
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR ESSEX COUNTY

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at www.healthvermont.gov/yrbs

TABLE OF CONTENTS

About the YRBS3

METHODOLOGY.....4

USING THE YRBS RESULTS.....4

HIGH SCHOOL RESULTS.....6

Section 1: Demographics6

Section 2: Personal Safety7

Section 3: Mental Health.....20

Section 4: Substance Use22

Section 5: Sexual Health54

Section 6: BMI and Weight Perceptions60

Section 7: Physical Activity and Nutrition64

Section 8: Social Determinants of Health72

Section 9: Youth Assets and Other Protective Factors74

MIDDLE SCHOOL RESULTS82

Section 1: Demographics82

Section 2: Personal Safety83

Section 3: Mental Health.....93

Section 4: Substance Use96

Section 5: Sexual Activity115

Section 6: Physical Activity and Nutrition116

Section 7: Social Determinants of Health124

Section 8: Youth Assets and Other Protective Factors125

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:
www.healthvermont.gov/yrbs

METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at:

<http://www.upforlearning.org/initiatives/getting-to-y>

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

ESSEX COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT

HIGH SCHOOL DEMOGRAPHICS		
	Essex	VT
Total	114	27349

		Essex	VT
Sex	Male	57%	51%
	Female	43%	49%
Grade	9th Grade	28%	.
	10th Grade	20%	25%
	11th Grade	32%	25%
	12th Grade	19%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	85%	83%
	Students of Color (REM)	15%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR

		Essex	VT	
Overall		21%	17%	Overall Differences: State vs County
Sex	Male	.	22%	VT and County are Similar
	Female	.	11%	
				Within County Differences
Grade	Grade 9	.	21%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	15%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	20%	16%	
	REM	.	23%	
Sexual Orientation	Het/Cis	22%	16%	
	LGBT	.	23%	

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR

		Essex	VT	
Overall		12%	7%	Overall Differences: State vs County
Sex	Male	.	9%	County > VT
	Female	.	3%	
				Within County Differences
Grade	Grade 9	.	9%	Too few students by sex
	Grade 10	.	7%	Too few students in at least one grade
	Grade 11	.	6%	Too few students by race
	Grade 12	.	4%	Too few students by sexual orientation
Race	WnH	12%	5%	
	REM	.	11%	
Sexual Orientation	Het/Cis	14%	6%	
	LGBT	.	10%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS				
		Essex	VT	
Overall		16%	7%	Overall Differences: State vs County
Sex	Male	.	10%	County > VT
	Female	.	3%	Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	6%	Too few students in at least one grade
	Grade 11	.	8%	Too few students by race
	Grade 12	.	8%	Too few students by sexual orientation
Race	WnH	15%	6%	
	REM	.	10%	
Sexual Orientation	Het/Cis	15%	6%	
	LGBT	.	10%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR				
		Essex	VT	
Overall		.	5%	Overall Differences: State vs County
Sex	Male	.	6%	Too few students
	Female	.	3%	Within County Differences
Grade	Grade 9	.	6%	Too few students by sex
	Grade 10	.	5%	Too few students in at least one grade
	Grade 11	.	4%	Too few students by race
	Grade 12	.	4%	Too few students by sexual orientation
Race	WnH	.	4%	
	REM	.	9%	
Sexual Orientation	Het/Cis	.	4%	
	LGBT	.	10%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE ELECTRONICALLY BULLIED, PAST YEAR

		Essex	VT	
Overall		21%	16%	Overall Differences: State vs County
Sex	Male	.	10%	VT and County are Similar
	Female	.	22%	
Within County Differences				
Grade	Grade 9	.	19%	Too few students by sex
	Grade 10	.	16%	Too few students in at least one grade
	Grade 11	.	15%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	19%	15%	
	REM	.	18%	
Sexual Orientation	Het/Cis	18%	14%	
	LGBT	.	30%	

WERE BULLIED, PAST 30 DAYS

		Essex	VT	
Overall		20%	16%	Overall Differences: State vs County
Sex	Male	.	11%	VT and County are Similar
	Female	.	20%	
Within County Differences				
Grade	Grade 9	.	21%	Too few students by sex
	Grade 10	.	16%	Too few students in at least one grade
	Grade 11	.	14%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	20%	15%	
	REM	.	18%	
Sexual Orientation	Het/Cis	23%	14%	
	LGBT	.	30%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Essex	VT	
Overall		13%	9%	Overall Differences: State vs County
Sex	Male	.	10%	VT and County are Similar
	Female	.	8%	
				Within County Differences
Grade	Grade 9	.	9%	Too few students by sex
	Grade 10	.	9%	Too few students in at least one grade
	Grade 11	.	9%	Too few students by race
	Grade 12	.	8%	Too few students by sexual orientation
Race	WnH	13%	8%	
	REM	.	12%	
Sexual Orientation	Het/Cis	13%	8%	
	LGBT	.	13%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS

		Essex	VT	
Overall		.	5%	Overall Differences: State vs County
Sex	Male	.	4%	Too few students
	Female	.	6%	
				Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	5%	Too few students in at least one grade
	Grade 11	.	5%	Too few students by race
	Grade 12	.	4%	Too few students by sexual orientation
Race	WnH	.	4%	
	REM	.	9%	
Sexual Orientation	Het/Cis	.	4%	
	LGBT	.	12%	

SECTION 2: PERSONAL SAFETY
 SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE

		Essex	VT	
Overall		.	6%	Overall Differences: State vs County
Sex	Male	.	3%	Too few students
	Female	.	9%	Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	5%	Too few students in at least one grade
	Grade 11	.	7%	Too few students by race
	Grade 12	.	7%	Too few students by sexual orientation
Race	WnH	.	6%	
	REM	.	9%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	18%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR

		Essex	VT	
Overall		12%	10%	Overall Differences: State vs County
Sex	Male	.	5%	VT and County are Similar
	Female	.	15%	Within County Differences
Grade	Grade 9	.	10%	Too few students by sex
	Grade 10	.	11%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	9%	Too few students by sexual orientation
Race	WnH	12%	9%	
	REM	.	14%	
Sexual Orientation	Het/Cis	12%	8%	
	LGBT	.	23%	

SECTION 2: PERSONAL SAFETY
 SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR

		Essex	VT	
Overall		.	7%	Overall Differences: State vs County
Sex	Male	.	6%	Too few students
	Female	.	8%	Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	7%	Too few students in at least one grade
	Grade 11	.	7%	Too few students by race
	Grade 12	.	7%	Too few students by sexual orientation
Race	WnH	.	6%	
	REM	.	11%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	15%	

SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS

		Essex	VT	
Overall		11%	7%	Overall Differences: State vs County
Sex	Male	.	9%	VT and County are Similar
	Female	.	5%	
				Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	4%	Too few students in at least one grade
	Grade 11	.	7%	Too few students by race
	Grade 12	.	10%	Too few students by sexual orientation
Race	WnH	11%	6%	
	REM	.	13%	
Sexual Orientation	Het/Cis	10%	7%	
	LGBT	.	11%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS

		Essex	VT	
Overall		12%	14%	Overall Differences: State vs County
Sex	Male	.	16%	VT and County are Similar
	Female	.	12%	
				Within County Differences
Grade	Grade 9	.	8%	Too few students by sex
	Grade 10	.	9%	Too few students in at least one grade
	Grade 11	.	15%	Too few students by race
	Grade 12	.	21%	Too few students by sexual orientation
Race	WnH	10%	13%	
	REM	.	20%	
Sexual Orientation	Het/Cis	11%	13%	
	LGBT	.	21%	

SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		Essex	VT	
Overall		25%	18%	Overall Differences: State vs County
Sex	Male	.	17%	County > VT
	Female	.	19%	Within County Differences
Grade	Grade 9	.	17%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	18%	Too few students by race
	Grade 12	.	18%	Too few students by sexual orientation
Race	WnH	23%	18%	
	REM	.	20%	
Sexual Orientation	Het/Cis	26%	17%	
	LGBT	.	22%	

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS				
		Essex	VT	
Overall		23%	20%	Overall Differences: State vs County
Sex	Male	.	20%	VT and County are Similar
	Female	.	20%	Within County Differences
Grade	Grade 9	.	13%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	22%	Too few students by race
	Grade 12	.	28%	Too few students by sexual orientation
Race	WnH	21%	20%	
	REM	.	23%	
Sexual Orientation	Het/Cis	21%	19%	
	LGBT	.	29%	

SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS

		Essex	VT	
Overall		37%	34%	Overall Differences: State vs County
Sex	Male	.	34%	VT and County are Similar
	Female	.	34%	
Grade	Grade 9	.	9%	Within County Differences
	Grade 10	.	16%	
	Grade 11	.	42%	
	Grade 12	.	53%	
Race	WnH	32%	34%	Too few students by sex
	REM	.	32%	
Sexual Orientation	Het/Cis	36%	34%	Too few students in at least one grade
	LGBT	.	31%	
				Too few students by race
				Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	Essex	VT	
Never wore a helmet	22%	11%	County > VT
Rarely wore a helmet	.	3%	Too few students
Sometimes wore a helmet	.	3%	Too few students
Most of the time wore a helmet	11%	9%	
Always wore a helmet	63%	74%	

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

	Essex	VT	
Overall	.	14%	Overall Differences: State vs County
Sex			Too few students
Male	.	17%	
Female	.	9%	Within County Differences
Grade			Too few students by sex
Grade 9	.	11%	
Grade 10	.	13%	Too few students in at least one grade
Grade 11	.	15%	Too few students by race
Grade 12	.	15%	Too few students by sexual orientation
Race			
WnH	.	12%	
REM	.	24%	
Sexual Orientation			
Het/Cis	.	12%	
LGBT	.	24%	

SECTION 2: PERSONAL SAFETY
 INJURY AND PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING
 PHYSICALLY ACTIVE, PAST YEAR**

		Essex	VT	
Overall		.	18%	Overall Differences: State vs County
Sex	Male	.	20%	Too few students
	Female	.	16%	Within County Differences
Grade	Grade 9	.	20%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	17%	Too few students by race
	Grade 12	.	16%	Too few students by sexual orientation
Race	WnH	.	17%	
	REM	.	22%	
Sexual Orientation	Het/Cis	.	18%	
	LGBT	.	15%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Essex	VT	
Overall		51%	54%	Overall Differences: State vs County
Sex	Male	.	51%	VT and County are Similar
	Female	.	58%	
Within County Differences				
Grade	Grade 9	.	47%	Too few students by sex
	Grade 10	.	53%	Too few students in at least one grade
	Grade 11	.	58%	Too few students by race
	Grade 12	.	61%	Too few students by sexual orientation
Race	WnH	53%	56%	
	REM	.	50%	
Sexual Orientation	Het/Cis	50%	54%	
	LGBT	.	62%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		Essex	VT	
Overall		53%	55%	Overall Differences: State vs County
Sex	Male	.	53%	VT and County are Similar
	Female	.	56%	
Within County Differences				
Grade	Grade 9	.	57%	Too few students by sex
	Grade 10	.	56%	Too few students in at least one grade
	Grade 11	.	54%	Too few students by race
	Grade 12	.	52%	Too few students by sexual orientation
Race	WnH	52%	56%	
	REM	.	47%	
Sexual Orientation	Het/Cis	52%	55%	
	LGBT	.	57%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING
CIGARETTES, PAST 7 DAYS**

		Essex	VT	
Overall		39%	23%	Overall Differences: State vs County
Sex	Male	.	23%	County > VT
	Female	.	23%	Within County Differences
Grade	Grade 9	.	22%	Too few students by sex
	Grade 10	.	23%	Too few students in at least one grade
	Grade 11	.	23%	Too few students by race
	Grade 12	.	24%	Too few students by sexual orientation
Race	WnH	35%	22%	
	REM	.	27%	
Sexual Orientation	Het/Cis	41%	22%	
	LGBT	.	33%	

**WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING
CIGARETTES, PAST 7 DAYS**

		Essex	VT	
Overall		48%	33%	Overall Differences: State vs County
Sex	Male	.	33%	County > VT
	Female	.	33%	Within County Differences
Grade	Grade 9	.	32%	Too few students by sex
	Grade 10	.	33%	Too few students in at least one grade
	Grade 11	.	33%	Too few students by race
	Grade 12	.	36%	Too few students by sexual orientation
Race	WnH	43%	33%	
	REM	.	34%	
Sexual Orientation	Het/Cis	48%	32%	
	LGBT	.	44%	

SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR				
		Essex	VT	
Overall		28%	25%	Overall Differences: State vs County
Sex	Male	.	16%	VT and County are Similar
	Female	.	35%	
Within County Differences				
Grade	Grade 9	.	23%	Too few students by sex
	Grade 10	.	26%	Too few students in at least one grade
	Grade 11	.	26%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	27%	25%	
	REM	.	28%	
Sexual Orientation	Het/Cis	24%	21%	
	LGBT	.	58%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		Essex	VT	
Overall		20%	16%	Overall Differences: State vs County
Sex	Male	.	9%	VT and County are Similar
	Female	.	25%	
Within County Differences				
Grade	Grade 9	.	18%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	16%	Too few students by race
	Grade 12	.	14%	Too few students by sexual orientation
Race	WnH	19%	16%	
	REM	.	18%	
Sexual Orientation	Het/Cis	16%	12%	
	LGBT	.	48%	

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Essex	VT	
Overall		9%	11%	Overall Differences: State vs County
Sex	Male	.	7%	VT and County are Similar
	Female	.	15%	
Grade	Grade 9	.	11%	Within County Differences
	Grade 10	.	12%	
	Grade 11	.	11%	
	Grade 12	.	10%	
Race	WnH	10%	10%	Too few students by sex
	REM	.	15%	
Sexual Orientation	Het/Cis	.	8%	Too few students in at least one grade
	LGBT	.	33%	

ATTEMPTED SUICIDE, PAST YEAR				
		Essex	VT	
Overall		.	5%	Overall Differences: State vs County
Sex	Male	.	4%	Too few students
	Female	.	7%	
Grade	Grade 9	.	6%	Within County Differences
	Grade 10	.	6%	
	Grade 11	.	5%	
	Grade 12	.	4%	
Race	WnH	.	5%	Too few students by sex
	REM	.	8%	
Sexual Orientation	Het/Cis	.	4%	Too few students in at least one grade
	LGBT	.	18%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
		Essex	VT
Overall		33%	24%
Overall Differences: State vs County			
Sex	Male	.	26%
	Female	.	22%
Within County Differences			
Grade	Grade 9	.	17%
	Grade 10	.	21%
	Grade 11	.	28%
	Grade 12	.	31%
Too few students by sex			
Too few students in at least one grade			
Too few students by race			
Too few students by sexual orientation			
Race	WnH	33%	23%
	REM	.	28%
Sexual Orientation	Het/Cis	33%	22%
	LGBT	.	38%

SMOKED A CIGARETTE BEFORE AGE 13 YEARS			
		Essex	VT
Overall		11%	8%
Overall Differences: State vs County			
Sex	Male	.	9%
	Female	.	6%
Within County Differences			
Grade	Grade 9	.	8%
	Grade 10	.	8%
	Grade 11	.	8%
	Grade 12	.	7%
Too few students by sex			
Too few students in at least one grade			
Too few students by race			
Too few students by sexual orientation			
Race	WnH	12%	7%
	REM	.	12%
Sexual Orientation	Het/Cis	9%	7%
	LGBT	.	14%

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		Essex	VT	
Overall		41%	34%	Overall Differences: State vs County
Sex	Male	.	37%	VT and County are Similar
	Female	.	31%	
Within County Differences				
Grade	Grade 9	.	23%	Too few students by sex
	Grade 10	.	31%	Too few students in at least one grade
	Grade 11	.	38%	Too few students by race
	Grade 12	.	44%	Too few students by sexual orientation
Race	WnH	40%	34%	
	REM	.	35%	
Sexual Orientation	Het/Cis	41%	34%	
	LGBT	.	38%	

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		Essex	VT	
Overall		30%	21%	Overall Differences: State vs County
Sex	Male	.	24%	County > VT
	Female	.	17%	
Within County Differences				
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	17%	Too few students in at least one grade
	Grade 11	.	24%	Too few students by race
	Grade 12	.	30%	Too few students by sexual orientation
Race	WnH	26%	20%	
	REM	.	21%	
Sexual Orientation	Het/Cis	31%	20%	
	LGBT	.	26%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER DRANK ALCOHOL				
		Essex	VT	
Overall		68%	58%	Overall Differences: State vs County
Sex	Male	.	57%	County > VT
	Female	.	58%	Within County Differences
Grade	Grade 9	.	41%	Too few students by sex
	Grade 10	.	54%	Too few students in at least one grade
	Grade 11	.	65%	Too few students by race
	Grade 12	.	71%	Too few students by sexual orientation
Race	WnH	67%	58%	
	REM	.	56%	
Sexual Orientation	Het/Cis	67%	57%	
	LGBT	.	66%	

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		Essex	VT	
Overall		18%	14%	Overall Differences: State vs County
Sex	Male	.	16%	VT and County are Similar
	Female	.	11%	Within County Differences
Grade	Grade 9	.	17%	Too few students by sex
	Grade 10	.	13%	Too few students in at least one grade
	Grade 11	.	13%	Too few students by race
	Grade 12	.	11%	Too few students by sexual orientation
Race	WnH	18%	12%	
	REM	.	21%	
Sexual Orientation	Het/Cis	20%	13%	
	LGBT	.	20%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED MARIJUANA				
		Essex	VT	
Overall		33%	37%	Overall Differences: State vs County
Sex	Male	.	37%	VT and County are Similar
	Female	.	37%	
				Within County Differences
Grade	Grade 9	.	23%	Too few students by sex
	Grade 10	.	34%	Too few students in at least one grade
	Grade 11	.	42%	Too few students by race
	Grade 12	.	50%	Too few students by sexual orientation
Race	WnH	32%	38%	
	REM	.	37%	
Sexual Orientation	Het/Cis	34%	36%	
	LGBT	.	49%	

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		Essex	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	.	7%	VT and County are Similar
	Female	.	5%	
				Within County Differences
Grade	Grade 9	.	6%	Too few students by sex
	Grade 10	.	6%	Too few students in at least one grade
	Grade 11	.	6%	Too few students by race
	Grade 12	.	5%	Too few students by sexual orientation
Race	WnH	.	5%	
	REM	.	10%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	11%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		Essex	VT	
Overall		6%	8%	Overall Differences: State vs County
Sex	Male	.	8%	VT and County are Similar
	Female	.	7%	
Within County Differences				
Grade	Grade 9	.	6%	Too few students by sex
	Grade 10	.	7%	Too few students in at least one grade
	Grade 11	.	8%	Too few students by race
	Grade 12	.	9%	Too few students by sexual orientation
Race	WnH	.	7%	
	REM	.	11%	
Sexual Orientation	Het/Cis	.	7%	
	LGBT	.	16%	

EVER MISUSED PRESCRIPTION STIMULANTS				
		Essex	VT	
Overall		.	6%	Overall Differences: State vs County
Sex	Male	.	7%	Too few students
	Female	.	6%	Within County Differences
Grade	Grade 9	.	4%	Too few students by sex
	Grade 10	.	6%	Too few students in at least one grade
	Grade 11	.	6%	Too few students by race
	Grade 12	.	9%	Too few students by sexual orientation
Race	WnH	.	6%	
	REM	.	10%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	12%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED COCAINE				
		Essex	VT	
Overall		.	4%	Overall Differences: State vs County
Sex	Male	.	5%	Too few students
	Female	.	3%	Within County Differences
Grade	Grade 9	.	2%	Too few students by sex
	Grade 10	.	3%	Too few students in at least one grade
	Grade 11	.	4%	Too few students by race
	Grade 12	.	6%	Too few students by sexual orientation
Race	WnH	.	3%	
	REM	.	8%	
Sexual Orientation	Het/Cis	.	3%	
	LGBT	.	9%	

EVER USED INHALANTS				
		Essex	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	.	6%	VT and County are Similar
	Female	.	6%	Within County Differences
Grade	Grade 9	.	6%	Too few students by sex
	Grade 10	.	6%	Too few students in at least one grade
	Grade 11	.	6%	Too few students by race
	Grade 12	.	6%	Too few students by sexual orientation
Race	WnH	.	5%	
	REM	.	10%	
Sexual Orientation	Het/Cis	6%	5%	
	LGBT	.	16%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED HEROIN				
		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	3%	Too few students
	Female	.	1%	Within County Differences
Grade	Grade 9	.	1%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	.	2%	Too few students by race
	Grade 12	.	2%	Too few students by sexual orientation
Race	WnH	.	1%	
	REM	.	5%	
Sexual Orientation	Het/Cis	.	1%	
	LGBT	.	5%	

EVER USED METHAMPHETAMINES				
		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	3%	Too few students
	Female	.	1%	Within County Differences
Grade	Grade 9	.	1%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	.	2%	Too few students by race
	Grade 12	.	3%	Too few students by sexual orientation
Race	WnH	.	1%	
	REM	.	6%	
Sexual Orientation	Het/Cis	.	2%	
	LGBT	.	5%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		Essex	VT	
Overall		35%	24%	Overall Differences: State vs County
Sex	Male	.	28%	County > VT
	Female	.	18%	Within County Differences
Grade	Grade 9	.	14%	Too few students by sex
	Grade 10	.	20%	Too few students in at least one grade
	Grade 11	.	26%	Too few students by race
	Grade 12	.	33%	Too few students by sexual orientation
Race	WnH	31%	26%	
	REM	.	23%	
Sexual Orientation	Het/Cis	33%	23%	
	LGBT	.	31%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		Essex	VT	
Overall		30%	19%	Overall Differences: State vs County
Sex	Male	.	23%	County > VT
	Female	.	14%	Within County Differences
Grade	Grade 9	.	11%	Too few students by sex
	Grade 10	.	16%	Too few students in at least one grade
	Grade 11	.	22%	Too few students by race
	Grade 12	.	28%	Too few students by sexual orientation
Race	WnH	25%	19%	
	REM	.	20%	
Sexual Orientation	Het/Cis	29%	18%	
	LGBT	.	25%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS
TOBACCO, PAST 30 DAYS**

		Essex	VT	
Overall		22%	15%	Overall Differences: State vs County
Sex	Male	.	19%	County > VT
	Female	.	11%	
				Within County Differences
Grade	Grade 9	.	8%	Too few students by sex
	Grade 10	.	12%	Too few students in at least one grade
	Grade 11	.	17%	Too few students by race
	Grade 12	.	22%	Too few students by sexual orientation
Race	WnH	17%	15%	
	REM	.	16%	
Sexual Orientation	Het/Cis	21%	14%	
	LGBT	.	21%	

SMOKED CIGARETTES, PAST 30 DAYS

		Essex	VT	
Overall		17%	9%	Overall Differences: State vs County
Sex	Male	.	10%	County > VT
	Female	.	8%	
				Within County Differences
Grade	Grade 9	.	5%	Too few students by sex
	Grade 10	.	7%	Too few students in at least one grade
	Grade 11	.	11%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	14%	9%	
	REM	.	12%	
Sexual Orientation	Het/Cis	15%	8%	
	LGBT	.	18%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED
 CIGARETTES

	Essex	VT	
1 or 2 days	.	29%	Too few students
3 to 5 days	.	15%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	9%	Too few students
All 30 days	.	25%	Too few students

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY
 DAY

		Essex	VT	
Overall		.	25%	Overall Differences: State vs County
Sex	Male	.	27%	Too few students
	Female	.	20%	Within County Differences
Grade	Grade 9	.	24%	Too few students by sex
	Grade 10	.	21%	Too few students in at least one grade
	Grade 11	.	23%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	.	38%	
	REM	.	21%	
Sexual Orientation	Het/Cis	.	22%	
	LGBT	.	29%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES
 SMOKED ON DAYS SMOKED

	Essex	VT	
Less than 1 cigarette	32%	30%	
1 cigarette	.	19%	Too few students
2 to 5 cigarettes	41%	30%	
6 to 10 cigarettes	.	9%	Too few students
11 to 20 cigarettes	.	4%	Too few students
More than 20 cigarettes	.	8%	Too few students

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE
 CIGARETTES ON DAYS SMOKED

		Essex	VT	
Overall		.	12%	Overall Differences: State vs County
Sex	Male	.	15%	Too few students
	Female	.	6%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	8%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	.	28%	
	REM	.	7%	
Sexual Orientation	Het/Cis	.	10%	
	LGBT	.	14%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS			
		Essex	VT
Overall		22%	12%
Sex	Male	.	14%
	Female	.	9%
Grade	Grade 9	.	7%
	Grade 10	.	10%
	Grade 11	.	13%
	Grade 12	.	17%
Race	WnH	20%	12%
	REM	.	13%
Sexual Orientation	Het/Cis	21%	12%
	LGBT	.	16%

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE			
		Essex	VT
Friend/family used them		27%	35%
To try to quit other tobacco		.	5%
Cost less than other tobacco		.	1%
Easier to get than other tobacco		.	1%
Less harmful than other tobacco		.	8%
Available in flavors		.	17%
Used for some other reason		53%	33%

Overall Differences: State vs County
 County > VT
 Within County Differences
 Too few students by sex
 Too few students in at least one grade
 Too few students by race
 Too few students by sexual orientation

Too few students
 Too few students
 Too few students
 Too few students
 Too few students
 County > VT

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
 ELECTRONIC VAPOR PRODUCTS USE

	Essex	VT	
1 or 2 days	25%	37%	
3 to 5 days	.	19%	Too few students
6 to 9 days	.	11%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	7%	Too few students
All 30 days	.	15%	Too few students

AMONG CURRENT USERS: USED ELECTRONIC VAPOR
 PRODUCTS ON 10+ DAYS

		Essex	VT	
Overall		.	33%	Overall Differences: State vs County
Sex	Male	.	37%	Too few students
	Female	.	26%	Within County Differences
Grade	Grade 9	.	29%	Too few students by sex
	Grade 10	.	36%	Too few students in at least one grade
	Grade 11	.	31%	Too few students by race
	Grade 12	.	34%	Too few students by sexual orientation
Race	WnH	.	44%	
	REM	.	30%	
Sexual Orientation	Het/Cis	.	32%	
	LGBT	.	37%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	Essex	VT	
Bought them in a store	.	8%	Too few students
I got them on the Internet	.	10%	Too few students
Someone else bought them	.	14%	Too few students
Borrowed them	32%	38%	
A person 18 or older gave me	.	11%	Too few students
Took them from a store	.	2%	Too few students
Some other way	27%	18%	

USED SMOKELESS TOBACCO, PAST 30 DAYS

		Essex	VT	
Overall		10%	5%	Overall Differences: State vs County
Sex	Male	.	8%	County > VT
	Female	.	2%	
Grade	Grade 9	.	3%	Within County Differences
	Grade 10	.	5%	
	Grade 11	.	6%	
	Grade 12	.	7%	
Race	WnH	9%	5%	Too few students by sex
	REM	.	7%	
Sexual Orientation	Het/Cis	10%	5%	Too few students in at least one grade
	LGBT	.	5%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		Essex	VT	
Overall		12%	9%	Overall Differences: State vs County
Sex	Male	.	13%	VT and County are Similar
	Female	.	6%	
				Within County Differences
Grade	Grade 9	.	4%	Too few students by sex
	Grade 10	.	7%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	15%	Too few students by sexual orientation
Race	WnH	10%	9%	
	REM	.	10%	
Sexual Orientation	Het/Cis	13%	9%	
	LGBT	.	12%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		Essex	VT	
Overall		.	33%	Overall Differences: State vs County
Sex	Male	.	30%	Too few students
	Female	.	37%	Within County Differences
Grade	Grade 9	.	33%	Too few students by sex
	Grade 10	.	35%	Too few students in at least one grade
	Grade 11	.	32%	Too few students by race
	Grade 12	.	32%	Too few students by sexual orientation
Race	WnH	.	33%	
	REM	.	33%	
Sexual Orientation	Het/Cis	.	32%	
	LGBT	.	43%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Essex	VT	
Overall		33%	33%	Overall Differences: State vs County
Sex	Male	.	32%	VT and County are Similar
	Female	.	34%	
Within County Differences				
Grade	Grade 9	.	20%	Too few students by sex
	Grade 10	.	30%	Too few students in at least one grade
	Grade 11	.	36%	Too few students by race
	Grade 12	.	46%	Too few students by sexual orientation
Race	WnH	31%	34%	
	REM	.	29%	
Sexual Orientation	Het/Cis	32%	33%	
	LGBT	.	37%	

BINGE DRANK, PAST 30 DAYS				
		Essex	VT	
Overall		17%	17%	Overall Differences: State vs County
Sex	Male	.	17%	VT and County are Similar
	Female	.	17%	
Within County Differences				
Grade	Grade 9	.	8%	Too few students by sex
	Grade 10	.	14%	Too few students in at least one grade
	Grade 11	.	19%	Too few students by race
	Grade 12	.	27%	Too few students by sexual orientation
Race	WnH	15%	17%	
	REM	.	16%	
Sexual Orientation	Het/Cis	17%	17%	
	LGBT	.	18%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING

	Essex	VT	
1 or 2 days	51%	49%	
3 to 5 days	20%	26%	
6 to 9 days	.	13%	Too few students
10 to 19 days	.	7%	Too few students
20 to 29 days	.	2%	Too few students
All 30 days	.	3%	Too few students

AMONG CURRENT USERS: DRANK ON 10+ DAYS

		Essex	VT	
Overall		.	12%	Overall Differences: State vs County
Sex	Male	.	15%	Too few students
	Female	.	9%	Within County Differences
Grade	Grade 9	.	11%	Too few students by sex
	Grade 10	.	11%	Too few students in at least one grade
	Grade 11	.	12%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	.	22%	
	REM	.	10%	
Sexual Orientation	Het/Cis	.	11%	
	LGBT	.	18%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED			
	Essex	VT	
1 or 2 drinks	42%	35%	
3 drinks	.	6%	Too few students
4 drinks	.	8%	Too few students
5 drinks	.	13%	Too few students
6 or 7 drinks	.	15%	Too few students
8 or 9 drinks	.	8%	Too few students
10 or more drinks	21%	14%	

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)				
		Essex	VT	
Overall		.	57%	Overall Differences: State vs County
Sex	Male	.	59%	Too few students
	Female	.	55%	Within County Differences
Grade	Grade 9	.	46%	Too few students by sex
	Grade 10	.	53%	Too few students in at least one grade
	Grade 11	.	57%	Too few students by race
	Grade 12	.	63%	Too few students by sexual orientation
Race	WnH	.	61%	
	REM	.	56%	
Sexual Orientation	Het/Cis	.	57%	
	LGBT	.	55%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE			
	Essex	VT	
Bought in store	.	3%	Too few students
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	27%	23%	
Someone gave it to me	44%	40%	
Took from store/family	.	12%	Too few students
Some other way	18%	20%	

USED MARIJUANA, PAST 30 DAYS				
		Essex	VT	
Overall		19%	24%	Overall Differences: State vs County
Sex	Male	.	24%	VT and County are Similar
	Female	.	23%	Within County Differences
Grade	Grade 9	.	15%	Too few students by sex
	Grade 10	.	22%	Too few students in at least one grade
	Grade 11	.	25%	Too few students by race
	Grade 12	.	32%	Too few students by sexual orientation
Race	WnH	19%	23%	
	REM	.	24%	
Sexual Orientation	Het/Cis	19%	23%	
	LGBT	.	33%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	Essex	VT	
1 or 2 times	66%	34%	County > VT
3 to 9 times	.	25%	Too few students
10 to 19 times	.	12%	Too few students
20 to 39 times	.	10%	Too few students
40 or more times	.	20%	Too few students

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

		Essex	VT	
Overall		.	41%	Overall Differences: State vs County
Sex	Male	.	47%	Too few students
	Female	.	35%	Within County Differences
Grade	Grade 9	.	37%	Too few students by sex
	Grade 10	.	40%	Too few students in at least one grade
	Grade 11	.	41%	Too few students by race
	Grade 12	.	43%	Too few students by sexual orientation
Race	WnH	.	53%	
	REM	.	39%	
Sexual Orientation	Het/Cis	.	40%	
	LGBT	.	49%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED			
	Essex	VT	
Smoked it	90%	91%	
Ate in food	.	4%	Too few students
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Essex	VT	
Overall		.	5%	Overall Differences: State vs County
Sex	Male	.	6%	Too few students
	Female	.	5%	Within County Differences
Grade	Grade 9	.	4%	Too few students by sex
	Grade 10	.	5%	Too few students in at least one grade
	Grade 11	.	5%	Too few students by race
	Grade 12	.	7%	Too few students by sexual orientation
Race	WnH	.	5%	
	REM	.	9%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	11%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		Essex	VT	
Overall		16%	15%	Overall Differences: State vs County
Sex	Male	.	17%	VT and County are Similar
	Female	.	13%	
Within County Differences				
Grade	Grade 9	.	14%	Too few students by sex
	Grade 10	.	16%	Too few students in at least one grade
	Grade 11	.	16%	Too few students by race
	Grade 12	.	14%	Too few students by sexual orientation
Race	WnH	17%	15%	
	REM	.	17%	
Sexual Orientation	Het/Cis	16%	14%	
	LGBT	.	23%	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		Essex	VT	
Overall		8%	13%	Overall Differences: State vs County
Sex	Male	.	14%	VT and County are Similar
	Female	.	12%	
Within County Differences				
Grade	Grade 9	.	9%	Too few students by sex
	Grade 10	.	12%	Too few students in at least one grade
	Grade 11	.	14%	Too few students by race
	Grade 12	.	18%	Too few students by sexual orientation
Race	WnH	.	13%	
	REM	.	16%	
Sexual Orientation	Het/Cis	9%	12%	
	LGBT	.	23%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE
 WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE
 WERE DRINKING ALCOHOL**

		Essex	VT	
Overall		17%	25%	Overall Differences: State vs County
Sex	Male	.	25%	VT > County
	Female	.	24%	Within County Differences
Grade	Grade 9	.	32%	Too few students by sex
	Grade 10	.	26%	Too few students in at least one grade
	Grade 11	.	21%	Too few students by race
	Grade 12	.	20%	Too few students by sexual orientation
Race	WnH	18%	23%	
	REM	.	31%	
Sexual Orientation	Het/Cis	17%	25%	
	LGBT	.	25%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
 AGE TO SMOKE CIGARETTES**

		Essex	VT	
Overall		83%	84%	Overall Differences: State vs County
Sex	Male	.	82%	VT and County are Similar
	Female	.	86%	Within County Differences
Grade	Grade 9	.	90%	Too few students by sex
	Grade 10	.	88%	Too few students in at least one grade
	Grade 11	.	83%	Too few students by race
	Grade 12	.	75%	Too few students by sexual orientation
Race	WnH	83%	85%	
	REM	.	81%	
Sexual Orientation	Het/Cis	84%	85%	
	LGBT	.	74%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		Essex	VT	
Overall		56%	54%	Overall Differences: State vs County
Sex	Male	.	55%	VT and County are Similar
	Female	.	54%	
				Within County Differences
Grade	Grade 9	.	71%	Too few students by sex
	Grade 10	.	59%	Too few students in at least one grade
	Grade 11	.	48%	Too few students by race
	Grade 12	.	39%	Too few students by sexual orientation
Race	WnH	56%	54%	
	REM	.	58%	
Sexual Orientation	Het/Cis	56%	54%	
	LGBT	.	51%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA

		Essex	VT	
Overall		72%	55%	Overall Differences: State vs County
Sex	Male	.	56%	County > VT
	Female	.	55%	
				Within County Differences
Grade	Grade 9	.	69%	Too few students by sex
	Grade 10	.	60%	Too few students in at least one grade
	Grade 11	.	51%	Too few students by race
	Grade 12	.	42%	Too few students by sexual orientation
Race	WnH	73%	55%	
	REM	.	58%	
Sexual Orientation	Het/Cis	72%	57%	
	LGBT	.	40%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		Essex	VT	
Overall		91%	91%	Overall Differences: State vs County
Sex	Male	.	90%	VT and County are Similar
	Female	.	93%	
				Within County Differences
Grade	Grade 9	.	94%	Too few students by sex
	Grade 10	.	94%	Too few students in at least one grade
	Grade 11	.	91%	Too few students by race
	Grade 12	.	87%	Too few students by sexual orientation
Race	WnH	92%	92%	
	REM	.	87%	
Sexual Orientation	Het/Cis	91%	92%	
	LGBT	.	86%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Essex	VT	
Overall		62%	66%	Overall Differences: State vs County
Sex	Male	.	64%	VT and County are Similar
	Female	.	67%	
				Within County Differences
Grade	Grade 9	.	78%	Too few students by sex
	Grade 10	.	71%	Too few students in at least one grade
	Grade 11	.	63%	Too few students by race
	Grade 12	.	50%	Too few students by sexual orientation
Race	WnH	63%	65%	
	REM	.	67%	
Sexual Orientation	Het/Cis	61%	66%	
	LGBT	.	60%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
 WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Essex	VT	
Overall		85%	76%	Overall Differences: State vs County
Sex	Male	.	75%	County > VT
	Female	.	77%	
Grade	Grade 9	.	83%	Within County Differences
	Grade 10	.	79%	
	Grade 11	.	75%	
	Grade 12	.	69%	
Race	WnH	89%	76%	Too few students by sex
	REM	.	75%	
Sexual Orientation	Het/Cis	86%	78%	Too few students in at least one grade
	LGBT	.	63%	
				Too few students by race
				Too few students by sexual orientation

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY			
	Essex	VT	
No risk	.	5%	Too few students
Slight risk	12%	9%	
Moderate risk	18%	18%	
Great risk	66%	68%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Essex	VT	
Overall		66%	68%	Overall Differences: State vs County
Sex	Male	.	66%	VT and County are Similar
	Female	.	70%	Within County Differences
Grade	Grade 9	.	64%	Too few students by sex
	Grade 10	.	68%	Too few students in at least one grade
	Grade 11	.	68%	Too few students by race
	Grade 12	.	72%	Too few students by sexual orientation
Race	WnH	70%	69%	
	REM	.	62%	
Sexual Orientation	Het/Cis	66%	68%	
	LGBT	.	68%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK		
	Essex	VT
No risk	9%	6%
Slight risk	23%	19%
Moderate risk	32%	39%
Great risk	36%	36%

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND				
		Essex	VT	
Overall		36%	36%	Overall Differences: State vs County
Sex	Male	.	32%	VT and County are Similar
	Female	.	41%	Within County Differences
Grade	Grade 9	.	38%	Too few students by sex
	Grade 10	.	39%	Too few students in at least one grade
	Grade 11	.	35%	Too few students by race
	Grade 12	.	32%	Too few students by sexual orientation
Race	WnH	38%	35%	
	REM	.	39%	
Sexual Orientation	Het/Cis	36%	35%	
	LGBT	.	38%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

**PERCEIVED RISK OF HARM FROM REGULAR
 MARIJUANA USE**

	Essex	VT	
No risk	23%	21%	VT > County
Slight risk	17%	29%	
Moderate risk	20%	26%	County > VT
Great risk	40%	24%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
 THEY USE MARIJUANA REGULARLY**

		Essex	VT	
Overall		40%	24%	Overall Differences: State vs County
Sex	Male	.	21%	County > VT
	Female	.	28%	
Grade	Grade 9	.	32%	Within County Differences
	Grade 10	.	26%	
	Grade 11	.	22%	
	Grade 12	.	18%	
Race	WnH	45%	23%	Too few students by sex
	REM	.	29%	
Sexual Orientation	Het/Cis	42%	25%	Too few students in at least one grade
	LGBT	.	16%	
				Too few students by race
				Too few students by sexual orientation

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO CIGARETTES

	Essex	VT	
Very hard	26%	24%	VT > County
Sort of hard	21%	21%	
Sort of easy	13%	22%	
Very easy	41%	32%	

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF
 EASY OR VERY EASY FOR THEM TO GET

		Essex	VT	
Overall		53%	55%	Overall Differences: State vs County
Sex	Male	.	57%	VT and County are Similar
	Female	.	52%	Within County Differences
Grade	Grade 9	.	38%	Too few students by sex
	Grade 10	.	48%	Too few students in at least one grade
	Grade 11	.	57%	Too few students by race
	Grade 12	.	75%	Too few students by sexual orientation
Race	WnH	54%	55%	
	REM	.	54%	
Sexual Orientation	Het/Cis	57%	54%	
	LGBT	.	61%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL		
	Essex	VT
Very hard	20%	15%
Sort of hard	13%	18%
Sort of easy	30%	31%
Very easy	37%	37%

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Essex	VT	
Overall		67%	68%	Overall Differences: State vs County
Sex	Male	.	67%	VT and County are Similar
	Female	.	69%	Within County Differences
Grade	Grade 9	.	58%	Too few students by sex
	Grade 10	.	67%	Too few students in at least one grade
	Grade 11	.	72%	Too few students by race
	Grade 12	.	74%	Too few students by sexual orientation
Race	WnH	71%	69%	
	REM	.	62%	
Sexual Orientation	Het/Cis	66%	68%	
	LGBT	.	73%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO MARIJUANA			
	Essex	VT	
Very hard	37%	27%	County > VT
Sort of hard	15%	15%	
Sort of easy	22%	22%	VT > County
Very easy	26%	37%	

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Essex	VT	
Overall		48%	58%	Overall Differences: State vs County
Sex	Male	.	59%	VT > County
	Female	.	57%	
Grade	Grade 9	.	43%	Within County Differences
	Grade 10	.	56%	
	Grade 11	.	65%	
	Grade 12	.	69%	
Race	WnH	48%	59%	Too few students by sex
	REM	.	54%	
Sexual Orientation	Het/Cis	46%	58%	Too few students in at least one grade
	LGBT	.	66%	
				Too few students by race
				Too few students by sexual orientation

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES

	Essex	VT	
Never had sexual contact	.	42%	Too few students
Females	.	54%	Too few students
Males	.	2%	Too few students
Females and males	.	2%	Too few students

LIFETIME SEXUAL CONTACTS: FEMALES

	Essex	VT	
Never had sexual contact	.	43%	Too few students
Females	.	2%	Too few students
Males	.	48%	Too few students
Females and males	.	7%	Too few students

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Essex	VT	
Overall		45%	40%	Overall Differences: State vs County
Sex	Male	.	40%	VT and County are Similar
	Female	.	40%	
Within County Differences				
Grade	Grade 9	.	19%	Too few students by sex
	Grade 10	.	33%	Too few students in at least one grade
	Grade 11	.	48%	Too few students by race
	Grade 12	.	61%	Too few students by sexual orientation
Race	WnH	47%	40%	
	REM	.	39%	
Sexual Orientation	Het/Cis	45%	40%	
	LGBT	.	47%	

HAVE HAD 4+ LIFETIME PARTNERS

		Essex	VT	
Overall		5%	9%	Overall Differences: State vs County
Sex	Male	.	9%	VT and County are Similar
	Female	.	8%	
Within County Differences				
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	.	6%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	16%	Too few students by sexual orientation
Race	WnH	.	8%	
	REM	.	12%	
Sexual Orientation	Het/Cis	6%	8%	
	LGBT	.	15%	

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

EVER HAD ORAL SEX				
		Essex	VT	
Overall		46%	42%	Overall Differences: State vs County
Sex	Male	.	42%	VT and County are Similar
	Female	.	42%	
				Within County Differences
Grade	Grade 9	.	23%	Too few students by sex
	Grade 10	.	37%	Too few students in at least one grade
	Grade 11	.	49%	Too few students by race
	Grade 12	.	60%	Too few students by sexual orientation
Race	WnH	47%	43%	
	REM	.	40%	
Sexual Orientation	Het/Cis	47%	42%	
	LGBT	.	52%	

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Essex	VT	
Overall		.	10%	Overall Differences: State vs County
Sex	Male	.	9%	Too few students
	Female	.	12%	Within County Differences
Grade	Grade 9	.	7%	Too few students by sex
	Grade 10	.	9%	Too few students in at least one grade
	Grade 11	.	12%	Too few students by race
	Grade 12	.	14%	Too few students by sexual orientation
Race	WnH	.	10%	
	REM	.	13%	
Sexual Orientation	Het/Cis	.	10%	
	LGBT	.	15%	

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		Essex	VT	
Overall		37%	31%	Overall Differences: State vs County
Sex	Male	.	29%	VT and County are Similar
	Female	.	32%	Within County Differences
Grade	Grade 9	.	13%	Too few students by sex
	Grade 10	.	24%	Too few students in at least one grade
	Grade 11	.	37%	Too few students by race
	Grade 12	.	48%	Too few students by sexual orientation
Race	WnH	38%	31%	
	REM	.	29%	
Sexual Orientation	Het/Cis	36%	31%	
	LGBT	.	34%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Essex	VT	
Overall		.	20%	Overall Differences: State vs County
Sex	Male	.	22%	Too few students
	Female	.	17%	Within County Differences
Grade	Grade 9	.	24%	Too few students by sex
	Grade 10	.	22%	Too few students in at least one grade
	Grade 11	.	18%	Too few students by race
	Grade 12	.	19%	Too few students by sexual orientation
Race	WnH	.	18%	
	REM	.	29%	
Sexual Orientation	Het/Cis	.	18%	
	LGBT	.	31%	

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG
 CURRENTLY SEXUALLY ACTIVE STUDENTS

	Essex	VT	
No method was used	.	7%	Too few students
Birth control pills	50%	32%	County > VT
Condoms	31%	35%	
IUD or implant	.	13%	Too few students
Shot/patch/birth control ring	.	5%	Too few students
Withdrawal/other method	.	5%	Too few students
Not sure	.	2%	Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR
 IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),
 AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Essex	VT	
Overall		.	50%	Overall Differences: State vs County
Sex	Male	.	40%	Too few students
	Female	.	60%	Within County Differences
Grade	Grade 9	.	29%	Too few students by sex
	Grade 10	.	44%	Too few students in at least one grade
	Grade 11	.	51%	Too few students by race
	Grade 12	.	59%	Too few students by sexual orientation
Race	WnH	.	53%	
	REM	.	36%	
Sexual Orientation	Het/Cis	.	52%	
	LGBT	.	39%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Essex	VT	
Overall		.	56%	Overall Differences: State vs County
Sex	Male	.	61%	Too few students
	Female	.	52%	Within County Differences
Grade	Grade 9	.	64%	Too few students by sex
	Grade 10	.	61%	Too few students in at least one grade
	Grade 11	.	58%	Too few students by race
	Grade 12	.	51%	Too few students by sexual orientation
Race	WnH	.	57%	
	REM	.	54%	
Sexual Orientation	Het/Cis	.	58%	
	LGBT	.	45%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Essex	VT	
Overall		.	19%	Overall Differences: State vs County
Sex	Male	.	15%	Too few students
	Female	.	22%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	19%	Too few students in at least one grade
	Grade 11	.	20%	Too few students by race
	Grade 12	.	20%	Too few students by sexual orientation
Race	WnH	.	20%	
	REM	.	13%	
Sexual Orientation	Het/Cis	.	20%	
	LGBT	.	13%	

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,
 AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Essex	VT	
Overall		.	7%	Overall Differences: State vs County
Sex	Male	.	8%	Too few students
	Female	.	7%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	9%	Too few students in at least one grade
	Grade 11	.	6%	Too few students by race
	Grade 12	.	6%	Too few students by sexual orientation
Race	WnH	.	6%	
	REM	.	13%	
Sexual Orientation	Het/Cis	.	5%	
	LGBT	.	22%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		Essex	VT	
Overall		21%	14%	Overall Differences: State vs County
Sex	Male	.	14%	VT and County are Similar
	Female	.	15%	
Grade	Grade 9	.	14%	Within County Differences
	Grade 10	.	15%	
	Grade 11	.	14%	
	Grade 12	.	13%	
Race	WnH	21%	14%	Too few students by sex
	REM	.	14%	
Sexual Orientation	Het/Cis	21%	14%	Too few students in at least one grade
	LGBT	.	16%	

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		Essex	VT	
Overall		22%	13%	Overall Differences: State vs County
Sex	Male	.	15%	County > VT
	Female	.	10%	
Grade	Grade 9	.	12%	Within County Differences
	Grade 10	.	12%	
	Grade 11	.	14%	
	Grade 12	.	13%	
Race	WnH	16%	14%	Too few students by sex
	REM	.	12%	
Sexual Orientation	Het/Cis	19%	12%	Too few students in at least one grade
	LGBT	.	19%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT

	Essex	VT	
Very underweight	.	2%	Too few students
Slightly underweight	10%	12%	
About the right weight	47%	56%	
Slightly overweight	23%	25%	
Very overweight	13%	5%	County > VT

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT

		Essex	VT	
Overall		36%	30%	Overall Differences: State vs County
Sex	Male	.	25%	VT and County are Similar
	Female	.	36%	Within County Differences
Grade	Grade 9	.	29%	Too few students by sex
	Grade 10	.	30%	Too few students in at least one grade
	Grade 11	.	30%	Too few students by race
	Grade 12	.	33%	Too few students by sexual orientation
Race	WnH	34%	30%	
	REM	.	30%	
Sexual Orientation	Het/Cis	36%	28%	
	LGBT	.	46%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT		
	Essex	VT
Lose weight	51%	42%
Gain weight	12%	15%
Stay the same weight	18%	18%
Not trying to do anything	19%	25%

WERE TRYING TO LOSE WEIGHT				
		Essex	VT	
Overall		51%	42%	Overall Differences: State vs County
Sex	Male	.	28%	VT and County are Similar
	Female	.	57%	Within County Differences
Grade	Grade 9	.	41%	Too few students by sex
	Grade 10	.	42%	Too few students in at least one grade
	Grade 11	.	41%	Too few students by race
	Grade 12	.	44%	Too few students by sexual orientation
Race	WnH	50%	42%	
	REM	.	42%	
Sexual Orientation	Het/Cis	48%	40%	
	LGBT	.	55%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK		
	Essex	VT
0 days	14%	13%
1 day	8%	7%
2 days	12%	9%
3 days	9%	12%
4 days	8%	11%
5 days	17%	14%
6 days	8%	10%
7 days	24%	25%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Essex	VT	
Overall		24%	25%	Overall Differences: State vs County
VT and County are Similar				
Within County Differences				
Sex	Male	.	33%	Too few students by sex
	Female	.	17%	Too few students in at least one grade
Grade	Grade 9	.	27%	Too few students by race
	Grade 10	.	27%	Too few students by sexual orientation
	Grade 11	.	24%	
	Grade 12	.	23%	
Race	WnH	23%	25%	
	REM	.	27%	
Sexual Orientation	Het/Cis	24%	27%	
	LGBT	.	14%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
 ON 5 OR MORE DAYS, PAST WEEK**

		Essex	VT	
Overall		49%	49%	Overall Differences: State vs County
Sex	Male	.	56%	VT and County are Similar
	Female	.	42%	
Within County Differences				
Grade	Grade 9	.	53%	Too few students by sex
	Grade 10	.	50%	Too few students in at least one grade
	Grade 11	.	47%	Too few students by race
	Grade 12	.	47%	Too few students by sexual orientation
Race	WnH	49%	50%	
	REM	.	46%	
Sexual Orientation	Het/Cis	52%	52%	
	LGBT	.	29%	

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF
 PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK**

		Essex	VT	
Overall		14%	13%	Overall Differences: State vs County
Sex	Male	.	11%	VT and County are Similar
	Female	.	14%	
Within County Differences				
Grade	Grade 9	.	10%	Too few students by sex
	Grade 10	.	12%	Too few students in at least one grade
	Grade 11	.	14%	Too few students by race
	Grade 12	.	15%	Too few students by sexual orientation
Race	WnH	13%	12%	
	REM	.	17%	
Sexual Orientation	Het/Cis	14%	11%	
	LGBT	.	23%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE,
 PAST WEEK

	Essex	VT	
Do not watch TV	.	3%	Too few students
Less than 1 hour per day	12%	8%	
1 hour per day	11%	12%	
2 hours per day	19%	23%	
3 hours per day	20%	21%	
4 hours per day	15%	13%	
5 or more hours per day	20%	19%	

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR
 USED A COMPUTER FOR THREE OR MORE HOURS PER DAY,
 PAST WEEK

		Essex	VT	
Overall		54%	53%	Overall Differences: State vs County
Sex	Male	.	53%	VT and County are Similar
	Female	.	52%	Within County Differences
Grade	Grade 9	.	53%	Too few students by sex
	Grade 10	.	53%	Too few students in at least one grade
	Grade 11	.	51%	Too few students by race
	Grade 12	.	53%	Too few students by sexual orientation
Race	WnH	52%	52%	
	REM	.	57%	
Sexual Orientation	Het/Cis	54%	51%	
	LGBT	.	67%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		Essex	VT	
Overall		37%	33%	Overall Differences: State vs County
Sex	Male	.	32%	VT and County are Similar
	Female	.	33%	
Within County Differences				
Grade	Grade 9	.	33%	Too few students by sex
	Grade 10	.	33%	Too few students in at least one grade
	Grade 11	.	32%	Too few students by race
	Grade 12	.	32%	Too few students by sexual orientation
Race	WnH	40%	32%	
	REM	.	35%	
Sexual Orientation	Het/Cis	39%	33%	
	LGBT	.	29%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK				
		Essex	VT	
Overall		16%	18%	Overall Differences: State vs County
Sex	Male	.	18%	VT and County are Similar
	Female	.	18%	
Within County Differences				
Grade	Grade 9	.	17%	Too few students by sex
	Grade 10	.	18%	Too few students in at least one grade
	Grade 11	.	17%	Too few students by race
	Grade 12	.	19%	Too few students by sexual orientation
Race	WnH	18%	17%	
	REM	.	21%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	.	18%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

SODA CONSUMPTION, PAST WEEK

	Essex	VT	
Did not drink soda or pop	24%	37%	VT > County
1 to 3 times	45%	40%	
4 to 6 times	15%	12%	
1 time per day	.	4%	Too few students
2 times per day	7%	3%	County > VT
3 times per day	.	1%	Too few students
4 or more times per day	.	3%	Too few students

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		Essex	VT	
Overall		16%	11%	Overall Differences: State vs County
Sex	Male	.	16%	VT and County are Similar
	Female	.	6%	Within County Differences
Grade	Grade 9	.	11%	Too few students by sex
	Grade 10	.	11%	Too few students in at least one grade
	Grade 11	.	11%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	14%	10%	
	REM	.	14%	
Sexual Orientation	Het/Cis	16%	11%	
	LGBT	.	12%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	Essex	VT	
Did not drink sugar-sweetened	24%	28%	
1 to 3 times	42%	44%	
4 to 6 times	23%	15%	County > VT
1 time per day	.	6%	Too few students
2 times per day	.	3%	Too few students
3 times per day	.	1%	Too few students
4 or more times per day	.	2%	Too few students

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		Essex	VT	
Overall		11%	12%	Overall Differences: State vs County
Sex	Male	.	15%	VT and County are Similar
	Female	.	9%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	12%	Too few students in at least one grade
	Grade 11	.	13%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	12%	12%	
	REM	.	15%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	.	13%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

WATER CONSUMPTION, PAST WEEK

	Essex	VT	
Did not drink water	.	4%	Too few students
1 to 3 times	14%	9%	
4 to 6 times	10%	11%	
1 time per day	15%	9%	County > VT
2 times per day	12%	16%	
3 times per day	15%	19%	
4 or more times per day	30%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER,
PAST WEEK

		Essex	VT	
Overall		45%	52%	Overall Differences: State vs County
Sex	Male	.	51%	VT and County are Similar
	Female	.	53%	Within County Differences
Grade	Grade 9	.	50%	Too few students by sex
	Grade 10	.	53%	Too few students in at least one grade
	Grade 11	.	51%	Too few students by race
	Grade 12	.	55%	Too few students by sexual orientation
Race	WnH	46%	52%	
	REM	.	50%	
Sexual Orientation	Het/Cis	42%	53%	
	LGBT	.	49%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Essex	VT
0 days	9%	11%
1 day	.	6%
2 days	9%	9%
3 days	5%	10%
4 days	6%	8%
5 days	10%	9%
6 days	7%	7%
7 days	51%	40%

Too few students

County > VT

DID NOT EAT BREAKFAST, PAST WEEK			
		Essex	VT
Overall		.	11%
Sex	Male	.	11%
	Female	.	10%
Grade	Grade 9	.	10%
	Grade 10	.	11%
	Grade 11	.	10%
	Grade 12	.	11%
Race	WnH	.	10%
	REM	.	13%
Sexual Orientation	Het/Cis	.	10%
	LGBT	.	14%

Overall Differences: State vs County

Too few students

Within County Differences

Too few students by sex

Too few students in at least one grade

Too few students by race

Too few students by sexual orientation

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
	Essex	VT	
Never	72%	75%	
Rarely	19%	15%	
Sometimes	.	7%	Too few students
Most of the time	.	2%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS				
		Essex	VT	
Overall		.	3%	Overall Differences: State vs County
Sex	Male	.	3%	Too few students
	Female	.	2%	Within County Differences
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	.	3%	Too few students by race
	Grade 12	.	3%	Too few students by sexual orientation
Race	WnH	.	2%	
	REM	.	6%	
Sexual Orientation	Het/Cis	.	3%	
	LGBT	.	5%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE
 BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR
 PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		Essex	VT	
Overall		.	4%	Overall Differences: State vs County
Sex	Male	.	4%	Too few students
	Female	.	3%	
				Within County Differences
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	.	3%	Too few students in at least one grade
	Grade 11	.	4%	Too few students by race
	Grade 12	.	5%	Too few students by sexual orientation
Race	WnH	.	9%	
	REM	.	3%	
Sexual Orientation	Het/Cis	.	3%	
	LGBT	.	7%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Essex	VT
0 days	13%	9%
1 day	.	4%
2 days	.	4%
3 days	11%	6%
4 days	.	8%
5 days	10%	13%
6 days	8%	12%
7 days	47%	44%

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK			
		Essex	VT
Overall		69%	77%
Overall Differences: State vs County			
VT > County			
Within County Differences			
Sex	Male	.	80%
	Female	.	75%
Grade	Grade 9	.	83%
	Grade 10	.	81%
	Grade 11	.	76%
	Grade 12	.	71%
Race	WnH	67%	79%
	REM	.	70%
Sexual Orientation	Het/Cis	69%	79%
	LGBT	.	65%

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	Essex	VT	
Mostly A's	25%	46%	VT > County
Mostly B's	51%	39%	County > VT
Mostly C's	20%	12%	County > VT
Mostly D's	.	2%	Too few students
Mostly F's	.	1%	Too few students

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Essex	VT	
Overall		74%	80%	Overall Differences: State vs County
Sex	Male	.	80%	VT and County are Similar
	Female	.	81%	Within County Differences
Grade	Grade 9	.	78%	Too few students by sex
	Grade 10	.	79%	Too few students in at least one grade
	Grade 11	.	82%	Too few students by race
	Grade 12	.	83%	Too few students by sexual orientation
Race	WnH	77%	82%	
	REM	.	74%	
Sexual Orientation	Het/Cis	76%	81%	
	LGBT	.	76%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**BELIEVE SCHOOL HAS CLEAR RULES AND
 CONSEQUENCES FOR BEHAVIORS**

	Essex	VT
Strongly agree	22%	21%
Agree	47%	44%
Not sure	16%	19%
Disagree	9%	11%
Strongly disagree	7%	5%

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS
 CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		Essex	VT	
Overall		69%	65%	Overall Differences: State vs County
Sex	Male	.	69%	VT and County are Similar
	Female	.	61%	Within County Differences
Grade	Grade 9	.	67%	Too few students by sex
	Grade 10	.	65%	Too few students in at least one grade
	Grade 11	.	64%	Too few students by race
	Grade 12	.	63%	Too few students by sexual orientation
Race	WnH	69%	65%	
	REM	.	64%	
Sexual Orientation	Het/Cis	70%	67%	
	LGBT	.	53%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM		
	Essex	VT
Definitely will not	6%	5%
Probably will not	8%	5%
Probably will	19%	22%
Definitely will	59%	57%
Not sure	9%	11%

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM				
		Essex	VT	
Overall		78%	79%	Overall Differences: State vs County
Sex	Male	.	75%	VT and County are Similar
	Female	.	83%	Within County Differences
Grade	Grade 9	.	74%	Too few students by sex
	Grade 10	.	77%	Too few students in at least one grade
	Grade 11	.	81%	Too few students by race
	Grade 12	.	83%	Too few students by sexual orientation
Race	WnH	83%	80%	
	REM	.	72%	
Sexual Orientation	Het/Cis	78%	80%	
	LGBT	.	74%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES,
 TYPICAL WEEK**

	Essex	VT	
0 hours	48%	33%	County > VT
1 to 4 hours	20%	27%	
5 to 9 hours	11%	17%	
10 to 19 hours	13%	17%	
20 or more hours	8%	6%	

**SPEND 10 OR MORE HOURS PARTICIPATING IN
 AFTERSCHOOL ACTIVITIES, TYPICAL WEEK**

		Essex	VT	
Overall		21%	24%	Overall Differences: State vs County
Sex	Male	.	24%	VT and County are Similar
	Female	.	24%	Within County Differences
Grade	Grade 9	.	21%	Too few students by sex
	Grade 10	.	23%	Too few students in at least one grade
	Grade 11	.	24%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	18%	24%	
	REM	.	22%	
Sexual Orientation	Het/Cis	23%	25%	
	LGBT	.	16%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY		
	Essex	VT
Strongly agree	17%	19%
Agree	38%	41%
Not sure	27%	25%
Disagree	9%	9%
Strongly disagree	9%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Essex	VT	
Overall		55%	61%	Overall Differences: State vs County
Sex	Male	.	65%	VT and County are Similar
	Female	.	57%	Within County Differences
Grade	Grade 9	.	61%	Too few students by sex
	Grade 10	.	60%	Too few students in at least one grade
	Grade 11	.	60%	Too few students by race
	Grade 12	.	62%	Too few students by sexual orientation
Race	WnH	55%	62%	
	REM	.	55%	
Sexual Orientation	Het/Cis	57%	64%	
	LGBT	.	39%	



MIDDLE SCHOOL RESULTS

ESSEX COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

MIDDLE SCHOOL DEMOGRAPHICS		
	Essex	VT
Total	134	16701

		Essex	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	35%	.
	7th Grade	31%	24%
	8th Grade	34%	39%
Race / Ethnicity	White, non-Hispanic (WnH)	89%	81%
	Students of Color (REM)	11%	19%
Sexual Orientation	Heterosexual (Het)	91%	93%
	Lesbian, Gay, or Bisexual (LGB)	9%	7%

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT

		Essex	VT	
Overall		45%	42%	Overall Differences: State vs County
Sex	Male	60%	56%	VT and County are Similar
	Female	29%	27%	
Within County Differences				
Grade	Grade 6	.	40%	Males > Females
	Grade 7	.	43%	Too few students in at least one grade
	Grade 8	.	43%	Too few students by race
Race	WnH	45%	40%	Too few students by sexual orientation
	REM	.	54%	
Sexual Orientation	Het	47%	43%	
	LGB	.	58%	

WERE EVER BULLIED ON SCHOOL PROPERTY

		Essex	VT	
Overall		56%	44%	Overall Differences: State vs County
Sex	Male	51%	39%	County > VT
	Female	59%	50%	
Within County Differences				
Grade	Grade 6	.	44%	Too few students in at least one grade
	Grade 7	.	45%	Too few students by race
	Grade 8	.	44%	Too few students by sexual orientation
Race	WnH	55%	43%	
	REM	.	48%	
Sexual Orientation	Het	56%	42%	
	LGB	.	73%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED

		Essex	VT	
Overall		29%	24%	Overall Differences: State vs County
Sex	Male	16%	16%	VT and County are Similar
	Female	40%	33%	
				Within County Differences
Grade	Grade 6	.	18%	Females > Males
	Grade 7	.	24%	Too few students in at least one grade
	Grade 8	.	28%	Too few students by race
Race	WnH	29%	24%	Too few students by sexual orientation
	REM	.	29%	
Sexual Orientation	Het	31%	23%	
	LGB	.	55%	

WERE BULLIED, PAST 30 DAYS

		Essex	VT	
Overall		31%	22%	Overall Differences: State vs County
Sex	Male	27%	17%	County > VT
	Female	36%	26%	
				Within County Differences
Grade	Grade 6	.	22%	Too few students in at least one grade
	Grade 7	.	22%	Too few students by race
	Grade 8	.	21%	Too few students by sexual orientation
Race	WnH	31%	20%	
	REM	.	26%	
Sexual Orientation	Het	32%	19%	
	LGB	.	47%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Essex	VT	
Overall		12%	8%	Overall Differences: State vs County
Sex	Male	10%	8%	VT and County are Similar
	Female	12%	8%	
Grade	Grade 6	.	7%	Within County Differences
	Grade 7	.	8%	Too few students in at least one grade
	Grade 8	.	9%	Too few students by race
Race	WnH	12%	7%	Too few students by sexual orientation
	REM	.	11%	
Sexual Orientation	Het	13%	8%	
	LGB	.	15%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		Essex	VT	
Overall		10%	8%	Overall Differences: State vs County
Sex	Male	11%	7%	VT and County are Similar
	Female	.	10%	
Grade	Grade 6	.	8%	Within County Differences
	Grade 7	.	8%	Too few students by sex
	Grade 8	.	9%	Too few students in at least one grade
Race	WnH	6%	7%	Too few students by race
	REM	.	12%	
Sexual Orientation	Het	9%	7%	Too few students by sexual orientation
	LGB	.	23%	

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

SEATBELT USE			
	Essex	VT	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	.	3%	Too few students
Most of the time	26%	18%	County > VT
Always	68%	76%	VT > County

RARELY OR NEVER WEAR A SEAT BELT				
		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	3%	Too few students
	Female	.	2%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	3%	Too few students by race
Race	WnH	.	2%	Too few students by sexual orientation
	REM	.	5%	
Sexual Orientation	Het	.	2%	
	LGB	.	4%	

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		Essex	VT	
Overall		26%	22%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	31%	24%	
Within County Differences				
Grade	Grade 6	.	15%	Too few students in at least one grade
	Grade 7	.	21%	Too few students by race
	Grade 8	.	27%	Too few students by sexual orientation
Race	WnH	28%	22%	
	REM	.	24%	
Sexual Orientation	Het	29%	22%	
	LGB	.	34%	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA				
		Essex	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	.	7%	VT and County are Similar
	Female	14%	10%	
Within County Differences				
Grade	Grade 6	.	5%	Too few students by sex
	Grade 7	.	8%	Too few students in at least one grade
	Grade 8	.	12%	Too few students by race
Race	WnH	11%	8%	Too few students by sexual orientation
	REM	.	14%	
Sexual Orientation	Het	13%	8%	
	LGB	.	23%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	Essex	VT	
Never wear a helmet	25%	16%	County > VT
Rarely wear a helmet	24%	15%	County > VT
Sometimes wear a helmet	15%	15%	
Most of the time wear a helmet	15%	25%	VT > County
Always wear a helmet	21%	28%	

RARELY OR NEVER WEAR A BICYCLE HELMET

		Essex	VT	
Overall		49%	31%	Overall Differences: State vs County
Sex	Male	50%	33%	County > VT
	Female	46%	29%	
Grade	Grade 6	.	24%	Too few students in at least one grade
	Grade 7	.	30%	Too few students by race
	Grade 8	.	37%	Too few students by sexual orientation
Race	WnH	47%	28%	
	REM	.	42%	
Sexual Orientation	Het	51%	32%	
	LGB	.	42%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING

	Essex	VT	
Never wear a helmet	12%	5%	County > VT
Rarely wear a helmet	.	2%	Too few students
Sometimes wear a helmet	.	2%	Too few students
Most of the time wear a helmet	.	7%	Too few students
Always wear a helmet	75%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

		Essex	VT	
Overall		18%	7%	Overall Differences: State vs County
Sex	Male	.	8%	County > VT
	Female	.	6%	Within County Differences
Grade	Grade 6	.	7%	Too few students by sex
	Grade 7	.	8%	Too few students in at least one grade
	Grade 8	.	7%	Too few students by race
Race	WnH	17%	6%	Too few students by sexual orientation
	REM	.	12%	
Sexual Orientation	Het	18%	7%	
	LGB	.	11%	

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

		Essex	VT	
Overall		16%	17%	Overall Differences: State vs County
Sex	Male	17%	19%	VT and County are Similar
	Female	15%	16%	
Grade	Grade 6	.	17%	Within County Differences
	Grade 7	.	17%	
	Grade 8	.	18%	
Race	WnH	17%	17%	Too few students in at least one grade
	REM	.	21%	
Sexual Orientation	Het	16%	18%	Too few students by race
	LGB	.	21%	
				Too few students by sexual orientation

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME ROOM WITH SOMEONE WHO WAS
 SMOKING CIGARETTES, PAST 7 DAYS**

		Essex	VT	
Overall		34%	26%	Overall Differences: State vs County
Sex	Male	33%	25%	VT and County are Similar
	Female	.	27%	
Within County Differences				
Grade	Grade 6	.	21%	Too few students by sex
	Grade 7	.	27%	Too few students in at least one grade
	Grade 8	.	29%	Too few students by race
Race	WnH	29%	25%	Too few students by sexual orientation
	REM	.	32%	
Sexual Orientation	Het	33%	26%	
	LGB	.	51%	

**WERE IN THE SAME CAR WITH SOMEONE WHO WAS
 SMOKING CIGARETTES, PAST 7 DAYS**

		Essex	VT	
Overall		26%	19%	Overall Differences: State vs County
Sex	Male	30%	17%	County > VT
	Female	20%	20%	
Within County Differences				
Grade	Grade 6	.	15%	Too few students in at least one grade
	Grade 7	.	19%	Too few students by race
	Grade 8	.	20%	Too few students by sexual orientation
Race	WnH	22%	18%	
	REM	.	23%	
Sexual Orientation	Het	24%	18%	
	LGB	.	38%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	Essex	VT	
Never	9%	9%	VT > County
Rarely	6%	14%	
Sometimes	28%	27%	
Most of the time	26%	29%	
Always	30%	21%	County > VT

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		Essex	VT	
Overall		57%	50%	Overall Differences: State vs County
Sex	Male	66%	51%	VT and County are Similar
	Female	46%	49%	Within County Differences
Grade	Grade 6	.	42%	Too few students in at least one grade
	Grade 7	.	50%	Too few students by race
	Grade 8	.	56%	Too few students by sexual orientation
Race	WnH	56%	51%	
	REM	.	52%	
Sexual Orientation	Het	58%	52%	
	LGB	.	61%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Essex	VT	
Overall		25%	30%	Overall Differences: State vs County
Sex	Male	.	30%	VT and County are Similar
	Female	.	31%	
Within County Differences				
Grade	Grade 6	.	18%	Too few students by sex
	Grade 7	.	29%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	28%	31%	Too few students by sexual orientation
	REM	.	34%	
Sexual Orientation	Het	28%	31%	
	LGB	.	43%	

SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR

		Essex	VT	
Overall		22%	19%	Overall Differences: State vs County
Sex	Male	9%	12%	VT and County are Similar
	Female	36%	26%	
				Within County Differences
Grade	Grade 6	.	16%	Females > Males
	Grade 7	.	18%	Too few students in at least one grade
	Grade 8	.	22%	Too few students by race
Race	WnH	23%	18%	Too few students by sexual orientation
	REM	.	26%	
Sexual Orientation	Het	21%	16%	
	LGB	.	63%	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES

		Essex	VT	
Overall		25%	18%	Overall Differences: State vs County
Sex	Male	19%	12%	VT and County are Similar
	Female	31%	23%	
				Within County Differences
Grade	Grade 6	.	13%	Too few students in at least one grade
	Grade 7	.	17%	Too few students by race
	Grade 8	.	22%	Too few students by sexual orientation
Race	WnH	24%	17%	
	REM	.	24%	
Sexual Orientation	Het	25%	15%	
	LGB	.	60%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Essex	VT	
Overall		18%	12%	Overall Differences: State vs County
Sex	Male	14%	8%	County > VT
	Female	24%	16%	
Grade	Grade 6	.	7%	Within County Differences
	Grade 7	.	11%	
	Grade 8	.	16%	
Race	WnH	17%	11%	Too few students by race
	REM	.	18%	Too few students by sexual orientation
Sexual Orientation	Het	19%	10%	
	LGB	.	48%	

EVER ATTEMPTED SUICIDE				
		Essex	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	.	3%	VT and County are Similar
	Female	11%	8%	
Grade	Grade 6	.	3%	Within County Differences
	Grade 7	.	5%	
	Grade 8	.	8%	
Race	WnH	.	5%	Too few students by sex
	REM	.	10%	
Sexual Orientation	Het	5%	4%	Too few students in at least one grade
	LGB	.	30%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Essex	VT	
Overall		15%	7%	Overall Differences: State vs County
Sex	Male	22%	7%	County > VT
	Female	9%	7%	
				Within County Differences
Grade	Grade 6	.	4%	Too few students in at least one grade
	Grade 7	.	7%	Too few students by race
	Grade 8	.	10%	Too few students by sexual orientation
Race	WnH	15%	6%	
	REM	.	12%	
Sexual Orientation	Het	17%	7%	
	LGB	.	23%	

EVER USED AN ELECTRONIC VAPOR PRODUCT

		Essex	VT	
Overall		19%	9%	Overall Differences: State vs County
Sex	Male	18%	9%	County > VT
	Female	18%	8%	
				Within County Differences
Grade	Grade 6	.	3%	Too few students in at least one grade
	Grade 7	.	8%	Too few students by race
	Grade 8	.	14%	Too few students by sexual orientation
Race	WnH	17%	8%	
	REM	.	14%	
Sexual Orientation	Het	16%	9%	
	LGB	.	22%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		Essex	VT	
Overall		8%	5%	Overall Differences: State vs County
Sex	Male	12%	5%	VT and County are Similar
	Female	.	5%	
Grade	Grade 6	.	2%	Within County Differences
	Grade 7	.	5%	
	Grade 8	.	6%	
Race	WnH	9%	4%	Too few students by sexual orientation
	REM	.	8%	
Sexual Orientation	Het	9%	4%	Too few students by sexual orientation
	LGB	.	14%	

EVER DRANK ALCOHOL				
		Essex	VT	
Overall		28%	19%	Overall Differences: State vs County
Sex	Male	32%	20%	County > VT
	Female	24%	17%	
Grade	Grade 6	.	10%	Within County Differences
	Grade 7	.	17%	
	Grade 8	.	26%	
Race	WnH	29%	18%	Too few students in at least one grade
	REM	.	24%	
Sexual Orientation	Het	31%	19%	Too few students by race
	LGB	.	38%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED MARIJUANA				
		Essex	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	10%	7%	VT and County are Similar
	Female	.	7%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	6%	Too few students in at least one grade
	Grade 8	.	11%	Too few students by race
Race	WnH	8%	6%	Too few students by sexual orientation
	REM	.	12%	
Sexual Orientation	Het	8%	6%	
	LGB	.	23%	

EVER USED INHALANTS				
		Essex	VT	
Overall		6%	4%	Overall Differences: State vs County
Sex	Male	.	4%	VT and County are Similar
	Female	.	4%	
				Within County Differences
Grade	Grade 6	.	3%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	5%	Too few students by race
Race	WnH	5%	4%	Too few students by sexual orientation
	REM	.	7%	
Sexual Orientation	Het	6%	4%	
	LGB	.	12%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	2%	Too few students
	Female	.	3%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	3%	Too few students by race
Race	WnH	.	2%	Too few students by sexual orientation
	REM	.	5%	
Sexual Orientation	Het	.	2%	
	LGB	.	9%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	2%	Too few students
	Female	.	2%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	2%	Too few students by race
Race	WnH	.	1%	Too few students by sexual orientation
	REM	.	4%	
Sexual Orientation	Het	.	1%	
	LGB	.	6%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR

		Essex	VT	
Overall		11%	5%	Overall Differences: State vs County
Sex	Male	16%	6%	County > VT
	Female	.	5%	
Within County Differences				
Grade	Grade 6	.	3%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	.	7%	Too few students by race
Race	WnH	9%	5%	Too few students by sexual orientation
	REM	.	9%	
Sexual Orientation	Het	10%	5%	
	LGB	.	16%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Essex	VT	
Overall		13%	5%	Overall Differences: State vs County
Sex	Male	18%	5%	County > VT
	Female	9%	4%	
Within County Differences				
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	.	4%	Too few students by race
	Grade 8	.	7%	Too few students by sexual orientation
Race	WnH	12%	5%	
	REM	.	8%	
Sexual Orientation	Het	14%	5%	
	LGB	.	14%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Essex	VT	
Overall		7%	3%	Overall Differences: State vs County
Sex	Male	13%	3%	County > VT
	Female	.	2%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	.	2%	Too few students by sex
	Grade 8	.	4%	Too few students in at least one grade
Race	WnH	8%	2%	Too few students by race
	REM	.	5%	Too few students by sexual orientation
Sexual Orientation	Het	8%	2%	
	LGB	.	9%	

SMOKED CIGARETTES, PAST 30 DAYS				
		Essex	VT	
Overall		6%	2%	Overall Differences: State vs County
Sex	Male	10%	2%	County > VT
	Female	.	2%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	.	2%	Too few students by sex
	Grade 8	.	3%	Too few students in at least one grade
Race	WnH	6%	2%	Too few students by race
	REM	.	4%	Too few students by sexual orientation
Sexual Orientation	Het	6%	2%	
	LGB	.	8%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES
 SMOKED

	Essex	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

		Essex	VT	
Overall		9%	4%	Overall Differences: State vs County
Sex	Male	10%	4%	County > VT
	Female	9%	3%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	.	3%	
	Grade 8	.	6%	
Race	WnH	7%	3%	Too few students in at least one grade
	REM	.	6%	
Sexual Orientation	Het	8%	3%	Too few students by race
	LGB	.	10%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN
 ELECTRONIC VAPOR PRODUCT

	Essex	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	38%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT
 SOURCE

	Essex	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	17%	21%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE		
	Essex	VT
1 or 2 days	46%	49%
3 to 5 days	.	16%
6 to 9 days	.	10%
10 to 19 days	.	6%
20 to 29 days	.	5%
All 30 days	.	15%

SMOKED CIGARS, PAST 30 DAYS			
		Essex	VT
Overall		.	1%
Overall Differences: State vs County			
Sex	Male	.	1%
	Female	.	1%
Within County Differences			
Grade	Grade 6	.	1%
	Grade 7	.	1%
	Grade 8	.	2%
Race	WnH	.	1%
	REM	.	3%
Sexual Orientation	Het	.	1%
	LGB	.	6%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Essex	VT	
Overall		.	1%	Overall Differences: State vs County
Sex	Male	.	2%	Too few students
	Female	.	1%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	1%	Too few students in at least one grade
	Grade 8	.	2%	Too few students by race
Race	WnH	.	1%	Too few students by sexual orientation
	REM	.	3%	
Sexual Orientation	Het	.	1%	
	LGB	.	4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Essex	VT	
Overall		.	36%	Overall Differences: State vs County
Sex	Male	.	36%	Too few students
	Female	.	38%	Within County Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	.	37%	Too few students by sexual orientation
	REM	.	40%	
Sexual Orientation	Het	.	39%	
	LGB	.	43%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS

		Essex	VT	
Overall		16%	7%	Overall Differences: State vs County
Sex	Male	19%	6%	County > VT
	Female	13%	6%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	.	5%	Too few students by race
	Grade 8	.	10%	Too few students by sexual orientation
Race	WnH	16%	6%	
	REM	.	10%	
Sexual Orientation	Het	15%	6%	
	LGB	.	18%	

BINGE DRANK, PAST 30 DAYS

		Essex	VT	
Overall		5%	2%	Overall Differences: State vs County
Sex	Male	.	2%	County > VT
	Female	.	1%	
				Within County Differences
Grade	Grade 6	.	0%	Too few students by sex
	Grade 7	.	1%	Too few students in at least one grade
	Grade 8	.	3%	Too few students by race
Race	WnH	.	1%	Too few students by sexual orientation
	REM	.	3%	
Sexual Orientation	Het	.	1%	
	LGB	.	5%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED			
	Essex	VT	
1 or 2 drinks	62%	63%	
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	11%	9%	

USED MARIJUANA, PAST 30 DAYS				
		Essex	VT	
Overall		.	4%	Overall Differences: State vs County
Sex	Male	.	4%	Too few students
	Female	.	4%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	3%	Too few students in at least one grade
	Grade 8	.	7%	Too few students by race
Race	WnH	.	4%	Too few students by sexual orientation
	REM	.	8%	
Sexual Orientation	Het	.	4%	
	LGB	.	14%	

SECTION 4: SUBSTANCE USE
CURRENT USEAMONG CURRENT USERS: FREQUENCY OF
MARIJUANA USE

	Essex	VT	
1 or 2 times	.	42%	Too few students
3 to 9 times	.	22%	Too few students
10 to 19 times	.	11%	Too few students
20 to 39 times	.	8%	Too few students
40 or more times	.	17%	Too few students

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO SMOKE CIGARETTES

		Essex	VT	
Overall		86%	95%	Overall Differences: State vs County
Sex	Male	85%	95%	VT > County
	Female	88%	95%	Within County Differences
Grade	Grade 6	.	98%	Too few students in at least one grade
	Grade 7	.	95%	Too few students by race
	Grade 8	.	93%	Too few students by sexual orientation
Race	WnH	90%	96%	
	REM	.	92%	
Sexual Orientation	Het	87%	96%	
	LGB	.	83%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO DRINK ALCOHOL

		Essex	VT	
Overall		83%	89%	Overall Differences: State vs County
Sex	Male	86%	89%	VT > County
	Female	80%	90%	Within County Differences
Grade	Grade 6	.	95%	Too few students in at least one grade
	Grade 7	.	91%	Too few students by race
	Grade 8	.	84%	Too few students by sexual orientation
Race	WnH	83%	89%	
	REM	.	87%	
Sexual Orientation	Het	84%	90%	
	LGB	.	76%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		Essex	VT	
Overall		84%	90%	Overall Differences: State vs County
Sex	Male	86%	90%	VT > County
	Female	83%	90%	
				Within County Differences
Grade	Grade 6	.	97%	Too few students in at least one grade
	Grade 7	.	91%	Too few students by race
	Grade 8	.	84%	Too few students by sexual orientation
Race	WnH	84%	90%	
	REM	.	86%	
Sexual Orientation	Het	84%	91%	
	LGB	.	70%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		Essex	VT	
Overall		94%	95%	Overall Differences: State vs County
Sex	Male	91%	95%	VT and County are Similar
	Female	97%	95%	
				Within County Differences
Grade	Grade 6	.	96%	Too few students in at least one grade
	Grade 7	.	95%	Too few students by race
	Grade 8	.	95%	Too few students by sexual orientation
Race	WnH	93%	96%	
	REM	.	93%	
Sexual Orientation	Het	94%	96%	
	LGB	.	88%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Essex	VT	
Overall		81%	85%	Overall Differences: State vs County
Sex	Male	82%	84%	VT and County are Similar
	Female	83%	87%	
Within County Differences				
Grade	Grade 6	.	87%	Too few students in at least one grade
	Grade 7	.	86%	Too few students by race
	Grade 8	.	83%	Too few students by sexual orientation
Race	WnH	79%	86%	
	REM	.	82%	
Sexual Orientation	Het	86%	86%	
	LGB	.	76%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Essex	VT	
Overall		88%	92%	Overall Differences: State vs County
Sex	Male	89%	92%	VT and County are Similar
	Female	89%	92%	
Within County Differences				
Grade	Grade 6	.	95%	Too few students in at least one grade
	Grade 7	.	92%	Too few students by race
	Grade 8	.	89%	Too few students by sexual orientation
Race	WnH	88%	92%	
	REM	.	88%	
Sexual Orientation	Het	89%	93%	
	LGB	.	79%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

		Essex	VT	
Overall		32%	22%	Overall Differences: State vs County
Sex	Male	36%	22%	County > VT
	Female	26%	21%	
				Within County Differences
Grade	Grade 6	.	13%	Too few students in at least one grade
	Grade 7	.	20%	Too few students by race
	Grade 8	.	28%	Too few students by sexual orientation
Race	WnH	29%	21%	
	REM	.	28%	
Sexual Orientation	Het	27%	21%	
	LGB	.	42%	

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

		Essex	VT	
Overall		38%	37%	Overall Differences: State vs County
Sex	Male	37%	37%	VT and County are Similar
	Female	39%	37%	
				Within County Differences
Grade	Grade 6	.	24%	Too few students in at least one grade
	Grade 7	.	35%	Too few students by race
	Grade 8	.	48%	Too few students by sexual orientation
Race	WnH	41%	39%	
	REM	.	39%	
Sexual Orientation	Het	37%	38%	
	LGB	.	55%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

		Essex	VT	
Overall		23%	15%	Overall Differences: State vs County
Sex	Male	20%	15%	County > VT
	Female	25%	15%	Within County Differences
Grade	Grade 6	.	6%	Too few students in at least one grade
	Grade 7	.	13%	Too few students by race
	Grade 8	.	23%	Too few students by sexual orientation
Race	WnH	22%	15%	
	REM	.	21%	
Sexual Orientation	Het	22%	15%	
	LGB	.	35%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		Essex	VT	
Overall		65%	72%	Overall Differences: State vs County
Sex	Male	67%	71%	VT and County are Similar
	Female	65%	74%	Within County Differences
Grade	Grade 6	.	76%	Too few students in at least one grade
	Grade 7	.	72%	Too few students by race
	Grade 8	.	70%	Too few students by sexual orientation
Race	WnH	64%	74%	
	REM	.	68%	
Sexual Orientation	Het	64%	73%	
	LGB	.	66%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		Essex	VT	
Overall		37%	48%	Overall Differences: State vs County
Sex	Male	33%	45%	VT > County
	Female	42%	51%	
Within County Differences				
Grade	Grade 6	.	50%	Too few students in at least one grade
	Grade 7	.	48%	Too few students by race
	Grade 8	.	46%	Too few students by sexual orientation
Race	WnH	37%	48%	
	REM	.	47%	
Sexual Orientation	Het	39%	48%	
	LGB	.	41%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		Essex	VT	
Overall		60%	59%	Overall Differences: State vs County
Sex	Male	58%	56%	VT and County are Similar
	Female	64%	62%	
Within County Differences				
Grade	Grade 6	.	73%	Too few students in at least one grade
	Grade 7	.	60%	Too few students by race
	Grade 8	.	48%	Too few students by sexual orientation
Race	WnH	60%	59%	
	REM	.	54%	
Sexual Orientation	Het	60%	59%	
	LGB	.	39%	

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Essex	VT	
Overall		8%	5%	Overall Differences: State vs County
Sex	Male	12%	6%	VT and County are Similar
	Female	.	4%	
Within County Differences				
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	8%	Too few students by race
Race	WnH	8%	5%	Too few students by sexual orientation
	REM	.	10%	
Sexual Orientation	Het	9%	5%	
	LGB	.	16%	

EVER HAD ORAL SEX

		Essex	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	9%	6%	VT and County are Similar
	Female	.	5%	
Within County Differences				
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	9%	Too few students by race
Race	WnH	6%	5%	Too few students by sexual orientation
	REM	.	10%	
Sexual Orientation	Het	8%	5%	
	LGB	.	17%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK		
	Essex	VT
0 days	12%	7%
1 day	.	4%
2 days	9%	7%
3 days	7%	10%
4 days	11%	11%
5 days	12%	15%
6 days	8%	11%
7 days	39%	34%

Too few students

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS			
		Essex	VT
Overall		39%	34%
Overall Differences: State vs County			
Sex	Male	49%	42%
	Female	29%	26%
VT and County are Similar			
Within County Differences			
Grade	Grade 6	.	38%
	Grade 7	.	35%
	Grade 8	.	30%
Too few students in at least one grade			
Race	WnH	36%	34%
	REM	.	35%
Sexual Orientation	Het	39%	36%
	LGB	.	18%
Too few students by race			
Too few students by sexual orientation			

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		Essex	VT	
Overall		60%	60%	Overall Differences: State vs County
Sex	Male	71%	66%	VT and County are Similar
	Female	49%	54%	
Grade	Grade 6	.	63%	Within County Differences
	Grade 7	.	60%	
	Grade 8	.	57%	
Race	WnH	58%	61%	Too few students in at least one grade
	REM	.	58%	
Sexual Orientation	Het	61%	63%	Too few students by race
	LGB	.	37%	

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		Essex	VT	
Overall		12%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	VT and County are Similar
	Female	15%	7%	
Grade	Grade 6	.	7%	Within County Differences
	Grade 7	.	7%	
	Grade 8	.	8%	
Race	WnH	11%	6%	Too few students in at least one grade
	REM	.	9%	
Sexual Orientation	Het	12%	5%	Too few students by race
	LGB	.	15%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL,
 TYPICAL WEEK

	Essex	VT	
0 days	17%	25%	VT > County
1 day	7%	7%	
2 days	5%	8%	
3 days	5%	8%	
4 days	.	5%	Too few students
5 days	65%	46%	County > VT

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE
 AT SCHOOL

		Essex	VT	
Overall		17%	25%	Overall Differences: State vs County
Sex	Male	12%	24%	VT > County
	Female	22%	25%	
Grade	Grade 6	.	16%	Too few students in at least one grade
	Grade 7	.	26%	
	Grade 8	.	29%	
Race	WnH	18%	24%	Too few students by race
	REM	.	27%	
Sexual Orientation	Het	20%	24%	Too few students by sexual orientation
	LGB	.	30%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

**RIDE A BIKE OR WALK TO SCHOOL WHEN
 WEATHER PERMITS**

	Essex	VT	
0 days	77%	77%	
1 day	.	3%	Too few students
2 days	.	3%	Too few students
3 days	5%	4%	
4 days	.	2%	Too few students
5 days	16%	10%	County > VT

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY

		Essex	VT	
Overall		16%	10%	Overall Differences: State vs County
Sex				County > VT
	Male	18%	12%	
	Female	15%	9%	Within County Differences
Grade				Too few students in at least one grade
	Grade 6	.	11%	
	Grade 7	.	10%	Too few students by race
	Grade 8	.	10%	Too few students by sexual orientation
Race				
	WnH	15%	10%	
	REM	.	13%	
Sexual Orientation				
	Het	16%	10%	
	LGB	.	14%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY		
	Essex	VT
No TV on average school day	14%	18%
Less than 1 hour per day	20%	23%
1 hour per day	16%	18%
2 hours per day	28%	20%
3 hours per day	8%	10%
4 hours per day	4%	4%
5 or more hours per day	10%	6%

County > VT

WATCHED TV 3+ HOURS PER DAY			
		Essex	VT
Overall		23%	20%
Sex	Male	21%	20%
	Female	23%	20%
Grade	Grade 6	.	18%
	Grade 7	.	20%
	Grade 8	.	21%
Race	WnH	23%	19%
	REM	.	24%
Sexual Orientation	Het	24%	20%
	LGB	.	27%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Too few students in at least one grade

Too few students by race

Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	Essex	VT
No playing video/computer game	16%	12%
Less than 1 hour per day	13%	17%
1 hour per day	10%	15%
2 hours per day	22%	18%
3 hours per day	12%	14%
4 hours per day	4%	8%
5 or more hours per day	22%	16%

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		Essex	VT	
Overall		38%	38%	Overall Differences: State vs County
Sex	Male	34%	39%	VT and County are Similar
	Female	40%	37%	
Grade	Grade 6	.	29%	Within County Differences
	Grade 7	.	38%	
	Grade 8	.	45%	
Race	WnH	39%	38%	Too few students in at least one grade
	REM	.	43%	
Sexual Orientation	Het	36%	38%	Too few students by race
	LGB	.	57%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Essex	VT
0 days	8%	7%
1 day	.	4%
2 days	8%	7%
3 days	.	7%
4 days	4%	6%
5 days	6%	8%
6 days	7%	9%
7 days	62%	52%

Too few students

Too few students

County > VT

DID NOT EAT BREAKFAST, PAST WEEK			
		Essex	VT
Overall		8%	7%
Sex	Male	.	6%
	Female	11%	7%
Grade	Grade 6	.	5%
	Grade 7	.	7%
	Grade 8	.	7%
Race	WnH	8%	6%
	REM	.	10%
Sexual Orientation	Het	8%	6%
	LGB	.	16%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Too few students by sex

Too few students in at least one grade

Too few students by race

Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	Essex	VT	
Did not drink water	6%	3%	County > VT
1 to 3 times	18%	9%	County > VT
4 to 6 times	9%	10%	
1 time per day	6%	6%	
2 times per day	11%	16%	
3 times per day	17%	19%	
4 or more times per day	32%	37%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER

		Essex	VT	
Overall		49%	56%	Overall Differences: State vs County
Sex	Male	55%	57%	VT and County are Similar
	Female	43%	54%	Within County Differences
Grade	Grade 6	.	58%	Too few students in at least one grade
	Grade 7	.	54%	Too few students by race
	Grade 8	.	56%	Too few students by sexual orientation
Race	WnH	48%	56%	
	REM	.	57%	
Sexual Orientation	Het	45%	57%	
	LGB	.	48%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

**WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH
FOOD AT HOME, PAST 30 DAYS**

	Essex	VT	
Never	82%	77%	
Rarely	7%	14%	VT > County
Sometimes	8%	7%	
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

**MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE
THERE WAS NOT ENOUGH FOOD IN THEIR HOME**

		Essex	VT	
Overall		.	2%	Overall Differences: State vs County
Sex	Male	.	2%	Too few students
	Female	.	2%	Within County Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	2%	Too few students by race
Race	WnH	.	2%	Too few students by sexual orientation
	REM	.	4%	
Sexual Orientation	Het	.	2%	
	LGB	.	5%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

BORN OUTSIDE THE U.S.				
		Essex	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	.	6%	VT and County are Similar
	Female	9%	6%	Within County Differences
Grade	Grade 6	.	7%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	.	6%	Too few students by race
Race	WnH	.	3%	Too few students by sexual orientation
	REM	.	18%	
Sexual Orientation	Het	5%	5%	
	LGB	.	7%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX COUNTY REPORT
 MIDDLE SCHOOL RESULTS

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	Essex	VT	
0 days	6%	5%	
1 day	.	2%	Too few students
2 days	.	2%	Too few students
3 days	5%	3%	
4 days	6%	4%	
5 days	4%	7%	
6 days	4%	10%	VT > County
7 days	71%	66%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
		Essex	VT	
Overall		86%	88%	Overall Differences: State vs County
Sex	Male	83%	89%	VT and County are Similar
	Female	90%	87%	
Grade	Grade 6	.	90%	Too few students in at least one grade
	Grade 7	.	89%	
	Grade 8	.	86%	
Race	WnH	84%	89%	Too few students by race
	REM	.	84%	
Sexual Orientation	Het	85%	89%	Too few students by sexual orientation
	LGB	.	73%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	Essex	VT	
Strongly agree	39%	28%	County > VT
Agree	28%	43%	VT > County
Not sure	17%	17%	
Disagree	10%	8%	
Strongly disagree	5%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		Essex	VT	
Overall		67%	71%	Overall Differences: State vs County
Sex	Male	69%	72%	VT and County are Similar
	Female	67%	69%	Within County Differences
Grade	Grade 6	.	77%	Too few students in at least one grade
	Grade 7	.	72%	Too few students by race
	Grade 8	.	66%	Too few students by sexual orientation
Race	WnH	70%	71%	
	REM	.	68%	
Sexual Orientation	Het	71%	72%	
	LGB	.	54%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Essex	VT	
Overall		73%	76%	Overall Differences: State vs County
Sex	Male	77%	76%	VT and County are Similar
	Female	70%	76%	
Grade	Grade 6	.	79%	Too few students in at least one grade
	Grade 7	.	75%	Too few students by race
	Grade 8	.	75%	Too few students by sexual orientation
Race	WnH	72%	77%	
	REM	.	71%	
Sexual Orientation	Het	73%	77%	
	LGB	.	64%	

GRADES EARNED IN SCHOOL			
	Essex	VT	
Mostly A's	46%	46%	
Mostly B's	37%	38%	
Mostly C's	11%	12%	
Mostly D's	.	3%	Too few students
Mostly F's	.	1%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY			
	Essex	VT	
Strongly agree	31%	27%	VT > County
Agree	23%	36%	
Not sure	28%	24%	
Disagree	7%	7%	County > VT
Strongly disagree	11%	5%	

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Essex	VT	
Overall		53%	64%	Overall Differences: State vs County
Sex	Male	60%	68%	VT > County
	Female	46%	60%	
Within County Differences				
Grade	Grade 6	.	67%	Too few students in at least one grade
	Grade 7	.	65%	Too few students by race
	Grade 8	.	60%	Too few students by sexual orientation
Race	WnH	54%	65%	
	REM	.	58%	
Sexual Orientation	Het	54%	67%	
	LGB	.	31%	