



Mu gihe ibwirizwa ryo gushusha ritanzwe (akenshi ryitwa impanuro ku mazi ashushe canke itegeko ku mazi ashushe), ikoresha ryose ry'amazi yo kunywa mu mazu abikwamwo imfungurwa rizogira ikibazo: kunywa, kutegura imfungurwa, gukaraba, kwoza amasahani, no gusukura hamwe no kwica imicafu iri ku bikoresho vy'imfungurwa n'aho biri.

Kurikiza ubu buryo bw'imfatakibanza buri hano hejuru mu gihe ibwirizwa ryo gushusha amazi ritanzwe. Umugwi wo gutunganya niwo ujejwe kuraba ko ubu buryo buriko burakoresha mu gukingira amagara y'abantu. Nimba udashobora kuraba neza ko imfungurwa ari nziza mu gukurikiza ubu buryo, **hagarika ubwo nyene kugura ibifungurwa**. Usabwe kumenya ko hashobora kuba ibihe bimwe bimwe uzosabwa gukoresha uburyo bw'inyongera bw'igihe gito ugereranije n'ibiri hano.



Ayandi masoko y'amazi meza

Ushobora gukoresha amazi yo kunywa, ibikorwa vy'imfungurwa, hamwe no gukaraba ukoresheje amwe mu masoko y'amazi meza:

- Amazi ashushe - amazi agumye ashushe n'imiburiburi umunota umwe, hanyuma ukayahoza imbere yo kuyakoresha.
- Amazi yo mw'icupa agurishwa.
- Amazi meza aturuka ku mazi rusangi aza ari mu bikono bifundikiye, bitwarwamwo imfungurwa, bisukuye kandi bitagira imicafu.
- Amazi aturuka mw'ivomo rusangi akurikiza amabwirizwa y'igisata kijejwe kubungabunga ibidukikije.

Ntukoreshe amazi yo mw'ibombo canke amazi ava mu bikoresho vyacye mu kayungiro. Ubuyungiro ntibukuraho ivyanduye vyose, nico gituma umutekano w'imfungurwa utizerwa.



Ibikorwa vy'imfungurwa

- Imfungurwa zigurishwa zaratekewe zirashobora kuguma zitangwa.
- Kuramwo imfungurwa zakanyishijwe canke mu buryo bwo guteka. Ntukoreshe amazi yo mw'ibombo.

Ibikoresho n'ibikoresho

- Kura ibarafu mu gikoresho kiyikora kandi uhagarike gukora ibarafu.

Koresha ibarafu igurishwa canke ikozwe mu mazi avuye mu yandi masoko y'amazi meza.

- Hagarika ikoreshwa ry'imashine zivanga ibintu, kwikorera ikawa, icuma gitanga amazi ashushe, hamwe n'ibitanga imitobe n'icayi.

Gutegura ibintu vy'imfungurwa bisaba amazi

- Gutegura imfungurwa gusa ukoresheje amazi avuye mu yandi masoko yizewe.
- Ta imfungurwa zigeze kuribwa (RTE) zishobora kuba zakoreshejwe n'amazi mabi canke vyoba vyaragiyeko amazi mabi.
- Ta imfungurwa za RTE zabikanywe ibarafu canke ziri kw'ibarafu zishobora kuba zakozwe mu mazi mabi.

Kwoza canke kurobeka ibintu bishasha

- Koresha ibintu vyogejwe imbere y'igihe kandi bitekeye canke ivyamwa n'imboga bikanyishije biri mu makopo.
- Robeka imfungurwa mu mazi avuye mu masoko y'amazi yizewe kandi mu kintu co kwogerezamwo cogeje kitagira imicafu.
- Tegura imfungurwa nshasha ukoresheje amazi avuye mu yandi masoko yizewe.



Uburyo bwo gukaraba

Nimba udashobora gukurikiza na bumwe muri buno buryo bwo gukaraba, hagarika rero gutegura imfungurwa. Imfungurwa zonyene zigurishwa zaratekewe zirashobora kuguma zitangwa.

- Koresha amazi yo gukaraba avuye mu yandi masoko yizewe. Ngibi ibisabwa.
- Nimba isoko ryzewe ritabonetse, gukaraba iminwe bishobora gukorwa hakoreshejwe amazi y'ibombo n'isabuni. Utegerezwa kwumisha neza iminwe ukoresheje udupapuro hanyuma ukoreshe umuti wica imicafu.

Ntiwemere guhuza amimwe n'imfungurwa za RTE. Pfuma ukoresha ibikingira umubiri, nk'impapuro zibishobora, ibirato vy'intoke hamwe n'ivyombo.

Uburyo bwo gusukura

Gusukura no kwica imicafu yo ku vyombo n'ibikoresho vyo mu gikoni

- Harasabwa gukoresha ivyombo n'ibikoresho vyo mu gikoni bikoreshwa rimwe gusa.



- Urashobora gukoresha amasahani yo kwoza ivyombo bihasanzwe inyuma yo kuraba neza ko bikora neza kugira bigere ku rugero rw'ubushuhe bw'amazi asukura neza ivyombo n'amasahani, kandi ukoreshe abantu bafise ubumenyi mu vyo gusukura.

Gukubura ikibanza

- Hagarika ibikorwa nimba ugusukura ikibanza bishobora kwonona ubwiza bw'imfungurwa.
- Urashobora gukoresha amazi atari ayo kuywa mu gukoropa hasi no kwoza ahandi atari ah'imfungurwa.



Gusubira mu bikorwa bisanzwe

Kurikiza izi ntambwe zo gusubira mu bikorwa bisanzwe inyuma yo gukuraho amabwirizwa y'amazi ashushu:

- Raba neza ko ibikoresho vyo kwoza no gukora isuku nk'imashine zo kwoza ivyombo, isahani y'utwumba dutatu, indobo, n'ibindi vyogeje kandi bitagira imicafu.
- Nyukura amabombo n'imiringoti y'amazi. Kurikiza amabwirizwa uhabwa n'uwojwe kuguha mazi canke urekure amazi akanye yo mu mabombo n'imiburiburi iminota itanu.
- Nyukura, sukura kandi wice imicafu iri ku bikoresho ukoresheje amazi (akarorero imashine zivanga ivyo kunywa, ikawa, imashine ihuhera umwuka, uducupa tw'ikawa n'icayi, canke imashine z'ibarafu, izoza ibirahuri, izoza amasahani, n'ibindi bikoresho hakoreshejwe amazi) mu gukurikiza amabwirizwa y'uwabikoze.
- Sukura wongere wice imicafu yagiye ahantu hari imfungurwa, ivyombo hamwe n'ibindi bikoresho imbere yo kubikoresha.
- Ugurura ahaca amazi bukubuke biciye mu buryo bushasha.
- Subiriza akayungiro mu bikoresho nk'ibikanyisha amazi canke imashine z'ibarafu.