



The AARP EnVision Vermont Survey Results

Presentation to the VAPAW Committee
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Survey Overview

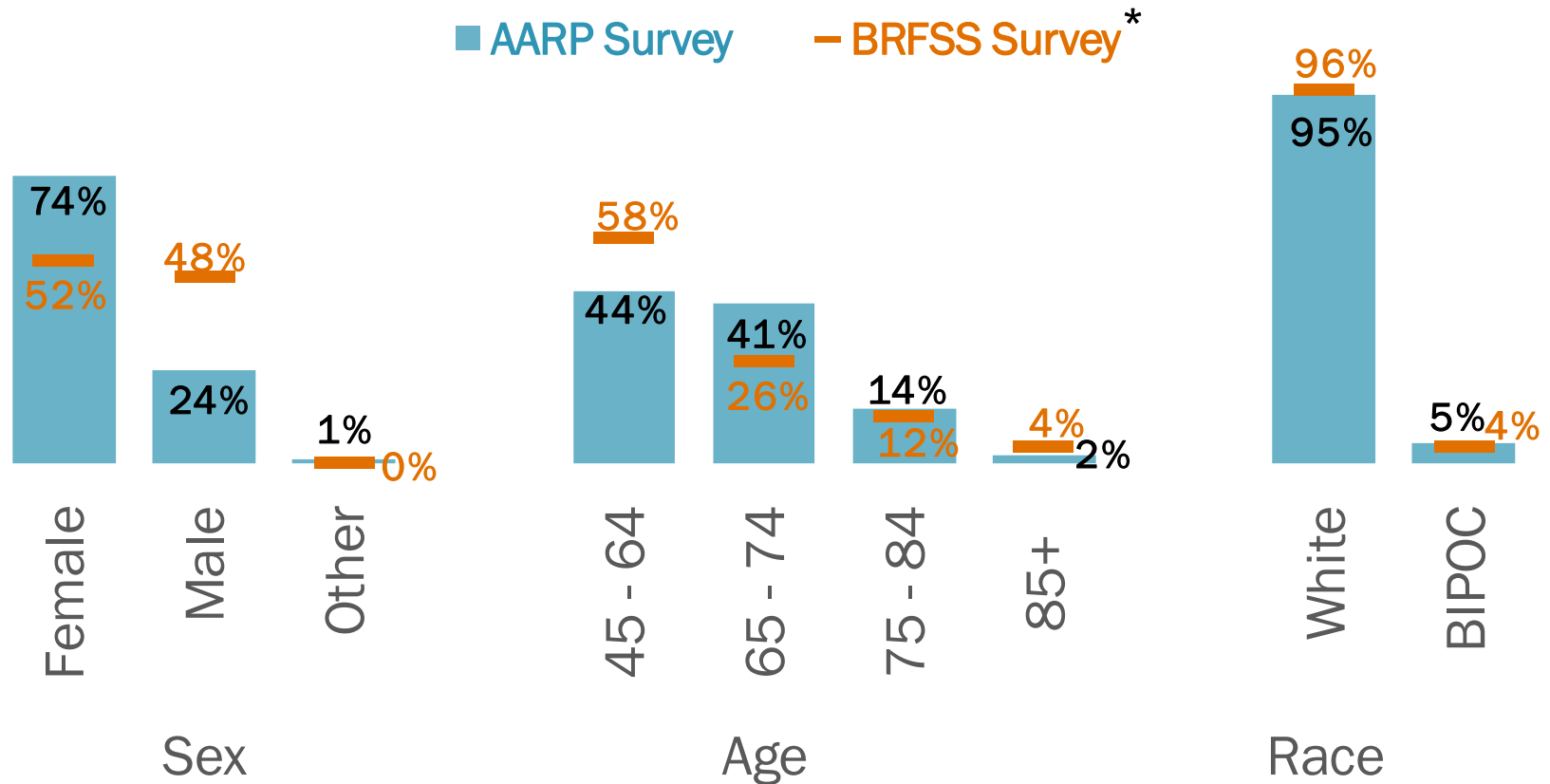
- AARP standard age friendly community survey
 - Used nationally by AARP for adults 45 years and older
- Open from April 11th, 2022 – May 30th, 2022
- Promoted over email & social media by:
 - AARP
 - Department of Disabilities, Aging, and Independent Living (DAIL)
 - Department of Health (VDH)
 - Community of Vermont Elders
 - Area Agencies on Aging (AAA)
 - Many of the VAPAW advisory committee members



Demographics of Respondents

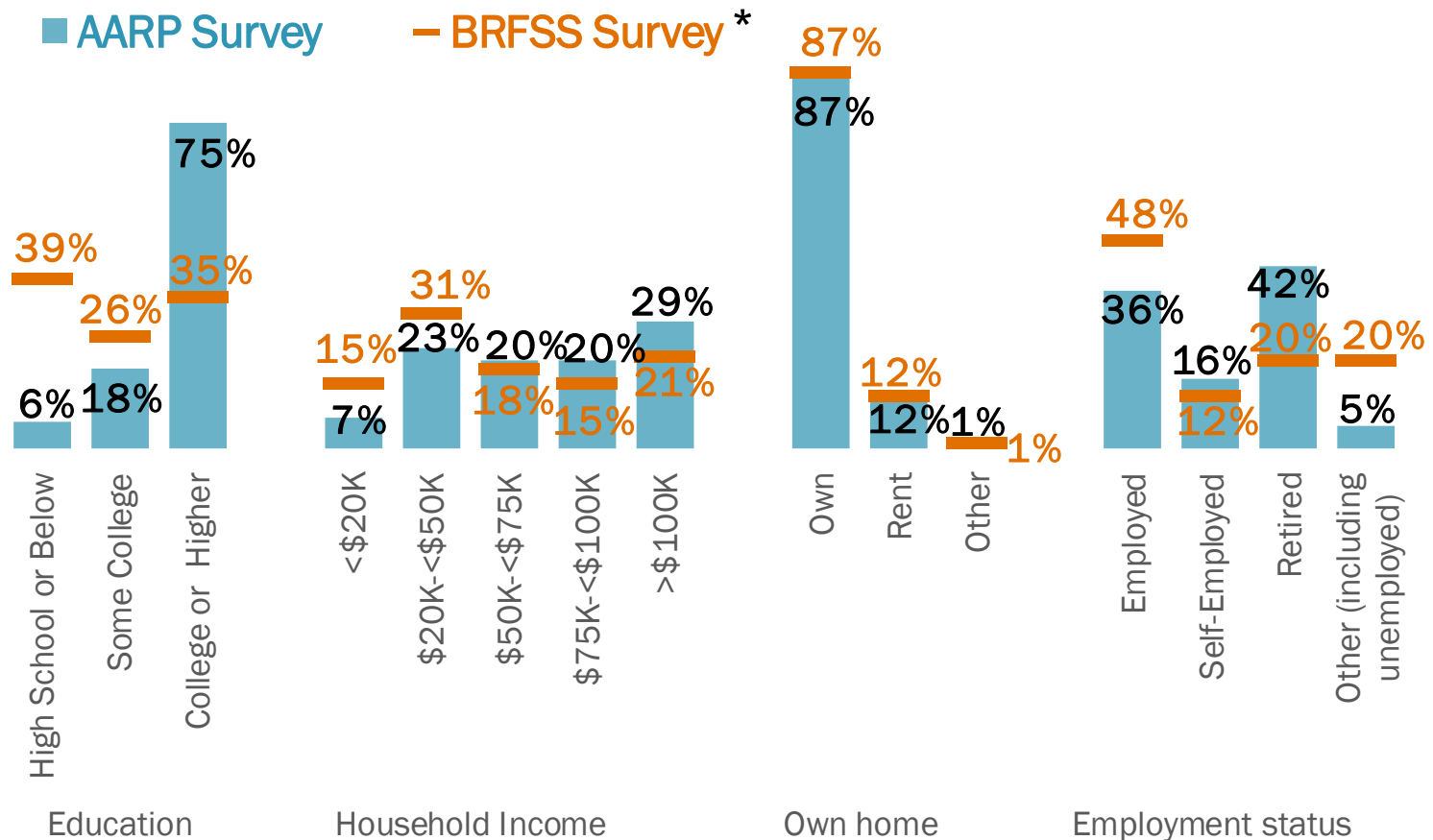
How do the demographics of the survey respondents compare to demographics of Vermonters 45 years and older?

There were 2,711 respondents from 241 zip codes in the AARP Age Friendly Community Survey. The majority were female, between 45 – 74 years old, and identified as white.



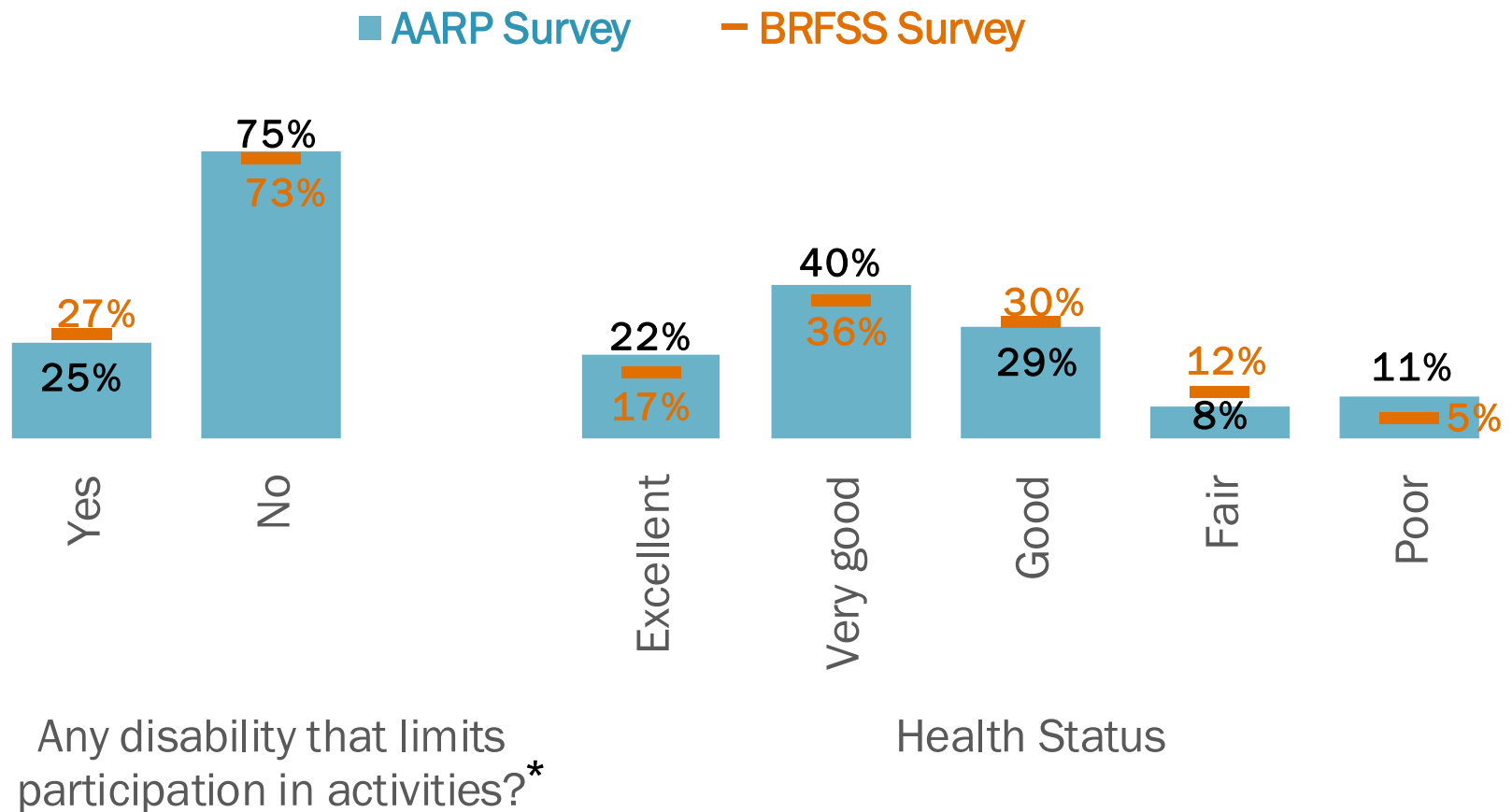
*BRFSS is 2019 data from the Vermont Behavioral Risk Factor Surveillance System

AARP survey respondents were highly educated and more likely to be retired than the general Vermont population ≥ 45 years old.



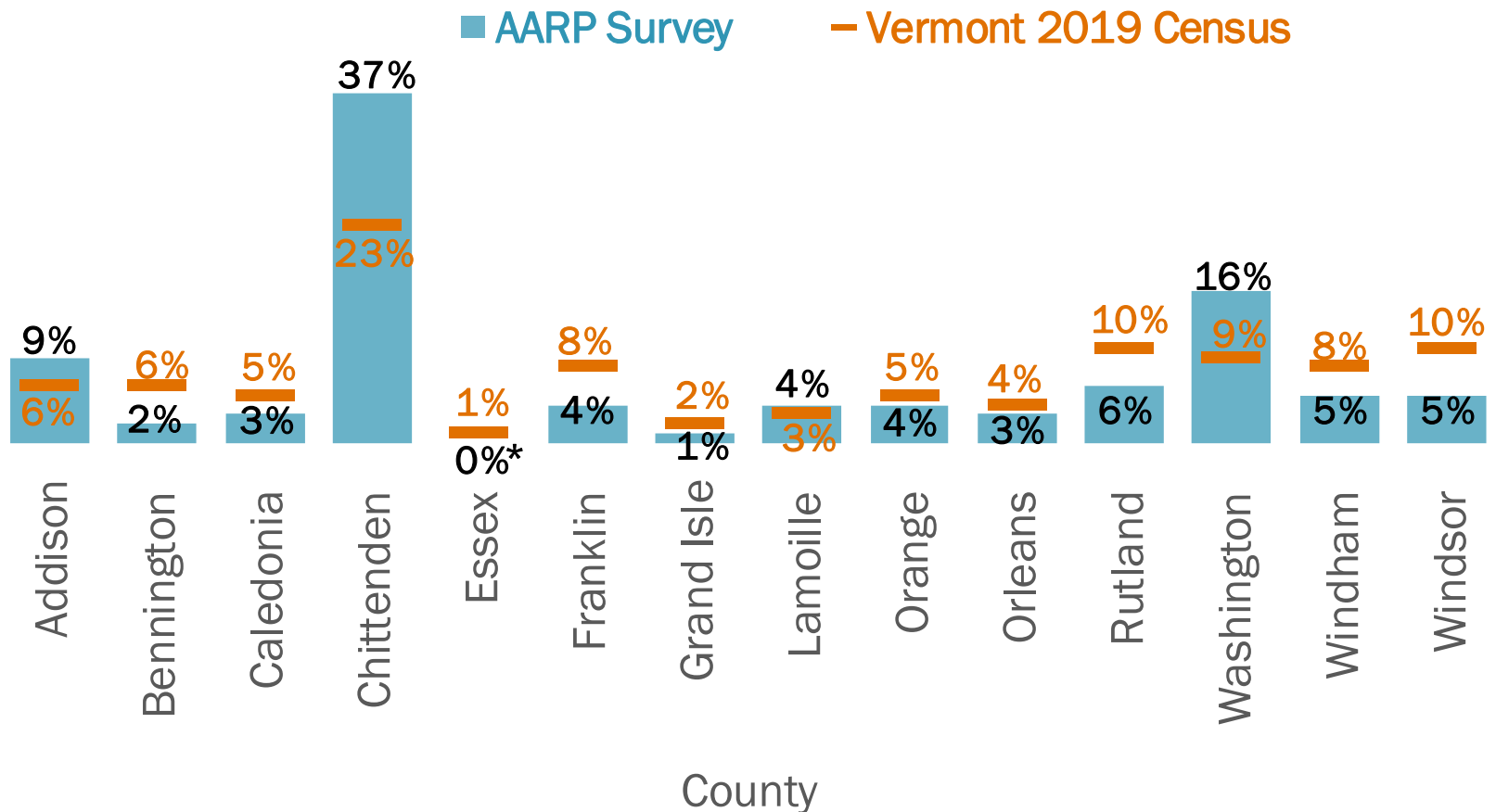
*BRFSS is 2019 data from the Vermont Behavioral Risk Factor Surveillance System

AARP survey respondents were more likely to be in better health compared to the general Vermont population ≥ 45 years old.



*BRFSS question last asked in 2015

There was an overrepresentation of AARP survey respondents from Chittenden and Washington county



*Essex county rounded to 0% although there were 11 respondents in the AARP survey

A Quick Recap

- 1** Respondents in the AARP survey were highly educated, in an upper household income bracket, and heavily female.
- 2** Counties like Chittenden and Washington were overrepresented while counties like Rutland and Windsor were underrepresented.
- 3** 2,711 older Vermonters took the time to share their experience of aging in our state. This data can be used as a starting point for the Vermont Action Plan on Aging Well.

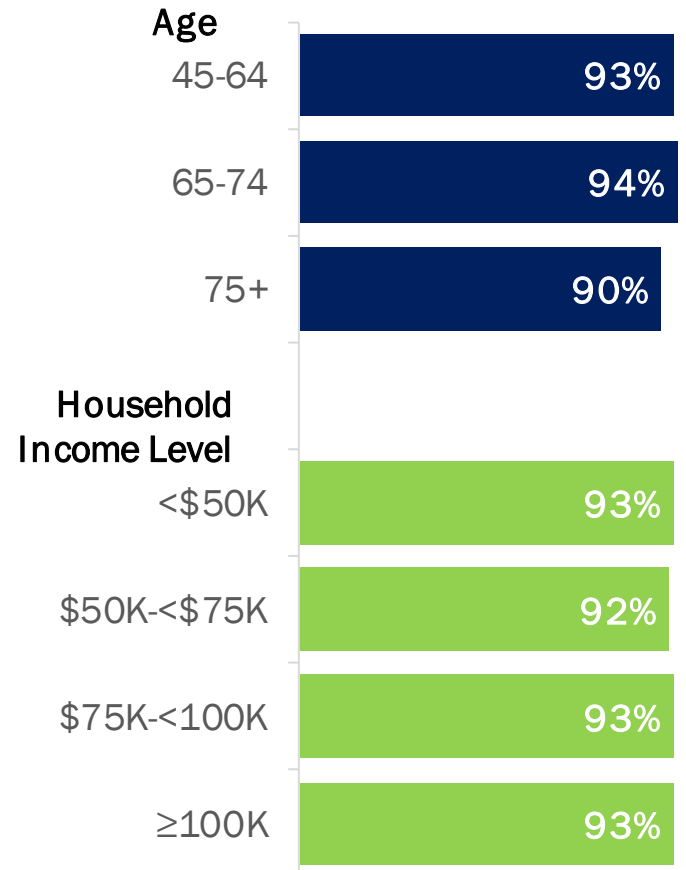
Housing & Aging

The AARP age friendly community survey contained a subset of questions on ideal housing situations while aging

Housing & Aging: Main Findings

93% said it is extremely or very important to age in their own home

Is this percent different by age group or household income level?



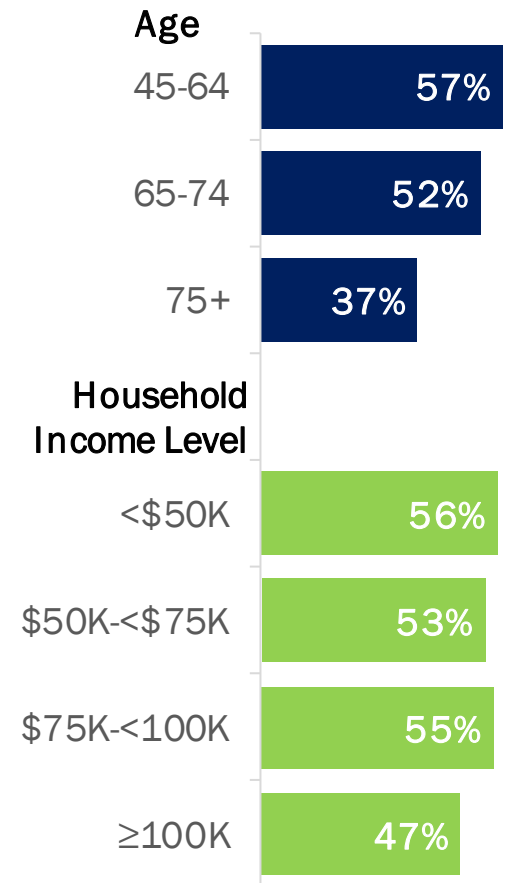
Housing & Aging: Main Findings

93% said it is extremely or very important to age in their own home

52% said their housing would need repair to live independently



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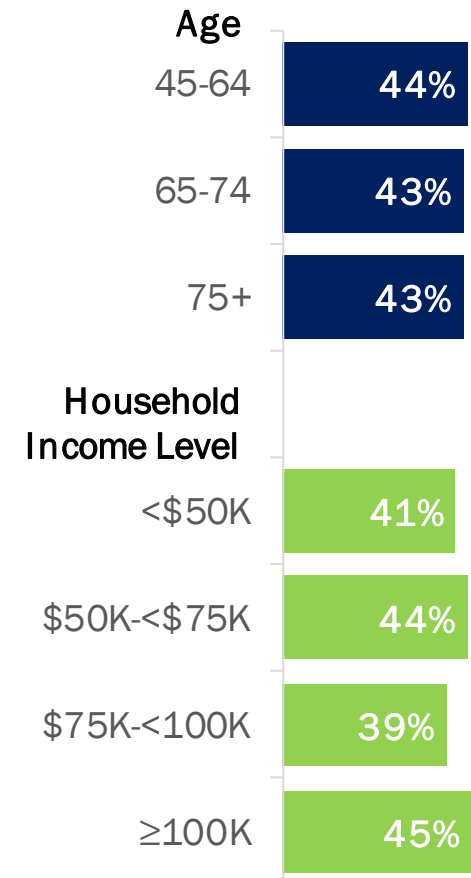
Housing & Aging: Main Findings

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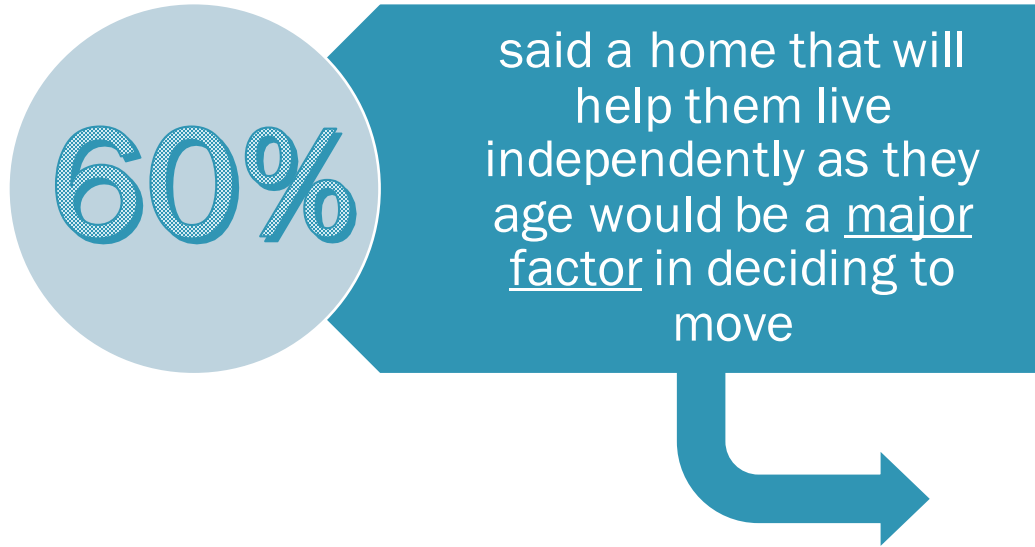
52% said their housing would need repair to live independently

43% said they are unsure of home repair services for low-income older adults

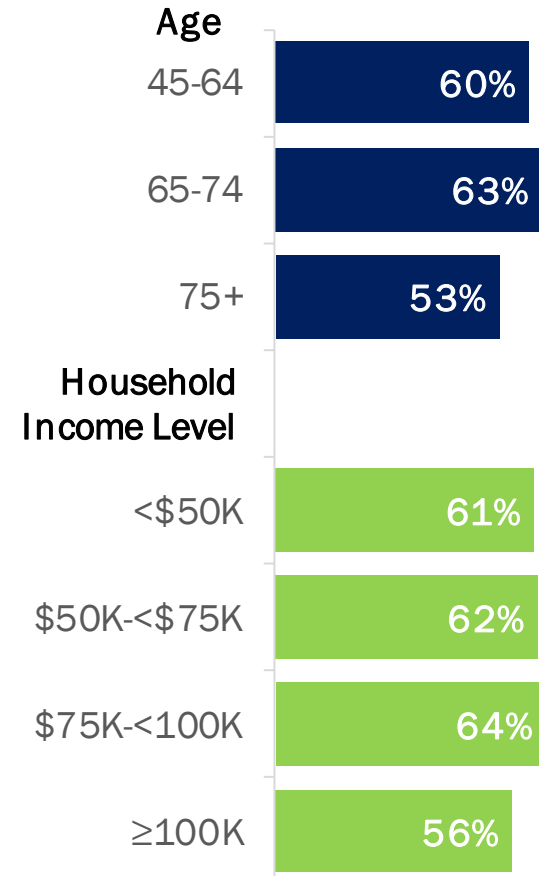
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Housing & Aging: Major Factors for Moving



Is this percent different by age group or household income level?



Housing & Aging: Major Factors for Moving

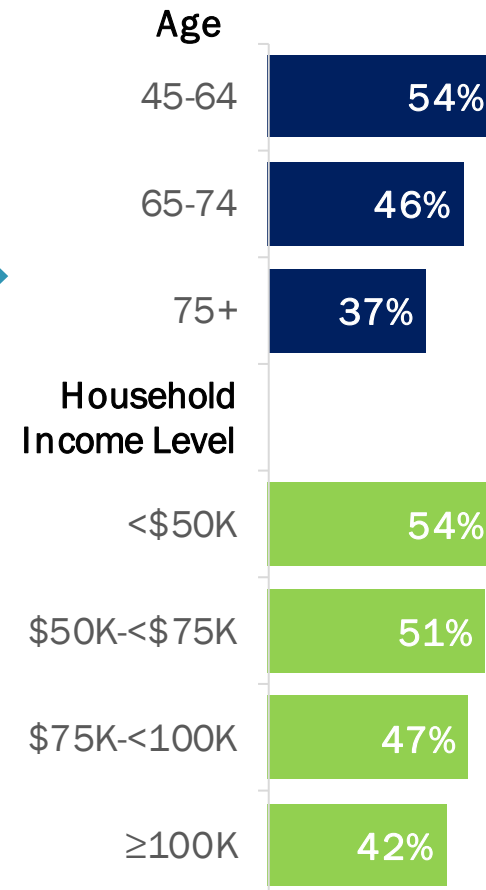
60%

said a home that will help them live independently as they age would be a major factor in deciding to move

48%

said cost of maintaining their current residence would be a major factor in deciding to move

Is this percent different by age group or household income level?



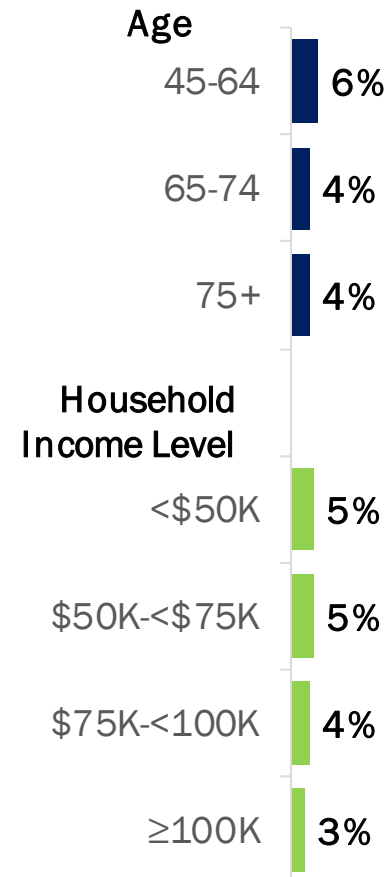
Wellbeing, Caregiving, & Work Status

The AARP age friendly community survey contained a subset of questions that asked about the general emotional wellbeing of the respondents and employment and caregiver status

Wellbeing: Main Findings



Is this percent different by age group or household income level?

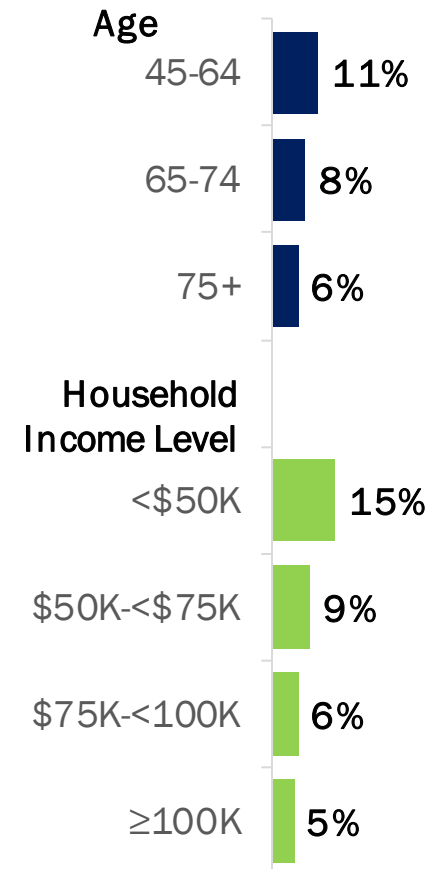


Wellbeing: Main Findings

4% have contact with family, friends, or neighbors who do not live with them once a month or less

9% often feel isolated from others

Is this percent different by age group or household income level?



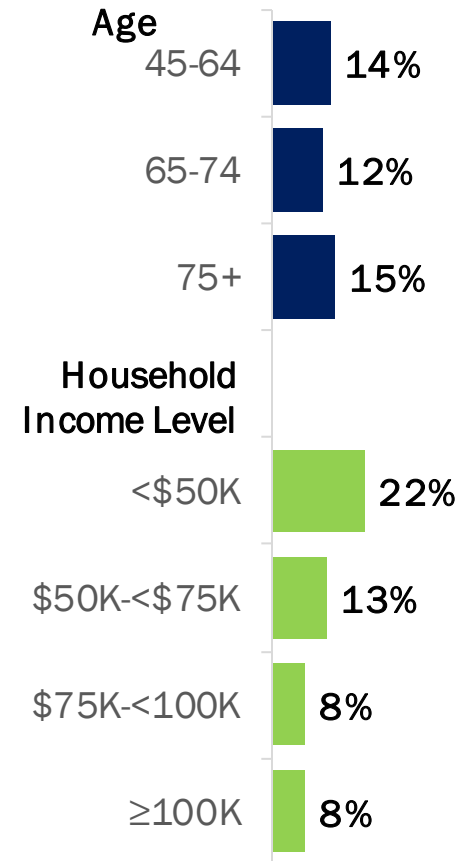
Wellbeing: Main Findings

4% have contact with family, friends, or neighbors who do not live with them once a month or less

9% often feel isolated from others

13% do not have friends or family who can help them at any time of day or night

Is this percent different by age group or household income level?

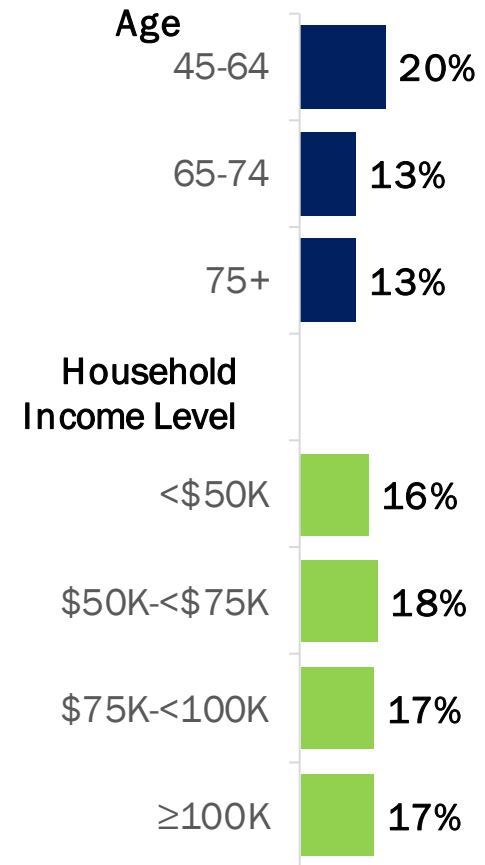


Caregiving Status

17%

said they are currently a family caregiver providing unpaid care to an adult loved one

Is this percent different by age group or household income level?



Caregiving Status

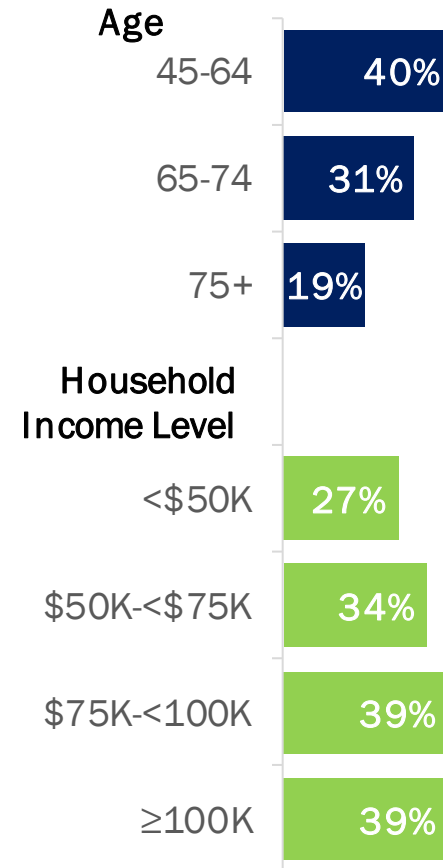
17%

said they are currently a family caregiver providing unpaid care to an adult loved one

34%

said it is very or extremely likely that they will provide unpaid care to an adult loved one in the future

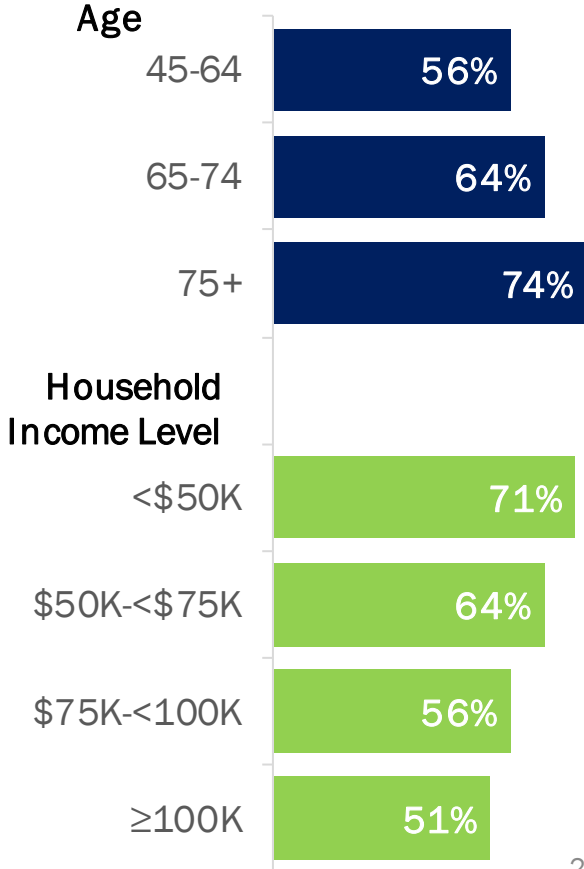
Is this percent different by age group or household income level?



Work Status: Among respondents who are not retired, most wanted to keep working, rather than choose to retire

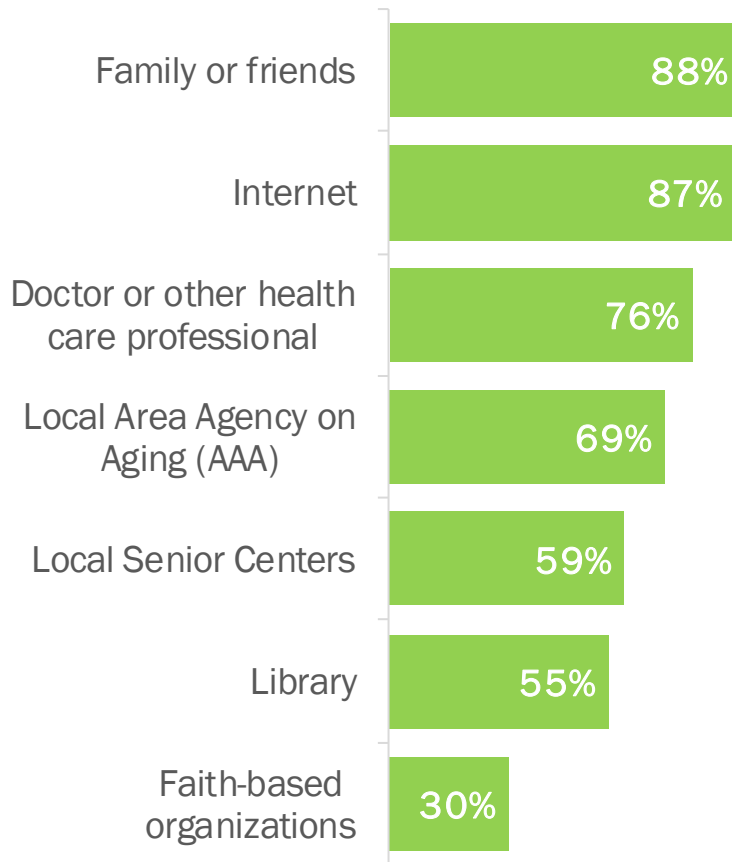
59% said it is extremely or very likely they will continue to work as long as possible

Is this percent different by age group or household income level?

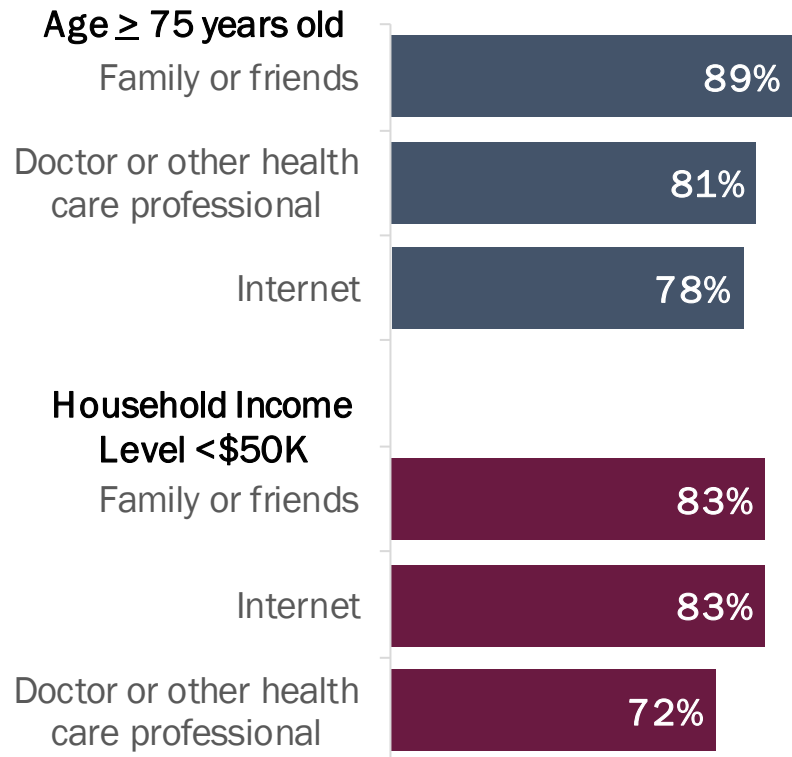


Data Source: 2022 Vermont AARP Age Friendly Community Survey
Vermont Department of Health

Resources respondents turn to when needing information about services for older adults



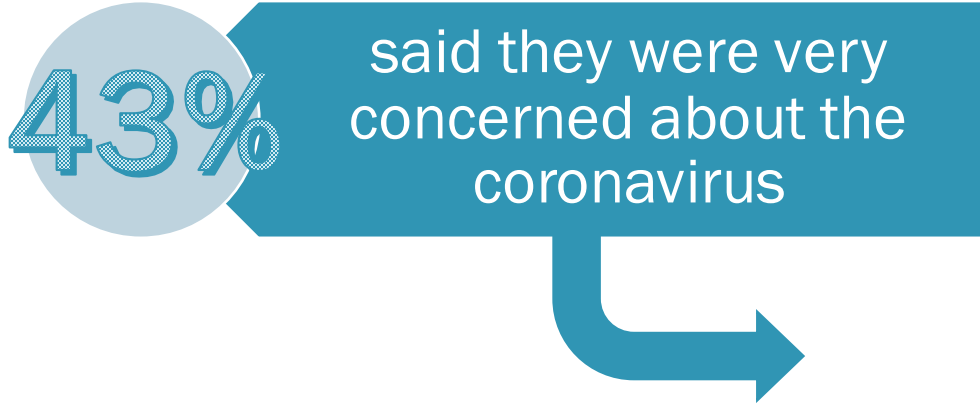
Top three resources for respondents ≥ 75 years old or with a household income $< \$50K$



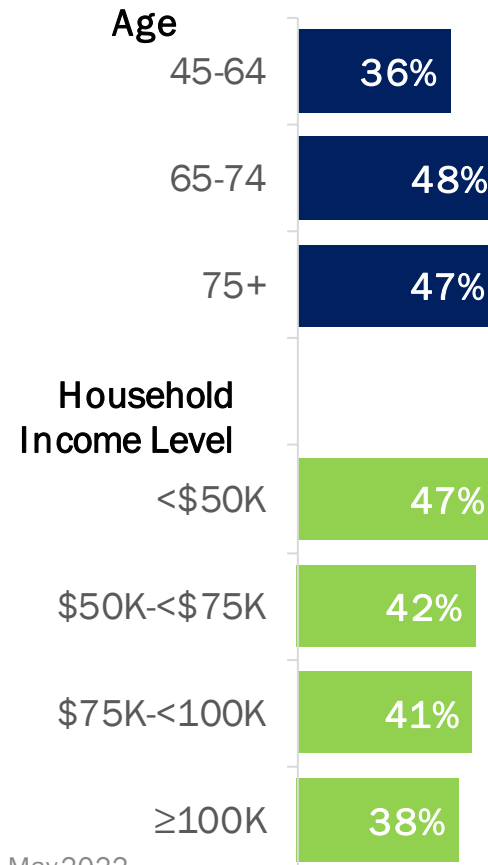
Coronavirus

The AARP age friendly community survey contained a subset of questions on how people were and continue to be affected by the COVID-19 pandemic

Coronavirus: Main Findings



Is this percent different by age group or household income level?



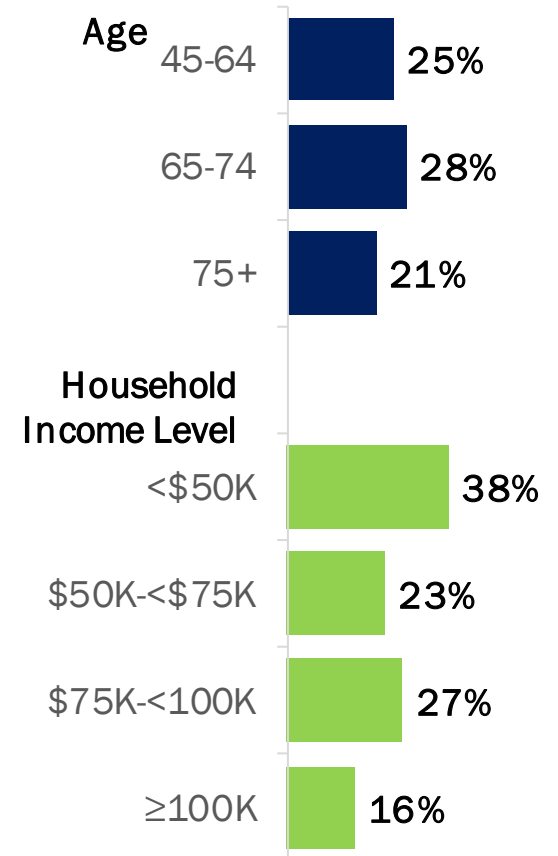
Coronavirus: Main Findings

43% said they were very concerned about the coronavirus

26% said they lost wages due to reduced hours (among those not retired)



Is this percent different by age group or household income level?



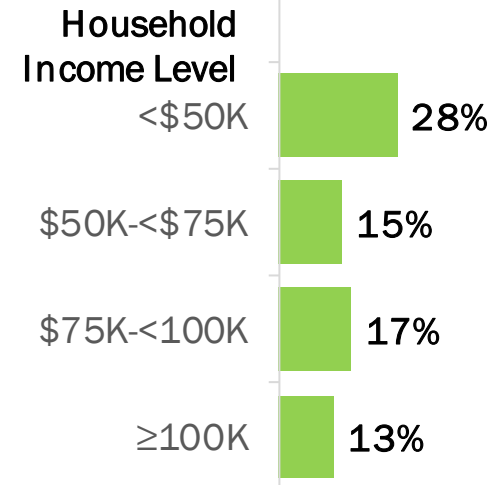
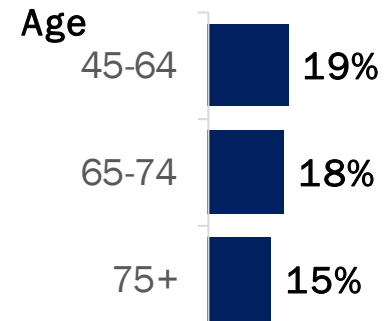
Coronavirus: Main Findings

43% said they were very concerned about the coronavirus

26% said they lost wages due to reduced hours (among those not retired)

18% said they lost a job or had their work suspended (among those not retired)

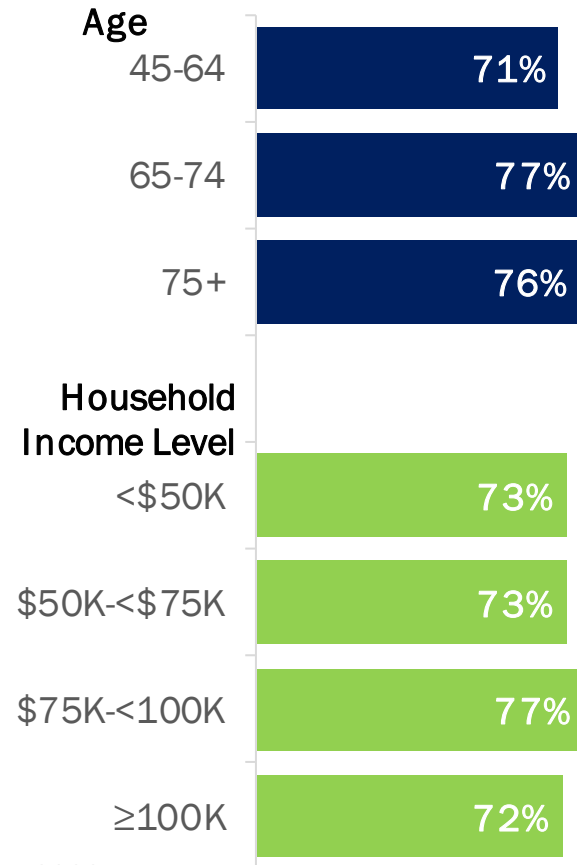
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Coronavirus: Things that would make respondents feel more comfortable in public places



Is this percent different by age group or household income level?

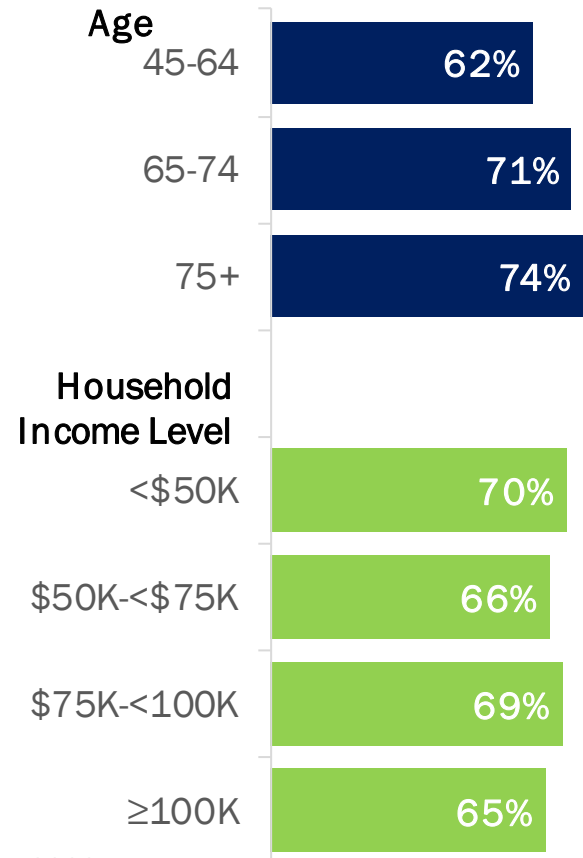


Coronavirus: Things that would make respondents feel more comfortable in public places

74% seating areas that ensure safe distances

68% policies that require face masks

Is this percent different by age group or household income level?



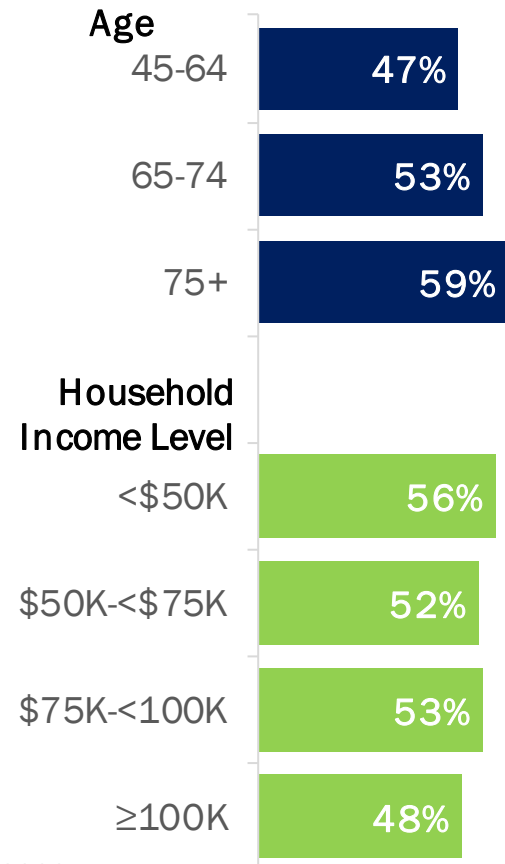
Coronavirus: Things that would make respondents feel more comfortable in public places

74% seating areas that ensure safe distances

68% policies that require face masks

52% signs that require social distancing

Is this percent different by age group or household income level?



Age-Friendly Community Questions: Not applicable at a state-wide level

There were 15 questions that asked the respondent to rate their community on a variety of aspects including well-maintained streets, affordable wellness programs, and availability of home health care providers.

The definition of community may be different for each respondent. There was an average of 5 respondents per zip code.

Your voice matters for this vision. If you are age 45 or older, we invite you to take this survey and tell us what's important to you as you age, share your experiences, and let us know how well our communities are supporting older Vermonters right now. The results of this survey will help us see where we're doing well as a state and where we need to improve to be a more age-friendly state.

Your Home and Community

Q1. Are you a resident of the state of Vermont?

- ₁ Yes
- ₂ No
- ₀ Not sure

Q1a. What is the name of your community? For some people, this would mean the town or village in which they live, or it could be their neighborhood. For some people, it could be their subdivision or development.

AARP Age-Friendly Community Survey: Key Takeaways & Next Steps

1

The majority of respondents want to age-independently at home, are currently or will be a future caregiver, and prefer COVID precautions in public areas

2

Paper copies of community questions can be made available and used to inform local policies on age-friendly communities

3

More data initiatives could be undertaken to supplement these survey results in other older adult populations in Vermont



Thank you for listening!

For access to the slides or more information about data, please contact

Julie Skarha at Julie.Skarha@vermont.gov

For access to the data, please contact Kerstin Hanson at Kerstin.Hanson@vermont.gov