically higher

# 1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Addison NW	Vermont	Notes
Grade	9th		2%	Too few students
	10th		3%	Too few students
	11th		4%	Too few students
	12th		6%	Too few students
Sex	Female	4%	5%	
	Male		3%	Too few students
Total	_	3%	4%	

#### 2.01 Percent of students who ever drank alcohol other than a few sips

		Addison NW	Vermont	Notes
Grade	9th	37%	37%	
	10th	63%	51%	SU/SD statistically higher
	11th	54%	63%	SU/SD statistically lower
	12th	73%	71%	
Sex	Female	55%	57%	
	Male	60%	54%	
Total	-	58%	56%	

#### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Addison NW	Vermont	Notes
Grade	9th	12%	14%	
	10th	23%	13%	SU/SD statistically higher
	11th	8%	12%	
	12th		10%	Too few students
Sex	Female	6%	10%	SU/SD statistically lower
	Male	17%	14%	
Total		12%	12%	

#### 2.03 Percent of students who drank alcohol, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	14%	17%	
	10th	36%	26%	SU/SD statistically higher
	11th	25%	34%	SU/SD statistically lower
	12th	39%	42%	
Sex	Female	29%	30%	
	Male	30%	29%	
Total	-	29%	30%	

#### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	8%	
	10th	12%	13%	
	11th	12%	19%	SU/SD statistically lower
	12th	22%	24%	
Sex	Female	6%	15%	SU/SD statistically lower
	Male	21%	17%	
Total	-	14%	16%	

#### 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

			Addison NW	Vermont	Notes
Grade	9th	1 to 2 days		55%	Too few students
		3 to 9 days		33%	Too few students
		10+ days		11%	Too few students
	10th	1 to 2 days	·	57%	Too few students
		3 to 9 days		34%	Too few students
		10+ days		9%	Too few students
	11th	1 to 2 days	·	49%	Too few students
		3 to 9 days		40%	Too few students
		10+ days		11%	Too few students
	12th	1 to 2 days	·	47%	Too few students
		3 to 9 days		40%	Too few students
		10+ days		13%	Too few students
Sex	Female	1 to 2 days		55%	Too few students
		3 to 9 days		36%	Too few students
		10+ days		9%	Too few students
	Male	1 to 2 days	•	47%	Too few students
		3 to 9 days		38%	Too few students
		10+ days		15%	Too few students
Total		1 to 2 days	62%	51%	SU/SD statistically higher
		3 to 9 days	24%	37%	SU/SD statistically lower
		10+ days	14%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Addison NW	Vermont	Notes
Grade	9th	1 to 2 drinks		49%	Too few students
		3 to 4 drinks		19%	Too few students
		5 or more drinks	•	32%	Too few students
	10th	1 to 2 drinks	·	41%	Too few students
		3 to 4 drinks		20%	Too few students
		5 or more drinks		39%	Too few students
	11th	1 to 2 drinks	·	33%	Too few students
		3 to 4 drinks		18%	Too few students
		5 or more drinks	·	49%	Too few students
	12th	1 to 2 drinks	·	32%	Too few students
		3 to 4 drinks		19%	Too few students
		5 or more drinks		49%	Too few students
Sex	Female	1 to 2 drinks		40%	Too few students
		3 to 4 drinks		23%	Too few students
		5 or more drinks		38%	Too few students
	Male	1 to 2 drinks		33%	Too few students
		3 to 4 drinks		16%	Too few students
		5 or more drinks		52%	Too few students
Total	-	1 to 2 drinks	45%	36%	SU/SD statistically higher
		3 to 4 drinks	14%	19%	
		5 or more drinks	41%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Addison NW	Vermont	Notes
Grade	9th	Bought it		3%	Too few students
		Gave someone money		12%	Too few students
		Someone gave it to me	•	36%	Too few students
		Took it / some other way		49%	Too few students
	10th	Bought it	·	3%	Too few students
		Gave someone money		18%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way	•	37%	Too few students
	11th	Bought it	·	4%	Too few students
		Gave someone money		28%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way	•	27%	Too few students
	12th	Bought it	·	7%	Too few students
		Gave someone money		29%	Too few students
		Someone gave it to me		43%	Too few students
		Took it / some other way	•	22%	Too few students
Sex	Female	Bought it		2%	Too few students
		Gave someone money		24%	Too few students
		Someone gave it to me		46%	Too few students
		Took it / some other way		28%	Too few students
	Male	Bought it	·	7%	Too few students
		Gave someone money		24%	Too few students
		Someone gave it to me	•	35%	Too few students
		Took it / some other way		34%	Too few students
Total		Bought it		5%	Too few students
		Gave someone money	13%	24%	SU/SD statistically lower
		Someone gave it to me	48%	40%	SU/SD statistically higher
		Took it / some other way	37%	31%	, ,

### 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Addison NW	Vermont	Notes
Grade	9th	At my home		46%	Too few students
		At another person's home		43%	Too few students
		At a public place or event		12%	Too few students
	10th	At my home	·	37%	Too few students
		At another person's home		53%	Too few students
		At a public place or event		10%	Too few students
	11th	At my home	·	32%	Too few students
		At another person's home		58%	Too few students
		At a public place or event		9%	Too few students
	12th	At my home		30%	Too few students
		At another person's home		60%	Too few students
		At a public place or event		10%	Too few students
Sex	Female	At my home		34%	Too few students
		At another person's home		58%	Too few students
		At a public place or event		8%	Too few students
	Male	At my home	·	34%	Too few students
		At another person's home		53%	Too few students
		At a public place or event		13%	Too few students
Total	100	At my home	36%	34%	
		At another person's home	53%	55%	
		At a public place or event	11%	10%	

#### 2.09 Percent of students who have ever smoked a whole cigarette

		Addison NW	Vermont	Notes
Grade	9th	15%	14%	
	10th	27%	18%	SU/SD statistically higher
	11th	26%	24%	
	12th	21%	28%	
Sex	Female	16%	19%	
	Male	29%	23%	SU/SD statistically higher
Total	-	23%	21%	

## 2.10 Percent of students who smoked a whole cigarette before age 13

		Addison NW	Vermont	Notes
Grade	9th		6%	Too few students
	10th		6%	Too few students
	11th		6%	Too few students
	12th	•	6%	Too few students
Sex	Female	•	5%	Too few students
	Male	5%	7%	
Total	-	4%	6%	SU/SD statistically lower

#### 2.11 Percent of students who smoked cigarettes, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	7%	
	10th	10%	9%	
	11th	16%	12%	
	12th	13%	14%	
Sex	Female	8%	10%	
	Male	15%	12%	
Total	-	12%	11%	

#### 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			Addison NW	Vermont	Notes
Grade	9th	1 to 2 days		35%	Too few students
		3 to 9 days		26%	Too few students
		10+ days		39%	Too few students
	10th	1 to 2 days	·	31%	Too few students
		3 to 9 days		25%	Too few students
		10+ days	•	44%	Too few students
	11th	1 to 2 days	·	29%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		48%	Too few students
	12th	1 to 2 days		26%	Too few students
		3 to 9 days		19%	Too few students
		10+ days		55%	Too few students
Sex	Female	1 to 2 days		32%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		44%	Too few students
	Male	1 to 2 days	·	26%	Too few students
		3 to 9 days		22%	Too few students
		10+ days	·	52%	Too few students
Total		1 to 2 days		29%	Too few students
		3 to 9 days		22%	Too few students
		10+ days		49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Addison NW	Vermont	Notes
Grade	9th	1 cigarette or less		51%	Too few students
		2 to 10 cigarettes		39%	Too few students
		11 or more cigarettes		10%	Too few students
	10th	1 cigarette or less		45%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes		10%	Too few students
	11th	1 cigarette or less	·	43%	Too few students
		2 to 10 cigarettes		48%	Too few students
		11 or more cigarettes		9%	Too few students
	12th	1 cigarette or less	·	42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	13%	Too few students
Sex	Female	1 cigarette or less		47%	Too few students
		2 to 10 cigarettes		44%	Too few students
		11 or more cigarettes		9%	Too few students
	Male	1 cigarette or less	·	42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	13%	Too few students
Total		1 cigarette or less		44%	Too few students
		2 to 10 cigarettes		44%	Too few students
		11 or more cigarettes		12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

# 2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Addison NW	Vermont	Notes
Grade	9th	Bought them	•	5%	Too few students
		Someone else bought them		27%	Too few students
		Borrowed/bummed them		37%	Too few students
		Took them / some other way		31%	Too few students
	10th	Bought them	·	7%	Too few students
		Someone else bought them		26%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way		26%	Too few students
	11th	Bought them	·	12%	Too few students
		Someone else bought them	•	31%	Too few students
		Borrowed/bummed them		39%	Too few students
		Took them / some other way		17%	Too few students
	12th	Bought them	·	14%	Too few students
		Someone else bought them		32%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way	•	14%	Too few students
Sex	Female	Bought them	·	6%	Too few students
		Someone else bought them		30%	Too few students
		Borrowed/bummed them		45%	Too few students
		Took them / some other way		19%	Too few students
	Male	Bought them	·	14%	Too few students
		Someone else bought them		28%	Too few students
		Borrowed/bummed them		34%	Too few students
		Took them / some other way		24%	Too few students
 Total		Bought them		10%	Too few students
		Someone else bought them		29%	Too few students
		Borrowed/bummed them		39%	Too few students
		Took them / some other way		22%	Too few students

#### 2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

		Addison NW	Vermont	Notes
Grade	9th		45%	Too few students
	10th		46%	Too few students
	11th		44%	Too few students
	12th	•	39%	Too few students
Sex	Female		43%	Too few students
	Male	•	41%	Too few students
Total	-		42%	Too few students

# 2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Addison NW	Vermont	Notes
Grade	9th	18%	18%	
	10th	22%	28%	
	11th	25%	35%	SU/SD statistically lower
	12th	·	39%	Too few students
Sex	Female	13%	27%	SU/SD statistically lower
	Male	31%	33%	
Total	-	23%	30%	SU/SD statistically lower

#### 2.17 Percent of students who have used electronic vapor products, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	10%	
	10th	10%	14%	
	11th	9%	17%	SU/SD statistically lower
	12th	17%	19%	
Sex	Female	5%	13%	SU/SD statistically lower
	Male	16%	18%	
Total	-	11%	15%	SU/SD statistically lower

#### 2.18 Percent of students who have ever tried a flavored tobacco product

		Addison NW	Vermont	Notes
Grade	9th	19%	15%	
	10th	18%	21%	
	11th	26%	29%	
	12th	37%	32%	
Sex	Female	15%	20%	SU/SD statistically lower
	Male	35%	28%	SU/SD statistically higher
Total	-	26%	24%	

### 2.19 Percent of students who tried a flavored tobacco product before age 13

		Addison NW	Vermont	Notes
Grade	9th		6%	Too few students
	10th		5%	Too few students
	11th		6%	Too few students
	12th		5%	Too few students
Sex	Female		4%	Too few students
	Male	8%	7%	
Total	-	5%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

## 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	•	5%	Too few students
	10th		6%	Too few students
	11th		8%	Too few students
	12th	·	8%	Too few students
Sex	Female		3%	Too few students
	Male	9%	11%	
Total	<u>.</u>	5%	7%	SU/SD statistically lower

## 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	8%	5%	
	10th	10%	8%	
	11th	11%	12%	
	12th	18%	16%	
Sex	Female	8%	6%	
	Male	16%	14%	
Total	-	12%	10%	

# 2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days

		Addison NW	Vermont	Notes
Grade	9th	10%	11%	
	10th	15%	15%	
	11th	20%	21%	
	12th	24%	25%	
Sex	Female	13%	13%	
	Male	22%	23%	
Total	-	18%	18%	

# 2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Addison NW	Vermont	Notes
Grade	9th	12%	16%	
	10th	19%	22%	
	11th	23%	28%	
	12th	31%	32%	
Sex	Female	14%	20%	SU/SD statistically lower
	Male	29%	29%	
Total	-	22%	25%	

## 2.24 Percent of students who have ever tried marijuana

		Addison NW	Vermont	Notes
Grade	9th	25%	22%	
	10th	42%	32%	SU/SD statistically higher
	11th	34%	44%	SU/SD statistically lower
	12th	46%	49%	
Sex	Female	30%	36%	SU/SD statistically lower
	Male	45%	38%	SU/SD statistically higher
Total		38%	37%	

# 2.25 Percent of students who used marijuana before age 13

		Addison NW	Vermont	Notes
Grade	9th		6%	Too few students
	10th	12%	6%	SU/SD statistically higher
	11th		7%	Too few students
	12th	•	6%	Too few students
Sex	Female		5%	Too few students
	Male	11%	8%	
Total		7%	6%	

## 2.26 Percent of students who used marijuana, past 30 days

		Addison NW	Vermont	Notes
Grade	9th	9%	13%	
	10th	22%	20%	
	11th	16%	27%	SU/SD statistically lower
	12th	27%	29%	
Sex	Female	14%	21%	SU/SD statistically lower
	Male	24%	24%	
Total	-	19%	22%	

# 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Addison NW	Vermont	Notes
Grade	9th	1 to 2 times		36%	Too few students
		3 to 9 times		24%	Too few students
		10+ times	•	40%	Too few students
	10th	1 to 2 times	·	32%	Too few students
		3 to 9 times		26%	Too few students
		10+ times	•	42%	Too few students
	11th	1 to 2 times	·	30%	Too few students
		3 to 9 times		24%	Too few students
		10+ times	•	46%	Too few students
	12th	1 to 2 times	·	29%	Too few students
		3 to 9 times	•	23%	Too few students
		10+ times	•	48%	Too few students
Sex	Female	1 to 2 times	·	37%	Too few students
		3 to 9 times		26%	Too few students
		10+ times		37%	Too few students
	Male	1 to 2 times	·	26%	Too few students
		3 to 9 times	•	23%	Too few students
		10+ times	•	52%	Too few students
Total	~	1 to 2 times	·	31%	Too few students
		3 to 9 times		24%	Too few students
		10+ times		45%	Too few students

## 2.28 Percent of students who ever misused a stimulant or prescription pain reliever

		Addison NW	Vermont	Notes
Grade	9th	11%	8%	
	10th	12%	10%	
	11th		13%	Too few students
	12th	14%	14%	
Sex	Female	6%	11%	SU/SD statistically lower
	Male	14%	12%	
Total	-	10%	11%	

## 2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Addison NW	Vermont	Notes
Grade	9th		4%	Too few students
	10th		4%	Too few students
	11th		5%	Too few students
	12th		6%	Too few students
Sex	Female		4%	Too few students
	Male	7%	5%	
Total	-	4%	5%	

### 2.30 Percent of students who ever used cocaine

		Addison NW	Vermont	Notes
Grade	9th		3%	Too few students
	10th		4%	Too few students
	11th		5%	Too few students
	12th	11%	7%	
Sex	Female	•	4%	Too few students
	Male	9%	6%	
Total		5%	5%	

#### 2.31 Percent of students who ever used inhalants

		Addison NW	Vermont	Notes
Grade	9th	8%	7%	
	10th		6%	Too few students
	11th		7%	Too few students
	12th		5%	Too few students
Sex	Female	6%	6%	
	Male	6%	7%	
Total		6%	7%	

# 2.32 Percent of students who ever used methamphetamines

		Addison NW	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		3%	Too few students
	12th		3%	Too few students
Sex	Female		2%	Too few students
	Male	5%	3%	
Total	-	3%	3%	

#### 2.33 Percent of students who ever used heroin

		Addison NW	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th		3%	Too few students
Sex	Female		1%	Too few students
	Male		3%	Too few students
Total	-	·	2%	Too few students

## 3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	34%	34%	
	10th	43%	36%	
	11th	39%	39%	
	12th	45%	38%	
Sex	Female	35%	37%	
	Male	46%	37%	SU/SD statistically higher
Total	-	41%	37%	SU/SD statistically higher

# 3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	22%	25%	
	10th	26%	27%	
	11th	31%	28%	
	12th	32%	28%	
Sex	Female	23%	28%	
	Male	33%	27%	SU/SD statistically higher
Total	-	28%	27%	

# 3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Addison NW	Vermont	Notes
Grade	9th	Never or rarely	20%	19%	
		Sometimes	35%	27%	SU/SD statistically higher
		At least most of the time	45%	54%	SU/SD statistically lower
	10th	Never or rarely	24%	19%	
		Sometimes	22%	27%	
		At least most of the time	55%	53%	
	11th	Never or rarely	19%	21%	
		Sometimes	29%	28%	
		At least most of the time	52%	52%	
	12th	Never or rarely	15%	22%	SU/SD statistically lower
		Sometimes	37%	28%	SU/SD statistically higher
		At least most of the time	47%	50%	
Sex	Female	Never or rarely	20%	19%	
		Sometimes	25%	28%	
		At least most of the time	55%	53%	
	Male	Never or rarely	19%	22%	
		Sometimes	36%	26%	SU/SD statistically higher
		At least most of the time	45%	51%	SU/SD statistically lower
Total	-	Never or rarely	19%	21%	
		Sometimes	31%	27%	
		At least most of the time	50%	52%	

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

#### 3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Addison NW	Vermont	Notes
15 or less students	21%	19%	
16 to 25 students	31%	29%	
26 to 45 students	24%	24%	
46 to 55 students	14%	14%	
56 to 75 students	6%	8%	
76 or more students	4%	7%	SU/SD statistically lower

#### 3.05 Out of 100 high school students, the number thought to use marijuana

	Addison NW	Vermont	Notes
15 or less students	9%	8%	
16 to 25 students	16%	13%	
26 to 45 students	21%	21%	
46 to 55 students	22%	21%	
56 to 75 students	22%	20%	
76 or more students	11%	16%	SU/SD statistically lower

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Addison NW	Vermont	Notes
Grade	9th	97%	94%	
	10th	94%	93%	
	11th	90%	92%	
	12th	90%	87%	
Sex	Female	94%	93%	
	Male	91%	90%	
Total	-	92%	91%	

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Addison NW	Vermont	Notes
Grade	9th	90%	84%	SU/SD statistically higher
	10th	82%	78%	
	11th	66%	70%	
	12th	67%	57%	SU/SD statistically higher
Sex	Female	76%	74%	
	Male	76%	70%	SU/SD statistically higher
Total		76%	72%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Addison NW	Vermont	Notes
Grade	9th	89%	87%	
	10th	79%	82%	
	11th	83%	78%	
	12th	82%	74%	
Sex	Female	85%	82%	
	Male	81%	79%	
Total	-	83%	80%	

## 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Addison NW	Vermont	Notes
Grade	9th	87%	87%	
	10th	86%	84%	
	11th	78%	77%	
	12th	77%	67%	SU/SD statistically higher
Sex	Female	86%	80%	SU/SD statistically higher
	Male	78%	77%	
Total		82%	78%	SU/SD statistically higher

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Addison NW	Vermont	Notes
Grade	9th	79%	70%	SU/SD statistically higher
	10th	56%	58%	
	11th	51%	47%	
	12th	47%	38%	SU/SD statistically higher
Sex	Female	53%	54%	-
	Male	62%	53%	SU/SD statistically higher
Total	-	57%	53%	SU/SD statistically higher

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Addison NW	Vermont	Notes
Grade	9th	76%	70%	
	10th	56%	59%	
	11th	60%	51%	SU/SD statistically higher
	12th	51%	44%	
Sex	Female	66%	57%	SU/SD statistically higher
	Male	55%	55%	
Total	-	60%	56%	SU/SD statistically higher

# 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Addison NW	Vermont	Notes
Grade	9th	54%	62%	SU/SD statistically lower
	10th	56%	66%	SU/SD statistically lower
	11th	70%	66%	
	12th	76%	66%	SU/SD statistically higher
Sex	Female	72%	67%	
	Male	57%	63%	
Total	-	64%	65%	

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Addison NW	Vermont	Notes
Grade	9th	48%	42%	
	10th	35%	40%	
	11th	45%	36%	SU/SD statistically higher
	12th	39%	35%	
Sex	Female	50%	43%	SU/SD statistically higher
	Male	33%	33%	
Total	,	42%	38%	

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Addison NW	Vermont	Notes
Grade	9th	33%	35%	
	10th	20%	29%	SU/SD statistically lower
	11th	23%	22%	
	12th	30%	21%	SU/SD statistically higher
Sex	Female	31%	30%	
	Male	22%	24%	
Total		26%	27%	

## 3.15 Percent of students who think it would be easy to get cigarettes

		Addison NW	Vermont	Notes
Grade	9th	45%	44%	
	10th	61%	55%	
	11th	61%	64%	
	12th	67%	80%	SU/SD statistically lower
Sex	Female	50%	57%	SU/SD statistically lower
	Male	67%	64%	
Total		59%	61%	

## 3.16 Percent of students who think it would be easy to get alcohol

		Addison NW	Vermont	Notes
Grade	9th	55%	60%	
	10th	70%	68%	
	11th	81%	74%	SU/SD statistically higher
	12th	78%	75%	
Sex	Female	74%	71%	
	Male	69%	68%	
Total		72%	69%	

#### 3.17 Percent of students who think it would be easy to get marijuana

		Addison NW	Vermont	Notes
Grade	9th	50%	46%	
	10th	73%	60%	SU/SD statistically higher
	11th	49%	69%	SU/SD statistically lower
	12th	60%	74%	SU/SD statistically lower
Sex	Female	53%	60%	SU/SD statistically lower
	Male	63%	65%	
Total	-	58%	62%	SU/SD statistically lower

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	47%	44%	
	10th	54%	50%	
	11th	50%	57%	
	12th		60%	Too few students
Sex	Female	59%	56%	
	Male	48%	50%	
Total	-	54%	53%	

# 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Addison NW	Vermont	Notes
Grade	9th	32%	36%	
	10th	37%	30%	SU/SD statistically higher
	11th	33%	27%	
	12th	17%	24%	
Sex	Female	27%	29%	
	Male	32%	29%	
Total		29%	29%	

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Addison NW	Vermont	Notes
Grade	9th	19%	15%	
	10th	17%	19%	
	11th	8%	20%	SU/SD statistically lower
	12th	15%	18%	
Sex	Female	10%	15%	SU/SD statistically lower
	Male	20%	21%	
Total	-	15%	18%	SU/SD statistically lower

## 4.01 Sexual orientation

			Addison NW	Vermont	Notes
Grade	9th	Heterosexual (straight)	93%	88%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure	•	5%	Too few students
	10th	Heterosexual (straight)	97%	89%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual	•	6%	Too few students
		Not sure	•	4%	Too few students
	11th	Heterosexual (straight)	94%	88%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual	•	6%	Too few students
		Not sure	•	4%	Too few students
	12th	Heterosexual (straight)	82%	88%	
		Gay or lesbian	•	2%	Too few students
		Bisexual		6%	Too few students
		Not sure	٠	4%	Too few students
Sex	Female	Heterosexual (straight)	88%	84%	-
		Gay or lesbian		2%	Too few students
		Bisexual	5%	10%	SU/SD statistically lower
		Not sure	6%	5%	
	Male	Heterosexual (straight)	95%	92%	
		Gay or lesbian		2%	Too few students
		Bisexual		3%	Too few students
		Not sure	•	4%	Too few students
Total		Heterosexual (straight)	91%	88%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual	3%	6%	SU/SD statistically lower
		Not sure	4%	4%	•

#### 4.02 Percent of students who have ever had sexual intercourse

		Addison NW	Vermont	Notes
Grade	9th	14%	18%	
	10th	37%	33%	
	11th	47%	49%	
	12th	61%	62%	
Sex	Female	38%	40%	
	Male	43%	41%	
Total	-	41%	41%	

#### 4.03 Percent of students who have ever had oral sex

		Addison NW	Vermont	Notes
Grade	9th	13%	21%	SU/SD statistically lower
	10th	38%	37%	
	11th	52%	50%	
	12th	65%	60%	
Sex	Female	41%	41%	
	Male	45%	42%	
Total	-	43%	42%	

#### 4.04 Percent of students who had sexual intercourse before age 13

		Addison NW	Vermont	Notes
Grade	9th		3%	Too few students
	10th		3%	Too few students
	11th		3%	Too few students
	12th	•	4%	Too few students
Sex	Female	•	2%	Too few students
	Male	5%	4%	
Total	-	3%	3%	-

## 4.05 Percent of students who have had sexual intercourse with four or more people

		Addison NW	Vermont	Notes
Grade	9th		3%	Too few students
	10th		6%	Too few students
	11th	17%	11%	SU/SD statistically higher
	12th	11%	19%	SU/SD statistically lower
Sex	Female	8%	9%	
	Male	10%	10%	
Total	<u>.</u>	9%	10%	

#### 4.06 Percent of students who have ever been tested for HIV

		Addison NW	Vermont	Notes
Grade	9th		7%	Too few students
	10th		8%	Too few students
	11th	12%	12%	
	12th	16%	14%	
Sex	Female	8%	11%	SU/SD statistically lower
	Male	11%	9%	
Total	_	9%	10%	

## 4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)

		Addison NW	Vermont	Notes
Grade	9th	10%	12%	
	10th	24%	24%	
	11th	36%	38%	
	12th	53%	49%	
Sex	Female	33%	33%	
	Male	30%	30%	
Total	-	32%	31%	

#### 4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Addison NW	Vermont	Notes
Grade	9th		18%	Too few students
	10th		19%	Too few students
	11th		18%	Too few students
	12th		18%	Too few students
Sex	Female		15%	Too few students
	Male	•	22%	Too few students
Total	-	15%	19%	

#### 4.09 Of sexually active students, percent who used condoms the last time they had sex

		Addison NW	Vermont	Notes
Grade	9th		65%	Too few students
	10th		65%	Too few students
	11th		58%	Too few students
	12th		54%	Too few students
Sex	Female		55%	Too few students
	Male		62%	Too few students
Total	_	52%	58%	

# 4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Addison NW	Vermont	Notes
Grade	9th		28%	Too few students
	10th		39%	Too few students
	11th	•	49%	Too few students
	12th		54%	Too few students
Sex	Female		55%	Too few students
	Male		38%	Too few students
Total	-	48%	47%	

# 4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Addison NW	Vermont	Notes
Grade	9th		80%	Too few students
	10th		87%	Too few students
	11th		88%	Too few students
	12th		87%	Too few students
Sex	Female		88%	Too few students
	Male	•	86%	Too few students
Total	-	80%	87%	SU/SD statistically lower

# 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Addison NW	Vermont	Notes
Grade	9th	No method was used		12%	Too few students
		Birth control pills		19%	Too few students
		Condoms		50%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring	·	5%	Too few students
		Withdrawal/other method		8%	Too few students
		Not sure	·	3%	Too few students
	10th	No method was used		7%	Too few students
		Birth control pills		28%	Too few students
		Condoms		46%	Too few students
		IUD or implant		5%	Too few students
		Shot/patch/birth control ring	·	6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students
	11th	No method was used	·	6%	Too few students
		Birth control pills		37%	Too few students
		Condoms		37%	Too few students
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring	·	6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		1%	Too few students
	12th	No method was used	·	7%	Too few students
		Birth control pills		40%	Too few students
		Condoms		32%	Too few students
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring	·	7%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students

			Addison NW	Vermont	Notes
Sex	Female	No method was used		7%	Too few students
		Birth control pills		39%	Too few students
		Condoms		31%	Too few students
		IUD or implant		8%	Too few students
		Shot/patch/birth control ring		8%	Too few students
		Withdrawal/other method		5%	Too few students
		Not sure		1%	Too few students
	Male	No method was used	·	7%	Too few students
		Birth control pills		30%	Too few students
		Condoms		45%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring		4%	Too few students
		Withdrawal/other method		7%	Too few students
		Not sure		3%	Too few students
Total		No method was used	11%	7%	_
		Birth control pills	38%	35%	
		Condoms	32%	38%	
		IUD or implant		6%	Too few students
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method	9%	6%	
		Not sure	9%	2%	SU/SD statistically higher

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

# 4.13 Sexual identity of sexual contacts

			Addison NW	Vermont	Notes
Sex	Female	Have not had sex	45%	45%	
		Same sex		1%	Too few students
		Opposite sex	52%	46%	SU/SD statistically higher
		Both sexes		7%	Too few students
	Male	Have not had sex	42%	43%	
		Same sex		1%	Too few students
		Opposite sex	58%	53%	
		Both sexes		2%	Too few students
Total		Have not had sex	44%	44%	
		Same sex		1%	Too few students
		Opposite sex	55%	50%	SU/SD statistically higher
		Both sexes	·	5%	Too few students

## 5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Addison NW	Vermont	Notes
Grade	9th	12%	15%	
	10th	16%	14%	
	11th	18%	14%	
	12th	10%	13%	
Sex	Female	9%	14%	SU/SD statistically lower
	Male	18%	14%	SU/SD statistically higher
Total		14%	14%	

#### 5.02 The percent of students who are obese (=>95th BMI percentile)

		Addison NW	Vermont	Notes
Grade	9th	22%	12%	SU/SD statistically higher
	10th	16%	13%	
	11th	9%	12%	
	12th	18%	12%	
Sex	Female	12%	9%	SU/SD statistically higher
	Male	20%	16%	
Total	-	16%	12%	SU/SD statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

# **5.03** Perceptions of weight

			Addison NW	Vermont	Notes
Grade	9th	Underweight	21%	15%	SU/SD statistically higher
		About the right weight	44%	56%	SU/SD statistically lower
		Overweight	35%	29%	
	10th	Underweight	16%	13%	
		About the right weight	47%	55%	SU/SD statistically lower
		Overweight	37%	32%	
	11th	Underweight	9%	13%	
		About the right weight	55%	55%	
		Overweight	36%	31%	
	12th	Underweight	18%	13%	
		About the right weight	44%	55%	SU/SD statistically lower
		Overweight	38%	32%	
Sex	Female	Underweight	11%	10%	
		About the right weight	49%	54%	
		Overweight	40%	36%	
	Male	Underweight	20%	17%	
		About the right weight	46%	57%	SU/SD statistically lower
		Overweight	34%	26%	SU/SD statistically higher
Total	100	Underweight	16%	14%	-
		About the right weight	48%	55%	SU/SD statistically lower
		Overweight	37%	31%	SU/SD statistically higher

# 5.04 Students who are trying to do something about their weight

			Addison NW	Vermont	Notes
Grade	9th	Lose weight	48%	41%	
		Gain weight		12%	Too few students
		Stay the same weight /do nothing	47%	47%	
	10th	Lose weight	43%	43%	
		Gain weight	9%	13%	
		Stay the same weight /do nothing	49%	44%	
	11th	Lose weight	41%	42%	
		Gain weight	14%	14%	
		Stay the same weight /do nothing	45%	44%	
	12th	Lose weight	53%	42%	SU/SD statistically higher
		Gain weight	17%	15%	
		Stay the same weight /do nothing	30%	42%	SU/SD statistically lower
Sex	Female	Lose weight	57%	56%	-
		Gain weight		4%	Too few students
		Stay the same weight /do nothing	40%	40%	
	Male	Lose weight	35%	28%	SU/SD statistically higher
		Gain weight	20%	23%	
		Stay the same weight /do nothing	45%	49%	
Total		Lose weight	46%	42%	SU/SD statistically higher
		Gain weight	12%	14%	
		Stay the same weight /do nothing	42%	44%	

# **6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.** In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Addison NW	Vermont	Notes
Grade	9th	Less than 1 hour	17%	14%	
		1 to 2 hours	28%	36%	SU/SD statistically lower
		3 to 4 hours	38%	33%	
		5+ hours	17%	18%	
	10th	Less than 1 hour	11%	14%	
		1 to 2 hours	46%	36%	SU/SD statistically higher
		3 to 4 hours	32%	32%	
		5+ hours	10%	18%	SU/SD statistically lower
	11th	Less than 1 hour	20%	15%	SU/SD statistically higher
		1 to 2 hours	47%	38%	SU/SD statistically higher
		3 to 4 hours	24%	32%	SU/SD statistically lower
		5+ hours	9%	16%	SU/SD statistically lower
	12th	Less than 1 hour	10%	16%	
		1 to 2 hours	50%	36%	SU/SD statistically higher
		3 to 4 hours	27%	32%	
		5+ hours	13%	17%	
Sex	Female	Less than 1 hour	13%	15%	
		1 to 2 hours	41%	37%	
		3 to 4 hours	31%	32%	
		5+ hours	15%	16%	
	Male	Less than 1 hour	16%	14%	
		1 to 2 hours	45%	36%	SU/SD statistically higher
		3 to 4 hours	29%	32%	
		5+ hours	9%	18%	SU/SD statistically lower
Total		Less than 1 hour	15%	15%	
		1 to 2 hours	43%	36%	SU/SD statistically higher
		3 to 4 hours	30%	32%	
		5+ hours	12%	17%	SU/SD statistically lower

# 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Addison NW	Vermont	Notes
Grade	9th	0 days	11%	11%	
		1 to 2 days	13%	16%	
		3 to 6 days	56%	47%	SU/SD statistically higher
		Everyday	19%	25%	
	10th	0 days	9%	13%	
		1 to 2 days	15%	15%	
		3 to 6 days	47%	47%	
		Everyday	28%	24%	
	11th	0 days	11%	15%	
		1 to 2 days	20%	17%	
		3 to 6 days	42%	45%	
		Everyday	27%	22%	
	12th	0 days	·	17%	Too few students
		1 to 2 days	24%	18%	
		3 to 6 days	46%	44%	
		Everyday	22%	21%	
Sex	Female	0 days	10%	17%	SU/SD statistically lower
		1 to 2 days	19%	20%	
		3 to 6 days	52%	48%	
		Everyday	20%	16%	
	Male	0 days	9%	12%	
		1 to 2 days	18%	14%	SU/SD statistically higher
		3 to 6 days	44%	44%	
		Everyday	29%	30%	
Total		0 days	10%	14%	SU/SD statistically lower
		1 to 2 days	18%	17%	•
		3 to 6 days	48%	46%	
		Everyday	24%	23%	

### 6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	15%	23%	SU/SD statistically lower
	10th	27%	23%	
	11th	12%	23%	SU/SD statistically lower
	12th	22%	24%	
Sex	Female	20%	22%	
	Male	19%	25%	SU/SD statistically lower
Total		19%	24%	SU/SD statistically lower

## 6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	30%	34%	
	10th	32%	34%	
	11th	30%	34%	
	12th	37%	35%	
Sex	Female	29%	33%	
	Male	35%	35%	
Total		32%	34%	

#### 6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	14%	17%	
	10th	15%	17%	
	11th	17%	18%	
	12th	15%	19%	
Sex	Female	14%	17%	SU/SD statistically lower
	Male	17%	19%	
Total	¥	15%	18%	SU/SD statistically lower

## 6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days

		Addison NW	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th	9%	4%	SU/SD statistically higher
	12th		4%	Too few students
Sex	Female	5%	3%	-
	Male		5%	Too few students
Total	_	4%	4%	

# 6.07 The percent of students who did not any eat vegetables, past 7 days

		Addison NW	Vermont	Notes
Grade	9th	11%	5%	SU/SD statistically higher
	10th		4%	Too few students
	11th		4%	Too few students
	12th	•	4%	Too few students
Sex	Female	6%	3%	SU/SD statistically higher
	Male	•	6%	Too few students
Total	-	5%	4%	

# $6.08\ The\ number\ of\ days\ students\ ate\ breakfast\ during\ the\ past\ 7\ days$

			Addison NW	Vermont	Notes
Grade	9th	Never	17%	11%	SU/SD statistically higher
		1 to 3 days	23%	25%	
		4 to 6 days	20%	22%	
		Everyday	41%	42%	
	10th	Never	8%	11%	
		1 to 3 days	23%	24%	
		4 to 6 days	28%	24%	
		Everyday	40%	41%	
	11th	Never	12%	10%	
		1 to 3 days	29%	25%	
		4 to 6 days	15%	24%	SU/SD statistically lower
		Everyday	45%	40%	
	12th	Never		11%	Too few students
		1 to 3 days	29%	25%	
		4 to 6 days	29%	25%	
		Everyday	38%	39%	
Sex	Female	Never	11%	11%	
		1 to 3 days	25%	27%	
		4 to 6 days	29%	24%	
		Everyday	36%	38%	
	Male	Never	10%	11%	
		1 to 3 days	27%	23%	
		4 to 6 days	18%	23%	SU/SD statistically lower
		Everyday	45%	43%	
Total	-	Never	10%	11%	
		1 to 3 days	26%	25%	
		4 to 6 days	23%	24%	
		Everyday	41%	40%	

# 6.09 The number of glasses of water students drank yesterday

			Addison NW	Vermont	Notes
Grade	9th	None	13%	9%	
		1 to 3 glasses	58%	60%	
		4+ glasses	30%	32%	
	10th	None	·	8%	Too few students
		1 to 3 glasses	66%	58%	SU/SD statistically higher
		4+ glasses	28%	34%	
	11th	None	10%	8%	
		1 to 3 glasses	63%	60%	
		4+ glasses	27%	32%	
	12th	None	·	9%	Too few students
		1 to 3 glasses	64%	57%	
		4+ glasses	30%	34%	
Sex	Female	None	8%	8%	
		1 to 3 glasses	58%	62%	
		4+ glasses	34%	31%	
	Male	None	9%	9%	
		1 to 3 glasses	68%	56%	SU/SD statistically higher
		4+ glasses	24%	35%	SU/SD statistically lower
Total		None	8%	9%	
		1 to 3 glasses	63%	59%	SU/SD statistically higher
		4+ glasses	29%	33%	SU/SD statistically lower

# $6.10 \ Amount \ of soda students drank during the past 7 days$

			Addison NW	Vermont	Notes
Grade	9th	None	34%	32%	
		At least once during the past week	51%	54%	
		At least once per day	16%	14%	
	10th	None	31%	33%	
		At least once during the past week	54%	53%	
		At least once per day	15%	14%	
	11th	None	39%	33%	
		At least once during the past week	50%	51%	
		At least once per day	12%	15%	
	12th	None	45%	36%	SU/SD statistically higher
		At least once during the past week	44%	49%	
		At least once per day	11%	15%	
Sex	Female	None	50%	42%	SU/SD statistically higher
		At least once during the past week	48%	48%	
		At least once per day		9%	Too few students
	Male	None	26%	25%	
		At least once during the past week	51%	55%	
		At least once per day	23%	20%	
Total	-	None	37%	33%	SU/SD statistically higher
		At least once during the past week	50%	52%	
		At least once per day	13%	15%	

# 6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Addison NW	Vermont	Notes
Grade	9th	None	29%	25%	
		At least once during the past week	49%	61%	SU/SD statistically lower
		At least once per day	22%	14%	SU/SD statistically higher
	10th	None	16%	25%	SU/SD statistically lower
		At least once during the past week	68%	59%	SU/SD statistically higher
		At least once per day	16%	15%	
	11th	None	21%	26%	
		At least once during the past week	64%	59%	
		At least once per day	15%	16%	
	12th	None	17%	29%	SU/SD statistically lower
		At least once during the past week	77%	57%	SU/SD statistically higher
		At least once per day	·	15%	Too few students
Sex	Female	None	33%	30%	
		At least once during the past week	62%	59%	
		At least once per day	5%	11%	SU/SD statistically lower
	Male	None	9%	22%	SU/SD statistically lower
		At least once during the past week	68%	58%	SU/SD statistically higher
		At least once per day	23%	19%	
Total		None	21%	26%	SU/SD statistically lower
		At least once during the past week	65%	59%	SU/SD statistically higher
		At least once per day	14%	15%	

# 7.01 Typical grades in the past 12 months, as reported by students

			Addison NW	Vermont	Notes
Grade	9th	Mostly As or Bs	77%	76%	
		Mostly Cs	22%	13%	SU/SD statistically higher
		Mostly Ds or Fs	•	4%	Too few students
		Other / Not sure		7%	Too few students
	10th	Mostly As or Bs	80%	77%	
		Mostly Cs	8%	14%	SU/SD statistically lower
		Mostly Ds or Fs		4%	Too few students
		Other / Not sure	7%	5%	
	11th	Mostly As or Bs	78%	80%	
		Mostly Cs	19%	13%	SU/SD statistically higher
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure		4%	Too few students
	12th	Mostly As or Bs	88%	83%	
		Mostly Cs	10%	11%	
		Mostly Ds or Fs	•	2%	Too few students
		Other / Not sure	·	4%	Too few students
Sex	Female	Mostly As or Bs	89%	84%	SU/SD statistically higher
		Mostly Cs	9%	9%	
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure		4%	Too few students
	Male	Mostly As or Bs	74%	74%	
		Mostly Cs	19%	16%	
		Mostly Ds or Fs	4%	4%	
		Other / Not sure	•	6%	Too few students
Total		Mostly As or Bs	81%	79%	
		Mostly Cs	14%	13%	
		Mostly Ds or Fs	2%	3%	SU/SD statistically lower
		Other / Not sure	3%	5%	SU/SD statistically lower

# 7.02 The percent of students participating in extracurricular activities, hours per week

			Addison NW	Vermont	Notes
Grade	9th	0 hours	33%	32%	
		1 to 4 hours	30%	30%	
		5 to 9 hours	18%	17%	
		10 or more hours	19%	21%	
	10th	0 hours	26%	32%	
		1 to 4 hours	33%	28%	
		5 to 9 hours	20%	16%	
		10 or more hours	21%	24%	
	11th	0 hours	26%	32%	
		1 to 4 hours	23%	27%	
		5 to 9 hours	11%	16%	
		10 or more hours	41%	25%	SU/SD statistically higher
	12th	0 hours	27%	32%	
		1 to 4 hours	26%	26%	
		5 to 9 hours		16%	Too few students
		10 or more hours	39%	27%	SU/SD statistically higher
Sex	Female	0 hours	26%	31%	SU/SD statistically lower
		1 to 4 hours	28%	29%	
		5 to 9 hours	13%	16%	
		10 or more hours	34%	24%	SU/SD statistically higher
	Male	0 hours	29%	33%	
		1 to 4 hours	29%	27%	
		5 to 9 hours	15%	16%	
		10 or more hours	27%	24%	
Total		0 hours	28%	32%	SU/SD statistically lower
		1 to 4 hours	28%	28%	•
		5 to 9 hours	14%	16%	
		10 or more hours	30%	24%	SU/SD statistically higher

#### 7.03 The percent of students who spoke with their parents at least weekly about school

		Addison NW	Vermont	Notes
Grade	9th	86%	78%	SU/SD statistically higher
	10th	80%	77%	
	11th	77%	77%	
	12th	91%	75%	SU/SD statistically higher
Sex	Female	87%	77%	SU/SD statistically higher
	Male	80%	76%	
Total	-	84%	76%	SU/SD statistically higher

# 7.04 The percent of students who agree that in their community they feel like they matter to people

		Addison NW	Vermont	Notes
Grade	9th	48%	49%	
	10th	42%	48%	
	11th	45%	50%	
	12th	60%	54%	
Sex	Female	43%	47%	
	Male	55%	54%	
Total		49%	50%	

#### 7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Addison NW	Vermont	Notes
Grade	9th	59%	59%	
	10th	47%	57%	SU/SD statistically lower
	11th	54%	64%	SU/SD statistically lower
	12th	79%	69%	SU/SD statistically higher
Sex	Female	62%	60%	
	Male	58%	64%	
Total		60%	62%	

# 7.06 The percent of students who agree that students help decide what goes on in school

		Addison NW	Vermont	Notes
Grade	9th	48%	50%	
	10th	36%	46%	SU/SD statistically lower
	11th	39%	46%	SU/SD statistically lower
	12th	54%	49%	
Sex	Female	48%	48%	-
	Male	41%	48%	SU/SD statistically lower
Total	_	44%	48%	

# 7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Addison NW	Vermont	Notes
Grade	9th	72%	75%	
	10th	89%	80%	SU/SD statistically higher
	11th	85%	83%	
	12th	87%	84%	
Sex	Female	86%	83%	
	Male	82%	78%	
Total		84%	80%	SU/SD statistically higher

2015 Vermont Youth Risk Behavior Survey Report
Middle School Report for Addison Northwest SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

# Addison NW Number of Middle School Students in Addison Northwest SU

#### **Addison Northwest SU Total**

130

Sex	Total	%
Not indicated / Missing	2	1%
Female	62	47%
Male	66	50%

Grade	Total	%
Not indicated / Missing	2	1%
7th grade	55	42%
8th grade	73	56%

Age	Total	%
Not indicated / Missing	1	0%
11 years or younger	1	0%
12 years	30	23%
13 years	62	47%
14 years or older	36	27%

Race / Ethnicity	Total	%
Not indicated /Missing	10	7%
Ethnic or racial minority	18	13%
White non-Hispanic	102	78%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Addison Northwest SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

# Vermont Number of Middle School Students in Vermont

# Vermont Total 13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### 1.01 Percent of students who have ever been in a physical fight

		Addison NW	Vermont	Notes
Grade	6th		42%	Too few students
	7th	23%	41%	SU/SD statistically lower
	8th	39%	44%	
Sex	Female	19%	28%	SU/SD statistically lower
	Male	43%	57%	SU/SD statistically lower
Total		32%	43%	SU/SD statistically lower

#### 1.02 Percent of students who were bullied at least once, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		24%	Too few students
	7th	23%	25%	
	8th	18%	22%	
Sex	Female	25%	30%	
	Male	14%	18%	
Total	-	21%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

# 1.03 Percent of students who reported they had ever been electronically bullied

		Addison NW	Vermont	Notes
Grade	6th		21%	Too few students
	7th	31%	26%	
	8th	20%	28%	SU/SD statistically lower
Sex	Female	36%	36%	
	Male	12%	16%	
Total		25%	26%	

#### 1.04 Percent of students who were ever bullied at school

		Addison NW	Vermont	Notes
Grade	6th		46%	Too few students
	7th	55%	48%	SU/SD statistically higher
	8th	43%	45%	
Sex	Female	52%	53%	
	Male	43%	40%	
Total		48%	46%	-

# 1.05 Percent of students who bullied someone at least once, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		8%	Too few students
	7th		9%	Too few students
	8th	10%	11%	
Sex	Female	9%	10%	
	Male		9%	Too few students
Total		8%	10%	

#### 1.06 Percent of students who did not go to school because they felt unsafe, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		8%	Too few students
	7th		7%	Too few students
	8th		7%	Too few students
Sex	Female		9%	Too few students
	Male		6%	Too few students
Total		6%	7%	

# 1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Addison NW	Vermont	Notes
Grade	6th		17%	Too few students
	7th	22%	19%	
	8th	18%	22%	
Sex	Female	26%	27%	
	Male	11%	13%	
Total		20%	20%	

#### 1.08 Percent of students who ever seriously thought about suicide

		Addison NW	Vermont	Notes
Grade	6th		14%	Too few students
	7th	17%	16%	
	8th	13%	22%	SU/SD statistically lower
Sex	Female	21%	23%	
	Male		12%	Too few students
Total	-	15%	18%	

# 1.09 Percent of students who ever made a suicide plan

		Addison NW	Vermont	Notes
Grade	6th		9%	Too few students
	7th	11%	11%	
	8th	7%	15%	SU/SD statistically lower
Sex	Female	11%	16%	SU/SD statistically lower
	Male	•	8%	Too few students
Total		9%	12%	SU/SD statistically lower

#### 1.10 Percent of students who ever attempted suicide

		Addison NW	Vermont	Notes
Grade	6th		5%	Too few students
	7th	11%	5%	SU/SD statistically higher
	8th	·	8%	Too few students
Sex	Female		8%	Too few students
	Male		3%	Too few students
Total	-	6%	6%	

# 1.11 Percent of students who had at least one sunburn in the past 12 months

		Addison NW	Vermont	Notes
Grade	6th		51%	Too few students
	7th	67%	55%	SU/SD statistically higher
	8th	54%	56%	
Sex	Female	65%	58%	SU/SD statistically higher
	Male	55%	51%	
Total		59%	54%	SU/SD statistically higher

# 1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			Addison NW	Vermont	Notes
Grade	6th	Never / rarely wear a helmet		26%	Too few students
		Sometimes wear a helmet		15%	Too few students
		Most of the time / always wear a helmet		59%	Too few students
	7th	Never / rarely wear a helmet		31%	Too few students
		Sometimes wear a helmet		16%	Too few students
		Most of the time / always wear a helmet		52%	Too few students
8th	Never / rarely wear a helmet	51%	41%	SU/SD statistically higher	
		Sometimes wear a helmet	19%	15%	
		Most of the time / always wear a helmet	30%	43%	SU/SD statistically lower
Sex	Female	Never / rarely wear a helmet	46%	31%	SU/SD statistically higher
		Sometimes wear a helmet	18%	17%	
		Most of the time / always wear a helmet	36%	52%	SU/SD statistically lower
	Male	Never / rarely wear a helmet	39%	36%	
		Sometimes wear a helmet	17%	14%	
		Most of the time / always wear a helmet	44%	49%	
Total	100	Never / rarely wear a helmet	42%	34%	SU/SD statistically higher
		Sometimes wear a helmet	17%	16%	
		Most of the time / always wear a helmet	41%	51%	SU/SD statistically lower

# 1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)

			Addison NW	Vermont	Notes
Grade	6th	Never / rarely wear a helmet		31%	Too few students
		Sometimes wear a helmet		11%	Too few students
		Most of the time / always wear a helmet		58%	Too few students
	7th	Never / rarely wear a helmet	·	42%	Too few students
		Sometimes wear a helmet		13%	Too few students
		Most of the time / always wear a helmet		45%	Too few students
	8th	Never / rarely wear a helmet	·	52%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet		36%	Too few students
Sex	Female	Never / rarely wear a helmet	·	45%	Too few students
		Sometimes wear a helmet		13%	Too few students
		Most of the time / always wear a helmet	٠	43%	Too few students
	Male	Never / rarely wear a helmet	·	41%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet		47%	Too few students
Total	100	Never / rarely wear a helmet	31%	43%	SU/SD statistically lower
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	59%	45%	SU/SD statistically higher

# 1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	7%	4%	SU/SD statistically higher
Sex	Female	•	2%	Too few students
	Male		3%	Too few students
Total		4%	3%	

# 1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Addison NW	Vermont	Notes
Grade	6th		15%	Too few students
	7th	15%	19%	
	8th	24%	25%	
Sex	Female	24%	21%	
	Male	15%	19%	
Total		19%	20%	

# 2.01 Percent of students who ever drank alcohol other than a few sips

		Addison NW	Vermont	Notes
Grade	6th		10%	Too few students
	7th		15%	Too few students
	8th	21%	24%	
Sex	Female	16%	16%	
	Male	14%	18%	
Total		15%	17%	

### 2.02 Percent of students who drank alcohol other than a few sips before age 11

		Addison NW	Vermont	Notes
Grade	6th		7%	Too few students
	7th		6%	Too few students
	8th	·	6%	Too few students
Sex	Female		5%	Too few students
	Male		8%	Too few students
Total		5%	6%	-

# 2.03 Percent of students who drank any alcohol, past 30 days

		Addison NW	Vermont	Notes
Grade	6th	•	3%	Too few students
	7th		5%	Too few students
	8th	13%	10%	
Sex	Female	13%	6%	SU/SD statistically higher
	Male	•	7%	Too few students
Total	<u>,                                      </u>	9%	6%	SU/SD statistically higher

# 2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th	7%	4%	SU/SD statistically higher
Sex	Female	8%	2%	SU/SD statistically higher
	Male		2%	Too few students
Total		4%	2%	SU/SD statistically higher

#### 2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Addison NW	Vermont	Notes
Grade	6th		4%	Too few students
	7th		7%	Too few students
	8th	14%	13%	
Sex	Female	11%	9%	
	Male	9%	9%	
Total	-	10%	9%	

#### 2.06 Percent of students who ever smoked a whole cigarette

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		4%	Too few students
	8th	9%	8%	
Sex	Female		5%	Too few students
	Male		5%	Too few students
Total		5%	5%	-

# 2.07 Percent of students who smoked a whole cigarette by age 11

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th	·	2%	Too few students
Sex	Female		1%	Too few students
	Male	·	2%	Too few students
Total			1%	Too few students

# 2.08 Percent of students who smoked cigarettes, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		2%	Too few students
	8th		3%	Too few students
Sex	Female		2%	Too few students
	Male		2%	Too few students
Total		·	2%	Too few students

# 2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		Addison NW	Vermont	Notes
Grade	6th		3%	Too few students
	7th		6%	Too few students
	8th	13%	11%	
Sex	Female	10%	7%	
	Male	·	7%	Too few students
Total		8%	7%	

#### 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		2%	Too few students
	8th	·	5%	Too few students
Sex	Female		3%	Too few students
	Male	·	3%	Too few students
Total	-		3%	Too few students

#### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th	•	1%	Too few students
	8th		3%	Too few students
Sex	Female	·	1%	Too few students
	Male		3%	Too few students
Total			2%	Too few students

#### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total			2%	Too few students

# 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th		6%	Too few students
Sex	Female		3%	Too few students
	Male	•	4%	Too few students
Total			4%	Too few students

### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

	Addison NW	Vermont	Notes
6th		3%	Too few students
7th		4%	Too few students
8th		8%	Too few students
Female		5%	Too few students
Male		6%	Too few students
-		5%	Too few students
	7th 8th Female	6th	6th       .       3%         7th       .       4%         8th       .       8%         Female       .       5%         Male       .       6%

# 2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Addison NW	Vermont	Notes
Grade	6th			Too few students
	7th		58%	Too few students
	8th	•	45%	Too few students
Sex	Female		48%	Too few students
	Male	•	47%	Too few students
Total			48%	Too few students

#### 2.16 Percent of students who have ever used marijuana

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		5%	Too few students
	8th	15%	11%	SU/SD statistically higher
Sex	Female	11%	6%	SU/SD statistically higher
	Male	7%	7%	
Total		9%	7%	SU/SD statistically higher

# 2.17 Percent of students who used marijuana by age 11

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th	•	2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total	-		1%	Too few students

# 2.18 Percent of students who used marijuana, past 30 days

		Addison NW	Vermont	Notes
Grade	6th		1%	Too few students
	7th		3%	Too few students
	8th	8%	6%	
Sex	Female	8%	3%	SU/SD statistically higher
	Male	·	4%	Too few students
Total		5%	4%	SU/SD statistically higher

### 2.19 Percent of students who have ever used inhalants

		Addison NW	Vermont	Notes
Grade	6th		5%	Too few students
	7th		4%	Too few students
	8th	7%	6%	
Sex	Female		5%	Too few students
	Male		5%	Too few students
Total	_	5%	5%	

# 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	•	4%	Too few students
Sex	Female		3%	Too few students
	Male		3%	Too few students
Total			3%	Too few students

# 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Addison NW	Vermont	Notes
Grade	6th		24%	Too few students
	7th	15%	28%	SU/SD statistically lower
	8th	28%	31%	
Sex	Female	27%	29%	
	Male	17%	27%	SU/SD statistically lower
Total		22%	28%	SU/SD statistically lower

# 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Addison NW	Vermont	Notes
Grade	6th		17%	Too few students
	7th	13%	20%	SU/SD statistically lower
	8th	17%	23%	SU/SD statistically lower
Sex	Female	16%	22%	SU/SD statistically lower
	Male	14%	19%	SU/SD statistically lower
Total		16%	21%	SU/SD statistically lower

# 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Addison NW	Vermont	Notes
Grade	6th		47%	Too few students
	7th	51%	52%	
	8th	65%	55%	SU/SD statistically higher
Sex	Female	60%	52%	SU/SD statistically higher
	Male	57%	52%	
Total		59%	52%	SU/SD statistically higher

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Addison NW	Vermont	Notes
Grade	6th		15%	Too few students
	7th	36%	26%	SU/SD statistically higher
	8th	36%	35%	
Sex	Female	39%	28%	SU/SD statistically higher
	Male	34%	26%	SU/SD statistically higher
Total		36%	27%	SU/SD statistically higher

### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Addison NW	Vermont	Notes
15 or less students	14%	16%	
16 to 25 students	30%	25%	SU/SD statistically higher
26 to 45 students	23%	24%	
46 to 55 students	19%	16%	SU/SD statistically higher
56 to 75 students	6%	9%	SU/SD statistically lower
76 or more students	8%	10%	

# 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Addison NW	Vermont	Notes
Grade	6th		96%	Too few students
	7th	100%	96%	SU/SD statistically higher
	8th	97%	96%	
Sex	Female	97%	97%	
	Male	100%	96%	SU/SD statistically higher
Total		99%	96%	SU/SD statistically higher

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Addison NW	Vermont	Notes
Grade	6th		92%	Too few students
	7th	98%	92%	SU/SD statistically higher
	8th	90%	90%	
Sex	Female	91%	93%	
	Male	97%	90%	SU/SD statistically higher
Total		94%	91%	SU/SD statistically higher

# 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Addison NW	Vermont	Notes
Grade	6th		96%	Too few students
	7th	100%	95%	SU/SD statistically higher
	8th	92%	92%	
Sex	Female	93%	94%	
	Male	98%	94%	SU/SD statistically higher
Total		95%	94%	

# 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Addison NW	Vermont	Notes
Grade	6th		97%	Too few students
	7th	100%	95%	SU/SD statistically higher
	8th	93%	92%	
Sex	Female	97%	95%	
	Male	95%	94%	
Total		96%	94%	SU/SD statistically higher

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Addison NW	Vermont	Notes
Grade	6th	•	94%	Too few students
	7th	98%	90%	SU/SD statistically higher
	8th	84%	83%	
Sex	Female	89%	90%	
	Male	91%	87%	SU/SD statistically higher

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Addison NW	Vermont	Notes
Grade	6th		97%	Too few students
	7th	96%	92%	SU/SD statistically higher
	8th	81%	83%	
Sex	Female	84%	91%	SU/SD statistically lower
	Male	91%	89%	
Total		88%	90%	

# 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Addison NW	Vermont	Notes
Grade	6th		70%	Too few students
	7th	83%	72%	SU/SD statistically higher
	8th	66%	72%	SU/SD statistically lower
Sex	Female	67%	71%	
	Male	80%	72%	SU/SD statistically higher
Total		73%	71%	

# 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Addison NW	Vermont	Notes
Grade	6th		49%	Too few students
	7th	65%	49%	SU/SD statistically higher
	8th	38%	46%	SU/SD statistically lower
Sex	Female	51%	49%	
	Male	51%	46%	
Total		51%	48%	

# 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Addison NW	Vermont	Notes
Grade	6th	•	67%	Too few students
	7th	73%	61%	SU/SD statistically higher
	8th	50%	51%	
Sex	Female	56%	60%	- G
	Male	66%	58%	SU/SD statistically higher
Total	-	60%	59%	

# 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Addison NW	Vermont	Notes
Grade	6th		18%	Too few students
	7th	12%	24%	SU/SD statistically lower
	8th	34%	34%	
Sex	Female	27%	25%	
	Male	22%	29%	SU/SD statistically lower
Total		25%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Addison NW	Vermont	Notes
Grade	6th	•	24%	Too few students
	7th	33%	33%	
	8th	44%	46%	
Sex	Female	41%	35%	SU/SD statistically higher
	Male	35%	37%	
Total	-	39%	36%	

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Addison NW	Vermont	Notes
Grade	6th		6%	Too few students
	7th	11%	12%	
	8th	24%	22%	
Sex	Female	21%	13%	SU/SD statistically higher
	Male	16%	16%	
Total	-	19%	14%	SU/SD statistically higher

#### 4.01 Percent of students who have ever had sexual intercourse

		Addison NW	Vermont	Notes
Grade	6th		3%	Too few students
	7th		4%	Too few students
	8th		8%	Too few students
Sex	Female		4%	Too few students
	Male		7%	Too few students
Total		4%	6%	SU/SD statistically lower

#### 4.02 Percent of students who have ever had oral sex

		Addison NW	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	11%	9%	
Sex	Female	11%	5%	SU/SD statistically higher
	Male		6%	Too few students
Total		7%	5%	

# 5.01 Number of times during the past 7 days students ate breakfast

			Addison NW	Vermont	Notes
Grade	6th	Never		4%	Too few students
		1 to 3 times		13%	Too few students
		4 to 6 times		22%	Too few students
		Everyday	·	61%	Too few students
	7th	Never	·	7%	Too few students
		1 to 3 times	22%	16%	SU/SD statistically higher
		4 to 6 times	24%	25%	
		Everyday	47%	51%	
	8th	Never	·	8%	Too few students
		1 to 3 times	31%	20%	SU/SD statistically higher
		4 to 6 times	26%	25%	
		Everyday	41%	48%	SU/SD statistically lower
Sex	Female	Never		8%	Too few students
		1 to 3 times	32%	21%	SU/SD statistically higher
		4 to 6 times	29%	26%	
		Everyday	36%	45%	SU/SD statistically lower
	Male	Never		6%	Too few students
		1 to 3 times	23%	13%	SU/SD statistically higher
		4 to 6 times	22%	23%	
		Everyday	52%	59%	SU/SD statistically lower
Total		Never	4%	7%	SU/SD statistically lower
		1 to 3 times	28%	17%	SU/SD statistically higher
		4 to 6 times	25%	24%	
		Everyday	43%	52%	SU/SD statistically lower

# 5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Addison NW	Vermont	Notes
Grade	6th		45%	Too few students
	7th	44%	41%	
	8th	34%	39%	
Sex	Female	29%	38%	SU/SD statistically lower
	Male	46%	44%	
Total		38%	41%	

# 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Addison NW	Vermont	Notes
Grade	6th	Never		8%	Too few students
		1 to 4 days	•	32%	Too few students
		5 to 6 days	•	27%	Too few students
		Everyday	•	33%	Too few students
	7th	Never	·	7%	Too few students
		1 to 4 days	43%	34%	SU/SD statistically higher
		5 to 6 days	22%	28%	SU/SD statistically lower
		Everyday	30%	31%	
	8th	Never	7%	8%	
		1 to 4 days	50%	36%	SU/SD statistically higher
		5 to 6 days	26%	27%	
		Everyday	16%	29%	SU/SD statistically lower
Sex	Female	Never		8%	Too few students
		1 to 4 days	57%	39%	SU/SD statistically higher
		5 to 6 days	27%	30%	
		Everyday	10%	23%	SU/SD statistically lower
	Male	Never	·	8%	Too few students
		1 to 4 days	38%	29%	SU/SD statistically higher
		5 to 6 days	22%	25%	
		Everyday	35%	38%	
Total	100	Never	6%	8%	
		1 to 4 days	48%	34%	SU/SD statistically higher
		5 to 6 days	24%	27%	
		•			

# 5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Addison NW	Vermont	Notes
Grade	6th	0 days	•	18%	Too few students
		1 to 2 days		15%	Too few students
		3 to 4 days		19%	Too few students
		Everyday	•	48%	Too few students
	7th	0 days	·	30%	Too few students
		1 to 2 days	16%	17%	
		3 to 4 days	9%	17%	SU/SD statistically lower
		Everyday	68%	36%	SU/SD statistically higher
	8th	0 days	35%	33%	
		1 to 2 days	15%	16%	
		3 to 4 days	17%	16%	
		Everyday	32%	35%	
Sex	Female	0 days	23%	28%	
		1 to 2 days	13%	18%	SU/SD statistically lower
		3 to 4 days	13%	17%	
		Everyday	51%	38%	SU/SD statistically higher
	Male	0 days	21%	28%	SU/SD statistically lower
		1 to 2 days	20%	15%	SU/SD statistically higher
		3 to 4 days	15%	17%	
		Everyday	44%	40%	
Total		0 days	22%	28%	SU/SD statistically lower
		1 to 2 days	16%	16%	•
		3 to 4 days	14%	17%	SU/SD statistically lower
		Everyday	48%	39%	SU/SD statistically higher

# 5.05 Number of hours spent watching TV on an average school day

			Addison NW	Vermont	Notes
Grade	6th	1 hour or less per day		60%	Too few students
		2 to 4 hours per day		34%	Too few students
		5 or more hours per day	·	6%	Too few students
	7th	1 hour or less per day	58%	57%	
		2 to 4 hours per day	37%	37%	
		5 or more hours per day		6%	Too few students
	8th	1 hour or less per day	52%	57%	
		2 to 4 hours per day	48%	37%	SU/SD statistically higher
		5 or more hours per day		7%	Too few students
Sex	Female	1 hour or less per day	51%	57%	SU/SD statistically lower
		2 to 4 hours per day	46%	37%	SU/SD statistically higher
		5 or more hours per day		6%	Too few students
	Male	1 hour or less per day	59%	58%	
		2 to 4 hours per day	39%	35%	
		5 or more hours per day		7%	Too few students
Total		1 hour or less per day	55%	58%	
		2 to 4 hours per day	43%	36%	SU/SD statistically higher
		5 or more hours per day	·	6%	Too few students

### 5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Addison NW	Vermont	Notes
Grade	6th	1 hour or less per day		55%	Too few students
		2 to 4 hours per day		33%	Too few students
		5 or more hours per day	·	12%	Too few students
	7th	1 hour or less per day	51%	46%	
		2 to 4 hours per day	38%	40%	
		5 or more hours per day	11%	14%	
	8th	1 hour or less per day	40%	40%	
		2 to 4 hours per day	43%	41%	
		5 or more hours per day	17%	19%	
Sex	Female	1 hour or less per day	42%	48%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	18%	15%	
	Male	1 hour or less per day	50%	44%	
		2 to 4 hours per day	39%	41%	
		5 or more hours per day	11%	15%	SU/SD statistically lower
Total		1 hour or less per day	45%	46%	
		2 to 4 hours per day	40%	39%	
		5 or more hours per day	15%	15%	

# 5.07 Number of days in the average week students went online for something not school-related

			Addison NW	Vermont	Notes
Grade	6th	Never	•	22%	Too few students
		1 to 5 days		45%	Too few students
		At least six days		33%	Too few students
	7th	Never	20%	16%	
		1 to 5 days	49%	41%	SU/SD statistically higher
		At least six days	31%	42%	SU/SD statistically lower
	8th	Never	9%	11%	
		1 to 5 days	44%	34%	SU/SD statistically higher
		At least six days	47%	55%	SU/SD statistically lower
Sex	Female	Never		13%	Too few students
		1 to 5 days	49%	41%	SU/SD statistically higher
		At least six days	44%	46%	
	Male	Never	23%	18%	SU/SD statistically higher
		1 to 5 days	43%	38%	
		At least six days	34%	44%	SU/SD statistically lower
Total		Never	15%	15%	
		1 to 5 days	45%	39%	SU/SD statistically higher
		At least six days	40%	45%	SU/SD statistically lower

# 6.01 Percent of students who talk to their parents about school at least weekly

		Addison NW	Vermont	Notes
Grade	6th		81%	Too few students
	7th	91%	80%	SU/SD statistically higher
	8th	79%	78%	
Sex	Female	86%	80%	SU/SD statistically higher
	Male	84%	79%	SU/SD statistically higher
Total		85%	79%	SU/SD statistically higher

# 6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Addison NW	Vermont	Notes
Grade	6th		60%	Too few students
	7th	58%	56%	
	8th	44%	51%	SU/SD statistically lower
Sex	Female	57%	50%	SU/SD statistically higher
	Male	45%	59%	SU/SD statistically lower
Total		50%	55%	SU/SD statistically lower

# 6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement

		Addison NW	Vermont	Notes
Grade	6th		69%	Too few students
	7th	71%	62%	SU/SD statistically higher
	8th	49%	59%	SU/SD statistically lower
Sex	Female	57%	62%	
	Male	63%	64%	
Total		59%	63%	

# 6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Addison NW	Vermont	Notes
Grade	6th		45%	Too few students
	7th	61%	44%	SU/SD statistically higher
	8th	37%	39%	
Sex	Female	57%	42%	SU/SD statistically higher
	Male	39%	43%	
Total		48%	43%	SU/SD statistically higher