

Recovery Housing

Proposal for scholarship support to enhance access to certified quality recovery residences

On behalf of the Vermont Alliance for Recovery Residences and Recovery Partners of Vermont

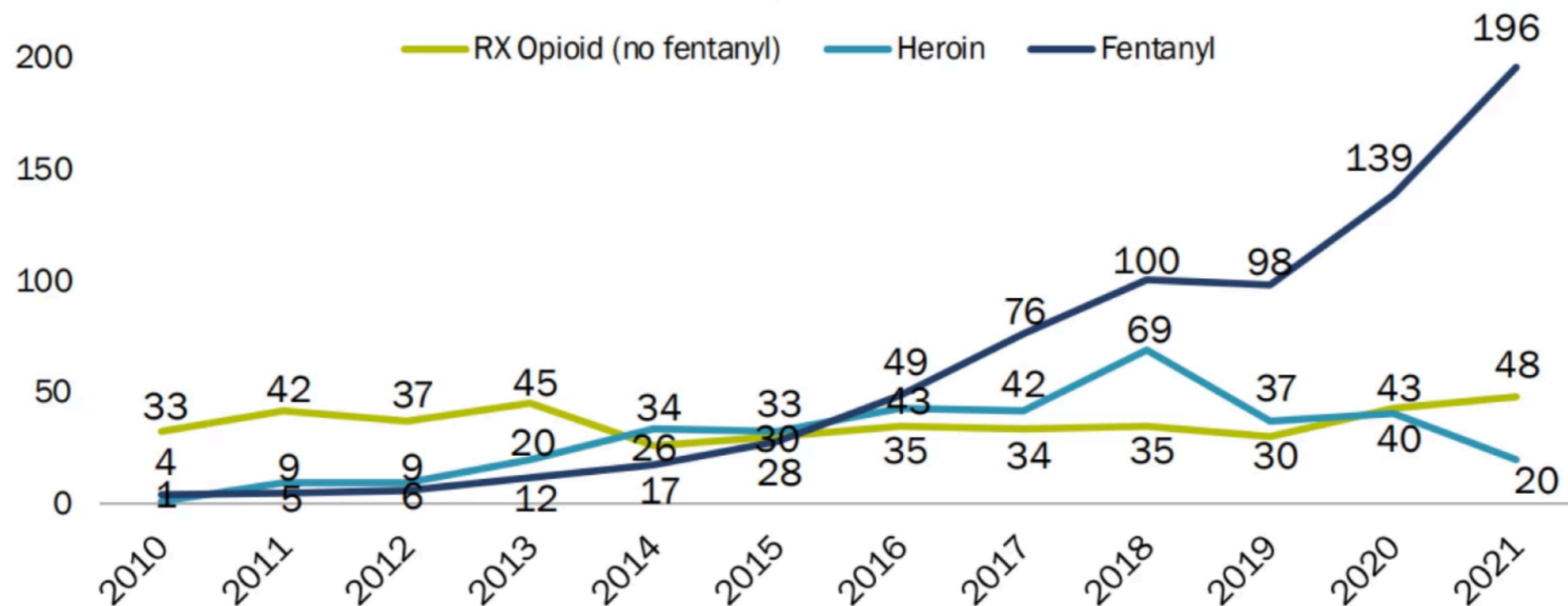
Presented to the Vermont Opioid Settlement Advisory Committee



S.U.D is a leading cause of death in the US, and growing

Drug Overdose and Alcohol-Related deaths account for 159,000 deaths each year and Vermont is not immune

Figure 4: Number Accidental and Undetermined Opioid-Related Fatal Overdoses Among Vermont Residents



Vermont Department Of Health, Courtesy

State data show fentanyl is increasingly involved in the deaths of Vermonters who suffer fatal opioid overdoses.

What is Recovery Housing?

Peer lead, supervised, high accountability, homelike residence for individuals who seek recovery from S.U.D

What is a recovery residence?

Recovery residences provide a homelike setting for individuals recovering from substance use disorders by offering peer support; an environment built around Social Model principles that prohibits the use of alcohol and illegal substances and misuse of prescription drugs; and assistance with support services and community resources. This philosophy promotes norms that reinforce healthy living skills and associated values, attitudes, and connection with self and community for sustaining recovery.

Are recovery residences effective and based on best practices?

Research has shown that individuals with substance use disorder who utilize recovery residences demonstrate a greater chance of achieving long-term recovery than those who do not live in a recovery-oriented environment. Evidence demonstrates decreased substance use, reduced probability of relapse, lower rates of incarceration, increased employment, and improved family functioning. Further, VTARR and NARR certification standards embrace evidence-based approaches including best practices established by Substance Abuse and Mental Health Services Administration (SAMHSA).

Is peer support an effective model in recovery residences?

Peer support offers credibility and accountability through lived experience and has been proven as an important bridge between treatment and successful long-term recovery. The strength of recovery focused housing is its ability to provide ongoing peer support while promoting sobriety in a natural home environment or medical facility depending on the number of residents, according to SAMSHA.

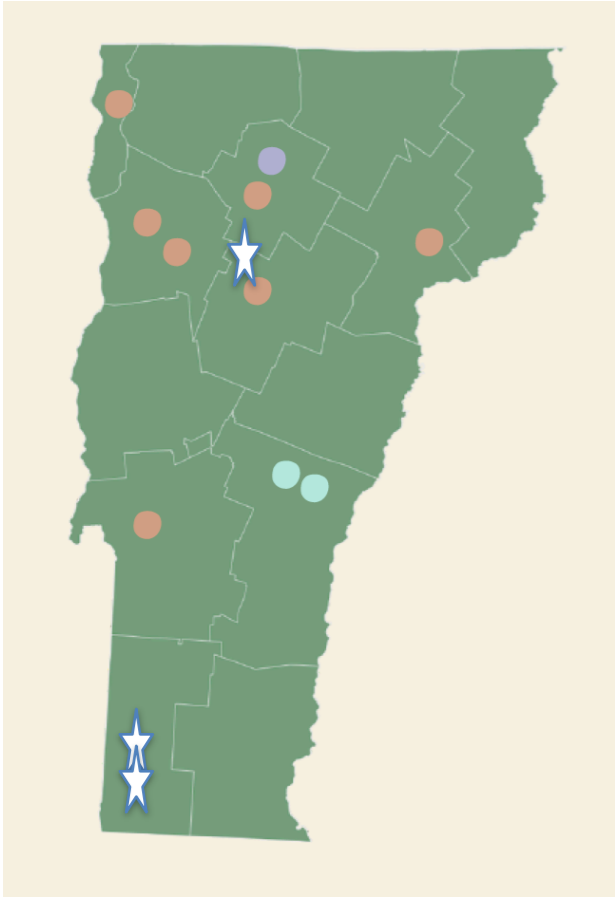


HOLISTIC INTERVENTION

Vermont's Certified Operators



Vermont's Current Recovery Residence Landscape



Second Wind Foundation

Jack's House - White River
Willow Grove - White River



Jenna's Promise

Rae of Hope - Johnson



Vermont Foundation of Recovery

VFOR Barre
VFOR Essex
VFOR Morrisville
VFOR Rutland
VFOR St. Albans
VFOR St. Johnsbury

2024 Planned Expansion

Good Samaritan Haven will be opening a location in Washington County for Homeless Individuals Seeking Recovery

VFOR will be opening a location in Bennington for Women

Turning Point Recovery Center of Bennington will be opening a location in Bennington for Men

The Need

Downstreet Housing Report - only 2% of those in treatment

Impact of Pandemic - loss of nearly 50 beds

Certified homes running at less than 5% open beds

No current programs with specific attention to LGBTQ+

Geographical distribution across the State

By comparison, VTARR has 13 certified locations with another 3 coming on board in 2024. The New Hampshire Affiliate of NARR has 94.



Our Request - Scholarship Support

\$325,000

This equates to \$25,000 per recovery residences and anticipates 13 certified locations of fiscal year 2025.

We are not making a request for the 3 certified homes that serve as transitional apartments.

How Scholarships Work

Intended to cover the initial entry expense to a recovery residence while the individual finds employment and creates early stability for themselves

Any individual committed to recovery and in financial need is eligible to receive scholarship support

Funds are sent directly to the operator

An individual in need may seek funding more than once

Your support will allow us to:

Increase scholarship support to meet the actual need of resident

Provide critical connection and recovery support for those impacted by substance use disorder

Directly help those individuals and family members impacted by these distributors

Demonstrate to operators that there is funding to help grow this critical resource - scholarships are an important component to the overall need for quality and sustainability



For more information, please contact:

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