

## Xaaladaha la baarayo iyadoo dhiigga la baadhayo, sii socda:

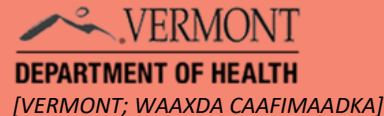
- Hb S/C disease (Hb S/C)
- Holocarboxylase synthetase deficiency (MCD or multiple carboxylase deficiency)
- Homocystinuria (HCY)
- Isovaleric acidemia (IVA)
- Long-chain L-3-OH acyl-CoA dehydrogenase deficiency (LCHAD)
- Maple syrup urine disease (MSUD)
- Medium-chain acyl-CoA dehydrogenase deficiency (MCAD)
- Methylmalonic acidemia: cobalamin A, B (Cbl A, B)
- Methylmalonic acidemia: mutase deficiency (MUT)
- Mucopolysaccharidosis type I (MPS I)
- Phenylketonuria (PKU)
- Pompe disease
- Propionic acidemia (PROP)
- Severe combined immunodeficiency (SCID)
- Sickle cell anemia (SCA or Hb S/S)
- Spinal muscular atrophy (SMA)
- Trifunctional protein deficiency (TFP)
- Tyrosinemia type I (TYR I)
- Very long-chain acyl-CoA dehydrogenase deficiency (VLCAD)
- X-linked adrenoleukodystrophy (X-ALD)

## Laba baaritaan oo kale ayaa lagu sameeyey cusbitaalka uu ku dhashay ama ay sameeyeen ummulisooyinka:

- Critical congenital heart disease (CCHD)
- Hearing



**Su'aalo? Naga soo wac**  
**800-660-4427 ama 802-951-5180**



## Ilmaha Markaa Dhashey ee reer Vermont Barnaamijka Baaritaanka

Qaybta Caafimaadka Hooyada iyo Ilmaha  
Carruurta qabta Baahiyaha Caafimaad ee Gaarka ah  
108 Cherry Street, PO Box 70  
Burlington, VT 05402 [healthvermont.gov/family/newbornscreening](https://healthvermont.gov/family/newbornscreening)  
**800-660-4427** (kaliya Vermont) ama **802-951-5180**  
Faakis: 802-951-1218

Dib loo eegay 7/16/2019

Somali

## Barnaamijka Baaritaanka Dhawaandhaladka Vermont



**Dhammaan carruurta ku dhasha Vermont waxay fursad u helaan inay maraan baaritaanada caafimaad ee sabiga si looga hubiyo xaaladaha dhifta ah laakiin halista badan kuwaasi oon caddayn kolka ilmuhu dhasho.**

### **Muxuu ilmahaygu ugu baahan yahay baaritaanada sabiga?**

- Waxaannu ku talinaa in dhammaan carruurta dhalatay maraan baaritaanada sabiga, xiitaa haddii ay caafimaad qabaan.
- Baaritaanada sabiga waxa lagu eegayaa dhibaatooyinka caafimaad ee dhifta ah kuwaasi oo keeni kara jirro ama dhimasho.
- Marka dhibaatooyinkan caafimaad xilli hore lagu ogaado baaritaan, carruurta yaryari waxay heli karaan daawaynta iyo daryeelka ay u baahan yihiin.
- Carruurta yaryar badankoodu way caafimaad qabaan markii ay dhashaan laakiin wali waa baaritaan muhiim ah.

### **Sidee ilmahayga loo baari doonaa?**

- Xirfadle caafimaad oo jooga cusbitaalka ayaa ka qaadi doonaa caribta ilmahaaga xaddi yar oo dhiig ah wuxuuna gayn doonaa shaybaarka.
- Xirfadlaha caafimaad sidoo kale wuxuu ka eegi doonaa dhibaatooyin maqalka iyo wadnaha ah. Baaritaanadani iyagu uma baahna wax dhiig ah in la qaado.
- Ummulisooyinka ayaa baaritaanada samayn kara haddii ilmahaagu ku dhasho guriga.
- Waalidiinta ama masuuliyiinta aan rabin in ilmahooga la baaro waxay ku diidi karaan inay saxeeaan foom. Xirfadle caafimaad waa inuu u sharraxo halista ay yeelan karto baaritaan la'aantu kahor inta aan foomka la saxeexin.



### **Sidee ayaan ku heli doonaa natiijooyinka baaritaanada?**

- Xirfadlaha caafimaadka ilmahaaga ayaa kuu sheegi doona.
- Waxay ku qaadan kartaa dhawr maalmood in natiijadu soo baxdo.
- Natiijooyinka baaritaanada maqalka iyo wadnaha iyagu markiiba way soo baxaan.

### **Waa maxay sababta ilmahaygu uu ugu baahan yahay inuu maro baaritaan kale?**

- Haddii baaritaanka la sameeyo isagoon ilmahaagu adduunka aanu wada joogin 24 saacadood.
- Haddii ay jirtay dhibaato qaabka baaritaanka loo sameeyey.
- Haddii natiijooyinka baaritaanka hore ka soo baxay sheegayso suurto galnimada jiritaanka dhibaato caafimaad.

### **Ka waran haddii ilmahayga yar u baahan yahay baaritaan kale?**

- Xirfadlaha caafimaad ee ilmahaaga yar ama Barnaamijka Baaritaanka ilmaha sabiga ah ayaa kula soo xiriiri doona haddii ilmahaagu u baahan yahay baaritaan kale. Waxay kuu sheegi doonaan sababta ilmahaaga yari ugu baahan yahay baaritaan kale iyo waxa xigi doona.
- Waxa muhiim ah inaad raacdo tilmaamaha xirfadlaha caafimaad oo aad gayso ilmahaaga yar baaritaanka.
- Hubi in cusbitaalka iyo xirfadlaha caafimaad ee ilmahaaga yari ay haystaan cinwaankaaga iyo lambarka taleefanka haddii ay rabaan inay kaala hadlaan natiijooyinka baaritaanada.

### **Maxaa ku dhacaya muunadda dhiigga ilmahayga yar?**

- Halkan Vermont, muunadaha dhiigga waxa lagu kaydiyaa shaybaarka waxaana lagu burburiyaa hal sano kadib. Muunadda waxa la iska xoori karaa xilli wakhtigaa ka horraysa ama muddo ka badan ayaa la sii hayn karaan haddii aad u dirto codsi qoraal ah Barnaamijka Baaritaanka Ilmaha Sabiga ah ee reer Vermont.



**Vermont waxay si joogto ah uga baartaa sabiga 35 xaaladood. Kuwan waxaa kamid ah, 33 laga baaro dhiigga:**

- 3-Methylcrotonyl-CoA carboxylase deficiency (3MCC)
- 3-OH 3-CH3 glutaric aciduria (HMG)
- Argininosuccinic acidemia (ASA)
- Beta-ketothiolase deficiency (BKT)
- Biotinidase deficiency (BIOT)
- Carnitine uptake defect (CUD)
- Citrullinemia (CIT)
- Congenital adrenal hyperplasia (CAH)
- Congenital hypothyroidism (CH)
- Cystic fibrosis (CF)
- Galactosemia (GALT)
- Glutaric acidemia type I (GA I)
- Hb S/Beta-thalassemia (Hb S/Th or Hb S/A)

*kasoo wareegey dhanka kale*

