



# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

LAMOILLE COUNTY



## 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at:  
<https://www.healthvermont.gov/yrbs>

## 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

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## About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

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### Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

### How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at: <https://www.cdc.gov/healthyouth/data/yrbs/methods>

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: <https://www.healthvermont.gov/yrbs>

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## Populations in Focus

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a “SOC” category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a “LGBT” category to compare to heterosexual/cisgender students.

## Using the YRBS Results

### Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

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Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at <http://www.upforlearning.org/initiatives/getting-to-y>

<https://www.healthvermont.gov/yrbs>

### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

## 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Lamoile County

### Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Lamoile County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Lamoile County are also noted.

Throughout this report you will see the following key terms and statistical notations.

#### Key Terms

- . = Too few students to report
- VT = All students in Vermont
- County = All students in Lamoile County
- M = Male students in Lamoile County
- F = Female students in Lamoile County
- Older = Students in grades 11 and 12
- Younger = Students in grades 9 and 10
- WnH = White, non-Hispanic students in Lamoile County
- SOC = Students of color in Lamoile County
- Het = Heterosexual or cisgender students in Lamoile County
- LGBT = Lesbian, gay, bisexual, or transgender students in Lamoile County

#### Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Lamoile County students as well as differences within Lamoile County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

$\alpha$  = Students across VT are statistically different than students in Lamoille

$\beta$  = Male students are statistically different from female students

$\varepsilon$  = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students

$\iota$  = 8th grade students are significantly different from 6th and 7th grade students

$\delta$  = Results statistically increase or decrease with each grade

$\zeta$  = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students

$\theta$  = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students

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## HIGH SCHOOL RESULTS



## Demographics

Sex	VT	Lamoille
Female	48	46
Male	52	54

Grade	VT	Lamoille
9th grade	25	25
10th grade	25	24
11th grade	25	27
12th grade	25	24

## Demographics

Race	VT	Lamoille
Students of Color	16	15
White, non-Hispanic	84	85

Sexual Orientation / Gender Identity	VT	Lamoille
Lesbian, Gay, Bisexual, or Transgender	14	14
Heterosexual / Cisgender	86	86

Violence and Unintentional Injuries

Physical Violence	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													β	ζ
Were in a physical fight, past year	18	21	30	9	23	23	21	14	18	32	21	21	β	ζ
Carried a weapon on school property, past 30 days	5	4	6	3	4	4	4	5	4	4	4	7		
Were threatened or injured with a weapon on school property, past 30 days	7	7	9	6	8	10	6	.	6	12	7	7		
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6	5	4	8	6	10	5	.	6	5	5	11		

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Violence and Unintentional Injuries

Bullying	VT	Lamoille											Statistical Differences		
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Were electronically bullied, past year	16	17	14	22	19	20	19	12	18	13	15	29	β	θ	
Were bullied, past 30 days	17	20	13	27	27	22	17	12	19	22	17	34	β	ε	θ
Bullied someone, past 30 days	10	13	13	13	16	12	13	9	12	15	12	15	α		

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Violence and Unintentional Injuries

Sexual and Dating Violence	VT	Lamoille	Gender		Grade				Race/Ethnicity				Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Report someone has ever done sexual things to them that they did not want	18	16	9	25	17	14	17	17	17	15	12	41	$\beta$	$\theta$
Experienced physical dating violence, past year	8	6	6	6	4	6	10	.	6	.	4	18		$\theta$
Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year	28	32	24	41	38	31	26	31	31	38	29	45	$\beta$	$\theta$
Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days	27	31	33	29	26	33	33	32	29	42	31	33		$\zeta$

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Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													$\alpha$	$\varepsilon$	$\theta$
Rode with a driver who had been drinking alcohol, past 30 days	17	18	18	19	25	16	17	16	18	20	18	26			
Rode in a car or other vehicle driven by someone who had been using marijuana, past 30 days	23	29	30	28	22	25	30	40	28	35	27	42	$\alpha$	$\varepsilon$	$\theta$

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Violence and Unintentional Injuries

Motor Vehicle Safety, Among Students Who Drive													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Texted or e-mailed while driving a car or other vehicle, past 30 days	35	38	41	34	.	19	39	62	38	40	38	.	ε
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	6	6	9	.	.	.	6	8	5	12	4	.	
Drove a car or other vehicle when they had been using marijuana, past 30 days	15	16	20	10	.	8	18	23	15	22	16	.	β ε

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Rarely or never wore a helmet when skiing or snowboarding, past year	11	7	8	6	6	6	.	12	6	10	7	.		
Had a concussion from playing a sport or being physically active, past year	18	20	21	19	25	18	20	17	19	26	21	16		
Had a sunburn, past year	73	76	70	83	77	76	74	77	79	60	77	68	β	ζ

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Mental Health

Mental Health	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													$\beta$	$\theta$
Did something to purposely hurt themselves without wanting to die, past year	19	19	13	27	23	18	19	17	19	23	14	49	$\beta$	$\theta$
Felt sad or hopeless, past year	31	30	23	39	30	30	33	26	29	37	25	58	$\beta$	$\theta$
Made a plan about how they would attempt suicide, past year	13	14	11	18	14	13	18	10	14	18	10	30		$\theta$
Attempted suicide, past year	7	6	4	8	8	8	6	.	6	8	4	13		$\theta$

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Lifetime Substance Use

Tobacco, Alcohol, or Marijuana Use Before Age 13													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
First tried cigarette smoking before age 13 years	7	9	12	5	8	7	14	6	7	18	8	15	β	ζ
Drank alcohol before age 13	13	16	17	15	18	13	19	14	15	23	16	22	α	
Tried marijuana for the first time before age 13 years	6	8	8	8	9	5	10	6	7	13	7	12		

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Lifetime Substance Use

Lifetime Substance Use - Alcohol, Marijuana, & Tobacco	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													$\alpha$	$\epsilon$
Ever tried cigarette smoking	22	29	33	24	20	20	34	40	28	35	28	33	$\alpha$	$\epsilon$
Ever used an electronic vapor product	50	54	56	51	47	46	58	63	54	58	56	48		$\epsilon$
Ever used a flavored tobacco product	27	32	35	29	30	18	33	46	32	34	33	32	$\alpha$	$\epsilon$
Ever drank alcohol	55	60	63	57	50	47	65	76	59	64	61	59	$\alpha$	$\epsilon$
Ever used marijuana	40	45	47	44	34	38	48	60	45	51	45	52	$\alpha$	$\epsilon$

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Lifetime Substance Use

Lifetime Substance Use - Prescription Drug Misuse													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Ever used a prescription drug	12	11	13	8	7	9	14	11	9	18	9	18		ζ
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	9	9	9	8	6	8	12	7	7	15	7	17		ζ θ
Have taken prescription stimulants without a doctor's prescription or differently than how a doctor told them to use it one or more times	7	6	9	3	3	6	7	8	6	9	5	13	β	θ

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Lifetime Substance Use

Lifetime Substance Use - Other Drug Use													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Ever used cocaine	4	5	7	2	.	.	5	11	4	10	5	7	β	ε
Ever used inhalants	7	9	11	7	8	11	13	4	9	13	8	17		
Ever used heroin	2	2	3	.	.	.	.	.	1	7	1	.		ζ
Ever used methamphetamines	2	2	4	.	.	.	4	.	1	7	1	.		ζ

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Past 30 Day Substance Use

Past 30 Day Tobacco Use													Statistical Differences		
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	28	31	36	26	25	22	33	45	31	37	32	34	β	ε	
Currently smoked cigarettes or cigars or used smokeless tobacco	10	13	18	8	8	7	13	25	12	19	13	15	α	β	ε
Tried to quit using all tobacco products, past year	44	48	52	42	39	.	59	53	49	.	52	.			

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													$\alpha$	$\varepsilon$
Currently smoked cigarettes	7	10	13	7	6	4	12	18	9	17	10	13	$\alpha$	$\varepsilon$
Currently used an electronic vapor product	26	29	32	25	24	20	30	40	29	32	30	28		$\varepsilon$
Currently used smokeless tobacco	3	4	7	.	.	.	4	9	5	.	4	7		
Currently smoked cigars	6	7	9	4	3	4	5	14	6	9	6	10	$\beta$	$\varepsilon$

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Drug Use													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Currently drank alcohol	31	33	37	30	21	23	31	57	34	32	33	35	ε
Binge drank, past 30 days	15	16	20	12	5	6	16	37	15	22	17	10	ε
Currently used marijuana	27	28	32	25	24	21	33	34	28	35	28	32	ε
Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it	5	5	7	2	4	4	.	9	5	7	5	8	

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Lamoille
1 or 2 days	37
3 to 5 days	14
6 to 9 days	8
10 to 19 days	11
20 to 29 days	.
All 30 days	26

Number of Cigarettes Smoked, Among Current Users	Lamoille
Less than 1 cigarette	30
1 cigarette	15
2 to 5 cigarettes	34
6 to 10 cigarettes	.
11 to 20 cigarettes	.
More than 20 cigarettes	11

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Lamoille
1 or 2 days	25
3 to 5 days	12
6 to 9 days	8
10 to 19 days	16
20 to 29 days	14
All 30 days	25

Primary Reason for EVP Use, Among Current Users	Lamoille
Friend/family used them	14
To try to quit other tobacco	9
Cost less than other tobacco	.
Easier to get than other	5
Less harmful than other	12
Available in flavors	8
Used for some other reason	52

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Source of EVP, Among Current Users	Lamoille
Bought them in a store	17
I got them on the Internet	.
Someone else bought them	22
Borrowed them	37
Someone gave them to me	10
Took them from a store	.
Some other way	10

Type of EVP Used, Among Current Users	Lamoille
JUUL /rechargeable w pods	86
Vape Pen/recharge e-cig	4
Disposable e-cig/vaping	.
Mods with refillable tanki	6
Other e-vapor product	.
Not sure	.

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Alcohol Use,  
Among Current Users

## Lamoille

1 or 2 days	49
3 to 5 days	24
6 to 9 days	11
10 to 19 days	10
20 to 29 days	.
All 30 days	4

Largest Amount of Alcohol  
Consumed in One Sitting,  
Among Current Users

## Lamoille

1 or 2 drinks	37
3 drinks	6
4 drinks	7
5 drinks	10
6 or 7 drinks	20
8 or 9 drinks	6
10 or more drinks	14

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Lamoille
1 or 2 times	33
3 to 9 times	26
10 to 19 times	9
20 to 39 times	11
40 or more times	22

Primary Way Marijuana was Used, Among Current Users	Lamoille
Smoked it	73
Ate in food	3
Drank in tea or other drink	.
Vaporized	13
Dabbed it	6
Some other way	.

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Other Substance Use Related Topics

Substance Use Exposure and Prevention													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Were asked by a doctor, dentist, or nurse if they smoked, past year	61	57	55	60	52	51	61	65	57	58	57	60	ε
Most of the time or always see ads for cigarettes or other tobacco products	50	53	50	57	54	54	54	52	53	57	53	60	

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Other Substance Use Related Topics

Substance Use on School Property													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Attended school under the influence of alcohol or other illegal drugs, past year	15	16	18	14	15	11	15	23	16	20	16	24	
Were offered, sold, or given an illegal drug on school property, past year	19	18	20	15	20	13	20	18	18	19	19	18	

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Perceptions of Substance Use

Perceptions of Substance Use - Peer Use													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Think it is wrong or very wrong for someone their age to use electronic vapor products	56	56	49	64	65	63	52	45	56	52	56	56	β ε
Think it is wrong or very wrong for someone their age to drink alcohol	53	50	45	56	60	58	49	34	51	46	50	54	β ε
Think it is wrong or very wrong for someone their age to use marijuana	51	47	43	52	58	54	46	32	47	45	48	41	ε

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	84	81	78	83	89	84	83	67	80	82	80	75	α	ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	69	65	65	66	77	80	65	39	65	64	66	59		ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	75	69	67	72	74	74	68	60	69	71	71	50	α	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access													Statistical Differences		
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	73	76	80	71	69	68	75	89	76	76	79	64	β	ε	θ
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	67	70	69	71	73	63	73	69	70	71	71	67			
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	62	68	71	65	60	58	73	81	68	67	69	72	α	ε	

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Perceptions of Substance Use

Perceptions of Substance Use - Harm													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	29	28	24	33	28	31	32	21	28	29	27	33	
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	39	37	29	47	39	38	38	34	39	28	37	43	β
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	23	18	12	26	23	20	17	13	19	14	19	13	α β

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Sexual Health

HIV and STD Testing													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Were ever tested for human immunodeficiency virus (HIV)	13	11	11	10	8	8	10	16	10	12	10	18	
Were ever tested for a sexually transmitted disease (STD)	11	8	8	9	5	6	6	15	7	14	8	15	α

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Sexual Health

Sexual Activity													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Ever had sexual intercourse	40	41	44	37	21	25	49	66	40	44	41	47	ε
Had sexual intercourse for the first time before age 13 years	3	3	3	3	.	3	.	.	2	6	2	10	θ
Had sexual intercourse with four or more persons during their life	9	10	11	8	5	4	14	15	9	17	9	16	ε
Were currently sexually active	31	31	33	30	17	18	37	52	30	38	33	29	ε

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Prescription Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used birth control pills before last sexual intercourse, among sexually active students	32	29	31	26	.	.	33	35	28	.	32	.	
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing), among sexually active students	4	4	.	.	.	.	.	.	3	.	4	.	
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon), among sexually active students	19	23	20	27	.	.	20	32	24	.	23	.	

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used a condom during last sexual intercourse, among sexually active students	54	58	62	53	.	.	55	54	59	.	59	.	
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students	56	55	55	56	.	.	58	68	55	.	58	.	ε
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students	21	23	25	21	.	.	24	26	23	.	24	.	

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not use any method to prevent pregnancy, among sexually active students	6	6	5	9	.	.	.	.	5	.	3	.	

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## Weight, Physical Activity, and Nutrition

Weight and Weight Perceptions	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
Were obese	13	10	10	10	8	10	15	7	11	7	9	20		$\theta$
Were overweight	14	15	16	13	19	13	16	11	13	21	14	14		
Described themselves as slightly or very overweight	31	30	25	36	30	27	34	27	30	27	25	54	$\beta$	$\theta$
Were trying to lose weight	43	42	33	54	43	42	40	44	42	38	39	61	$\beta$	$\theta$

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Weight, Physical Activity, and Nutrition

Physical Activity													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not participate in at least 60 minutes of physical activity on at least one day, past week	14	15	9	22	12	14	16	18	14	20	11	32	β	θ
Were physically active at least 60 minutes per day every day, past week	22	21	28	13	24	21	18	23	23	14	24	14	β	
Were physically active at least 60 minutes per day on 5 or more days, past week	46	46	56	35	49	50	39	47	46	45	51	23	β	θ
Play video or computer games or used a computer 3 or more hours per day	48	50	50	50	48	53	53	47	50	50	49	54		

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Weight, Physical Activity, and Nutrition

Physical Activity at School													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Report they participate in physical activity or other short breaks during class at least 1x per week	62	69	68	71	74	69	68	67	69	70	73	49	$\alpha$	$\theta$
Report they participate in physical activity or other short breaks during class, every day	23	25	28	20	27	20	21	31	24	27	26	20		

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Weight, Physical Activity, and Nutrition

Soda and Sugar-Sweetened Beverage Consumption													Statistical Differences	
	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not drink any soda or sugar-sweetened beverages, past week	23	21	15	28	25	19	20	21	21	24	19	33	β	θ
Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week	18	17	20	14	15	20	20	15	17	19	17	18		
Drank soda or sugar-sweetened beverages 2+ times per day, past week	10	10	12	7	6	12	11	10	9	14	9	13		
Drank soda or sugar-sweetened beverages 3+ times per day, past week	5	5	7	3	3	6	6	6	5	7	5	10		

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Weight, Physical Activity, and Nutrition

Water Consumption													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Drank one or more glasses per day of water, past week	79	80	83	78	81	85	74	82	82	74	82	68	θ
Drank two or more glasses per day of water, past week	70	73	76	69	75	74	67	78	74	69	75	58	θ
Drank three or more glasses per day of water, past week	54	57	61	52	60	58	51	60	58	57	58	47	

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Weight, Physical Activity, and Nutrition

Fruit and Vegetable Consumption													Statistical Differences
	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Ate 5+ fruits/vegetables every day, past week	21	20	21	20	25	22	16	19	20	18	21	14	

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## Weight, Physical Activity, and Nutrition

Fruit Consumption													Statistical Differences	
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat fruit or drink 100% fruit juices, past week	6	5	5	5	6	5	3	6	5	.	3	12		θ
Ate fruit or drank 100% fruit juices one or more times per day, past week	62	63	63	63	71	65	56	61	63	65	67	46	ε	θ
Ate fruit or drank 100% fruit juices two or more times per day, past week	31	31	32	30	35	34	26	29	30	34	33	24		

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## Weight, Physical Activity, and Nutrition

Vegetable Consumption													Statistical Differences
	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not eat vegetables, past week	5	4	4	4	3	4	3	5	4	.	3	.	
Ate vegetables one or more times per day, past week	72	75	75	75	74	78	72	75	75	74	76	66	
Ate vegetables two or more times per day, past week	37	40	41	40	43	38	36	45	40	42	41	35	
Ate vegetables three or more times per day, past week	19	20	19	22	25	20	16	21	20	21	20	20	

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Weight, Physical Activity, and Nutrition

Breakfast Consumption	VT	Lamoille											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat breakfast, past week	11	12	12	11	12	12	11	12	12	12	11	20		$\theta$
Ate breakfast on at least 5 days, past week	54	53	58	47	56	62	48	47	53	53	55	42	$\beta$	$\varepsilon$
Ate breakfast on all 7 days, past week	37	38	45	31	39	44	35	36	38	42	42	21	$\beta$	$\theta$

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## Social Determinants of Health

Social Determinants of Health													Statistical Differences	
	VT	Lamoile	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned	4	6	7	5	5	5	5	8	5	12	5	15		$\zeta$ $\theta$
Most of the time or always went hungry because there was not enough food in their home, past 30 days	2	2	3	.	.	.	5	.	2	5	2	.		
Have a physical disability, emotional problems, or learning disability	30	29	26	32	29	32	28	26	28	32	23	64		$\theta$

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Social Determinants of Health

Social Determinants of Health													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Described their grades in school as mostly A's or B's	78	73	70	77	72	72	68	82	74	69	76	65	$\alpha$
Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school	76	73	64	82	70	70	74	76	72	73	74	68	$\beta$

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Youth Assets and Other Protective Factors

Protective Factors - Family													Statistical Differences		
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Did not eat dinner at home with parents, past week	9	7	7	8	4	6	7	10	6	15	5	20		ζ	θ
Ate dinner at home with parent at least 2x, past week	86	86	88	85	94	87	87	79	89	77	89	72	ε	ζ	θ
Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week	75	74	74	74	86	74	71	67	77	64	77	60	ε	ζ	θ

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Youth Assets and Other Protective Factors

Protective Factors - School Connectedness													Statistical Differences
	VT	Lamoille	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	78	76	75	77	65	79	78	84	78	68	78	67	ε
Strongly agree or agree that their school has clear rules and consequences for behavior	56	44	46	42	43	40	50	43	45	39	45	38	α
Do not participate in any afterschool activities	34	33	34	32	34	27	39	30	33	32	31	39	
Spend 10 or more hours participating in afterschool activities	24	25	24	27	22	29	21	29	26	19	27	12	θ

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Youth Assets and Other Protective Factors

Protective Factors - Community	VT	Lamoille											Statistical Differences
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Strongly agree or agree that in their community they feel like they matter to people	58	57	61	53	55	59	49	67	59	48	63	28	θ

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# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

## MIDDLE SCHOOL RESULTS

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## Demographics

Sex	VT	Lamoille
Female	49	52
Male	51	48

Grade	VT	Lamoille
6th grade	24	19
7th grade	38	39
8th grade	38	42



## Demographics

Race	VT	Lamoille
Students of Color	19	17
White, non-Hispanic	81	83

Sexual Orientation / Gender Identity	VT	Lamoille
Lesbian, Gay, Bisexual, or Transgender	11	11
Heterosexual / Cisgender	89	89

Violence and Unintentional Injuries

Violence	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences	
Were ever in a physical fight	41	39	55	25	34	34	45	38	43	38	64	β	θ
Did not go to school because they felt they would be unsafe at school or on their way to or from school, past 30 days	9	10	7	12	6	10	11	10	13	9	22		θ
Report someone has ever done sexual things to them that they did not want	10	10	7	14	.	11	13	10	11	9	.	β	

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## Violence and Unintentional Injuries

Bullying												Statistical Differences		
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Were ever bullied on school property	45	45	34	54	52	38	47	45	44	41	.		$\beta$	
Were ever electronically bullied	24	24	15	32	24	21	27	25	24	21	56		$\beta$	$\theta$
Were bullied, past 30 days	24	24	19	27	31	20	24	23	29	20	58			$\theta$
Bullied someone, past 30 days	9	8	9	7	9	8	7	9	6	8	13			

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## Violence and Unintentional Injuries

Unintentional Injuries & Prevention												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Rarely or never wear a bicycle helmet	26	27	24	29	13	24	36	26	30	25	.	i
Rarely or never wear a helmet when skiing or snowboarding	6	4	3	6	.	.	6	4	.	4	.	
Had a concussion from playing a sport or being physically active, past year	19	15	15	16	13	16	15	15	19	16	18	
Had a sunburn, past year	66	69	66	71	69	68	70	72	56	73	60	ζ

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## Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												$\alpha$	$\theta$	
Rarely or never wear a seat belt	2	2	3	.	.	.	3	2	.	1	.			
Ever rode with a driver who had been drinking alcohol	20	23	17	28	11	22	29	24	22	22	45	$\beta$	$\theta$	
Have ever ridden in a car driven by someone who had been using marijuana	10	13	9	17	5	12	17	14	8	12	34	$\alpha$	$\beta$	$\theta$

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## Mental Health

Mental Health												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Ever seriously thought about killing themselves	18	21	10	31	11	18	29	21	28	18	.	$\beta$	$\iota$
Ever made a plan about how they would kill themselves	12	15	8	20	7	12	20	15	16	11	.	$\beta$	
Ever tried to kill themselves	6	8	3	12	.	7	11	9	6	5	.	$\beta$	
Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year	18	21	12	29	12	20	27	22	23	15	.	$\alpha$	$\beta$
Felt sad or hopeless, past year	23	24	11	36	13	23	30	24	31	19	67	$\beta$	$\theta$

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## Lifetime Substance Use

Lifetime Substance Use	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												$\alpha$	$\iota$	$\theta$
Ever tried a cigarette	7	7	7	8	.	6	11	8	6	6	28			$\theta$
Ever tried a flavored tobacco product	8	9	7	10	.	6	14	10	.	7	28			$\theta$
Ever used an electronic vapor product	16	15	13	17	.	10	26	17	10	15	.			
Ever drank alcohol	20	25	24	25	12	21	35	27	17	24	44	$\alpha$	$\iota$	$\theta$
Ever used marijuana	7	10	10	11	.	6	18	11	7	10	26	$\alpha$		$\theta$
Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it	6	6	7	6	.	6	9	7	6	6	14			
Ever used inhalants	5	6	5	6	.	6	7	6	.	4	24			$\theta$

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Lifetime Substance Use

Substance Use Before Age 11												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Tried cigarette smoking for the first time before age 11 years	3	2	2	3	.	.	3	3	.	1	10	θ
Drank alcohol for the first time before age 11 years	9	10	12	8	9	12	9	10	9	9	18	
Tried marijuana for the first time before age 11 years	1	2	3	.	.	.	2	2	.	2	.	

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Past 30 Day Substance Use

Past 30 Day Tobacco Use												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Currently smoked cigarettes or cigars or used smokeless tobacco	2	4	4	4	.	3	6	4	.	4	.	
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	9	9	7	10	.	8	13	10	.	8	.	
Currently smoked cigarettes	2	3	3	2	.	.	3	3	.	2	.	
Currently used an electronic vapor product	8	8	6	9	.	6	12	9	.	7	.	
Currently smoked cigars	1	1	.	.	.	.	2	1	.	1	.	

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Substance Use												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Currently drank alcohol	7	9	7	10	.	5	14	10	.	7	26		θ
Binge drank, past 30 days	2	3	3	3	.	.	4	3	.	2	.		
Currently used marijuana	5	8	7	9	.	5	14	9	.	7	22	α	θ

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Lamoille
1 or 2 days	55
3 to 9 days	22
Every day	23

Number of Cigarettes Smoked, Among Current Users	Lamoille
1 or Less	61
2 to 5 cigarettes	16
6 to 10 cigarettes	7
11 or more cigarettes	17

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Lamoille
1 or 2 days	48
3 to 9 days	25
10 to 29 days	19
Every day	8

Access to EVP, Among Current Users	Lamoille
Borrowed them	60
Someone else bought them or someone gave them to me	12
Took them from a store	2
Some other way	25

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Reason for EVP Use, Among Current Users	Lamoille
Friend/family used them	20
To try to quit other tobacco	3
Easier to get than other	3
Less harmful than other	5
Available in flavors	12
Used for some other reason	57

Type of EVP Used, Among Current Users	Lamoille
JUUL / pod-type device	82
Vape Pen / rechargeable e-cigarette	5
Mods with refillable tank	3
Not sure	10

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## Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Lamoille
1 or 2 times	48
3 to 9 times	22
10 to 19 times	13
20+ times	16

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Other Substance Use Related Topics

Tobacco Use Exposure & Prevention												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Were asked by a doctor, dentist, or nurse if they smoked	33	29	28	31	17	25	38	29	35	29	.	i
Most of the time or always see ads for cigarettes or other tobacco products	46	49	45	53	36	46	57	50	53	48	72	θ

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2019 VERMONT YOUTH RISK BEHAVIOR SURVEY  
Lamoile County Middle School Results

Perceptions of Substance Use

Perceptions of Peer Use as Wrong or Very Wrong												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Think it is wrong or very wrong for someone their age to use electronic vapor products	84	86	86	87	93	90	79	85	87	88	66	.	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	92	93	92	94	91	92	95	93	90	95	81		θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	87	89	88	90	86	88	90	89	85	90	.		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	92	89	90	88	91	89	88	90	86	92	72	α	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access												Statistical Differences				
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT					
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	29	33	31	34	12	28	47	34	34	31	50		δ	ε	ι	θ
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	40	47	40	53	34	45	54	47	48	47	68		α	β		θ
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	19	23	16	27	8	21	30	22	25	20	.		α	β		ε

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Perceptions of Substance Use

Perceptions of Substance Use - Harm												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	45	53	48	56	58	51	52	54	49	53	44	α
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45	49	44	54	48	50	48	48	53	49	44	
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	49	46	44	49	52	46	43	45	48	48	14	θ

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Sexual Health

Sexual Activity & Condom Use	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences
Ever had sexual intercourse	5	6	9	4	.	4	11	6	8	5	.	β
Used a condom during last sexual intercourse, among those who have has sexual intercourse	58	63	.	.	.	.	.	.	.	.	.	

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## Physical Activity, and Nutrition

Physical Activity: 60 min per day												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not participate in at least 60 minutes of physical activity on at least 1 day, past week	9	9	8	10	8	9	9	9	12	6	18		θ
Were physically active at least 60 minutes per day on 5 or more days, past week	56	53	60	46	57	52	51	53	46	57	27	β	θ
Were physically active at least 60 minutes per day on all 7 days, past week	30	26	34	20	33	24	26	26	23	27	17	β	

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## Physical Activity, and Nutrition

Physical Inactivity												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Watch television 1 hour or less per day	42	38	38	39	34	34	43	38	36	37	50		
Watch television 3 or more hours per day	22	20	20	21	18	17	25	20	19	21	28		

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## Physical Activity, and Nutrition

Physical Inactivity												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play video or computer games or used a computer 1 hour or less per day	58	57	63	51	52	53	62	57	53	57	68	β
Play video or computer games or used a computer 3 or more hours per day	41	38	41	36	30	34	46	38	36	39	48	i

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Physical Activity, and Nutrition

Physical Activity at School	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												$\alpha$	$\beta$	$\epsilon$
Participate in physical activity or other short breaks during class at least once a week	80	78	80	75	83	76	76	78	73	79	73			
Participate in physical activity or other short breaks during class everyday	64	66	59	72	52	70	69	66	66	64	84	$\beta$	$\epsilon$	$\theta$

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## Physical Activity, and Nutrition

Walk or Bike To/From School												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Walk or ride a bike to school at least once a week when weather permits	74	82	82	82	81	83	83	84	74	83	80	$\alpha$
Walk or ride their bike to school every day when weather permits	11	5	4	6	.	6	5	5	6	5	.	$\alpha$

Sport Team Participation												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play on at least one sports team, past year	72	71	71	73	71	71	71	73	69	77	43	$\theta$

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## Physical Activity, and Nutrition

Water Consumption												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Drank one or more glasses per day of water, past week	78	79	80	79	81	79	78	79	80	81	72		
Drank two or more glasses per day of water, past week	71	72	74	72	76	69	74	72	71	76	58		θ
Drank three or more glasses per day of water, past week	56	58	62	56	62	54	61	57	63	61	40		θ

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## Physical Activity, and Nutrition

Breakfast Consumption	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												$\alpha$	$\beta$	$\theta$
Did not eat breakfast, past week	9	9	6	12	.	10	12	10	10	7	28	$\beta$	$\theta$	
Ate breakfast on 5 or more days, past week	36	35	25	44	20	40	38	37	34	33	62	$\beta$	$\varepsilon$	$\theta$
Ate breakfast on all 7 days, past week	46	48	58	40	65	44	44	46	53	51	26	$\beta$	$\varepsilon$	$\theta$

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Social Determinants of Health

Social Determinants of Health	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences	
Described their grades in school as mostly A's or B's	66	60	56	64	51	63	61	62	56	64	42	$\alpha$	$\theta$
Reported in their home people most of the time or always speak a language other than English	6	4	7	3	9	4	3	2	13	4	.		$\zeta$
Most of the time or always went hungry because there was not enough food in their home, past 30 days	3	3	4	2	.	2	3	3	.	2	11		$\theta$

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## Youth Assets and Other Protective Factors

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Youth Assets and Other Protective Factors

Family Engagement												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not eat dinner at home with at least one of their parents or other adult family member, past week	6	7	8	7	.	9	7	5	13	5	21		θ
Ate dinner at home with at least one of their parents or other adult family member on two or more days, past week	92	89	90	89	94	88	88	91	80	92	72	α	ζ θ
Ate dinner at home with at least one of their parents or other adult family member on four or more days, past week	85	84	84	84	91	83	82	87	72	87	66		ζ θ
Ate dinner at home with at least one of their parents or other adult family member every day, past week	61	57	63	52	69	56	53	59	52	61	34	β	θ

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Youth Assets and Other Protective Factors

School Connectedness												Statistical Differences	
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Have at least one teacher or other adult in their school that they can talk to if they have a problem	72	62	59	64	57	59	67	63	64	65	43	α	θ
Strongly agree or agree that their school has clear rules and consequences for behavior	64	60	62	59	72	57	57	61	56	63	.	α	ε

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Youth Assets and Other Protective Factors

Community Connectedness												Statistical Differences
	VT	Lamoille	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Strongly agree or agree that in their community they feel like they matter to people	59	56	61	53	62	57	54	57	50	61	26	θ

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